



# March ballot: lifeline for college district

BY JONATHAN EDWARDS  
Assistant News Editor

De Anza College could be slashing course offerings by 25 percent next year and eliminating one-fourth of its workforce if voters do not pass propositions 57 and 58 on March 2, said Mike Brandy, vice chancellor of business services last week.

Four statewide propositions -- 55, 56, 57 and 58 -- are on the March 2 ballot, all of which were endorsed by the Foothill-De Anza district board of trustees earlier this month.

"[De Anza's] fiscal viability is dependent on the passage of all four of these propositions," said De Anza Interim President Judy Miner.

## Propositions 57 and 58

Proposition 57, the Economic Recovery Bond Act, is a \$15 billion bond that the state would have to pay back in the future. If the 57 is not passed, the state will have to make, by a worst-case estimate, a 25 percent reduction in state services on top of an already \$12 billion deficit, said Brandy.

"Without this bond, community college funding would be reduced by a devastating \$500 million, resulting in the loss of funding for 250,000 students above and beyond the 175,000 students already projected to be lost in the current year for a total of 425,000 students," according to the Board of Trustees resolution.

see **BUDGET**, Page 4



YES OR NO?

LA VOZ BREAKS IT DOWN FOR YOU ON PAGE FOUR

# STUDENTS FOR JUSTICE RALLY ON CAMPUS, CONTINUE PROTEST 'The math department is wack'

BY BARRY SKIDMORE  
La Voz

Students For Justice rallied in the Hinson Campus Center and marched on the math department Tuesday, chanting "the math department is wack, the students are under attack" and demanding greater student input in math department policies.

Seven SFJ students demanded to speak with Anne Leskinen, dean of the math department, whom they confronted with their complaints over failure rates among minorities in developmental math classes at De Anza College and an

apparent department policy of denying access to students.

Ali Rahnoma, an SFJ rep. said to Leskinen "You have failed us as students, you have failed to give students a chance, and failed to give them a chance to help." He then showed Leskinen a petition of over 250 signatures of students which they had collected "in about 30 minutes."

The conversation became heated as Leskinen, trying to interject that educators are facing difficulty in developmental math nationwide, was shouted down by Rahnoma.

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Famous for their protests like the one outside the state capitol, Students For Justice continued its fight against the math department last Wednesday.

**The Sentinel:** Will continue to publish after printing 'regrettable' article

**Professor Armitage:** Gets heat for 'hate speech'; praise for free speech

# FOOTHILL WILL NOT CENSOR



Steven Cabana / LA VOZ

Leighton Armitage, political science instructor at Foothill College, recently caught heat for his allegedly anti-Semitic comments in the Jan. 28th issue of the Foothill student newspaper. The college received hundreds of letters in the weeks following the article's publication, some attacking the professor's comments and others supporting his right to free speech.



BY LUKE STANGEL  
La Voz

Foothill's President last week said that her administration had no plans to shut down the student newspaper after it published a controversial article on Jan. 28, and would instead turn its energy towards a positive outcome.

President Bernadine Fong said that her administration would help the student newspaper, *The Sentinel*, become more democratic

by including all student voices in the editorial decisions of the paper. Some of the student journalists at *The Sentinel* said that they did not know that the controversial article was being published, and wanted to discuss it before the paper went to press.

Foothill's Vice President of Student Develop and Instruction, Rose Myers, issued a memo to *The Sentinel* two weeks ago telling the paper that it must write up and make public the minutes of its editorial board meetings as well as

include their faculty adviser in all meetings if it wanted to "continue publishing at Foothill College."

*La Voz* consulted with first amendment lawyers last week who said that Foothill would be violating *The Sentinel's* right to freedom of speech if it were to require minutes of editorial meetings -- effectively prior review of a student newspaper.

Fong and Myers said that they would not read the contents of the

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# Dance fever coming to De Anza

■ FEB. 26 MOMENTUM HITS THE FLINT CENTER

BY JULIO LARA  
Editor in Chief

When the lights go on Friday evening, Jackie Orozco is going to be thinking about her moves.

"My heart will be pounding. It's like a rush. I just want to get the moves right. Sometimes you practice the moves so much that you blank out on stage."

A blank-out by Jackie Orozco and crew is definitely not on the program as sjDANCEo

classes at De Anza, will present Momentum, this Friday at the Flint Center for the Performing Arts.

Momentum will feature the work of Maria Basile and Gary Masters, nationally acclaimed choreographers who have participated for several years with the dance program at De Anza College.

Basile will perform various numbers including "Manon" and a new solo titled "Earth," a number that will accompany the international talents of Cui Jun Zhi. Masters will participate in the duet with Basile in the

critically acclaimed "Journey to the Heart."

The real stars of the night will be the dance students, who come from all ages and backgrounds



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## INSIDE Pumping Iron

Students with disabilities do not necessarily look disabled, said Benita Rashall, coordinator of Disability Support Services ... read more on page seven.

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### OUR MISSION

Produced by students, *La Voz* is dedicated to covering news that matters to the diverse population of De Anza College and the surrounding community. As a First Amendment newspaper, *La Voz* takes full advantage of the freedom of the press afforded to all Americans. However, this freedom comes with a tremendous responsibility not to abuse it. *La Voz* strives to present news in a fair and accurate manner. *La Voz* approaches this task with absolute integrity and actively pursues the input of members of the De Anza community to make sure that goal is achieved.

### ABOUT US

*La Voz* is a First Amendment newspaper written and published by De Anza College students. Staff editorials reflect the opinions of the majority of the editorial board, and do not necessarily reflect the views of the author or the opinion of the *La Voz* staff.

Opinions and viewpoints expressed by staff and contributors are the opinion of the individual, and not necessarily the opinion of *La Voz*.

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### LETTERS POLICY

*La Voz* encourages Letters to the Editor. Letters must be signed and include contact information, such as a phone number or e-mail address for verification.

Letters should not exceed 300 words. Letter content must not be libelous or be intended to air unfounded personal grievances.

*La Voz* reserves the right to edit for length and clarity in accordance with Associated Press style, but will make no attempt to alter the letter's meaning.

### SUBMISSIONS AND PRESS RELEASES

*La Voz* welcomes submissions and press releases from the De Anza community. Submissions must be signed and include contact information, such as a phone number or e-mail address for verification.

*La Voz* reserves the right to edit for length and clarity in accordance with Associated Press style, but will make no attempt to alter the submission's meaning.

*La Voz* does not guarantee all submissions will be printed and does not guarantee coverage of press releases received.

### CONTACT US

*La Voz* strives for fair and accurate coverage. For corrections and clarifications, submissions, letters to the editor and press releases please contact Editor-in-Chief Julio Lara.

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# 'Hate speech' is free speech, too

## EVEN THOUGH WE MAY NOT AGREE, IT'S PROTECTED BY THE FIRST AMENDMENT

We're taught never to start articles with clichés or generalizations, but we'd like to state the overly obvious -- no one was born perfect.

We have all seriously offended someone in the course of our lifetime, and received forgiveness for it. It is in this context that we'd like to address the unbalanced and offensive article printed by our sister newspaper, *Foothill's Sentinel*.

We are by no means speaking for the editorial staff of *The Sentinel*, but we would like to remind everyone -- once again, by stating the obvious -- that no one was born perfect and journalistic mistakes are made at times. As student reporters learning about journalism every day, our newspapers are a classroom exercise and should be given more leeway from readers when articles offend.

*The Sentinel* printed an interview with a political science professor who was critical of Israel's position in the Palestinian conflict. In his article, he said that the Israeli army's alleged butchering of Palestinians was similar to the Holocaust, and accused Israel of

stealing nuclear materials and building weapons of mass destruction. He also brought American politics to bat by criticizing what he saw as political complacency in the face of horrible Palestinian atrocities.

As a professor who received his doctorate in international relations, he has earned the right to give his academic opinion on the issue.

Many members of the community were outraged after reading the interview and criticized the professor for his allegedly anti-Semitic views.

However, it's the student newspaper that is truly at fault. As journalists, we have an obligation to our readers to present facts and well-rounded opinions from many voices on the different sides of the issue at hand.

*The Sentinel* clearly did not present balanced coverage of this controversial topic. It printed one person's opinion without printing an equally strong contrary argument.

After the article was published, hundreds of letters poured into the campus, some calling for the professor's resignation, others



From Left to Right: N. Truong, J. Lara, A. Thibodeau, C. Woronow, S. Cabana, R. Kazempour, K. Malatesta, L. Mitelman.

in support of his academic freedom and right to free speech.

*Foothill's* administration was quick to sit down with members of the community who were offended by the article and discuss positive outcomes. *Foothill* will protect the professor's First Amendment rights while working to foster a learning environment where all dissenting viewpoints can be discussed in a constructive and educational manner.

Issues over freedom of speech and academic freedom pop up regularly on campuses nationwide, and this particular incident is a small bump in *Foothill's* timeline. We believe that the school and the student newspaper can take valuable lessons from the controversial article as it moves forward.

First, we support an open forum on the Israeli/Palestinian conflict where academic dialogue can take place. We also support the creation of a new informal network of faculty members

interested in Israeli/Palestinian conflict can meet regularly and talk about how constructive discussion of the issue should take place on campus.

We do not support the disciplinary action toward the professor or *The Sentinel* that some readers have asked for, calling the professor's remarks and the newspaper's decision to run them hate speech.

Hate speech -- with few exceptions -- is free speech, protected by the first amendment.

Hate speech is a subjective term defined by the personality of the person who offended. As soon as we are allowed to define and prohibit hate speech, all speech becomes hate speech to someone's grounds for discipline.

The lesson that we take from this regrettable incident is the need for many voices on campus, including voices that may not personally agree with

# Speaking English is just a suggestion, not a requirement



richardmartinez

Every year, immigrants come from all over the world and to try to make a life for themselves in the United States. They bring many different customs from their homelands. One of the most notable of these is language.

