

Lifestyles

The Voice of De Anza College

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LA VOZ



Cupertino, California

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New ES building will do neat tricks

Possible new Environmental Studies building will help ES department grow

By Saadia Malik
Staff Writer

If the Foothill-De Anza Board of Trustees approves \$180,000 in DASB funds to the Environmental Studies Task Force, the result may become a state-of-the-art facility, at the center of Environmental Studies, demonstrating distinct energy efficiency and waste management measures.

According to Julie Phillips, ES Instructor and Head of the Environmental Studies Building Task Force, the building will be located on the Northeast side of campus near the tennis courts and baseball field and adjacent to the Environmental Studies Area (ESA). The 26,000 square foot building will be a two story structure housing lecture and lab rooms, computer labs, a research area, study rooms and faculty offices. However, according to Phillips these are only preliminary plans and are subject to change.

"The building will do a lot of amazing tricks to reduce our resources," said Phillips.

For example, the building will have photovoltaic panels on the roof that will convert energy from the sun into electricity. "It's like a mini power plant," said Phillips. In addition, the building is "climate sensitive," which means that it heats and cools itself.

According to the Task Force, there are many justifications for a new \$5 million Environmental Studies building. To illustrate a few, environmental careers have been identified as a major growth industry that creates new jobs. In addition, vocational programs in energy and waste management are fast-growing. Both of these justifications will attract more students.

"Students will actually be monitoring the building, looking at the energy savings and applying the info," said Phillips. "So the building itself becomes a teaching tool."

Phillips also feels that the benefits extend beyond that. Because of the better circulation of air and the natural lighting, "healthy buildings like this cut down on a lot of mental and physical sickness."

Phillips said she hopes that the new building will retrofit other buildings on campus. "De Anza's got incredible potential for energy efficiency because already we're one of the most energy efficient colleges in the state."

The building is currently being referred to as the Center for Energy Innovation, but is subject to change. Phillips said that a funding donor could possibly put their company name on the building.

If all goes well the facility, according to Phillips, might possibly be completed in the year 2002.

According to the Task Force, the idea for a high-end Environmental

See BUILDING, back page



Cynthia Van Zile / La Voz

Bugs take over Flint Center for Bay Area movie Premiere

David Foley of "News Radio" and "Kids in the Hall" fame, and also the voice of "Flick" in the new movie "A Bug's Life," attended the Bay Area opening of the held at the Flint Center on November 21. The invitation only event caused much controversy due to a large white tent parked in Staff Lot A from Nov. 18 until Nov. 22.



Maya Angelou

Maya Angelou to speak at Flint Center

By Saadia Malik
Staff Writer

Maya Angelou: author, poet, historian, conductor, actress, singer, songwriter, playwright, film director, and civil rights activist, will be speaking at the Flint Center on Dec. 4.

Originally Angelou was scheduled to speak at Flint on Nov. 10, but she postponed due to illness, according to John Lomonaco, coordinator of the event. Lomonaco said that Angelou is now fine and able to appear at the Flint Center.

Lomonaco, a former bookstore owner, coordinates various speaker events throughout the nation. This is the first time he has sponsored an event for the Flint Center and gave no

particular reason as to why he asked Angelou to speak here.

Although Angelou has not said exactly what she'll be speaking on, Lomonaco presumes that she will speak about literacy, reading and poetry.

"We won't know what she'll be speaking about until she tells us on stage," said Lomonaco. "I haven't asked her to speak on a specific topic."

The event was sold out on Nov. 10, but after it was postponed, some tickets were returned and are now being resold. Tickets for the first ten rows can be purchased through John Lomonaco Productions by calling (888) 955-LOMO, while the rest of the tickets can be purchased through the Flint Center Box Office.

White students declining

By Kelly Abel
Staff Writer

New statistical research provided by the Institutional Research Office at De Anza shows a sharp decrease in the White student population and an increase in the Asian and Hispanic student populations since 1990.

Administrators, faculty, and students see the rapid growth of ethnic diversity at De Anza in a positive light.

White student enrollment at De Anza College has declined by nearly 20 percent. De Anza president Martha Kanter attributed the statistical decrease to the growing number of educational institutions in the area. "Other institutions have recruited older, white students," said Kanter. "Competition is more of a factor now. The increase of technical schools is drawing away many of our short-term students."

When asked why De Anza has not been successful at keeping the enrollment rate from declining, Kanter said, "We put all of our money into the classrooms-not marketing."

According to De Anza's Master Plan, programs have recently been developed to recruit older students in the 30+ age group. The third paragraph on page 48 of the Master Plan describes De Anza's need to "attract older students to programs that are more flexible and can be delivered to accommodate working professionals."

The MasterPlan states that programs such as "Partnership for Excellence" (state level), Joint Venture: Silicon Valley Network, Inc., and the Bay Area School Reform Collaborative (local level) are "examples of significant partnerships that bridge edu-

See DE ANZA STATS, page 14

DASB VP of Technology resigns

By Nelson Ching
Staff Writer



Scott Bechtel resigned Nov. 24

Vice President of Technology, Scott Bechtel resigned from office to the surprise of the De Anza Student Body Senate.

Bechtel, who has held office as a senator the longest out of the current senate, had been a senator since November of 1996, and had been Vice President of Technology since 1997.

"For the past three months the committee was put up against the wall," said Bechtel. "We were given unrealistic deadlines, and I was under the impression that my job was on the line if I didn't make those deadlines," said Bechtel. "(I resigned) in order to serve my people better and to give the committee a little more breathing room," Bechtel

See BECHTEL, page 14

Masterplan states that leadership is strong

By David Arney
Staff Writer

This is the final segment of La Voz' attempt to summarize the Masterplan, a 66 page document outlining Administration's plans for the next accreditation process.

This segment summarizes part six of the plans quality indicators. Quality indicator number six is titled Reputation, and deals with the different areas of De Anza which add to the good name and reputation of the school. The first definition is Awards and Recognition. Among the awards which De Anza received there is an award for the number one transfer

magnet for the CSU system. Such an award shows that De Anza has been able to transfer more students to the CSU system than any other community college in the State. Such awards offer the students at De Anza a reputation for having attended a highly ranked and visible school. Many of the other groups at De Anza also have received awards and laudations from the organizations that they participate in.

Community leadership is also placed as a definition for the Reputation quality indicator. In particular the Masterplan cites the Mayor of Cupertino and the trustee of the San Jose Museum of Art as

DE ANZA'S MASTERPLAN

FIFTH SEGMENT IN A FIVE PART SERIES

references to De Anza's leadership from the community. The leadership of De Anza also stems from the state and national level as put forth by the third definition for this quality indicator. Many different people make up the leadership of De Anza, giving it access to numer-

ous resources and leaders from the local to national level.

The Masterplan concludes its body with a section stating the external challenges which effect De Anza. Such effects are mapped out in another set of graphs to explain the factors that De Anza must deal with in the coming years.

There is also a section concerning the elements which make the Silicon Valley "The Economic Miracle Machine", so stated by the Masterplan. As a section the graphs work to show how the growth and productivity will effect both students and the job market of the valley, and thereby effecting De Anza.

Also included in the Masterplan

is a area in which suggestions are made for the future of De Anza in regard to the specific quality indicators. The Masterplan is an important part of this school year and students are continually encouraged to enter their opinion on the ideas presented in the Masterplan.

President, Martha Kanter expressed her wishes for students to attend town hall meetings, where the Masterplan is discussed in detail, so that the Masterplan could be changed to accurately represent De Anza's needs for the coming accreditation cycle. The meeting times and dates will be posted for students who wish to participate in the process.

Masterplan lacks substance and is full of aggrandizement

A focus on the good only without the input of bad. Seeks to compliment only and not give any criticism of school.

The Masterplan 2005 released this fall by the Masterplan committee has been presented as a plan for the future, a roadmap to success. Unfortunately it lacks all of the qualifications of a plan, and is more akin to a pat on the back, however well deserved that may be, the Masterplan is not in fact a plan at all. Comprised of three main sections, the Masterplan is a conglomeration of good ideas, well deserved self compliments, and a very weak look at what the school is lacking. Section one is merely an overview of how complex the issue of Masteplanning is. Using the excuse that no one document could plan out all of the individual contact time that professors would spend with students in the learning environment, the Masterplan rather puts forth a very vague and somewhat incomplete look at the "quality indicators" setup for our self accreditation. Those indicators

Masterplan does not address the issues of transferable classes or the availability of those classes. Nor does it address the fact that the majority of students fall in the younger age groups. There are areas of De Anza which are never addressed and affect students drastically. Some examples would be the quality of education received in comparison to a four-year institution. Detailed graphs of student's success once they transfer to a state institution. As well as the effectiveness of ESL in getting students to the same level as transferring students or those receiving degrees. These are important areas that have not been addressed by the Masterplan's review of the school. These are indicators of a quality that should and need to be addressed.

In the final sections of the Masterplan, there is a somewhat confusing area of suggestions for improvement. The Masterplan 2005 is being purported as the

roadmap for De Anza. It does not however place any markers for improvement, or offer any kind of a detailed plan, rather it has a list of suggestions with absolutely no area to detail how those suggestions should be implemented. De Anza should not stand on this document which is nothing more than a pat on the back and a plus in the reaccreditation category. Students and faculty alike should ask that the Masterplan be revised to include actual elements of success and failure, and to address both the good and bad areas of De Anza. It needs to include a section which actually analyzes the school independently and accurately. Even going so far as to get outside suggestions and observations. De Anza is not a bad place, but it is not the school without fault as the Masterplan suggests.

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along with their definitions are presented in the second of the three sections. Most of the charts used to explain these "quality indicators" focused only on remedial classes and those programs that have nothing to do with transfer to a four year institution. Some of the charts are so hard to read that the data is not only incomprehensible but completely without a basis in the real world. In the second section the data that is presented does show some of the good points that De Anza has to offer students. The areas dealing with Distance Learning and enrollment show that De Anza does have a leg up on most of the community colleges in the Santa Clara valley. What is lacking is the hard hitting, in depth look at the whole of De Anza, not just the remedial courses and the good points. The

Masterplan Self Evaluation Form

Please remember to answer all the question honestly on a scale of 5 to 5.

1. How would you rate the existence of Teachers at De Azna?

5 5 5 5 5

2. How would you rank the attendance of more than one student at De Anza?

5 5 5 5 5

3. How would you rank the availability of more the one class at De Anza?

5 5 5 5 5

4. How would you rank the availability of more than one counselor at De Anza?

5 5 5 5 5

5. How would you rank De Anza as being a college from which students transfer?

5 5 5 5 5

5. How would you rank the attendance of students of more than one race?

5 5 5 5 5

Please submit these results the District office for a plus mark on our record for Self Accreditation from. Thank You.

La Voz Staff

Editor In Chief:
Nelson Ching
E-Mail:
lavoz_editor@hotmail.com

Opinions Editors:
David Arney
Jolynn Masuhr
E-Mail:
lavoz_opinioned@hotmail.com

Lifestyles Editor:
Cynthia Van Zile
E-Mail:
lavoz_arts@hotmail.com

Sports Editor:
Jai Singh
E-Mail:
lavoz_sports@hotmail.com

Features Editor:
Shelia Eghbali
E-Mail:
lavoz_features@hotmail.com

Photo Editor:
Gabrielle Rondell
E-Mail:
lavoz_photo@hotmail.com

Production Manager:
Avi Ehrlich

Ad Manager:
Dean Carrico

Cartoonist:
I.B. Nelson

Writers:
Charissa Kerr, Anthony Raymer, Kelly Abell, Bryan Fields, Peter Duong, Christopher Hill, Kelly Matlock, Anna Marissa Page, Lenard Wilson, Katasha Thompson, Jolly Bimbachi, Daniella Martin, Ali Abdollahi

Photography:
Gabi Rondell, Chris Anderson, Beth Schwalen, Shadi Rahimi

Advertising Staff:
David Contreras, Jana Pajonk

Adviser:
Beth Grobman Burruss
E-Mail: grobman@fhda.edu

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Santa visits the children of the world

Santa watches the children of the world die and starve all year



David Arney

Overly Opinionated

Do you believe in Santa Clause? It is such a simple question that it took me by

surprise when I was asked just a few days ago. How innocuous and simple it seems, do you or do you not believe that there is one man who travels around the world in one night giving away presents for free to children who are good? Obviously it is impossible for that one man to accomplish such a task, now that the world has expanded to billions upon billions of people. One report I have seen shows that Santa would have to travel faster enough to incinerate the presents, and completely liquefy the reindeer, even if Santa were more than human. Yet what else would it mean to believe this childish fantasy beyond the years in which it is okay to believe.

In order to believe that Santa Clause exists we would have to make a certain number of concessions. First, we would have to accept the fact that he, or rather it, was a greater being, capable of

existing outside the normal laws of physics. This being would have to have a power greater than anything we know, and be able to wield that power without our knowledge. And lastly we must accept that this being of seemingly infinite kindness only gives meaningless trinkets to those who need far more the same as to those who have too much. We would have to place our faith and gratitude in someone who cares so much, but does not respond in any way that would make a difference. We would have to accept that this being, capable of changing the physical makeup of our universe, chooses merely to do nothing all year long, and then exceed all laws of physics for a task which makes no worldly difference in the lives of those who suffer.

Santa would sit somewhere in luxury watching the little children he is kind enough to give gifts to suffer and die of starvation. See

their broken frail hand clutching a toy, while hiding in a dark corner from the monster that they live with. See the bloodied form as the toy rolls to the other edge of the curb. Hear the screams and cries of pain, the guttural moans for sustenance. All the while he, or rather it, would sit their deciding whether or not the children who survived the year, were good or bad.

I for one do not believe in Santa Clause. I can not accept that such a cruel being would exist as we believe it would. I do believe however, that we so often come up with these figures, not because we want them to be real, but because we can still feel that the world is a good place to live in. That there is someone, a man, who does good, and who takes care of all the evils we cause all year long. Christmas, while in the Christian religion a celebration of salvation, is also a time of the year in which we for a brief and fleeting moment consider that other human beings exist. That fleeting moment in which some of us merely choose a fleeting gift, not worth the money paid, and with nothing but a physical decaying nature attached. Yet in that moment we begin to see what the world would be like if we could merely think of more than our surrounding environment and our demands on that environment. If we could instead of merely giving gifts, give love, give true joy, give life.

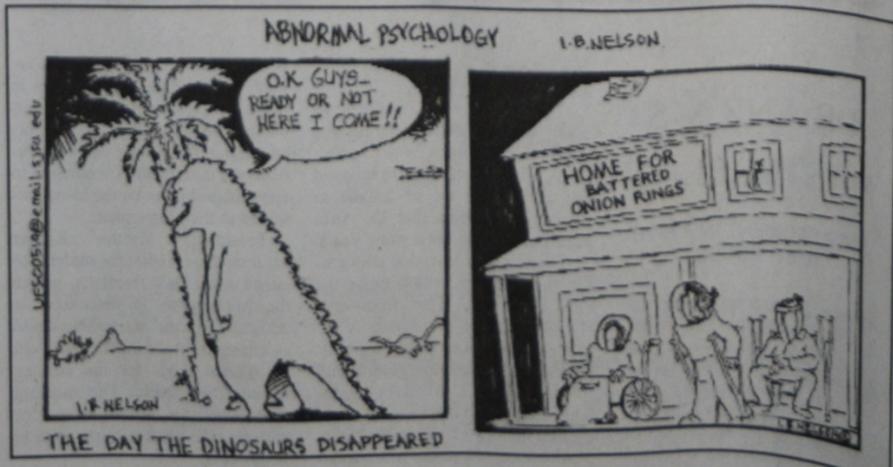
Thanksgiving has just passed, and we all enjoyed our dinner of choice, and the time we had to spend with our families, thankful for the chance to feel better about ourselves. While we ate, children and adults alike died from hunger, were shot, and or blown up, and

even more were in pain and agony from diseases and malnutrition. While we were thankful for our selfless feeling of community.

While we wondered why we couldn't make just a little more money, and while we pondered what we would like for Christmas. Now as the Christmas shopping season approaches we will selflessly choose meaningless trinkets for our loved ones. Exchange them while feeling good about ourselves, and wishing we had gotten more.

We do not have to be this society, this drudgery of luxury filled whining for more, people. We can be more, we can expand that one moment in which we realize that other human beings exist.

Challenge yourself this Christmas to accept that your life is wonderful that you are extremely wealthy and well off. Instead of giving the meaningless trinkets that will not last the year, let alone make any kind of difference more than the size of a landfill. Instead give someone a hug when the need it most. Show someone kindness when they are feeling down. Send that money that would usually be used in your self gratifying exercise to someone who needs it. Look around and find someone with less than you and show them some kindness when they least expect it. And not just this season, but throughout the year. Everyday think of how much you have, and how much you have to give. There is not a person in the world that has nothing they can give. You can never truly be poor until you have given all that you have, not in material wealth, but in love and kindness, and that can never run out if we keep spreading it around.



Faster, easier and no dogs anywhere

When students talk to me about the pros and cons of using the Internet, there are usually two responses under the "don't like" column:

1. Access is too slow
2. It's too big to find what you want.

Sorry, I can't help you with the access problem, but I can help with the "too big" part. This regular column will attempt to knock the Internet down to a manageable size.

Research paper due next Monday? Waited until the weekend to get started? Wondering how you can get it done without too much pain? Want some help? Thought so.

O.K., then, let's get organized. You've selected your topic, you've sharpened your pencil, you've put on a favorite CD, and you're ready to

research. The tension mounts. Especially if it's Sunday night and the library's closed.

This is where many students get stuck. The Internet is big, unruly, and frustrating. Yesterday, a student asked me, "Why should I spend four hours unsuccessfully searching the Internet, when I could find what I need in 40 minutes in the library?"

Aha, I say. Let me tell you about the Internet Public Library (<http://www.ipl.org/>). It never closes.

I decided to give myself half of this student's on-campus library time -- 20 minutes-to see what reference materials I could locate on the Internet Public Library. Here's just a fraction of what I found:

- President John Fitzgerald Kennedy's Inaugural address
- A history of the Swahili language including a Swahili dictionary
- The Constitution for the State of California
- An explanation (with pictures) of what an asteroid

is made of

- The complete text of Shakespeare's A Midsummer Night's Dream
- A biography and a list of all the books written by Native American author Peter Blue Cloud

And now for my reward: not once did I stumble on Mortimer's Personal Home Page (with a photo of his dog), a banner advertisement for The Newest Computer Software Download (that I don't want), or a site with a movie star in an uncompromising position. (Damn.)

Once you've completed your research, "A Guide for Writing Research Papers" (<http://webster.comnet.edu/MLA.htm>) will help you put it all together. This web page gives information on taking notes, using outlines, formatting papers, and structuring bibliographies.

So, now your paper's done. But on rereading your topic sentence ("The book was really good; it had a good plot and good characters") you notice that your writing could use a wee bit more flare.

Go ahead. Impress your instructor. Use Merriam-Webster Online's Thesaurus (<http://www.m-w.com/>) to look up "good." Voila', you now have "The book I read was well-grounded; it had a wicked plot and auspicious characters." Or maybe "The book I read was flawless; it had a clever plot and appealing characters." See how much smarter you appear to be?

Now for the really good news. You don't have to copy the addresses for these web pages; just copy one which will take you to these resources and more: <http://laws.atc.fhda.edu>. This is the De Anza College Language Arts Division Home Page, ingeniously compiled by J.D. Doblitzsch, George Hein and the rest of the lab staff. It will be a superb resource for your research needs.

-By Beth Grobman - Burruss (Mass Communications instructor)

“And now for my reward: not once did I stumble on Mortimer's Personal Home Page (with a photo of his dog)”

Give Americans a real scandal, like Watergate

There is trouble brewing in the air, and I couldn't be happier. It has been too long in this country since something serious has threatened our precious status quo. While the rest of the world finds itself in the midst of political upheaval, racial tension, and economic collapse, we sit back in our budget surplus and smile like a sedated mental patient. Of course, looking from the inside as we do, one might disagree with this statement, pointing to the high levels of violent crime and drug addiction that plague the US.

