

John Day, Social Science Division Chairman'My purpose was to eliminate some of the repitition of the Ethnic Studies courses and to comply with the recent budget cuts."

Photo by Ken Kendrick

# Ethnic Studies integrated ? 

By PAULA WILLIAMS
A dispute broke out in a meeting last Tuesday, between associate coordin ators of the Multicultural Center and John Day, chairman of the Social Science Division, concerning a proposal to combine several ethnic studies courses.

Day submitted a proposal to the Curriculum Committee of Foothill Col lege, that would modify four required courses for the Black Studies AA Degree.

His purpose, says Day, "was to e liminate some of the repetition of the ethnic studies courses and to comply with the recent budget cuts. The course offer ed will interest a general audience rather than a specific one."

Associate coordinator, Don Dorsey disagrees, "Although Dr. Day contends that the course content and quality will not be affected, I can't see how that's possible for the following reason: the
proposal includes a recommendation to decrease the unit value from 4 to 3 which means fewer class hours and less student/instructor contact. The original content would have to be altered.'

Day stipulated that certain courses could have emphasis on one minority and units could remain the same.
"The quality," continued Dorsey, "and the special emphasis will be watered down. If we were talking about another area, for example, foreign language, the whole approach would be different. You wouldn't think of combining French German, or Spanish.

The proposal, whether it is approv ed by the Multiculteral Center or not, will be voted on today by the Curriculum Committee.

I tried to meet with several of the coordinators to discuss these problems before hand, but I wasn't able to contact them, commented Day.

The conflict, stated one coordinat or, is not the issue of combining the clas ses, but losing the special emphasis that was worked for. By combining studies, one is also combining minorities and lumping the whole lot together

Several of the coordinators were disturbed by the time span in which they had to discuss the proposal before it was submitted

The proposal being discussed to day does not give us enough time to study the consequences and the effect it will have on the students. It needs to be discussed thoroughly," stated Ismae Gonzalez, an associate coordinator.

Another coordinator commented that the combined course may not be transferable to another college if a student wanted to continue in a specialized ethnic study. Day pointed out that several college campuses did agree that acc(continued on p.5, col. 1 )

# Foothill College <br> SENTINEL 

# Drought causes damage 

By KERRY SWANSON
Foothill skiers will soon have more to lament about than poor Sierra skiing conditions as California braces for the grim environmental effects of the driest three month winter period in history.

With little chance of rain within the next three weeks, according to the U.S. Weather Bureau, Bay Area farming, water, wildlife and air pollution officials forsee disastrous consequences locally.

Weather officials say that California's last driest period in 1918 for the months November, Decenber and January resulted in 2.36 inches of rain while the last three dry months have resulted in only .92 inches, the driest in history.
''It would take a good inch and a half of rain by the end of this month to keep this winter from being the driest in history," exclaims Clyde Holmes, of the U.S. Weather Bureau station at San Francisco Airport.

Holmes explains that a "persistent" high pressure ridge that has been building for two months has been responsible for stopping most low pressure storms from reaching California. This ridge has also blocked the storm funneling jet stream, which has caused most of the rainstorms that California would normally recieve during the winter months to be blocked at Washington.
"In Western Washington," he added "they've been having major floods because of it."

For the future Holmes points out 'We're not clairvoyant but the outlook through mid-February is for continuing dry weather."

The snow scene in the Sierras appears to be just as bleak, according to AAA ski reports. Most California ski resorts, which have already lost millions of dollars and have had to resort to artificial snow, recieved a meager four inches of new snow last weekend although Dodge Ridge, Badger Pass, and China Peak remain closed due to poor ski conditions.

County Farm Advisor Bill Semar predicts that the drought will have "ser ious " implications for local Bay Aree farmers.
'The lack of ski snow is not the serious problem with this drought," says Seman, 'that snowpack is our life's blood! It's getting more and more serious every day."

Although he finds it difficult to predict the effects of the drought on a state wide level, Seman says that fruit and vegetable growers in the Santa Clara Valley will be hardest hit. Staples such as wheat and cereals grown in California will also be seriously effected, resulting in higher prices later this year

Some farmers have come to us and told us that their almond trees are already in bloom," he explained warning 'The earlier those orchards bloom, the greater the hazard of death by frost."

