EDITORIAL
Local access to higher education should be supported. >> PG. 10


San Jose State looks to tighten local admission BRYCE DRUZIN
NEWS EDTOR

Representatives from San Jose State University will hold a public hearing at Foothill College on Wednesday, March 21 to discuss a proposal to raise admissions standards for local high school graduates and transfer students. The changes would take place for students applying for fall of 2013.
"We're doing this not because we want to, but because we have to," said Pat Harris Lopes, media relations director for San Jose State, citing state budget cuts as the reason for needing to limit enrollment.
San Jose State currently has a policy of allowing local students automatic admission should they meet minimum requirements for the California State University system. Non-local students are required to meet higher standards.
According to a press release, the proposed change "replaces SJSU's longstanding 'local area guarantee' at the CSU minimum eligibility level with a 'local preference' for admission of applicants from the local service area." According to De Anza's website, 984 students transferred to San Jose State in 2010-11, by far representing the largest number of any school. The second most transferred to school was San Francisco State with 199.
De Anza transfer counselor Trish Rios Gibson said that because of the number of students that go to San Jose State, any changes in admissions would have an impact.
San Jose State briefly considered changing their admissions policy for this fall before reversing course.
"We were pleasantly relieved it didn’t change (for 2012-13)," Rios Gibson said.
Foothill transfer center coordinator Maureen Chenoweth sympathized with San Jose State's proposed changes, saying they're forced by budget cuts.
She said that changes to admissions have already been significant. Four years ago students could apply to SJSU with a 2.0 GPA and apply as late May and be virtually guaranteed admission.
|See SJSU : Page 4|

## Public hearing schedule for proposed SJSU admission changes

Mon., March 19, noon-2 p.m. Dr. Martin Luther King, Jr. Library Room 225/229
150 East San Fernando St.
San Jose, California 95112
Wed., March 21, 12:15-2 p.m.
Foothill College
Appreciation Hall (Room 1500)
12345 El Monte Road
Los Altos Hills, California 94022
Thurs., March 22, 7-8:30 p.m.
East Side Union High School District
Board Room
830 N. Capitol Ave.
San Jose, California 95133

## Campus Events

## TUESDAY, MARCH 20

## WINTER WORKSHOPS 2012

 (DEPRESSION)All workshops are in the Don Bautist Room in the Campus Center.
Join Phil Boissiere, MFT of De Anza College Psychological and Health Services to learn nd depression. The workshops are free to De Anza students and guests. For more inormation on the presenter, visit www.cognitivetherapysf.com.

## W=DNESDAY, MARCH21

OPEN HOUSE: OFFICE OF EQUITY, SOCIAL JUSTICE AND MULTICULTURAL EDUCATION 2:30 p.m. to 3 p.m. ADM 105
elebrate the new Office of Equity, Social new faculty director Veronica Neal and hea about exciting new projects. Artist Linden Keiffer will be available to discuss his miniexhibit on display and answer questions. For more information, contact Veronica Neal at ca@deanza.edu.

## THURSDAY, MARCH 22

APASL: FREE SCREENING OF "PICTURE BRIDE
6 p.m. to 8 p.m
p.m. to 8 p.m.
Conference Rooms A \& B

De Anza's APASL club will be hosting a free screening of the film "Picture Bride," which is the first feature film produced by Asian merican women. This film is considered landmark in Asian-American work and eaches us about the forgotten Japanese merican history of Picture Brides. Admis be sold. For more information, contact Alexander Okashita at alexander.oka@gmail. com.

## FRNDAY MARCH23

## SYMPHONIC WINDS IN

 CONCERT7:30 p.m.
isual Performing Arts Center
Join us for our
Concert. Pricing:
$\$ 10$ General
10. Ficing. Military
For more information, contact John Russell at russelljohn@fhda.edu

## SAIURDAYMARCH2A

## CRITICAL MASS

7:30 p.m. (Also Sunday, March 25) De Anza Chorale, Vintage Singers and Chamber Orchestra perform Schubert's Mass in G" and Haydn's "Mass in Time of War." For more information, contact llan nilan@deanza.edu and tayerleloren@fhda. edu, respectively.

## KEVIN JAMES \& RAY ROMANO

 p.m. (Also Sunday, March 25) Flint CenterThe main man of Everybody Loves Raymond, Ray Romano and the leading actor of King of Queens, Kevin James will be in before heading to Las Vegas on their tour logether. Tickets available through ticketmaster.com

## SUNDAY MARCH25

CLASSICAL GUITAR STUDENT RECITAL
7 p.m
for more information, contact Ron Dunn at dunnron@deanza.edu.

MONDAY MARCH26

## MARTHA KANTER

12:30 p.m. to 2:30 p.m.
ampus Center Conference Rooms A \& ; Reception in Fireside Room der Secretary of Education Martha Kanter ormer president of De Anza College and chancellor of the Foothill-De Anza Community College district, to discuss: College Affordability, Quality and Completion. For more information, contact Marisa Spatafor t spataforemarisa@deanza.edu or (408)

## SAIURDAY MARCH 31

## "ONE THROUGH LOVE"

7 p.m.
Visual and Performing Arts Center The most popular poet in U.S. is JalaluThis program features the work of Rymi with readings by Los Gatos poet laureate Parthenia Hicks, Cupertino poet laureate and De Anza College English instructor David Denny, and Santa Clara County poet laureate Sally Ashton, along with music and a showing of "One Through Love," a multi-lingual (English, Persian, Turkish and
Arabic) film. Producers Parisa Soultani will describe the film and its companion website that are designed to build connection and dialogue.

## ANNOUNCEMENIS

## FARMERS' MARKET EVERY

## SATURDAY

9 a.m. to 2:30 p.m
Visual \& Performing Arts Center The De Anza Office of College Life and Farmers' Market every Saturday. Located in the area in front of the Visual \& Performing Arts Center in Rows $\mathrm{J}, \mathrm{K}$, and L .

## ASTRONOMY AND LASER

 SHOWSFUJITSU PLANETARIUM
Every Saturday
The planetarium holds astronomy and laser shows on Saturday nights throughou the quarter. For more information, go to
http://planetarium.deanza.edu
$\$ 7$ - Astronomy Shows
$\$ 9$ - Laser Shows
March 17:
Astronomy shows:
5 p.m. The Zula Patrol
6 p.m. Cosmic Journey
7:30 p.m. Saturn: Jewel of Heavens
Laser shows:
9 p.m. Symph
Light Show
Lighony of the Stars Laser
10 p.m. Pink Floyd The Wall
March 24:
Astronomy shows:
5 p.m. Magic Tree House 6 p.m. Earth, Moon and Sun
7:30 p.m. The Secret Lives of Stars Laser shows: 9 p.m. Beatles Sgt. Pepper 10 p.m. Pink Floyd Dark Side of the Moon

FINALS SCHEDULE
March 27
March 28
March 28
March 29
For a detailed schedule of time designa fions for each class, visit dea

CELEBRITY FORUM: JEANMICHEL COUSTAEU
Flint Center
March 28
March 29
March 30
Born to well-known Oceanographer Jorn to well-known Oceanographe coming to the Flint Center to speak about his adventures under the deep blue sea. At age seven, his father invented the Aqua-Lung and attached it to his back and tossed him into the Mediterranean. Instead of being afraid, he was amazed at the
beauty and mystery he saw and, from that moment on, he has spent his life exploring the depths of the oceans. He is now a wellknown marine biologist fighting to preserve and protect the oceans.
The Flint Center does not sell tickets to the Celebrity Forum Speaker Series. For information on purchasing subscription
tickets please contact Celebrity Forum (650) 949-7176 or visit www.celebrityforum (650)
net.