But violence in the US is an institution, glorified by the entertainment industry and professional sports, so I think we can all deal with that.

So do we really have anything to be worried about? While the economies of Japan and Brazil are crumbling, the Middle East ready to explode again at any moment, and President Milosevic in Serbia ready to pick up his war where he left off, what do we really have to complain about? Do we have any sort of rallying cry? A call to arms for the common people of this great country?

Finally, we do. Ladies and gentlemen of this great and powerful God-fearing nation, it is time to take arms against that most evil of all social ills, oral sex.

Now I'll be the first to admit, it's not much to go on. Most of you readers are probably bored to death with Monica, Bill, and the whole three-ring circus, or at least that's what you tell your friends.

Admit it, politics are interesting again, aren't they? The ridiculous antics of the past years are stuff high school US History books are written about. I can just see the chapter title now: "The Clinton Era: Foster, Files, and Fellatio."

If I had my way, I would want something real to be the problem here. Something tangible, like the whole Watergate fiasco. Now that was real shady politics. Corruption, graft, theft, perjury (real criminal perjury, not the Mickey-Mouse stuff Ken Starr's trying to pin on Clinton), and a beautifully crafted, albeit futile cover-up that reached all the way up the ranks of the government. Now that's a scandal. That's something to be proud of.

Of course, that's the easy example. What about the Iran-Contra affair? Guns for hostages? Sounds good to me. That one got some decent prime time TV coverage. I was only a little scrap back then, and the only things that really mattered to me were Voltron and the Transformers, but even I knew about Ollie North. Hey, at least I recognized the name.

Now, back to the lecture at hand, as a famous person once said. In a personal sense, it was originally embarrassing to me to admit that I live in a country that is acting like a little kid who has just found his dad's stash of porno magazines. If you ask me, there is nothing here that even remotely smells of illegal actions. Ken Starr is a little brat who can't get what he wants. He wanted to go down in history as the man who took down the president. He couldn't do it with Whitewater, the real problem, so he nailed him because he lied about his sex life.

Seriously, how many of you would go in front of a grand jury and tell them every bizarre tidbit about your sexual escapades? I wouldn't, that's for sure. You know what they say; people in glass houses shouldn't throw stones. I suppose that's why Starr is throwing boulders, figuratively; how much sex do you think that man has had, really?

Of course I think this entire procedure is completely ludicrous. Who Clinton is fooling around with is only a concern of his family and whoever he's playing hide the salami with.

And contrary to popular belief, a president does not need moral char-

acter. He needs to make the right decisions. The American political system does not legislate morality; it deals with economics and criminal law. It is fact that our budget is finally balanced. And who did it? Newt? I don't think so. Slick Willie did. Go, baby.

However, I have come to grips with this situation. This is not a crisis, nor is it something to be concerned with. What it is, however, is fun as all hell. People don't trust their government anymore.

Politicians stand up to berate the president, only to have the press hounds dig up their sexual history to find juicy bits of information. Ken Starr has turned into a modern-day McCarthy, indicting anyone and everyone that might have even shared a word with good old Bill. And C-SPAN is actually being watched again. While it isn't a Watergate, I suppose it's the best we can get.

A quick side note: for a few years now, two Americans living in Russia have been publishing a paper on the mishmash of a political system over there called "The eXile."

The eXile deals with bloody descriptions of murder scenes, reviews of bars and other assorted NC-17 material, but what it does have is scathing reporting on the mess of a political system over there in Moscow.

What does this have to do with anything? Well, the editors are moving. They're getting sick of Russia, because they feel it is a hopeless cause; a wasteland of sorts. So where are they moving? That's right, boys and girls; they're moving to Washington D.C., to publish a paper that just might find something really wrong with the US government. Kinda makes you feel warm and fuzzy, huh?

While it's not Woodward and Bernstein, maybe it'll suffice. Hey, maybe if people get angry enough at things, they might start voting again. Hey, this is the USA, anything can happen.

-By Beau Carson (Brown University)

Paper towels meet electric dryers



Avi Ehrlich

He Said

The school library. Probably the last quiet place on campus that one can always go for a nice place to work. That is, until someone attempts to dry their hands after washing them in the bathroom with the mind-numbing intensely loud sound of the air powered hand dryers. Not only are these incredibly noisy and distracting, but they take much longer to use than the old paper towels. I can still remember the good old days of elementary school when we would run down to the bathroom to get paper-towels after making a mess. These fond memories can be no more with these environmentally sound devices as spilt ink will have nothing to be wiped off with.

This problem is especially bad when there are many people in the bathroom who have just washed their hands. As the masses get impatient waiting for their turn at a dryer, they just walk out grabbing the door handle with wet hands, leaving themselves even dirtier than they were before washing. Most people don't even get that far though, as they will wipe off excess water by hand, or not wash at all with the knowledge of how slow the dryers are.

De Anza College faculty members even get the idea, but they make us students suffer. In the mens' staff bathroom around the corner from L-41, a roll of paper towels sits on top of the hand dryer as the teachers themselves do not want to use the pathetic janitor and environment friendly devices. A staff member even informed me that when there are no paper towels, they will actually use toilet seat covers to dry their hands - making an even greater mess than paper towels would.

Why must the De Anza student body put up with this nonsense? Sure, they are better for the environment than air powered dryers (I haven't gotten the statistics on electrical use, but I'll assume it to be

true for the sake of this argument), if we must have air dryers, they should at least work properly.

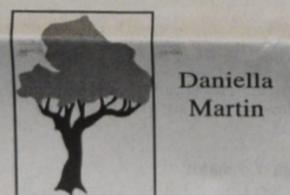
The dryers currently installed around the corner from L-41 are incredibly weak. Testing them out myself, it took a whopping 56 seconds of vigorous hand rubbing, having to stop after 30 seconds to repress the button, to finish drying my hands. During these 56 seconds, four other students washed their hands, and then walked out of the bathroom grabbing a wet door handle as they had decided that the 56 seconds was not worth their time. Even if students feel that they do have a minute to spare, because there are only two air dryers per bathroom, they would have to wait for a turn at them as more than one person would normally wash their hands every thirty seconds. In a test of a bathroom with paper towels, it took me three seconds to fully dry my hands and dispose of the paper towel before I was on my way. The other people using the bathroom did not even have to wait for me to finish before grabbing paper towels of their own, as I did not have to occupy the space in front of the paper towel dispenser while drying my hands as is the case with the air powered devices.

There is a lot that we can do to save the environment, but in this individual case, the trade off is not worth it. This is not a judgment that I am making, but a judgment that the student body is making by choosing to let their hands be wet instead of drying them.

Maybe we should just get rid of the air dryers in addition to the paper towels since nobody is using them so we can save the metal. If students actually did use these dryers, then they could be worth using instead of paper towels, but these paper towels were put there for a reason being that students wanted a way to dry their hands, and these air dryers take this hand drying ability away from them.

I have been in airports with air powered dryers that will dry one's hands in under ten seconds. If quality dryers such as these were to be installed, students would be more likely to use them, and thus they might be worth using instead of paper towels, but with the current system of students not drying their hands at all, the replacement is just a waste.

I can only hope that the bathroom used by cafeteria workers has paper towels instead of air dryers.



Daniella Martin

She Said

I am strongly in favor of maintaining the current status of automated hand-dryers in the school's restrooms. In fact, I would like to see the school adopt more of the dryers, and do away with paper towel dispensers once and for all. I think my reasons are obvious: paper towels, even if they are partially recycled (as I would guess the school's are), are a tremendous and needless waste of our planet's waning resources. Many people prefer paper to an air drier, purely because of comfort and speed. My response to this is to say that we will continue to cater to our desires for comfort, and speedily destroy the planet in the process.

Allow me to take a moment to confess that I, too, hate the automatic dryers. They take too long, they are inefficient, they are noisy and you often have to wait in line to use them. In short, they are a pain in the ass. So is searching around campus to find a recycling bin for my water bottle; so is paying extra to buy organic food at the supermarket. Many things that are worthwhile to do are often a strain on our patience, but that doesn't mean we should just write them off as "too much trouble," does it? You know what else is a pain in my ass? Lack of old growth forests. The hole in the ozone layer, which causes me to suddenly have to worry that I will develop skin cancer every time I get a good old-fashioned tan. The loss of countless, never-known species that disappear each year with the destruction of thousands of acres of rainforests. These things piss me off!

I am not a perfect global citizen. I do drive a car to school, to save time. But, substituting a situation which I feel is tantamount to the paper towel one, if a group van stopped by my house every morning to take me to school, I would ride it. I would tolerate my annoying companions, and the extra minutes it took for the van to stop

along the way to pick up more passengers. I believe the paper towel issue is very similar: with the electric hand dryers, the school is making it very easy for us to consume resources. In some cases, it even forces us to do so, in the restrooms that lack paper towel dispensers altogether. I am disgusted with the faculty members who admit to using toilet seat covers instead of the dryers, when the seat covers are only forty percent recycled. Just to save 56 seconds, approximately one minute, according to my opponent on this issue!

Think of it this way: how long does it take to regrow a rainforest? It takes many, many, many of these minutes, these tiny minutes, which we have such a hard time allotting to an obviously worthy cause. Each minute that you stand in front of an electric dryer, obediently rubbing your hands in a seemingly futile way (as per the instructions on the machine), is a minute contributed to the rebuilding of a lush and beautiful planet. Each minute is an act of heroism, for your children, and for the future: it is a moment in which you can say you are not actively participating in the steady and rapid decline of our once abundant environment.

I realized that there are difficulties posed by the lack of available, absorbent, portable materials for cleaning up messes. I also realize that the current hand dryers are pathetically inadequate, and that we should really have better ones if we are going to use them to replace paper towels. But why not encourage the school to invest in good machines, instead of blowing dollars and killing trees for eternity, solving nothing? I urge students, faculty, and administration alike to view the issue as a chance to take a stand against waste and the untimely elimination of much that is wonderful about planet Earth. Use the dryers. Take that 56 seconds to reconnect with a higher purpose: imagine a tall, beautiful sequoia growing as the lukewarm air blows over your hands. Close your eyes and feel the serenity of a redwood grove, for the moment safe from the attacking forces of industry. If that's too much of a stretch, just imagine being a child of the future, able to breathe without an oxygen mask. When it comes down to it, I'd rather we all "wasted" time than wasted resources. Trees are running out; only our precious time can save them now.

Visiting counselors: always good to check up on school



Don Nickel

Counselor's Corner

There are many reasons why a student might want to see a counselor here at De Anza. It might be academic as in planning your next quarter's classes or verifying how close you are to transfer. You could be interested in some career guidance, as in discussing your long term work goals and options. Your reasons for coming into the Counseling Center might also be of a personal nature. Some students readily take advantage of our services. They come in regularly, and might see a particular counselor they have made a connection with. Some students really know how to work the joint; they know more than one counselor by name, and they have learned how different people have different strengths and can assist them in different ways.

Other students never set foot in a counselor's office or take one of the Human Development classes our division offers. Many diligent students successfully navigate through the murky waters of graduation and transfer requirements. Fortified by a passion for education and hopefully supported by a network of family and friends, these students have an idea of what they want to study and where, and they have assumed responsibility for tackling the logistics of their education.

Then there are other students who rarely if ever use our services who could benefit from them. Perhaps some are unsure about why they are at De Anza. Maybe others

are not clear about academic requirements or policies such as add/drop procedures as an example. Some students equate the idea of seeing a counselor to that of having a "problem" as if there is a stigma associated with the idea of counseling.

As counselors, we enjoy making connections with the students who see us periodically. There is a satisfaction in witnessing and assisting in the growth of a student at De Anza, to feel like you are part of their life journey. Students should know that counselors learn and gain so much for these experiences. You are instrumental in our personal and career development. Students probably are not aware of what they do for us, perhaps because we do not take enough time to express our thanks and because we are the ones who are supposed to be doing the helping.

But as importantly, counselors feel satisfied when a student who has never seen a counselor comes in for the first time. The student may have worked through their reluctance and is open to how we may assist. These situations are not easy. There may be a lot of information to get across if the situation is academic. If the reason to come in is of a personal nature, then this first visit may just be the beginning of more visits to come.

The bottom line is that you don't have to have a problem to come in to see a counselor. Think of it as a check-up, just to see where you stand academically. All too often there are updates to educational requirements that we can inform you about. If there is something else on your mind we can talk about that. And if we can not help the maybe we can refer you to someone who can assist you. With all the services that we provide, from academic planning to explaining transfer requirements, we look forward to being partners in your education.

Marketing aim of paper changes mind of reader

To The Editor:

I am writing in regard to your paper's need for student's responses in on your new name and flag. I have been a student at De Anza now for three years and have always known the newspaper by the name, "La Voz." I feel that it does reflect our Spanish background and is an appropriate name for our paper. So in that frame of mind I would like to see the paper continue being called, "La Voz."

Recently, though, in a Journalism class I learned that the La Voz staff was thinking of marketing the newspaper to the local community. I feel that this would be beneficial to the newspaper, the school, and the community. I feel that if the paper is going to be distributed in such a manner than maybe a new name should be thought of that has De Anza in its title. Although I don't like the name on the Nov. 17th issue, "La Voz De Anza." Maybe you could keep the name "La Voz," but make "The Voice of De Anza" line a bit larger or bolder. Overall, though, the paper does do a very good job in reporting on the events and problems facing De Anza everyday and I don't feel a different name will ever change that.

Layna Mylar
Major: Mass Communications

La Voz should change flag

To the Editor,

The new flag is much better. It is much more attention getting as far as the font and the logo go. It's nicer because you can actually see it. Having "De Anza" in the flag is a good marketing technique but "La Voz De Anza" is just not an easy read. I really think that you should change the name, no matter what the founders did.

Has anyone ever heard of change? Really, the quick glances that people take are not enough time to read any detail into the voice. I think maybe the "De Anza Times" because then it is at least named after a place. I don't have that much to say, but all I do know is that change is what makes something last though time, the ability to change. It's time to change or be left behind.

J. Martinez
Major: Advertising

Passion should be followed

To the Editor:

I really enjoyed the article titled, "A life lived not with passion is not a life," written by David Arney. It appealed to me because I have been thinking about that topic recently in deciding what I'm going to do as a career. Life becomes a matter of money or happiness.

Living for money, as David puts it, "brings no passing happiness" and I agree. My vote ... happiness all the way, what I want to live for is my passion in life, something I have enjoyed doing all my life. In reflecting on my life, writing and dancing have been and still are my passions in life.

The dance world is extremely competitive, so in order to live out that passion I would probably be a dance teacher, unless I got a break into the industry. As for writing, I have a true passion for writing my thoughts and feelings. I would love to share some of my insights on life

with everyone. I would love to be an ambassador for LIFE. Like David said, "Write from my passion, that is when I can win a Pulitzer!"

Amber Chambers
Major: Communication

Letters to the Editor



De Anza Responds

Bookstore dissapoints again

Dear Editor

As a first time buyer, I had encountered a few inconveniences. I understand that the beginning of a new quarter would be a hassle since all De Anza students need to buy their books on time. The bookstore's rules and regulations made it very hard to speed up the process of buying books. About 20 to 30 students were allowed to enter the book store in the basement at every 10 or 15 minutes. Not everybody would have the time or patience to stand in line. I think that the rule of everyone had to put their bags in a tiny locker is very impossible.

There weren't enough lockers for everyone, and not everybody come prepared with a quarter to use to lock up their own locker. I had to leave my bag unattended because I didn't have the quarter and the time to come back for the books I need. Many books were out of stocks, and my only choice was to wait for next week or the week after. The school should provide information regarding other places where students can get the same books, so that students like myself could get their books on time.

I think that books' prices were very high. In most cases, the cost of books was so much more than the cost of classes. The book store has a lot of return policies that I found very unreasonable. The price of a brand new psychology book I bought was over seventy dollars, but when I returned it, I got back only fifty something dollars. The clerk said that she had found a few bent pages, and decided that I should only get back the price of a used psychology book. I also dropped a math class, but I was afraid that I can't get full price back for the math book I bought. I had to keep the book in case I decide to take the class in the future. Many policies should be changed because I think that not many students are satisfied.

With the size of De Anza College, we should build a much larger book store to welcome more buyers and stock up more of the books students need. Instead of having students leaving their bags in lockers for the awareness of missing books, the book store should have cameras or some other kind of security labels. Many students had dropped their classes for uncountable reasons, the book store should be easier on the return policies. I am looking forward to the improvements of De Anza's book store.

Ngoc Nguyen

Bookstore disappoints new student

Dear Editor

Recently I enrolled here at De Anza College, excited about beginning my future college career. I was often told that college was going to be a lot different than high school, require more time, and more effort. What I did not know was that these tales of wisdom were merely speaking of the book-lines.

I soon found out for myself as my college adventure began. After registering for all my classes, I made my way to the bookstores to pick up some of my mandatory books. I say some because when I arrived at the bookstore a week before school began, they were still ordering some of my books.

After returning to the bookstore numerous times and waiting in hour long lines each time, I was finally set.

I showed up on the first day of class each day only to find that one of my classes was cancelled, and I had purchased the wrong book for another. So it was back to the bookstore for me. Again I waited in an hour long line so the friendly customer service associated with it could tell me that I could not have a full refund on my books. I was outraged! He said I would have to have a printout that proved the class was cancelled or I could only have 90% of a refund. How ridiculous is that! To avoid the dreadful line again I told him to take the 10 percent.

I am a full-time student and a part-time employee and do not have money to be flushing down the toilet. My zero percent on two books could have been gas money for the next two weeks. I really think that De Anza bookstore should think of a few ideas to improve the book buying situation and change their ridiculous policies. I may only be one person, but I know that hundreds more stand behind me. You have just lost one more customer to cheaper alternatives such as amazon.com and many others.

Mariana Jimenez

Flags attract the reader

To the Editor:

I have been thinking about the issue of the name of the school paper. I think that in the case of "The Voice" the name is too bland and I don't think anyone would pick it up. I think the name "La Voz" is interesting and it stands out. The simple fact that the headlines are in English should tell people that it is not a Hispanic paper. People pick up paper because of the headlines, not the paper's name. We need better headlines if the paper isn't successful, not a new name. If the paper isn't done well, then a new name only makes it (if it is) a piece of crap with another name. Keep the name and worry about what's important -- the stories!

Chad Hall
Major: English

"La Voz" should stay

To the Editor,

I think the name of the paper should go back to the original one because the new one "La Voz De Anza," just doesn't sound right. You should consider changing the name or just use the old one because that one sounds better.

Peter Vangvichith
Major: Undeclared

Illegal drugs should be made into legal drugs

To The Editor:

I read the article about drugs in La Voz yesterday, entitled "Smoking Up the Earth." My point here is about national drug policy, and how our society treats people who choose to use drugs or alcohol. First of all, I feel that making a

distinction in treatment of people on alcohol and on other drugs is unfair. Alcohol is just as, if not more dangerous, than most illegal drugs. I think and feel the distinction needs to be made in how people use substances, not what substances they use.

A recreational pot smoker is far safer than a regular drunk. I don't understand the imposition of criminal charges on productive members of society who use drugs recreationally, as I do agree with the safe and responsible consumption of alcohol. People who have substance abuse problems, legal or illegal, need compassion and counseling in dealing with their problem.

Why are we as a society discriminating against people who use certain drugs (illegal) versus people who use others (legal)? The problem of abuse is one and the same. Why do some abuse warrant criminal prosecution while others warrant counseling? I believe that people who use substances safely, responsibly, should be left alone, because it is their choice what they put into their bodies. The government should at least respect the sanctity of the human body and our choice regarding what we put in it.

Those people who develop problems with substances should be given medical or psychological help. Substance abuse is a medical problem, not a criminal justice one. Criminal prosecution should be reserved for those people who commit real crimes, such as rape, homicide, driving under the influence off something, stealing—things that endanger our well being. I do believe in prosecuting people for getting "out of hand" as a result of abuse of substances but why prosecute someone for smoking a joint and listening to a Pink Floyd CD?

