

M.C. Escher

see page 7



FOOTHILL SENTINEL



VOLUME 17 NO. 3 FOOTHILL COLLEGE, LOS ALTOS HILLS, CALIF. 94022 FRIDAY OCT. 11, 1974

The ASFC is now taking applications for various positions in student government — inclusive of 5 Senators and numerous directors and assistants. Each position is worth two units (Cr., No Cr.). Applications can be obtained from Ms. Thacher in C-31 and are to be turned in by 1:00 pm the 16th of Oct. 74. Get involved — NOW.



This is one of the pieces of artwork brought back from Bali by instructor William Aryan. The collection is currently on display in Seman's Library. Photo by Craig Fox

Teachers Tell Tales

Sabbatical leave has been a custom for centuries in academic institutions, and Foothill faculty have had the opportunity to spend up to one year out of every seven on sabbatical since the college was founded. For some teachers it's a time for rest and reflection, while others use the time for intense study and travel.

The Sabbatical Series, new this fall, is providing teachers with an opportunity to formally share their sabbatical experiences with the community, students, and fellow faculty and staff.

At noon on Oct. 2 in the campus Forum Building, 90 people heard Tim Hall of Physical Science share his sabbatical adventures with a slide show and talk about the geologist's role in land use planning. Hall spent the last year hiking the Santa Cruz mountains and shores, mapping landslides and earthquake faults.

Future presentations in the Series will include such diverse

topics as the women's movement, Eastern music, and comparative educational

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Jail life a "burning memory"

By Beth Walter
Copy Editor

For most of us the world of prison life is a nebulous never never land of guards and barred windows. We've heard weird stories about stabbings and sexual assaults, but the sound of the clanking doors on some TV police show are our closest associations.

The reality of the prison system is vague and acknowledged only intellectually as a problem society has not yet been able to confront head on. For others, however, prison is not just a social issue. The reality is a burning memory and it indelibly marks our future.

One student on campus, here to be called Ron, has some interesting insights into that other world. Ron's world for 24 months was no larger than the Campus Center. He stayed in one building for 21 months. The cement block "exercise yard" was the

size of an average tract home front yard and after walking around it a dozen times a day he could see the floor's cemented patterns with his eyes closed.

Ron stayed in three different prisons during his 24 months of "time". First he went to Chino and calls this place "riot cell". He was there only 5 days for counseling before being moved on to Tracy. He stayed at Tracy only three months and in that short time he witnessed seven stabbings, three of which were fatal. He was tear gassed three times.

Because Ron is not of a violent nature and had a good record those three months, he was transferred on to Sierra Conservation Camp. These inmates do forestry work for the government. Unfortunately Ron, because of a back problem, could not do heavy outdoor work. He was placed behind a typewriter and his 21 month stretch began.

Ron was arrested on a narcotics charge. He sold a

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management and how to cope with retirement and death.

Continuing Education at Foothill has come a long way from the old, narrowly-defined Evening College.

In a recent report to President Fitzgerald, the Office of Continuing Education maintains that "the worst education is one which produces a person who thinks he she knows everything, that formal education is left behind. One of the greatest products of a meaningful education is the intellectual curiosity that leads people to continued learning and makes them eager to learn as the experiences of life reveal areas of ignorance."

Critchfield pointed out that there has been a "shift in emphasis" over the years.

It was not too long ago that education simply prepared a person to compete in the job

market. Those fresh out of high school went straight to college for four years, armed themselves with a degree, and went out into the world.

Now, however, high school graduates tend to combine a formal education with other learning experiences such as

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"RYM"

This Friday, the 11th, co-curricular / ASFC are sponsoring an evening of excitement. At 7:30 Foothill meets Diablo Valley on the field here. Then at 9:30 a dance will happen in the Campus Center, featuring "Rym", a local rock group. Tickets for the dance are \$2.50 (\$1.50 with Foothill Student Body card), and can be purchased in advance at the bookstore or at the door.

"Fingers like grasshoppers"

By Wendy Greene

The auditorium chairs may have been stiff and immobile, but the chuckling sweaty man at the ivories had us all stomping feet, swaying in time, and even humming along.

With a warmth in his voice and fingers that wafted throughout the hall, seventy year old Earl "Fatha" Hines demonstrated the style and personality that have made him one of the most notable oldtime jazz pianists.

Grover Sales, bay area jazz critic who introduced Hines when he played last Sunday, Oct. 6th, in the Foothill Auditorium, expressed the effect Hines has had on jazz piano. "There isn't a jazz pianist living today who doesn't stem directly from Earl 'Fatha' Hines.

"Hines was the first jazz pianist to make a complete break with ragtime; the first to bring a classical touch to jazz piano. Hines now plays with more brilliance, daring and technical prowess than at any time in his history."

Sales went on to query Hines throughout the evening about his colorful past, enticing him to cite anecdotes on musical greats from Fats Waller to Duke Ellington.

Fats and Hines played together, exchanging riffs and friendship. "Fats used to say there are so many things you can do with a piano. A piano is like a human being — it has so many feelings." Hines sang along with one of the several Fats' tunes he played — "Honey Suckle Rose." With a mood as gentle as spring sunshine, the song must have sent many of the audience members into tender reverie.

The whole evening Hines displayed amazing flexibility in his fingers. Like grasshoppers, his hands leapt over each other, pounced down and slid across the keyboard multiple times. At the finish of each piece, Hines produced a large white handkerchief to absorb the pools on his face and neck.

With guffaws and chuckles Hines told his memories of Louis Armstrong. "His voice — singers used to hand out windows in the winter so they could get voices like Louis'."

And then moving up in time, Hines became quiet when he spoke of the late Duke Ellington. "His going took a long time for me to get over." Hines chose two Ellington compositions, "Satin Doll" and "In My Solitude". For the second number he asked

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Earl 'Fatha' Hines presented a nostalgic performance.

Photo by Wendy Greene



With movement emanating from the stomach, belly dancing is more dramatic when performed in costume. Photo by Wendy Greene

Shimmy into Shape

By BETH WALTER
Copy Editor

Belly dancing is being offered at Foothill this quarter as an alternative fitness plan for those who find exercise a chore. Taught by "Nargesse" (an Indian pseudonym) in G-3 on Monday nights at 6:00, students are learning to flutter the tummy, shimmy in both the bust and the hips, and do tummy rolls, among other movements.

Class members are attempting to learn coordination and poise so that their movements can attain the grace required in the slinky dance.

Says one student, "I'm learning to control my body at the same time I'm getting in shape." Says Nargesse "I've been into various types of dance and

physical activity all my life. Belly dancing is the most fulfilling of all I've tried." The dancing requires strength in all the muscles of the body and is great preparation for natural childbirth.

