



# Women of De Anza in STEM

CAMPUS LIFE: DESPITE GENDER DISCREPANCIES IN THE FIELD, WOMEN STEP FORWARD

PHOTO BY MATTHEW FERNANDEZ

# L.A. VOZ NEWS

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## Students claim victory in Eco-Pass battle



PHOTO BY KUNAL MEHTA

De Anza students fill up the VTA board meeting room with posters and prepared speeches to lobby against raising the Eco-Pass fee to \$40.

**Kunal Mehta**  
NEWS EDITOR

The VTA board voted to raise the community college Eco-Pass fee to only \$20 and keep it at that price for the next four years, following months of lobbying by De Anza College student activists. VTA's original proposal was to raise the fee up to \$40 in chunks of \$5 per year.

30 students attended the meeting, many carrying signs protesting the fee increase, and nearly 20 spoke during the public comment period.

> SEE: ECO-PASS, P.3



## FANIME 2017 COSPLAY RECAP

Evan Raidor, 25, enterprise security major, cosplays as Beast Boy while Tiffany Guzman, 23, radiology major, cosplays as Raven.

Raidor said they were inspired by the original "Teen Titans" series. It's their 10th year here, and they "enjoy coming to Fanime and having hotel parties."

PHOTO BY NICK GIRARD

> SEE: FANIME, P.12

### IN THIS ISSUE

**FEATURES: Food pantry**  
De Anza's food pantry could serve as a valuable resource in solving the food crisis

**OPINIONS: Cupertino youth live in bubble**  
We should realign our priorities and use our privileges to promote socioeconomic welfare

**SPORTS: Baseball recap**  
A weak ending to a hot season prevents the Dons from making it to playoffs

**Tuesday, June 6**

**Auto Tech Golf Tournament**  
*All Day*  
Sunol Golf and Country Club  
Annual Caracci Memorial Scholarship fund raiser. Features a golf tournament, dinner, and many raffle prizes.

**Wednesday, June 7**

**International Student Event**  
*2 - 4 p.m.*  
California History Center  
For more information contact Joseph Ng at 408-864-5830.

**Thursday, June 8**

**Disability Support Programs and Services**  
*12:30 - 2:30 p.m.*  
Conference Room A&B  
For more information contact Marilyn Booye at 408-864-8407

**Sins Invalid Documentary Screening**  
*1:30 - 3:20 p.m.*  
MCC 214

A screening of director Patty Berne's documentary "Sins Invalid." The documentary is about a performance project that celebrates arts

with disabilities, centralizing arts of color and queer and gender-variant arts.

**Thursday, June 15**

**OTI, CalWORKS, WIOA, CompTechs Celebration**  
*11 a.m. - 1:30 p.m.*  
Seminar Training Room  
For more information contact Dan Dishno at 408-864-8307

**Spring Fling Retiree Reception**  
*1:30 - 3 p.m.*  
Conference Room A  
For more information contact Tina Woo at 408-864-8705

**DA Dance Demonstration**  
*7 p.m.*  
Visual and Performing Arts Center, Auditorium  
De Anza students will be coming together to give a dance demonstration. Admission is free. For more information, contact Warren Lucas at lucaswarren@fhda.edu.

**Friday, June 16**

**38th Annual Student Film and Video Show**  
*7:30 - 10:30 p.m.*  
Visual and Performing Arts Center  
A celebration of the best

screenplays and narrative, nonfiction, experimental and animated shorts produced by Film/TV Department students in 2016-2017. Admission is \$7. For more information contact Susan Tavernetti at 408-864-8872

**Saturday, June 17**

**36th Annual Patnoe Jazz Festival**  
*7:30 p.m.*  
Visual and Performing Arts Center  
Scholarship Fundraiser Concert featuring De Anza Jazz Ensembles, Daddios, and guest artist TBA. General admission is \$15 and \$10 for students and seniors. For more information contact John Russell at russeljohn@fhda.edu

**Announcements**

**Support Groups at Psychological Services**  
*Weekly meetings, end the week of June 12*  
*Noon - 12:50 p.m.*  
These support groups are held weekly throughout Spring Quarter 2017 and are free to De Anza College students.

**Mondays - Let's Talk About Sex**

**Tuesdays - Social Skills to Survive College**

**Thursdays - Work Hard, Play Hard (Self Care)**

**Fridays - Mindfulness and Meditation**

**De Anza College Student Art Show**

*Through June 8*  
Euphrat Museum of Art  
*Monday-Thursday 10 a.m. to 3 p.m.*

This exhibition features paintings, drawings, mixed-media works, photography, graphic design, furniture, sculpture and ceramics created by students at De Anza College. For more information go to deanza.edu/euphrat or call 408-864-5464.

**Redemption Songs and Resist Dances**

*June 9 and 10*  
*8:15 p.m.*  
Visual and Performing Arts Center

A dance concert organized by Warren Lucas. Sponsored by the DASB and the Creative Arts Division. For more information contact Warren Lucas at lucaswarren@fhda.edu

**ADVERTISING**

La Voz does not guarantee coverage of events for which it receives press releases. Contact Jamie Lamping by phone at 859-628-9932 or e-mail lavozadvertising@gmail.com for rates. Rate sheets can also be found at lavozdeanza.com



Scan the QR Code to visit LaVozDeAnza.com

**CORRECTIONS**

Any corrections in a published story? Let us know by email: lavoz@fhda.edu

**Burger of the week:**  
6/5 Steakhouse Sandwich

**De Anza College Dining Services Menu: June 5**

For all of your on-campus dining needs, visit the FOOD COURT in the upper level of the Hinson Center.

Monday 6/5	Tuesday 6/6	Wednesday 6/7	Thursday 6/8	Friday 6/9
<b>SOUP</b> Red Lentil and Vegetable	<b>SOUP</b> Broccoli Cheddar	<b>SOUP</b> Italian Wedding	<b>SOUP</b> French Onion	<b>SOUP</b> New England Clam Chowder
<b>PIZZA</b> Southwest Chicken	<b>PIZZA</b> Cheddar Cheeseburger	<b>PIZZA</b> Asian Chicken and Mushroom with Scallions	<b>PIZZA</b> Mortadella Italian Sausage, Artichoke Hearts, Peppers, Pesto, and Caesar	<b>PIZZA</b> Chef's Choice

**MEET YOUR STUDENT GOVERNMENT**

**WHO WE ARE**

REPRESENTING 23,000 DE ANZA STUDENTS, DE ANZA'S ASSOCIATED STUDENT BODY SENATE (OR "D.A.S.B.") IS MADE OF 30 STUDENTS WHO SEEK TO ADVOCATE FOR THEIR FELLOW CLASSMATES.

WITH A YEARLY BUDGET OF \$1.2 MILLION, D.A.S.B. FUNDS SERVICES AND EVENTS THAT PROMOTE STUDENT SUCCESS AND WELL BEING. WE WANT EVERY DE ANZA STUDENT TO FEEL SUPPORTED, HAPPY, AND SUCCESSFUL AT DE ANZA COLLEGE.

AFTER ALL, WE ARE JUST STUDENTS HELPING STUDENTS.



**INTERCLUB COUNCIL**

FOR INFO ON CLUBS  
CHECK OUT  
DE ANZA.EDU/CLUBS

**DE ANZA ASSOCIATED STUDENT BODY**

**SELF CARE WEEK**  
WEDNESDAY / THURSDAY  
3/22 - 3/23  
S QUAD / MAIN QUAD  
11:30AM - 1:30PM  
EACH DAY



- STUDENT SCHOLARSHIPS
- FREE TEXTBOOK VOUCHERS
- FREE LEGAL AID BY APPOINTMENT
- TUTORING SERVICES
- SCHOOL DANCES/FESTIVALS VTA ECOPASS
- DE ANZA BIKE PROGRAM

**GET INVOLVED**



COME SAY HI TO US IN THE SENATE OFFICE, WHICH IS DOWNSTAIRS IN THE HINSON CAMPUS CENTER.

YOU CAN ALSO FIND US ON FACEBOOK AT @DASBSENATE, OR AT DEANZA.EDU/DASB.