Tom Leichardt
Major: Undecided

Paper's name has history

To the Editor:

Regarding La Voz's new name and flag, I think it should be kept as it has been. The name originally came from Spanish, but it doesn't necessarily have the disadvantage of making people believe it is a Spanish newspaper.

I believe that "La Voz" has been around for a while and is well recognized among people on campus, and changing the name and flag could be a disappointment to people who have been enjoying reading the paper. Also, the fonts used for the name "La Voz" presented something unique about the paper and I don't believe it should be changed so easily.

If we want the paper to be acceptable to wider audiences, we should come up with more marketing oriented strategies rather than just changing the symbol.

Chieko Kimura
Major: Undecided

Corrections from November 17, 1998 edition of La Voz

In the story "Disney event in Flint takes parking away from students," a comment about students who are too lazy to find parking was not a direct quote from Ben Rodriguez and was not intended to reflect his feelings. La Voz regrets any confusion.

Passion kills and does nothing for the oppressed

Dear Editor

I am writing in response to David Arney's opinion "A life lived not with passion is not a life." Besides the awkward grammar used in the title, I have a few concern about what Mr. Arney is saying. I do agree with Mr. Arney that one should not live life in complete indifference and apathy.

However, I fail to see the importance of passion in the opinion's potpourri of messages which include passion's significance in history, criticism of passionless modern literature, a laundry list of critical questions dealing with life and the "American Dream", and a Marxist rejection of material wealth.

Mr. Arney begins by explaining the importance of passion and its crucial role in our forefather's revolt against the king that resulted in the democratic country we live in today. The forefathers must have not been as passionate as Mr. Arney thinks because they did nothing to solve the problem of slavery which caused the bloodiest war in American history less than a century later. I guess the forefathers must have run out of passion after the American Revolution. I believe it is not the lack of passion that is the problem. It is the excess of passion and the lack of reason that is the major problem. It would not bother me to see such historic or current individuals like Saddam Hussein with less passion.

Maybe the world would not be brought to the brink of war every few months when that passionate Iraqi leader decides that his sacred privacy of keeping chemical weapons is above the prying eyes of the United Nations.

Mr. Arney then continues on to scold contemporary writers for their lack of passion in their work. I do not see lack of passion as a major fault in a piece of literature. I am sure that, in the course of human history, there was at least one book which was written in the author's most heightened state of passion, that turned out to be horrible. I am confident that contemporary writers like Toni Morrison, Amy Tan, and Maya Angelou will be remembered in history just as much as Jane Austen, who Arney points out as the prime example of an author who wrote "from their passion". I am even more confident that an opinion writer in some college newspaper sometime far in the future will scold the writers of his or her day for their lack of passion compared to the burning desire of the writers of the 19th's.

What is puzzling to me about Mr. Arney's opinion is the two paragraphs of questions concerning the purpose of life and the meaning of the American Dream. He raises questions. Then questions those questions. Finally, he questions the questions to the questions. My question to Mr. Arney: is there any reason to include these supposedly thought provoking questions, other than to fill up an extra two inches of newspaper space?

As I contemplate the meaning of Mr. Arney's opinion, I decide whether it is a passionate message for society to wake up, and not simply spend their lives in ignorant bliss. I think about those who are hypocritical in their beliefs. There is an opinion editor, I am told, who writes opinions and thinks a little too narrowly. He does not consider the ramifications of what he is saying. He simply continues to write in his pessimistic manner. He does all this, not because he realizes it, but because he can.

David Choi

Book store responds to article about new policies, Ladd says La Voz needs to do better

Dear Editor:

The De Anza College Bookstore charged less for over two hundred titles this Fall than in the past years.

But that information wasn't included in a recent article on the bookstore. Unfortunately, the story also contained several inaccuracies and misleading statements. It also failed to represent the intent of the reporter, Charissa Kerr, as an article on the informational sign we posted this Fall, "What has your bookstore done for you lately?", since all the positive points listed on that sign were left "on the cutting room floor" of La Voz. If space was an issue to the inclusion of all the facts, perhaps the editor should have examined page 11 for an article with less direct impact on our students, and used that space for continuation of the article. I do not fault Charissa Kerr, but somehow her ideas about the article she wanted to write and the article which appeared are not the same.

With regards to our new returns penalty, the bookstore does not charge a penalty for "legitimate" returns made by customers as implied in the first sentence, "The college bookstore now charges students ten percent of the price of each returned book." We implemented the penalty because our bookstore had an annual return rate of over 10% (more than double the industry standard). Since our returns during the month of September 1998 were only 4.8%, the penalty apparently had the effect for which we hoped. While Maria Sousanian was quoted as saying, "the bookstore wanted to penalize me [for a legitimate return]," the article fails to mention if we actually did charge her. I would be very interested in knowing the outcome of her situation.

As for the comments about our "crackdown on bad checks," George Kennedy is the District Attorney of Santa Clara County, not the sheriff as stated. Also, there is no "immediate fine" levied as neither constitutional rights nor due process have been eliminated as "immediate fine" implied. And, if a customer fails to respond within 30 days to our written notification of a returned check, we certainly don't call the sheriff as implied by the article. We file the necessary paperwork with the D.A.'s office. It is a crime to write a check with insufficient funds available. While the article does correctly state that in the past we had to write off \$10,000 per year in uncollectable debts, it does fail to mention that each quarter we have from \$10-15,000 in checks returned to us from the bank. And, yes, we have raised our fee for returned checks to \$25.00; however, that matches the fee charged by other departments in De Anza College.

I would like to add that Ken Di Mare, our Courseware Supervisor, is not just "a bookstore employee," but the person who is primarily responsible for ensuring that we have books for our students each semester. Incidentally, Ken has made remarkable improvements in our textbook department in the one year he has worked at De Anza. When I arrived at De Anza one and one-half years ago, we had only 10% used books for sale, now we have over 40% of our textbook inventory available as used books. We also buy back more books from students than in the past.

In closing, we always welcome the opportunity to help people better understand what and why we do business a certain way, just please help us tell the full story. In fact, there is even more detail to the refund penalty than this space would allow and we welcome the opportunity to share this with our students.

Sincerely,
Jim Ladd
Director, Bookstore and Student Enterprises

Corporate contributions worry some at UC Berkeley

Some worry that private donations from business may compromise research and make public institutions privatized

(U-WIRE) BERKELEY, Calif. -- Students are drawn to UC Berkeley because of its standing as a public institution, representing an open exchange of ideas, independent research and uncensored academic dialogue.

What many of these students may not know is that corporations are becoming increasingly present on this campus and others across the country -- a presence that could ultimately threaten the tenets of public education.

In the past 12 years, state funding has declined from 52 percent of the total budget to 34 percent of the budget. As a result, the university has had to look elsewhere for funding.

"There is no question that this reduction in state funding has created a greater interest for this university to raise money privately and build relationships with industry," said UC Berkeley Assistant Chancellor John Cummins.

According to last year's budget, 66 percent of the university's total funding came from private sources. Of this money, a reported 29.5 percent -- \$51.3 million -- is from corporations. In 1977, private sources contributed \$12.6 million to the university. In 1997, this number jumped to \$174.2 million.

These facts beg the question, in what direction is the university headed, toward

the privatization of a public school? And, even more important, will this merger with big business have an effect on education?

Of the university's many colleges, the College of Natural Resources, the College of Engineering and the Haas School of Business receive among the highest amounts of private funding. These schools, not coincidentally, have the closest ties to big business.

"There is no question that professional schools have ties to their corporate sector based on their alumni," Cummins said. "This relationship may give those schools an advantage over the humanities, but there are things the university can do to counterbalance this."

For example, he said, the university can work to raise additional funding for the humanities departments through focused and specialized attention from the university's development office.

Recent groundbreaking deals between the university's colleges and private firms have drawn heightened attention to the debate over privatization.

The College of Natural Resources and the biotechnology firm Novartis signed a multimillion dollar contract last week that will fund research within the college.

Although university administrators said the deal is a great step forward for building

the college's integrity, some students and faculty are worried that the agreement may hinder the freedom of university research.

But, according to one College of Natural Resources official, the fear that corporations are somehow running things is unfounded.

"There are checks and balances within the university to ensure that the work here goes on as it is supposed to," said Rosemary Lucier, director of college relations for the College of Natural Resources. "Corporate giving has a definite positive impact on research -- it expands the possibilities of what is already going on."

For example, the increasing cost of research, caused by the continuous need for updated technology, creates a greater financial need in order to remain competitive with other leading universities.

One administrator at the College of Engineering, who declined to give her name, said there has been a long-standing relationship between the professional field and the engineering department.

"Students need to be aware of what they need to know in order to function in the working world," she said. "We need to stay on the cutting edge of research and, as a result, we need to maintain a relationship with big business."

Corporate funding remains a very complex issue, however. To begin with, there are

several types of corporate donations. Some gifts may be given in support of the general operations of the university as a whole, while others may be applied as gifts given for specific research or special projects.

According to UC Berkeley spokesperson Jesus Mena, the faculty on campus are conscious of any and all stipulations that may be attached to corporate donations.

"The faculty here is heavily guarded against becoming an arm of the corporate industry," Mena said. "They come here for the express purpose of conducting research that is independent from corporate influence."

And while corporations do contribute money, there are often strict guidelines surrounding these donations to ensure faculty independence, he added.

Despite these claims, students across the country are concerned with corporate influence over public universities. While they recognize that state funding is declining across the nation, some have said they do not feel this validates the corporate funding trend.

Eric Brakken, chair of the Associated Students at the University of Wisconsin at Madison, is involved in a national council that has been discussing the corporatization trend. He said that increasing corporatization fundamentally changes what public

education is for and who it is designed to serve.

"The function that society has given to public universities is for students and faculty to engage in broad, uncensored public debate," Brakken said.

"We have to make a decision about whether we are going to look for private sources to buy us out or whether we are going to really fight on the front for what public education is about."

Here at UC Berkeley, student groups have expressed concern about a potential corporate takeover of the university. Senior Bonnie Koo, co-founder of the student group Nindakin, which fights for environmental and economic justice, said the effect on students is actually indirect.

"Corporations are being allowed to recruit in all fields because of their contributions," Koo said. "Instead of the general education public universities are supposed to provide, this institution has become a training ground for big business employment."

While faculty members throughout the university are quick to dismiss the notion that these types of corporate funds have any impact on the quality of public education, some students maintain that in the long run the effects could be drastic.

Sleep often a dangerous afterthought during finals week

(U-WIRE) STANFORD, Calif. -- Lack of sleep or improper sleeping habits can result in reduced productivity, increased car accidents and even increased heart troubles, according to a recent study published in *Vibrant Life*. A recent New Hampshire study found that two out of three high school students claimed they suffered from lack of sleep, while one out of five reported they had fallen asleep while driving.

The same story is true for adults too. While adults need to sleep seven to eight hours a night, some may need more. A recent study showed that those who only slept six hours a night on average experienced more frequent health problems, and even a shorter lifespan.

A person's sleep cycle is subject to biological patterns called circadian rhythms. These internal rhythms

are linked to the day-night cycle, responding to the fluctuation of light.

Melatonin - the hormone most closely related to circadian rhythms - is secreted upon exposure to darkness. As darkness falls, messages are sent from eyes to the brain via nerve pathways. These end in the pineal gland, located deep in the cerebral hemisphere, which releases the melatonin. Researchers suspect that melatonin is the major inducer of sleep in the circadian cycle.

Other sleep triggers may arise from the internal cycles of body chemicals or may be related to the immune system, which may trigger sleep as a natural defense against disease. Although researchers are undecided on the exact nature of these sleep triggers, the

end result is the targeting of small clusters of brain cells called raphe nuclei. These nuclei send nerve impulses that turn off wakefulness centers in the brain.

The cycle of sleeping is made up of many different stages which fluctuate during sleep. Most dreams are experienced during rapid eye movement sleep, or REM. Brain activity actually increases by about 20 percent during this sleep phase. REM is required to make sleep restful and refreshing.

Subject to the normal cycles of sleep, the body switches between REM and non-REM sleep every 90 to 110 minutes on average, with REM sleep taking up five to 30 minutes of each cycle.

Your body's rhythms may strike during the daytime also. Although afternoon sleepiness is often attributed

to large meals, it is actually just a typical result of the fluctuation of the sleep cycle.

In order to maintain the most consistent sleep patterns possible, researchers suggest avoiding chemicals which can wreak havoc on these normal cycles.

Alcohol can disrupt REM sleep, and sleeping pills can harmfully adjust normal sleep patterns. Smoking can also inhibit good sleeping, because nicotine is a stimulant.

The reason that college students are such complainers of lack of sleep may be attributed to the lack of a fixed sleeping schedule. Studies have shown that it is best to keep sleep patterns and get up at the same time every day. Even if you sleep later than normal, it is suggested that you wake up at your normal early hour.

Finals Schedule

Day classes that meet Monday and Saturday only

Final will be for two hours on the last day of regular classes at the regular scheduled class meeting time before finals week.

Day classes that DO NOT meet on Thursdays but meet on other days

7:30am.....	7 - 9am Tuesday, December 8
8:30am.....	7 - 9am Wednesday, December 9
9:30am.....	9:15 - 11:15am Thursday, December 10
10:30am.....	9:15 - 11:15am Friday, December 11
11:30am.....	11:30 - 1:30pm Tuesday, December 8
12:30pm.....	11:30 - 1:30pm Wednesday, December 9
1:30pm.....	1:45 - 3:45pm Thursday, December 10
2:30pm.....	1:45 - 3:45pm Friday, December 11
3:30pm.....	4 - 6pm Thursday, December 10

Day classes that meet on Thursdays and a combination of any other days

7:30am.....	7 - 9am Thursday, December 10
8:30am.....	7 - 9am Friday, December 11
9:30am.....	9:15 - 11:15am Tuesday, December 8
10:30am.....	9:15 - 11:15am Wednesday, December 9
11:30am.....	11:30 - 1:30pm Thursday, December 10
12:30pm.....	11:30 - 1:30pm Friday, December 11
1:30pm.....	1:45 - 3:45pm Tuesday, December 8
2:30pm.....	1:45 - 3:45pm Wednesday, December 9
3:30pm.....	4 - 6pm Thursday, Friday, December 11

Evening Classes

Regular evening class time designations:
 Twilight: classes starting before 5:25pm
 Early: classes starting between 5:30 and 6:25pm
 Late: classes starting after 6:30pm

Mon./Wed. Twilight.....	4 - 6pm Wednesday, December 9
Mon./Wed. Early.....	6:15 - 8:15 Wednesday, December 9
Mon./Wed. Late.....	8:30 - 10:30pm Wednesday, December 9
Tues./Thurs. Twilight.....	4 - 6pm Tuesday, December 8
Tues./Thurs. Early.....	6:15 - 8:15pm Tuesday, December 8
Tues./Thurs. Late.....	8:30 - 10:30pm Tuesday December 8
Monday Only.....	6:15 - 8:15 or 8:30 - 10:30pm December 7
Tuesday Only.....	6:15 - 8:15 or 8:30 - 10:30pm December 8
Wednesday Only.....	6:15 - 8:15 or 8:30 - 10:30pm December 9
Thursday Only.....	6:15 - 8:15 or 8:30 - 10:30pm December 10
Friday Only.....	6:15 - 8:15 or 8:30 - 10:30pm December 11

Internet relationships becoming more common

Experts say internet allows for easier interpersonal communication

(U-WIRE) AUSTIN, Texas -- It's the classic boy meets girl story -- with a decidedly '90s twist.

Andrea Chytil, a business sophomore, thought little of giving her e-mail address to a man with whom she'd made a casual acquaintance during an airlight from New York to Austin. To her surprise, however, she began receiving e-mails from the man's son -- a senior at West Point -- and with the help of e-mail, the two started dating.

Welcome to the relationship that e-mail built.

Although the two have spoken on the phone numerous times and met face-to-face twice, Chytil said e-mail proved invaluable to their relationship. "E-mailing was the only way we became friends ... nothing would have ever happened if it wasn't for e-mail," Chytil said.

With the advent of cyberspace, electronic mail has become a highly popular method of maintaining relationships because of its speed, ease and low cost.

These very characteristics have the potential to strengthen or weaken the relationship, depending on how people choose to use e-mail.

In Chytil's case, e-mail has bridged her initial unfamiliarity with the senior at West Point in several ways, allowing them to gradually get to know each other.

With e-mail, Chytil avoided long-distance phone bills and used her computer as a virtual answering machine to keep in touch despite their very different schedules.

In addition to those practical benefits, e-mail acted as a kind of emotional buffer, allowing the two to express themselves without the anxieties of being face-to-face.

Using e-mail, Chytil said, she was able to "test the waters" and get to know her friend to such a great extent that when she finally met him at this year's Texas/OU game, they hit it off. "We went to the fair, just cracked up [laughing] and had a great time -- like we were old friends," she said. "It was the first time we had ever met, but we had been friends for about two months."

Easy disclosure of personal information seems to be one of the main appeals in cybercommunication, said Kathryn Maguire, a speech communication graduate student at Texas State University. Maguire just finished a preliminary study on the role of computer-mediated communication in preestablished, "off-line" relationships, specifically romantic relationships.

Maguire said that some couples find it easier to express themselves emotionally over e-mail and Internet chat than in person. "One of the biggest impacts over both types of relationships -- computers allowed them to say things they weren't comfortable to say face-to-face."

Mostly the affectionate comments [like] "I love you," Maguire said. In the study, Maguire divided relationships into two categories: proximal -- those who lived in the same area -- and long-distance. She observed how, especially in long-distance relationships, e-mail made those involved feel more a part of their partner's life.

Computer-mediated communication, she said, "allowed [long-distance relationships] to have the daily chit-chat, the kind of things most proximal people take for granted."

In addition, e-mail provided a cheaper method for maintaining contact. "Money is a factor in relationships long-distance," Maguire said. "A lot of them say they still telephone, but e-mail allows for [a] more frequent type of discussion."

But Maguire pointed out that access to e-mail is still limited to those who can afford the technology and Internet service -- which averages \$20 per month. "This is a luxury item for a lot of people," Maguire said.

Maguire said some participants in the study didn't like the lack of tone of voice in e-mail from which to draw contextual clues. Maguire also said communication through e-mail and chat can cause "flaming" -- where people speak more negatively than they would in real life -- because they aren't face-to-face.

Another potential disadvantage, Maguire said, is the quick-send characteristic of e-mail, which permits easily-sent messages and just as easily easily-sent mistakes.

"You think people can articulate the perfect message -- but then again, we might write something out in frustration and vent, then you hit the send key and it's done," Maguire said, adding that people seldom edit e-mail.

Jodie Lutkenhaus, a chemical engineering sophomore also from Texas State University, who recently broke up with her boyfriend through e-mail, said she regretted doing so.

"I felt like I should have broken up with him definitely -- but not over the Internet, because that's an impersonal way of doing it," Lutkenhaus said. "I kind of wanted to take it back, but I couldn't."

Lutkenhaus said she chose e-mail to avoid direct confrontation. "I didn't want to call him because I didn't want to hear the pained tone in his voice," Lutkenhaus said. Nor did she want to see him face-to-face, because she felt she saw him too often already, she said.

Lutkenhaus is currently using e-mail to maintain a relationship with a guy from Fort Worth Texas. She is frustrated by his brief responses to her messages.

"He's such a nonverbal person, so we've really grown apart because of that," Lutkenhaus said. "I'll write pages and pages, and he'll reply with three sentences."

Nevertheless, any communication is better than no communication at all, said Dr. John Daly, a University of Texas speech professor who teaches about interpersonal communications. "I think e-mail has helped because it makes you accessible in more ways," Daly said. "You can respond constantly. You can carry on a conversation all day long."