Water sho tages are also a major threat to Southurn Santa Clara County farmers. Farmers there have already be gun the expensive process of irrigation usually started in due to a lack of rainwater.
'The farmers there only have shallow wells as a water supply." explains Jim Melton of the Santa Clara Valley Water District. 'There's even been some discussion of water rationing in Gilroy."

While the Northern portion of the Water District does have underground water reserves, the South Santa Clara County depends upon well water and imported state project water and the well system has been known in the past to go syste
dry.

Although the local Steven's Creek and Lexington reservours are nearly em pty, according to Melton, underground seepage reserves will probably provide the North County area with "insurance" against a serious drinking or cleaning water shortage.
"But if there was a drought for two years," says Melton,"we'd be in trouble."

For this year, however, the Santa


Clara Valley Water District has launched a "public education" campaign for water savings and will hold several water savings conferences later this yeart to get 'input back from the public.
'We're asking people to stop wasting water," adds Melton. 'Don't let water run down the gutter or down the drain when it's not necessary.

Of growing concern to local Fish and Game officials is the amount of stranded stream fish and the hungry and thirsty California wildlife as a result of the drought.

According to local Fish and Game Officer Wallace Callan, low stream water levels and damage to new growth will adversly effect most area wildlife.
'We'll soon have stranded fish in (continued on p.5, col.3)

30 Japanese college students need American Host families in the Mountain View-Los Altos area during their visit to California from February 21st to March 12th. Sponsored by the California based HOMESTAY company, these students hope to improve their knowledge of conversational English and American culture. For more information contact Mrs. Ethel Blumberg at 961-6572 or 964-1502.
U.S. Senatorial candidate Tom Hayden will be speaking on Tuesday, Feb. 3rd at 1 p.m. in front of the Foothill Bookstore.

The Foothill Black Gospel choir has recently changed its name to the "Inspirational Soul" and is looking for interested student singers. Potential members of the choir should contact either Renetha Macklin at 964.8305 or Al Bostic at 322-2953.

Tooth Treatment. Page 3 Public Forum . . . . . . . . . . . . . . . . Page 4 Night News . . . . . . . . . . . . . . . . . . Page 6 Language Lessons . . . . . . . . . . . . . Page 7 Muscle Men . . . . . . . . . . . . . . . . . . . Page 8

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And all three are almost certainly on display at your bookstore.**

HEWLETT Th PACKARD

## Foothill honored

By KUTSI YANG
An active student in participation and leadership in academic and extra curricular activities on campus or community will be honored by Who's Who among students in American Junior Colleges, a private nationwide publication, if nominated by a faculty or teacher

Thirty-seven Foothill College stu dents were included: Dina Rasor, Bill Straubinger, Judy Ott, Susan Lee-Mer row, Carolyn Mortarotti, Joan Kavanau Michael Iwanciow, Lisa Kaub, Paul Mayer, Kerry Swanson, Lynn Carey Margaret Highcastle, James McNelis, Lee Tyler, Frances Connell, Randall Peterson, Anna Flor, Valerie Michaud, Jerry Hicks, Bernice Terluin, Lisa Layne, Mike Peterson, Cydney Hurowitz, Michael Moy Todd Walker, Douglas Campbell, Mark Grafton, Lance Carter, Jon Grossman

More than 500 colleges in the country's 50 states are current members of the annually published program

A Campus Nominating Committee usually includes student bodies, faculty and administrators.

A quota based on enrollment is assigned to individual colleges to give a fair chance to students in larger schools and yet the number is kept low to ensure the high qualification of students select ed.

The Campus Nominating Committee of Foothill, now in its tenth year requests every faculty, administrator and student government to submit names of outstanding second or third year students currently enrolled.

Since its goal is to honor students active in participation, no set GPA is posed.

Students honored by the national office will have their biographies published.

It provides students a chance of recognition for their contributions in school," commented Demi Georgas, Associated Dean of Students.

Students applying for jobs or transfer can refer the employers or school authorities to the program. The national office of Who's Who prepares letters of recommendation for students honored

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Under the limitation of 45 , it is hard to decide who goes into the final list when the nominees exceed the quota.' continues Dean Georgas.
"First, we start with screening ou the repetitions." said the Dean. "Some students are so active in various fields that they often get more than one nom


## Trustee conflict banned

## By JEAN DANE

Conflicts of interest will be legally banned among Foothill's Board of Trustees and administration as of April 1

In the last election, voters passed Proposition 9, the Fair Political Practices Act, dealing in part with limitations on campaign contributions.