Belly dancing originated in the mid-east as a puberty rite. Young girls were taught by their mothers how to perform the beautiful seductive movements. At the time of marriage the girl would perform for her future husband wearing her gold coin dowry in a girth around her waist. After the wedding, her dancing became a ritual in their married life.

The class seems to be fun for all involved, especially the guys that use G-3 after belly dancing for Karate. They come to class early and hang around the door alot.

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...Contining education ...

(continued from page 1)

travel and part-time jobs. "And others," says Critchfield, "find themselves returning to school to upgrade their job skills."

Irel Lowe, Associate Dean of Students at Foothill, made the observation that "ten years ago 90 percent of the (day) students were just out of high school. Now I would say the figure is closer to 30 percent." And the Office of Continuing Education estimates that, out of the 5900 enrolled in day classes, 1300 are also signed up for night classes.

The Foothill Continuing Education Student Council, which represents the evening student body, supports and has sponsored many programs which benefit day students. "They have been very quietly operating in the background," says Critchfield.

The Child Care Center, for instance, is supported almost exclusively by the evening Student Council with the help of small donations, tax overrides, and a contract with the State. And at one time the night student

body funded the Veterans Assistance Program, the cost of which has since been absorbed in the school's budget.

Other contributions include the sculpture in front of the library, typewriters in the library, the piano in the Campus Center, and more than \$750 in scholarships each year.

Out of necessity, Continuing Education has recently hired a student to act as administrative assistant to coordinate the evening Student Council with various day committees. According to Critchfield, this came out of a need for more exposure to Council activities. "With this visibility the Council hopes to improve communication in the college community, to become more visible, and to have a voice in total campus decisions," the report to the president says.

As the goals of the Office of Continuing Education and the on-campus day program become more closely aligned, perhaps the function of the two will no longer need to be as different as night and day.

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methods. A half-unit of credit may be earned by taking in all five presentations, or by combining any number of the Film Series with the Sabbatical Series to total six.

The Series, coordinated by John Lovas of Language Arts, is free and open to the public.

Lovas, who recently returned from sabbatical leave, sees the Series as an opportunity for more community involvement in campus activities. While completing doctoral course work at Stanford last fall and winter, Lovas said he did a lot of reflecting on the need to bring more of the community to the campus.

He also experienced what it was like to be a student again and recalled that "one course had 300 students. I experienced the competitive anxieties and the tension before the first midterm...it reminded me again, and it made me aware of self-imposed, internal pressure."

The Sabbatical Series, Lovas feels, might also give the students a new insight into their teachers, "an opportunity for a student to look at a teacher they

may never have taken a course from."

And for teachers attending the Series, Lovas said, "It could stimulate the faculty for what they might do, or what they might share."

Check the coming events section in the Sentinel for future presentations.

Psyche services

Foothill's Psychological Services is open to students one again. The service is available to all enrolled day students and their dependants and offers personal and social counseling on an individual or group basis.

The purpose of the service as printed in their circular is to help individuals "gain better awareness and understanding of self and personal needs and to explore various constructive ways of handling problems."

The groups seed to "work out common social communication problems", and help members "gain more fulfillment in their personal and social lives". Three separate interpersonal relationships groups are scheduled including a male-female interaction group which focuses on improving interactions with members of the opposite sex, and gay self-awareness group for people who want to explore the aspects of gay relationships. Other groups will be formed "as needed" to fit students' schedules.

The groups themselves are relatively unstructured and informal and strive to help each individual progress towards a particular goal. The group coordinators are all professionally trained and experienced in behavioral sciences.

If interested, set up a preliminary interview with either Joy Morin or Roberta Loeffler in the Psychological Services and Testing Office in the Administration Building or phone 948-8590 extension 209.

..... Jail life a "burning memory"

(continued from page 1)

pound of cocaine to two police agents. When it was time for him to go to trial, he had to make a difficult decision. The court planned to throw the book at him for the dangerous drug charge. He could get a lesser sentence by instead taking a rap of 60 minor neighborhood burglaries that were cluttering up the Redwood City Police department files as "unsolved". But burglaries are somehow less "socially forgivable" than drug charges. Ron gave the okay on the burglary deal to lessen his time in the "joint". That is how justice was served, the People vs. Ron.

The consequences of that deal will now have to be met. He has been able to beg work at a local Shell station, pumping gas. He says his boss is an open minded and compassionate man. He is giving Ron a fair chance. Ron is attending Foothill in search of the good life he has somehow always missed. Since age 19 Ron has spent six years in the military, was out only 1½ years, and was then sent up.

A concern for Ron is that here on campus there is no service for former prison inmates to get together and with the help of a counselor, try to work on their common problems. He would like to see such a plan on campus and would hope to model it after a similar program available at San Jose State.

People interested in such a program and other former inmates are invited to contact the Sentinel office for further information. We plan to follow this issue closely. Any and all help, information, etc. you can provide the Sentinel will be appreciated. We are in M-24, or use the feed back box.

..... 'Fatha' sings

(Continued from Page 1)

the audience to hum with him. When we all finished that beautiful melody, Hines burst open his arms, beamed broadly and proudly complimented "If you could have heard that!" We felt pretty happy too!

Next came a gem of a number, a Hines piece "I Can't Trust Myself Alone" combined with "Motherless Child." A few bars of piano from Hines, and then mysteriously a woman's voice lilted with the piano. Fresh, rich, filled with color, Marva Josie sang in darkness from an audience seat and enhanced Hines' playing perfectly.

Hines finished the evening with some of his bouncing compositions, bringing the audience to a joyous standing ovation.

At seventy Earl "Fatha" Hines has the spirit of a six year old and the music of an angel.

Foothill Planetarium:

"The sky is the limit"

By SUE SAHAKIAN

"Planetariums are "Super Sensory Theaters"...in which the sky is the limit for imagination", states Paul Welch, a 19 year old Foothill student who has been actively producing various complex planetarium shows since the summer of 1968.

Misconceptions about planetarium shows (which have changed greatly within the last five years) as being boring and lecture-like in structure are disproved by Paul through his use of background music by such artists as Elton John, Pink Floyd and others, carefully selected to create the right mood. Also in an attempt to touch upon other senses, Paul may use special effect devices, (many of which he designs himself) ranging from water pistols shot at the audience during a thunder storm, to spectacular light shows and art work that can be combined to create sunrises, sunsets, shooting stars, comets, lightning and much more. (Paul points out that some planetariums have proven to be an excellent medium for science fiction.) Along with researching facts, scientific or otherwise, writing a planetarium show requires a constant listening for any usable quotes or humorous anecdotes, as well as a feel for the selection of proper music, timing the order in which everything is supposed to happen, and special effects. Paul says it may take him about an hour of research and planning to produce as little as one minute of final script material.