**COME TO A SENATE MEETING**

Committee	Location	Day	Time
DASB GENERAL MEETING	STUDENT COUNCIL CHAMBERS	WEDNESDAY	3:30 PM
FINANCE	STUDENT COUNCIL CHAMBERS	MONDAY	3:30 PM
STUDENT RIGHTS AND SERVICES	SENATE OFFICE	MONDAY	5:00 PM
DIVERSITY AND EVENTS	STUDENT COUNCIL CHAMBERS	MONDAY	4:00 PM
MARKETING	SENATE OFFICE	THURSDAY	10:00 AM
ENVIRONMENTAL SUSTAINABILITY	SENATE OFFICE	FRIDAY	1:30 PM
ADMINISTRATION	SENATE OFFICE	FRIDAY	1:30 PM
ELECTIONS COMMITTEE*	SENATE OFFICE	FRIDAY	12:30 PM
EXECUTIVE ADVISORY*	SENATE OFFICE	FRIDAY	11:30 PM

\*THESE COMMITTEES DO NOT MEET EVERY WEEK

# Eco-Pass fare increase capped at \$20 for four years at all community colleges

> FROM: ECO-PASS, P.1

“It sets the right precedent. It’s a huge symbolic gesture, and it essentially says that ‘we’re not for price increases for students,’” Neil McClintick, 20, political science major, said.

Patrick Ahrens, advisor to California Assemblymember Evan Low and De Anza alumnus, assisted the students with organizing and working with board members, and noted how the students’ efforts benefitted all community colleges.

“You did a great job in terms of being a regional leader... saying ‘we want equity’, which is what we aspired for,” Ahrens said when speaking to students after the meeting. “I’m really proud of you guys. You guys did a great job.”

Mission-West Valley currently pays \$18 a year and will only see a \$2 increase for the next four years.

Students lobbied VTA board members in the month prior to the meeting with phone banks organized by the De Anza Political Revolution club.

“We received many phone calls and emails regarding the increase to the Eco Pass,” VTA board



PHOTO BY KUNAL MEHTA

Neil McClintick, 20, political science major, and Patrick Ahrens, advisor to California Assemblymember Evan Low, strategize during the board meeting.

member Johnny Khamis said at the beginning of the discussion regarding the Eco Pass.

De Anza students created a counter-proposal that asked for a direct increase of \$20 and would be locked in for eight years. This proposal was the basis of a motion

proposed by VTA board member Ken Yeager, but his proposal only locked in the fare for four years.

“I can see from all the passion, that an increase [from \$9] is really important to these people,” VTA board member Rob Rennie said.

“I don’t think the difference is

material,” VTA Chief Financial Officer Raj Srinath said on the financial impact of Yeager’s motion. The motion passed with the only opposition coming from Cindy Chavez, who opposed due to the increase in fees to senior citizens.

The general counsel of the VTA noted that the four year price lock only restricts VTA staff from raising fees, and that future VTA boards could decide to increase fees.

“I am a little wary that they will bring this back in two years,” Ahrens said. He said students who are remaining at De Anza for the next year should remain vigilant in ensuring the VTA board keeps their word.

Other changes to the pass include the removal of the express bus, and an additional \$3 fee for the clipper cards themselves.

“I’ve heard a lot about the future of the VTA, but I hope you understand, we are the future of this valley,” Student Trustee Elias Kamal said.

De Anza students will still need to approve of the \$11 fare increase in an election.

## Passionate student testimony convinces board members

“Eastside San Jose is predominantly 44.5 percent Hispanic, compared to Cupertino’s 5.1 percent. We say segregation doesn’t exist in 2017, but then why do so many of our marginalized youth demographic travel significant distances just to enroll in one of the top-ranked community colleges of this nation?”

-Antonio Castillo, 19, sociology major

“On top of taking a full load of classes and being involved in two clubs, I also have a job to help my family stay afloat. I am one of thousands who rely on the Eco-Pass and fear the proposed prices for my family’s well-being. This past month I’ve been working day and night fighting for affordable transportation for fellow students...”

-April Nicholson, 19, political science major

## Administration absent

Kunal Mehta  
NEWS EDITOR

VTA board members questioned the lack of attendance and communication from De Anza College administration during Thursday’s board meeting.

VTA Deputy Director Finance & Budget, Ali Hudda, said that they had emailed the De Anza Eco-Pass coordinator Dennis Shannakian twice, but never received a response.

“That seems kind of odd to me. So what you’re saying is that De Anza won’t even return our phone calls?” VTA board member Johnny Khamis said. He then asked, “Are there any

administrators from De Anza here in the audience tonight? Anybody?” and was met with silence.

Student Trustee Elias Kamal apologized on behalf of the administration during the public comment period, and said that President Brian Murphy had sent a letter to all the board members expressing his opposition to increasing Eco-Pass fees.

## Eco-Pass Poll



GRAPHIC BY L.E. ASHLEY

- April 18:** De Anza notified about Eco-Pass fare increase proposal.
- May 2:** Student activists begin circulating a petition against the fare increase.
- May 4:** Students attend VTA board meeting and protest against fare increase.
- May 11:** The De Anza Political Revolution Club hosts a phone bank to call VTA board members.
- May 12:** Students meet with VTA board member and Mayor of Cupertino Savita Vaidhyathan, and obtain her support.
- May 17:** Students meet with VTA board member and San Jose City councilmember Chappie Jones, who asks for a counter-proposal.
- May 18:** The De Anza Political Revolution Club hosts a second phone bank.
- May 24:** De Anza petition reaches 2,000 signatures.
- May 26:** Students meet with Assembly member Ash Kalra, and obtain his support.
- May 30:** Congressman Ro Khanna publicly opposes the Eco-Pass fare increase, and endorses students’ efforts.
- June 1:** VTA board members agree to cap Eco-Pass fee increase at \$20 for four years at all community colleges.



# DASB Senate searches for revenue drop solutions

PHOTO BY  
ANA ACOSTA

Senator Tal Globus, 20, computer science major, discusses potential ways to increase the DASB budget during the March 24 meeting.



**Ana Acosta**  
STAFF REPORTER

DASB Senators will likely create an ad-hoc committee after discussing ways to increase revenue on Wednesday, March 24. DASB withdrew \$55,000 from the reserve fund to balance the 2016-2017 budget.

The DASB budget is currently losing revenue due to low enrollment at De Anza, a problem that Senator Ruby Khan said left many club representatives “visibly upset...and (feeling) underrepresented” after finance committee chair Amanda Le, 20, business administration major, had to deny many of their requests to fund food for their clubs.

DASB Advisor John Cognetta suggested increasing activity fees, which Senator Tal Globus, 20, computer science major, rejected because each student would have to pay more money.

Globus suggested increasing movie ticket sales, but Cognetta said this would entail buying more movie tickets, so profits would be small if they sell.

Globus also suggested finding

a way to increase the profits made from the flea market.

Eddie Cisneros, 23, public health major and a flea market coordinator, suggested asking the police department for 25 cents of each dollar profit they make from flea market parking, which Cognetta said would be unlikely since the police department is funded by those parking tickets and therefore needs that money.

Suggestions ranged from increasing vendors to increasing flea market parking fees. Only a couple senators raised their hands when Cognetta asked how many of them had been to the flea market before.

Le said the budget is currently divided between the Inter Club Council, the Office of Equity, academic tutorial, athletics, Marine Biology field trips, and the Student Representation Fee.

“What I’m hoping for is to encourage fundraising activities,” said Le, who encourages clubs to become more independent by raising their own extra funds. “That way, not everyone has to rely on the student government because I feel

that it (funding clubs) is declining the budget and I really don’t want to cut programs.”

Five senators committed to Cognetta’s suggestion to hold a conflict resolution workshop to avoid problems that were run into by last year’s senate. The workshop will likely not be held unless more senators commit.

Senator Raphael Villagarcia, 19, political science major, announced that there will be elections held for open senate positions.

Senator Emily Katsuta, Chair of the Environmental Sustainability committee, was removed from office due to unmet credit requirements.

Senator Ahmad Ali-Ahmad and Senator Indu Kundam opened a discussion for possible solutions to the senate office’s untidy conditions.

“I don’t think any negative reinforcement or sign up sheet is necessary,” said Student Trustee Elias Kamal, who suggested the senators completely clean and reorganize the senator’s office all at once. “This isn’t preschool, we’re adults.”

# DASB Senate meeting axed on president’s whim

**Karan Abrol**  
CAMPUS LIFE EDITOR

DASB Senate President Dylan Kim cancelled the DASB Senate meeting for Wednesday, May 31, through a Facebook group message the Monday prior.

“Unfortunately President Kim decided there was no need for a meeting this week,” Student Trustee Elias Kamal said.

“I’m guessing we did not have any agenda items but I am definitely confused,” Senator Ahmad Ali-Ahmad said.

When asked why the meeting was being cancelled, Kim replied to the Facebook group message, “Not necessary.”