## Spoils

SOFTBALL
Tuesday, March 20 vs. SJCC, 3 p.m. arch 29 vs. West Valley, 3 pm Tuesday, April 10 vs. SFCC, 3 p.m.

## BASEBALL

Tuesday, March 20 vs. Skyline, 2:30 p.m. Saturday, March 24 vs. CCSF, 12 p.m. Tuesday, April 3 vs. Ohlone, 2:30 p.m.
Tuesday, April 17 vs. Chabot, 2:30 p.m.

## ATF001H|LCOLIECE

WALK FOR ORAL CANCER
RESEARCH
Saturday, April 14
Saturday, April 14

Students from the Foothill College Dental
Hygiene Club have organized a fundraiser walk to for oral cancer research and aware ness on the rubberized track inside the Foothill College Stadium in Los Altos Hills, Each lap is one-quarter mile. Walkers of all ages and abilities are invited to register for the event. Parking Lot 1 provides easy
access to the stadium. Parking is $\$ 3$. Reaccess to the stadium. Parking is $\$ 3$. Re-
freshments and prizes will be provided for all participants. Proceeds from the walk will be used to support the prevention, education and advocacy work of the Oral Cancer Foundation. Walk entry fees are $\$ 30 ; \$ 20$, students age 18 and older; and $\$ 5$, childre If you're not able to participate in the April
14 event, you can still contribute tions are accepted and appreciated.

For more information, visit the Dental Hygiene Clinic (Room 5312) or call (650) 949-7335.

5TH ANNUAL BUSINESS PLAN CONTEST
Wednesday, April 18
Noon
The Foothill College Fourth Annual Business Plan Competition is intended to simulate the rea-world process of entrepreneurs soliciting start-up funds from early-stage
investors and venture capital firms. The potential commercial application of the id the strength of the management team, and the clarity and persuasiveness of the written plan and oral presentation, all influence the judges' decisions. Ultimately, the winning team should be one in which the judges would most likely invest their money. Details of competition to follow. Learn more abou
the competition, including requirements, deadlines and rewards by accessing the BEAC website or by attending a free BEA meeting Wednesdays, now through April 18 at noon in Room 3015.
For more information, call Foothill College Acting Business \& Social Sciences Divisi

## HAPPENINGS

## Send event notices to

happenings@lavozdeanza.com by noon Wednesday preceding
the publication week. Please type "Happenings" in the subject line. La Voz does not guarantee publication. All events take place on the De Anza Coliege campus and
stated otherwise.

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## De Anza profs respond to Ariz. policy

minerva razo
STAFF WRITERS
Three De Anza College instructors put together "No Reader is Illegal" in response to the banning of ethnic studies in the Tucson Unified School District
Roughly 80 books were banned from Tuscon classrooms in January 2012. Paula Silva, Alex Giardino and Marc Coronado chose 35 pieces from the books, covering history, theory, poetry and fiction.
William Shakespeare's "The Tempest" and Sandra Cisneros' "House on Mango Street" are among the works banned
"Their fear was that these students would learn about the kinds of injustices that have been done to Mexican-Amer
ican people," said Coronado, who is community coordina tor of LEAD! - Latina/o Empowerment at De Anza. "That would cause them to revolt against American society."
Because of racial differences, "they banned almost any book written by a Chicano author in the last 50 years," Coronado said. "These are all writers of color.'
Even before the banning of these books, Arizona was a center of controversy when its controversial immigration law SB 1070 went into effect in July, 2010.
One of the most controversial parts of the law states that during a lawful stop, police are required to determine an individual's immigration status if they suspect the person is undocumented.

Discrimination directed towards Mexican-Americans wa Coronado's motivation to cre ate the reader.
"I wanted to make these works available to students, in a condensed way," Coronado said, "so that they can see several of them and compare them and come up with their own feelings of what is the imporfance of these works, the beauty of these works, the truth of these works."
Coronado, Giardino and Sil va are making the reader avail able for spring quarter
Some classes that plan to use the reader are EWRT 1A, 1B and 2 as well as classes affiliated with LEAD! and First Year Experience.

Contact the authors at lavoz@fhda.edu

Photos highlight threatened species

LEILA FOROUH
STAFF WRITER
Imagine a photogenic model, posing for her close-up. Now imagine an endangered San Joaquin kit fox.

For wildlife photographer Susan Middleton, the two are the same.
Middleton drew a crowd of over 100 students and faculty at De Anza College's Kirsch Center on Tuesday night. Her photos try to capture the soul of her subjects, all of which are classified as federally endangered species.
"Evidence of Evolution" is her most recen work, made in collaboration with Mary Ellen Hannibal. She has also been featured in National Geographic magazine

But Middleton warned about the precipitous ature of her work.
"They're victims of all kinds of environmental degradation," she told De Anza students.
Two of her books, "Archipelago" and "Remains of a Rainbow," brought her to Hawail where over 25 percent of the federally listed endangered species exist.


ENDANGERED - A San Joaquin kit fox
Middleton, who has been "more humbled by plants than any other subject," described native forests of Hawaii as "paradise" and a place "where the symphony was still playing." Readers can preview more of Middleton's work on her website at:
www.susanmiddleton.com
Contact LEIL Cono @deanza

Pool construction ongoing, shooting for spring quarter completion


CONSTRUCTION CONTINUES - A series of shots of De Anza's pool prior to draining Dec. 12,2011 (left), after the draining (middle) and over three months into construction (right). Dean of Physical Education \& Athletics Rich Schroeder said he's confident that the pool will be open in time for the first day of Spring Quarter, April 9 , even taking into account the inclement weather construction workers have faced the past week.

# De Anza College Menu: Dining Services 

 For all of youron-campus dining needs, visit the FOOD COURT in the upper level of the Hinson Campus Center

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| - Soup: Chicken Wild Rice <br> - Pizza: Hawaiian Ham, Pineapple and Green Peppers <br> - Salad: Chinese Chicken <br> - Pasta: Beef Stroganoff | - Soup: Italian Wedding Meatball <br> - Pizza: Roast Chicken, Ranch <br> - Greek Style with Roasted Chicken, Romaine Lettuce, Fresh Tomato, Kalamata Olives, Cucumber, Red Onion, Feta Cheese, and Dijon-Lemon Vinaigrette <br> - Southwestern Pasta | - Soup: Cream of Mushroom <br> - Pizza: Vegetarian Combo <br> - Salad: Spring Greens, Fresh Apple, Candied Walnuts, Cranberries, Blue Cheese and Oil \& Balsamic Dressing <br> - Comfort Station - Chicken Pot Pie, Spring Mix | - Soup: Mexican Tortilla <br> - Pizza: BBQ Chicken w/ Green Onions <br> - Salad: Southwestern Chicken <br> - Broccoli Bow Tie Pasta <br> Burger of the Week: Sliders - Three slider Mayo, Carmelized Onion \& Mustard Grilled Cheese Mania: Caramelized Spa Cheese, Jack, Cheddar, \& Cilantro and a Cream | - Pizza: Chef's Choice <br> - Soup: New England Clam Chowder <br> s, Beef, Cheese, Pickle, <br> m, Sriaracha, Cream Lemon Goat Cheese |

## Author highlights Latino "creative advantage"

## BRYCE DRUZIN

NEWS EDITOR

"I was not raised to be a perfect anything," author Graciela Tiscare ño-Sato told a room of Foothill College students, responding to a question on where she and the other Latino entrepreneurs profiled in her book gained their willingness to take risks.
"The commonality is a childhood where they were allowed to try things and think and not be so afraid of how it looks," she said. "The opposite of that is parents who shelter their kids.
Tiscareño-Sato was invited as part of Foothill's Authors Series to speak on March 13 about her book "Latinnovating: Green American Jobs and the Latinos Creating Them," which highlights 10 Latino environmental entrepreneurs. Around 25 students, mostly from Scott Lankford's Eng lish 1A honors class, gathered in the Hearthside Lounge in the campus center to listen.