At the age of nine (1965), Paul's first introduction to the concept of planetary sciences was while

viewing the moon through a friend's telescope, which captured his curiosity and inspired him to do a lot of reading on the subject. Later, in 1966, his class took a tour of the Foothill Planetarium, which struck up a strong interest in Paul, who soon afterwards purchased a star ball (relatively simple device for projection stellar images) and with time converted his room into a miniature planetarium with the addition of lighting effects, a slide projector, etc.

Paul began to do volunteer work at the Foothill Planetarium, when a few years later (1968), while attending a summer school class, he was asked by the instructor, Tom Gates, to do a planetarium show on Mars for the class. The show was a success and he was asked to do another one in 1970 for a public audience.

Paul is now planning to earn a degree in planetary sciences, and

feels that one of the advantages he has in his chosen career is being able to view any stellar pattern from any epoch whenever he wishes, and unlike an astronomer, who primarily observes the universe, he can use his imagination and creativity to entertain people in the doing.

Paul feels that the planetarium has something to offer everyone, and would like to see talented students in the areas of English, music, mass communications, art, etc., co-operate in the production of an original show dealing with, perhaps, a topic in science fiction. "Landlords from the Stars" is Paul's most recent production, and can be seen Oct. 4 — Nov. 30, Fri. 7:30 & 9:00, Sat. 11:00. There is also some speculation that the planetarium will be giving shows during the college hour. Further information may be obtained from the Foothill Planetarium.

Plant Power

From Foothill College's Ornamental Horticulture Department come these tips for efficient pest and disease control:

Spray in the A.M. Syringe plants in the early morning with a strong stream of water to wash off dust, insects, and disease organisms which damage plant tissue. Washing also cuts down on the need to spray with insecticides and fungicides.

Bug the Bugs; Choose plants suitable for the location in which

they grow, warn Foothill horticulturist Charles Kingsberg. If possible, he adds, grow disease and insect-resistant varieties. Plant is a well-prepared soil mix with good drainage, then water and feed regularly. If a disease or insect attack is serious enough to warrant spraying with an insecticide or fungicide, follow label directions to the letter and consult your nurseryman or other qualified horticulturist for professional advice.

Quirks n' Quips:

There oughta be a law ...

You know, America is a beautiful place to live because the people are really with it. I mean, I really enjoy watching people walk around with their heads in the clouds.

I was attending a rally in

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Diablo Valley a few weeks ago. This guy was really putting down Schmuck Oil Co. for the stinking pollution that they put out and I thought "right on." This guy really knew what he was talking about and like we'll never have clean air if industry doesn't cooperate. So anyhow, this guy finishes his big protest speech and everyone applauded (including me). He then walks down the parking lot. I was trying to follow so I could interview him but didn't catch him. He got into his 1962 Ford step-in-van,

cranked it up, and roared away (muffler shot) in a cloud of dirty gray smoke. Hello Wmerica — do as I say and not as I do.

I guess it's ok though, as long as your hearts in the right place — where ever that may be.

Last week I decided to go fishing up in the Delta — the stripers were running, so I called up a friend and we made a date. My friend brought along another guy who was from a local conservation group. This was great because I wanted to know what was happening in the Bay area — regarding conservation and anti-pollution. It was a real nice day. We had five nice Stripers, a few Flounder, two Sturgeon and were on our 2nd beer. Things were slowing down so I sat back and asked this guy, "Hey Jack (not his name but the first part of the word which describes him), what's happening?" Well I guess that was one question that I shouldn't have asked because this guy went into an oratory that was unbelievable. He went on and on and on. Then he gets into this thing about stronger anti-litter laws. Right in the middle of his oratory I almost swallowed my whole beer can — the *&?! threw his empty can over the side. I didn't say anything. I finished my beer and placed my

can back into the cooler. Then I look up, "Hey, what happened to the other two empty cans," I said. No one said a word. TRAPPED.

I guess we can't all be perfect — I'm not anyhow. BUT there has got to be a better way. I drove my little 25 plus miles to the gallon Toyota into the service station a couple of days ago — told the guy to fill it and jumped out headed for the john (no slur intended to anyone or anything). So I was standing there reading the walls (change from the standard stuff that you read at Foothill) and this guy bellies up a couple over. "Ain't these prices the most ridiculous damn things you sever seen?" he said. And he told me all about the oil shortage, about how it was a farce between the Government and the oil companies and so on. God, was I glad to get out of there! I gave the attendant my card and he wrote it up and I got into my bug and started to pull out when this guy came out of the bathroom and got into his big 8 miles to the gallon go anywhere home and headed for his weekend jaunt to the lake.

THE INCIDENTS YOU HAVE JUST READ ARE TRUE. THE NAMES HAVE BEEN CHANGED OR NOT USED TO PROTECT THE GUILTY.

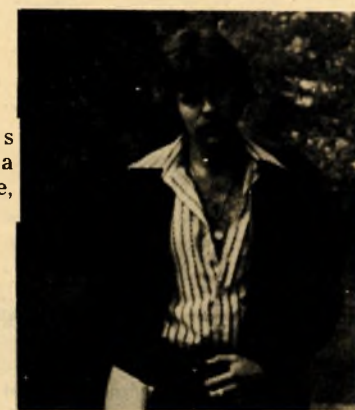
Campus Comments

WHAT IS YOUR MOST EROTIC FANTASY?

1. Tim Lopez-I'd like to make it with Billie Jean King while playing tennis. It would have to be a doubles match.



2. T. Rosenthal-Having Cabernet Sauvignon poured all over my body and having Paul Newman lick it off.



3. Haldo Hendrickus GradusvandrLaan-To be a centerfold in Playgirl magazine, smoking a cigar.



4. Bill Gouthier-Revisiting Singapore's Hotel of Seven Pleasures (an R&R Hotel offering seven pleasures and 300 women).

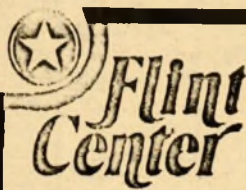
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— VIEWPOINTS —

By RON ADAMS
Political Editor

On campus the Student Government is plagued by a general lack of interest, and conflicts among the members of the Student Council. It was reported that Mary Hamilton, ASFC President, dismissed Mel Burrows, Finance Director (note his appointed term had ended) in hopes of finding someone more to her liking, only to be disappointed by a lack of interest. Also, Rebecca B., V.P. of Activities, was advised by the president not to enter her office — this was done in writing and a notice was posted by Mary Hamilton advising, "To all interested parties; Rebecca Botiho has no business in this office. Messages for her may be left in her mail box. Signed (printed) Mary Hamilton". As yet there has been no reason unveiled that would indicate why the VP of Activities would have no business in the office of the president.

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The lack of interest that plagues the council is evidenced in the fact that there are only five voting members with no senators — as well as a few other vacant positions.

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Where the student council will lead us next is unknown. During the summer months Mary Hamilton, Rick Vitran — VP, and a NON-STUDENT, represented the students of Foothill in the battle of the Griffin House vs. the De Anza

Parking lot. A few of the De Anza Council members are still boiling from that. It seems that the REVITALIZED government from last year is being pushed down the tube by a power house of student apathy toward government.