Many senators said they believe that the reason for the cancellation had to do with lack of items to discuss on the senate meeting agenda. “There was no agenda,” Kamal said.

DASB Secretary Eoin Bonner, clarified and said that the agenda was not drafted solely “at the request of the DASB President.”

Senator Ruby Khan said that Administration Committee is planning a retreat and that it “needed to be discussed.”

Ahmad said he was “hoping to use the platform to discuss the Eco-Pass fare increase alongside student leaders.”

# Flint Garage construction to finish by Fall

**Vaibhav Vijaykar**  
STAFF REPORTER

The Flint Parking Garage at De Anza College is expected to finish renovations on schedule and be open for the Fall quarter. The renovations included necessary seismic upgrades for the structure, and began in the 2016 Fall quarter.

“The garage is still slated to be open for Fall quarter and would therefore be on schedule, although not every phase has been completed on time,” Marisa Spatafore, Associate Vice President of Communications and External Relations, said. The renovations are estimated to cost \$23 million according to Spatafore.

To replace the lost parking spaces, the baseball field was paved over, and along with the soccer field, was converted into Drop and Go parking spaces. Students and staff could drop off their vehicles with a valet service and not have to wait to find a parking spot.

The Drop and Go program ended at the beginning of Spring quarter due to a lack of demand.

The baseball team used Shoreline Baseball Field in Mountain View as their home field as a result. “The bids to restore the baseball field will be coming in this week,” Spatafore said.

De Anza conducted a survey of students who did not return in fall and spring quarter, with a 5 percent response rate. 1 percent of respondents said that there was not enough parking available or it was too challenging.



PHOTO BY KUNAL MEHTA

The Flint Garage has been under construction since the 2016 Fall quarter, and is expected to finish on time.

# DA VOICES: How do you VTA?

PHOTOS AND REPORTING BY JARRA GOJOLA



**Sunin Kumar, 25, software engineering**

“I come from Sunnyvale, and take the VTA sometimes for going to college, or sometimes for the mall or shopping center.”

**Mario Silva, 19, computer science**

“I come from San Jose. It’s a lot cheaper, I get to save more gas every now and then. Taking the VTA is a lot more easier.”



**Aditya Mokkarala, 21, computer engineering**

“I start at the Fremont BART station. It’s the only public transport that takes me from Fremont to Cupertino”



# Food pantry offers free food to eligible students



**Left:** The food pantry located in Seminar 3 in the SEM Building **PHOTOS BY AUDREY MARQUES**  
**Right:** Some examples of groceries available this week: Oatmeal, beans, peanut butter and granola.

**Audrey Marques**  
STAFF REPORTER

A possible solution to address what DASB Senate calls the “food crisis” is De Anza’s food pantry.

De Anza College offers a service that provides free food for students in need. The pantry is located on the SEM Building at the Office of Outreach & Relations with Schools, and the food is provided weekly for those who apply for it.

DASB’s current focus is working with Student Rights and Services to improve outreach regarding the pantry and increase student awareness about the opportunity.

Kimberly-Ann Pramana, committee chair, said “There will always be some students experiencing food insecurities around this campus.”

Ambrocine Rodriguez, Administrative Assistant at the Office of Outreach & Relations with Schools, said that between 10 and 15 students got food from

the pantry last week, fewer than usual.

Erika Flores, Program Coordinator, is in charge of the Pantry. She said that between 200 and 250 students visit the Pantry every month, but many only go once or twice a month.

“Students in need should know about the pantry as a resource available for them on campus,” Flores said.

All of the available selection is donated by Second Harvest Food Bank and West Valley Community Services. The food is delivered every Wednesday afternoon, so students can go on Thursday and take the food they need.

Students pick out food from a list showing what is available for the week.

Some students just need snacks while they are in school. The pantry obliges with on-the-go treats like string cheese, fruit, granola bars and other snack foods.

For students who need food at home, the pantry offers cooking

staples such as rice, beans, pasta and canned vegetables.

The pantry also caters to homeless students with food that can be cooked in the school microwave, such as single serve mac and cheese, ramen, tuna and fruit cups. These items are more difficult to get a hold of through donations.

To qualify, students have to fill out a form estimating maximum income based on the number of people they live with, along with what kind of food they need. “Even if they don’t fill on the requirements, they still can get some food, [they] just need to be a current De Anza student,” Rodriguez said. Considering the college population, she also said that there might be more people in need, and that students would benefit from better outreach and word of mouth.

The Food Pantry is open every weekday, Monday - Friday: 8 a.m. to 4:30 p.m., but closed Monday only from 9:30 to 10:30 a.m.

# DA Voices: How do you work to afford to live in the Bay Area?

**Photos and reporting by Jackie Contreras**  
STAFF REPORTER

**Tal Globus, 20, computer science major**

I work at a tech company by the airport. I have an internship there and it gives me experience and a paycheck, that’s what’s supporting me. I show up to De Anza at 9:30 every morning, on Monday through Thursday I leave at 3:30 and I get to work by 4 p.m. and I work until 9 p.m. I think the school is doing a good job of having classes spread from early in the morning to late in the evening so you could find sometime to work, except a lot of the classes are only offered during one time.



**Dominic Fisher, 20, kinesiology major**

I coach children and beginners in multiple sports for a coaching company called Skyhawks. I became independent two years ago when I started school. School schedules kind of conflict with work, I have to work my schedule out differently.



**Javier Herrea, 33, nursing**

I work on campus, at the cafeteria. The highest hours you can get is 20 hours a week. If there’s more working positions on campus that pays better wages and more hours available, it would be really helpful. The pay here is like \$10 and with 20 hours a week, you can only make around \$800 a month. That’s barely enough to make rent and pay for food and other stuff.



**Javier Herrea, 33, nursing major**

I work for a catering company in east Palo Alto. I’m a server, so I have to serve meals, take orders sometimes, decorate tables. Sometimes I have to deny work because I can’t be there, it’s the same for school. Sometimes I can’t be here (in class) because I have to be at work, it’s hard because I don’t get a lot of money sometimes because of that. De Anza should be a little more flexible with class scheduling.



# Panel, art exhibit aims to empower ‘femme’ community

**Andrew Shinjo**  
STAFF REPORTER

helped bring attention to their community.

The De Anza College Office of Equity hosted the “Femme Space” panel and exhibit last Thursday to honor the late artist Amanda Harris.

“Femme” refers to a feminine-appearing person in the LGBTQ community.

Harris, a monumental figure in the femme community, helped bring awareness to femme identified people.

The main theme brought up during the event was the lack of visibility the femme community faces.

“Visibility is something that has been lacking in our community because a lot of times when people think of lesbians, they think of short hair,” speaker Hollis Proffitt said. “A lot of femmes, people don’t look at them, and know that they’re gay. So, we’ve been invisible in the community a lot.”

Proffitt said that Harris’s contributions as an artist has been significant for the femme community because her art

The art exhibit was organized in the California History Center, and featured photos and biographies of femme identified along with artwork chosen by Georgie Guitron, 19, sociology major.

“For the femme exhibit, I was actually asked to create an art wall. So, most of the pieces on this student wall are from the Bay Area,” Guitron said. “We work with women, and LGBT folk. There is a lot of [pictures of] reproductive justice, women’s health, awareness of safe sex, brochures, information, and also organizations we are connected with. So, all of this is sort of mushed together, and is created into this huge piece of art.” said Guitron.

Audience member Jules Dye, 21, psychology major, said that it was really nice to have space created for queer people, and especially with the beautiful artwork in the exhibit. Dye also said that the exhibit is a way to give femmes, who many people willfully ignore, more power.



**SLEEP HABITS AFFECT YOUR WEIGHT**  
**Mary Sullivan**  
GUEST COLUMNIST

Midterms have passed, and you’re getting ready for finals. Have you gotten sloppy with your sleep routine? Have your eating habits degenerated? Do your clothes feel tight? They may all be connected.

There is growing evidence linking lack of sleep with changes in eating habits and weight gain. A recent study examined individuals based on their sleep time. Results showed the sleep deprived group gained an average of 385 calories a day! Another study examined health concerns with a nocturnal lifestyle, and found the behavior of these “night owls” led to impairment of the insulin response.

The hormone insulin is a key player in the control of intermediary metabolism, and organizes the use of food consumed for either storing calories or burning them. This puts individuals at risk for obesity and diabetes. Why does that happen?

Sleep deprivation disrupts your body’s internal clock, or circadian rhythm; which affects your appetite hormones and leads to increased appetite; calorie, or fat, storage and food intake; and decreased calorie-burning. So if you can maintain healthy sleep patterns, with balanced diet choices and physical activity (30 minutes brisk walk three times a week), you are more likely to achieve good health and weight. Here are some healthy sleep habit reminders:

Establish a regular routine - going to bed and getting up at the same time every day, even on weekends. Your body likes routines!