Daly stressed the importance of communication for relationships. The more personal, he said, the better. "It keeps people together," Daly said. "If you use e-mail as a replacement for face-to-face communication, then there's problems," he warned.



De Anza alumna wins power lifting world title

By Ed Martinez
Special to La Voz

Portland, OR -- Regina Magno, a former De Anza College shot put and discus thrower, continued her successful athletic career by winning the Women's Open World Championships in her weight class for the dead lift and bench press at the World Association of Bench and Dead Lifters (WABDL) World Championships held at the Columbia Convention Center Holiday Inn in Portland, Oregon on November 13-15, 1998.

After graduation from Salinas High School in 1991, Magno graduated from De Anza College in Cupertino, California in 1993 where she placed third in shot put in the 1993 California State JC Championships.

Her athletic abilities and achievements earned her an athletic scholarship to Boise State



Regina Magno at the WABDL World Championships in Portland Oregon.

University (BSU), where she graduated in 1996 with a B.S. degree in Political Science.

Magno's contribution to the women's track and field team helped earn two indoor and two outdoor conference championships for the Dons.

"It does not surprise me whatsoever that she won the title," said De Anza Track and Field Coach Al Vacio. "She always did the best at whatever she tried to do. She was a very hard worker," said Vacio.

In 1995, Magno began powerlifting at Boise State, and competed at the Collegiate National Championships in 1996, placing sixth and setting a collegiate record in the dead lift. Her success continued earlier this year, as she placed fourth at the USA Powerlifting Federation Nationals. Magno set the record with a dead lift of 390

pounds at the Northwest Regional championships of the WABDL, held in Springfield, Oregon.

With her win at her first world championship, Magno is now looking forward to defending her title in the 1999 WABDL World Championships tentatively scheduled for Calgary Canada.

Magno, employed by the Bureau of Reclamation in Boise is an active volunteer with Partners in Education Lunch Buddies, a program sponsored by the BSU, Barnes and Noble and the Bureau of Reclamation.

Magno also has been the Throwing Coach for the boys and girls shot put and discus team at Bishop Kelly High School in Idaho for the last two seasons.

Raiders or Forty-Niners; you decide

Byran Fields



49ers

Peter Duong



Raiders

The San Francisco 49ers have seemed to face adversity every year since 1994, and the critics are always quick to jump off the bandwagon and this year is no exception.

Ever since the Niners defeated the Chargers in the Superbowl in 1994, they have not found a way to get back to that great moment of holding up the Lombardi trophy.

Since 1994, critics are quick to write off the Niners as a contender for the Superbowl, but as history shows, they always seem to be there in the end.

Critics are always ready to count out an elite team, and that is what the 49ers are, an elite team. For the past two years the Niners have come within one game of the Superbowl. 1998 has brought probably the most adversity to the team in many years however.

When Jerry Rice was injured for most of the season in the first game of the 1997 season vs. the Tampa Bay Buccaneers, everybody said it was over for the Niners, but as all top teams do they rose to the occasion. WR's Terrell Owens and JJ Stokes led the team in receptions and RB Garrison Hearst helped get the Niners back to the NFC championship game.

1998 is no different for the Niners, they have lost star defensive tackle Dana Stubblefield to free agency, their great blocking FB "Bar None" William Floyd to free agency, TE Brent Jones retired, Carmen Policy left for Cleveland and Jerry Rice still is not the same since his injury, but yet the Niners still have a winning record and are second in the NFC west.

True the Niners are struggling this year, but all teams face adversity. So you Niner haters shouldn't hate the Niners, because they are the elite team in the Bay, of course, and one of the most successful franchises in the NFL.

Every year people are ready to pack their bags and jump off the bandwagon, and at the end of the season when the Niners are once again one game away from the superbowl people are ready to get back on.

We will see where the Niners are at the end of the season (hopefully on their way to winning their sixth superbowl), and how many critics who knocked them off at the beginning of the season are now eating their words.

The Oakland Raiders were 7-3 coming into the game against the defending Super Bowl Champion Denver Broncos. The Raiders had everything going right for them. Their defense has gone from the worst in the NFL last season to one of the best two or three this season. The improvement has been so remarkable that new defensive coordinator Willie Shaw unquestionably will be deserving of serious consideration as a coaching candidate after the season.

The Raiders have blitzed a lot more this season. But more importantly it's when they have blitzed. More than half of their blitzes this season have come on the first and second down. This has led to one thing: the Raiders have the best defense in the league at preventing third-down conversions. Because opponents are not going anywhere on first and second down, they end up with third-and-longs against the Raiders. In fact, the Raiders faced the second-highest number of third downs of six yards or longer in the NFL before last weekend.

Their backup quarterback, Donald Hollas, was undefeated and the defense was third in the league. So what happened to the Raiders when they played against Denver? Every team has a bad day, and last Sunday was the Raiders'. The Broncos outgained the Raiders 397 yards to 294. The Broncos had 196 yards rushing compared to only 49 by the Raiders. Elway completed 17 of 25 passes gaining 197 yards and three touchdowns, and becoming only the second quarterback in NFL history to pass for more than 50,000 yards. The Broncos routed the Raiders 40-14.

After Oakland cut the deficit to 17-14 on a 14-yard TD pass from Donald Hollas to James Jett with 5:06 left in the third quarter, The Broncos effortlessly took it up a notch and pulled away. Terrel Davis ran through the Raiders' defense effortlessly, Davis gets closer and closer to the 2,000 mark every game and Sunday was no different. He gained 162 yards on 31 carries and a score.

Hollas lost as a starter for the first time in five games this season. He completed 20 of 35 passes for 270 yards with two touchdowns and three interceptions.

So what's next for the Raiders? They face the Washington Redskins (2-9), at home, which should be an easy victory. Oakland leads the all-time series, 6-2, including a 20-8 victory in the last meeting in 1995. The Redskins are coming off a loss to the Arizona Cardinals 45-42, which was the highest scoring NFL game this season. Plenty of tickets are available I imagine. The last few Raider games were not shown on television due to blackout. Who knows, they may just raffle off the tickets to get a bigger turnout.

Let's hope the Raiders win.

Ski and snowboard resorts offer fun

By Bryan Fields
Staff Writer

With the winter season almost here, it means ski season is back again and time for skiers and snowboarders to start hitting the slopes once again. Before heading out to the cold this year and experiencing the lovely feeling of numb fingers and your face hitting the snow, check out this guide to some of the best places to ski/snowboard and what to expect for the upcoming '99 ski season.

This season is expected to bring plenty of snow to the resorts either naturally (good ol' mother nature) or by those cool state of the art machines that instantly make snow. However the snow should happen to get there, this should be a good year for skiing. Most of the major ski resorts have officially opened and for the most part are fully operational.

Alpine Meadows: This popular resort is open from 9am-4pm and the snow is packed and machine groomed. They have 100 skiable trails, 17 expert runs, 18 advanced runs, 40 intermediate runs and 25 beginner runs. A new half-pipe and terrain park opened up this season

for snowboarders and they expect to have plenty of snow. There are 100 total trails for snowboarders, one half-pipe and a two snowboard shops within 10 miles.

Heavenly ski resort: Open from 9:00 a.m. to 4:00 p.m., Heavenly gets more than 20 feet of snowfall a year, which makes for great skiing and snowboarding conditions. There are 79 skiable trails, 18 expert runs, 17 advanced runs, 45 intermediate runs and 20 beginner runs. Snowboarders have access to all 79 trails and a terrain park.

Kirkwood ski resort is open from 9am-4pm. Kirkwood has 65 skiable trails, 15 expert runs, 20 advanced runs, 50 intermediate runs and 15 beginner runs. Kirkwood is another good resort because it has a 7,800 foot base elevation, and if you don't know what the heck my point is, it means they get some of the best snow each year. Not to mention that Kirkwood claims they have one of the most state of the art snow machines to help produce snow as well. Snowboarders get to experience all 65 trails, a terrain park, one half-pipe and a snowboard shop within 10 miles.

Northstar is opened from 8:30 a.m. - 4:00 p.m. Northstar



Special to La Voz

was rated one of the top 25 ski resorts in the west and one of the top five family ski resorts in North America. Northstar's conditions are packed powder/machine groomed. There are 63 skiable trails, 25 advanced runs, 50 intermediate runs and 25 beginner runs. Snowboarding is allowed on 63 total trails and a terrain park that has two half-pipes.

Some other good spots you may want to consider going to are Mt. Shasta ski park, Squaw Valley and Snow Summit.

After talking to some students on campus, you can get an idea of where some others enjoy going. Sophomore Nelson Ching likes

going up to Horse Mountain. He says "there aren't any lifts or anything - just a mountain with some jumps and stuff. It's fun up there, but you have to hike back up the mountain."

Freshman Sheila Eghbali enjoys skiing at Squaw Valley. She says, in comparison to Northstar, "I like going to Squaw Valley because they have an ice rink and more to do there than Northstar, it's just more fun."

Now that you are up on some of the best places to go skiing/snowboarding this winter (you true ski buffs probably already know about these spots), put the on the chains and happy skiing/snowboarding.

Water polo finishes season second in conference

By Ali Abdhollahi
Staff Writer

After a 1997 season which they finished with a record of 0-13, the De Anza men's water polo team had nowhere to go but up, and that is exactly what they did.

Despite returning only two players, the team accomplished an astounding turnaround, ending the season 8-8-1, and managed to place second in the Coast Conference. "We started the season with three guys, then to six and then it grew to 20," said head coach Justin Nicholas, "We have come a long way in a short time."

When asked at what moment they knew that this would be a much improved year, most players point to the early stages of the season. "Beating Cabrillo (College) in the Ohlone (Preseason) Tournament was very important for our team," said sophomore Jacob Headly, the team's co-captain and one of only two returning players, "because they are in a stronger league, so that victory

showed us that we can go on to beat other good teams."

Other players, however, selected later dates as highlights for the season. Leading scorer Lee Conant said, "The games against Marin were probably our best game because in the first game, they would be up then we were tied a couple of times and then we won by three points. But the second game we just blew them out of the water from the beginning."

"Definitely our first game with Marin," said co-captain and the only other returning player Mike Allegretti in agreement with Conant, "that was the first real league team that challenged us to compete hard, and we did."

Although acknowledging the Marin game as a turning point, Allegretti chose a heart-breaking season ending defeat at the hands of the team that would edge them for the league title as the defining moment of his team's character.

"The final game of the year at Foothill was our best game. We were getting some horrible calls from the refs, but we

stayed in the game and did not get discouraged. I would say as far as level of execution and as far as our integrity, that was probably our best game of the year," said Allegretti.

Although they insist on putting team goals first, this much improved season did not go without several individual accolades as well.

Conant, Allegretti and sophomore Kevin Bosch were all selected as second team all-league, and Headley was selected to league's first team as a field position player.

Coach Nicholas, himself a former All-American water polo player at College of Marin, sees another vast and swift improvement from his team's 4-2 league and 8-8-1 overall record in the future.

"We have only been playing together for three months and already we have made tremendous steps. With (freshman) Jason Weaver and Jason Chavez returning we should have a full squad to begin next season. We will continue to improve."



Jal Singh / La Voz

De Anza mens water polo team goalie, Evan Kuntz, makes a successful block in a game earlier this season

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Jai Singh / La Voz

Nick Crane hastily defends the ball from a Santa Ana player in De Anza's 2-1 loss against Santa Ana in the first round of the State

semi-finals held at De Anza on November 28. The mens soccer team ended fourth in the state after winning the title last year.



Chris Anderson / La Voz



Chris Anderson / La Voz

(Top) Shawn Salley fights off an opposing Santa Ana player. (Above) Juan Torres tackles his opponent, preventing capture of the ball.

Mens' soccer loses in semi finals

By Patrick Okoh
Staff Writer

The California Community College Men's Soccer Championship was held on Saturday, November 28th. The two-time champions, current champion and second seeded team representing Northern California was De Anza College. De Anza played host to Santa Ana, first seeded regional champions from Southern California. Santa Ana, never having won the State championship and having just skimmed through the third round by penalty kicks against two time champions, Glendale college, looked ready for a do or die match.

The California Community College Soccer Championship brought together the top teams in the state, bringing out an intense battle resulting in several counts of yellow and red cards being handed out. Santa Ana shot into the lead with a fast break from a free kick resulting in a counter attack, De Anza defense could not respond quickly to the attack and cracked, resulting in an early minute goal.

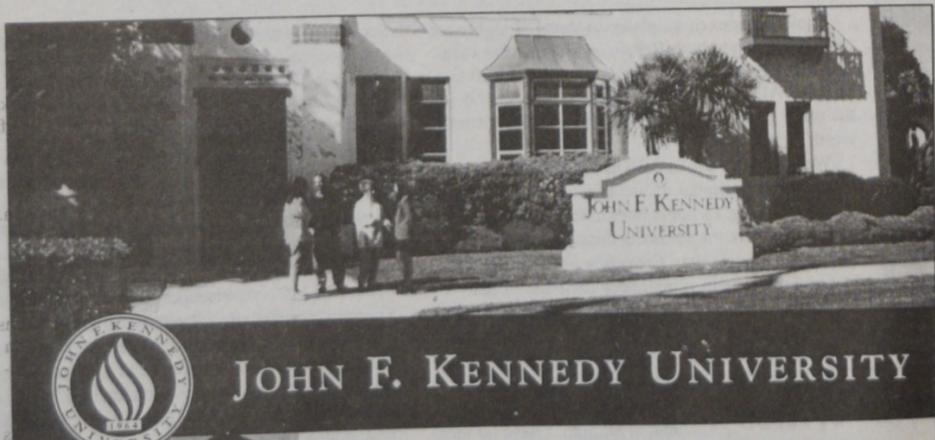
The Dons wasted no time coming back within eleven minutes, a well constructed goal drew the teams level and the ending of the first half.

The field conditions made it hard for both teams to put passes together, until a cross from

Santa Ana's left wing, which was intercepted by a bicycle kick, beat the displaced De Anza goalie for Santa Ana's second goal in the 61st minute.

De Anza, down by a goal, began to build up the pressure. Enrique Tovar squandered a while, then took a corner kick and headed the ball a few inches off target. Peter Wallace also had a fast break down the left wing but just could not connect with the cross. Mitch Guerra also missed what seemed to be an equalizer in the dying minutes. Thus, the De Anza team lost 2-1, Santa Ana advances to the final and the Dons are left to recuperate.

The Dons look forward to a successful season next year, with plenty of time to prepare.



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Christmas travel tips, make it cheap

How and where to get the best deal on tickets for vacation out of town, and places to go to.

The Christmas break is nearing, and what better way to spend a few weeks away from school than to get away from it? Getting away though can be as hectic as getting a hold of Furby's and Beanie Babies, and almost as expensive - especially if you plan on flying.

According to Jason Hingus, a travel agent based out of Santa Cruz, prices around this time can be double or triple their normal rates due in part to availability and the amount of people who have time to travel during December.

BY Nelson Ching
Editor in Chief

"Whenever people have time off, they travel. That's why the peak seasons are from Thanksgiving to December and in the summer time," said Hingus.

The best way to save some money on airfare is to book your flight now. Most airlines offer a discount if reservations are made at least 14 days in advance. The cheapest rate from the major airlines for a flight to Los Angeles International Airport, from San Jose, for tickets purchased at least 14 days in advance is \$108, according to the Yahoo's Travel page (<http://travel.yahoo.com>). If you wait longer to make your reservation, prices jump to the \$200-\$300 range for the same flight.

"If you try to book a flight now, it's going to be pretty expensive," said Hingus. "Most people who plan to travel (around Christmas), plan their vacations up to a year in advance," Hingus added.

Although flying is convenient, the most economical way to travel is to drive.

"If you want to save money -- drive," said Hingus.

With gas prices falling to as low as \$0.99 a gallon in parts of San Jose, it is possible to get to Canada for \$50, assuming the average car gets 25 miles to a gallon.

Although the South seems to be more pleasant than the North (it's for the birds) the North Coast can be just as fun, although wetter. Humboldt County, the least populated county in California is a perfect place for quiet winter nights.

Many of the old Victorian houses, built out of the redwood trees that engulf Humboldt County, have been converted into bed and breakfasts. Spending a weekend stuck by a fire, in a bed and breakfast surrounded by redwood trees, that sound too bad. Current, "off-peak" rates are in the \$45 per night range at many bed and breakfasts in the Eureka area.

"I love Arcata (Humboldt County) in the winter," said Alexis Meyer, a former student at Humboldt State University, "There is something about the rain that is soothing and romantic."

Typical ski or snowboard weekends can be done inexpensively for the more adventurous. Lift tickets at Lake Tahoe are in the \$40-45 ranges and lodging can run from \$25 a night on the South side of the lake to over \$200 a night in other parts. Going to the snow for a weekend is a stress reliever for some students.

"There is nothing like going snowboarding after a long week of school," said Seth Crenstow, a Biology major, "It relieves a lot of stress that you have pent up, and afterwards I am refreshed for the next week."

Although traveling can be expensive, it doesn't have to bankrupt you. Now get out of here.

Journey into

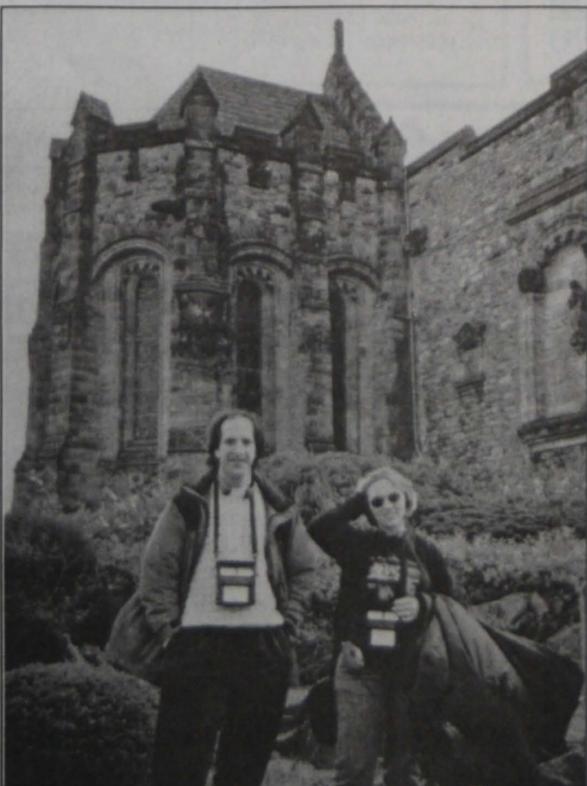


England

What is there to do other than ski trip house during vacations? Europe and travelers and some students have areas. Others have gone on cruises at reasonable prices. Two important things cheap way to travel and spend a night that revolves

Europe brings out the best

Reporter takes you through the adventures in going to di



BY Jennifer White
Staff Writer

A view of Stonehenge, England (TOP). White and her mother's boyfriend, in a castle in Edinburgh, Scotland. (LEFT). White and her mother in Avebury, England (BOTTOM).



Looking for exciting places to travel? I highly recommend going to both Britain and Israel after vacationing there with my mother and her boyfriend last summer. Although the trip is quite costly (mostly just the plane ticket) and the plane ride is long, it is well worth it.

We began our trip at 3:30 in the afternoon in the International Terminal of San Francisco International Airport, landing 14 hours later in Edinburgh, Scotland, where the summers consist of slightly less rain than in the winter. Crowding into my uncle's Volvo, I once again experienced the burst of fear caused by driving on the left side of the road and the lack of stoplights. Instead of traffic lights, they have horrid things called roundabouts (imagine a circular

island in the middle of an intersection) in which cars go whipping around at 60 mph. I have no idea how these actually work, but somehow they do, because Britain has proportionally less car crashes than the United States.

Despite this, Edinburgh is the most beautiful city I have ever visited. The constant rain allows lush plant life; I have never seen that shade of brilliant, natural green anywhere but Scotland. In addition, most of the buildings are from the Middle Ages, with beautiful stonework.