Donald Ewing, Director of Education and Personnel Services, said, "The college is particularly concerned with the part in the new law prohibiting conflicts of interest among publicly elected offic ials and persons in administrative positions dealing with public funds.

The law was designed to prevent people who decide how public funds are to be spent from making decisions which have a bearing on their own financial holdings."

Ewing continued, "For instance, if a member of our Board of Education owned a textbook publishing company and voted on purchasing textbooks from
his company, he would be in violation of the law.'

Under this law every person in the District expending funds for the school must file a declaration by April 1 with the County Board of Supervisors of their holdings which may effect their decision on expenditures. They also have to list any gifts received in excess of $\$ 25$ in value from anyone not in their family.

Board of Trustees' member, Norman Shaskey, said, "While disclosing income and property is a personal matter and may seem to be an invasion of privacy to some, I think it's a pretty good law.'

Ewing believes the law is a reflection of the "post-Watergate morality."

Chancellor John Dunn said he had heard of no conflicts of interest within the District and knew of no one who had to abstain from participation in financial decisions.

## Dental care planned

## By LYNN CAREY

If the high cost of dentist's bills have been getting to you, the plan ASFC adop ted last week may help to ease the pain DENTICARE, a non-profit dental care plan, will be offered to Foothill students for an annual fee of $\$ 33.50$, which inc ludes several free services, and reasonable rates for mouthwork.

A representative from DENTICARE approached the ASFC council Jan. 20 to explain the plan, and to ask for their support and ASFC is obligated to pay for the mailing of the brochures to all Foot hill students, to provide the name stick ers, and print a letter from Dina Rason endorsing the plan. The cost ASFC will be putting out will not exceed $\$ 150$ which will be taken out of the contingency fund.

When they receive the brochure, Foothill students will have the option of enrolling in this plan for the yearly fee of $\$ 33.50$ (once they are on the plan, they can continue to renew every year, even after they leave Foothill.) This fee in cludes free x-rays, examinations, office visits, and teeth cleaning. Other dental work is done at a minimum rate.

DENTICARE has enlisted the help of several peninsula dentists, one of which the patient must choose.
'Several other schools are already on the program," commented Mark Grafton, V.P. of Organization. "De Anza just joined, and most state colleges are particip ating.'


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372
372

## $!$


[Ed. Note: Mr. Shaskey believes that "there is a high potential for establishing a credit union within the De Anza/Foothill colleges for the benefit of students and staff." The following article explains how credit unions are organized. If our readers are interested, please contact the SENTINEL office (M24, ext. 372) or Mr. Shaskey (964-6367).

## Credit unions offer advantage

Communtiy credit unions offer the advantage of low interest loans and high interest savings accounts. According to the Federal Reserve Board almost \$25 billion of consumer loans are outstanding at credit unions nationwide. The National Credit Union Association estimates there are 23,000 credit unions with over 31 million members in the United States. Total member assets now approach $\$ 38$ billion.

Credit unions are similar to cooperatives. They are organized by members who have a common interest due to their employment, religion, residence or other special group status. The members are the "owners" of the credit union. After the administrative expenses of operations are paid, the members share in declared interest payments on their proportional share of invested assets, commonly called "shares". In this manner, most of the profits of the financial cooperative are returned to the members. This usually results in a higher interest rate paid on your deposits than paid by most commercial savings and loan associations or banks. Interest rates on members' loans are limited to a maximum of one percent per month on the unpaid balance. Many credit union loan rates are lower than the maximum.

Each member has one vote at the annual meeting, regardless of the number of dollars in their account. The annual meeting agenda includes the election of a
board of directors. Directors are elected for staggered terms of 2 or $\mathbf{3}$ years. They are responsible for the plan ning, direction and control of credit union affairs. Officers are elected from and by the board of directors. A credit committee is usually also elected by the members. It must meet at least monthly to pass on loan applications. The credit committee may appoint loan officers to help in the approval of loans. Any officer, director or employee having access to funds or property must be bonded for faithful performance for a minimum legal amount. The board of directors also appoints a supervisory committee to supervise acts of the board and the credit committee.

