



Steven Cabana/LA VOZ

De Anza College's quarterback Mike Silva evades an oncoming Gavilan College rush during the fourth quarter of the conference opener on Oct. 16. See story on page 7.

Campus Updates

Ex-De Anza coach dies in auto accident

BY REZA KAZEMPOUR
LA VOZ

Former De Anza College women's basketball coach was involved in a fatal car accident last Thursday night in Reno, Nevada.

Mike Gervasoni, 59, was slammed by a pick-up truck on his left side as he tried entering U.S. 395.

Eric MacGill, driver of the pick-up, drove through a red-light and instantly killed Gervasoni, pushing him into a dirt road. The case is still under investigation.

After practice, Gervasoni ran some errands before entering the freeway, said friends. The De Anza community was shocked by the news they received early Friday morning.

Former center Amber Hall said she couldn't believe what happened. She was planning to join Gervasoni next year at the University of Reno.

Gervasoni left De Anza in 2003 after taking the assistant coaching job under his wife, Kim.

Gervasoni coached for De Anza for 14 years and is responsible for creating a strong women's program.

Student input a factor in award

BY STEVEN CABANA
LA VOZ

De Anza College and the Office of Instruction will offer students an opportunity to have a voice in honoring the instructors they learn from every day.

The Distinguished Educator Award is the brainchild of Judy Miner, De Anza's vice president of instruction, and has been in place for a little over a month.

"To me, it's about the celebration of teaching and not about establishing something that is overly bureaucratic," Miner said. "Our core activity here is instruction, and we have too few opportunities to acknowledge our faculty."

With the first award to be issued on Nov. 1, the award uses an online form that gives educators and students the ability to give testimonies about their instructors.

"We would really like [students'] participation," Miner said. "They can nominate as many as they would like."

The nomination deadline is on the first of each month.

Unlike the president's award, which is only offered quarterly to full-time instructors with 10 years of experience, the Distinguished Educator Award is open to all teachers regardless of length of employment.

Students interested in nominating an instructor should visit the Office of Instruction Web site at http://www.deanza.edu/instruction/ed_award.html.

OPPORTUNITY FOR GROWTH DE ANZA TO CONSIDERING OFFER ON CENTER

BY LISA GU
LA VOZ

If you are one of the students who habitually sneaks over to the Oaks Shopping Center across the street from campus instead of going to class, then you might be happy to know you could soon be required to go there.

The Oaks Shopping Center just came up for sale and De Anza officials are considering making an offer to buy the center.

The asking price for Oaks Shopping Center is \$21.7 million. Jeanine Hawk, vice president of College Finance and Services, said De Anza has not determined how much it will offer.

De Anza currently does not have any money set aside for buying the Oaks, so even if the college officials decide to buy, it would be a district purchase.

"It just came out of the blue," Hawk

said. "We weren't expecting the center to come up for sale at this point and time. We found out, just by accident, a few weeks ago that it was for sale."

Some methods De Anza officials could use to buy the center are through joint ventures, partnerships, and donations.

The owner of Oaks Shopping Center is asking buyers to submit their offers by Oct. 28.

"This is a very short timeline, which is difficult for us," Hawk said.

There will be an emergency closed-session meeting of the Board of Trustees on Oct. 25, to discuss the purchase because De Anza does not yet have approval.

Hawk does not know how many buyers are actually competing for the Oaks Shopping Center.

"From what we understand, it will be a property that has quite a bit of interest in it," Hawks said.

De Anza is considering investing in the Oaks shopping center because it needs more room for expansion.

Another advantage of the Oaks Shopping Center is that it is close to the De Anza campus, located directly across from De Anza on Stevens Creek Boulevard.

"De Anza expects a two percent growth per year," Hawk said. "Over the course of ten years we would have difficulty being able to add more space to the De Anza campus. We see this as an opportunity to be able to continue to serve the growth that De Anza has."

A few things could happen should De Anza successfully bid for the Oaks Shopping Center.

