



Volume XXXIV - Number 19

A first amendment newspaper

March 19, 2001

LA VOZ weekly

"The voice of De Anza College"

This is the last issue of *La Voz* this quarter. The next issue will be available April 23.

Students conduct instructor evaluations

Surveys rate instructors

	BIOLOGY	ENGLISH: ESL	ENGLISH: EWRT	ENGLISH: READING	HISTORY	MATH 105	MATH 101	MATH 10	POLITICAL SCIENCE	PSYCHOLOGY
The lesson has a clear focus	4.3	5.0	4.2	5.0	3.4	3.4	2.0	3.6	4.8	4.1
The content of the class was relevant to the instructor's green sheet	4.3	4.8	4.0	4.8	3.8	4.0	3.5	4.0	4.8	4.6
The content of the class was appropriate for its level of difficulty	4.2	3.9	4.2	3.9	3.8	3.9	3.0	3.0	4.6	4.3
The class was a useful resource for my future academic goals	4.1	3.9	4.1	3.9	3.6	3.0	2.5	3.0	4.3	4.1
The class used interactive student-centered strategies	4.0	3.9	4.4	3.9	3.0	2.8	1.5	3.6	4.0	3.1
The class provided opportunities for students to work collaboratively	4.1	4.5	4.4	4.5	2.7	2.4	1.5	3.8	2.8	2.5
Instructions for completing an assignment were clear and appropriate for the grade level indicated	4.0	4.6	4.4	4.6	3.6	3.1	3.5	3.2	4.2	3.8
Textbooks and other course materials (ie: videos and other multimedia elements) were helpful, interesting, and contributed to the understanding of basic ideas	4.1	4.4	4.0	4.4	3.3	2.8	3.5	2.8	3.8	3.8
Interesting extension activities were provided	3.8	4.5	4.1	4.5	2.0	2.0	1.5	2.6	3.5	2.6
The class included appropriate assessment activities	4.0	4.3	4.1	4.3	2.7	3.3	2.5	3.4	3.8	3.1
Average	4.1	4.4	4.2	4.4	3.2	3.2	2.5	3.3	4.1	4.0

La Voz staff report

La Voz polled 120 De Anza students to find out how they evaluate their faculty.

The surveys were distributed in the campus center, library, the S-Quad, and the L-Quad. Some reporters took evaluations to their own classes but told the class to evaluate any instructor they've had other than the instructor of the class where the surveys were conducted.

Key findings of the report indicate that students rate their English instructors higher than their Mathematics instructors.

According to the results of the report, the following instructors received the highest possible scores:

Accounting- Kwak
Anthropology- Tiwana
Biology- Burling, McCauley, Phillips and Van Fossen
Business- Johnson
CIS- Cristold
Environmental Studies- Phillips

■ see EVALUATIONS page 5

In the graph at left, the following classes were included in the results of the survey.

Biology	1,2,10,11,19
English(ESL)	5,125
English (EWRT)	1A,1B,2
English (READING)	
History	17A,17B,3A
Math 105	
Math 101	
Math 10	
Political Science	1,2
Psychology	1,8,14,15

Karl Dotter / La Voz

Twin filmmakers live for film production

by Jasmin Bodmer
NEWS EDITOR

David and James Codeglia, two very active and versatile student filmmakers run the De Anza Film and Television Guild and produce movies for friends,

clients and a general audience at De Anza and beyond.

The De Anza Film and Television Guild was formed with the incentive to give students interested in film and television a chance to get together and learn about the medium. David is currently the

president, James is vice president. The club is open to anyone, regardless whether their interest lies in acting, directing or writing. According to the Codeglia brothers, club members not only talk about the medium per se but also discuss their current projects and help each

other out on with advice or practical help. In addition, the brothers say the Film and Television Guild is an appreciation club that discusses great films and filmmakers.

■ see FILM GUILD page 10



Opinion Section

Letters to the Editor

Some senators and marquee project seen unethical

Dear all students of De Anza College,
I just thought that you all should be aware about something vital about the De Anza Associated Student Body (DASB) Senate. It is the training ground for the future corrupt politicians of America (well, they call themselves business majors). I am ashamed to be associated with many of my fellow senators and have struggled to try to come to some consensus with their political ideals (if they have any besides just perpetuating the status quo, which means doing NOTHING for the progress of our campus).