High Street, a common tourist attraction, is a cobblestone street slanting up a hill. It is framed on both sides by tall, gothic buildings with a sprinkling of cathedrals in various places. The Queen's official palace in Scotland, Holyrood, lies at the base of the street, while the medieval Edinburgh Castle towers over the city at the top of the hill.

Edinburgh Castle is the most worthwhile thing to see in the city; it is absolutely stunning. Although you can take a traditional guide-led tour, it is far better to take the self-directed CD tour; they actually give you a box with a CD player inside, so you can repeat or skip over the little stories about each part of the castle. The sound quality is excellent, of course, as the guide describes the bloody parts of

Scotland's history, (which is pretty much every part) swords clink, people moan and cheer, and women scream in the background, all quite clearly. The ramparts of the castle also offer an excellent view of the city and the surrounding countryside. For people obsessed with all things Celtic, there is an excellent gift shop full of jewelry, prints, clothing, trinkets, and even some weapons.

Next on the trip was London, England. Although London is not as nice as Edinburgh, it is still much prettier than any American city. The wonderful thing about London is that it has something for everyone. Shoppers can flock to Piccadilly Circus, the area named for the roundabout in its center. The stores range from cheap tourist stands to upscale Rockefeller-only boutiques. London also has even more plays than New York City, centered in the West End, which was conveniently our hotel's location. I must recommend Miss Saigon, the one musical we were able to catch; it was absolutely stunning and the cast was incredible.

The tourist attractions number many. We visited the Tower of London, Buckingham Palace, Big Ben, St. Paul's Cathedral, Hyde Park, and Westminster Abbey, to name a few. All are very interesting and steeped in legend and history. Walking along the River Thames, we had to agree that it was the cleanest metropolitan river we had ever seen. The museums are also wonderful, especially the British Museum, which displays the Rosetta Stone. Art lovers should visit the Tate Gallery.

London has a thriving nightlife, and boasts a number of excellent clubs. My favorite was Limelight, a dance club that focused mainly on eighties Britpop. The clubs tend to stay open extremely late, until near sunrise.

Lots of pubs also stay open that late as well. Pubs are really the only place to eat in London; the food is very cheap, and very good. Any other cheap food is really bad, although most of the more expensive restaurants are good too. The only exception is the Indian restaurants; there are so many Indians in London that the food is cheap, good, and similar to that which you would actually find in India.

From London we went to Stonehenge and the Avebury Rings. Unquestionably, that was the best day of the vacation. If you spend any time in England, you absolutely must go there. There was something

Sea the wet world, off to a wild cruise

A reporter's personal experience on a cruise, giving the best advice to take advantage of the opportunities.

BY *Jolynn Masuhr*
Staff Writer

the holidays



Courtesy of Jennifer White/La Voz

and going over family and friend's... Asia are popular places for tourists... spent their vacations exploring those... experience the entire trip with rea-... for De Anza students are, to find a... vacation away from all the stress... pound school.

experience

erent countries in Europe.

incredible about visiting the ancient sites. Avebury, although lesser known than Stonehenge, is on a more impressive scale. It is a circle like the former, but so large that an entire town (Avebury) fits inside of it. There are also more concentric rings within.

Unfortunately, many stones were knocked over to make buildings in the town, an impressive feat even with today's modern technology; some stones weigh over 75 tons. How on earth the druids placed them here thousands of years ago remains a mystery, especially since some of the stones can only come from one place: Wales, a country far to the north.

The last leg of our trip was to Israel, where we stayed in a small apartment in Jerusalem. Jerusalem is truly ancient; some of the buildings have been there for thousands of years. It is also very pretty, although not as much as Britain. Instead, there is an indescribable feeling in the air, a sort of holiness and sanctity surrounding the city. Although I am not very religious, I could understand why so much war had been fought over the place. It was fascinating to walk over the ruins of cities that had been destroyed in Biblical times; many a time I would recall a long-forgotten Sunday school story about the very place I was standing on.

Israel also boasts wonderful beaches. The Mediterranean was actually warm, a perfect temperature for swimming, and the days were gorgeously clear (albeit very hot). The only place unsafe to swim is in the Dead Sea, which is so sulphurous that nothing can live in it. It is, however, extremely buoyant; it is effortless to float and nearly impossible to seriously swim.

Middle Eastern food is excellent. While there, I fell in love with falafels, which are a sort of sandwich of falafel balls, some tangy sauces, and vegetables wrapped in pita bread. We also snacked constantly on humus and pita bread. In one restaurant, I ordered a salad, and what came to the table were tomatoes, mozzarella cheese, olives, and some herbs floating in olive oil with a loaf of fresh bread. It wasn't what I considered salad, but it was one of the most delicious things I have ever tasted.

Overall, my trip was extremely fun and I experienced lots of new things. All three countries are beautiful and have lots of interesting, unique things to do. Just save up some money for the plane ticket and go; in my opinion, it was worth more than we paid.

Cruises offer entertainment, activities, plenty of food and are a lot of fun especially for young people. The cabins are comfortable and the crew works hard to make sure the passengers are comfortable. The primary reason we chose a Carnival cruise was because we heard that this ship caters to young people.

To fully enjoy a cruise, make sure to do your homework, which varies depending on what you like to do. If you like to shop, make sure you compare prices. Find out which items are duty free so you have a basis for bargaining.

If you are more a tourist and interested in site seeing, make sure you already have a plan before you get to the islands, because once you get there the time goes by fast and the locals try to rush you.

There is a lot of shopping hype while you are on the ship, and the ship does a good job preparing you for the shopping events. The ports give schedules of when ships are going to arrive to the local merchants. Keep in mind that tourists are the main source of income for most of the merchants on the islands.

Also, set a limit for the Sail and Sign card that is given to you to charge all items on the ship to your credit card. Take plenty of small cash for tipping and taxis.

When we decided to go on a cruise, we met with a couple of travel agents to see what the best prices and recommended cruise lines were. Based on their suggestions we decided to book on

Carnival Cruise Lines. We ended up giving our money to the travel agent who offered to upgrade our room for a small amount if we went with his company. This was well worth it as the upgrade put us on the top deck with a balcony.

Our package was a 5-day cruise to San Juan, Puerto Rico, St. Thomas, Virgin Islands, and St. Marteen, which roughly costs \$1500.00 per person for a week cruise. This included all taxes, port fees, round-trip airfare from San Francisco to Miami with overnight night stay in Miami, and a shuttle ride to the ship and back to the airport. All the food and non-alcoholic beverages were also included in the price.

Our cabin was very comfortable. It had a sitting area, wet bar, TV/VCR, queen size bed, shower, and an outstanding view especially from the balcony.

The weather was cloudy when we left port, but out in the sea, it was very warm. The weather was drizzly a couple of times, but it was a warm drizzle, and it did not bother anyone because it only lasted for a short while. During the night, it was about 70 degrees. One night a sweater was necessary but overall the weather was nice.

The atmosphere of the ship seemed like it was straight out of the 70's. The interior had a lot of brass, abstract and glass, and loud colored carpeting in geometric, psychedelic shapes.

There were a number of different bars and each had a different genre depending on the type of music the band played. The main nightclub held entertainment for single cruisers, similar to the dating game. This bar was the most popular bar. There was also a piano bar, where we sang along with an Elton John wanna-be. Another favorite bar was the jazz

room, which was catered to a mature crowd in their mid 30's-40's. Live entertainment was available in most of the bars on the ship.

Our cruise director announced the evening's entertainment every night. Themes included Las Vegas style show girls signing and dancing, Las Vegas style magic show, and a Las Vegas style comedian. Imagine Las Vegas on a ship... that is what the entertainment was like.

Some entertainers were better than others; some shows we walked out in the middle. For the most part, the entertainment was enjoyable. The ship did a good job of involving passengers. One day they had the Newlyweds' Game and a talent show.

Everyday there was fun activities for adults such as the balloon toss and hide the fruit, which was done around the pool area. Two of the nights were formal nights, and the ship offered tuxedo rental for a reasonable price. The ship also had special cocktail parties with free drinks and appetizers.

The eating arrangement was quite simple: When we signed up for the cruise, we could choose either late dining or early dining. We chose the late dining which was around 8:00 p.m. We were given a number that was our table and we sat at the same table with the same people for the duration of the cruise. The menu was different every night, they generally set a theme such as French, Asian, or American cuisine. The best part is that we could order any item on the menu as many times as we wanted. The selection ranged from appetizers, salads, entrees, and deserts. Some items were better than others were, and the portions were smaller than usual.

If one did not want to get dressed up and dine in the dining room, he or she could graze at the buffet that constituted mainly of American dishes such as hamburgers, ribs, spaghetti with salads, and potato dish. Buffets were served about every 4 hours, including midnight buffet. The ship also had fresh baked pizza and salad 24 hours a day. We ate every 3 to 4 hours; it was fun to just be like gluttons for five days.

The first full day was at sea. The next day, around afternoon, we arrived in San Juan, Puerto Rico. San Juan was amazing, especially for a person who has not travel much in the past. San Juan showed us an old town appeal that showed us history. The awesome fort along the island was breathtaking.

We did not have much time in San Juan since we arrived at 5:00 pm. But we enjoyed a great dinner at the Hard Rock Café and strolled the brick streets, admiring the old Spanish architecture of the neighborhood.

St. Thomas was the shopping heaven. Like all the islands, St. Thomas was beautiful. The water was clear like bath water and the weather was perfect. After some sun and beach we hit the shopping outlets to bargain with the locals on jewelry and other duty free items. St. Thomas is the place to do most of your shopping; have the largest selection out of all the duty free ports. In St. Marteen we were bombarded with locals hassling us for taxi rides and to eat at various restaurants. We were daring enough to try some local Caribbean food like jerk chicken and fried bananas; they were delicious.

Shopping is necessary there as well. The streets resembled something like the Carnival in Rio, as it was packed with tourists from our ship. The locals were overwhelming.

On this island we decided to go on one of the ships sponsored snorkeling trips. The cost for two people was \$150.00 and that included the boat ride to the sunken shipwreck, instructor, and free beverages. The shipwreck was real, and it was shallow enough so a snorkeler could actually go inside it. The snorkeling was warm, clear water and tame fish that you could touch. We saw squid, all sorts of tropical fish, sea urchins and even brought back a huge empty conch shell from the bottom of the sea.

By the end of the cruise, we were sad to see the shore because we knew it was over. The trip was rather fast paced in the ports. But once we were on the ship it was very relaxing. We agreed that we wished we could have been able to tour the islands more.

The worst part of the cruise was embarking and disembarking as there was a lot of waiting around.

I would definitely go on another cruise, however, next time I will be a little smarter since this was my first time cruising on the Carnival Fun Ship.

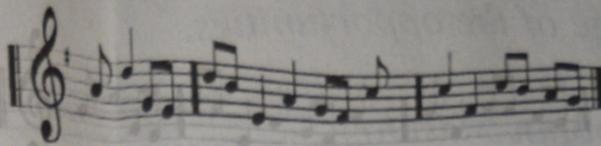


Courtesy of Jolynn Masuhr/La Voz



The main pool area of the Sensation of Carnival Cruises with several facilities surrounding it (TOP). Overlooking St. Marteen, a passenger enjoys the view of the bay from the ship.

All natural approach to Health



BY Sheila Eghbali
Features Editor
Sepideh Ghafari
Guest Writer

Alternative medicine has become more and more common, and a larger number of doctors attempt to learn parts of this broad field, adding to their knowledge and increasing the effects of treatment for different illnesses and diseases. Even Professor Gary Fisher in one of his chemistry lectures mentioned that many doctors go out of their way to learn about Chinese medicine

and other ancient methods of healing.

Alternative medicine includes chiropractic, naturopathic, homeopathic and Chinese therapies such as acupuncture, massage and Traditional Chinese Medicine (TCM).

Even though Western medicine is much more advanced, the ancient techniques have been proven more effective on chronic diseases.

TCM and Herbal Medicine

There has been over 25,000 formulas - mixtures of herbs - created for specific infections, illnesses and disease. Research done by Stanford and Columbia University's surgeons and physicians have verified the effectiveness of Chinese medicine in regenerating organic function and treating chronic diseases.

This type of treatment has no or very little side effects because the formulas are composed of natural ingredients. The formulas cure and treat the root of the illness rather than the symptoms, rejuvenating the body's organs and revitalizing the immune system.

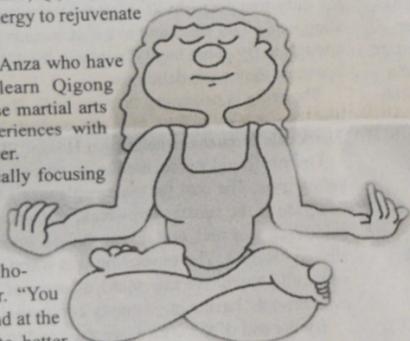
Qigong or ch'i Kung

Many Chinese martial arts have been known for their effective results on health problems, even as severe as heart disease and cancer. Qigong is one of them.

In this Chinese discipline, Qi, which is believed to be a power within all humans, is released as energy to rejuvenate the body and the mind.

Some students at De Anza who have had opportunities to learn Qigong along with other Chinese martial arts have had positive experiences with this type of stress reliever.

"It (Qigong) is basically focusing your attention in order to put a bellows to the body's energy," said Daniella Martin, sophomore journalism major. "You increase your energy and at the same time learn how to better manage it."



This energy is also used in the form of self-defense and as a way of emotional catharsis through relaxing joints, increasing flexibility and suppleness and strengthening the sinews and tendons.

Qigong is basically the exercise of mind and breath with movement to produce and balance energy, for maximum or higher performance of the body.

This ancient method is not only said to prolong life expectancy but it's also used in curing and alleviating injuries and diseases. Some of those illnesses are such as heart disease, high blood pressure, pulmonary emphysema, arthritis, digestive disorder, arteriosclerosis, skin diseases, depression and cancer.

Music Therapy

Use of music and musical interventions are another way of restoring, maintaining and improving emotional, physical, physiological and spiritual health. This method uses different structured activities such as singing, listening, playing instruments, composition, moving to music and music and imagery exercises to improve communicative, academic, motor, emotional and social skills, while refreshing the mind and soul.

Music therapists are trained and well educated; some universities in California that offer this field of study are CSU North Ridge, Chapman University and University of Pacific.

Acupuncture

This is another Chinese method to encourage the body to promote natural healing and improve functioning by inserting needles and applying heat or electrical stimulation at acupuncture points.

The theory behind this treatment is that channels of energy called meridians, run in regular patterns through the body and over its surface, irrigating the tissues. The acupuncture needles unblock the path of these meridians, releasing chemicals in the muscles, spinal cord and brain to help internal organs improve their digestion, absorption, and energy production.

To enhance the effects of the treatment, do not eat an unusually large meal immediately before or after the treatment, do not over-exercise, engage in sexual activity, or consume alcoholic beverages within six hours before and after the treatment.

A medical acupuncture is a doctor trained and licensed in Western Medicine. Some academies and acupuncture schools in California are: Academy of Chinese Culture and Health Sciences in Oakland, Dongguk Royal University in Los Angeles, Emperor's College of Traditional Oriental Medicine in Santa Monica, Meiji College of Oriental Medicine in San Francisco and Pacific College of Oriental Medicine in San Diego.

Urine Therapy

One of the much less commonly known alternative medicines is Urine Therapy, which is ingesting urine and or rubbing it onto the skin, which purifies



Alternative Medicine, an everyday routine

Many think that alternative medicine is something magical and strange. What is often forgotten is that this method of healing is not just medical, but also done in an everyday routine.

Most people develop their own stress reliever depending on what makes them feel better and what relaxes them.

One very effective way of relieving stress is by going to a place, where no one will be bothered and scream as loud as the voice goes, until the feeling of tightness and stress are gone. I think this works very well in the athlete's (PE) locker room because your voice will echo and that will double the effects. Screaming in the locker room could be called "Scream Therapy" and will be very effective for those who can scream well.

For many athletes, exercising is the best way of relieving stress, especially ball players. Soccer players, for instance, have the best chance to take their stress and anger out on the ball, by kicking the ball as hard as they can. Other activities that are extremely effective are running and working out.

Some people find it relaxing to go out and "shoot some hoops" or "pump some iron" and those all depend on what type of an athlete one is and what sport they enjoy the most. Since a new alternative medicine is introduced often, this method of releasing stress can be called "Exercise Therapy."

One of the most fun activities that greatly helps releasing stress is dancing. Many dancers have commented that dancing is the most relaxing activity; it relaxes the muscles and calms the mind especially because it is done along with music; dance and music therapy combination.

Martial arts and self-defense classes have become very popular especially among women. At the intersection of Stevens Creek and Blaney, *Women Kick'n It* has trained several women to become not only aware of their body power but they have also been trained to be able to defend themselves in critical situations. This class is mostly focused on correct techniques of kick boxing. Their success in the previous tournaments has proven the class worthy.

Even though the example above was a class, many enjoy going to a gym and punching speed bags and practicing their boxing or kick boxing, which helps them relieve some of their stress.

Without noticing, people tend to find ways to relieve their stress and if they look into it, many are simple versions of therapies done by professionals in alternative medicine.

— By Sheila Eghbali

blood and tissues, provides useful nutrients and auto immunizes the body.

Urine, unlike what most people think, is not a toxic substance; in fact, it is consisted of 95% water, 2.5% urea and 2.5% mixture of minerals, salt, hormones and enzymes. However, it may contain anti-bodies, which help the body to react on specific pathological situations.

This method of therapy has been proven effective on a number of diseases and illnesses as simple as cold and sore throat, to tuberculosis and asthma, even minor skin problems such as itching or serious skin diseases such as eczema psoriasis and skin cancer.

Humor Therapy

Humor, which is a quality that enables us to undertake in joy even at the hardest times, has been come to known as the best healer for stress. Stress, an antagonistic condition, where many people may experience tension or fatigue, feeling of uncertainty, or a sense of hopelessness, has been main cause of unhealthy physiological changes.

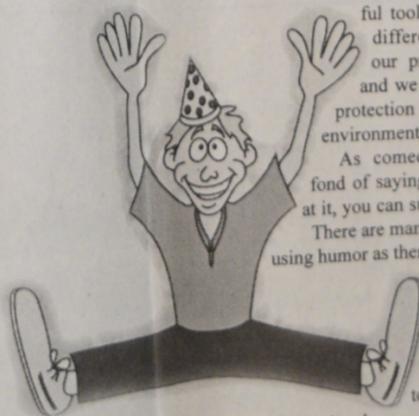
Hans Selye, a pioneer researcher in psychosomatic medicine, defines stress as "the rate of wear and tear within the body" as it aids to change. With the increase of pressure on the American people, it is also known that chronic exposure to job stress can cause emotional breakdowns.

The connection between stress and high blood pressure, muscle tension, and many other changes in the body, has been known for years. It now appears that there is proof that laughter creates the opposite of this effect. At the Loma Linda University School of Medicine's Dept. of Clinical Immunology, their studies have shown that laughter lowers serum cortisol levels, increases the amount of activated T lymphocytes, the number and activity of natural killer cells and the number of T cells that have suppressor receptors. In other words, laughter stimulates the immune system, releasing the suppressive effects of stress.

Humor can also be a powerful tool. Humor gives us a different perspective on our problems at the end and we feel a sense of self-protection and control in our environment.

As comedian Bill Cosby is fond of saying, "If you can laugh at it, you can survive it."

There are many great resources for using humor as therapy. One of the best is the *Journal of Nursing Jocularly*, subscribing to this journal will give you the opportunity to read cartoons, parodies, jokes, and interviews with professional humorists.



Humorists.

All this research, which has been done in the last ten years, helps us understand the mind-body relationship. Our everyday thoughts and emotions have direct effect in our body. A sense of humor lets us to discover and appreciate life and provides moments of joy and delight. These positive emotions can create many changes for our body that will have a positive effect on us.