Some school services could be moved to make extra room for classes on campus, or classes could be held in the newly

see **OAKS**, page 6

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Math placement a muddled mess

Editorial

At *La Voz*, we consider ourselves to be some of the most informed students on campus, but at times we still find ourselves caught in unfortunate situations in the most basic part of college life: our classes.

No one wants to discover on the first day of a math class that the department has made changes, although it reinforces the constant necessity of talking to a counselor.

Emotions run high where lower levels of math are involved, making it a messy subject to approach for the faculty involved.

Some faculty refused to speak to *La Voz* about this issue. A student cannot claim that failure in a math class is De Anza's fault alone, but in part it may be the fault of an education system that lets solid math comprehension slip through the cracks.

De Anza only started requiring Math 105 for an associate degree recently, reasoning that college-level math should be required if college-level English was required. As logical as it sounds, students don't easily adjust to increased requirements.

Although failure rates for Math 105 are undeniable, the problem seems to be something that the department has overlooked. Most students taking Math 105 test into it and never take Math 200 or Math 101, so changing these preparatory classes may not provide a solution to the problem.

Even after taking the preparatory classes, students still don't feel as if they are equipped for the harder level ahead. The problem seems not to lie in the classes themselves, but in the placement tests, which allow students to place in a class that they are not yet

ready to pass.

Although placing into a higher level of math initially makes students feel as if they are saving time, that time is later lost if the students have to take the failed class again the next quarter.

The placement test proves faulty again when even a student who fails it would have placed into Math 200. Student without even the basic knowledge of arithmetic could find themselves in a class too difficult for them to pass, uninformed of lower level guidance classes unless diagnosed with a learning disability or referred to a guidance class by the instructor.

What students want is the truth. We want to be told what we're really ready for, even if it's not what we've hoped. We want to be informed of major changes in our educational paths.

The math department is still wack.

Letters to the Editor

De Anza Voices

COMPILED BY MOUMITA CHAKRABORTY
AND OLGA MALINOWSKA
LA VOZ

How do you feel about the possibility of birth control pills for men?



"I think many men would love the idea of being able to get down to it anytime, anywhere."

— John Rogers



"Yeah! Men should have some responsibility in sex. It would also be a good idea to make this mandatory for young men who are or plan to be sexually active so that teenage pregnancies can be prevented."

— Connie Phung



"That's a great idea! Women do all the real work anyway; it's about time the men had some responsibility too."

— Thai-ry Chang

Parking hurts more than it helps

Dear Editor,

In response to today's story, "Money doesn't grow on trees," I wanted to encourage *La Voz* to look into the cost of parking.

Rarely do people who use parking ever cover the true cost, and those garages are not cheap, even if you don't count the value of the land.

On the other hand, no such subsidies are given to those who walk, bike, or take the bus to school.

I was a FHDA student back in the early 80s, and while the parking facilities for cars have been vastly increased/improved, little has changed for those not driving to school.

Both Foothill and De Anza have removed their bicycle lockers.

I hope you all will consider an article which investigates this matter, and possible solutions.

Thanks,
Bill Michel

Saving time doesn't save money

Dear Editor,

Recently I saw about five police officers writing jaywalking tickets to students of De Anza.

I thought the best way to inform the school population was to send a letter to the editor of *La Voz*.

Are you one of the many people who start to cross the Mary and Stevens Creek intersection while cars are still turning left to get to De Anza? Well, I would advise against it. Recently I saw police officers giving tickets for jaywalking.

At first I wasn't sure if it was illegal to start walking before the cars finished turning. I did see problems with starting across too soon, however. A few times cars that were trying to turn left could have hit people starting to walk across. Other times the cars stopped in the middle of the intersection to try and wait for people to walk across; this could cause a delay in traffic conditions.

I had thought as well that even if it was illegal to cross the street too early, there was no way the police could have ticketed everyone. But it seems they are really cracking down on the problem. About half of the crowd that I walked across with the one morning were pulled aside by the five waiting police officers.