Get an adequate amount of sleep every night. Determine the amount of sleep you need by keeping track of how long you sleep without using an alarm clock.

Develop sleep rituals before going to bed. Do the same things before going to bed to cue your body to slow down and relax: layout your clothes for tomorrow, gather your books and homework in one spot or brush and floss your teeth.

Avoid alcohol four to six hours before bedtime, as it is a depressant that slows brain activity.

Reduce your intake of caffeine and nicotine four to six hours before going to sleep. Stimulants interfere with your ability to fall asleep and progress into deep sleep.

Sleep is essential for student success, memory formation and a healthy weight. Finding more time for sleep can be a matter of life or death (or disease). Plan ahead, and consider making lifestyle changes.

Mary Sullivan is the Director of Health Education and Wellness, and can be reached at 408-864-8733 or at her email, [sullivanmary@deanza.edu](mailto:sullivanmary@deanza.edu).

## Developer's Guild

### Playing Pac-Man, telling jokes, rescuing Greg

**Andrew Shinjo**  
STAFF REPORTER

If you have ever been interested in learning how to make a mobile app, a website or a video game, but never knew where to start, then the Developer's Guild is the place to be.

Developer's Guild is one of many clubs offered at De Anza College focused on computer science related work.

The goal of Developer's Guild is "to give computer science students at De Anza an opportunity to work in a collaborative environment with other like minded people who are interested in similar projects," Remy Dinh, 21, computer science major said.

The club is split into a multitude of groups that focus on different projects every quarter. The projects range from creating a basic website, to programming 2D and 3D games, to designing artificial intelligence using machine learning modules.

The Unreal Engine 4 (UE4) team, led by 22-year-old computer science major Damen Birtola, works on creating 3D games.

"Most of us [in the UE4 team] are programmers learning to use the game engine and physics engine," Birtola said. "We are putting together a game where you

rescue an astronaut named Greg, and along the way, avoid rogue sentinels that are set to kill him."

Birtola says that the UE4 team is probably one of the more advanced groups of the bunch, but everyone is learning how to use the engine together so only a little computer programming experience is necessary to be able to help.



**Above:** C++ 2-D Game development team working on Pac-man. (From left) Lai Vang Lee, 20, Jerica Factor, 19, Ye Eun Myung, 21, computer science majors.

**Below:** "The Java Scrubs" pretend to work on a 2-D platformer game (They are looking at memes)

PHOTOS BY ANDREW SHINJO



Ankur Banerjee, 21, undecided major, said his group is trying to teach a computer how to recognize a joke.

"What we're trying to do is use a neural network to model a text dataset of jokes from reddit," Banerjee said.

The dataset contains a few gigabytes of jokes, and the program uses complicated mathematical relationships to analyze relationships between each character in any given joke.

Banerjee said he was interested in artificial intelligence because he thinks it's the future.

"Eventually we're gonna have A.I. we can speak to," he said. "The capabilities are exciting."

The Developer's Guild meets every Friday from 1:30 p.m. to 4:00 p.m., in room 311 of the Advanced Technology Center (ATC), and welcomes all people, regardless of programming experience.

"People who are new to the computer science field, they think they can't join because they are too new," Club treasurer Ye Eun Myung, 21, computer science major said. "We are open to people of all levels."

## WOMEN

### Women make up only science and engineering

**Ana Acosta**  
STAFF REPORTER

Closing the gap between the amount of men and women in science, technology, engineering, and math (STEM) fields has proven to be a slow process. However, these five De Anza women are helping pave the way for future generations.

Although women have higher college graduation rates than men, their graduation rates in STEM fields are significantly lower than men, according to the National Science Foundation.

Manizheh Zand, a De Anza College engineering professor reached out to middle school students in a project and mentorship-based engineering program to close the gap early on in students' academic careers.

Zand teaches a middle school engineering class at the Renaissance Academy. It consists of 21 female students — which Zand calls an achievement — who are designing electronic ornaments that will be put on display on a tree during Christmas in the Park in San Jose.

"It's very intuitive," Jocelyn Cruz, 37, said. She is currently taking Zand's Intro to Engineering class, as well as mentoring her middle school program. "It's a lot of hands-on [learning]."

"The problem starts when students are in high school," Zand said. Female students become more passive about subjects such as engineering for reasons that range from boys becoming more important to getting more involved in other activities like sports, she said.

The disparity of women in



Working on their team project, Yaduk... Victuelles, 19, Computer Science need them to find the most

Structures". the STEM field sometimes shows itself in the form of subtle microaggressions.

Zand said in emails she is "100 percent [of the time], without exception" addressed as Mr. Zand.

"The one way that being a woman affected me in doing research is that I was hit on at academic conferences," said physics professor Lana Sheridan. "It does serve to remind you that you stand out, and not for what you are working on."

Elaine Wang, 20, biology major and president of the Biology Club at De Anza, also said she noticed a disparity between men and women in the medical field,

"In m... school, studen... have confide... some ex... as soon... enter hig... they lo...

-Manize... Engineering

## Criminalist provides examples of applying statistics in forensic science workshop

**Vince Aguilar**  
STAFF REPORTER

A criminalist from the Santa Clara County District Attorney's Crime Laboratory taught students how to walk away from arson and suggested a new item should be added to the game "Clue" during a killer workshop on the applications of statistics in her line of work.

Criminalist Cordelia Willis was invited to present a Stats & Forensic Science workshop by the Statistics club, one of the newest De Anza clubs on campus.

During the workshop Willis told her audience stories of life at her job, including one where someone was killed with a fish shaped liquor bottle that she jokingly suggested be added to the game of Clue.

"We are doing this to motivate the students that have passion in the stat major so that they know that stats is not simply about a

numbers," Van Le, 22, business major, said.

President of the Statistics Club, Van Le, worked hard with her fellow club members to make the workshop happen.

"It has been hard team work to make this event happen," Statistics professor and faculty advisor for the Statistics club, Lenore Desilets said.

The club planned everything

from the promotional posters to the snacks for the workshop.

Each aisle was littered with body parts and blood made of candy, and as the audiences snacked on their murderous morsels. Willis gave facts and examples of how statistics applies to her job.

"I really wanna promote the people who make up the stats club because they are the ones who

make it go on," said Desilets. "It was definitely a success."

Desilets was happy that people took an interest in the workshop. "It's not the number of people, its how much we affect each person," she said.

Jenny Xu, 18, computer science major, didn't plan on attending the workshop at all but noticed and joined in when passing by.

"I was planning on going

straight home but then I saw this poster. I was listening to a crime podcast so it was a real coincidence that i stopped by," Xu said.

Xu said she liked the examples of how statistics could be applied to the different situations presented in the workshops.

**Bottom left:** Cordelia Willis, Criminalist for the Santa Clara County Crime Laboratory, is explaining

the details of a crime scene in Palo Alto, CA.

**Bottom right:** Willis shows the audience how they label evidence at a crime scene in Palo Alto, CA.



PHOTOS BY  
BENJAMIN LEU

# IN STEM

ly 29 percent of the  
eering workforce



umari Shanthigrama Ramesh, 24, Computer Science and Xanthia  
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efficient search algorithm for their class "CIS22C: Data

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h Zand,  
g professor

particularly surgical fields  
and engineering classrooms.  
Despite this, her parents  
have never discouraged  
her from pursuing a STEM  
career.

"They highly encourage  
it because they believe that,  
for girls especially, you need  
to be more independent,"  
Wang said. "You don't want  
to rely on someone in the  
future for an income."

In the Biology Club,  
Wang helps students with  
their resumes and helps  
show students that biology  
majors have paths that go beyond  
the medical field, such as working  
along with computer scientists or  
working in biotech.

Kyungmin Roh, 20, chemistry  
major and administrator of De  
Anza's Chemistry Club, says she  
chose her major simply because it  
is her favorite subject.

"Chemistry is the subject that  
incites my curiosity, and I love  
how chemistry deals with the way  
of nature," Roh said.

The club has recently hosted  
a lab demo with third grade  
students, and plans to arrange a  
field trip to a local professional  
lab along with inviting guest  
speakers from the STEM field to  
campus.

While women in STEM face  
hurdles that many men in the  
field don't face, the professors  
expressed that things are slowly  
improving.

# Auto Tech Club

Join a community for your life, career  
and self



PHOTOS BY ANAS MUSTAFA

Above: a revamped red E500 Mercedes Benz by the Auto Tech  
Club.