What I really liked ... was the importance of giving yourself per mission to be creative and to fail, theater major Jaime Tuttle said.
Before showing a slide illustrating how used socks could be repurposed to create dresses for Barbie dolls, Tiscareño-Sato pointed out a similarity the people she profiled shared.
"They were taught to reuse, they were taught to conserve," she said. "They were taught to think of the second and third life to give food and objects.'
Tiscareño-Sato said having discretionary income does not need
to lead to a change in behavior. A culture of reusing items is not only fun for children, but gives a creative foundation that can be used as an adult.
She credited things like being allowed to draw on drywall in the basement and making mud bricks with siblings as providing a "foundation that gave me permission as an adult to create.'
She gave an example from her book of Humberto Rincon, a me chanical engineer who grew up in a migrant camp with eight siblings. He used bottle caps to make toy badges and whistles

## Let's look at the child holistically ... and let's see the creative advantage. 9 <br> Graciela Tiscareño-Sato

Another example from her book is Sandra Artalejo, a Dallas-based fashion designer. Growing up, she saw her grandparents turn coffee cans into footrests and aluminum cans into decorations for the garden. When she started her career in fashion, she was disturbed by how the industry discarded so much unused fabric.

Now Artalejo uses wine boxes, chip bags, aluminum cans and other "garbage" to create purses, headbands and other products.
Tiscareño-Sato also emphasized the importance of mentors in her and the other entrepreneurs' decisions to go to college.

She said she was not expected to
go to college by her family, but a counselor encouraged her and told her how the Air Force paid for her husband's college expenses.
Tiscareño-Sato enrolled in the Air Force ROTC and went to UC Berkeley. After graduating, she was commissioned as a military officer and served for over nine years, including time as a navigator aboard KC-135 refueling jets.
"I think that all college students
can take a few minutes out of their lives and mentor," she said in an interview the day after her talk. "Bring their neighbor kid to an event on the campus - that's mentoring." Tiscareño-Sato also gave practical career advice, including a simple tip for aspiring writers.

Just start writing," she said. "There is no someday."
She stressed the importance to "kick the editor out of the room" when first getting ideas down on paper and not to try to be perfect initially.
"It kills the creative process," she said. "Just write, just get it out." Tiscareño-Sato talked of the importance of networking, telling students that they should reach out to people within their own ethnicity, gender and professions, while not allowing themselves to be restricted to any particular group. Students should also mention the networks they are part of when interviewing for jobs, she said.
Scott Madera appreciated the overall message Tiscareño-Sato brought.
"I liked her actually just talking about getting out there and doing


LATINNOVATING - Author profiles green entrepreneurs in new book.
stuff instead of waiting for something to happen," said Madera, a 19-year-old computer science major Tiscareño-Sato talked about overhauling the image of Latinos. She said there were more than 3 million Latino-owned businesses in the United States, but that image of the community doesn't make it into the press.
She said she wanted to "reposition" how Latinos are viewed by the public.
'T'm out to rebrand the word 'Latino,'" she said.
Too often, Latino kids are only seen as socio-economically disadvantaged, and the advantages their upbringing offers, such as she wrote about in her book, are not recognized, she said.

What I'm trying to say is let's look at the child holistically," she said. "Let's look at these examples that you know about, and let's see the creative advantage.

## Contact BRYCE DRUZIN at

lavoz@fhda.edu

SJSU: From page 1
Presently, she said students must apply by Nov. 30 and no lower division or mid-year transfers are allowed.
Chenoweth said budget cuts at San Jose State have had repercussions beyond the number of students they can admit. She said their office of outreach has been cut.
"We used to have San Jose State come every month," she said. "Now I'm lucky if I get them once a quarter.'
Chenoweth said students should have the option to go to a local school and bemoaned lack of funding for higher education. She said students may choose o go out of state, saying "it's almost like a brain drain."
"What do you do when you get that internship and you establish a working relationship in an area?" she said. "Are you going to go "sorry, I'm going to back to California where I live," they're not going to do it, and that's what the voters don't seem to realize, it's having a serious negative impact on the state economy."

## Contact BRYCE DRUZIN at

lavoz@fhda.edu

## KFJC: From page

According to the station's website, another special edition of Thoughtline will air March 26 from 6 to 7 p.m. and the Psychotronix Film Festival occurs multiple times throughout the year.
The awards were presented at the 72nd annual IBS Conference in New York. IBS has existed for 72 years and represents more than 1,000 student radio stations and webcasters across the U.S.

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March 19, 2012

## cab op ohe meer

## ALICIA RIVERA

STAFF WRITER
When you think of a women's club, what springs to mind is feminist unshaven man-haters all getting together to throw dirty tampons in the men's locker room. Women Empowered is not that club. The club is an all genderinclusive, seeking to support women students and promote valuable opportunities for women.
Next quarter, the club has planned plenty of fun activities for club members to enjoy, like roller skating, yoga practice and a
production of the "Vagina Monologues." These are just a few ways for Women Empowered members to have a good time
More active proceedings include planning a 2013 omen's conference, participating in spring 2012 s Women Empowered luncheon, and the general promot-
ing and planning of resources for women on campus. "I want to have any opportunity that's afforded to a man or any privileged person," said club member Anita Adams. "I think it's all about opportunity and not about


SUPPORT THE CLUB - Members of the Women Empowered Club SUPPORT THE CLUB - Members of the Wom
encourage students to join in on the fun. man-hating." The club is a social outlet for women-gendered rights that liberates opportunities for women, revives women's studies on campus, while not undermining the male gender.

This spring quarter, Women Empowered will have a party on April 30 for students and faculty to join and inquire about the club. Meetings for spring quarter will be Mondays from 11:30 a.m. to 12:30 p.m. at the Multicultural Center. For general inquiries or to join the club visit http:// www.facebook.com/groups/DeAnzaWomenEmpowered/.

## Contact ALICIA RIVERA at

lavoz@fhda.edu

## Ike's Lair provides students with a new love affair



## BRENDA NORRIE

## TAFF WRITER

It's not your ordinary Subway sandwich. And it's also a walk from campus, adjacent to Panda Express. Ike's Lair is a new popular "non-sandwich" shop but they still do sell sandwiches. They boast top-dollar gourmet sandwiches for De Anza College students who are hungry between the hours of 11 a.m. to 7 p.m.
The shop has a liberal feel to it, so one can detox their mind of busy schoolwork and relax with the quirky signs, loud yellow walls, and a caricature head of founder, Ike Shehadeh, wearing a military-inspired beanie. They even have stickers in four window panels with De Anza College's name in the middle of what looks like an "all star" logo... hint, hint (they want to cater to us!).
Their sandwiches run from $\$ 5-10$ depending on the size you get, but if you want a drink as well, add a couple more to that (they have anything from bottled water to unique bottled sodas priced from \$1-2.50). You also have veggie, meat and vegan options, as well as gluten-free bread. It comes with a tasty and unique "dirty sauce" that reminds me of a mixture of dijon mustard and ranch - very savory and flavorful.
All their sandwiches not only come with that dirty sauce, but a sassy name to go with it. I had a basic miniature sandwich called "Mayoose's BLT." Oddly I picked that even though I'm not a bacon fan, and I actually enjoyed it so much I didn't pick out the ba-
con or ask to knock it off!
If you feel like dessert, well, you can purchase ho-ho-like treats in a variety of flavors like red velvet, peanut butter and cream, and pop-tart snacks, and an oreo sandwich with cream in the middle all individually wrapped goods from Cake Monkey Bakery. And as an FYI from one of the employees, there's even a secret menu one can find online. Also, if they don't have one on the menu that is at their other locations, you just let them know the ingredients inside the sandwich, and all is good.
So far, the spot is a huge hit with students, and you can tell by the multitude of employees that they're expecting a shop full of starving students. It's a fun atmosphere for them too - you might even hear someone yell "Womanizer coming down, vegan, extra dirty."