The bottom line is, in order to avoid a ticket and other potential problems, people should wait the extra 20 to 30 seconds for the appropriate time to cross.

Cameron Ketcham

Corrections

"Icons of a cold war"

Oct. 18, Page 1, 7: Michael Reagan's name was misspelled in the article and caption.

"Money doesn't grow on trees"

Oct. 18, Page 5: Mike Brandy's job title should read "Vice Chancellor of Business Services."

"Presidential debate takes center stage at De Anza"

Oct. 18, Page 4: The photo caption was incorrect. Professor Alex Kramer is shown, not Greg Druehl.

"Giving students their voice"

Oct. 18, Page 1: Leslie Casaje's name was misspelled.

"De Anza to consider expanding"

Oct. 18, Page 2: The Flint Center was never sold. The center is managed by an outside company but remains the property of the district.

"Religion on campus grounds"

Oct. 18, Page 3: Lawrence Burke's name was misspelled.

Time for guys to go on the pill

WOMEN HAVE HAD ACCESS TO ORAL CONTRACEPTIVES FOR 40 YEARS. MEN SHOULD HAVE SIMILAR OPTIONS, AND SOON WILL



SHAUNTAEBRONNER

It has taken entirely too long for our society to invest in providing men with a greater variety of reliable contraceptives. Women have had the choice to take birth control pills since the early 1960s. Men only account for 30 percent of contraceptive use, according to the Seattle Post.

It seems as though the fellas have been getting the short end of the stick. It's time for men to be able to take on equal responsibility in family planning. Women have had to bear a disproportionate share of this burden for far too long.

Innovative options in family planning should not only target women, but men as well. Just ask any guy whose paycheck is being garnished for child support, or who's had to drop out of school to support a new family.

With a "boys will be boys" mentality, our society has diminished male accountability in sex and left the onus of reproductive responsibility to women.

Both religious and patriarchal cultural values have played their part in perpetuating these principles. It appears that our society is still under the impression that birth control is a woman's problem. The fact is, it requires cells from both a man and woman to conceive a

child. Logically, each should share equal responsibility in preventing any unwanted pregnancies.

The lives of both the potential mother and father are affected by an unplanned pregnancy. That hardly qualifies as an issue that women alone should concern themselves with.

Research on male contraceptives has been under way for more than 40 years but lack of funding has hindered the development of new products. Thanks to the dedication and forward thinking of a few, that has changed. Two new forms of male birth control are in the final stages of

The lives of both the potential mother and father are affected by an unplanned pregnancy. That hardly qualifies as an issue that women alone should concern themselves with.

developmental research and may be on the market as soon as 2005.

In recent years a couple of funding sources have stepped up to the bat. Organon Pharmaceutical, a major company based in Holland, is financing research at Edinburgh University's Centre for Reproductive Biology in Scotland, a top research institute in Europe. The University of Washington's Male

Contraceptive Research Center was also able to secure funding. They received a \$9.5 million grant through the National Institute of Health here in the United States.

Both of these centers are responsible for the research leading up to these two products.

One method involves an implant – tiny rods are implanted under the skin of the forearm which release the hormone progesterone, which blocks sperm production in the testis. Implants

would need to be replaced every three years, but could be removed at any time. A supplemental injection would also have to be administered every four to six weeks to maintain testosterone levels.

The other method would be a pill taken daily containing both the hormone found in female birth control pills, desogestrel, and testosterone. This method has been found to be 100 percent effective

zero.

Don't worry, research has shown that libido and ability to perform remain unaffected. Men would still have the ability to ejaculate. The only difference would be the absence of sperm in the semen. The suppression of sperm production is totally reversible and returns to normal in a matter of weeks after discontinuing use.

These products are ideal for those married or in a long-term committed relationship. But single men would benefit equally as long as they

continued using condoms in addition to the pill or injection.