Right: the inside of the revamped red E500 Mercedes Benz by  
the Auto Tech Club.

**Anas Mustafa**  
STAFF REPORTER

De Anza's Automotive  
Technology Club focuses on  
teaching students practical  
and theory work in regards to  
automotive technology. The club  
is an extremely connected and  
close knit community.

Auto Tech Club president  
Brett Johnson, 23, is finishing  
his second year in the automotive  
program. Johnson said the club  
has a lot of different activities  
that help students to have an  
impact on their lives, career and  
themselves. "We do a big drive  
every year around thanksgiving  
for canned food and fundraising,"  
he said.

Johnson said the club does a

lot of activities with the autotech  
program at De Anza. He said  
the club took each class on three  
separate occasions up to the Black  
Hawk Auto Museum in Danville.

"We got to see the cars and  
learned about the history," said  
Johnson.

Johnson said the club aims  
to develop and culture students  
so that they can blend in the  
workforce. He said it's easy to  
make a mistake when learning in  
the field.

"We like to get rid of that  
pressure or fear in making  
a mistake because we want  
students to have the ability to  
make mistakes where it doesn't  
affect anyone," Johnson said.

Rick Manner, auto technology  
professor, said one of the former

program instructors worked at the  
tank museum in Porto Valley as a  
docent, working on the tanks.

He said the former instructor is  
taking a group of students to the  
tank tour this month.

Manner said the Auto Tech  
Club is more than just a club to  
the students within the auto tech  
program, it's like family to many  
students because it's a place  
where they can bond.

"I've known club members part  
of the auto tech club from 1967  
that have kept in touch with other  
club members from that original  
class," Manner said.

The auto tech club meets on  
Thursdays at 7:30 a.m.

# NASA engineer attends physics conference



PHOTO BY YANE AN

Sean Hinson, 22, plant biology major, inspects a piece of radio telescope at  
the Leaps and Bounds on May 25.

**Yane An**

EDITOR-IN-CHIEF

A NASA aerospace engineer  
told the story of how he got a 66  
percent on a math test because he  
switched a negative and positive  
sign on the last page of the last  
problem, and how despite those

kinds of obstacles getting him  
down, he kept moving forward,  
at the Leaps and Bounds physics  
conference hosted by the Physics  
Club.

"You encounter things like  
those. Something like that  
brought me down for that week

or that month,"  
speaker Eddie Uribe  
said. "Like how  
did this happen? I  
worked really hard  
and it still didn't  
work out. But you  
just kinda ... keep  
going."

Speaker Nathan  
Whitehorn said  
he planned three  
presentations, and  
let students vote  
on which one they  
wanted to hear the  
most. His talk on  
the history of the  
universe won out.  
Whitehorn also  
handed out a piece  
of a radio telescope  
sealed in a silver bag.

Co-president of Physics Club  
Aysha Rehman, 19, aerospace  
engineering said co-president  
Mikayla Ehershmann-Singh  
initially had the idea to bring  
speakers. Rehman built on  
the idea and said, "Why not a

conference?"

The club started planning in  
February, with a majority of the  
planning happening a month and  
a half before the event. "We were  
just getting speakers and reaching  
out to whoever we could,"  
Rehman said.

Rehman said Ehershmann-  
Singh recruited speakers by  
reaching out to NASA employees  
via LinkedIn. "Surprisingly, they  
responded," Rehman said.

The club coordinated closely  
with Director of STEM Success  
Program Yvette Campbell,  
who helped getting a location,  
distributing flyers and letting  
STEM professors inform their  
students.

Club advisor physics professor  
David Newton and physics  
professor Francis Donald helped  
in terms of donating and setting  
up.

"I was really nervous at first,  
because not a whole lot of kids  
were coming, so I thought, 'oh  
my god, this is a disaster,'" she  
said.

After the first speaker, Rehman  
said students started pouring in,  
and everything went smoothly.  
"Our nerves kind of settled  
down and we were getting more  
comfortable with the crowd."

One attendee came to support  
their niece, Ehershmann-Singh. "I  
was actually really impressed that  
De Anza was pulling something  
like this together," Autumn  
Ehreshmann said.

Dominic Mutimer, 22,  
mechanical engineering major,  
said he attended the event  
after hearing about it from his  
professor. "All of this stuff is  
relevant [to my major]," he said.  
"I can get a perspective from the  
industry."

Kentaro Tanaka, 21, electrical  
engineering major, received extra  
credit for attending the event. "It's  
[a] really good event to get some  
knowledge and information."

"It's the first time we've  
ever heard of any Physics Club  
doing this," Rehman said. "We  
definitely plan on having another  
one next year."

## Need to prep for finals? Two new binge-worthy shows

## Review: "The Handmaid's Tale"

Rishabh Singhal  
STAFF REPORTER

Hulu's latest show, "The Handmaid's Tale," is painful to watch at times. The show is a dystopian thriller that depicts a totalitarian future called Gilead. In it, infertility and environmental damage plague the world, causing the government to kidnap women, or "handmaidens" to bear children for the barren wives of commanders.

These handmaidens are forced into servitude and stripped of all semblance and individuality of their previous lives. They are given names based off their commander's home and they must fulfill their duties or else they will be sent to the colonies or face death.

The show is based on the 1985 novel of the same name by Margaret Atwood. The two aren't incredibly different in their depiction of Gilead, but the book is more descriptive and impersonal in its narrative.

Elisabeth Moss, star of the AMC show "Mad Men," plays the handmaid, Offred, masterfully. While her character is forced to be submissive and obedient to her society's demands, we can plainly see and identify with her inner conflict.

In one scene, she is offered a cookie by a wife, who calls her "well-behaved". Hoping to avoid punishment, she accepts the cookie and takes a bite, but later spits it out into a sink and leaves the cookie on the bathroom counter, smiling proudly into the mirror.

The show is graphic and terrifying, but it is these moments of small defiance and humor in the face of adversity that speak volumes on Offred's inner strength and

her determined spirit.

Still, watching The Handmaid's Tale is mostly an experience comparable to witnessing a train accident and being unable to bring yourself to look away. Its depiction of a patriarchal and cruelly sexist America is incredibly realistic and eerily familiar.

Gilead's violent ban on homosexuality and female literacy echoes aspects of extreme Islamic societies, and even the sordid political future towards which our own country seems to be heading.

Despite its dark tone, the show is beautifully made in its own way. The camerawork, which explores nearly every point of view possible, and the fast paced editing makes you truly empathetic towards the characters and inhabit their world.

Even the costume designs help elevate the shows themes. The distinct uniforms of the wives, aunts, Marthas, and handmaidens create a unique aesthetic which makes the hierarchy of these groups very apparent.



## Review: "I Love Dick"

Pearl Curtis  
STAFF REPORTER

"I Love Dick" is a provocative and confusing comedy-drama that explores the complexities of marriage, sexual awakenings and creativity.

Based on Chris Kraus's 1997 novel of the same name, "I Love Dick" is Amazon's newest original series.

Husband and wife, Sylvère and Chris, head to the Texas town of Marfa, where Sylvère has been invited for a residency fellowship program run by Dick, played by Kevin Bacon.

Dick is the town's object of admiration. Even though he hasn't produced new work in roughly a decade, Dick's presence alone brings life to Marfa. When Sylvère and Chris arrive, it's no wonder why Marfa's obsession quickly becomes theirs.

Chris is infatuated with Dick. Unable to talk to him at first, her encounters with him becomes inspiration for sexually-fueled letters that she writes to him as part of a creative exercise.

Catching wind of the letters, Sylvère is turned on by the fantasy life in them. Reading the letters out loud ignites an alternate reality where Chris and Sylvère are involved in a three-way with Dick. This relationship between the three main characters and the letters is what feeds the rest of the show.

As the show progresses, Bacon perfectly

projects the artistic cowboy persona with his character changing from pretentious to misunderstood.

Kathryn Hahn is pitch perfect as Chris. Her awkwardness around Dick feels true to life, painful in the same way that someone would act when meeting their first crush.

Sylvère, played by Griffin Dunne, is wonderful and his character truly comes to life as the show nears its end.

Despite the title featuring Dick, the true strength in the show lies within its supporting female characters.