A large handful of these senators have been working on a project for the last four weeks. They consider their project to be a great asset to our campus, it is the installation of an electric scrolling marquee (for those who don't know what a marquee is, it is a huge electrical billboard). I'm not saying that a marquee for our campus is a bad idea, I just strongly believe that the process of getting one has been completely unethical.

As of this week, the DASB Senate is working on the 2001-2002 annual budget. We have been and will be having meetings on which we vote on allocating 1.2 million dollars to student programs and services. To request money from this pot of money (which belongs to all the students of this campus), one must have turned in a written request form as of last November and no later. I just find it ironic that the DASB Senate rejected a late request applicant last December due to the fact that it was LATE.

However, during the last few senate budget meetings this February, the DASB Senate's OWN Marketing and Communications

I'm not saying that a marquee for our campus is a bad idea, I just strongly believe that the process of getting one has been completely unethical.

Committee orally requested \$60,000.35 from the annual budget, and somehow squeezed it's way in without a single request form submitted.

A few senators and I have objected to having allowed this request on the budget but were outnumbered by votes from the majority of senators who I refer to as "Marquee-Supporters." Their main argument for allowing this sneaky, selfish request is that "we are DASB Senate, and we can do whatever we feel like doing with the money since we are in charge of allocating it."

The "Marquee-Supporters" feel that this marquee is a monument to their reign as the 2000-2001 DASB Senators. Who are they serving by doing this? The students of De Anza, or themselves? The students of De Anza have entrusted these senators to use the students' money wisely and that is where this problems lies. I urge the students of our campus to reclaim this \$60,000.35 that belongs to them, not to 20 selfish senators.

To be fair, I do understand, that a marquee would most likely help advertise and inform students about campus events and activities (even though, most students just look for the time and temperature). The funny thing is, that the DASB Senate actually has a large sum of money that is

specifically set aside annually for capital items (which are items that will be used on this campus for at least one year), but these "Marquee-Supporters" want to take from the pot of money that is primarily used for student services and programs.

Why? ... because it's too late for them to take from this year's capital fund and they are too impatient to wait to take it out of next year's. Many of the "Marquee-Supporters" won't be back next year or don't plan on participating in the senate and so they want to insure in leaving their mark on this campus.

The only mark they will be leaving is an under-funded year of student services and programs such as athletics, music and the arts, multicultural programs, and many more.

I am outraged that these "Marquee-Supporters" have gotten as far as they have. There are rules and guidelines that we all must follow, especially the DASB Senate who are the regulators of these procedures.

These "Marquee-Supporters" know that they have stepped out of line and think that they can still get away with this! I urge all students who feel that this is unethical to attend and speak out at DASB Senate Budget Meeting today at 3:30 p.m. in the Student Council Chambers at the bottom floor of the Hinson Campus Center.

Help put a stop to this, for a few senators and I have been outnumbered in this battle of WRONG vs. RIGHT! So please attend!

Sincerely,
Colleen Sung McGuire
DASB Senate V.P. of Administration

Correction:

James Harris-Williams was quoted inadequately in a March 12 issue.

La Voz quoted:

According to Inter-Club Council chair James Harris-Williams, the situation is delicate as it touches on student's different religious beliefs. Harris-Williams said he thinks it best to remain at a distance from the recent incidents that led to an exchange of arguments and let the clubs involved find a solution.

The paragraph should have read:

"I feel the situation that has happened should be dealt with between the two clubs," said Inter-Club Council chair James Harris-Williams. "This situation shouldn't be published in any newspaper because it is a touchy subject that deals with a lot of people's beliefs. What I say or feel about the clubs should do or what happened is irrelevant. It's mainly up to the clubs to decide what happens from here and for the ICC to monitor the clubs' process and to help find understanding."