These new products should serve to empower men with additional security in family planning. The use of the pill or the implant in no way undermines the importance of using a condom and getting

tested regularly to prevent the spread of disease. But having extra assurance is well worth the extra time and effort.

Clearly, men have been limited in their options. Up until recently, the only dependable options men had were either a condom or a vasectomy. According to the American Pregnancy Association, condoms have a 14 to 15 percent failure rate. When correctly used with spermicides, effectiveness at preventing pregnancy jumps to 95 percent.

Vasectomies are almost always irreversible. Men also try "coitus interruptus," the method of pulling out before ejaculation, or just hope the women they are with is on the pill. These are risky, unreliable methods of contraception.

Ladies, don't exhale just yet. As much as you would surely welcome the opportunity to share some of the load with the fellas, it is still not okay for you to slack off on your responsibilities in pregnancy prevention.

Ultimately, women are the ones who have to carry a child in the event of an unplanned pregnancy. It is women who bear the brunt of the responsibility if a father chooses not to stick around. It's your body and you still need to take the precautionary steps to ensure you don't become pregnant before you're ready. There are more birth control options available for women than just the pill or condoms.

The fact is, most sexual contact is for fun, and not with the intent of reproducing. So both sexes need to be able to control their own reproductive destiny.

These new male contraceptives are not yet on the market, but now is a good time to get educated. Get online and do some research. It may be time-consuming, but then again, so is a new baby.

Make your voice heard. Write to your state and federal representatives to advocate funding and approval for this type of research. Use your power as a citizen of this country to express how necessary products like these are.

De Anza's Student Health Services offers conventional forms of birth control. Condoms, lubricant, pregnancy tests, and emergency contraception (the morning after pill) are all free. Family planning services are available at reduced cost. The office is located in the lower level of the Hinson Campus Center. Stop by or call (408) 864-8732 for an appointment.



PEDRO PAULO VIEGAS DE SA / LA VOZ



Who's fighting Bush's wars?



MOUMITACHAKRABORTY

There are scores of American military bases worldwide that contain thousands of soldiers fighting for America's well-being. We know that the families of these soldiers are waiting at home, dreading a phone call or letter informing them of a death or injury. We watch the advertisements that claim our soldiers do all they can do and be all they can be. We know these people have taken a difficult job in order to protect us. It is clear we are not returning the favor.

Soldiers are supposed to be the essence of the American dream, defending our country's historic virtues and freedoms. In reality, the American soldier is paid far less than the employees of the private contractors they protect in Iraq. American soldiers have taken out their frustrations on prisoners at Abu Ghraib and, according to one prisoner's representatives, at Guantanamo Bay.

An American Private First Class makes a little under \$20,000 a year, according to the Army Web site. This figure does not include housing or other allowances. According to an Oct. 10 Buffalo Daily News report, Halliburton employee can make upward of \$80,000 a year, not including the \$25,000 life insurance policy the company provides.

The War on Terror has cost bil-

ions of dollars and well over a thousand soldiers' lives.

George W. Bush's political clique planned to attack Iraq prior to Sept. 11, and the terrorist attacks gave them the perfect excuse. In the past two years, America and the world has found that the flimsy justifications for this war turned out to be false. The imminent threat of Saddam Hussein's weapons of mass destruction was based on poor intelligence, and the fact that the Bush administration refused to give up the search was most embarrassing.

The invasion of Iraq was billed as a preemptive strike against ter-

The American soldier is paid far less than the employees of private contractors they protect in Iraq.

ror. Instead, the country has become a tangled web of terror and violence against American forces, who are neither wanted or needed there. We hear about desperate suicide bombings and violence among the Iraqi people, but we never pause to think why. Our soldiers' feelings are dramatized and used to back up politicians' views.

The military relies on volunteers, most of whom come from the lowest rungs of the American economic ladder. These volunteers have been subjected to a "backdoor draft," and forced to extend their tours of duty.