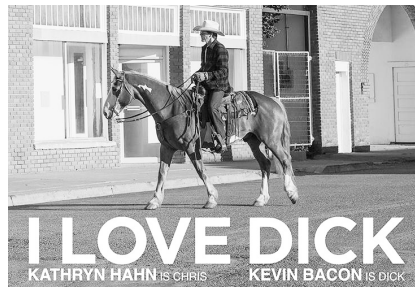
Devon, played by Roberta Colindrez, is a Marfa native and plays Chris's neighbor. Seeing Chris's obsession with Dick, she decides to write a play about the two of them.

The cinematography is especially beautiful when Devon daydreams of old films and gains inspiration for her own idea.

Each of the 8 episode are 30 minute or less, which helps the show flow and feel more compacted.

Yet, the show admittedly has a rough start. The first four episodes are a bit boring. However, things really pick up in episode five when the women of Marfa recite monologues of their own sexual awakenings, continuing the positive developments throughout the rest of the show.

Rated TV-MA and not for everyone, "I Love Dick" is more dramatic than funny, educating audiences on feminism, freedom of expression and how love doesn't care about you, it does what it wants.



## Miley returns to her roots with new single

Audrey Marques  
STAFF REPORTER

After many inflammatory performances, Miley Cyrus came out with a new single, Malibu. This new song brought a new version of Cyrus. Comparing to her last album, Miley Cyrus & Her Dead Petz, which was more psychedelic rock or pop, this new single brings more of her original style, as a country-pop singer. But still with the same powerful and great voice.

Many people, as shown in some interviews like the Elvis Duran Show, that this song is a "brand new Miley, never heard her like this before". Which is true, when first listening to the song you just think "this is not the Miley I am used to listen to". The beat

is pretty calm and country, lyrics kind of romantic and make people think that something is going on with Miley's life.

"What this song really means is not even just Malibu" she said to Billboard "surround yourself with nature and love, be with who you love". She also mentioned that she wrote the song while in a Uber on her way to The Voice, and started to think how grateful she is to be where she is, thankful for her fans who brought to where she is right now. As she says in the song "Cause you brought me here, and I am glad that you did".

During the Elvis Duran Show Cyrus talked about the change she made in her life, "I made a decision to say this is what I want, I'm going to put my entire heart and brain into and make

it happen. So all I want to be is happy, healthy, in love, free." She said "And to radiate happiness you have to be in mental and physical health".

When talking about her last albums, she says that is a time she needed to pass through to grow up, it also comes up to her break-up with Liam Hemsworth, "I needed to change so much. And changing with someone else not changing like that is too hard. Suddenly you're like, "I don't recognize you anymore." We had to refall for each other." She said to the Billboard.

For sure, we can expect a different Miley Cyrus for the next album that she says it's about to come out later this year and follow her on this transition of life.



## POP! 5

Chuckie's top five fiercest things from the past two weeks



**ARIZONA "Gallery"**- These British exports have crafted an infectious and surprisingly unique Eurodance record.

**"The Survivalist"** Director Stephen Fingleton's post-apocalyptic thriller is neither grandiose nor far-fetched. Instead, the director goes for a more intimate and believable approach that is rarely explored in this film genre. Showcasing solid acting, tense pacing, and brutal honesty.

**"Raw"** is hypnotic, visceral and, at times, extremely disturbing. director Julia Ducournau subtly sneaks in a message of female empowerment that balances out the blood and gore. "Raw" is one of the best horror movies of 2017 and will make you second guess eating rare meat.

**"Unbreakable Kimmy Schmidt"**- Kimmy returns for season 3 to offer up more zany and quirky adventures. The real star of the show is the scene stealing,

quick and sassy Tituss Burgess. His "Lemonade" inspired episode is one of the funniest episodes of the series.

**Shakira "El Dorado"**- The Colombian songstress returns to her native language and delivers a fun, eclectic and beat-driven new album. The standout tracks "Amarillo," "Perro Fiel," "Me Enamoré" and "Chantaje" are sure to have your hips swaying and booty shaking.



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# Cupertino youth spoonfed corporate propaganda and taught to not see economic class structure



**Neil McClintick**  
Opinions Editor

Just two years ago, I was a part of a cutthroat network of overly competitive, judgemental machines, the resultant culture of which forced me into a self-destructive mindset of inadequacy and depression. These institutions are what locals might refer to as Cupertino ‘Tino’ High, Lynbrook, or Monta Vista High, where unbelievably high academic standards force bright youth into a tunnel vision, bereft of any understanding of economic privilege or corporate responsibility.

When Apple distributes free products like candy to grade schoolers, more or less resembling a drug dealer trying to get children hooked early on, the culture becomes so emphatically imbued by a dreamy longing not only to own these products, but to go onward and invent them. Yet, when the median income is roughly twice that of San Jose’s (\$135,000 vs \$77,000), class is practically slashed from the mainstream consciousness, along with any desire to use a specialization in STEM to better the lives of

those most socioeconomically challenged.

The ubiquitous pressures among Cupertino youth cause many to become fixated on getting that dream tech internship, so that they can acquire the skills and social capital needed to swim in the Bay’s deep-end.

I’m not asking anyone to give up their dreams (or maybe their parents’ dreams) involving the same major, internships, interests as half of my high school graduating class which inevitably result in an impressive resume and six-figure bank.

But when Cupertino youth map out their 10-step plans, they almost never consider the social and ethical responsibilities that local corporations owe to all of us, let alone how tech companies were able to accumulate so much wealth and prestige in such a short period of time.

Nobody, absolutely nobody, gets rich on their own — not Mark Zuckerberg, nor Bill Gates. The process requires roads built by construction and maintenance workers, services provided by

cafeteria workers and janitors paid an unlivable wage, and underfunded public school systems that inevitably feed into the tech company labor force, while ironically being strangled by the effects of corporate tax avoidance.

Most of us remember the devastating San Jose flood just a few months ago; it ravaged homes, displacing hundreds and racked up an unbelievable \$50 million in private property damage, with another whopping \$23 million in public infrastructural costs. Yet, when San Jose flood

victims, which is self-described as the “heart of Silicon Valley,” needed financial support, large tech corporations like Facebook, Google, and Apple did not step up to the plate. Even Wells Fargo and Comcast, who constantly make headlines for their corporate misanthropy, chipped in here and there.



GRAPHIC BY NEIL MCCLINTICK

Cupertino youth are completely disconnected from the tech boom’s massive externalities. Just a year ago, many of you were on the front lines of social media, eagerly reposting Bernie Sanders disapprovingly wagging his finger while denouncing the wealth and recklessness of Wall Street with great furor. Yet, many of you will equally bend over backwards to fit the image of a multi-millionaire tech executive making 500 times as much as the servant class of which the entire system rests upon.

Often, areas like Cupertino will teach you the oldest fake-news in the book — that techno-economic advances and societal progress are somehow one and the same. Take one walk down East San

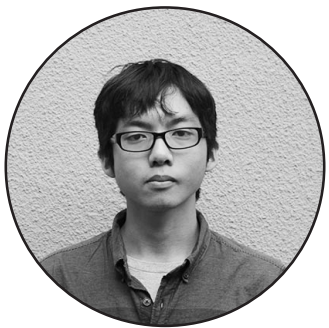
Jose or even just listen to a batch of stories from De Anza College students, who on average have

half the income of Cupertino residents, and it is clear that while tech companies are bathing in billions of dollars in profit, the rising tide that lifts all can’t be found. And while the Santa Clara County public transit is forced to raise prices on a ridership that is 67 percent low-income because of a \$22 million deficit, multiple tech corporations have enough money to run their own private bus systems all throughout the area. The list goes on and on. Cupertino youth must become more receptive to the presence of class differences in the Bay Area and disconnect from the matrix of prestige-obsessed sociopathy, because they will one day be sitting in those executive chairs, with the power to decide whether or not technology actually becomes a rising tide for all.

And while the Santa Clara County public transit is forced to raise prices on a ridership that is 67 percent low-income because of a \$22 million deficit, multiple tech corporations have enough money to run their own private bus systems all throughout the area.

The list goes on and on. Cupertino youth must become more receptive to the presence of class differences in the Bay Area and disconnect from the matrix of prestige-obsessed sociopathy, because they will one day be sitting in those executive chairs, with the power to decide whether or not technology actually becomes a rising tide for all.

# De Anza does not need U.S. Bank, to be frank



**Andrew Shinjo**  
STAFF REPORTER

Located in the heart of the De Anza bookstore, U.S. Bank has had a monopoly on De Anza College’s campus as the only financial institution for the past few years. Last quarter, students protested the Dakota Access Pipeline by inviting credit unions to advertise their not-for-profit services.

Unfortunately, they were forced off campus because De Anza’s contract stipulates precisely that U.S. Bank has complete ownership of campus finance, even if other groups are able to provide better services for students.