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Locally, we see something that may be a historical moment in peoples rights and that is the battle of Palo Alto vs. the People of the Land. It will continue to be an interesting conflict — one that should be followed with interest.

The most important state issue, at this time, is the conference on a new civil rights bill. ANYONE WHO HAS ANY COMMENTS OR ANYTHING THAT THEY THINK SHOULD BE INCLUDED IN THIS NEW BILL SHOULD WRITE HIS OR HER ASSEMBLYMAN OR STATE SENATOR IMMEDIATELY.

+++

It seems that President Ford regained the favor of some people (favor that he lost by granting pardon to you know who) by stopping the sale of wheat and corn to Russia — A sale that would have certainly been the cause of higher costs for cereals, bread, and other grain products as well as all grain fed meats. The big question now is — "Pardon for draft dodgers and deserters; full, partial, conditional or none at all?" There will be a poll next week to determine the thoughts of the Political Science students of this quarter, on this subject.

Cynic's Corner

By Mike Dutton

Dear Cynic:

Re your "Cynic's Corner"; that is if all it takes to be a cynic is to remark about someone's ancestry or physiology, I must protest your treatment of 'Son of Gov'. I've seen the movie — (it's better than Mondo Gov and Planet of the Govs), and I think, finally, we can have a man providing us comic relief, not that Dick's out. (Writing a musical on the life of Ronald Zeigler I hear.) I mean who needs the practicality of "Mr. Clean" (remember Spiro) when we can elect a man who's so decisively indecisive, it's refreshing. Don't you read anything else Mike beside the Sentinel and Arizona Highways? What we need is a governor who can say "I'm not sure," or "definitely maybe." Sort of like Jerry Ford reverting.

By the way Mike. You're to take this personally.

John Nagoski

Dear Mike:

If you want comic relief run for

Gov yourself.

Now I see why you're called the Cynic. Your Oct. 4 article, stating that the Vietnam protesters were only interested in white lives, was unfair. Granted most of the protest was during the long years of direct involvement. Some protesters sacrificed much of their lives during those years. Yet, even after troops were withdrawn, there was enough strength remaining in the Movement to stop the continued bombing. Since the overt signs of the U.S. intervention had ended, the protesters collapsed into a long delayed state of apathy. They realised they could only influence their OWN country's actions.

Charles Boatner

I did not know the Air Force had an entire bomber wing made up of non-whites; very interesting.

Now that Health, Education, and Welfare is larger than all Department of Defence spending, direct and indirect, who will be the first with "The Selling of HEW", sequel to "Selling of the Pentagon"? Who will be the first to write "The Welfare Establishment," sequel to "The Defense Establishment?" Ralph Nader? Walter Cronkite? James Reston? We're waiting.

The Foothill administration takes care of its own. Monday, Oct. 7, new signs went up in parking lot 4 behind the library. They are blue with a simple wheelchair symbol. There are no words on the sign, so you need not be literate to understand what it means. The excuse of illiteracy should not be used anymore. We will be able to separate the illiterates from the inconsiderates, maybe.

After two years of Watergate hearings of one type or another there are still teachers who throw tickets in the Campus Cops face

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letters & comments

Dear Student Body,

At this point I can tell you that ASFC is into Aikido, Law Seminars, Campus Committees, appointing students to vacant positions, old films, a debate on R.O.T.C., campus broadcasting of news on TV, saving the old Griffin House, and sponsorship of musicians local and distant. This is what people are up to these days under the auspices of ASFC, and most of them are getting credit for it. I am glad to officially welcome you, from the Council, to join in.

Have a problem or project? Just feel like talking? Come see me in room C31. My office hours are 12-2 p.m. on MTThF, and our council meets every Wednesday from 1-2 p.m. and 4-5 p.m. I recommend involvement in the her and now, on campus, as excellent training for life off the hill.

Remember when local groups made it big: like Jefferson Airplane and Paul Butterfield's Blues Band? RYM is another such local up-and-coming group. Three of the five member band are students at Foothill. They play original Rock and Roll — the music is moving, mellow, and great for dancing. Bym will play in the Campus Center on Friday, Oct. 11, at 1 p.m. for a preview, and from 9:30 p.m. that night to 1 a.m. with the "Blue Sun" light show. Come Enjoy.

Also happening soon is an excellent lecture to be given by a "right on" attorney, on the subject of "Marijuana, the Law and Your Defense." For the message to be effective there should be a large audience who is dedicated to spreading the information. Reagan vetoed the legislation of marijuana laws. Come to the Theater on Thursday, Oct. 17, from 1-2 p.m. sharp.

Don't forget to sign the petition to save the Griffin House. It's posted outside my office.

Communicate with someone on the Council your feelings of whether or not we need R.O.T.C. on campus.

It is easily within our reach to humanize at least one administration; that's the administration of ASFC. Its got to be good for the people; a feeling, growing process of education in the real sense. Stop by, as I said, you are welcome here.

Sincerely,
Mary Hamilton
ASFC President



Here it is!

The SENTINEL Feedback Box is up! Situated in front of the Campus Center, it is the hungry receptacle for your criticism, correspondence, questions, and clever quips. It gobbles up anything; poison-pen letters will not kill it.

The Feedback Box is the brainchild of this year's SENTINEL staff, designed to provide the link of communication between you to us.

The SENTINEL hopes to be more than another mundane campus press, but a campus service. You got the questions? We got the contacts.



An education for vets? Some say we don't need it. Like the people collecting traffic fines. A vet sat in our office — he was broke and discouraged. He'd saved \$3 to register but it went to pay off a forgotten parking ticket, and nobody would loan him \$3. It was all he brought — all he had. We sat there with him and felt miserable. But some vets don't need an education.

My neighbor, I think, is a veteran. He likes guns. Shot all the other neighbor's cats with his rifle because hippies owned most the cats. The hippies moved. Unknowing, I moved in after them. He drives into the bushes near my bedroom window around 3 A.M. That's after all the bars close. His pals drop him off sometimes and laugh that red-neck bar-laugh: "har, har, har babe." Maybe they're veterans too, but some veterans don't need an education.

Another veteran looked crazy, too. He sat in the Administration

building and looked weird. Said they'd treated him with everything from insulin-shock therapy to Thorazine no-nothing therapy. He kicked. Wanted to think about mathematics instead of Vietnam where he used to be an interpreter. But all he could imagine, even there in his chair, was Vietnam — and those freaking drugs. But some vets don't need an education.

The G.I. Bill pays you \$220 a month to get educated. While \$220 ain't hay, it isn't enough either. Buys the books and the rent for a month if you live with a roommate. If you want to eat too, try working. And if you've got a family, forget the G.I. Bill and solder transistors at IBM or Hewlett Packard. They pay double the G.I. rate. That's all though — and all you'll do for the rest of your miserable life. But again, some vets don't need an education.