At this year's Republican national convention, Senator Zell Miller, a Democrat from Georgia, said, "It is the soldier, not the reporter, who has given us the

freedom of the press. It is the soldier, not the poet, who has given us freedom of speech."

Miller was absolutely right. Soldiers do take on the job of preserving our freedoms. This is precisely why we should not abuse our military power by waging wars of aggression.

With troops fighting in Iraq and Afghanistan, Bush has proposed cuts to veteran's benefits, including housing benefits. At the same time, the richest 20 percent of Americans have seen their share of tax payments drop, though America can't afford to give veterans their promised benefits. The majority of the men and women in the military belong to the poor or middle classes.

Many entering the military see it as an opportunity to earn money for college and gain experience for post-military careers as the American economy has shifted from blue-collar jobs paying a living wage to lower-paying service industry jobs.

American soldiers have high ideals to live up to. They have taken on the responsibility of protecting their country when needed. It is our responsibility to only call upon them when we truly need their services and ensure they receive proper training.

It is our responsibility to make sure soldiers and their families are well provided for. Members of the armed forces are willing to lay down their lives for the rest of us. We owe them fair treatment in return. We owe them a wage that will allow them to live with dignity, we owe them quality health care, and we owe them our gratitude.



DANSEALANA

Get ready to cast your vote Nov. 2

The 2000 presidential race between Senator Al Gore and then-governor of Texas George W. Bush was one of the closest and most controversial elections in American history. After weeks of recounts and legal battles, Gore conceded and Bush took the state by a mere 537 votes.

The 2000 election showed Americans that not voting because "I'm just one person" is fundamentally flawed. The presidency was decided by the equivalent of a full house at a large movie theater.

Beside voting for a president and local officials, California voters are faced with some controversial ballot measures this election, including Proposition 68, which would expand non-tribal commercial gambling, and Proposition 71, which would fund stem-cell research.

Perhaps the most controversial ballot measure is Proposition 66, which seeks to alter California's "Three Strikes" law. Supporters of Proposition 66 say that the measure would prevent people from being locked up for 25 years to life for crimes such as non-violent drug offenses or minor theft. Opponents of Proposition 66 feel that the measure would be soft on crime and would keep more dangerous criminals on the streets.

If you are uninspired by the Democratic and Republican nominees, consider looking up the lesser known, so-called "third party" presidential candidates. Although his name is not on the ballot in California, consumer advocate Ralph Nader is once again running for president this year, hoping to be elected through write-in votes.

The Libertarian party, which tends to be socially liberal and fiscally conservative, has nominated Michael Badnarik to be their presidential hopeful. Conservative candidate Michael Peroutka, who is running under the motto of "God, Family, Republic," has received the presidential endorsement of the American Independent Party.

The Green party has nominated David Cobb, and the Peace and Freedom party has chosen Leonard Peltier as their presidential nominee. A Peltier administration would be unusual, to say the least, considering that he is currently serving two consecutive life sentences in a Kansas penitentiary for the 1975 murders of two FBI agents.

Turnout for this year's presidential election will, very likely, be much higher than it was in 2000. Voters need to decide who would be the best person for the job.

It is also essential that voters are informed about the candidates and the issues before election day. You don't have to be a political science major or a faithful viewer of "The O'Reilly Factor" or "Crossfire" to be informed about presidential politics. Both Bush and John Kerry have personal Web sites, complete with blogs, which outline each respective candidate's plan for America. These Web sites are the best place to start when researching a candidate. It's almost impossible that your views will align 100 percent with one candidate, but with research, you can see which candidate's views most closely coincide with yours.

Once we figure out how we are going to vote and who we are going to vote for, the actual voting process is relatively simple. Registered voters receive a sample ballot and a voter information pamphlet which tells them where to go on election day. Casting your ballot only takes a few minutes.

It is our responsibility as Americans to educate ourselves and, most importantly, let our voices be heard. Do the right thing and vote on Nov. 2.