With recent concerns among

students over the ethics of U.S. Bank and the monopoly they impose on students, De Anza should end their contract with U.S. Bank, and allow other banking institutions on campus.

U.S. Bank, one of the “too big to fail” banks that was inevitably bailed out by the Feds, invested money into the Dakota Access Pipeline, with a total of about \$350,558,456.

While U.S. Bank did eventually divest from the Dakota Access Pipeline due to public pressure — certainly a win for human rights and environmental activists — we should not forgive and forget their precedence of profit over the sanctity of the Missouri River, which serves millions.

As air pollution increasingly grows as a crisis, I would think it’s really a no brainer to never invest in dirty fossil fuels in the first place.

De Anza should at the very least allow other competitors like credit unions to promote their

services, so that students can be exposed to a wide variety of options.

Credit unions are non-for-profit organizations that are owned and controlled by their members, a.k.a. people who use their services. Since credit unions are nonprofit, they tend to have higher interest rates on deposits, lower



GRAPHIC BY RAPHAEL VILLAGRACIA

rates to borrow money, and fewer fees in general. Credit unions also focus a lot of their investing into their local community by funding education and the needs of small businesses.

Students deserve to know what services will benefit them the most financially, but students will not be able to find this information out easily if U.S. Bank can prohibit other banking institutions from being on campus.

U.S. Bank’s contract with De Anza is set to expire in another year, meaning that now, more than ever, we should seriously consider other alternatives. Already, plenty of college campuses, including mission, have credit unions on their campus.

But students must get the bank to willingly terminate the contract on their own.

Activists on campus need to raise awareness about the ethics of U.S. Bank among as many students as possible, and promote the benefits of credit unions who are not allowed to do it themselves.

If U.S. Bank realizes that it does not have a good reputation among students, profit motives will entirely cease, meaning they will have no reason to continue their monopoly here at De Anza.

# Dons swing hot and cold in season with no home field

**Taylor Bicht**  
**Jay Serrano**  
STAFF REPORTERS

When the De Anza College baseball team got hot this season, it seemed that the team was capable of beating any team in the league. But the hot streaks ended eventually and the team became cold for just enough games to miss the playoffs.

The Dons finished the season with a 22-17 record, falling a couple of games short of a third consecutive playoff appearance.

## THE ROAD TRIP

The team faced a rare challenge for the first half of the season: They didn't have a home field. The Flint garage construction forced the school to pave over the baseball field to create a replacement parking lot.

The team's alternative home for the season was supposed to be the Baylands Athletic Center in Palo Alto, but an uncommonly rainy winter caused the field to remain closed, forcing the Dons to play 19 games at their opponents' schools or at neutral fields before having their first home game.

"I don't think at the time it took a toll on us, but at the end of the season it started to show," said head coach Eric Raich. "Nineteen road games in a row is tough. Especially with how far we had to travel, and, on some days, going back to back to far locations."

## PITCHING

Despite the challenge of the road trips, the team started the season off strong, winning five of their first six games including a 15-3 drubbing of Monterey Peninsula College. De Anza used 11 different pitchers during the game, a trend that would continue throughout the year as the Dons relied heavily on their pitching staff.

The staff was led by ace pitcher Nick Simonian, who led the team with nine wins and 63 strikeouts over 77 innings.

"Nick was our horse all year" said relief pitcher and catcher Ro Mahanty. "He threw to his strengths and had a fantastic mentality."

The other pitchers on the team starred along side Simonian as the staff combined for four shutouts, the fourth best performance in the conference.

"As a pitching staff we've worked hard every week and put our best foot forward," said sophomore relief pitcher Lorenzo Gomez. "We trust each other to go on that mound."

## HITTING

After cooling off at the end of February, the Dons roared back with a four-game winning streak that ended with a 17-0 win over conference rival Chabot College. De Anza's sluggers combined for 15 hits with four players collecting multiple RBIs.

"Every time I stepped to the plate, I was looking to do damage and drive runners in," said leadoff hitter Drew Mount. "Always having an aggressive mentality was key and



JAY SERRANO

never being afraid of anyone or any moment."

This mindset allowed Mount to lead the Dons in every offensive category including hits, home-runs, and RBIs. Mount was a spark plug from the top of the order, helping De Anza stay competitive in every game.

## THE COLD STREAK

After an up-and-down March, the Dons hit rock bottom, losing two games to San Mateo City College and two more to Chabot. Pitching and mental mistakes plagued the team down the stretch and cost them a playoff spot.

The team finished the year on a strong note, winning the last four games, but Chabot stayed hot and managed to hold on to the playoff spot by two conference games.

The cold streak also harmed the Dons overall record, putting them out of contention for one of the wild card playoff seeds.

"We need to be better mentally," Raich said. "For us to turn a corner, it has to be every single game... we have to be good."

## ERRORS

The area of the game the Dons struggled most was fielding. They committed 56 errors this season, with 30 of the errors coming in losses. Eight of the Dons' defeats were by only one run; six came during the 19 away game marathon.

One reason the Dons may have struggled and dropped the early, close games was the lack of a home field they could get comfortable on. The road trip meant the defensive players had to adjust to a new field and backstop every game.

"I'm really proud of our guys," Raich said. "Going 22-17 with the adversity we faced all season was pretty impressive."

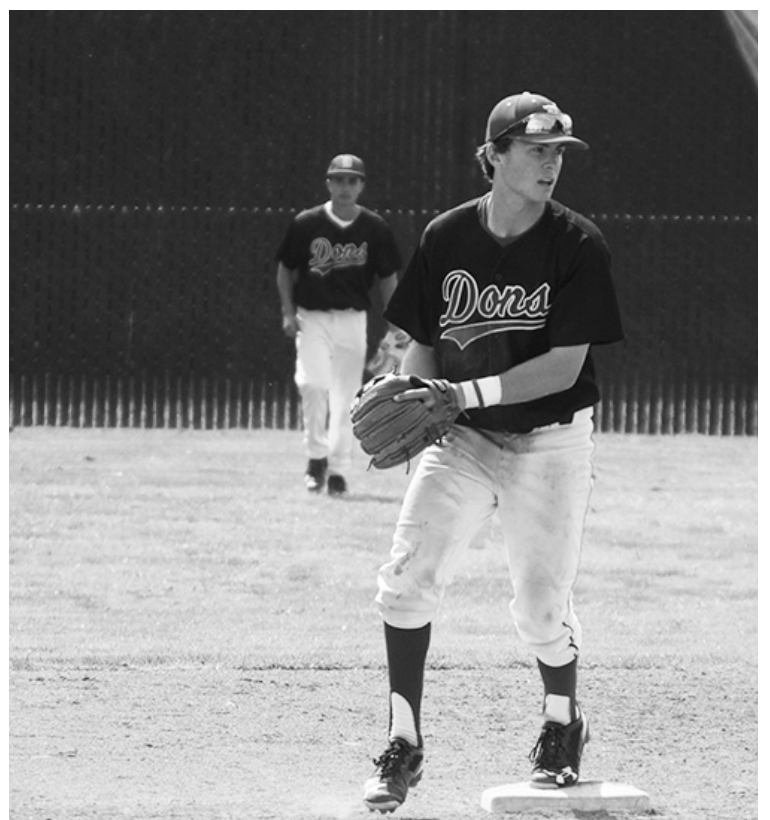


TERRY PON

**Above:** De Anza College third baseman Riki Desa calls off shortstop Chris Ramos before an inning ending flyout in a 7-2 loss to Cabrillo College on April 4, at Baylands Field.

**Middle:** Dons' ace pitcher Nick Simonian throws a two-seam fastball in a 9-7 victory against Skyline College April 20 at Baylands Field. Throughout the season, Simonian led the Dons' pitching staff with nine wins and 63 strikeouts in 77 innings. Simonian led all starters with a 2.68 ERA.

**Bottom:** Second baseman Devon Canty catches the ball and tags second base in an inning ending 6-4 putout in the April 4 game against Cabrillo.



JAY SERRANO



De Anza College athletes enjoy the ice cream bar at the Student Athletic Recognition ceremony. This is the 12th year De Anza has held the ceremony

AUDREY MARQUES

## De Anza scholar athletes recognized at ceremony

Audrey Marques  
STAFF REPORTER

To start the 12th Annual De Anza College Student-Athlete Recognition Ceremony, on Wednesday, May 24.

Overall, 11 teams that made it to the post-season and Director of Athletics Kulwant Singh talked about the successful year the teams had, especially the Championship victories and the North California best performances.