There's only a few of these shops around the Bay Area, but Ike's Lair proves it has flair having won numerous awards including "Best of Yelp," "San Francisco Chronicle," "San Francisco Weekly," "Best of the Bay," and featured on Travel Channel's "Man v. Food.'
So what say ye? I would dine once in awhile, as the price isn't for everybody, but it is a very delicious treat after a test or hard quarter!

## Contact BRENDA NORRIE at



## Photographer Chris McCaw, at De Anza College

BRIAN ROSE
freElancer
"I love the simplicity. It has caused me to rethink photography just working with silhouettes," said photographer Chris McCaw during the lecture he gave as part of the De Anza Photography lecture series. McCaw showed one of kind images from his Sunburn project and explained how the images were made on March 7.
Chris McCaw is a De Anza alumnus. He discovered photography as a teenager and taught himself how to take images of his friends skateboarding and the punk rock music scene. McCaw attended De Anza from 1990-93 and praised De Anza's photography department. He tells friends "I learned everything I needed to know at De Anza."
After De Anza he received a Bachelor of Fine Arts in photography from the San Francisco Academy of Arts in 1995. Among the galleries that have shown McCaw's work are the Stephen Wirtz Gallery, the Metropolitan Museum of Art in New York and the Phoenix Art Museum.
McCaw started with his early work. In college McCaw and his friends would go on photographic safaris throughout the southwest taking pictures. He spent a lot of time making infrared images. The infrared images he showed had a ghostly, otherworldly quality to them.
The heart of McCaw's lecture is the images he has created for the Sunburn project. McCaw started making the images by accident. In 2003 he was making large format images for direct contact printing. He set his camera up to capture the movement of stars. He planned on closing the aperture before sunrise but overslept. All he thought he had was a ruined piece of film. But like photographers everywhere he developed the film and discovered the sun had solarized the negative and burned a path of its movement into the image. Solarization causes the negative to become positive; when printed the image comes out as a negative.
Intrigued, McCaw experimented for several years with the burned images. He started using old photo-
graphic paper and exposed it to direct sunlight to capture one of a kind images. McCaw wanted to make the sun bigger so he used telephoto lenses. Through research he found lenses used in aerial reconnaissance had the correct aperture for his work. The reconnaissance lens focuses the sun and causes paper to burn vigorously.
McCaw uses large format cameras with bellows that can extend to five feet. The do-it-yourself spirit from his youth serves him well. You cannot buy a $17 \times 24$ camera off the shelf so he makes them himself. And among the features a regular camera doesn't have is brakes and method for letting oxygen in the bellows.
McCaw thinks nothing of spending all day at the shore to capture an image. With long exposures you also capture the changing of the weather in the image. McCaw said you have to take into account the weather might not cooperate and you could spend three weeks in Alaska waiting for a clear day.
The focusing of the sun causes the paper to burn while it is exposed. The burn path created is an integral part of the image. The burning of the gelatin in the paper imparts frequently leaves orange burn marks in the paper.
McCaw uses a wide variety of photographic paper in making his images. Each paper reacts differently when exposed to the sun, helping to create a unique image. He is always on the hunt for old photographic paper and constantly experiments to see what it will do. McCaw likes the hands-on feeling in making his images, "It's something you can't do in digital," he said
McCaw concluded the lecture with mages of the midnight sun he took on the Alaska North Slope in 2011. The final image was a 360 -degree image of the midnight sun over 24 hours. After the lecture McCaw took questions from the audience
Late this month McCaw is going to the Galapagos Islands photograph the straight up and down path of sun on the Vernal Equinox March 21.
lavoz@fhda.edu

## How to study for finals

## NICOLE GROSSKOPF

features Editor
Finals week is almost here. You are probably trying to achieve two goals: (1) Do well on your exams and (2) Keep your stress to a minimum. Here is a list to follow on finals week:

## 1. Remember to sleep!

Be sure to set aside at least six or seven hours (ideally eight) in your schedule for some shut-eye. Sleep will help you study better and even though you will have less study time, the time you do have will be worth more. Sleep deprivation leads to things like memory loss, inability to concentrate, headaches, and increasec levels, all of which are things you de want to avoid during finals week.
2. Make a schedule- and stick to it

If you have a planner (if you don't, get one), make an effort to plan your finals week schedule ahead of time. Focus on due dates and exam times so you can be sure you are able to study and get everything accomplished before the last minute. It's never a good idea to try and cram too much information into your mind in a short time frame, because you probably aren't going taretain most of it

## 3. Get help

Many students are afraid to ask for help. This is a big mistake. If you do not understand what to do or study, ask someone You can ask friends, classmates and profes sors. As long as you do not take too much of their time, any of those people will most likely be glad to help. After all, you are all working together. Doesn't the professor want to see you do well? When you think about it, the student's grades reflect the professor's teaching ability
4. Get rid of distractions

If your living arrangement distracts you, try heading over to the library, a coffee shop or bookstore. Turn off your cell phone, leave your iPad at home, and focus on whatever it is you have to accomplish. A free application for eliminating distractions is SelfControl. SelfControl allows you to block certain websites, like Facebook and Twitter, for a period of time; until that time is up, there's absolutely no way to access websites on your block list, even if you close the application or restart your computer. Genius! Link to the application: http://visi com/made/selfcontrol
5. Remember to crave some "you" time Whether it's taking an hour to watch your favorite TV show, going out to dinner with some friends, or even just browsing Facebook for a while, downtime is essential if you want to keep your sanity during such a stressful time! Taking breaks will give your mind a chance to clear, and you'll be able to start studying again with renewed energy


## 6. Eat power foods

Although it's tempting to order takeout or stop by a fast food joint for something quick and easy during finals week, eating well is really important. Fresh fruits and vegetables are easy to prepare, and are high in fiber, so they'll keep you feeling fuller lon ger. Whatever you do, remember not to skip meals, even if you feel like you're too busy to eat. If you're hungry, you'll be less productive and won't be able to concentrate. Try making enough food at one time so you'll have leftovers to eat the next day, or settle for something healthy and easy to prepare, like soup or veggie stir-fry

Maken from "Eat This, Not that" by David Zinczenko
What to eat/drink on finals week
Blueberries (for long term memory).
Salmon or Mackerel (to think faster)
High-protein salad with vinaigrette (to energize)
Low-fat yogurt or mixed nuts (to calm down). Peppermint tea (to concentrate)
1 Tbsp. of ground flaxseed daily (for sharper senses).