High failure rate in mathematics prompts changes STUDENTS GET WHAT THEY WANTED, BUT REMAIN UNINFORMED

BY SARAH JOY CALLAHAN
LA VOZ

For all those students who rallied spring quarter chanting, "The math department is wack," pay attention.

Math 105, De Anza's required intermediate algebra class with the highest failure rate of any offered, has been re-organized to be easier to pass.

The class will no longer be offered at all after spring quarter 2005.

First-time De Anza math students enrolled in 101 heard from their teachers the first day of class that they were enrolled in "the old sequence of math classes."

"I didn't know anything about the math class reform when I registered," sophomore Michelle Garnese said. "I felt a little uninformed."

The old sequence of lower-level math classes, formerly 200, 101, and 105, will now be modified and offered as 210, 112, and 114.

Students beginning in the old sequence cannot progress to the new one; for instance, a student who has passed 101 cannot take 114 the next quarter.

A student who begins the 105 sequence but does not finish it by the end of this year will essentially have two math classes useless for an associate's degree and must either test into 114 or start again from the beginning.

The fall course catalog listed classes from both the old sequence and the new sequence side-by-side with no explanation of the coming changes.

"I don't think the rallies have influenced the curriculum because the changes were already in effect," De Anza counselor and math department liaison Vicky Moreno said.

The department took a retreat three years ago to discuss improved success of Math 105 students, and ultimately decided that the high failure rate was caused by an overload of material taught in 105.

The three-year wait is a result of the long approval process for changes to the

curriculum.

The content taken out of 105 has been integrated into 200 and 101, which is why the two sequences are not interchangeable.

Math 200, De Anza's pre-algebra class that is now 210, has changed from a four-unit class to five units, so that the increased units allow more time for students to learn concepts, Moreno said.

Two concepts from elementary algebra were added to 200, and the missing concepts from 101 were replaced by quadratic functions and applications from 105, composing 112.

Intermediate Algebra now contains rational expressions from 101 and the addition of linear equations in three variables, comprising the new 114.

The division's goals for the new math classes are that "repetitive review of topics is reduced and topics within each course are organized to allow for maximum time on concepts," Moreno said.

Moreno did not express concern that added material to Math 200 would shift

the high failure rates from intermediate algebra to pre-algebra.

Although the math placement test has also been reorganized, a student who fails it will automatically be placed in Math 210.

Students attempting college math without even basic arithmetic skills can take special guidance classes taught by the Educational Diagnostic Center.

The classes include Guid 109, 111, and 112, four-unit classes that cover subjects such as positional notation of whole numbers and decimals, basic arithmetic functions, fractions, decimals, and percents.

The math department is also working on creating different modules in the placement test.

Here students who narrowly miss placing into a higher-level math class can learn the exact concepts they are weak in.

Students can also enroll in self-paced courses to brush up in those areas, and then retake that specific area of the test instead of spending the time to take an entire lower-level math class.

Visiting speaker offers analysis of war

BY RYAN BELL
LA VOZ

UC Sacramento sociology professor Ayad Al-Qazzaz shared thought-provoking and sometimes controversial analyses of U.S. foreign policy when he visited De Anza Oct. 20.

Al-Qazzaz spoke about the history of Iraq, and then moved on to his analysis of U.S. foreign policy and its effects on the region. He was unapologetically cynical about the United States' reasons for going to war in Iraq, repeatedly making reference to the "real objectives" behind the "declared objectives."

In Al-Qazzaz's opinion, the three primary objectives of the United States were to establish control of Iraq's oil supply (potentially the largest in the world), reduce the possibility of a unified state gaining power in the region, and gain leverage in the Arab-Israeli conflict. By securing these objectives, the United States would have influence in the oil market and a power base in the region, which it could use to pressure other nations and OPEC.

The charges that Saddam Hussein had weapons of

mass destruction were not only false, claimed Al-Qazzaz, but knowingly false.

"They knew that," said Al-Qazzaz. "They pretended they didn't know, but they're not stupid."