Dance Therapy

No needles, creams, machines, devices, or other materials are needed to experience this alternative way of therapy. Shiatsu, a kind of dance, is a powerful experience of touch that is meant to awaken the patients own self-healing powers. This helps rejuvenate one's inner thoughts. Over a number of sessions, the client is able to have control over his or her own thoughts and feelings. Some shiatsu practitioners use a massage table; others use the floor to use a variety of techniques. If the floor is used, the person lies on an exercise mat that is made especially for shiatsu.

This type of method is more a healer; in other words it gives the patient an opportunity to relieve stress by dancing. But this can't be done with one person; the dance is between the "giver" and "receiver." This experience of touch is to open the touch communication between the giver and receiver.



Very Bad Things: very good movie



By Cynthia Van Zile
Lifestyles Editor

Bachelor Parties - men love them, women hate them - but people almost never die at them. Except in Peter Berg's directorial debut "Very Bad Things." With tons of blood, lust, sex, drugs, gore, violence, lying and cheating, Berg's film is defiantly not this holiday season's chick flick. The only thing that Kyle Fisher (Jon Favreau) wants is to marry the woman he loves, Laura Garretty (Cameron Diaz). All Laura wants is the wedding she has dreamed of for the last 27 years of her life. And of course there is the traditional bachelor party. This is where men are supposed to commit various acts of debauchery and bond with each other.

Take five guys: real estate hustler Boyd (Christian Slater); the battling Berkow brothers, Adam (Daniel Stern) and Michael (Jeremy Piven); and introverted mechanic Moore (Leland Orser), add drugs, alcohol, a Las Vegas hotel room and a very young, dead hooker and what do you have? A very large problem that requires the quick thinking and the power of success class that Boyd has been attending. He tells his friends that all they have is a 105 pound problem that can go away very easily. So far it is simply an accidental death. However, when a hotel security guard is murdered in cold blood it is time to call the police, right? Nope! Again Boyd convinces his fellow revelers that this is just a slightly larger problem that they can handle it. He tells them that must show their courage and stand up for love and goodness by burying the bodies and never looking back. As the movie progresses, Boyd becomes obsessed with covering up the truth.

The bodies begin to mount and it would seem that everyone else is totally blind to what's going on under their very noses. When Kyle finally confesses to his intended bride, Laura responds by demanding that he just get rid of the bodies and don't be late for the wedding! She has never cared for any of his friends anyway and when she finds Boyd and Kyle in a desperate life and death struggle she handles the situation with

grace and style, she bathes in Boyd's head. This is a very dark comedy. (One opening day moviegoer said it's more "dark" than comedy.) It rips away the thin veneer of civility that camouflages base human instinct.

The original idea came to Berg on a visit to Las Vegas. "A lot of men go there to get drunk and look for trouble," he says. "I've seen it over and over again in the bars and casinos. Vegas encourages men's primitive side. "Something tribal emerges," he continues, "and with one false step a group of men could lose control. It's the same kind of energy at bachelor parties." He began to wonder what would happen if that line were crossed. And cross it he does. The viewer finds himself alternately hopping that the bad guys won't get caught to O.K. maybe one bad guy should get caught. But then can you be a bad guy just a little bit?

Favreau draws us into the story by deliberately underplaying his character. We can see the wheels turning inside his head. We find ourselves wondering if we wouldn't have made the exact same decision.

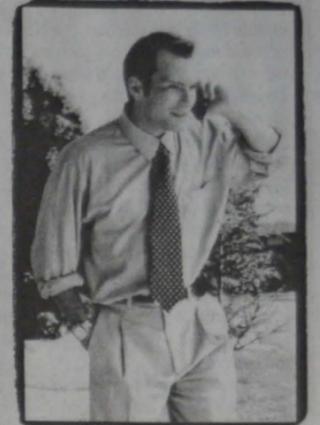
Slater's portrayal is very reminiscent of Jack Nicholson in "The Shining"--evil but lovable. Several times he sounds very much like Nicholson.

Diaz is petulant and pouty, getting her way in everything from wedding chairs to murder. She is the major driving force behind Kyle's willingness to cover-up.

One of the producers Michael Schiffer describes Very Bad Things as "psychologically so disturbing that it rocks your world at a deep level, yet at the same time you can't help but roar with laughter. By the time you leave the theater, you don't know what hit you."

He also says, "It's dazzling and insane because when monsters emerge from characters we identify with real people--the kind we knew and grew up with--we can't dismiss them or hold them at arm's length. By exposing them, Peter's film reveals the demons inside all of us."

Two words of advice DON'T bring children to see this movie and DO eat your popcorn before the movie because afterwards, you won't be able to eat anything!



Holiday wine: Select wine based on what you enjoy

By Cynthia Van Zile
Lifestyles Editor

Pour. Sniff. Sip. Exhale. Spit. SPIT? Wine is ancient. Wine is brand new. Red! White! Pink? Dazed? Confused? Wait a minute. Put that beer down and read on.

It's really no more cryptic than choosing bottled water. Wine is ancient compared to other beverages. It sits in the bottle 18 months to two years. The vines are a minimum of 5 years old and the best oak barrels are 100 plus. Winepresses haven't changed much since the turn of the century.

The two most frequently asked questions are "What wine goes with which food," and "How do I choose a good bottle?" If you ask a seasoned wine maker he will probably shrug his shoulders and ask you which ones do you like! There are, however, suggestions that most wine drinkers follow.

White wine is generally served with fish, poultry, mild cheese and lighter foods. This is because white



Jai Singh / La Voz

wine is generally lighter in flavor and won't overwhelm the delicate flavors in foods. A white wine accompanies sometimes desserts. Red meat, red pasta and sharper cheeses can be served with a red wine. But which one? Whichever one you enjoy! Wines generally carry a description on the back of the label describing the undertones. Undertones are usually a fruit or

cask flavor that has been infused during the aging process. Once you find a label (brand) enjoyable, try their other varieties.

Grapes, the soil they are grown in and the barrel they are aged in all contribute to the flavor of the wine. Two Merlots for example, grown in two different areas might have very different undertones. Wine makers spend years smelling and tasting wine, training themselves diligently in the craft. Fortunately we do not have to go to such lengths to enjoy wine.

The best way to reveal the secrets of wine is to visit a local tasting room, try several varieties and then buy what you enjoy.

For more wine knowledge join former De Anza instructor and wine historian Charles Sullivan as he discusses his new book which some consider to be the encyclopedia to California wines. He will be at the California History Center on Thursday Dec. 3 from 7:00 p.m. to 9:00 p.m. For more information call the Center at (408) 864-8712. Enjoy the Holidays!

Second show of "Tuna," Hot Tuna, is hot stuff

By Krista Barber
Staff Writer

This last weekend, my latest theatrical excursion took me to San Francisco to see "Tuna Christmas", a two man show starring comedians Joe Sears and Jaston Williams.

This is the second show in the Tuna trilogy, the first being "A Greater Tuna" performed last year. My parents had warned me about how funny these performers were, but I was cynical until I actually saw the show. It was, in fact, VERY funny.

In the fictional backwater town of Tuna, Texas, Sears and Williams poke fun at the sheer bick-ness of the residents of Tuna, with hysterical characters that spout off equally hysterical quips, observations, and personal mantras.

The story takes place during

Christmas eve, and tours the audience through the community and private events in Tuna town that a modern audience of San Francisco would find wonderfully hick-ish.

The two comedians play 11 characters each, including many women's roles, all of which were pulled off with classic talent and almost frightening timing and individuality.

One man would leave the stage and re-enter 30 seconds later in a completely new outfit and personality. Their men were hysterical, and as for the women, it was obvious that they had done their homework for the mannerisms and movements of the female of the species.

Their all-purpose set with pretty darn fast moving half walls, Christmas trees, and chairs that sometimes held the actors was involving and amusing, and apt to the story (as it was muraled with a

Texan country landscape.)

Costumes were significant to the characters and hysterically mystifying to the audience, making us wonder how they changed into them so fast.

However, there were a couple of down sides to the show that deserve mentioning. One was the use of props; very few were used, and most were pantomimed.

As easy as this makes it on the prop manager and the budget, it was sometimes confusing, as the actors' motions weren't very crisp or definite. Another problem was that at the end, most of the characters' stories weren't wrapped up, and it left you wondering, "But what about her? Or him? What happened to them?"

But those were the only downfalls, and even then, weren't that bad. Once settled into the fact that that was the actors' acting and sense of story telling, the slips became for-

givable.

One problem; last Saturday's performance was the last of the "Tuna Christmas" run in San Francisco. From here, they tour the United States, performing for about a week, then moving on.

However, there will be the last show in the Tuna trilogy called "Red, White, and Tuna" coming to San Francisco during the week of March 17-28. To fix the second downfall of the show, this will be the conclusion to the characters' stories, and one that I am actually excited to see.

If you would like more information about Tuna, its creators, and future showtimes, please visit www.greatertuna.com. After seeing this production myself, I very much encourage you to see it when it comes to San Francisco in the spring.

Pleasantville has deeper human meaning

By David Arney
Staff Writer

The movie theater has often been a major source of drudgery, cliché, and such predictability that the intellect of even a young child is offended by the utter simplicity that these movies serve to the expectant audiences.

All these movies are such a normal part of the theater experience that when a truly wonderful and individual movie is released, the intellectual challenge proves too much for most movie goers.

However, when we put aside the dependence on these intellectually numbing and venture forth to the theater expecting to find a challenging piece of cinema, which is not merely a conglomeration of spoken text with people attached, but rather a drama that can only be enacted on the screen, that

is when we find wonderful movies which explore important topics.

Pleasantville is one such movie, a true example of the extent of creative and challenging material that Hollywood can put forth. This movie is a true example of what American drama can be, an intellectual argument that poses not only answers but questions for the audience to consider.

The movie as most have seen is about a pair of step siblings who inadvertently get sucked into a fifty's television show, reminiscent of "Leave it to Beaver."

A small look at the despair that teenagers face in today's world starts the movie, as high school teachers purport the evils and horrors of the society and future to come. The hole in the ozone layer, and the problems of overpopulation.

All these things mount up to the statement that

life is horrible in the ninties.

This is contrasted with one of the main characters, David, a geeky and pimply faced teenager, love for the fifties television show "Pleasantville."

His obsession with the program landed him the chance to enter a contest for a thousand dollars which will deal with the show's presented in the marathon to follow that evening.

Along with David, there is the other main character, Jennifer, who being a typical popular teen wishes to enjoy life and have sex.

A bit luckier than her step brother, she scores a date for that evening with the popular boy, and plans to watch the MTV concert until things become a little too hot for TV.

So sets up the forthcoming struggle which will send the two into the television show. It was at

See PLEASANTVILLE, page 12

Calendar of Events

On Campus

- Dec 3 Wine Knowledge 7:00 p.m. - Calif. History Center
- Student Recital 12:30 p.m. - Choral Hall A-11
- Dec 4 Vocal Jazz 8:00 p.m. - Choral Hall A-11 - \$7-\$5
- Dec 5 Flea market 8:00 a.m. - 4:00 p.m. - Parking lot
- Dec 6 Symphony Orchestra 8:00 p.m. - Choral Hall A-11 - \$6-\$5
- Dec 7 Christmas Concert 8:00 p.m. - The Congregational Church of Sunnyvale (408) 864-8832 \$7-\$5

San Jose Museum of Art

- Dec 3 SJMA Auxiliary's Annual Holiday Open House- FREE
- Dec 27 Kids Art Sunday - 11:00 a.m. - 3:00 p.m. - FREE

Around Town

- Dec 12-13 Nutcracker Ballet-(408) 881-0879 - Family night Dec. 13

Contacts

- Euphrat Museum of Art (408) 864-8836
- San Jose Museum of Art (408) 271-6840
- California History Center (408) 864-8712
- The TECH Museum (408) 294-TECH www.thetech.org
- Santa Clara Ballet (408)247-9178 - 3123 Millar Ave. Santa Clara

HOROSCOPES

You will wake up with no hair, but your breakfast will have lots of hair.

The neighbors dog will eat all the food in your fridge leaving you with nothing but frozen cans of concentrated juice mix.

Cupid will strike you with an arrow just as you blink, leaving you in love with the sight of your own eyelids.

A loved one will drink too much coffee and puke all over your car.

You will give all your money to the editor in chief of La Voz to ensure your place in HELL!

The sound of your dishwasher will suddenly be the best thing in the world and you will neglect your life to spend more time with it.

During a romantic dinner, your loved one will choke on the ring you subtly slipped in her wineglass and you will be charged with murder.

Your friends will think no less of you when you inform them that you are abandoning your hippie ways and will start using deodorant.

Your parents will be glad to know that you are cutting your hair and you will consider dropping the restraining order.

The fish in your tank will not be pleased to know that they are moving to a large new home in your parents swimming pool.

Your favorite sports player that you idolize so much will hate your guts when he meets you in real life.

All that shock treatment is finally paying off as you will make a friend this week.

Zelda 64: Long awaited role playing game from Nintendo in stores

By Christopher Hill
Staff Writer

The Legend of Zelda: Ocarina of Time for Nintendo 64 hit stores on November 24 and after years of playing and replaying its predecessors I'm finally getting back to Hyrule for an all new adventure with our wonder boy Link. The name may be kind of fruity, but there is no serious bagging on the game itself. This is the fifth installment of Nintendo's most loved saga and it holds the epic quality established by a story that can be placed somewhere, heroically and spiritually, between "Star Wars" and "The Bhagavad Gita."

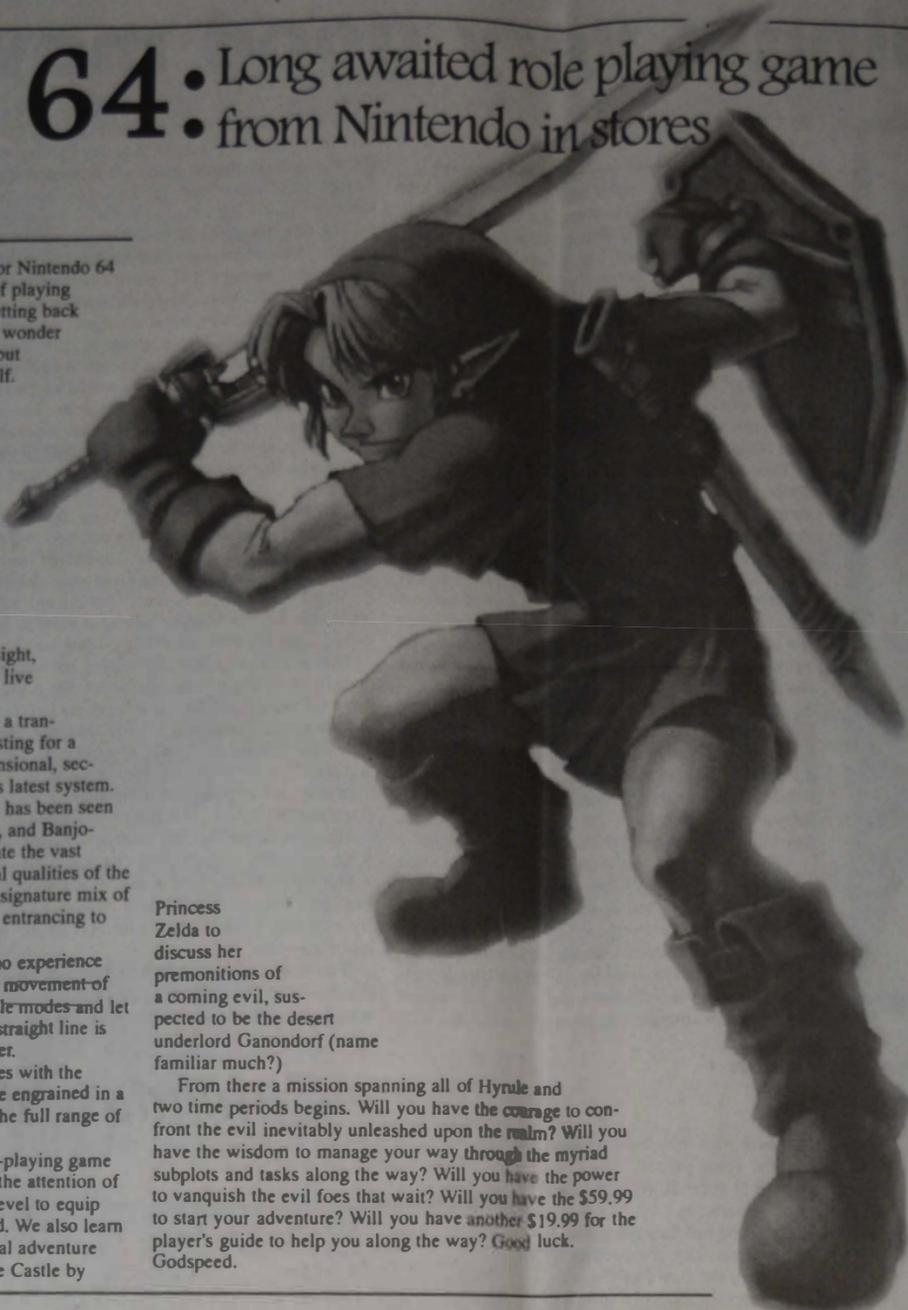
Personally the excitement of a year's anticipation finally coming to fruition left my heart twitterpated. As I danced my way from the Toys 'R' Us pickup window I couldn't help but wonder... well first I wondered if any of the store patrons had noticed my exhibition and then, when safely out of sight, I tried to imagine if the game could possibly live up to its hype.

After four previous adventures (including a transcendental Gameboy excursion) I've been lusting for a look at Link's world from the 64-bit, 3-dimensional, second person perspective offered by Nintendo's latest system. The lush realistic world the system provides, has been seen in past Nintendo 64 games such as Mario 64, and Banjo-Kazooey and the same style was used to create the vast world of Hyrule. Mixing the wonderful visual qualities of the system with Zelda's mystic story line and its signature mix of adventure and role playing games the play is entrancing to the extreme.

Control is generally confusing if there is no experience with the swing views and relative directional movement of the game. It's easy to get confused in the battle modes and let the enemy leave the view screen. Walking a straight line is almost impossible for the inexperienced player.

Another problem with the game play comes with the dozens of button combinations that need to be engrained in a player's sub-conscious before they can have the full range of control possibilities for our hero.

The game itself is as complex as any role-playing game and has the fast paced action needed to keep the attention of modern gamers. It has a handy introductory level to equip the normal game player with the skills needed. We also learn at this time the lore of the game itself. Our real adventure begins with young Link, summoned to Hyrule Castle by



Princess Zelda to discuss her premonitions of a coming evil, suspected to be the desert underlord Ganondorf (name familiar much?)

From there a mission spanning all of Hyrule and two time periods begins. Will you have the courage to confront the evil inevitably unleashed upon the realm? Will you have the wisdom to manage your way through the myriad subplots and tasks along the way? Will you have the power to vanquish the evil foes that wait? Will you have the \$59.99 to start your adventure? Will you have another \$19.99 for the player's guide to help you along the way? Good luck. Godspeed.

Star Wars preview out in theaters

Fans pay full price to see two and a half minute preview of film

(U-WIRE) LOS ANGELES, Calif. -- This past week, moviegoers walked out on Brad Pitt, Bruce Willis and the stars of other current films, satisfied with only seeing a trailer for one of next spring's films.

While buying a movie ticket just to see a preview may seem implausible, theaters nationwide have reported this exact phenomenon, as "Star Wars" fans eagerly seek a glimpse of the first completely new "Star Wars" film since 1983, entitled "Episode I: The Phantom Menace." Fans filled theaters where the "Episode I" trailer was screened before and after films, first in limited locations last Tuesday and then in wider release during the weekend.

Enthusiastic "Star Wars" buffs also jammed web sites to download electronic copies of the trailer. Many downloaded the trailer from Lucasfilm's official "Star Wars" web site (www.starwars.com), substantially slowing access to the site for several days after the film's Tuesday release.

Despite access difficulties, however, its availability on the Internet provides a more convenient and accessible way to view the trailer than going to a theater, said Steve Hom, a Star Wars fan. Fans attribute the trailer's popularity to "Star Wars" having the status as a cultural phenomenon.