A Federal charter application must be made by 7 or more people, while a state charter can be obtained with a minimum of 3 people. Initial organization costs can be less than $\$ 100$. The California Credit Union League in Oakland will provide information on California chartered credit unions to qualified groups without charge. The National Credit Union Administration Regional office in San Francisco, or the main office in Washington, D.C. will provide further information on Federal chartered credit unions.

Norman Shaskey
Trustee, Foothill/De Anza District


ASFC wants better publicity for events

Dear Editor:
Since the Associated Students of Foothill College (ASFC) has been bery active this year, 1 feel that it would be beneficial to the students on the campus to be informed of what we have accomplished this year. The SENTINEL has apparently not

## SENTINEL

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The SENTINEL is a student newspaper published weekly on Fridays during the academic year by Foothill College, 12345 EI Monte Road, Los Altos Hills, Calif. 94022. Office is located in M-24; telephone, 948-8590, ext. 372.
SENTINEL are reflect the Columns labeled "Editorial", in are not necessarioy those of the Foothill Associated Students nor the Administration. Opinions expressed in columns other than "Editoria1" are not necessarily hose of the SENTINEL EditorPrinted.
ions, 640 Robles Avenue, Mento Park, Calif.
found the space or the interest to print any significant stories on ASFC. Unfortunately it is the students on this campus that in the end will suffer, because they have not been informed on how their money is being spent. recognise that this is not solely the SENTINEL'S responsibility but your cooperation in this matter would be greatly appreciated.

The following is a brief outline of a few projects that have been initiated by the ASFC this year:
ASFC Legal Aid:
Any student with an AS FC card can obtain unlimited legal advice for free. If the student does not have an ASFC card, we will gladly recommend other legal aid located some where in this area.
New Sound System
ASFC has purchased an excellent sound system for stu dent activities. It is presently being used for the "noonday concerts", political speakers, KFJC Grant:

ASFC gave KFJC $\$ 500.00$ for counseltation services to improve the equipment.

At our Tuesday, Jan. 27th meeting, we were told that a re porter from the SENTINEL would cover that meeting. Only minutes after meeting commenced, the reporter left. I was informed her absence was because she felt nothing important was going on. During that meeting we passed eleven motions, spent $\$ 4800.00$ and implemented the following programs:

1. Gave Mr. Woody Webb to co-sponsor an Afro-American Film Series.

NEL stories. All material must be signed, although it can be printed anonymously at the contributor's request.
2. Appropriated the $\$ 450.00$ budgeted for the continuation of the NDEA loan program with the financial aid office.
3. Agreed to sponsor Mr. Floyd Holt's melodrama for two shows this coming month. (Feb. 5,6) 4. Appointed Kathy Jackson as head of the constitutional study committee.
5. Approved the ASFC Elections Schedule for the elections to be held at the end of this quarter.

These were the major items we considered but there were other items of interest. I hope in the future the SENTINEL can work together to serve and inform the students. If anyone has any questions, please feel free to contact me in $\mathrm{C}-31$, ext. 551, or leave a note in my mailbox located in C-31.

Sincerely,
Dina Rasor
ASFC Presiden

PUBLIC FORUM gives readers an opportunity to express their views on issues of campus concern. LETTERS TO THE EDITOR is for comments on SENTI-

## Editorial errors corrected

Dear Ms. Merrow:
I would like to correct errors in your editorial of January 23, 1976 concerning the Continuing Education for Women program.

The statement, "Georgia Meredith has been hired" implies a recent position. I have been Coordinator of the C.E.W. center since it opened in 1970. It is a part time program.

The C.E.W. office offers a directional service for women, plans innovative all-day seminars, arranges for speakers, develops short courses for credit in self-development and career community. of women.
areas and acts as a liason between Foothill and many women's organizations in the

The popularity of the program is indicated by the large numbers of students enrolled.

Dorothea Nudelman's position at Foothill is that of an English Instructor. The only overlapping is that both of us are interested in the problems

Georgia Meredith
Coordinator
Continuing Education
for Women

## Lela's Last Laugh



## Ethnic studies continued

## (from page 1)

 redited Foothill courses were transferable. It was decided that other transfer possibilities would be researched.' 1 am skeptical because we have not been shown in writing how the current courses will not differ when the new general course descriptions are written. My concerns are primarily that the integrity, quality, and philosophy of the Black Studies AA Degree are not negatively affected. And that the courses continue to be accessible to the students," explained Dorsey.
feel," said Day, "and the majority of the Social Science Division feels that this process is a part of the curriculum development. It eliminates the repetition of ethnic courses and creates flexibility that did not exist before.'
'If the proposal is accepted in it's present form," concluded Dorsey, "the Black Studies AA Degree will be drastically changed."