Unlike the United States, many countries have a national language. Although English is the by far the most popular language spoken in America, I believe that officially declaring it our national language would be a bad idea.

We are obviously not the same as any other nation in many respects.

A main way we are different is that other countries were not founded on immigration, like America was. In fact, many other nations are extremely homogenous. That said, it would make sense for them to have a common language.

On the other hand, if you were to attempt to depict what an American was like, you would either be wrong by way of bad stereotyping or simply unable to do it.

With so many different ways to be American, how could we possibly assume that there is one language that is supposed to be indicative of everyone living in this country?

Stating that one certain language is the "normal" language would diminish the perceived importance of immigrants retaining their language.

If people born in America and who have only spoken English their whole lives may have a different view.

They may not understand there is a lot of history, cultural importance, and pride that can be derived from one's ancestral heritage.

I am a firm believer in the concept that we should celebrate our diversity. I also believe that this applies to America as a whole. I believe we should celebrate the fact that we are different than many countries.

No, we don't have an official language. Yes, we have different kinds of people living here. This is something to be proud of. We should not try to make each other more alike.

I've experienced firsthand how hard it can be to travel abroad to a place where there is a national language which I am unfamiliar

with, and it is painfully difficult to communicate at times with the native people.

Is this the feeling we want people to have when they arrive in America for the first time?

Some people may be annoyed or frustrated that, occasionally, different languages are spoken in different places. However, this occurs in areas where there is a high concentration of people who speak that language. In some areas of San Jose there are billboards written in Spanish.

The reason for this is simple: a good reason, if not the majority of people who see that billboard are better versed in Spanish than in English.

Is it ethical to force all the people in an area to learn English when they may be etching out a perfectly satisfactory existence without it?

As far as I am concerned, there is no problem with the way we are doing things. It is well worth the "inconvenience" to our citizens feel welcome and comfortable in their country.

Yes, in other countries, it might not be considered to have people speaking any language they choose wherever they choose, I believe America is supposed to be more accepting than most other countries. At least that's what I was taught in school.

## CORRECTIONS AND CLARIFICATIONS

February 17, 2004

In the article, "De Anza isn't a bunch of dummies," The female mannequin was reportedly named 'Sue,' but her real name is 'Sally'

# Professional sports are a waste of time



nathanshor

I come to class and the first thing I hear out of many is something like "Did you watch the game last night?" or "The Tigers are better than the Bears!"

Who cares? Well, most Americans, actually. And that's the sad part.

People's obsession with sports is no laughing matter. It's a serious problem, and somebody has got to say, "enough!"

With everything going on in the world, you'd imagine people would be interested in what's happening in the Middle East or in balancing the budget, right? But no, it's sports they're interested in. Instead of who won the war, it's who won the game that's important.

There is more interest in sports than in issues such as education and health that directly affect our well-being and livelihood.

There is more media coverage devoted to sports than there is to contemporary issues and affairs. A Google News search for "sports" yields more results than "politics," "economy" or "education."

I'm not only talking about sports per se, but also about the mania among the audiences. When sports fans howl for their favorite team and discuss trivial things like the final scores, it becomes more than just an obsession. People build themselves around this senseless activity.

Like it or hate it, the fixation with professional sports like football, baseball and wrestling has infested our society. In fact, it appears that sports transcends every other aspect of human behavior.

Michael Jordan earned as much per game in his prime as the leader of the free world gets annually.

I never understood this phenomenon. I never understood the importance of who won the game, or what team or player is the best. It really amazes me how people can stand to watch this junk, never mind find it appealing.

In the eye of the sports-obsessed, players are heroes, and teams are sometimes regarded above families. This attitude is common. This is called fanaticism.

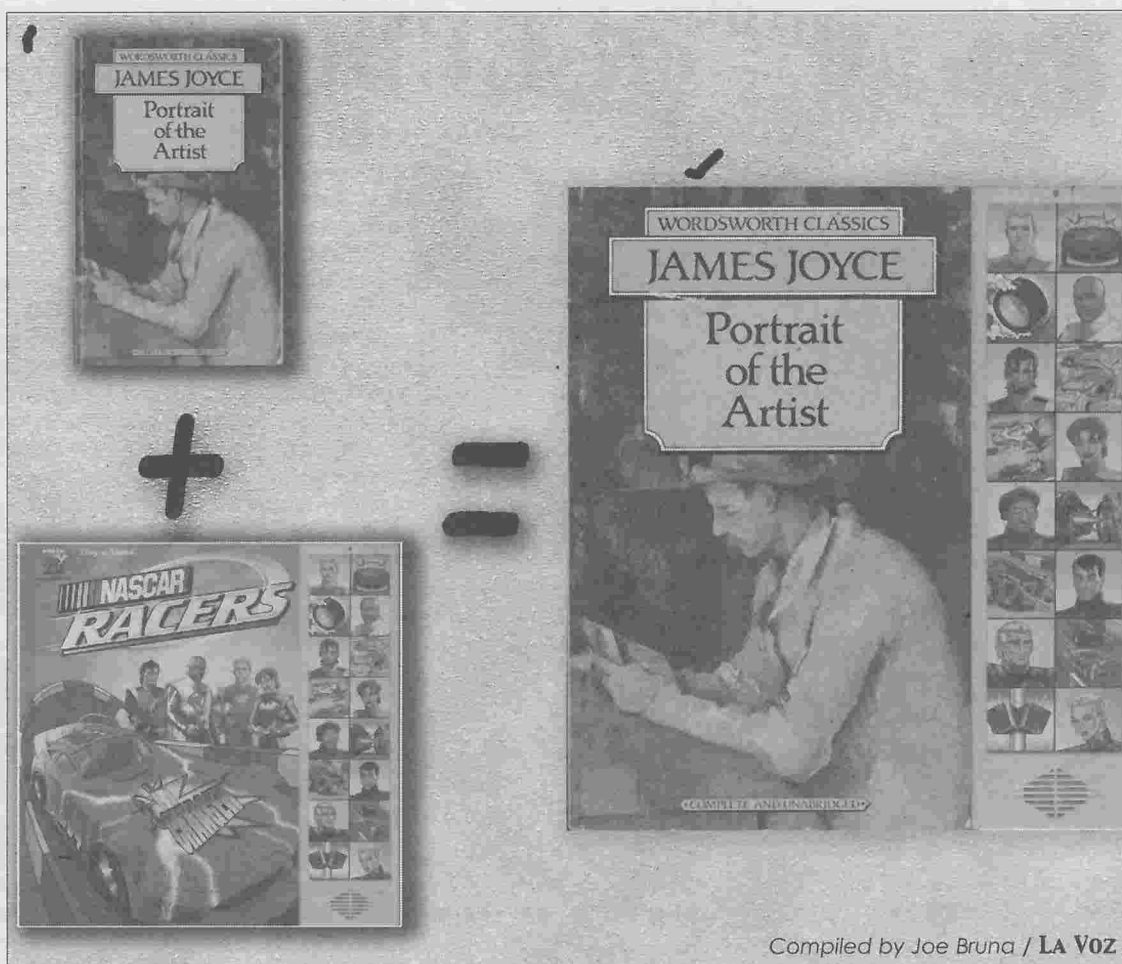
I hear people saying that sports promote physical activity, but the only activity I see is people sitting on the couch all day watching the stuff.

And how can we forget the most important event of the year, the Super-Bowl? The Super Bowl is a super blow. Every year, millions of Americans glue their faces to the television set to watch this senseless ritual where men run around throwing a ball.

If Martians were watching us, they'd think sports fans were a whole new species.

Don't get me wrong: I don't have hate all sports. In fact, I like some of them. For instance, I watch the Olympics and enjoy them. And I think that physical activity is important. While I accept sports as part of our culture, I resent sports dominating every other aspect of it.

So here, I'm saying it -- enough!



Compiled by Joe Bruna / LA VOZ

# Making the classics as easy as one-two-three



vadimyapor

Anyone who has ever attempted to read "Portrait of the Artist," by James Joyce (millions have tried, 37 English professors have succeeded thus far) knows that great literature isn't exactly accessible.

It seems like every noun, every verb is an obstacle in the path to becoming an elitist cultured know-it-all, that sits around cross-legged at Coffee Society wearing a beret.

To alleviate this problem, Professor Sherlock von Cliff invented Cliffs Notes in the 14th century BC to help guide Columbus's submarine through the Northwest Passage.

Since books had yet to exist, it is easy to appreciate his foresight and genius. However, just as Newton's laws of thermodynamics had to eventually give way to Einstein, so too have

Cliffs Notes been surpassed by a new invention.

One that I am filing a patent for as we speak, assuming we never speak.

What's this revolutionary new idea that college students across the world will be reaching into their pockets and purses to buy? Unfortunately, no one can be told what my idea is; you have to see it for yourself. No, wait, never mind, I can tell you.

Remember those special interactive reading books a younger (or possibly older) sibling reads with the little panel of buttons on the side? And upon pressing these buttons, you could experience the thrills and chills of "Hot Wheels Racing Adventure" or "Barney Breaks Down and Sobs for 45 Inconsolable Minutes of Raw Dinosaur Suffering."

So why not extend this bodacious brainstorm to the classics? From Twain to Tolstoy, Bellow to Bradbury, your reading experience will never be the same!

Just imagine the potential increase in literary absorption. Captain Ahab screaming, "All

is vanity! All!" at the heavens. The raven croaking its hideous "Nevermore".

Think of the splash as Edmond Dantes hits the water during his daring escape from the Chateau d'If.

Perhaps Henry Miller musing on how the object of his lusts will be able to take Saint Bernards after him. Why has this idea never been realized previously?

If illustrations, abridged versions, and film adaptations don't satisfy your craving for literature without all the ... literature ... you'll find solace in my new product.