What not to eat/drink on finals week
Energy drinks/ too much coffee (messes up sleeping schedule)
Full- fat ice cream
Pancakes or bagels (makes you tired)
. Soda (makes you depressed and anxious).
Candy (leads to a fuzzy state of mind).
Chocolate (turns your mood down.).
Alcohol (makes you sloppy, not sharp).


## Recommended Music

1. Baroque classical music is said to have mind-boosting effects Productivity writer David Allen of "Getting Things Done" has said he prefers music like Vivaldi’s "Four Seasons," Bach's Brandenburg "Con certo \#3," and other Baroque tunes.
2. Others say that music at 60 beats-per-minute is required to put the brain in a "bright and breezy" frame of mind. In this state your thinking and creativity are said to be heightend. Concertos for Recorder - Tele mann \& Vivaldi is recommended.
3. If classical music is not your thing, there are other types of music that have been shown to increase your concentration levels. Ambien music or sound is designed to keep your brain engaged at a lower, subconscious level. Waterfalls, rain, seashore - whatever your taste.

## DeAnzavoices

"How do you study and prepare yourself for finals?"


Michael Orr, 18
Accounting
"I study in a group. It's easier, it's interactive and it's more memorable. I eat healthy, like all different kinds of fruit. I don't pull all-nighters, I need to sleep. "


Tal Ben-David, 18, Undeclared
"Well, the weekend before, I look over all my notes from the quarter. Also, throughout the quarter I try to make friends in the class so that maybe we can study together."


John Uribe, 24,
Cinematography and Film Aesthetics
"I'm a procastinator just like almost every other student here. Finals for this quarter...don't really have any. I'm taking a lot of film classes, so the only final I guess I have is in editing. And I try to stay on top of things."


Ryan Gerdts, 21, Linguistics "Depends on the final. Sometimes I give myself a week in advance, an hour a day, and sometimes I just cram at the very last minute. So it totally depends on the difficulty of the class and how prepared I am."

## Sports Fitness

## Ch-ch-ch-chioseeds

brenda norrie STAFF WRITER

Last year's health seed was the flaxseed. But with all the benefits that chia seeds offer, it's no wonder it's creating a buzz around the healthnuts.

Even Dr. Oz has said, "They just may be one of the healthiest things around."
According to Dr. Weil, a nutrition expert, this seed is high in fiber, protein, omega-3 fatty acids - more so than flaxseed and salmon! It has more antioxidants than fresh blueberries, and includes other vitamins and minerals containing calcium, phosphorus, magnesium, manganese, copper, iron, molybdenum, niacin, and zinc.
The website thechiaseed.com, they provide a list of five reasons why one should add it to their diet:

1. Chia Seeds Are Nutritious

On top of the fact that chia seeds have more omega-3 than any other natural source, they are loaded with antioxidants, calcium, protein, fiber, and many other vitamins \& minerals.
2. Chia Seeds Are Energizing

Not only do chia seeds give you a
boost of energy that lasts, they also provide stamina and endurance. A single tablespoon could sustain Aztec warriors for an entire day
3. Chia Seeds Reduce Cravings Because chia seeds absorb so much water and have high soluble fiber levels, they help release natural, unrefined carbohydrate energy slowly into the bloodstream.
4. Chia Seeds Are Easily Digestible
Unlike flax seed, chia seeds do not have to be ground up before you ingest them. The human body can easily digest chia seeds, and with about 7 grams of fiber per serving, they actually help.
5. Chia Seeds Are Convenient \&

Versatile
You can eat chia seeds straight from the bag, mix them with your favorite drink, add them to your cereal or salad, and just about anything else. Chia seeds last for years so stock up now!

Contact BRENDA NORRIE at avoz@fhda.edu

## Breathing exercises for healthy living



At times of emotional stress, our bodies respond with increased heart rate, perspiration, tense muscles and a speedy breath. After experiencing this process over many years, physical health becomes imbalanced. This can lead to high blood pressure, muscle pain, and inflammation, among other physical health issues. Breathing exercises can be used to directly fight these stressful moments. Below are exercises retrieved from the American Medical Student Association.
Abdominal breathing can increase stamina for athletic activity and fight disease.
-Place one hand on your chest and one on your abdomen. As you breathe in deeply, the hand on the abdomen should lift higher than the one on the chest. This will pull air into the base of your lungs.
-Exhale through the mouth. Then take a slow deep breath in through your nose as if you are inhaling in all the air surrounding you. Hold this for no longer than seven seconds.
-Exhale slowly from the mouth for eight seconds. Contract your abdominals gently to vacate any remaining air in the lungs. By com-
 deepened.
-Repeat the cycle four more times at a rate of one breath every 10 seconds or 6 breaths per minute. At this rate the heart rate variability increases, a benefit to cardiac health. Stimulating breath exercises for energy boost
-Sit up with your spine straight.
-With mouth closed softly, breath in and out of your nose as quickly as possible. One breath cycle, an inhale and exhale, will occur two to three times per second
-During the exercise there will be pressure felt at the base of the neck, chest and abdomen. The muscles in these areas are increasing in strength.
-Do this for no longer than 15 minutes as a beginner. The length may be increased by five seconds with continued practice. Do this exercise only within your comfort, and no longer than one whole minute.
-If practiced too much as a beginning learner there is risk for hyper ventilation and loss of conscious ness. Be sure to practice this exercise on a bed or chair. Contact ALICIA RIVERA at lavoz@fhda.edu

# TESTING COUNTER AND DEFENSE WITH SHADOW BOXING 



GREG ANDERSON
MLIMEDIA EDITOR
In martial arts and self-defense, the best defense against attackers comes down to the experience you get from sparring with a partner, forcing quick thoughts and reactions you would need in a combat situation. Having this paired with a vast catalog of the techniques from various styles can become a powerful and adaptable "lack of form" over time, cementing these techniques in your mind and needing no second thought to use the right move. To learn this system of application you'll have to work on applying it while a sparring partner uses techniques you're likely to encounter on the street or in another style. So when you don't have the time or sparring partner, you'll have to rely on unfolding every detail of every attack and defense with shadow boxing.
In the action of shadow boxing
you are imagining a facing mirror,
or perhaps the form of some possible assailant, and using this as a reference to show how your movements work against an active target. For many it's much easier to do this with their eyes closed, so find a wide open area that no one is likely to walk by and feel free to do this exercise with closed eyes. You are going to start with the basics for your imagined opponent, and picture mentally a punch being directed toward you, with a close enough distance to you to do some decent damage. Now you will take this punch and apply any technique you see fit. Depending on the type of punch you imagine, you'll have numerous possibilities for defense or offense, many varying from style to style

Of course this does not make up for the real thing, contact sparring with a partner, but it helps with the ideal use par, ban to
reflexive possibility. A great part of sparring is also of course the mental factor, which cannot fully be made up for in the serene fashion of shadow boxing, so preparing yourself mentally aids in effectively building that spirit Bruce Lee himself said training should be approached with the same force you'd press against an opponent, so infusing this ideal into shadow boxing can be split into two segments. You will map out how to effectively apply technique, and then pick up the speed, performing the action at the swiftness needed for fighting.
Just remember that if you are left with no other option but to fight, you must not show any wavering expres sion, keep hands ready to react in front of the chest, and don't turn your back to your opponent unless for some reason you've got a backpack made of spikes Contact GREG ANDERSON lavoz@fhda.edu

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## Sports Fitness

Best brain foods for your finals week

| Quick\& Healthy |  |
| :---: | :---: |
| Snack | Ideas |
| Fruit | Baked Potato |
| Smoothie | w/ |
|  | Cottage <br> Cheese |
| WholeWheat | Bananas |
| $\&$ egtable |  |
| egtable | Peanut |
| Quesadilla | Butter |
| Wheattoast | Wholegra |
| w/ Eggs | Pita\& Hummus |
| \& | with |
| Salsa | PitaChips |
|  | Tof |
| Yogurt |  |
| Parfait | Vegtable |
|  | StirFry |

## BRENDA NORRIE

Exams are coming up (ugh!), and students get so bogged down in studying and pulling all-nighters that nutrition tends to get suckerpunched last on the priority list.
Greasy pizza, coffee, quick microwavable meals and snacks are easy pick-me-up boosts when cramming, but can also make you feel worse When good nutrition is added to your study session, it can actually improve memory!