Foothill Quarterly will sponsor a poetry reading this Thursday, January 29th at the London Tea House and English Pub on Ramona in Palo Alto, at 9:00 p.m. Susan Macdonald and Buff Bradley will be reading from their own works.


With Indian Summer (winter?) stretching into mid January and seventy degree temperatures around the Bay AreaWINTER AIN'T WHAT IT USED TO BE!!

## Drought gets drier

## (from page 1)

local streams," Callon predicted. 'The dry weather will also limit the growth of low shrubs that deer feed on and there will be a lack of berries for the birds to eat." Already, says Callan, Steelhead Salmon are being isolated in San Mateo streams
'If we don't get some rain soon," he added, "this drought is going to be felt by wildlife throughout the summer.'

Without air purifing rains and winds to clean the atmosphere, many pollutants have been building up in the lower Peninsula. According to the Bay Area Air Pol lution Control, Foothill College lies in one of the worst areas for smog problems.
'You're in the worst area,' Galvin says, ' that freeway is really hurting you.'

Most of the Bay Area's smog is trapped in the Santa Clara Valley since we have no access to the ocean according to pollution control. A slight southerly wind has continued to blow San Francisco and Oakland smog into the valley, compiled with the drift of East Bay smog to the west makes the San Jose area a dangerously high pollutant zone. The Control reassures South Peninsula residents that "strong sunlight"' is the cause of summertime respiratory pollution warnings.
'In the winter we get the same raw products of smog." she explained, "but they are not as harmful due to a lack of direct sunlight.'

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Lots of plans to choose from, all providing easy ways to save up for holidays and vacations.

## 7. Student Representatives.

Usually students or recent graduates themselves, our Reps are located at all our major college offices and offer individual help with any student banking or financial problems.

Now that you know what's included, why not drop by one of our college offices, meet your Student Rep, and get in on our College Plan. $\$ 1$ a month buys all the bank you need.

## Depend on us. More California college students do.

## 年 NIGHT NEWS

## KFJC plan <br> Wheelchair entrance

KFJC, Foothill's radio sta tion, might get fitted with a wheelchair entrance.

Jerry Bress, President of the Night Student Council, is concerned about the possibility of discouragement on behalf of wheelchair students.

Recently, Jerry Bress and Kiley Kinnon went on a tour of the station. The two council members were escourted by station manager Wade Axell, who is

## Members needed

The Night Student Council urgently needs additional members. The positions available are for six senators, three advisors to the President of the Night Student Council, and four representatives of the general body of the Night Student Council. All positions offer practical experience in an informal environment. Interested students should attend meetings which convene once weekly on Thursday nights at 8:30 p.m. in the Administrative Council Chambers.
also a Night Student Council member, through the station. While touring the station, Bress and Kinnon could find no easily accessible entrance or exit to the radio station for wheelchair students. It was found that all entrances to the below-ground level lobby can only be reached by stairway. Bress felt a wheelchair student might become trapped in the lobby in the event of a fire or disaster erup ted while the person was in the
studio by his or herself.
If the new entrance is built it is suggested that it be cut through the radio station rea wall, which is constructed of brick and cement. The cost of the pending building improve ment was estimated at $\$ 100,000$. This price includes architectural studies and planning, interior redecorating, reworking exterior vegetation which spans the rear wall of the radio station, and all labor costs

## Your dog could be a bar of soap

Plans, complaints, ideas, and possible fines are currently being considered as a means for eliminating the plague of unleashed canines on the Foothill campus.
Students frequently trot through fresh puddles of "dog dew." One student said he was lying on the lawn, and when he arose he could sense the distinct presence of canine excrement, which was eventually located on his outer, upper garments. Another student went skiing through a wad of fresh dung nearly injured herself. Finally a third student and his friends complained of the size of the ever-present herd of loose "pets."

Foothill College has holding
cells for stray canines, located in the Fire Station. All unclaimed dogs are relased at midnight on their own recognizance.