And yes English professors, just for good measure we'll have a special large-paneled version to show the class which button to press for the next sound. Slower students won't have to be left in the proverbial dust any longer.

A new chapter has been written in the history of watered-down culture. We're one step closer to giving people knowledge in pill form, or at least some cool Matrix-like Kung-Fu downloading gizmo. I look with glossy eyes to this radiant future.

# LETTERS TO THE EDITOR

## WE WRITE AND YOU RESPOND

Dear Editor...

Dear Editor,

I apologize that there was a misunderstanding I had with the three De Anza Student Body Senate vice presidents regarding my second application for Senator. I was taking an ironic position and humored with them as friends do with each other. I realized that each individual has their own ideas and perception of what would evoke laughter and amusement. This misinterpretation does not in any way alter the sincere respect and deep affection I have for them.

As for the coming year, I am enthusiastic and eager to serve the students and the 56 prominent clubs of De Anza College as the Inter Club Council Chair of Finance, I will take full responsibility of my position to efficiently and adequately allocate funds to our color spectrum of clubs. I will, to the utmost of my ability, attend all necessary DASB Senate meetings to promote sufficient funding to the ICC, an enlightening aspect of the campus.

My vision for next year will be creating necessary awareness, with

help from our kaleidoscope of clubs, through he scheduling and planning of prismatic and valuable events to express each club culture, diversity and beliefs to the student body.

I look forward to serving the De Anza community and I look forward to the opportunity to improve the quality of campus life.

Sincerely,  
Roxanne L. Chiu  
ICC Chair of Finance

# BUDGET | Board supports proposition

## FROM FRONT PAGE

However, Proposition 57 is essentially a bond that passes on current state debt to California's next generation, with \$6 billion more in interest, according to California State Senator Tom McClintock's Web site.

"Propositions 57 and 58 will cost an average California family more than \$2,000 to repay this bond -- without a penny going to build a single new school or road. Two-thousand dollars for nothing more than papering over the state's deficit," according to the McClintock Web site.

While trustees emphasized that the bond is not the ideal solution to the current budget crisis, they said it is necessary to avoid drastic reductions in community college funding, according to the district Web site.

Proposition 57 and 58 are conjoined propositions, meaning voters must pass both for either to come into effect.

## Proposition 55

Proposition 55 is a \$12.3 billion public education bond, of which Foothill-De Anza district would see \$17 million. That money will help furnish both the Kirsch Center for Environmental Studies and the Science Center with necessary classroom equipment like computers, desks and chairs. It would generate revenue for the construction of a new 400-seat performance hall, which would provide space for student performances and large lecture-style classes, said Brandy.

If Proposition 55 passes, the fiscal impact would be the combined cost of the original bond amount plus \$12.4 billion in accrued interest, according to the League of Women Voters' Web site.

## Proposition 56

Proposition 56 would lower the legislative requirement needed to pass a budget from two-thirds to 55 percent and effectively penalize state politicians if they don't pass a budget by the constitutional deadline of June 15.

The state legislature failed to adopt a budget by the June 15 deadline 18 times

in the last 22 years, according to Board of Trustees resolution adopted Feb. 2. The resulting uncertainty [the district] in a real bind trying to figure where the state budget is going said Brandy.

Last year, Governor Gray Davis did not sign the budget into law until 2003.

When the late budget showed that De Anza would not have enough state money to cover expenses, the district would make mid-year cuts, eliminating sections and faculty positions. A budget passed by June 15 would allow the district to allocate funds in time to avoid such a scenario, said Brandy.

The California Taxpayers Association is not convinced, believing Proposition 56 will "make it easier for the legislature to increase our income tax, property tax, car tax and state taxes, year after year. Proposition 56 pretends to discipline Sacramento politicians, but it actually rewards them with an open-ended blank check," according to the CTA's Web site.

California constituents will vote on the state propositions on the March 2 presidential primary election.

**MARCH 2 BALLOT:**

**PROPOSITION 55**   
Gives \$17 million to Foothill-De Anza for the renovation and creation of De Anza projects, including the Science Center.

**PROPOSITION 56**   
Lowers state legislature vote needed to pass a budget from two-thirds to 55 percent. Gives district time to craft their budget.

**PROPOSITION 57**   
A \$15 billion bond that would prevent massive cuts in the district. Opponents cite high price to individual Californians.

**PROPOSITION 58**   
Would require the state legislature to pass a balanced budget. Must pass if 57 is to take effect.

# Senate supports propositions

BY PEDRO PAULO VIEGAS DE SA  
La Voz

The De Anza Student Body Senate decided to support Propositions 55, 56, 57 and 58.

At the Feb. 11 meeting, the senate approved resolutions supporting the propositions, which will appear on the ballot on March 2.

Proposition 57, the economy recovery bond act proposed by Governor Arnold Schwarzenegger in order to balance the budget, has generated controversy in the senate.

James Newburg, executive vicepresident of the student senate, did not vote for the resolution in favor of proposition 57.

"Basically, he [the governor] is putting a gun to the head of the voters of the state," he said.

Newburg said it is hypocritical of the governor not to raise taxes while increasing tuition and reducing access to financial aid.

The governor has no good argument for his not raising taxes. To him, if you were thinking about

business, the bond would be as bad as raising taxes, especially one of this magnitude, said Newburg.

Drew Golkar, vice president of budget and finance for the student senate, thinks differently about the resolution.

"This is about this community college district and education across the state," said Golkar.

He said that, he did not consider how he is going to personally vote on the March elections, but considered what would be the immediate impact on community colleges and De Anza College.

Saba Zariv, president of the student senate, agreed with Golkar, and said that others have seen the issue through the same perspective.

"Not only does it solidify our position that the propositions are really important for the future of the school," said Zariv, "it resonates with the rest of the administration and the community."

Newburg argued that Schwarzenegger is forcing people to accept his solution through what he called "fear mongering."

"This is the only credible option he presented to the voters," said Newburg.

The other resolutions were less controversial in the student senate and passed unanimously.

Proposition 55 is a \$12.3 billion bond that would target areas of greater need, according to the senate's resolution.

Proposition 55 would ensure that Measure E projects would be supplemented by the bond, said Golkar.

"At De Anza, that would mean that the Performance Center would be built," said Golkar.

If the proposition does not pass, the construction of the proposed performing arts center would be delayed for another three years, Golkar said.

Proposition 56, the Budget Accountability Act, would require a 55 percent rather than a two-thirds vote from the state legislature to pass a budget.

Proposition 58 would require the legislature to pass a balanced budget. Both propositions 57 and 58 must pass if either is to take effect.

# SFJ | Factions debate

## FROM FRONT PAGE

Programs to assist struggling students, such as the Math Placement Success program have received very little support from her department, said Rahnama.

"That is blatantly not true," Leskinen said, "The information you have is totally incorrect."

The meeting ended with the protesters presenting Leskinen with a letter for her to sign that declared she would give the students a greater voice in math department decisions and that concrete steps would be taken to improve student success rates in math classes.

Leskinen refused to sign citing that the letter was "too general."

After the meeting, SFJ students expressed their frustration. "She doesn't understand," said Allison Smith, an SFJ member, "Students need to be a part of the process."

"We want to set a precedent," said Lina Murillo. "De Anza needs to change."

Rahnama expressed a similar

sentiment. "We want to get that we want to be involved in education," he said. "We've seen very little support for struggling students."

"This is a difficult situation. Nationwide students don't succeed [in basic math class]," said Leskinen in an interview. "Mathematics is like learning another language."

The rally and march were the latest examples of the ongoing debate between the department, student advisory groups and the De Anza Associated Student Body.

Faculty and students have written ten letters to the editor and recently placed a full-page advertisement in *La Voz* demanding reforms.

Tension increased last week when the senate began investigating a De Anza program reform in mathematics that included among other things, barring 10 percent of students in basic intermediate math from passing a grade or higher.

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## NEWS

## College remembers Japanese internment

BY RICHARD MARTINEZ  
Assistant Opinions Editor

Three speakers provided De Anza with a lesson in history and current events at the second annual Day of Remembrance last Thursday.

The event focused on the imprisonment of 120,000 Japanese-Americans during World War II and its similarity to the current situation with Arab-Americans imprisoned without due process.

"Having people give you personal accounts is more effective than reading something in a book," said De Anza Student Senate Vice President of Diversity and Events Anthony Lin.

The actions of the U.S. government during World War II were a "failure of our political system on all levels," said California History Center Executive Director Tom Izu.

Izu showed a film put together by the broadcast media center before the speakers took the stage.

The video contained footage showing Japanese-Americans at internment camps in various parts of the country.

"We can't suspend the constitution in a time of crisis," said Izu.

Mits Koshiyama spoke about being a Japanese-American during World War II. "Pearl Harbor was a catastrophe for us Japanese-Americans," Koshiyama said. "We knew something bad would happen to us."

Koshiyama said that he was drafted into the army while in the internment camp. When he refused to serve, he was jailed and separated from his family. He remained in custody for over three years until he was pardoned. He concluded his story by adding, "we should all try to help the Arab-Americans now."

Attorney Banafsheh Akhlaghi said similar things are happening today. Akhlaghi has been defending Arab-Americans held without charges under the Bush administration's war on terror. She noted that there were "too many parallels"

between Koshiyama's story and those of many of her clients. She told stories about her clients, among them, a Saudi boy detained for three weeks because his friends called immigration on him as a joke.

The final speaker was Susan Hayase, a third generation Japanese-American whose grandfather was taken to an internment camp. Hayase worked with others to remedy the injustice done during World War II. In the 1980s, the group got a public apology from President Ronald Reagan, along with \$20,000 for each person still alive who was forced to endure the internment camps.

The main goal of the speakers was not only to educate the students in attendance, but also to inspire them to act in opposition to civil rights violations today. During the question and answer session conducted after the speakers finished, Akhlaghi encouraged the crowd of approximately 150 to move past becoming educated and start taking action to defend people's rights.