You know where the money goes when a veteran doesn't collect? The Federal Treasury. That's right — a regular windfall for Uncle Sam! Combine that information with the fact that 95 percent of all the low-income and minority veterans never collect a

penny of their G.I. Bill. Five percent of these guys we classify as "needy" use the bucks — not enough of them any way you look at it. Sam likes it though, because it keeps the budget closer to fiscal predictions. That's why the politicians aren't exactly falling all over themselves pushing for a raise in our benefits. If they got the price up to where guys could live off it, everybody would collect and the budget would go to hell. But the politicians won't do much unless there's a big stink and racket raised. Who wants to do that?

Since some vets don't need an education anyway, the ones who do are likely to keep quiet as long as they get theirs. Why rock the boat with letters and telegrams if you're in the lucky 5 percent or if your dad owns stock in IBM or you're really getting it on with a 40-hour job and school at the same time? The hell with brotherhood, man, SOME vets just don't NEED an education!

I need an education though, and I need more than the measly \$220 they give to accomplish this. But I don't learn too well. For in-

(continued on page 5)

SENTINEL

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Graphic Arts: Nina Dees

Cynic's Corner

(continued from page 4)

(really!). Now a parking ticket is not as bad as Watergate was shown to be. But it is only a difference of degree, not of kind. Mr. Nixon tried to 'fix' Watergate and a few of our teachers demand that the cops 'fix' their tickets. They are so sure of it that no attempt is made to hide the contempt they have toward students.

Consider where they are when they want tickets fixed. The police desk is in C-31 with the student government offices on one side and the advisors' offices on the other. The room set aside for meetings of ASFC and OBD and Co-curricular Council is right behind the police desk. Mrs.

Thatcher shares the same counter with the campus police and students are in and out and standing around waiting to see someone all day long.

Yet teachers still throw tickets in the cops faces for them to 'fix'. Whether or not you agree to the need of some sort of security on the Foothill campus, I think you will agree that the rules should be enforced or applied equally. Or was nothing learned from the Watergate 'fix'?

What are you really teaching us when this goes on? Think about it Mr. Silva, Dr. Bradley, Dr. Fitzgerald, and Dr. Dunn, what are the students at Foothill really learning? Is it worth it?

The Office of Criminal Justice Planning has funded a year-long study of alternative police investigatory procedures, emphasizing sympathetic and supportive treatment of victims of rape in the City of Palo Alto.

The project includes detailed research and is designed to eventually involve all county law enforcement agencies. AP-PROACH ASSOCIATES, an Oakland-based consulting firm specializing in criminal justice projects, has contracted to provide technical and consulting skills to aid the Palo Alto Police Department in improving rape reporting, police response to

victim needs and investigate skills.

The initial project component calls for development and implementation of a research design to determine what the Palo Alto Police Department can do to increase the number of women who would be willing to report the crime of rape. Emphasis will be placed on gathering information relating to non-reporting. Women's groups, community organizations, reporting and non-reporting women will be interviewed.

Subsequent project components will focus on current police rape investigatory

methods, and the processing of a rape case through the criminal justice, medical and mental health systems. The consulting team will contact public and private medical and mental health agencies, and information will be developed to aid the police department in on-going interaction with these agencies. A review of past rape investigations and prosecutions will provide additional information for use in designing alternative procedures for rape cases which will meet both victim and prosecution needs.

The final project component will involve a community education program concerning every aspect of the rape problem. Among the topics to be covered will be self-defense and rape prevention measures. The Community will be informed of the nature of project goals and the urgent need for public cooperation.

For further information, please contact project personnel at 329-2186.

There is an attempt at generating some interest in a Sky-Diving Club here at Foothill. There was one here about three years ago.

People who are interested in the sport should get in touch with Ms. Thacher in C-31. Her extension number is 283.

(continued from page 4)

stance, how many times have I said all this? And it's still 5 percent going to school — still 3 percent more veterans unemployed than anybody else — the House of Representatives still thinks the Senate raises are too much — Ford pats the deserters

on the head and agrees with Nixon that anything over an 8 percent increase is "inflationary". Anybody who learned well would just forget it. I can't. I hope you can't either. So pass the word brother, by writing the House and Ford, again. Sign the petition at Vets Affairs again

too. Keep telling them how little you appreciate their trying to win a war on inflation by attempting to roll the veterans like so many parking-lot drunks. Let's fact it

— ALL veterans need an adequately-financed education, and now!

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Butch Whacks Back

Joe Directo

Firesign Theatre calls it "High School Madness" while the San Francisco Examiner says that Butch Whacks and the Glass Packs are the "Best (Vroom... Vroom) Show Around."

The Butch Whacks and the Glass Packs Concert will begin at 8:00 p.m. at De Anza's Flint Center, Saturday, October 12th.

Butch (whose real name is Jerry Murphy) Whacks and his Glass Packs is an 11-man group specializing in adolescent comedy, wrapped into the music and framework of the greasy 50's.

They leave Sha Na Na in a heap of rusted hubcaps and Midas Muffler smoke. Sure they'll sing all of those trendy hits of the late 50's like "Rama Lama Ding Dong," "Silhouettes," "Jailhouse Rock," "Chantilly Lace," and even an obscure Jerry Lee Lewis number entitled, "High School Hop."

But how many times can you

see an actual D.J. dressed in crazed-out gold lame spewing out the "Big Fella Show" which features the top four hits of the week, view the winner of the "Bobby Rydell Look-a-like Contest" who's some slick lightning bolt named Paul Pompadur, or hear commercials about Dixie Peach Pomade, available at Elmer's hair house... all on the day of Sept. 15, 1956?

Butch and his greasy comrades have names straight out of Jughead and Archie... head cheerleader and token dork Lance Clayton... hip jock Moose... Steady Eddie Sullivan, who hassles everyone in his red silk bomber jacket... Julio Lopez, who, looking almost exactly like Elvis the Pelvis of the Chicano circuit, tells his audience how his chick was seen in her window making love to some dude and started singing "Silhouettes," and then Butch Whacks comes on to sing "Run-Around Sue" while holding an oily rag.

The concert's sponsored by the Associated Students of De Anza in association with KSJO Radio. Tickets are on sale \$4 \$3 from the Flint Center Box Office, Macy's, and Peninsula box office.

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OHM's LAW

This note was recently found in a Xerox machine in Mountain View and it may interest a few people. It was written by Dr. Gene Emmet Clark.

"There is a well known law in electricity called Ohm's Law. It says, among other things, that the amount of current that will flow in an electrical circuit will always be inversely proportional to the resistance in the circuit. In other words, the less resistance, the more current that will flow; the more resistance, the less current.