If the Pet Control Age..cy apprehends a stray canine and the animal is not claimed within 3 days, the animals are often

## to soap and chicken feed com-

 panies.A simple and pleasant solution to Foothill's dog problem is for those students who have dogs to leave them at home while attending school. Dogs have always been illegal on the Foothill campus.

## VA aide

Office Aide is needed for the Office of Veterans Affairs to work, VA, Work Study, approximately 10 to 20 hours per week.

The office aide must meet the following re= quirements

1. must be enrolled under the GI bill and maintaining 12 or more units
2. must be able to type fairly well
3. must be proficient in English grammar and usage
4. must be able to write small articles for school newspaper
5. plus other duties assigned by the Office of Veterans' Affairs

If you are interested contact:

Abel Cota
Admin. Bldg.
Rm. 3H, ext. 337 or 539

## Singleton gets award

Lee R. Singleton, distinguished member of the Night Student Council, was recently awarded a scholarship for his academic achievements by the Foothill College staff.

Singleton has been attending Foothill Junior College for nearly two years and will receive an Associates of Arts degree in political science this year. Next September Lee will begin work on a Bachelor of Arts degree in taw. Singleton stated recently:
"As a Black man, a Veteran, and an experienced adult, I feel a definite need for becoming a lawyer and serving my community to the best of my ability."

Lee R. Singleton will be missed by all of his colleagues and friends here at Foothill. A ban quet will be held honoring Singleton and other distinguished members and friends of the Night Student Council.

If you would like to attend any of the Evening Student Council meetings, we are in the conference room in the Administration Building every Thursday night from 8:30 until

## Briefly

## Another Disco-Dance

The Foothill Black Student Union will once again present a Disco-Dance party. The up-coming event is destined to be the best for the Black Student Union. The dance will feature African art exhibits, a reggae band, a jazz band, a disco and funk band, Mr. Kay's dynamite disco monorail, lots of original Afro-American foods for the
soul and an array of special surprises. Kiley "Mr. Kay" Kinnon, with the help of the Mid-Summer Creation, would return; however, the soul group is now defunct. On hand at the previous dance was a mixture of people both white and black from all around the San Francisco Bay Area. This event is being presented as part of the 1976 Foothill College B.S.U. Month of Awareness.

The Night Student Council welcomes its new secretary, Sharon Stiles. Mis. Stiles is Ms. Stephanie Valdez's successor. Ms. Valdez transferred her services to the Office of Continuing Education. Her last day of service for the Night Student Council was Jan. 8, 1976.
$\$ 10$ per night to the performer(s). The crowd is usually ungenerous, coffee-buzzed, and often apathetic. This can be discouraging to some performers and good practice for others as it is probably the hardest kind of crowd to play for.

At any rate, Monday and Thursday nights are more interesting by far because of the entertainment. If you are interested in performing, or if you have any suggestions, please leave a note in the Evening College mailbox located in the Office of Continuing Education, or call me, Jeff, at 968-5056.

## Psychologist Available

The services of a staff psych ologist were recently made avail able for your use. The staff psychologist is Eleanor Taffae, Ph.D. Dr. Taffae can offer help and treatment for psychological problems of every kind. There is no charge for her services.

## New Secretary

 The emphasis this quarter is going to be on more variety in the types of entertainment. I would like to see more jazz and classical performers, for that matter, even non-musical talent-maybe comedy, a juggler, or a magician!!The entertainment itself is sponsored by the Foothill Evening Student Council which pays (Advertisement)

## On the Spot

By LYNN CAREY \& LEE MARR

# WHERE IS THE BEST PLACE ON CAMPUS TO 

 MEET PEOPLE?

WILLIE SPARKS:
Most anywhere, anytime. I meet most of my friends right here between the campus center and the bookstore.


## BILL JACKSON:

Probably in the quad or student center, but I don't meet that many people.

PAT HENSON:
I haven't been here that long...the place where I meet most people is in the arts and crafts rooms.

PAT HENDRIX:
At the top of the stairs inside the Campus Center, or the lunchroom.


TODD BOATWRITGHT: I'd say in music. That's where I associate most, so that's where I make most of $m y$ friends.

JOSEPH ROBBINS, six months:
I meet a lot of people just lying around the Campus Center!


## BOB LOCKE:

Owl's Nest, I guess. Sitting in the cafeteria when the SENTINEL people come by.