Linda Hong / LA VOZ

The Day of Remembrance event featured speakers Susan Hayase, who fought for reparations, and Mits Koshiyama, a survivor of the internment camps.

## Student planning anti-Iran rally

BY IWONA SZATKOWSKA  
La Voz

De Anza College student Iman Moridi's father was imprisoned and tortured by the Iranian government before his family escaped to the United States two years ago.

"Growing up in an authoritarian atmosphere, I have seen a number of public executions conducted on hundreds of people, among which were my family members and friends," said Moridi.

The executions resulted from breaking laws such as speaking out against the Iranian Council of Guardians.

In response, Moridi is planning an on-campus rally opposing Iran's leadership in March. The event will feature photographs and text exposing the brutalities committed by the Iranian government, said Moridi.

He has photographs showing fighting and murdered people, which he claims occurred in Iran. He said the pictures show only a fraction of the cruelties performed in the name of Ayatollah Ali Khamenei, Iran's spiritual leader and highest authority.

"Students, please support this condemnation of the malfunctioning Iranian authorities in charge of the Iranian subordinates," said Moridi.

Although Iran's president, Muhammad Khatami, is more reform-minded than the supreme rulers are, Moridi said that the

incessant injustice in the form of deprivation of freedom continues to disturb millions of people.

Moridi said that his chief reasons for holding the rally are to support the United Nations' continued protection of human rights, the Iranian students' movement in opposition to Iran's government and to advocate freedom for the Iranian society.

Although he feels secure now and appreciates the freedom the United States offers him, he said he cannot forget the past that his family endured. He regrets that his friends are unable to leave Iran too.

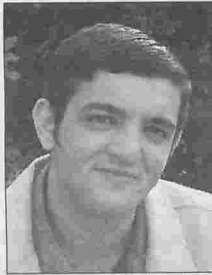
Moridi hopes that the demonstration will educate De Anza's students on the daily treatment Iranians receive in their country.

"I want to reach out to all interested students, help them understand the dramatic situation in Iran," he said.

Currently, Moridi is collecting students' signatures in opposition to Iran. He plans to send the petition to the International Red Cross, the United Nations and the White House.

Thus far, he has collected over 20 signatures of students willing to participate in the rally and in opposition to Iran's leadership. He says the number is increasing steadily.

The preparations for the demonstration are almost complete. Before the event, he plans to hold at least one committee meeting depending on the number of students who join.



Iman Moridi

## District may offer free books

BY JONATHAN EDWARDS  
Assistant News Editor

Textbooks could be free for De Anza students if semi-copyrighted class materials are made available through a district-run information forum, said Trustee Hal Plotkin at the Foothill-De Anza Board of Trustees meeting last Monday.

"We are committing a crime against students by forcing them to buy exorbitantly expensive textbooks," said Plotkin.

Creative Commons Executive Director Glenn Brown delivered a presentation on public domain, copyright and the middle ground possible between the two.

"Public domain" includes universally accessible materials that do not have copyrights or whose copyrights have expired. Copyrighted material is owned and cannot be used by other parties or individuals without direct consent from the owner, often in cases in which the owner does not care, Brown said.

Creative Commons serves as a link between owners of material wishing to make their work available to others without the owner's direct consent. This differs from the public domain because the owner may require various stipulations from the user, including attribution, or a condition that the user may not alter the original work, said Brown.

If the district established a communal domain, faculty could allow students free access to textbooks they have published.

De Anza's Academic Senate President Dan Mitchell and Faculty Association President Richard Hansen raised concerns about the lack of faculty involvement in the district's efforts to move to establish a district-wide information forum. There has not been "adequate faculty involvement in a proposed system that would drastically change curriculum delivery to students," said Mitchell.

Chancellor Martha Kanter agreed to talk with staff organizations around the district about the issue, and report back to the board in about a month.

## Senate opposes sweatshops

BY BARRY SKIDMORE  
La Voz

With unanimous approval, the DASB senate passed a resolution on Feb. 11 to ban the use of sweatshop labor to make clothes sold in the De Anza bookstore, and to enlist the help of the Worker Rights Consortium to make that a reality.

The resolution, which had its genesis from a political science class taught by Nikki Gonzales-Yuen, is the result of a signature gathering campaign that raised nearly 700 signatures from faculty and staff asking De Anza to join WRC.

"Gonzales-Yuen does a unit on sweatshops," said Drew Golkar, vice president of budget and finance for the student senate. "He talked about the Workers Rights Consortium and we started a petition from there."

The WRC, according to its Web site, is a non-profit watchdog organization, founded by university administrations, students and labor experts to assist in enforcement of manufacturing codes of conduct adopted by universities. It works with labor rights

experts around the world to investigate factory conditions and to make sure that clothes its member stores sell are "sweatshop free."

"We want to make clear that we don't feel the bookstore is doing a bad job," said Golkar. "In fact we're very pleased with their efforts. We just felt [the WRC] would help add legitimacy."

The De Anza bookstore is already a member of both the National Association of College Stores and the Independent College Book Store Association, said Deryl Jones, associate director for the bookstore. Both associations screen vendors and have them sign statements that guarantee they do not use sweatshops, but do not inspect facilities as the WRC does.

"We don't use more than two or three vendors. When it comes to this store, I don't know how it would help us more than what we're doing," said Jones. "For De Anza, WRC would be overkill."

The Senate has tentatively scheduled to take their resolution before the board of trustees on April 19 to secure district funding and propose the district join WRC. The senate has offered to pay the first year's membership.

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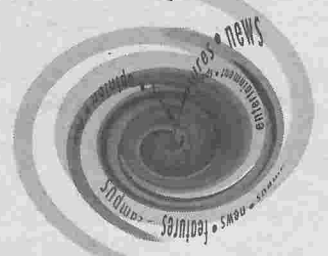
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# FOOTHILL | School looks for silver lining

FROM FRONT PAGE

minutes, but use them to ensure that regular editorial board meetings were taking place, and that everyone had an equal say. If the editorial board chose not to give the meeting minutes to the administration, it could work out another acceptable system of meeting documentation, said Fong.

"I or Rose are not about to go in there and read a draft of the paper," Fong said. "We wouldn't be that stupid," she added with a laugh.

The Jan. 28 issue of *The Sentinel* published a question-and-answer style article with a Foothill political science instructor who was critical of Israel's position in the Palestinian conflict. The instructor likened the Israeli treatment of Palestinians to the Nazi's treatment of Jews.

"I'd say that if anything, they've learned from their tormentors," said Leighton Armitage, a political science instructor in the article. "Of course they're not tattooing the numbers into the arm, and they're not taking their glasses and gold fillings and everything else, as far as I know, but they're still slaughtering these people. Now what's with that? It's exactly what Hitler did to the Jews."

That statement and others in the piece were called anti-Semitic by over a hundred readers who called for Armitage's resignation and a formal review of the article.

Fong is leading the review, which may end within the next two weeks. However, no action will be taken "until the dust set-

les" and Foothill is satisfied that all points of view have been expressed on the issue, Fong said.

Fong released an apology to those offended by the "regrettable" article, and added that "our goal as a higher education institution is to ensure that proper dialogue takes place."

Looking forward, she is considering holding a public forum on the Israeli/Palestinian conflict, and encouraging the formation of a volunteer network of professors on campus interested in Israeli politics.

Fong, Armitage, the interim social sciences dean and the student newspaper began receiving angry e-mails and phone calls shortly after the article was published.

One anonymous phone message left for *The Sentinel* said, "I guess there are still Nazis in this world, and they're writing for Foothill's student newspaper."

"In the first week, I think there were about 100 e-mails calling me an anti-Semite," Armitage said. "The second week, we received about 200 e-mails from academics supporting me on what they feel is an issue of academic freedom and freedom

of speech."

None of the letters that Armitage saw discussed the issues that he brought up in the article: the wall that Israel is construct-

ing, Israel's alleged killing of Palestinians, it's rumored possession of nuclear weapons and American political complacency to the plight of Palestinian human rights violations.

Armitage said his comments were taken out of context by people who do not know him or his politics, he said.

At a recent early morning lecture, Armitage spoke to a class of 22 sleepy college students about the glass ceiling within the

federal bureaucratic system. He asked many questions, constantly prompting his students to speak out, if even to answer a rhetorical question.

"I want my students to think, I want to wake them up," Armitage said after class. "I want to draw them out, and have them participate to some extent. I've done that with some students who come to me at the end of the quarter and say that they've really thought about the issues and have had some good conversations about them. I say

'Have your own opinion.' I'm not trying to pull them from one side to the other."

Armitage was born in the U.S., but grew up in France, Germany and Japan before returning home to earn a doctorate degree in international relations.

He has been teaching political science part-time at Foothill for five years and the College of San Mateo for seven.

Growing up in Europe gave him a different perspective on U.S. foreign policy which he characterized as "cowboy."

In a statement that he released the week after the article was published, Armitage said that the purpose of the article was "spark some thought and some debate (hopefully academic) on issues of concern to the student community."

Armitage explained that he had agreed to discuss four key issues and said, "The article did not clearly address all the issues now appears evident, but the uproar it seems to have awakened clearly underlines the need in this court and this academic community to take and examine these issues."

Armitage did not apologize for his comments or the article. The published view was part of a two-hour conversation with the student interviewer, which ran all over the political landscape, including the Democratic presidential nominee America's "cozy" relationship with the industry, the war in Iraq and Israeli/Palestinian conflict.

"I want my students to think, I want to wake them up... I'm not trying to pull them from one side to the other."

- Leighton Armitage

# Tent city protesters thanked for saving union job

BY BARRY SKIDMORE  
La Voz

As budget cuts loomed and layoffs threatened campus faculty and staff last spring, the De Anza chapter of Students for Justice took action in support of classified staff whom they felt were being unfairly targeted for layoffs.