The electrical current, remember, is entirely invisible. No one really knows what it is. We simply have a little knowledge of what it does. No one has ever seen electricity. It would even be difficult to prove that there is such a thing, but something is doing something in a certain way under certain conditions. Remove the resistance, or decrease it, and that something that's doing something does it to a greater degree than it did before.

Does all this sound unscientific to you? You believe that scientific knowledge is more exact than this? Don't be too sure!

Sir Arthur Eddington, one of the most brilliant scientists of the past hundred years, describes the electron theory in his book

"the Nature of the Physical World," by saying, "something unknown is doing we don't know what."

So when I tell you there is an invisible power that moves through you and your life, that it can make an entirely new person out of you in this or any other year, and that it responds in some strange way to your beliefs, your habitual states of mind, your mental attitudes and expectancies, the whole idea is no more nebulous, no more intangible, no more theoretical than the visible forces and principles behind any science you want to name.

And this power I am speaking of flows through your life, giving you creative ideas, building up your body, strengthening you, replacing depression with joy, and so on, to the degree that you remove your resistance to it.

Your resistance may have any one of a number of names. Some of them are doubt, denial, fear, hate, worry, unforgiveness, and resentment.

The degree to which you rid yourself of these will determine how much healing and renewing power you allow to flow through your body and your life from this moment on."

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S.F. Film Fest

By MIKE JACOB

The fabulous San Francisco International Film Festival will open on Wednesday, October 16, at the Palace of Fine Arts, on Beach and Lyon Streets in San Francisco.

This year the Festival boasts over thirty quality films, by such gifted directors as Ingmar Bergman, Sam Peckinpah and Luis Bunuel.

Some of the highlights run as follows: Wednesday, Oct. 16-opening night, 7:30 p.m. \$50, including salute to Columbia pictures, post-theater dinner part, and the World Premier of Ronald Neame's "The Odessa File", a suspense thriller about a contemporary Nazi conspiracy, starring Jon Voight and Maximilian Schell.

Thursday, Oct. 17-7:00 p.m. "Steppenwolf", Fred Haines, Herman Hesse's classic-starring Max Von Sydow and Dominique Sanda.

Saturday, Oct. 19 - 1:00 p.m.-A tribute to cinematographer James Wong Howe. 9:30 p.m.-"Scenes From A Marriage" (Sweden) Ingmar Bergman. The Swedish master follows a marriage through many years and changes, seeding the essence of what a "Marriage" is. With Liv Ullman.

Sunday, Oct. 20-7:00 p.m. "The Death of the Director of the Flea Circus", Thomas Koerfer. A surreal mystery involving the fear of life and the value of death in a power-oriented society.

Wednesday, Oct. 21-9:30 p.m. "France Incorporated", Alain Corneau. In the year 2222, a man kept alive as "living history" recounts the takeover of hard drug sales by big business in the late 1970's.

Saturday, Oct. 26-9:30 p.m. "The Profiteer", Sergio Nasca. A hilarious and disturbing satire banned in Italy since its premiere.

Sunday, Oct. 27-9:30 p.m. "The Phantom of Liberty" Luis Bunuel. Starring Monica Vitti, Jean-Claude Brialy, and Michel Piccoli.

Reserved seats, evening, 4:00; Opening night, \$50, opening night film only, \$10, In person daytime tributes, \$2; Special midnight show, Oct. 18th, \$3.50, unreserved; Moreau night, \$6, reserved; New Directors Series-free.

Tickets available at Downtown Center Box Office, 325 Mason St., S. F., and Palace of Fine Arts Theater Box Office starting Oct. 17th; and at other Bay Area locations.

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Coming Events

MUSIC

Oct. 10 — Cleo Laine, Memorial Auditorium at Stanford University 8 p.m., tickets at Tressidor, \$6.50, \$5.50, \$4.50.
13 — Helen Reddy, Circle Star, Theater, San Carlos call 364-2550 for info. + + +

Oct. 11 — RYM" today in the cafeteria, Rock and Roll band + + +

RYM" Rock and Roll Music and dance, 9:30 p.m. to 1:00 p.m. Campus Center, 1.50 with C.C. card, 2.50 all others. Blue Sun Light Show, call 964-3076 for info. + + +

G.S. Sachdev, Bambu flute music and ragas of India, 8 p.m. at the Palo Alto Cultural Center, adm. \$2.50. + + +

Oct. 12 — Butch Whacks & The Glass Packs, De Anza College, Flint Center 8 p.m. tickets are \$4 & \$3 at Macy's De Anza and Peninsula Box Office. + + +

Bell Arte Trio & Waldhorn Trio, Chamber Music, Palo Alto Cultural Center, 8:15 p.m. tickets at door \$2 & \$1.50. + + +

John Fischer, Stanford, Frost Amphitheater, 1:00 p.m. tickets are at Tressidor and at the gate \$1.50. + + +

October 14 — Rowan Brothers, The Odyssey Room in Sunnyvale, 9:00 p.m. cal 245-4448 for info. + + +

Oct. 19 — Doc and Merle Watson, John Fahey, Memorial Auditorium at Stanford, 7:30 & 10:00 shows, tickets at Tressidor \$3.50 for all seats + + +

Nov. 5, 7, 9, 12, 14, 19 — Music Recitals by Foothill Students in Appreciation Hall, 1 p.m., all classical music, contact Connie Marvin in the Music Dept. + + +

Nov. 12 — S.F. Opera Annual Fol de Rol, Civic Auditorium in S.F. Dancing 10:00 to 12:00, tickets \$2, 4, 7, call 861-4008 for info.

Oct. 18 A meeting of people interested in Bluegrass Music, Delta Blues, and country music, in C31 at 4 p.m., tapes will be heard and a possible program will be made out for use on campus + + +

Oct. 16 — Sabbatical Series, William Bryan, Bali music, art, & dance, campus forum building, 12:00. + + +

ART

Photography — Anne Brigman Photo Show, Sept. 17 - Nov. 17, at the Oakland Museum + + +

M.C. Escher & Jesse Allen, Sept. 21 thru Oct. 21, Accent Arts in the San Antonio Shopping Center, Mtn. View, call 964-0886 for info. + + +

Peter Green — prints and drawings, Oct. 13 thru 19 at Gallery 2 at the San Jose State Univ. + + +

Photography Exhibit — Oct. 8 thru Nov. 2, photography by the staff of Columbia College Photo Dept. Open Tues — Sat. from 11 a.m. to 5 p.m., Focus Gallery, 2146 Union St. S.F. call 921-1565 for info.

Art Show in Mtn. View

ESCHER & ALLEN

by Larry Orlick

If any of you missed the showing of M.C. Escher two years ago at the Vorpai Gallery in San Francisco, now is the time to make it up.

Accent Arts in the San Antonio Shopping Center has a display of nineteen of Escher's original works that show a wide range of skill and talent of this artist. One can easily spend a great deal of time studying the detail and forethought put into his work and wonder how anyone could come up with such fantastic ideas and then transfer them onto paper.