LAUR A MICHAELS: The SENTINEL office. There doesn't seem to be any barriers with the peop-le-they're all on the same level. I feel really relaxed going in there.


MARTHA BAYLEN:
I guess just sitting in the lounge. I've had a lot of people come up and talk to me.

## How to talk gooder

"I feel quite strongly that you have very definite control of any situation you are in," says Dorothy McCrum at a recent enrichment seminar at Foothill.

McCrum, a fashion and beauty consultant, spoke at two identical seminars Monday on "How to be a good Conversationalist."
'You can't control a person who is a lengthy conversationalist, but you can control whether you stay there," says McCrum. She says there is a misconception of our obligation when we run into someone when we are in a hurry. She suggests that it is appropriate to greet the person, converse briefly and be on your way.

After being introduced to someone for the first time, McCrum suggests ways of avoiding those "silent moments" that occur. 'It is so easy once you express your interest in the other person." She says "People are always worried about what they are going to say instead
of thinking about what they have read or recalling a recent happening."

McCrum says among the things that shouldn't be dwelled upon are: weather, politics, religion, children, hus bands and operations. Some of the various topics which whe felt to be good starters are: books, plays, sports activ ities, hobbies, travel and education.

She defined conversation as "a give and take situation between two or more people." It costs time, she says, but in exchange it gives you knowledge, new deas, broadened horizons and feedback.

Conversationalists aren't always the most talkative ones, says McCrum, but a 'listener with an occasional question."

The eight week seminars are designed to help students establish more self-confidence in social and/or business contacts by learning ways to make introductions, to start and continue conversations, and to feel at ease in all situations.

## ESP, hypnosis show planned

ASFC will present "The George Sharp Hilarious Hypnosis/Amazing ESP Show" Jan. 30 at 8 p.m. in the campus center.

Sharp shows the scientific fact and fraud behind parapsychology in his twopart concert show in which he involves audience volunteers in demonstrations of mental telepathy, clairvoyance, psychokineses, self-hypnosis, etc.

The first part of the show will in clude an amazing "ESP" or Mentalism Demonstration with audience participation, and part two will have a hilarious "Hypnosis" demonstration. Sharp plans
to explain scientific facts on the various subjects throughout the entire show Sharp is billed as a professional entertainer-educator. A psychology grad uate of Pennsylvania State University and author of the soon-to-be released book "Creativity, Hypnosis, and ESP", he has performed at dozens of college campuses throughout the country.

Tickets are $\$ 3$ general admission and $\$ 2$ with Foothill student body cards. They can be obtained at the door or in advance at the Foothill Box Office, open from 10 a.m. $-3 p . m$. weekdays and to 8:30 p.m. Mondays-Thursdays.

## Foothill re-examined

James Fitzgerald, Foothill College President, is presently organizing faculty, administrators, and students into various committees to explore the different fac ets of the Foothill community.


The eleven committees will imple ment a "self-analysis" program, in preparation for the forthcoming visit of an accreditation team from the Western Schools and Colleges Association.

Hal Seger, Dean of Instruction explained the program:
"About every, five years the college is expected to become re-examined If the standards of the school are found to be satisfactory, it receives another stamp of accreditation. This is very important since it makes it possible for students to transfer from this college to another."
"After the committees have studied each aspect of the school, a $50-70$ page document is put together and presented to the accreditation team when
they arrive. A couple of weeks later, the college receives a written evaluation that will be held as a guide in the future."


## ' aiming to pin <br> 7

Sports Editor

Foothill wrestlers are aiming to out-pin Wes Valley College Thursday night at 7:30 p.m., in their last home match of the season.

The Owls are flying high after placing second in the 1976 De Anza Wrestling Classic, an event in volving 21 of the best college teams in California We were a dark horse, coach George Avakian concluded. He felt "It was an outstanding achievement" for the Owls, who really had never been con tenders on the mats prior to this season.

Five members of the ten-man squad qualified for the finals of the tournament, and all five placed in the top three of their weight class. Dwight Miller (126) and Tony Brewer (158) both walked off the mats with arms held high as first place finishers. Avakian deems that his two muscle men are the 'top two wrestlers in the state."

Mark Lundin (142) and Frank Olmos (134) reaped second place hon ors, with Brad Craig (177) powering his way to third. Avakian forsees all five finalists as top placers in the upcoming state meet

Second place in the tournament wasn't enough to placate the Owls, who went on to squelch both Canada (36-12) and Skyline (47-6) in a non-league
double dual meet that suc ceeded in bolstering thei egos.