The student advocacy group protested at board meetings, circulated petitions, and camped out in the middle of De Anza's quad for 11 days last spring to raise awareness and support for 30 classified staff threatened with layoffs.

The Service Employees International Union, presented SFJ with an award of appreciation during their annual training seminar Feb. 7 to thank them for their efforts.

Javier Rueda, De Anza's SEIU representative who presented the award, praised the group. "It was of great help to have the support of SFJ," said Rueda. "They did a great job in convincing the district of the effect that these employees had."

Upon receiving the award, SFJ representative Pedro Paulo Viegas de Sa was measured but determined. "We're really honored to receive this award," he said speaking on behalf of the activist group. "Education is a right for everyone, and these people help make that a reality."

Afterward, de Sa was more to the point. "There's a need for these workers. Without them our projectors don't work, our computers don't work. Meanwhile we have people in administration mak-

ing \$100,000 a year," he said. "We need to cut the fat."

The ceremony was part of a daylong event held by SEIU. SEIU represents the classified staff of the entire district.

The "tent city" SFJ erected received media coverage from several news organizations, including *The San Jose Mercury News*, *The Metro*, NPR and KGO. The movement attracted additional campus groups, including the Asian Pacific Americans for Student Leadership, which bought a tent and joined the sleep-in.

Eventually, some staff members had their layoff notices rescinded by the Board of Trustees, but Interim Chancellor Lois Callahan denied they were a result of the protest.

Craig Pullman, staff direc-

tor for SEIU disagreed. "When people take very strong actions, the payoffs are in the long term," he said. "Despite a massive budget crunch, [this year] the district is bending over backwards to not lay people off, and I think that's a direct result of the SFJ action."

The award was re-presented to SFJ last Thursday during a club fundraising event at San Jose City College. Asked what the club plans to do with the award, de Sa laughed "we don't have any offices right now, so I don't know."

In addition to the SFJ, students from Santa Clara University and Stanford University were also honored with awards for similar efforts to save union jobs.



Barry Skidmore / LA

SEIU De Anza College representative Javier Rueda presents Pedro Paulo Viegas de Sa with an award for Students For Justice's "tent city" to protest last year's layoffs.

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# Program aids special students

-DIVISION FOCUS SERIES-

## Special Education Division

Stories by Carol Woronow, Campus Editor

Students with disabilities do not necessarily look disabled, said Benita Rashall, coordinator of Disability Support Services.

"What we do for students with disabilities is applicable to all students," she said.

For example, an instructor helps all students by providing information not only on printed handouts, but by explaining it verbally and having it available on a Web site.

At De Anza College, the Special Education Division provides support for students with physical, psychological and learning disabilities.

Student Hilda Briomes received educational plans, counseling, math tutoring and extended testing for classes. "I did better in all my classes," she said, with help from DSS. She wants to major in social work and psychology to help oth-

ers like herself.

Student Arzemia Beso, who is taking 14 units this quarter, said she learned to organize better to reach her goals.

The Special Education program helps students negotiate the system at De Anza, said Rashall, providing services to help out students with disabilities.

Another important service is to provide an "emotional touchstone," she said, to encourage students to try new things.

One person who encourages students is Yvonne Salas, the Special Education Division secretary, who greets students with a smile. "Yvonne has become a

friend," said Briomes.

The Special Education Division includes DSS, an educational diagnostic center, adapted physical education and an off-campus program, HOPE.



Carol Woronow / LA VOZ

Division secretary Yvonne Salas gives student Hilda Briomes a class schedule.



Graciela Blaum / LA VOZ

(From left) Student Sandi Ortiz, therapist Joseph Turner, student Cheryl Snider and therapist Kimberly Gilbertson have a laugh together in the adapted PE exercise room.

## Access lab PCs talk

Students in the Computer Access Lab in the Seminar Building wear headphones, but they are not listening to music. Their computers talk.

Special computer programs magnify text on the large screens and also speak words as they are highlighted.

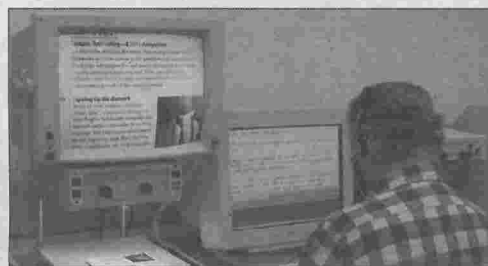
In this lab, a course textbook can be cut apart and the pages fed into a scanner. The Kurzweil 3000 program on the lab's computers uses the scanned text and speech synthesis to sound out the words as they are highlighted.

This method is not just for students with low vision, but also for physically- or learning-disabled students, said Wayne Chenoweth, assistive technology instructor in the Computer Access Lab.

A special version of Microsoft Word that runs only on Windows XP can speak the text, as well as speak words from a thesaurus and spell checker.

It can also recognize homonyms - words that sound the same but are spelled differently. For example, the word "which" sounds like the word "witch" but they have different meanings. The spell checker helps to distinguish between spellings.

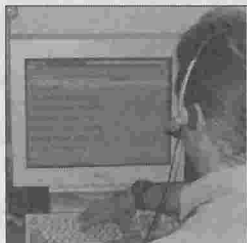
For blind students, a program speaks all the menu items on the computer as they are highlighted.



Carol Woronow / LA VOZ

Tom Thompson checks his e-mail on the talking computer.

Instructor Wayne Chenoweth demonstrates voice-activated word processing in the Computer Access Lab.



Billy Buaron / LA VOZ

Students can use the computers in the Access Lab or, as they become familiar with computer use and the specialized programs installed there, they can use the computer labs in the ATC Building and take CAOS classes.

## Don't box them in

The adapted physical education classes work on total body fitness, including strength, flexibility and endurance, said Jim Haynes, instructor of adaptive physical education.

These classes don't box people into specific goals or measurements the way physical therapy or rehabilitation programs do, he said. Exercise in the classes is flexible, aiding individual students with lifelong fitness programs.

Haynes also makes exercise fun. Because disabilities can be isolating, Haynes' classes have birthday parties, a holiday party and a spring barbecue. Students can socialize and become friends.

Students arrive for PE classes in Outreach vans. They greet one another and talk as support staff help them through the PE-13 doorway.

De Anza has a variety of specialized equipment and many groups benefit from adapted PE classes.

Almost 15 percent of adapted-PE students also take a full course load at De Anza, with the rest coming from the community, said Haynes.

He said that for the community, the return is \$9 for every dollar spent on special education.



Graciela Blaum / LA VOZ

Barbara Boates exercises using the chest press machine.

Steve (photo)

Adrian (editor)

US

Carol (editor)