Maurits Cornelis Escher was born in Leeuwarden, Netherlands in 1898. He took his first interest in art in secondary school and was taught the technique of the linoleum cut by F.W. von der Haagen. He went on to the School of Architecture and Ornamental Design in Haarlem in 1919 and further studied the graphic arts and techniques and mathematics.

After school he lived and traveled in Italy, Spain, Belgium, and Switzerland, drawing all along the way. He finally moved to his home in Baarn, Holland in 1941 and put his expertise to work and in the next twenty years created his most widely known works.

Escher is a master at the ability to change the viewer's point of perspective very subtly. Many people who view his work for the first time never notice anything strange, but things are not as they seem. Buildings that cannot possibly be built, or maybe looking at a top view, bottom view and side view all at the same time. Looking in and out, up and down and left and right in the same picture.

Escher is a graphics arts master. Black doves turn into white doves, fish turn into birds and little men get smoothly lost among geometric shapes.

He captures perspective and dimension seemingly effortlessly and illustrates it on only a two dimensional surface.

Escher's popularity has skyrocketed in the last five years right along with the value of his lithographs and etchings. Prices of his work start at about \$800 and soar to \$25,000.

Escher is one of the first artists that made me take a really close look at art. If you have never been really interested in art before, go see a showing of his work and you may be surprised at your own reaction to it.

RYM

Rym is a popular five-man group hailing from Mt. View. Warren Wilson and Jim LaGassa, both Foothill students, play drums and bass respectively. Byron Kanney is lead guitarist, Ozzie Hunsucker handles organ and piano, and Gary Whitney plays rhythm guitar.

More than 70 per cent of the group's music is original, including "She's No Angel" and "Driving All Night," which they'll perform Friday. They describe their music as similar to that of both the Doobie Brothers and J. Geils Band.

"Belvedere", "Relativity" and "Day and Night" are some of his well known works on display.

Along with the Escher showing is another artist named Jesse Allen. Allen is becoming a well recognized artist whose work easily shows the skill and imagination he possesses.

Allen was born March 1939 in Nairobi, Africa. He was educated at Oxford, lived in Italy and taught French and Italian at Stanford University. Now he devotes himself entirely to

painting which he taught to himself over the years.

His subject matter are usually plants and animals of his native land of Africa. His monkeys are like they are between man and ape. Emotions are commonly displayed, sometimes varying from a savage death, to acts of love and all points between.

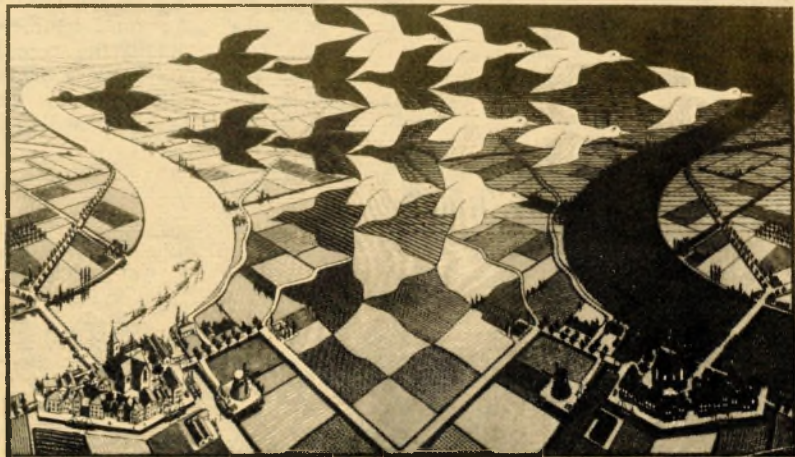
He uses strong rich colors that present a strong image, an image that sticks in your mind after you leave the gallery.

A half hour film of Jesse Allen

entitled "The World of Jesse Allen" is shown several times a day at Accent Arts.

All prints on display are for sale and prices range from \$800 to \$13,000. Any questions regarding sales or information about the artists should be referred to Maralyn Grimes at the store or Vorpai Gallery in San Francisco.

Reproductions, posters, and cards are also on sale at the show. The show will be on display seven days a week from September 21 thru October 21.



"Day and Night" by M.C. Escher.

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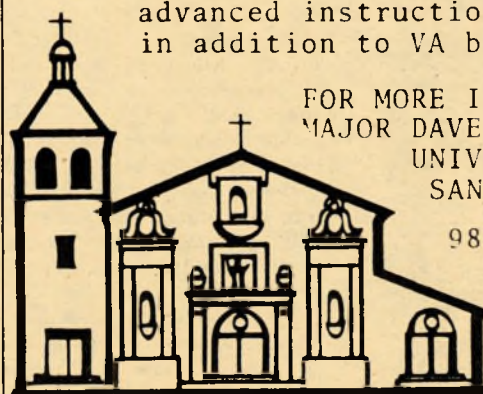
Did you know that men and women attending Foothill College can now enroll in Army ROTC through DE ANZA and the UNIVERSITY OF SANTA CLARA? If you are in your first or second year of college you can enroll now, without an active duty obligation. Try the program for a quarter, if you like it and can qualify, you will receive \$100 per month during your junior and senior years of college.

SCHOLARSHIPS -

Students enrolled in Army ROTC can also compete for 3-year or 2-year scholarships which pay all tuition, fees, and cost of books at any college or university which offers an Army ROTC program. Additionally, scholarship students receive \$100 per month, tax free, during the period the scholarship is in effect. At the UNIVERSITY OF SANTA CLARA the scholarship amounts to approximately \$3,500 per year.

VETERANS -

Veterans who have been out of the service less than 5 years may qualify immediately for advanced instruction and \$100 per month in addition to VA benefits.



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Owl poloist Phil Drum fires the ball past the bewildered San Mateo goalie. Foothill and the Bulldogs went two overtimes in the Golden Gate Conference opener before the Owls squeaked with a 10-11 win.

Photo by Jan Miller

Booters host Dons

BY STEVE SOARES

The Foothill soccer team captured its first win over in league play last Thursday night by defeating Diablo Valley 2-1.

The Diablo players must have come out of the game just a bit shell shocked and thankful for such a close score as Foothill outshot them from the field 45-5 and had five of those shots hit directly on the crossbar and bounce back into the field of play.

"For the first time this season, the game went every way we wanted," said George Avakian the head coach of the Foothill soccer team. "We followed our game plan exactly. Our team constantly had control of the ball because the defense really rose to the occasion and just destroyed Diablo Valley's offense."

Even though Foothill had over twenty shots at the Diablo goal in the first half, none of them connected and the Owls had to settle for a scoreless tie at the intermission.

Playing with great poise, the Foothill bootmen did not become frustrated when so many shots nearly went in but stuck to their game plan of a slow up offense and it finally paid off.