De Anza was next on the Owl agenda, and the Owls mercilessly pounced upon the Dons, casually walking off with a 37-5 victory for a new 1-2 Gol den Gate Conference re cord and a 9-2 season tally.

Both coach Avakian and assistant coach Bob Slack are confident abou their matmen: 'We shoul
dn't lose any more match es from now on," Avakian predicted. Only three Gol den Gate Conference mat ches remain ahead, with West Valley College presently heading the list.

The Vikes are "a good team, but still haven' done well," Avakian sur mised. He forsees no real problems for the Owls who he feels are better wrestlers. 'We're stronger in the lower weights than West Valley," he said

## Women clash today

 by Mike toreclum
## Foothill's women'

 basketball team clashes with San Jose City Coll ege today at 4 p.m. on the Owls home court. Accord ing to Owl Coach Gene Hawley, San Jose City has had "very respectable teams in the past," and anticipates a "tough" contest.Two recent non. league games against Oh lone and Santa Rosa Coll ege helped to prepare the Owls for this afternoon's league contest. Both prac tice games had undesirable outcomes for the Owls Ohlone handing Foothil its fourth overall defeat, and Santa Rosa made five with a $54-50$ set back

In the Ohlone match up, Owl leading score Rachelle Thompson

## Examiner Games

A squad of four Foothill trackmen were among the 2,000 participants at the 10th annual Examiner Games held last Friday night.

Foothill's sprint medley relay team of Ed Crav. illo, Doug Hill, Tom Shellworth, and Donn Carroll qualified for the Games by placing second in the San Jose City College indoor meet on January 10th. Botín San Jose and Foot hill had the same clock
time, but San Jose was awarded the winner by photo finish. Twelve teams competed in the San Jose meet, with the four fastest continuing on to the Examiner Games.

According to Foothill Track Coach Hank Kettles, 'the sprint medley relay is unique from other track events in that the first and second runners sprint 220 yards, and the third a 440 followed by the anchor man running an 880.'

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popped in a game high of 20 points.

Thompson continued her scoring barage in the Santa Rosa contest cann ing 21 markers, and estab lishing her fourth 20 point game thus far in the sea son. Freshman Sharon Cory complemented Thompson's performance with a 14 point, 10 re bound production

Owl Debbie Mennis ran into foul trouble, but received acclaim from Coach Hawley as playing an "exceptionally strong game on the boards.'

Other Owl hoopsters to receive plaudits from Coach Hawley were Gayal Batistich, and Irene Quintano, both of whom came off the bench to play guard. Coach Hawley also admitted that he looked for improved scoring out of Annette Havens.

The second round of the cager's season begins n Feb. 5 against Hartnell.


Foothill's male hoop sters will spend Friday night in the city, attempting to maintain their present second place standing in the Golden Gate Con ference by beating City College of San Francisco, who currently are sharing the number two notch with the Owls behind Lan ey. Laney will have the next date with the Owls at Foothill on Tuesday at 8 p.m.

CCSF poses a potent threat to the Owls, not only due to their matching 4-1 records, but due to their high-scoring Orlando Williams. Rated third in the GGC with an average 17.4 points per game, Williams holds a definite mar gin over Foothill's top bas ket dunker, Eric Volimers who has a 10.2 average Laney will be aggres sively defending their cur rent place at the top of the totem pole when they face the Owls, who had what Coach Jerry Cole describ


## Tie-breaker Friday

ed as an up and down per game previously). The week" last week against Owls also fouled themsel Chabot and West Valley ves into the 1-1 penalty College respectively.

The Owls soared past Chabot 47-38 last Wednesday, but were caught by the tail Saturday when they succombed to a "disappointing" $52-56$ defeat, the sole ink spot on their previously clean GGC blotter.

Cole decreed "sloppy" ball handling as a major contributing factor, as the Owls handed the ball to the Vikes 14 times, (five more than the average number of turnovers


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situation early in each half, giving the Vikes more charity shots.

Ron Carlson led the Owls from the floor, hitting 12 shots, and Jeff Sloan 'played very well' off the boards, rebounding a total of seven intended baskets.


Village Corner
(inner court)
El Camino \& San Antonio Los Altos