Among the best foods to eat for your brain is a no-brainer - fruit Go bananas and eat up! Include blueberries to your cereal, oatmeal, or snack. It's proven to help memory and is a high-antioxidant fruit that helps keep brain cells from damage and the immune system strong
(who wants to get sick over finals week?!.
Avoid a diet high in saturated fats. Most of this comes from animalbased products like cheese, dairy, ice cream, red meats and whole milk. Unfortunately, this stuff can impair concentration and memory. Go for whole grains. Having refined carbohydrates, sugar or white bread can lead to crashing after an energy rush.
Choose complex carbs can fuel you longer and help your body perform its best. You can find it in oatmeal, whole beans, brown rice, and high-fiber cereals
Lots of people are aware of fish as brain food, but even if you're not a fish person, you can get your essential omega oils from either supplements or various nuts like walnuts, flaxseeds, pumpkin seeds and soybeans.
Keep hydrated! Opt for teas, water or fruit juices over soda or caffeineloaded coffee, though some are OK in moderation. If you need coffee, try limit caffeine to 450 mg or less. Don't forget to eat breakfast before you take your test! It will help avoid thinking about that empty stomach while you're trying to focus, and help fuel your body and brain. Choose any of the said tips from above, like cereal or oatmeal with added fruit, a smoothie, etc.

Contact BRENDA NORRIE at lavoz@fhdaedu

## French flavour on the court

## ALIX METANAT

SPORTS EDITOR
Benoit Roddier, 18, freshman was put in the midst of his own personal March Madness this winter season. Roddier, the only international student on the men's basketball team, came all the way from Paris, France to play basketball on De Anza mens basketball team.


Roddier, who is a guard for De Anza, said it wasn't too hard to move. He knew he wanted to play basketball and he had moved just a year before to Bayonne for the same reason of being able to play his favorite sport.

Roddier said, "I came to De Anza because it is much harder in France to combine both studying and basketball. Usually people only pick one."
"I like being part of a college team," said Roddier about his experience on the De Anza team. "It's like being part of one big family. The team is really close. I've had the opportunity to meet people from the east coast as well, because some of the other players are from there., "I'm not sure if I will be playing with them next year," he added, but I do plan to play at university level."
Majoring in Kinesiology, he has career plans of being a personal trainer or basketball coach. He also hopes to be like his main inspira tion, Kevin Durant who plays for Oklahoma City.
"I look up to him because he is a hard worker, and he is very humble Like him, I also give the best I can do on everything.
Contact ALIX METANAT at lavoz@fhda.edu

## ZOORKHANEH



## LEILA FOROUHI

For over 700 years, Persians have been practicing the traditional martial art known as Pahlevani, or more commonly referred to as Zoorkhaneh, which means "house of strength"
The exercise combines traditional bodybuilding equipment with gymnastic movements. Ten to twenty men compete in the sacred Zoorkhaneh, a domed structure with an octagonal sunken arena and audience seats.
The ritual is lead by the poems and drum beat of their master, who recites poems that "transmit ethical and
social teachings" of the Zoorkhaneh literature, according to the United Nations Educational, Scientific and Cultural Organization.

A man by the name of Pouriya Vali has been credited as the first one to practice this ancient martial art and believed in the philosophy that building moral was more important than building muscle.

There are currently over 500 groups across Iran that still practice this ancient art today.
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# Editorial: San Jose State should support local access 


#### Abstract

This has been a fantastic start to 2012, education wise The old definition of fantastic, as in: incredible, imaginary, or bizarre.

We do not, however, support any act that restricts access of a CSU's local student pool to that institute of higher education.


First, our Board of Governors passed the Student Success Task Force without a dissenting vote. Then Governor Jerry Brown's trigger cuts were implemented, adding additional burdens to an already underfunded education system. For the first time ever, California State University and University of California students attended March in March, the yearly march to the state capital by California community college students to keep the state's community colleges funded. A sign that the state's entire higher education system is running on fumes.
Now, San Jose State University is preparing to change its admissions requirements for local students. No longer will SJSU accept local students with lower GPAs than those applying from other counties.
La Voz supports this move by SJSU, as there is not, and has never been, a good reason to ever lower academic standards.

CSUs should never see students as dollar figures, either for the financial benefit of the school or to fill budget shortfalls.

We believe that CSUs have a duty to educate their local population first, even at the cost of other Californians and out of state/international students.
No one should be forced to undertake the costly, and sometimes prohibitive, expenditures of relocation to obtain a higher
education because they were not accepted by their local CSU. To demand students from Cupertino attend San Francisco State, making the two-hour commute every day, or paying the outrageous rental prices of the city rather than bound down Interstate 280 from their home to San Jose State because equally successful students from Foster City took their spots, is unacceptable.

CSUs should never see students as dollar figures, either for the financial benefit of the school or to fill a budget shortfall. Institutes of higher education, and CSUs especially, should remain in the business of education, not the education business.
Raising admission standards is a great step in returning California to its education master plan and restoring the prestige and value of a bachelor's degree. But it must not remove the incentives to educate the local population.

Priority acceptance of local students, a limited number of guaranteed slots for local students or another form of incentivization should be required in conjunction with this change.


New game is example of loose ethics
Mass Effect 3's downloadable content highlights the ethical issue of segmented sales, an issue across the entire video game industry


A lot of flak has fallen on EA Games from dedicated fans this week when the third installment in the Mass Effect series was released March 5. Fans across Internet forums and gaming websites gave reviews and ratings either raving or rage-ridden. The problem most people have with the game is the additional tidbits of story that accompany the game which must be purchased separately.
If you bought the game as a new copy you got some bonuses, but you had to buy a deluxe copy of this game to grab an optional piece of downloadable content. So far this really doesn't sound so bad, but the problem lies with how important this extra little bit is to the actual game. The downloadable content includes a character belonging to, and with it the history of, the most mysterious race in the whole series. These are figures shrouded in legacy and secrets, with their very existence as an important plot point.
EA has you paying $\$ 60$ for a copy of the game, you'd think you have purchased the whole game. No, you have to purchase this extra content in addition to the cost of the game to have the full experience.

It's like buying a book only to find out the second to last chapter is sold separately.
It gives the impression that the DLC, titled "From Ashes" was held onto with the purpose of selling it for a more profit. BioWare, the creators of the game, has specifically said the DLC was made after much of the game was going through licensing, but how many people believe them when this content was released on the very same day the game was? It's hard to make an excuse for this business tactic. It makes the fans of Mass Effect wonder if, even in the short time that has been this industry's life, the corporate section of EA has the forgotten how sharp their fans are.
The idea of making content exclusive material stems from an idea utilized in Mass Effect 2, where a code found on the original game box could be used once for extra content. This was a small package with a side mission and some armor and weapons that had no huge impact on the game.
One could get past the gimmicky multi-player mode, which is required to be played to actually finish the game, but finding ways to break up the game into more parts that can be sold separately is an issue that merits an adjustment to the ethics of the video game industry.