The large and unprecedented response to the trailer led many television stations, such as San Francisco's KRON, to air the trailer on their nightly newscasts.

Franky Martinez, a cinema student from UCLA, who saw the preview on one such broadcast, said by the time news stations started playing the trailer, most of his friends had already downloaded it from the internet. "I think I am

the last to see it," he said. The trailer, which runs slightly less than two and a half minutes, features a fast-paced montage of scenes from the upcoming film, showcasing computer-generated aliens and other visual effects, as well as a peek at much younger versions of classic "Star Wars" characters such as Obi-Wan Kenobi, Anakin Skywalker and the crowd-pleasing Yoda.

"The movie is going to be awesome and the trailer only confirms it," said Geoffrey Henderson, a patron who paid \$7.50 to see the trailer.

Henderson, like many others, was amazed by the visual images in the trailer. "George Lucas invented special effects with Industrial Light and Magic for the first film, so he's sure to break new ground for the next one," he said.

Henderson found the glimpses of Samuel L. Jackson and Ewan McGregor equally impressive, though he expressed some misgivings about the casting of a child actor, Jake Lloyd, to play Anakin Skywalker.

Martinez said that the film looks promising, though the imagery in the trailer "wasn't the same as the old 'Star Wars'."

He said that he plans to see the film as soon as possible when it is released, though he added, "I don't think anything will be as popular as the original."

Brian Nguyen disagreed. "It will break all of the box office records," he said, though he said that he will probably see it a couple of times to ensure that its earnings surpass those of the current No. 1 film, "Titanic."

Echoing the reactions of other viewers dazzled by the "Episode I" trailer, Henderson said, "George Lucas has got me hooked."

Hip hop will overcome the dumb

Did any one of you quiet hip-hop heads realize that there was no Beats and Lyrics column last week? My editor sure noticed, so I better make this solid. The topic for this final installment of fall quarter's Beats and Lyrics will be hip hop culture and if you don't feel hip hop now and don't have the open mind needed to comprehend the realities of the form then let your eyes and mind be on their merry way. This is for my people.

United we stand more determined than any sub-culture to redefine the boundaries and purpose of contemporary music. We have learned to overcome the stereotypical rap cliches and elevate the art to a true expressionistic form.

We have learned that popular opinion just proves that the five percenters are on to something about many of you. We have also learned that the music we listen to is going to set the world on fire and create a whole new chapter in music history.

While the old stodgy musical mucky-mucks refer to hip-hop as "anti-tonal" and "bad teenage poetry," those of us who have torn through layers of predominant musical trick-knowledge realize the value of the innovative hip-hop forms. There are really no musical limits to a musical form in which the defining characteristics are beats and

lyrics. Ingenious rhythm patterns and the dual force of turntable as percussive instrument as well as sample powerhouse will undoubtedly be hip-hop's music signature until the apocalypse. And lyrically, flow patterns and literary skills are intensifying the mental content while free flow skills gain consciousness. No more words to your mother cause "whoomp" there it went.

We have become most critical of our whack crack-headed perpetrating "gangsta" cousins and the over-paid under-skilled sucker pop stars they run with.

We will, by no means, settle for remixed Billboard hits from decades gone by and never ever get jiggy with it. Regardless when I tell people, "yeah, I listen to hip-hop" these are the generalizations that roll through their unlearned heads and produce a negative conception of the music, reflecting upon myself. I can really understand a lot of this sentiment simply because there are so many whack incarnations of the music and I, honestly, have no need to clear up misconceptions.

We as a style of music and as a cul-

Christopher Hill
Fickle, yes, caring, no



Beats and Lyrics

ture stand at a crossroads. With the deviation between styles so prominent I see two possible plans of action. Either we let those ignorant bastards continue to mindlessly ramble about their "dollar, dollar bills" and the "stank hoies" they roll with while we move further underground and divide the art for good. Or we stay the course as a culture and produce ourselves and keep it tight for all time. Sooner or later they'll have to recognize. The fact is that they are pop music and pop music fades away as the fickle mind wanders. Hell we're already underground so the fall out from their destruction will not tampo the form as long as we stay right and elevate from within.

We need to pay no mind to their nonsense. We need to organize the ranks. We need all hands on deck. Do your work!

Cultivate your traits. Escape from the fear that holds you down. This is a culture and there is something here for everyone. If you're graced with physical rhythm learn your steps or flares. If you are verbally swift and quick witted

hone your skill and wreck mics. If you're technically a master and love the sonic force get a four-track and beat machine to produce your sound. If you're sick with a pencil and pad or a can and a wall then signify yourself for all to see. If you're a fan and love the sound then get on your boy's tables and work your hand-ear coordination. Ladies, be that b-girl I love so dearly not just another club hoochie. And goodness, if you can't do anything else support your local hip-hop by consuming the quality goods on the scene. We need to manifest the flavor that lies in all and hip-hop is the forum.

Lastly the social ties of any culture are very important on a basic level. We need to build strength in mass. I've heard that there are so many emcees at De Anza but I've only met a handful. Make yourself known. I've heard there's a Hip-Hop Union here at De Anza. Join it. I myself, though bogged by work and school, am easily accessible to talk, beat-box, or even flip a verse.

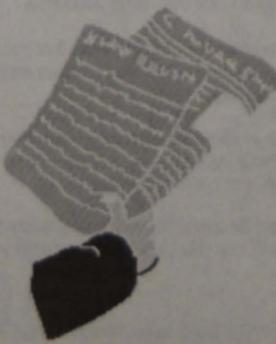
Leave me a message in L-41 or just e-mail me at lmntary@hotmail.com. I especially want to hear from the hip-hop club because I'd liked to run something on you guys.

Oh and go see L'roneous Da'Versifier at the Justice League in the city on the 1st.

Join De Anza's new Mass Communication program

Register for:

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- JOUR 61 (Newspaper Reporting) and write for La Voz (Hey, this could be fun!)
- EWRT 67 (Writing for the News Media)
- JOUR 2 (Mass Communication) and talk about film, television, radio, recordings and newspapers



Pleasantville offers a lot of "color" for fans

PLEASANTVILLE, from page 11

this point, that I began to have problems with the predictability of the movie.

Should this have continued through the following two hours, it would have been a large disappointment. However, the movie did take off, and did not at all continue with its feigned predictability. Rather it exceeded the expectation that I had set forth upon entering the theater.

Once inside the television show, the two siblings decide to play along with their supposed parts, David because he doesn't want to ruin his favorite show, and Jennifer, because of her cute boyfriend.

The two begin to take on different literary roles, David, begins to be the force of conformity and advocates against change, while Jennifer is a representation of chaos in the neatly ordered world. Through the impetuous actions of

Jennifer, the world that is Pleasantville begins to change. Jennifer introduces sex to the naive teens of the show. This begins an influx of change from the black and white of the show, to aspects of color.

After his first night with Jennifer, Chip, the cute boyfriend sees a real red rose.

Thereafter, the empty books begin to fill, and the teens begin to gain color themselves. The enlightenment is not however as most theatergoers commented because of sex.

Rather it was through the medium of passion and love, along with art and intellect. As Pleasantville changes into a colored world with the wonders of the new found freedom, the aspects of evil which had not touched Pleasantville before color began to emerge.

This movie is so wonderful that it would ruin the wonders of it to continue to attempt this dissertation in words of what can only be told with the drama that is portrayed in the movie.

Go and see this movie, not because it is a chance to escape for two hours into a world of no brain activity, but because it is challenging and offers the opportunity to open your mind to new possibilities.

New Metallica release comprised of remakes and cover songs

(U-WIRE) LEXINGTON, Ky. -- Uhh ... What more can a person say? You see, I haven't even started the review and I'm already at a loss for words. Metallica. New album. Rock.

Sure Garage Inc. is not an album with new, original 'tallica tunes, but it is chock full of rock with 11 new cover songs on the first disc, and 16 vintage cover tracks on the second. And it's freakin' Metallica, man - the best band that ever came down the pike. What more can I say?

If you like Metallica, you're gonna love Garage Inc. Of course, if you love Metallica, you probably already have the album. If you don't like Metallica, you won't like the album, probably because you don't have any appreciation for music. Or maybe you just don't know what music is.

You may ask, "What is music, then, you head-banging punk?" First of all, I'm not a head-banger. But in answer to your potential question: Bach is music (Johann Sebastian, that is -- not the guy from Skid Row).

Metallica is music also. More than a few times I've heard that I have a rather broad spectrum in musical tastes, but Metallica is really not that far from Bach. Its solos and chord progressions, the interludes in old songs like "Orion." Metallica is as close to

Bach as a person can come - with a different sound and different instruments than those on which Bach usually played, of course.

Now you have the rationale for loving and listening to the music of Metallica. So what does its new cover CD have that would make anybody want to spin it? Vintage Metallica sound, my friends. Vintage Metallica sound.

Aside from creating some of history's greatest songs, Metallica is the best-sounding band in America. And it's applied that sound to several good songs which you'll find on Garage Inc.

First, let's talk about the new cover material, all found on Disc 1. It's made up of a variety of songs from every type of artist imaginable, including Bob Seger, The Misfits, Diamondhead, Mercyful

Fate, Blue Oyster Cult and Lynyrd Skynyrd. All of the new tunes rock, with Metallica adding its signature while preserving the essence of the originals. In particular, the track to check out is No. 8, "Astronomy" originally released by Blue Oyster Cult. The tune sounds great 'allicized with stark contrast between the song's segments and some break-neck heavy guitar licks. "That song's always been pretty epic to me," said James Hetfield, Metallica's lead singer, in a news release. "Listening to the song, we thought whether we should even fuck with it because it's so sacred." He shouldn't have worried, because they did a kick-ass job with it.

Yet another super-cool track is No. 7, "A Mercyful Fate Medley." This track changes between multi-minute samples of five songs. The last segment of the medley, however, is definitely the coolest with the song, "Into the Coven." Quality stuff, kids.

On to Disc 2. It's a collection of previously released cover songs, some of which appeared on the Garage Days Revisited EP and their 1987 release, Garage Days Re-Revisited. The above two releases have both been discontinued and are collector's items, which means if you buy copies, they are usually crappy recordings that have the sound quality of a Jackyl album.

But on Garage Inc., all of your old Metallica favorites have been digitally re-mastered and sound as though they were recorded in the studio yesterday rather than a decade ago. And while you're spinning through the old stuff, tune into such faves as "So What," "Am I Evil" and "Crash Course in Brain Surgery."

Even a few of the old the deserve a special mention. "Last Caress / Green Hell" is a smashed-together version of a couple of old Misfits tunes that really rock. And if you have never heard Metallica play "The Wait," a song originally released by Killing Joke, then you have not experienced Metallica fully.

It's main rhythm riff is arguably the greatest in all metal. Go out and get Garage Inc. It's Metallica - that's all I know to say.

But I guess I wasn't at such a loss for words, after all.



Gabrielle Rondell / La Voz

Poetry, prose, and verse

Bottomfish, the literary magazine of De Anza College, is sponsoring a poetry reading in the Fireside Lounge in the Hinson Campus Center on Thursday, December 3 from 12 p.m. to 1 p.m. All are invited to come and read, either original poems, or poetry from a favorite poet. Bottomfish publishes a national and a local edition once every year.

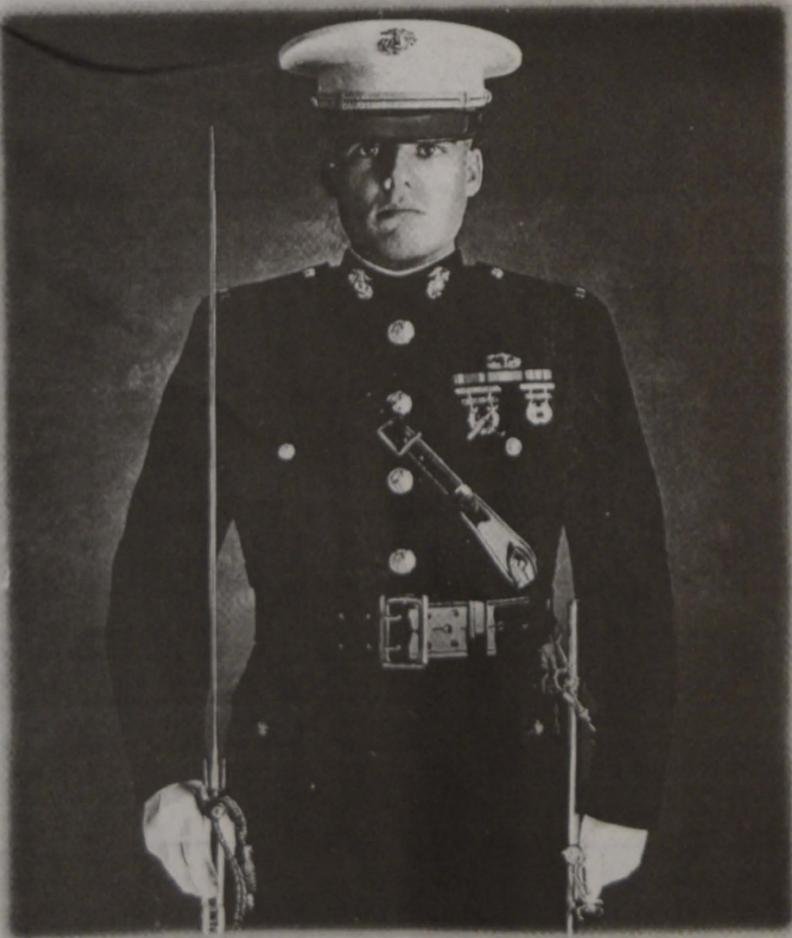
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Interested students should contact

Beth Grobman - Burruss at

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Asian students number as many as white students

■ DE ANZA STATS, from front page

education and industry with targeted goals and measures of achievement." Another possible reason for the decline in the Caucasian student enrollment may be found in the rise in the number of students who check the "other" box on registration forms. Since 1990, there has been almost a five percent increase in the "other" category. Students of a mixed racial heritage may feel as though "white" is not a true representation of their race, said Jean Miller, who has been an English/Women's Studies instructor at De Anza for ten years. "I certainly know that students of a biracial or mixed racial heritage resent having to choose a single category...that is probably a real factor."

Along with the "other" category, the Asian and the Hispanic student populations have increased since 1990. The Asian student demographics show a 10 percent increase, and the Hispanic student population has risen steadily to a 3 percent increase.

The statistics reflect Santa Clara Valley's growing ethnic distribution. Nancy Hein, from the California Department of Finance, Demographic Research Unit, reports that from 1990 through 1996, the Asian population

increase has been 21 percent, and the Hispanic population increase has been 23 percent in the Valley.

A Caucasian, first year student and lifelong Sunnyvale resident, Wendy Thorman said that she thinks De Anza's ethnic demographics are a direct result of the surge of new high-tech companies and other Silicon Valley businesses to develop in the past ten years. "Here at De Anza, we're in the middle of technology and fast food, so we have everything. There are more people flocking to the Bay Area. A lot more than say, the rest of the country."

"Our new VP of Student Services, Robert Griffin, is working to build relationships with area high schools to help students to become better prepared—that's for all students. I think that kind of activity will have a positive effect in bringing and helping more students of color here on this campus," said Miller.

Miller believes that increased diversity would be positive for De Anza. "It would send a message to transfer institutions that we are a rich source of well trained, bright students of color who may want to go on to their insti-

tutions," said Miller.

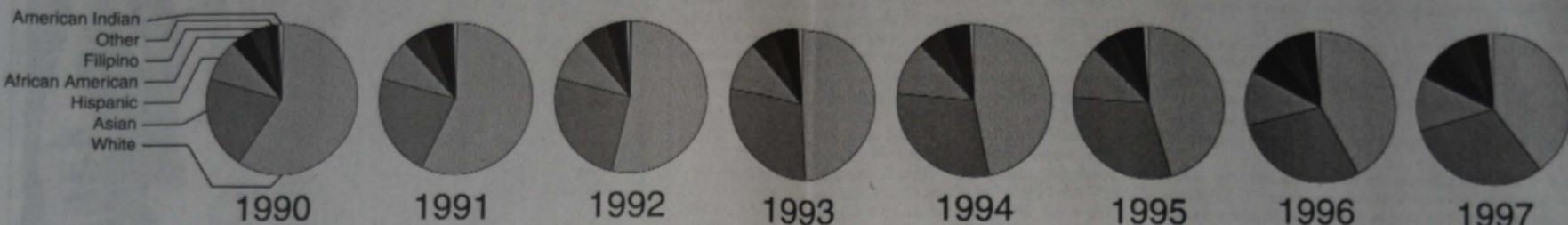
Kanter also believes that ethnic diversity boosts the college's reputation. "The ethnic composition of De Anza makes De Anza very attractive to other colleges. They actually come here [to recruit] because of the diversity," said Kanter.

Even with the multitude of different races and cultures, faculty members and students generally don't see much racial tension at De Anza.

"I have not seen an increase among students of racial tension," said Miller. "There has been more visible work by some groups and organizations...to get more multicultural books in the library. Other activities by the student organizations have helped to provide a better context and a better environment [for students]."

"Everyone that I've met has been really open and friendly," said Thorman.

Kenny Williams, a black, second-year student at De Anza had a similar response. He said, "I haven't noticed any racial tension displayed towards me or any of my friends. It seems like everybody gets along here."



According to statistics from the Foothill - De Anza Institutional Research Office, the Caucasian student population at De Anza has been steadily declining since 1990, while the Asian and Hispanic student

population has been on the rise. De Anza's demographics reflect Santa Clara Valley's growing ethnic population. *Jai Singh / La Voz*

Campus Notes

De Anza observes world AIDS day

Dushan "Dude" Angius, President of the Rotary Club of Los Altos, will be showing "The Los Altos Story," an emotional, and sensitive 30 minute film about AIDS in observance of World AIDS Day. The event will be in the Student Council Chambers from 10:30 to 11:30 a.m. on Dec. 1.

Public Access Station Wins Five First-Place Cable Awards

De Anza's Cupertino Community Television, a local public access station, won 12 Western Access Video Excellence (W.A.V.E) awards at the 1998 Alliance for Community Media Regional Conference held in Reno, NV on Oct. 24. Cupertino Community Television - shown on cable station TCI on channel 26 and 38A in Cupertino, Los Altos and portions of San Jose - won five first-place spots and seven finalist awards.

AmeriCorps sponsors Toy and Book Drive

De Anza's AmeriCorps organization is urging the De Anza community to donate Toys and Books in new or used condition.

The items needed are for children birth to 13 yrs old, as well as items for mothers like hairbrushes, cosmetics, and perfume. The collection will be given to the families at the Bill Wilson Center in Santa Clara and the Volunteers of America Brandon House in San Jose. Drop-off boxes will be at various locations on campus and around the community.

Sentencing trial postponed for former DA student

The sentencing trial for former De Anza student, Kevin Walker, has been postponed until further notice in Feb. Walker was convicted of drug related crime in 1996 which involved over \$3 million in cocaine. Walker, has had the support of Students for Justice and the Black Student Union, who allege that Walker is unfairly being held in the Santa Clara County Jail.

New building for OTI being built on campus

A building for the Occupational Training Institute (OTI) is in the process of being constructed. OTI's operations will integrate with the career center. The project has already been awarded and construction should be completed in Jan. 1999.

Board is moving forward with Smart Card

The District Board approved the master contract with CyberMark for implementation of the new student smart card program. As part of the program, the District is finalizing contracts with First USA for an affinity credit card program that will provide the District commissions on student participation with the student card. Contracts for related services will follow, including a contract with a telephone company which will provide voice mail and long distance services to students, a bank which will provide ATM/checking accounts, on-site services and direct deposit for financial aid recipients and student employees.

Accounting Certificate Program to be revamped

The accounting and bookkeeping certificate program is being revised to provide internship opportunities available in the winter quarter among other things. For more information call Jeanpierre at (408) 864-8609.