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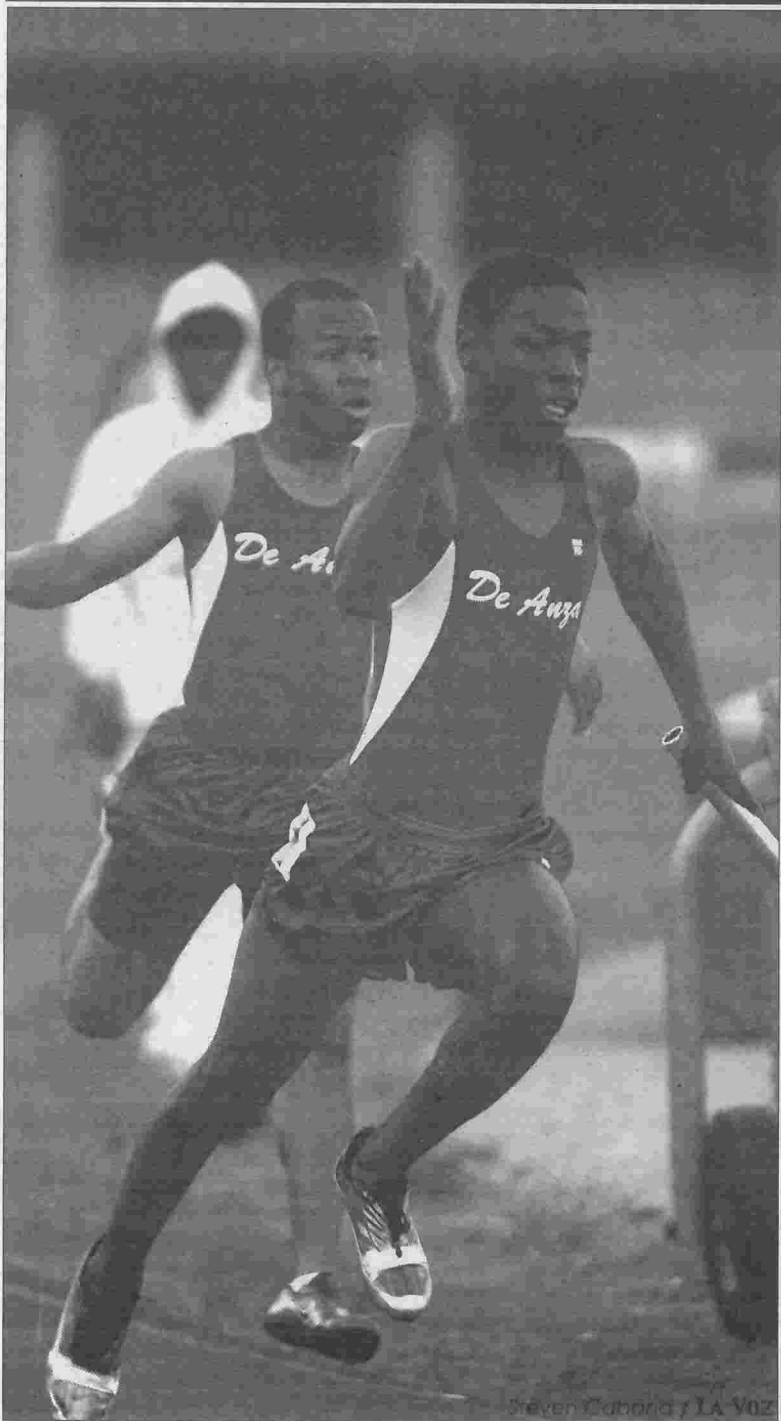
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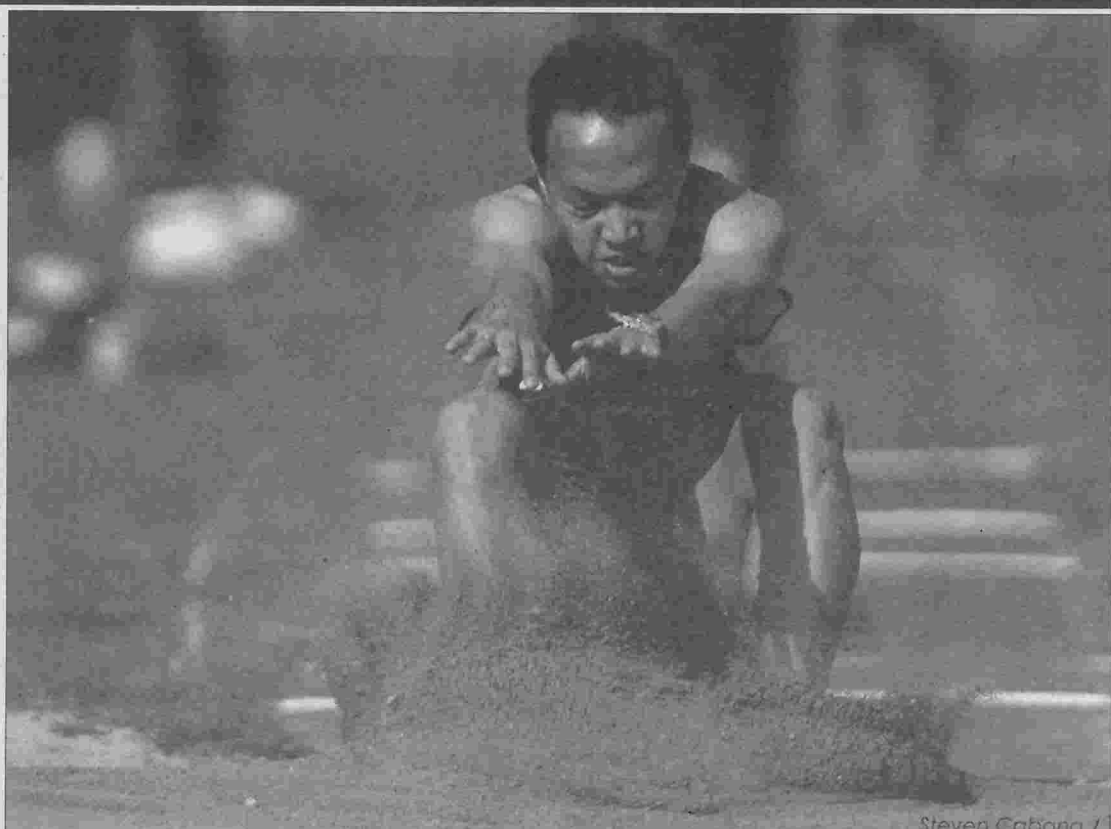
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## SPORTS

## Track and Field



Steven Cabana / LA VOZ



Steven Cabana / LA VOZ

De Anza athletes Carl Coward and Dante Haynes in the 1500 meter relay (left), Andrew Prasetyo in the long jump (top) and Cc Leung in the pole vault (right) compete in the Coast Conference Preview on Feb. 13 at De Anza College.

## 2004 SCHEDULE

DATE	EVENT	LOCATION
Saturday, Feb. 28	SJCC Meet	San Jose City College
Saturday, Mar. 06	Beaver Relays	American River CC
Friday, Mar. 19	Easter Relays	Santa Barbara College
Sat/Sun, Mar. 26-27	Stanford Invitational	Stanford University
Saturday, Apr. 3	Ed Adams Invitational	Hartnell College
Saturday, Apr. 10	Burt Bonnanno Invite	San Jose City College
Tues/Wed, Apr. 13-14	Nor Cal Combined	Fresno, Calif.
Friday, Apr. 16	Diablo Valley invite	Diablo Valley College
Thursday, Apr. 22	Coast Conference Trials	Hartnell College
Saturday, Apr. 24	Coast Conf. Finals	Hartnell College
Saturday, May 1	Nor Cal Trials	American River CC
Fri/Sat, May 7-8	Nor Cal Finals	Modesto, Calif.
Fri/Sat, May 14-15	State Championship	Bakersfield, Calif.



Steven Cabana / LA VOZ



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# The equal opportunity killer

## HEART DISEASE ISN'T SEXIST

BY IWONA SZATKOWSKA  
La Voz

Heart disease is the dominant killer of U.S. women, but the common view is far from consistent with this statistic. The widespread belief is that men instead of women are the most susceptible to heart disease.

But nearly one-third of all Americans with high blood pressure do not know they have it. And when it comes to women, the major fear seems to be breast cancer, not heart disease, although

heart disease kills six times as many women as breast cancer, according to Women's Heart Foundation

Awareness of heart disease as the main killer of women has grown substantially since 2000, but a knowledge gap remains, particularly for women younger than age 45 and for racial and ethnic minority groups, according to an American Heart Association survey, of more than 1,000 women

in 2003.

The lack of awareness among young women is alarming since prevention is best when it is early. To guarantee that women get the latest and most accurate information, they must take charge of their health and ask their physicians about their risks.

Studies from the American Heart

free to De Anza students.

Self-discipline and motivation can mean the difference between life and death.

WebMd states Heart disease is a generic term for a variety of diseases. The common type is coronary heart disease, where blood vessels that supply the heart become obstructed. This decreases the blood supply, reducing the heart's ability to get oxygen and nutrients, resulting in decreased heart function.

Despite common symptoms such as chest discomfort, pressure radiating up from the neck and into the back or shoulders, fatigue,

shortness of breath, and nausea, it is important to remember that symptoms may vary in different people. Individuals should pay attention to their bodies and educate themselves on the disease is so pertinent. Nothing could be more important than knowledge to battle heart disease.

An excerpt from "The Ginger Man," by an Irish-American novelist, J. Donleavy may keep focused on your well-being that, "when you don't have any money, the problem is food; when you have money, it's sex; when you have both it's health."

Be aware of the risk factors: cholesterol, high blood pressure, cigarette smoking, diabetes, hormone replacement therapy, obesity, exercise, diet and nutrition, and behavior change.

Association state, "simple lifestyle changes can decrease your risks of cardiovascular disease, including coronary heart disease and stroke. But to make those changes, you've got to understand the risk factors."

According to Health Center Online, be aware of the risk factors: cholesterol, high blood pressure, cigarette smoking, diabetes, hormone replacement therapy, obesity, exercise, diet and nutrition, and behavior change.

Women, as well as men, whose diets are high in cholesterol and saturated fats, are more vulnerable to heart attacks.

Cigarette smoking is a controllable risk factor and is contributing to women's rising death rate from cardiovascular disease according to WebMD. At De Anza College, the health office has set up a smoking cessation program, and because of a grant, it is open and

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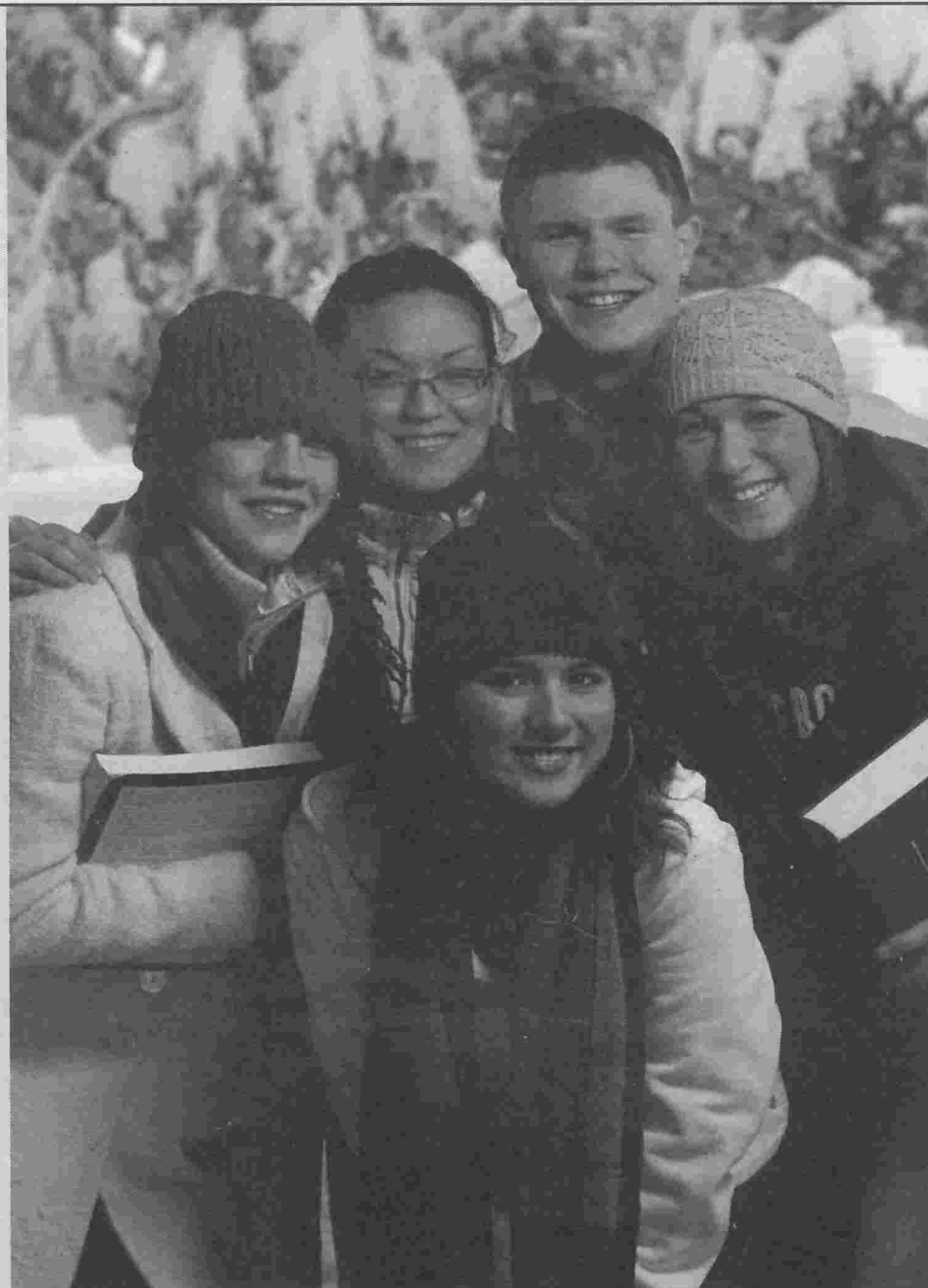
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## The perfect score may cost your integrity