Contact GREG ANDERSON at
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EDITOR'S CORNER COLUMN BAHRAIN WHO, AGAIN? MANAGER

One year, two days, and hundreds of casualties later, the peaceful protestors' prodemocratic demonstrations in Manama-the capital of Bahrain-continue their struggle to gain recognition from the rest of the world, including their own government.
The Bahraini people have been shouting in the dark for almost as long as the Egyptians have been dealing with the dictator Hosni Mubarak. Only difference: Egypt got worldwide coverage simply because the U.S. decided it didn't like Mubarak anymore, someone they supported from the moment he assumed power. While many western governments have spoken out against human rights abuses allegedly carried out by the Egyptian and Libyan governments, Bahrain has been treated with kid gloves. The U.S. government is not willing to withdraw support for dictator Ali Abdullah Saleh, despite his bloody suppression of dissent.
The U.S. support of the Bahrain monarchy is the latest in a long history of U.S. approved apartheid-like policies. The Shiite majority is barred from employment in the police, military and security services. The only difference between South African and Bahraini apartheid is that the divide is religious rather than racial.
In the U.S., we refuse to believe anything but what the giant media corporations say. We refuse to look past the biased media and do a little bit of our own research. Perhaps when we feel a little daring, we'll flip the channel to Al-Jazeera. We are adamant on dogmatically believing what we see because if two different news channels are telling the same story, with the same "evidence", it must be true.
Here at De Anza, we pride ourselves for propelling leadership and grassroots activism. We speak of being democratic, but what good is any of that if we take part in unjust silences plaguing other societies?
Speak out; don't look away from Bahrain's revolution. Educate yourself, and others, of the U.S.'s atrocious support of criminal governments. Raise awareness so that the Bahraini protestors know that they are not alone in this fight for justice. Contact your elected representatives and ask for Congress to condemn the massacre and put an end to this oppression.

Contact AILYA NAQVI at lavoz@fhda.edu

## ‘Kony 2012’ hype reveals new threat: Internet ignorance



Things on the Internet, to paraphrase xkcd.com, are more akin to posters in a hallway. They can be put up or they can be taken down by the same hooplehead and inflict the same amount of damage: none. The only difference is that the public sees the Internet as more complicated than a dorm hall bulletin board and, because people confuse "complicated" with "important," minor things on the Internet become matters of national importance.

For instance, if we could see how many times someone looked at something (liked) or bought something (shared), what would the metrics of the golden arches of McDonald's or cheese burgers be? What about movie posters and tickets? What about conversations about anything? How does it stack up to a free video on the Internet coupled with a constant written record?

Now, does 55 million people watching a free video at their fingertips and "tweeting" about it equate to a movement, or the public talking about a free video at their fingertips?
I'm not about to marginalize the number of people who have been moved to ... "action" by Kony 2012. On the contrary, I salute them.
Kony 2012 is just a stepping stone in the path of awareness;
it has sparked interest in something which people will then, hopefully, seek out more information upon before coming to a reasoned conclusion.
Unfortunately, Kony 2012 is not made by journalists, or reputable investigators. Invisible Children has lied, distorted and abused the truth and facts to make their case more compelling. And far, far too many are not seeking out more information before bemoaning their gut conclusion.

The Internet has been mismeasured by those outside it who have empowered those already prone to Internet activism and blindly repeating what someone else has said. People who are inclined to yell at a cop during a peaceful rally are also the same who will look no further into a subject, bite deep into the hook and come out spending an unhealthy amount of money just to feel better about themselves.

As with SOPA and PIPA, the pubic has jumped en-mass on the bandwagon of support for something in which the wheels are already turning. PIPA and SOPA were already dead, by congressional standards, the day Wikipedia announced its blackout and Internet-wide support was thrown against the bills. While it is true that the U.S. has sent 100 Marines to Uganda to assist with the hunt for Kony, they were sent in 2011, not after the public's response to the video.
The Marines are not all stationed in

Uganda but are spread out in advisory roles to the countries listed before as there is no direct support for the government of Uganda, or any of the militaries of neighboring countries, to find and kill Kony on its own because they have, for decades, shown they are willing to commit the same abuses (child soldiers, child sex workers, near genocide) as Kony has and delay the war for personal profit.
In fact, their abuses, which have been overlooked by Invisible Children, spurred Kony into action. Originally Kony fought against his corrupt government, with wide spread support from the people and international press.
There is no relief effort you can assist with, in person or on Facebook. You can donate to a number of already well-known child-soldier rehabilitation charities which, with the backing of UN Peacekeepers, take child soldiers out of war and try to turn them back into human beings, but that is the extent which you can "assist" with this issue. Donations to Invisible Children do not go to these charities.

This is not a 1980s neocon wet dream movie. You are not going to succeed where hundreds of people in the past have failed. In fact, there is little anyone can do short of actually going to Africa, which will not help anyone. Kony will not disappear in a comic "poof" of smoke if the video gets 3 million more "likes."
Or, to quote Visible Children, a blog questioning the motives of Invisible Children, "These problems are highly complex, not one-dimensional and, frankly, aren't of the nature that can be solved by postering, film-making and changing your Facebook profile picture, as hard as that is to swallow."
The abductions will only stop when the governments are strengthened and villages are safe, not when the militaries are strengthened. An idea which Invisible Children supports, and you support as well when you buy or donate to the not-for-profit. Stopping the influx of modern weapons will stop Kony and other warlords Stopping the funds to corrupt government officials which are then used to buy ammo, drugs and supplies for Kony (secretly) or government approved warlords (overtly) will stop Kony and other warlords. Increasing education will stop Kony and other warlords. Invisible Children supports none of the above.
They support large-scale, direct military action against Kony, which has, time and again, resulted in only more dead children, burned villages and ruined lives.

## Contact MARTIN TOWAR at <br> lavoz@fhda.edu

# Letters to the Editors: 

Thanks for your thoughtful but misguided March 5 piece on U.S. History education. Teachers at a Stockton school have been told that Santas, Christmas trees, and poinsettia plants are not to be displayed, though snowmen and snowflakes are acceptable. Why? There are a "myriad of religious affiliations," says the superintendent, though after many protests he seems to have backed off: "Well-intentioned people may take a step that's incongruous with district expectations," whatever that means.
Meanwhile in Florida, there is a shortage of multicultural Santas - and black Santas: a local community activist blared, "When Santa bears the face that kids can connect to, it can raise their self-esteem." This is the kind of idiocy we fall into without a common purpose.
The point? One central purpose of public education is assimilation into a common culture. Knowing the history of your country is a means to that end.
Public education was designed not to raise self-esteem but to educate children for citizenship, to give them the tools they need to be prudent voters and community members - and for that they must know what community they live in, and its history. For that the public rightly foots the bill. Your private interest in the culture you come from? You subsidize that.

Elizabeth Erickson, 77, part-time P.E. student.