De Anza takes part in the Great American Smokeout

By Shadi Rahimi
Staff Writer

Student Health Services took part in the 21st annual Great American Smokeout on Nov. 17. The event, sponsored by the American Cancer Society, is a month-long nationwide effort to encourage smokers to quit.

Although the event officially took place on Nov. 19, Student Health Services decided to take part in the event two days early. This is the 12th year that Student Health Services has taken part in the event. On Tuesday, November 17, Student Health Services set up a booth in the lobby of the campus center where many students received information and advice on quitting smoking, and were given free nicotine patches and smoking messages. Also at the booth, Student Health Services handed out "survival kits," with gum, candy, pamphlets, and "Take Charge" smoker helpline cards. Students were also able to enter a drawing for a sweatshirt and C.D. case after completing a tobacco quiz.

The American Cancer Society has sponsored the Smokeout since 1977. Smokers are encouraged to stop smoking for at least 24 hours. The intent, according to the American Cancer Society, is to help smokers realize that if they could quit for one day, they could eventually quit permanently. Approximately 9.4 million U.S. smokers either quit or cut down on cigarettes during the 1997 Smokeout, according to the American Cancer Society.

"I quit for the Smokeout, but only for that one day," said student Alvin Gogipeni.

Despite numerous efforts by the American Cancer Society to eliminate smoking, an estimated thirty percent of people ages 18-25 in the U.S. smoke. Furthermore, everyday approximately 6,000 people under age 18 smoke their first cigarette. Student Justin Cordova said, "I don't like smoking, but I'm addicted and it's difficult to quit."

At the Student Health Services Center, various measures are taken year-round on campus to inform and help smokers quit. Pamphlets and newsletters offer advice and information about smoking at the center. Furthermore, Suzi Loew, Health Educator at the center, is working on an instruction book, titled "Celebrating Cessation: De Anza College's Little Instruction Book for Quitting Tobacco." The book will contain stories and advice from former tobacco addicts; specifically De Anza faculty, staff, and students. Loew is still accepting contributions, and former addicts are encouraged to submit their advice to Student Health Services, where the book will be available when finished.

Mary Donahue, P.E. Division and faculty advisor to the Outdoor Club, offers her advice in the book.

"It takes a lot of people, more than one, to try to really quit," she said. "Don't kick yourself if you can't do it at first. Learn from each try, and go for it again soon. This will be hard for most people, but it is such a huge burden lifted off your shoulders; it is really worth it."

For more information on the Great American Smokeout, or other American Cancer Society events, visit their website at www.cancer.org/gasp/index.html, or call 1-800-4-CANCER.

Vice President of Technology resigns to the surprise of Senate

■ BECHTLE, from front page

went on to say. The feeling among some senators was that Bechtle was forced out of office. Executive Vice President, Ai Khong Sing - Chanh disagreed. "Anything that came to (Bechtle) he brought on himself," said Sing - Chanh.

During a senate meeting on November 10, Bechtle went up before the Senate, and told the members of Senate that he felt his rights were violated.

DASB Senate Advisor John Cognetta rebuked Bechtle's claims saying "whenever I get involved you

say that I am overstepping, whenever I leave you alone, you say that I don't do enough. You can't have it both ways."

Sing - Chanh, who serves on the Technology Committee in addition to his role as Executive Vice President, also felt that Bechtle's rights were not violated.

Still, Bechtle felt that an investigation was warranted. "I went up and said that I felt that my rights were violated and the adviser gets up and just says that they weren't. How professional is that?" said Bechtle.

Although there was some tension between Bechtle and some senators, others were disappointed to see his

resignation.

"A good parent is a strict parent, right?" said Senator and acting Vice President of Technology Peter Kim.

"Scott cares the most out of all the Senators here. Whenever (Bechtle) sees something that the Senate is doing wrong, he tells them," said Kim.

Bechtle, who played a big role in the development of the DASB internet lab in the Campus Center left in the middle of such projects as the new DASB card -- the "smartcard" -- that will be taken over by the next V.P. of Technology.



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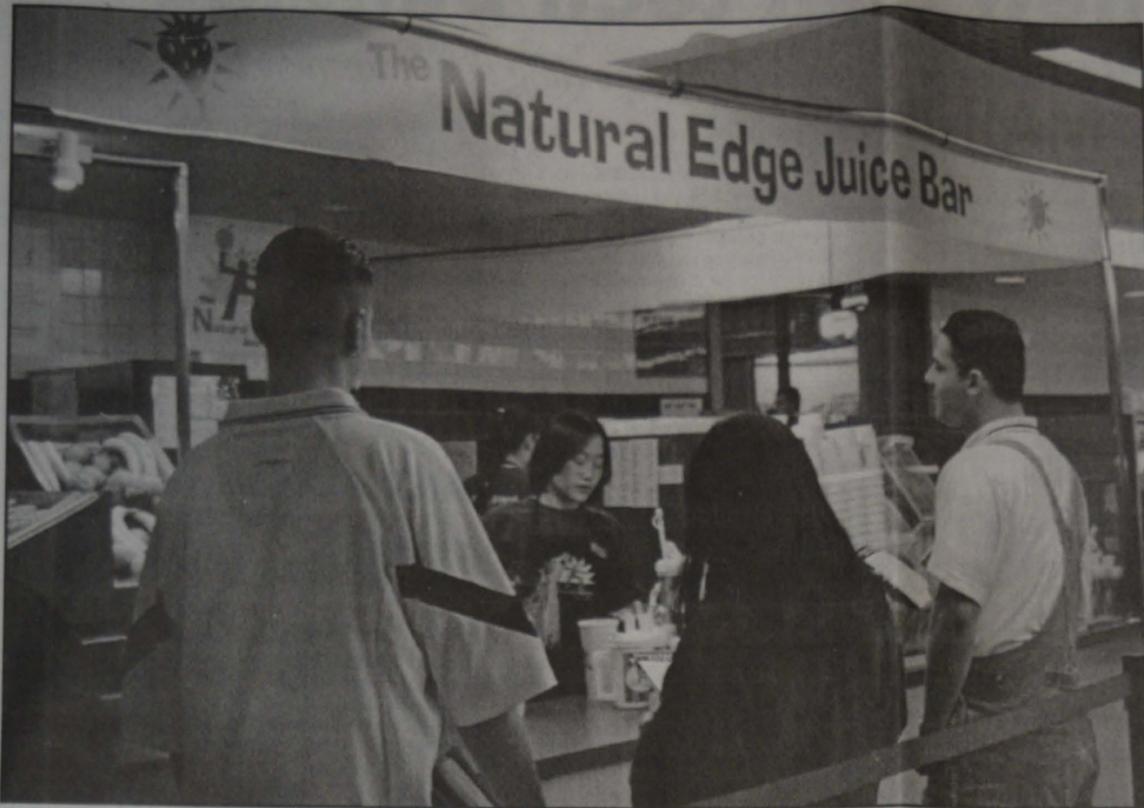
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New Juice Bar at De Anza



Shadhi Rahimi / La Voz

Students enjoy fresh smoothies at the Natural Edge Juice Bar now in the Hinson Campus Center. The new juice bar offers students healthy, on-the-run alternatives to some of the other food served in the Campus Center. In addition to a variety of smoothies and fresh squeezed juices, The Natural Edge offers wheat grass and sweet grass shots - "Mother Nature's version of espresso." According to The Natural Edge employee, Jason Strutz, the most popular smoothies are Strawberry Colada and Peanut Butter Cup amongst students.

Meanings behind December holidays revealed

(U-WIRE) LOS ANGELES, Calif. December is not only a time for a brief respite from school, but for many students it is a time to reaffirm their religious faith and celebrate heritage and tradition. The major holidays of December are Christmas, Hanukkah, Ramadan and Kwanzaa.

On Dec. 25, Christians commemorate the birth of Jesus Christ, whom they believe came to earth as their savior, their Messiah, the son of God and the virgin Mary.

"Not only am I reminded about the significance of Christ in my life, but I also get to spend time with friends and family," said Jonathan Winarko, a freshman majoring in biology.

From sundown on Dec. 13 until Dec. 21, people of Jewish faith celebrate Hanukkah, also known as the Festival of Lights. Hanukkah is the celebration of the victory of the Jewish Maccabees over the Syrians.

One of eight candles is lit each day, a ritual that symbolizes the miracle of an ancient tale when a candle burned for eight days on only one day's supply of oil. More than 2,000 years ago, the land of Judea was ruled by Antiochus, a Syrian king who practiced religious persecution. The Jews, out of desperation to practice their beliefs, rose up against the Syrians in 167 B.C. Hanukkah is also the rededication of the Jerusalem Temple.

"Hanukkah is a holiday (celebrating) religious freedom," said Rabbi Susan Laemmle, dean of Religious Life.

Two traditional foods are associated with Hanukkah, potato pancakes with apple sauce or sour cream and jelly donuts. Traditional children's games include the dreidel.

Islams celebrate their faith through Ramadan, which starts Dec. 20. Ramadan is one of the five central religious practices of Muslims. Ramadan is a time for inner reflection, devotion to God, self control, intense worship, giving to charity, purifying one's behavior and reading the Qur'an, the book of religion.

People of this religion fast from dawn to dusk and eat a communal meal at the end of the day. This spiritual introspection makes the person stronger mentally and symbolizes sympathy for the less fortunate. It also helps break the cycle of overindulgence for those who fast. However, Ramadan is not always celebrated in December because it is based on the lunar calendar. It always occurs the ninth month of the Islamic calendar, which was the month the Quran came down to prophet Mohammed.

African Americans celebrate Kwanzaa, which is the only December holiday that is not religiously affiliated. It is celebrated from Dec. 26 to Jan. 1. Kwanzaa is a 30-year-old community and unity celebration created by Maulana Karenga.

It is the belief that revolutionary change for black Americans can be achieved by exposing people to African heritage and can be celebrated by anyone. Kwanzaa is celebrated with rituals, dialogues from African-American leaders, poetry, dancing, music and feasting.

The Black Student Assembly will hold a Kwanzaa celebration from 6 to 9 p.m. on Dec. 11 at GroundZero Coffeehouse. The event will feature Erlene Piper-Mandy, a cultural anthropologist.

There will also be an authentic, Afro-centric ceremony which will show the Swahili phrase Nguzo Saba, or seven principles.

This is the last issue of La Voz for the Fall quarter.
The next issue will be published Jan. 12.
La Voz wishes everyone happy and healthy holidays.



Photo: Sam Bushong/ San Francisco Chronicle

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—GENNY LIM, Poet, Humanities Core Faculty in Arts, Music & Literature.

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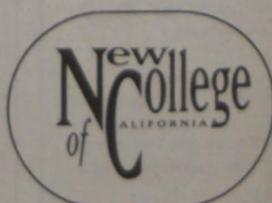
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Backtalk

What teachers do you recommend next quarter and why?



Oceana Roman, Advertising, sophomore

"Julie Phillips [environmental studies]. She's just really enthusiastic about the way she teaches, and she makes an exact point of telling us why she's doing what she's doing... And she always uses examples [to explain things]. A lot of hands on..."



Sam Lee, undeclared, freshman

"Fisher (photography). Her class was really informative, I learned a lot in her class."



William Roberts, M.I.S., Business Administration, 4yrs at De Anza College

"Dr. Mack, economics. Anyone who's had him will definitely remember him. He was a very difficult instructor, made it very tough, but he made it interesting to try and learn. He would have lots of fun in the class, get the class very motivated... I enjoyed learning with the instructor, I took him three times, different classes, and enjoyed each class."



Kimberlee Dabbs, English, freshman

"Randi O'Donnell, sociology. She interacts with the class a lot...she's involved, and makes in fun."



Assane Azu, Math and Computer Science, first quarter

"Mr. Odle, calculus. He's great, because he teaches you not only what you need to know, but also he makes fun out of it. It's almost like a movie [that] you're watching, he's a comedian. And he makes it fun, in class you're always laughing, while you're learning. He's a great teacher."



Ella Porat, undeclared, freshman

"Mr. Ngin, sociology. [I would just say] take the class, you'll understand...he's just funny, he's hilarious, he's totally entertaining."



Alison King, Conservation Biology, sophomore

"Julie Phillips, [for] environmental biology (BIO 19), and environmental studies (ES 1), they're both great classes...It's mostly her enthusiasm: she really loves what she's doing, she makes it interesting, [and] fun...she does a lot of projects and field trips, so you really get out there... [the material is] not just for a class, it's everything related to the degree."



Nikki Seyoum, child psychology, sophomore

"Ramskov, [for] psychology. He keeps the class alive. Nobody falls asleep in his class, ever. He gives good examples - and there are like eighty people in there, so he's really good...we have good test scores. He doesn't have to use a high curve. I do [learn a lot in that class]."

If you have any ideas for questions for Backtalk, e-mail 'em to us at lavoz_backtalk@hotmail.com.

Compiled By Daniella Martin and Gabrielle Rondell
Photos by Gabrielle Rondell

DASB funds \$180K for new high tech building

RFP money to be used to find a funding donor for new ES building

By Saadia Malik
Staff Writer

De Anza Associated Student Body Senate has approved to fund \$180,000 to the Environmental Studies Task Force for a state-of-the-art Environmental Studies building (see related story).

According to Julie Phillips, ES Instructor and Head of the Task Force, the subsidy will be used as seed money to find funding donors and partnerships for the building. The total projected costs for the building are approximately \$5 million, according to the Task Force.

The \$180,000 allocated to the Task Force will come from DASB RFP funds, but the decision of whether or not a check will be cut for the project must still pass through the Foothill De Anza Board of Trustees. According to Amanda Holt, DASB Vice-President of Finance, the Board of Trustees rarely denies funding to projects or groups after it has been approved through Student Senate. The Board will make the final decision to allocate the money to the Task Force on Jan. 3.

Initially, Phillips requested \$200K in start-up capital, but during the first Senate meeting, Holt voiced concern that the amount requested for salaries was too high and made a motion to fund \$180,000 instead. "I was able to persuade the Senate with that viewpoint," said Holt. On Tuesday, Nov. 17, the Senate vote was unanimous to grant the Task Force \$180,000.

Phillips said that she was fine with the decision to cut the salaries.

A brief breakdown of the \$200K request includes \$3K for office supplies, \$20K for printing brochures to promote the building, \$10K for advertising and publicity, \$84K as salary for a coordinator and consultant, \$3K for dinner meetings with potential building donors/contractors, and \$75K for guest speakers.

Holt said that initially she was against funding for the project, but then later changed her mind. "I had very objective concerns," she said. "I wasn't against the idea, but I was concerned whether it would represent the majority of students' interest (because) Environmental Studies is only a small portion of the college."

But then Holt researched what sort of funding the Environmental Studies Department had received from the college in the past, and found that "they (the college) haven't supported anything like this in the last 25 years." Holt said that if DASB had denied funding for this project, the Task Force would have to sit on a ten-year waiting list to receive funding from the school.

"If we didn't take a stand on providing this step for the seed money, who's to say that De Anza might have not been on the forefront of energy efficiency in the country," Holt said. "I saw it as that kind of visionary project."

Even though the college has not provided much funding for the

Environmental Studies Department in the past, Phillips is appreciative that the college is supporting this project. "I'm excited that the college sees this department as a big growth area," she said.

Of the RFPs that were submitted to DASB, about half was denied funding and many did not receive the full amount. "Money is tight," said Phillips. "I've requested (RFP)

funds in the past and have been denied funding so I can't speak for DASB but I suppose they fund projects they believe in."

According to the proposed timeline established by the Environmental Studies Building Task Force, if all goes according to schedule Phase 2 of the funding timeline will be composed starting June 1999.

New building to be powered by solar energy

■ BUILDING from front page

Studies building began in 1990, when a group of faculty, staff and students presented a proposal to then president of De Anza, Robert DeHart. After much discussion, DeHart gave preliminary approval to move forward with development of plans for the building. Soon thereafter, DeHart became ill and the plans did not move forward. Beginning Fall 1996, a committee was formed to develop a proposal for the new ES building. Responsibilities of this committee included working with the "decision making structure at De Anza" on this proposition and to obtain outside funding for the building. Thus far the Task Force has not yet planned how to fund the building or equipment for the facility.

The Environmental Studies Building Task Force's vision is that this facility would be a model of energy efficiency for the western region of the U.S.

"It is going to be incredible," said Phillips. "People are going to be coming from all over the world...and students can be part of the solution."

Select students get priority registration

Student Government, EOPS, and some high school students among those who register first

By Alex Yebeler
Staff Writer

A long-time provided service of De Anza is priority registration which is based on the concept of "prioritizing" certain groups of students before others. The goal is to facilitate the scheduling of classes for these particular students.

For example, the California Education Code mandates that priority registration be granted to two specific groups of students: Extended Opportunity Programs and Services (EOPS) and Disabled Students Programs and Services (DSPS).

EOPS is comprised of low-income or disadvantaged students. "It is our responsibility to help these students, as they tend to be less overt than others, and they require some special attention," said Vice President of Educational Programs and Services, Robert

Griffin. DSPS is commissioned priority because they are students who have impairments that may hinder their learning, and are given this special treatment because they face these challenges.

So who else receives priority registration?

"Most groups on campus which are given priority registration are awarded it for a purpose," said Griffin.

According to Griffin, groups such as student government and student ambassadors receive priority registration because "these students are immersed in very time-consuming activities."

"We tell [them] that they have to be at a certain place at a certain time, and it can be very difficult to hold this balance of classes and extra-curricular activities," he said. "If we want you to participate, we feel that we should help you out with priority registration"

Another group of students were added to the priority registration list. Participants in the College Advantage Program are high school students with exceptional academic standing who have been specially selected to spend their senior year at De Anza.

"The transition from high school to college can be very difficult, and we try to facilitate it for these students," said Griffin. "Regular high school students taking classes are usually last on the list, and it is very difficult for them to get added into the classes they want. We provide College Advantage with this privilege to eliminate that inherent difficulty."

Student Daniel Pogrebin says he feels that the practice of priority registration is unjustly biased. "We are all out to advance our education, and everyone has busy schedules," he said. "Why should some select people have it easier than others?"

It seems however, that the school has taken into consideration this conflict of interest, but offers no solution. Katherine Kline, Director of Admissions and Records, said that priority registration is oriented around De Anza's goals of easing the complicated education process, and promote transfers to universities. "We know that prioritizing can be a great advantage to some, while at the same time it may have a negative impact on others," she said. "Still, we cannot treat everyone the same."

Griffin said that priority registration has been a heated debate within administration. As for him, he is convinced the process should continue. "It's not something I feel we should do away with," he said, but added, "...we do have the opportunity to examine the process for a better way to do it."

Campus Safety & Security Clips

Grand Theft

11-12-98 The touch modular controller was reported missing from Conference Room A and B of the Campus Center. It has since been replaced through the school's insurance.

11-18-98 Bowling equipment and a guitar was stolen from a student's vehicle in the Flint Center Garage.

11-18-98 A student left her purse with cash over \$400 inside, at a payphone inside the campus center. The purse was never recovered by Campus Security.

Petty Theft

11-19-98 A student left his wallet containing cash in the Men's Locker Room. The wallet was never recovered to Campus Security.

Disturbance

11-19-98 A student was reported to have been smoking marijuana inside the Open Media Lab. When Campus Security arrived, the student said that he was not



Jai Singh / La Voz

Peace Officer Leif Nelson questions a student who was allegedly smoking marijuana in the Open Media Lab. No charges were filed.

smoking inside the lab. No Charges were filed.

Vandalism

11-23-98 A De Anza monument was vandalized by graffiti at the Mary Entrance and the perimeter (the road surrounding campus).

Classified

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Mothers helper needed P/T guaranteed in Los Altos Country Club area. Will work around school schedule. Full time mother of four needs extra help during the day. Must love to read, play at the park, and be open to earth based religions. Car will be provided. Must have CA drivers license, proof of insurance, CA references and no arrests. Salary negt. Contact Christine (650) 949-5119

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