### A LOOK AT THE REPERCUSSIONS OF WANDERING EYES

BY WYNDIE BEST  
*La Voz*

Amidst the media frenzy of Saratoga high and its cheating scandal and a movie dedicated to the theft of answers to the SAT, academic integrity, the eloquent word for not cheating, is fast becoming a rarity.

Most green sheets passed out on the first day of class address this issue.

What qualifies as cheating may seem vague to a student, but according to De Anza College policy, anything falling into the realm of "cheating, plagiarism or knowingly furnishing false information in the classroom or to a college officer" is not allowed.

All the old tricks apply to this definition. Notes casually stuck to the bottom of a shoe, a loose paper sitting on top of a binder, a notebook that has accidentally fallen open and formulas adorning the inside of an arm. Let's not forget electronics. Teachers are now excluding cell phones in the classroom during an exam

for fear that text messaging and camera phones will be used to send questions and answers.

Perhaps the art of cheating is coming to an end because professors are on to students still trying these methods.

There are probably very few individuals who would even think twice about the consequences they would be facing if they were ever caught being dishonest.

The price paid for trying to cheat your way through college is severe. Some instructors may be forgiving of one instance and will only penalize the student by giving a zero on the assignment or exam when they uncover an act of cheating.

But other professors are unwilling to excuse any violation of the academic policy. Dr. David Hamilton Gray's Chemistry 1B syllabus clearly states that, "the standard policy in this course for any student caught cheating or plagiarizing on any assignment, no matter how small, is expulsion from the course and an assignment of a failing grade ("F") for the quar-

ter.

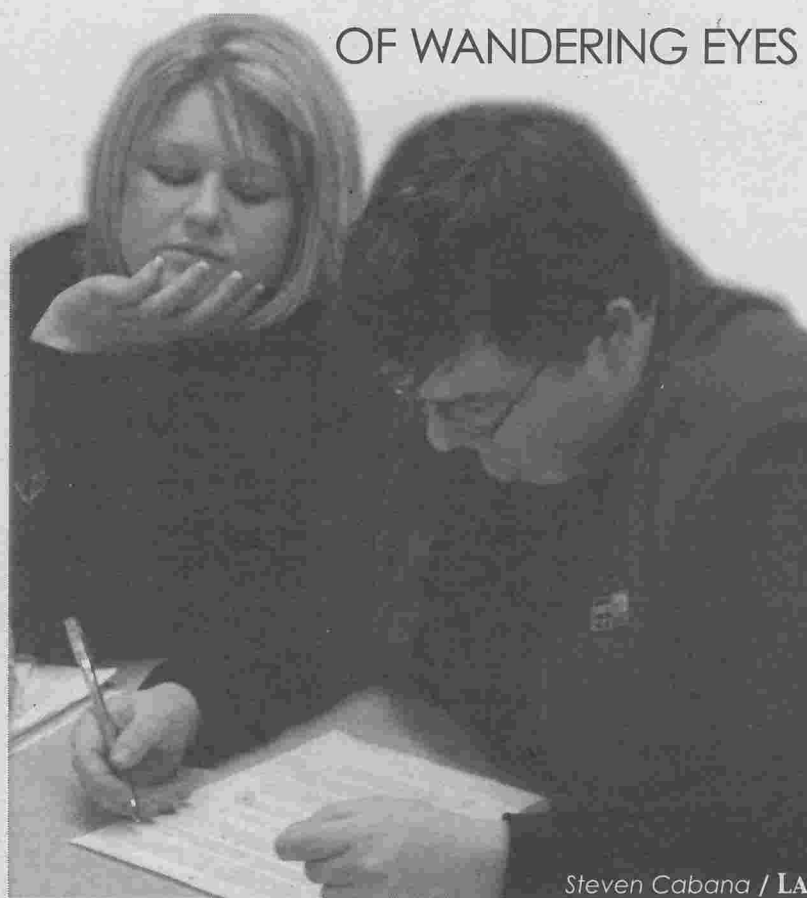
His methods may seem harsh but Hamilton mentions that "once integrity is lost, it is virtually impossible to recover." This must be one of the most difficult problems teachers face when addressing students who are found guilty of cheating.

Teachers create adequate penalization for student disobedience within their own classrooms, but if an incident is taken to the administration for review the outcome of the board's decision can destroy a student's academic career.

Being expelled from the college for cheating is not something that is easy to recover from.

Students may find it difficult to enroll in other institutions after being dismissed from college due to academic dishonesty.

California State Education Code number 76130 paragraph two states in its Code of Student Conduct, "college has an obligation to specify those standards of behavior essential to its educational mission and campus life."



Steven Cabana / LA

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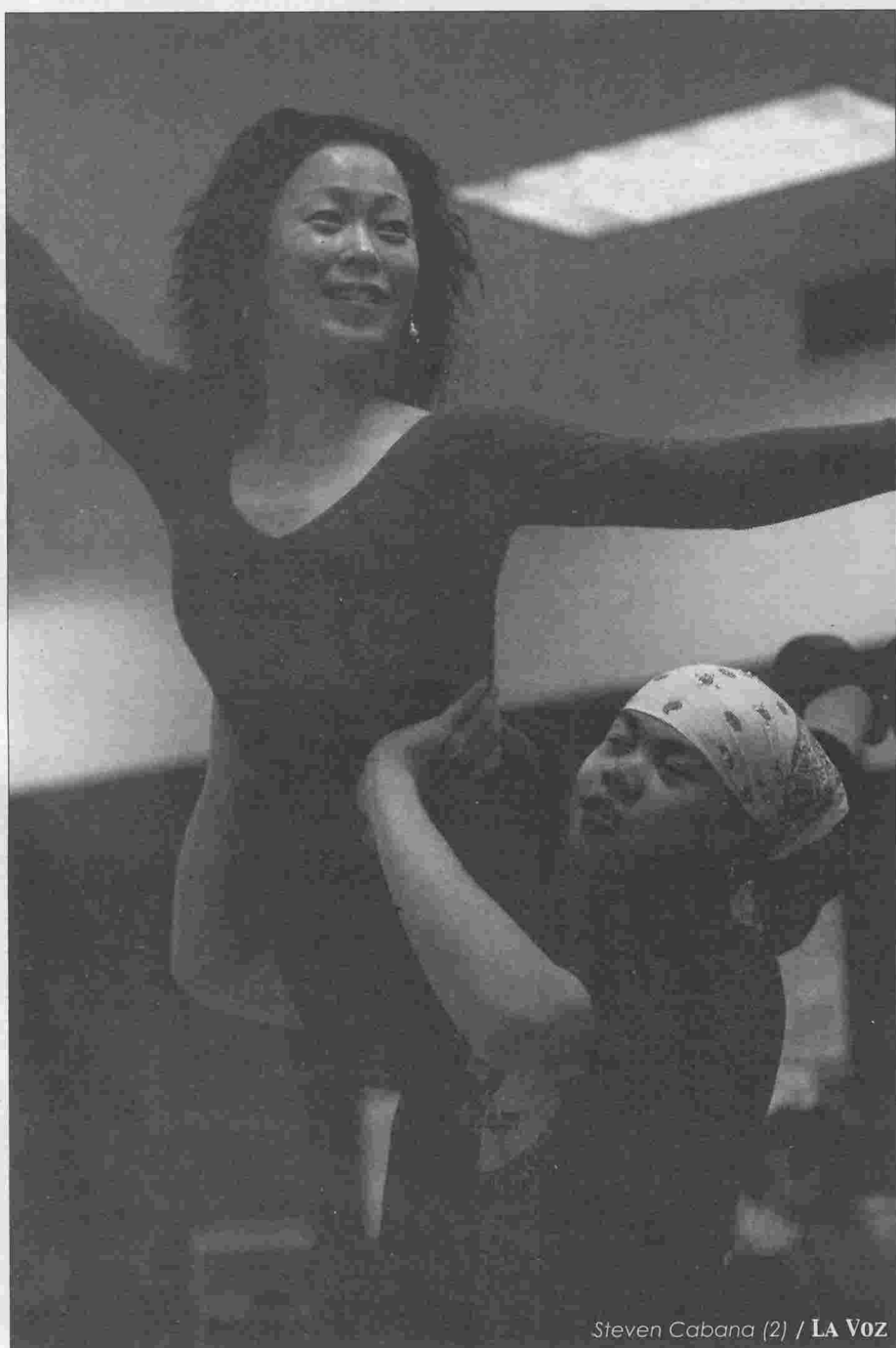
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Steven Cabana (2) / LA VOZ



Left and above: Dancers practice routines for the upcoming "Momentum" show at the Flint Center on Feb. 20.