## All-encompassing finals: a disservice to studious students



Finals. They can make you or break you. All that hard work you did over the quarter? Gone. Because of the GPA destructionthey pose, I don't like finals as the sole contributor of grades.
Sure, a comprehensive test of accumulative knowledge can work, but it disregards all the previous work done throughout the quarter/semester. Sometimes mistakes happen, careless or not, and there are reasons abound for a student doing poorly on a comprehensive final; they didn't have time to study as hard that class as they did for a more "important" class because the finals fell on the same day.
The all-encompassing final also weights questions that don't do justice to the student's work throughout the class. This type of final requires a mandatory all-nighter that leaves students tired, burned out and ignorant as cramming is ineffective.
Chris Gambon wrote "Il effects of cramming before the test a no-brainer, study says' for the Daily Free Press. In the study Nate Kornell, assistant professor of psychology College, said regular testing is the best way for students to retain information learned, though it may seem arduous at times. The psychology term is known as "the spacing effect." It earns its name from the concept

Now, the final shouldn't be weighted too little as to not count, as that would be a disservice to both the instructor and the student, but it also shouldn't have the potential to ruin a quarter's worth of work as well.
that remembering items in a list is easier when the list is studied over a long period of time, in spaces, rather than a repeatedly for a short period of time.
Now, the final shouldn't be weighted too little as to not count, as that would be a disservice to both the instructor and the student, but it also shouldn't have the potential to ruin a quarter's worth of work as well. High percentage finals leave little room to value attendance, participation, essays and projects, quizzes and anything else an instructor deems important to assess.
Preferably, the range would be roughly 30 percent of a quarter's grade.
To me, it's more important to weight participation and quizzes, as it gives a better assessment to a student's knowledge. It also means I won't be cramming or pulling an all-nighter to make sure I pass. By having other factors be a bigger part of the grade, students are encouraged to work harder during the quarter rather than slack and study hard at the end. Periodic studying and participation will also help students alleviate their stress when their accumulative knowledge is tested.
Knowing this, I want an instructor to help me learn, give out more quizzes and tests that will help me in the long run. Sure, it's more work for the instructor and studying for me, but that's the point of taking classes.

## Contact BRENDA NORRIE at

lavoz@fhda.edu

## Comics:Games

## Crossword (Exams)

|  | 1 | ${ }^{2}$ | ${ }^{3}$ |  | ${ }^{4}$ |  |  |  | 5 | ${ }^{6}$ | 7 |  | ${ }^{8}$ |  | 9 | ${ }^{10}$ | 11 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 12 |  |  |  |  |  | ${ }^{13}$ |  |  | 14 |  |  |  |  |  | 15 |  |  |
| 16 |  |  |  |  |  |  |  |  | 17 |  |  |  |  | 18 |  |  |  |
| 19 |  |  |  |  |  |  |  | 20 |  |  |  |  |  |  |  |  |  |
| 21 |  |  |  |  | 22 |  |  |  |  |  |  |  | ${ }^{23}$ |  |  |  | ${ }^{24}$ |
| 25 |  |  |  | 26 |  |  |  | 27 | ${ }^{28}$ | 29 | ${ }^{30}$ |  |  | 31 |  |  |  |
|  |  |  |  | 32 | 33 | 33 |  |  | 35 |  |  |  | 36 |  | 37 |  |  |
|  | 38 | 39 |  |  |  |  |  | 10 |  |  |  |  |  | ${ }^{11}$ |  |  |  |
| 42 |  |  |  |  | ${ }^{43}$ |  |  |  |  |  | 44 |  |  |  |  |  |  |
| ${ }^{15}$ |  |  |  | ${ }^{16}$ |  | ${ }^{47}$ |  |  |  | ${ }^{18}$ |  |  |  | 19 | 50 | 51 | 52 |
| 53 |  |  |  |  | 54 |  |  |  |  | 55 | 56 |  | 57 |  | 58 |  |  |
|  | 59 |  |  |  |  | ${ }^{60}$ |  | 61 | 62 |  |  |  |  | ${ }^{63}$ |  |  |  |
| 64 |  |  |  |  |  |  |  |  |  |  | 65 |  |  |  |  |  |  |
| ${ }^{66}$ |  |  |  |  | 67 |  |  |  |  |  | 68 |  |  |  |  |  |  |
| 69 |  |  |  |  | 70 |  |  |  |  |  |  |  | 71 |  |  |  |  |

## Across

1. "Easy__it"
2. Santa_Calif
3. Trio after C
4. Wrink cly fruit
5. Suffix with
6. Suffix with Ecuado
7. Turkish capital
destination
8. Format
9. "... _h he drove out of sight"
10. Charge
11. Clear, as a chalkboard 25. Bean used to make miso
12. Way, way off
13. "Be quiet!"
14. "Be quie
15. Chill
16. Chill
17. Format
18. Format
19. Bran source
20. Like cotton candy
21. "By yesterday""
22. "By yesterday"
23. A Swiss army knife has lots of them
24. Greek cheeses
25. Common deciduous tree
26. French sou
27. Format
28. Characters in a Roman play
29. Deserved
30. 'We 're number __!
31. "Weulinger Redding
32. Does figure eights, e.g.
33. A. alive
34. Martinique et Guadeloupe Down
35. And others, for short
36. Blowhard Limbaug
37. Blowhard Limbaugh
38. Arch type
39. Concrete section
40. Bridal path
41. Kate's "ititanic" costar
42. Sharpshooter
43. San Jose-to-Sacramento dir.
44. Hotel amenities
45. Hamlet, e.g.
46. Hamlet,
47. Oolong, for one
48. Class for a new immigrant 26. Donkey
49. Man-goat deities 29. "Act your __!" 30. Oxydize 34. Ballyhoo
50. Ballyhoo
51. In-light info, for short
52. In-fight info, for short
53. Property owner's right to limited use of another's land 39. Heights
54. Sine
55. Sine
56. Clumsy sort
57. Buddies
58. Little piggy
59. Litfle piggy
60. Sault Marie (Michigan or Ontario town) 51. Show hosts
61. Bird feeder tidbits 52. Bird feeder tiabits
62. Prepared to sing the 54. Prepared to sing the
national anthem 56. Air force heroes 56. Air force heroes
63. Uniform shade 60. "What's gotten __ you?" 61. Bucket 62. "= we
64. Hawaiian dish
. Actor Robert of "Meet the
65. Sharpshooter Annie

BY MICHAEL MANRIQUE


Answers from last week:

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | O | w | E |  |  |  | H | E |  |  |  | F | A |  |
|  | D | E | S | O |  | M | A | R |  | H |  | I |  |  |
| c |  | D | E | T |  | E | R | 1 | K |  |  | R | G |  |
|  |  |  |  | H | R | E | E | F | 1 |  | T |  |  |  |
|  |  | Y |  | E | E | K |  | s | T | A | T | T |  |  |
| A |  | E | R | D | E | E | N |  |  | B | B |  |  |  |
|  |  | T | O |  |  | R | O | S | T |  |  | O |  |  |
|  |  | 1 | L | T |  |  | R | O | A | D | S |  |  |  |
|  |  |  | L | A | T | S |  | R | O | E |  |  |  |  |
|  |  | L | 1 | U | S | C | A | E | S | A | R | R |  |  |
|  | R | O | N |  | T | O | L | L |  | C | O |  |  | A |
|  |  |  |  |  | O | R | T | Y | F | $\bigcirc$ | U | R |  | B |
| E |  | R |  | E |  | E | E |  |  | N | S | 1 |  |  |
|  |  |  |  | U |  |  | R |  | EI |  | sit | O |  |  |

Submit a correct crossword and receive two free tickets to Bluelight Theatres (while supplies last). Submit entries to the La Voz Weekly office Room L- 41 cking up tickets please visit the newsroom on the following day: Tuesdays/Thursdays between 9:30 a.m. and 1:20 p.m.

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| :---: | :---: | :---: | :---: | :---: | :---: | :---: |