Al-Qazzaz spoke at length about the ethnic and religious makeup of Iraq, and the situation of the Kurds, who make up 18 percent of the population of Iraq.

"It's a matter of time before the Kurds in Iraq declare their independence," said Al-Qazzaz. "I give it five to 10 years."

Al-Qazzaz warned the U.S. policy of "encouraging ethnic and sectarian tendencies" in an effort to divide the various factions in Iraq could lead to civil war, and even the dissolution of Iraq into several smaller states. He said the key to peace is the creation of a three-person U.N. council to oversee the withdrawal of U.S. troops and the establishment of free elections over the course of a year.

"The best way to support the troops is to bring them back," he said.

Al-Qazzaz teaches sociology at UC Sacramento, and holds degrees from UC Berkeley and the University of Baghdad.



Shauntae Bronner/LA VOZ

Professor Ayad Al-Qazzaz speaks to De Anza College students on Oct. 20. Al-Qazzaz specializes in political sociology and Arab culture. He teaches sociology at UC Sacramento.

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Oaks | Potential growth makes center a perfect fit



Bejan Siavoshi / LA VOZ

continued from front page

purchased buildings, or it could be a combination of both.

Students who do not like the idea of crossing the street to go to class can rest easy for at least a year because even if buildings are purchased, they must be approved by the DSA, which is the state architecture agency, before they can be used by De Anza for students.

"There is a process we would have to go through in order to make any facilities over there that we would like to use approved by DSA," Hawk said. "They require certain things to be done, structurally, before students could be housed in those buildings."

Hawk believes that the buildings will most likely be renovated before being used.

Students who are concerned about where they will get their next smoothie if there is no more Jamba Juice, or who are already planning to switch their patronage to Starbucks if Coffee Society closes need not scout for new hangouts yet.

Not every building in the Oaks Shopping Center is going up for sale.

There are, at the moment, only around 10,000 to 11,000 square feet of the center that will actually be sold,

said John Shultz, executive director of facility operations and construction management.

"It is a very desirable piece of property and it would be a great addition to De Anza College," Shultz said. "It is very difficult to buy that kind of property right at the moment. It is a seller's market."

De Anza has hired a real estate agent from Ritchie Commercial Real Estate to evaluate the Oaks Shopping Center.

Even though De Anza will most likely make an offer for the entire center, some of the shop owners have valid leases that run until 2014.

Only select buildings that are already vacant will be available for sale.

The shops that will not be affected by the purchase are those that are still open including Jamba Juice, Coffee Society, Togo's, Hobee's, and others.

Some students may like the idea of taking classes right next to their favorite shops, but some of the employees may not feel the same optimism towards De Anza's proposed purchase.

"De Anza has their space and the Oaks has their space," said Nicole Yun, a Jamba Juice employee. "So De Anza can keep theirs and the Oaks can keep theirs, too."

Help is available for depressed college students

BY NICK ALLEN
U-Wire

Rain has been falling in Northern California, filling the sky with dark clouds and casting a gloom over the usually sunny region. But regardless of rain, some days are still gloomy for many Americans.

Every year, nearly 18.8 million American adults suffer from some form of depression, according to the National Institute of Mental Health.

Among those suffering from depression are college students, who are susceptible due to their demanding, fast-paced lives.

College students often face stressful situations that can make them more prone to depression, said Virginia Mintzloff, a part-time psychology professor at Cal State Fullerton.

"During final examinations there is a lot of anxiety on campus," Mintzloff said. "A person's first semester in college has a lot of anxiety. They don't know what to expect. There are a lot of expectations placed on them [that] maybe they place on themselves."

Students might not recognize that they are suffering from symptoms of depression.

"Sometimes if they don't know about the diagnosis of depression, [students] may say 'my parents said I'm too lazy,' but actually they just have a lack of energy to do

anything," said Dr. Norma Ouyang, a clinical psychologist for Counseling and Psychological Services on campus.