About La Voz

La Voz is a first amendment newspaper written and published by De Anza College students. The newspaper offices are located in room L-41 at De Anza College, 21250 Stevens Creek Blvd., Cupertino, California, 95014. La Voz is published weekly from the 3rd through 11th weeks of the fall, winter, and spring quarters. Staff editorials reflect the opinions of the majority of the editorial board and do not necessarily reflect the views of the author and are not necessarily the opinion of the La Voz staff. Opinions and viewpoints expressed by staff and contributors are the opinion of the individual, and not necessarily the opinion of La Voz. Advertising rates are available upon request. For information please call 408-864-5626. La Voz reserves the right to accept or reject any advertisement. Printing an advertisement does not imply endorsement or acceptance by La Voz of the service, event, product or idea advertised. La Voz is partially funded by the DASB. La Voz is printed on recycled paper. Please recycle. ©2001 by the La Voz staff. All rights reserved. No part of this publication may be reproduced without permission.

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Letters Policy

La Voz encourages Letters to the Editor. Letters must be signed with a phone number included for verification. Letters should not exceed two double-spaced, typed pages (300 words). La Voz reserves the right to edit for length and clarity, but will make no attempt to alter meaning. Please e-mail letters to lavo@fhda.edu or drop letters in the L-41 office or the mailbox outside L-41.

Letters to the Editor



Chi Alpha addresses comic controversy

To the Muslim Student Association of De Anza College:

In regard to the current issue of the gospel tract that was passed out, we as Chi Alpha Christian Fellowship would like to respond to the anger that we know it has caused the Muslim community. Although we sincerely believe that we had the best of intentions, we realize that the tract we gave out was not necessarily the best way of expressing them. We wish to express our sincere regrets and apologies for offending the Muslim community.

The article recently printed in *La Voz* indicated that the tract portrayed Muslims as "moon god worshipping terrorists." We do realize that Muslims do not believe that they are worshipping a "moon god." From many wonderful conversations with Muslims on topics such as the deeper things of God and life, we also acknowledge that not all Muslims are terrorists, but some have sincere hearts

that want to please God. We also want you to know that we do not want to disrespect any part of your soul, culture, or religion, including the one you call your prophet. Dear friends, please accept that, though not seemingly in the best light, the heart of it was for the light of the truth of the revelation of God's love through His only begotten

Son, the Lord Jesus Christ. This is whom we profess to be the sovereign and eternal Lord of the universe. Having received God's love through Jesus Christ, we now have a responsibility to show others that same love, and to tell people about the truth we have been given. We're all human, and unfortunately we can never accurately portray the same love God has for us, that He would give His Son to pay the price for our sins. We're thankful, even now, for His love that would completely cleanse us free of guilt upon our repentance and acceptance of Him, no matter how many mistakes we've made or continue to make.

In an effort to hopefully reconcile this issue more completely, we would like you to understand what we mean by "the best of intentions."

Let's say you were about to jump into a pile of leaves. You were running towards it, getting ready to jump, when all of a sudden, without warning, I run up and tackle you. Completely disoriented and with a sharp pain in your side, you dizzily stagger to your feet and start to yell at me. "WHAT is your problem, man!?!? That HURT!!! YOU SHOULDN'T HAVE DONE THAT!!! I think you owe me an apology RIGHT NOW!!!"

Unbeknownst to you, hidden beneath the pile of leaves were shards of broken glass.

"I'm sorry. I could have warned you in a different way," I say.

This act of love may not appear loving to you, though it is. More often than not, our love and concern for people brings out haste, irrationality, and urgency that most people are quick to question, unfortunately. "How is it that you could love me like that? There must be a catch." "What's the big deal?" "Why are you acting so urgently?"

The reason why one of us personally felt the need to put out that tract is because she has been filled with a burden in her heart for the persecuted church in Sudan. She has learned that our brothers and sisters in Christ, as well as the animists and other tribal people have been persecuted and are still being persecuted 'til this present time. It is not all Muslims, but there is a militant Islamic Regime that seeks to "Islamize" the nation through force and violence, offering slavery and mutilation as the only alternative. Some of us have also learned of many former Muslims who have testified of the heinous

crimes that are done through the umbrella of Islam. Yes, dear friends, atrocities have also been made in the name of Christianity, we will not deny that, and would not ever even hinder those evils to be silenced, for we do believe that we must learn from our past rather than ignorantly relive it.