De Anza College is the West Conference All Sports Champion for the 3rd year in a row.

"We are one of the biggest and most successful athletic (schools) in California," De Anza College president Brian Murphy said. "The work you do in class, the work you do in the fields and in the gyms, that's inspiring."

To start the recognition was Cross Country and track and field coach Nick Mattis, who has been a coach at De Anza for 10 years. Most of the athletes who compete in cross country also compete in track and field. Many of these athletes received awards for both sports.

"Seeing students winning those awards and being successful makes all the hard work be worth for us coaches," Mattis said. "It means that we are doing the right thing."

During the men's tennis recognition, coach Ron Ward said that it was the first time the tennis team beat Foothill College, thanking his best player Sayed Hatef Tavakoli, who was the runner-up for male athlete of the year.

"It's really important to see how students who are doing well in school tend to do well in sports too; it's just a balance of time," Ward said.

The female athlete of the year award and the runner-up spot both went to the badminton team. Tiffany Liao won athlete of the year and will transfer to UCLA as an economics major. Runner-up Yuyu Liu will transfer next year.

Baseball player Chad Franquez won male athlete of the year and will transfer to San Jose State University as a business major.

## Versatile baseball leader plays both sides of battery

Ana Acosta  
STAFF REPORTER

From playing as starting catcher to starting third baseman to closing pitcher and back to catcher, De Anza College baseball player Ro Mahanty, 19, business major, is what you could call an even keel player.

"Those are some very mentally tough spots," said head coach Eric Raich. "The game is riding on what you do, and if he is having an anxiety, he's hiding it pretty well."

After his parents noticed his tendency to throw and hit soccer balls rather than kick them, Mahanty began playing baseball at age 5 and developed a love for the sport.

Once he finishes classes at De Anza, Mahanty plans to go to the University of Nevada at Reno, but is also considering playing for UC Santa Barbara should he get a walk-on opportunity.

"I didn't really put too much thought into continuing (to play), but it's kind of resurfacing, still something that I'm thinking about now," Mahanty said.

One of the major obstacles standing in Mahanty's way is his height, Raich said. Most pitchers tend to be above average height while Mahanty, 5 feet 7 inches, is slightly below average.

"If he was a six foot one guy, I think he's easily getting scholarship offers left and right, but being a five seven pitcher, you're going to have to work through a lot of stereotypes of not being a typical sized pitcher," he said.

Raich credits Mahanty as one of the players who helped revitalize the team after several seasons of poor play by previous De Anza baseball teams.



"He helped come in and turn around a program that was not doing very well for quite a few years," said Raich. "I think he'll have a great college career, and I hope he does decide to move on and want to go play."

Mahanty said the team has improved since last year, and although they faced a slump midway through this year, the team ended off strong with a four game winning streak.

Mahanty spent most of the season as the Dons' closing pitcher, but late in the season he moved to catcher to fill in for freshman catcher Sam Nastari after Nastari suffered a knee injury late in the season.

As closing pitcher, Mahanty posted a team best 2.21 ERA with

36 strikeouts and just nine walks across 40 innings. At the plate he hit one home run with a .321 on-base percentage. Because he was moved to catcher late in the season he did not have many at bats.

"What he did this year was special. If we were up by one or tied, we felt pretty confident that Ro could win us the game or keep us in the game long enough to pull away," said Mahanty's teammate and friend, Chris Ramos, 19, liberal arts, math, science, and engineering major.

Teammates praised Mahanty's ability at catcher as well as pitcher.

"His best quality if for sure his arm," said Mahanty's teammate and friend, Sam Reno, 20, business major. "How hard he throws and how accurate he is on the mound or even catching behind the plate is definitely a plus tool for him."

When he's not out on the field Mahanty enjoys snowboarding, riding dirt bikes, driving, and skating.

"I also like to take naps, it's like my favorite thing to do," Mahanty said. "(And) eating. Eating's fun."

While many great athletes are born through continuing their parent's dreams, for Mahanty this is not the case.

"It's honestly just the love of the sport...If I'm having a good time with my teammates, then that just makes it all worth it," Mahanty said. "I'm not doing it because 'oh my Dad raised me to be his baseball player,' I'm doing it strictly because I enjoy it."

## How to stay in shape with a busy schedule

Jackie Contreras  
STAFF REPORTER

Staying fit while juggling a busy school schedule may seem either impossible, or like it is the least of your worries.

Homework and studying for exams seem to steal any time students could use to get in shape. However, there are little things everyone can do throughout their day that can work towards maintaining healthy habits and do not take time away from school obligations.

Taking walks throughout the day is a good way to help set a healthy foundation.

If it's possible, try parking further away from the building where your classes are located. The extra distance helps kick off of your day, even if the distance may not seem like much. If you ride the bus to school, getting off a few stops before your stop can extend the amount you walk.

The gaps between classes can be used to take walks around campus,

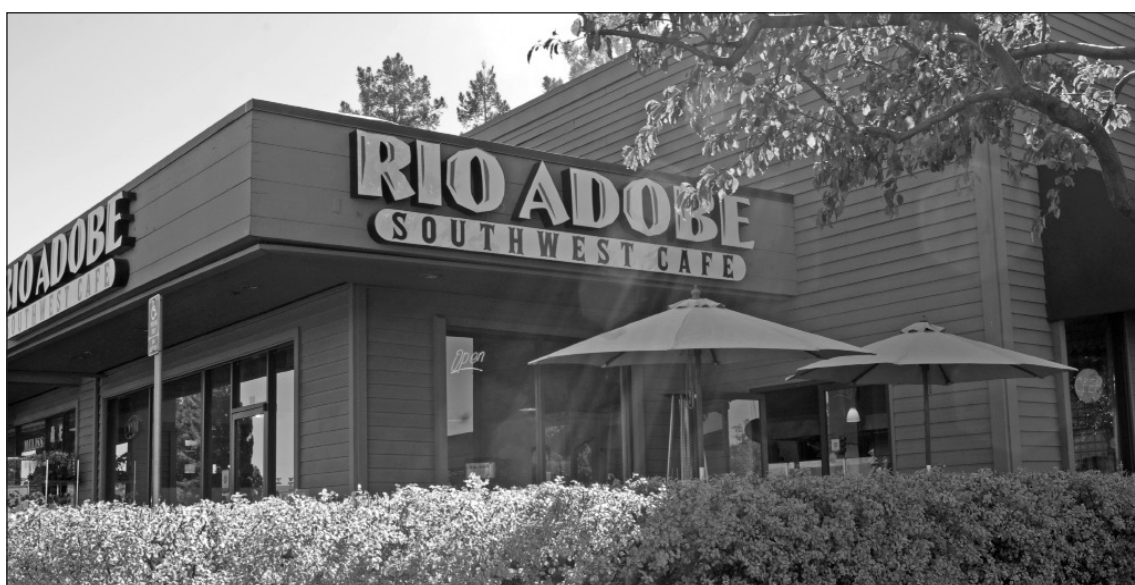
or you can walk to lunch at some of the restaurants near De Anza.

If professors offer breaks between classes, take this time and move around. Whether the length of the break, you can walk around outside the classroom or even do some stretches at your desk.

Apart from physical activity, it's important that students maintain healthy eating and drinking habits. Carrying a water bottle everyday to school is great way to remind you to drink water throughout the day.

De Anza students can view the dining service menu along with its nutrition facts online, at: [deanza.edu/diningservices/nutrition.htm](http://deanza.edu/diningservices/nutrition.htm), so students can make sure they are eating healthfully. If you don't eat on campus, try packing your own lunch from home. Ideally, it's best to prepare meals that would last throughout the whole school week.

As students, it's easy to forget the importance of physical activity and health in general, but following these easy routines can go a long way.



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# 12 DE ANZA STUDENTS DRESS UP FOR FANIME 2017



**Top:** Austin Kwon, 19, mechanical engineering, cosplayed as an Umbrella Corporation security operative from Resident Evil. "I've always wanted to be part of an evil corporation so the most logical choice seemed to be Umbrella Corp," Kwon said.



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**Top:** Samantha Girard, 19, theater, holds up a potato as Samwise from Lord of the Rings.  
**Middle:** Samantha Girard, 19, theater, cosplays as Samwise "Sam" Gamgee, Sarah Ward, 16, music, cosplays as Frodo Baggins, and Claire Whitacre, 20, art, cosplays as Peregrin "Pippin" Took. The Lord of the Rings has been the group's favorite series for a long time.  
**Bottom:** Marlee Benton, 16, cosplays as the mechanic Kaywinnet Lee "Kaylee" Frye from "Firefly."