There are many symptoms of depression that cover a wide range of emotional feelings. They can include sadness, anxiety, empty or decreased feelings, sleep disturbances, difficulty concentrating or making decisions, and thoughts of suicide. There are different ways people become depressed, but there is no concrete answer to where depression originates. While situational depression is more comprehensible, it is not clear who is more prone to becoming depressed.

"Many experts believe that there is a genetic predisposition toward many mental disorders, including depression, but having the predisposition does not necessarily mean you will succumb to it," Mintzloff said. "Things in life happen and it'll trigger that. It's how the person deals with it."

One misconception people have about depression is that it equates with being suicidal. However, Mintzloff said there are milder forms of depression that are more common and, if left untreated, can lead to chronic depression.

"There are lots of people who have dysthymic disorder," Mintzloff said. "It's kind of a low grade depression. Life is just plodding along rather than enjoying life."

According to the NIMH, chronically depressed indi-

viduals may suffer from a combination of symptoms that interfere with their ability to work, study, sleep and enjoy pleasurable activities.

While some individuals may feel like there is no resolution that can help them feel joy again, there are solutions to getting well. Treatment can be conducted without the help of a doctor if the individual's case is not severe.

"It's real important for a depressed person to exercise," Ouyang said. "A half an hour a day helps a lot. When you exercise, your body creates a serotonin. In addition, some may like to write [in] a journal and some people may like to sing."

While exercise and other activities can help those with milder forms of depression, individuals who suffer from more severe cases should seek medical treatment.

According to Mintzloff, "Medication is not always necessary, but I believe if you're on medication you should always be receiving therapy. Sometimes therapy alone is enough."

Both Mintzloff and Ouyang said that strong support from family and friends helps in the treatment of depression.

De Anza College's counseling center offers mental health help. Student health services does not offer mental health help, but offers a list of low cost providers. For more information contact the Counseling Center at (408) 864-5400 or Health Services at (408) 864-8732.

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Football | Gavilan takes it to Dons in the conference opener

continued from page seven

touchdown and a pair of field goals.

The Dons were the first to strike in the second half. With 10:25 left the Dons scored on a 35 yard rush.

An interception at Gavilan's 24-yard line gave the Dons a failed opportunity to take the lead.

The Rams kept De Anza to one yard and failed to score on a 39-yard field goal attempt.

The remainder of the third quarter favored Gavilan.

With the Blocking of two De Anza punts and

giving the Rams prime positioning on the second, it was only a matter of two downs and 17 yards for the Rams to make it 27-7 at the end of the third quarter.

George Fielding capped off the scoring for De Anza in the fourth quarter with an 8-yard touchdown pass from Mike Silva.

The Dons failed to connect on the two point conversion after a bobbling ball forced kicker Jonathan Macciola to attempt a carry.

The Dons will travel to San Jose City College to play in a rare night game on Oct. 30. The game will kick-off at 7 p.m.

College | Let the players decide it

continued from page seven

they wanted to experience year in and year out.

A playoff system in college football would solve so many of the controversies that something like the BCS raises. Mainly because it would let the teams decide, on the field, who the best team in America is, instead of leaving up to a bunch of guys who don't play a single down of football to pencil in a winner.

The ironic thing about all this talk is that the people running the current program are the only ones that don't seem to see the solution.

You can't turn the dial to sports talk radio station in the country without hearing fans, hosts, and experts alike, suggesting that a playoff system would only benefit the game.

But, it's like the NCAA officials do not want to admit to

themselves that they are the blind ones when it comes to judging what is best for the fans.

I suggest we have a little December madness in college football.

And that is what college sports is all about, that's what makes college basketball so great – the fact that any school, at any time, can come out of nowhere and stake their claim as the best team in the country.

By allowing a bunch of computers and old men decide who the best team in the country is, we take the power away from those doing the real work to have a say in their football futures.

Egos and money aside, a play-off system would garner new fans, and make those of us who already are, even bigger maniacs of football in its purest form.

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