The first goal was scored by Foothill in spectacular fashion by striker Alejandro Garcia with an assist from Bronko Rabrenovich.

Rabrenovich kicked the ball directly to Garcia who made a chest trap with it. With two defenders hounding him and his back to the net Alejandro un-

believably pivoted his body and without ever looking at the net, drilled the ball past the stunned goalie.

Garcia also scored Foothill's other goal after Tom Kawano drew a penalty kick when a Diablo player tackled him in the penalty box.

Garcia was not the only player to come up with outstanding plays as Foothill goalie Mike Vanneman put forth what Avakian called a "super effort" to stop a Diablo penalty kick.

Other players mentioned by Avakian for outstanding play were 17 year old Tracy Brown, newly chosen captain Gil Aragon, and Walter Tijiboy. "The players that played their best game of the season were Tom Kawano, Brian Bue, and Dave Whiddon."

Avakian also gave a great deal of praise to Ray Nolan who the coach says "offers so much threat to the opposing defense that his presence alone allows the other players to score."

This Friday at 3:15 on the Foothill field the Owls will be playing rival De Anza for the first time ever.

De Anza has been a top team in their conference for the past three years and should prove to be a real test for the Owls.

If you like soccer come out and give the team your support. If you've never seen a soccer game or don't understand it, Friday will be the perfect day to watch and learn.



Walter Tijiboy gets ready to control the ball as Bob Luna peers in from behind.

Photo by Jan Miller

Poloists win opener

Owls dunk San Mateo

By JAN MILLER

Opening the league season with a tough game against College of San Mateo last Wednesday, Foothill's poloists proved they could dominate in a double overtime contest that ended in an 11-10 victory for the Owls.

The end of the first four quarters showed Foothill and CSM tied at 9-9. Phil Drum of the Owls scored a goal in the first four minute quarter of double overtime; but CSM came back and tied the score 10-10. Pressure was on both teams in the final minutes of play. Foothill's tough defense stifled CSM's attempts to score.

Goal attempts were made by

Drum and Wyckoff, but the final goal was scored by Dave McGiven, resulting in an 11-10 victory for the Owls.

CSM was ranked closely with Foothill in terms of ability. Other tough league contenders include De Anza, Diablo Valley College, and San Jose City College.

This past weekend Foothill hosted teams from all over California in the Nor-Cal Invitational Tournament. The Owls splashed to an easy 11-3 victory over Cabrillo in their opening round of tournament play.

Facing Mount San Antonio in their second round, Foothill was edged out in a 9-6 loss. Coach

"over-all team play shows 150 percent improvement" since their first tournament held in early September.

Commenting on top individuals, Belli stated that "Mark Wolfe has emerged as an above average goalie"; Dave McGiven is "as tough defensively as anyone around"; poloist Phil Drum has "set as good a 'hole' position as anyone at the J.C. level"; and Shawn Stanbury is "the best all around player on the team".

Notable effort swere also put out by Jim Bain, John Ahmaan, Travis Wyckoff, Ron Cooke, Rick Dilloway and Kyle Samuels.

Football Tonite!

Returning to the gridiron after a week layoff, Foothill will be looking for its first win of the season in a Golden Gate Conference battle against Diablo Valley Friday night at 7:30 on Foothill field.

The Owls, 0-2-1 overall and 0-1 in the GGC, will be looking for its first score from its offense. The defense has scored nine points while surrendering fifty-three.

The Vikings come into the contest with a 0-1-1 mark in the GGC, including a 12-2 loss to highly regarded San Mateo Saturday.

"They're not as bad a team as picked in the early preseason poll, which listed them pretty low," Foothill mentor Jim Fairchild said of DVC. "They are quick and aggressive and look like a pretty good club."

The main offensive threat of the Vikings is the passing combination of quarterback Gary Garemann to split end Ron Turner. They use an eight man front on defense which limits the opposition running attack.

Overall, the basic weakness of DVC is lack of experience. They have the lowest amount of lettermen in the GGC with only eight.

In order for the Owls to win they are going to have to move the ball offensively past the goal line. They have moved well on the ground but have yet to see paydirt.

The Owls have 698 total yards offensively while the opposition offense has 871. Leading rusher for the Owls is halfback Dolph Placencia who has carried 40 times for 133 yards.

One department which has been erratic is passing. Quarterback Dan Hagemann has thrown 33 times and completed only 13 passes. Backup QB Mark Christensen has tossed 22 passes with 11 caught.

Wide receiver Charles Yauman leads the squad in receptions with nine for 84 yards while Steve Miles is close behind with eight catches for 87 yards.

The four leading tacklers for Foothill are linebacker Phil Cook with 37, Greg Deaton has 32, Scott Neville follows with 25 and Mike Fletcher has 23.



New head water polo coach Dennis Belli (right) confers with opposing coach. Photo by Jan Miller

Belli felt that "Foothill played well enough to beat Mt. SAC by four; only not on the scoreboard".

In Saturday's game, Foothill challenged Diablo Valley College, another tough competitor. Despite several goal attempts in the final seconds of play, the Owls lost 6-5.

At the conclusion of the Nor-Cal Tournament, Belli stated that

This Friday the Owls play Chabot College in Hayward there at 3:30. Belli is confident that Foothill will come out on top, stating that Chabot is "a very weak opponent".

Those interested in seeing some exciting water polo should plan to attend the Foothill-De Anza contest to be held on Wednesday, Oct. 16, 3:30 p.m. in the De Anza pool.

Harriers lack depth

BY BOB BRAMLETT

"The Golden Gate Conference and the Camino Norte were about even last year but this year the GGC is a little bit stronger" commented Coach Kettles.

Coach Henry Kettles cross country team prepares for the stronger league after one year in the C.N.C. After opening their season with a 12th place in the Golden Gate Park Invitational, the squad appears to have some outstanding individuals out of their nine men.

However, Coach Kettle seems to think that the sport is not based on individual performance. "Even though cross-country appears to be an individual sport, it is not. The final score is based on team effort and we are lacking enough team depth to win most of our meets. We do plan to finish somewhere in the middle of the league and in the Northern

California Finals we should make a very strong showing because we will be in the small school division."

The two leading runners on the team are Rick Hart, a sophomore and Bob Brownlee, also a sophomore. Hare is the school-record holder in the 3-mile and the steeplechase with times of 14:13 and 9:28.2. He was also a state finalist last year, placing fifth in the 3-mile.

Another runner who figures to help the squad this year is freshman Gordon MacMitchell, who is injured at this time. Coach Kettle claims Gordon is very good.

I expect he will be able to run by the time the Nor-Cal Finals come along," Kettles said.

The rest of the team includes sophomores, Ron Martin, Jack Shufflin, and Howard Kimura. The freshmen are: Don Carroll, Frank Gonzalez, Steve Parmenter, and Sue Grigsby.