## DANCE | Gaining "Momentum"

### FROM FRONT PAGE

to perform on a stage as famous as the Flint Center's. They will be performing "Party Bus," a nine-minute piece with modern, jazz and hip-hop influences. Many of the dancers have been practicing since September of 2003 in preparation for Momentum, the largest event held by the Performing Arts department during this academic year.

This kind of pressure could prove to be disastrous, but longtime lovers of the art take the pressure in stride.

"I'm addicted to this class," said Orozco, a four-quarter participant of the dance program directed by Warren Lucas.

The evening will also include personal commentary on the spirit of the time by Lucas, an

educator at De Anza for the past 24 years. His work also comes with high praise.

The night will feature an eclectic mix of dance, from ballet to jazz to modern to hip-hop.

The gift of truly inspired dance is priceless. Amidst shaky nerves and costume checks, the Momentum dancers will fuse their moves to provide a memorable show.

That is of course, if Jackie Orozco doesn't forget hers.

Tickets for Momentum are on sale at the Flint Center box office, located on the west end of the De Anza campus. Those interested in attending the hour-and-a-half event can also purchase their tickets at Ticketmaster outlets or online at <http://www.ticketmaster.com/>. Tickets are \$10 in advance and \$13.50 at the door.

## Commuting cuisine: Chowing down without smashing up

BY ADRIAN LONG  
La Voz

Eating while driving can make a mess, impair one's driving and create highly stressful situations on the road. Fortunately, there is a variety of reasonably car-friendly food. Preparation time, mess potential and manageability are important factors in picking out car-safe foods.

Let's say you are running late, you're starving and you don't have time to run by a fast food place on your way to class. What do you do?

The best morning food is of the prepackaged variety. Individually-wrapped cereal bars are awesome because all you have to do is grab one out of the box and jump into your car. The wrapper is easily opened with the teeth, or with both hands at a stoplight. The wrapper can also be used to catch those inevitable crumbs that could otherwise end up in your lap.

Another breakfast-on-the-go alternative is Go-gurt or another spoon-free yogurt product. The stuff is weird-looking, but you

don't need equipment or both hands to consume it. All you need is to tear off a corner and suck it down. Be prepared for a quick cleanup of yourself and your car if road rage is a problem, because a sudden squeeze of the tube it comes in will rocket fruit-flavored goo all over your car's interior.

Fruit is cheap and easy, and apples or anything without a peel are great. You can hold the fruit in your teeth when both hands are required for driving. Grapes and most berries are perfect for popping into your mouth while on the go.

Oranges don't work at all unless you have already peeled and sectioned them. They make a mess and take time to peel, which can be dangerous while driving. Steer clear of anything super juicy, such as ripe peaches or pears.

If lunch is your crunch time but you can't possibly skip out on a meal, there are plenty of foods that make car eating a convenience. The most popular is drive-through fast food.

Not all fast foods are created equal when it comes to in-car consumption. Sauces, condiments and wrappers can create more of

a mess and slow you down more than sitting down to eat would.

A safe and easy way to eat fast food in the car is with a buddy. A buddy in the passenger seat can feed you fries, hold your drink and pass you your burger when you want it. This requires little attention and worrying about whether or not you got your double burger and leaves you more time to focus on the road.

If you are a solo driver, there are ways to safely eat fast food.

For starters, before you leave, check your order. It takes an extra minute but saves you the hassle of driving back to get your correct order or the frustration of finding out they forgot to super-size your fries.

Grab your burger before hitting the streets. Hold the burger in the hand used the least while driving. Should you want to take a sip of your drink, make sure the burger is covered enough to set in your lap or on the passenger seat while you quickly gulp your beverage.

Fries will be your best friend when you discover you can set them next to you and

grab them as needed. Cinnamon twists from Taco Bell provide the convenience of fries with a sweet twist.

The best fast food are chicken nuggets. These little pieces of chicken are perfect for car trips and create little to no mess. Forget about dipping sauces. They create both stress and mess and they don't really improve on plain chicken nuggets.

Corn dogs are also wonderful car foods because you can hold the stick between your fingers and still drive safely. Gas stations, Weinerschnitzels and even your own freezer carry this yummy fried food.

Most easy-to-eat car foods are fried or bought at fast food places, so moderation is key. Stick with healthy foods if possible.

Even though salads aren't the most car-appropriate, there are good-for-you foods you can eat on the go. All you have to do is take a quick look through your fridge or scan the "healthy" section of most fast food menus.

And remember: be safe. No burger or energy bar is worth causing the kind of accident that gets you on the evening news.

### Classifieds

#### Miscellaneous:

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## The Art of Mixing

N.R.  YES  NO

BY ARLETTE THIBODEAU / Entertainment Editor



Back down, all you house music freaks: the topic at hand isn't mixing in the DJ sense but in the hallowed art of creating mix tapes and CDs. These carefully crafted personal compilations have a greater purpose than getting a dancefloor's-worth of people grooving.

Blank media and tapes are just a vehicle for this art: it's human creativity that drives mixing. That new CD-R or fresh 90-minute tape, once freed of its packaging, can do anything.

A mix made with the proper amount of panache and sensitivity can cement a friendship, guide party attendees through a night of dancing, acquaint the unsuspecting with the charms of your favorite

band, orchestrate a night of drinking, shepherd you safely across this nation's mighty interstate system, or land you in the heart or bed of the person of your dreams.

Most mixes fall into two categories: "best friends" and "getting to know someone."

Best-friend mixes are easy. With close friends and drinking buddies, you pull together songs they haven't heard by favorite bands you have in common, mix in a few goofy humor tracks and "soundtrack songs" played during key shared moments and then throw in a handful of songs by bands that you think they'll like.

Mixes for someone new or someone you're sweet on but unfamiliar with are harder to make because the stakes are high.

Nick Hornby's novel-turned-movie and mix-tape bible "High Fidelity" said it well: "It's no good pretending that any relationship has a future if your record collections disagree violently or if your favorite films wouldn't even speak to each

other at a party." A mix tape for someone new has to encapsulate your entire personality, and it's not easy trying to get across the depth and complexity of your character using only three-minute songs.

Mix tapes are almost Cliff's Notes to your self. A proper mix will tip off the novice to the fact that you're a bubbly 80s-pop fiend, a suburban gangsta rapper, a smooth playa, a lo-fi indie freak, a jazz fan or an off-the-wall Zappa enthusiast. Listeners can figure out a sense of your tastes or which decade of punk rock you like by the time they're done reading the track listing.

As with all forms of art, there are rules for mixing. Devotees know that a great compilation demands more than slapping together a bunch of tracks.

Every great mix tape or CD must have a theme. It can be anything: heartbreak, up-tempo stuff to listen to when you exercise, songs for when it's raining, family-appropriate stuff for when you're trapped in the car with your parents, great butt-rock songs of the 80s - it doesn't matter. The theme unites the songs and gives the mix meaning, depth, continuity and all that other fancy stuff you forgot the names of after your art history final.

Pacing is key, but there is no guaranteed formula. An ideal mix opens with one or two criminally catchy, stirring or hilarious songs to set the pace, hook your listeners and tempt them to keep listening. The mix flows easily from track to track and, correctly engineered, closes with a song so deep, so moving, so profound that it has listeners on the edge of tears and humming the song's melody to themselves for the next three days.

Pacing also varies with format. A mix CD, for example, is one long arc from the first track to the last. There's no set length for the mix and you're limited only by how many tracks fit on a blank CD-R.

Audio cassettes are a bigger hassle. There are two starting and ending points to work with and the guaranteed hassle of planning out track times so side B doesn't end with a solid minute of silence.

But pacing doesn't count the most. What matters more than pacing or rhythm to a mix is love for the music. Even the most carelessly made mix in the world will sound good if the mixer loves every single track.

**maxell UR** POSITION IEC TYPE I • NORMAL

**UR** La VOZ Super Mix ED BOARD FAVORITES

A	DATE N.R.	OYES ONO	B	DATE N.R.	OYES ONO	
JULIO:	"Everlong (acoustic)," The Foo Fighters;	"Oye Mi Amor," Mana.	Weezer;	NGAN:	"Maps," Yeah Yeah Yeahs;	"Joga," Bjork;
REZA:	"Losing My Religion," REM;	"Hurricane," Bob Dylan;	"Hotel California," The Eagles;	STEVEN:	"Thunder Rolls," Garth Brooks;	
LILY:	"All My Loving," The Beatles;	"Phantom of the Opera," Me First and the Gimme Gimmes;	ARLETTE:	"(Nothing But) Flowers," Talking Heads;	"B.O.B.," Outkast;	
KATY:	"California Dreamin'," The Mamas and the Papas;	"Say It Ain't So,"	CAROL:	"Go Where You Wanna Go," The Mamas and the Papas;	"Volare," Bobby Rydell.	

**maxell UR** POSITION IEC TYPE I • I

**UR** Recording trivia

DATE N.R. OYES ONO

The Sony Walkman, the first portable headphone stereo system, was introduced in Japan 25 years ago this summer. One of the first commercially-available CD burners, the Meridian Data CD Professional, came out in 1988. It was the size of a washing machine, weighed 600 pounds and burned CDs at 1x speed. A single blank CD for the system would set you back about \$100.

**maxell UR** POSITION IEC TYPE I • NORMAL

**UR** the FBI & your CDs

DATE N.R. OYES ONO

You know that FBI warning that pops up before a movie you want to watch on video or DVD? You'll be seeing a lot more of it soon. Last Thursday, the FBI, along with groups like the Recording Industry Association of America, the Motion Picture Association of America, and the Entertainment Software Association, introduced a new anti-piracy seal for music, DVDs, and software and online media. With be everywhere.