At the book table that Chi Alpha had last Wednesday, a sister was asked by a Muslim student if she was trying to start a Holy War. It brought to mind a portion from the Qu'ran that states the following:

"The punishment of those who wage war against Allah and His Messenger, and strive with might and main for mischief through the land is: execution, or crucifixion, or the cutting off of hands and feet from opposite sides, or exile from the land: that is their disgrace in this world, and a heavy punishment is theirs in the Hereafter" [Ma'idah 5:33].

The answer is, emphatically, no. We know that the Almighty God of heaven and earth wants us to love all people unconditionally, be it friend or enemy. As our Lord Jesus Christ was being taken away to be crucified, one of His disciples (meaning follower or student), Peter, took up his sword to defend his Lord Jesus and slew off the ear of a slave of the high priest, one of those who came to take Jesus away. Jesus miraculously healed the slave's ear back to normal. Even though Peter's actions

were done in what he thought was in honor of His Lord, to keep Him from being crucified unjustly, despite his intentions to protect what He loved, the Lord Jesus rebuked him. Jesus said to Peter, 'Put your sword back into its place; for all those who take up the sword shall perish by the sword' [Matthew 26:51]."

We do feel that you have seen our approach as a sword, and if this is so, WE do sincerely apologize. And we will pray and trust that the Lord Jesus will save, heal, and restore this hurt we caused you. If the Muslim community has misinterpreted our intentions, WE are sorry for displaying them so ambiguously. We humbly ask for their forgiveness.

-Chi Alpha Christian Fellowship

From many wonderful conversations with Muslims on topics such as the deeper things of God and life, we also acknowledge that not all Muslims are terrorists, but some have sincere hearts that want to please God.

Why stereotype?

Editor,

The fact that one day a photo clerk was a normal girl and then she all of a sudden became a hero disturbs me. I report thefts in my workplace all the time, will I be recognized statewide? I save my own life all the time.

I save many people's lives by telling them that suicide is not the way out. I save many people's lives just by being their friend. Why don't I end up on the news? Why am I not recognized on our school patio? She was just doing her job and doing what she was told. It's in her job description to report these kinds of things, and that's exactly what she did.

In this past issue, there was a letter submitted by a fellow student pointing out the "B-Boys" in our cafeteria. First of all, where do you get the title "B-Boys" in the first place? I don't agree with them interrupting my walk to eat my lunch either, but I don't give them a title and stereotype them on what they wear and what they do.

"B-Boys are those Adidas wearing, big-black-shell-necklace-hanging, spinning-on-their-heads boys who take over the outdoor podium everyday." (in reference to the letter in the March 5 issue)

Why the description? I wear Adidas. And I actually have a "big-black-shell-necklace hanging" from my rearview mirror. They're actually kekui nuts from Hawaii. Does that make me a B-Boy?

I didn't think so, being that I'm a music major and am only on campus for music classes. Watch the way you people put your words on paper. Describing them in such a stereotypical manner will only make the situation worse.

If it bothers you that much, walk around them, which I have done numerous times. It hasn't bothered me. Think of alternate solutions before you discriminate against these people displaying their passion for dancing.

You see people playing hacky sack outside the cafeteria, does that bother you? I didn't think so because it's easy to turn and walk around them. You can do the same with these dancers in the cafeteria.

-Monica Bugaoan, student

MSA responds to insults on Islam and Muslims

Editor,

The Chi Alpha Christian Club passed out a comic booklet entitled "Allah had no son". It was very insulting to all Muslims. It shows their ignorance and hatred toward Muslims and Islam. The comic book depicted our prophet bowing down to Jesus as he burned in the hell fire; it called our God a "moon god," and accused Muslims of hatred and terrorism. We feel that Chi Alpha actions were very inappropriate, offensive, and disrespectful. It is unfortunate that we have to respond to such a low attack on Muslims and Islam.

"Islam" is the name of the religion that 1.2 billion people believe in. The term "ISLAM" means "submission" or "peace," total submission to God and peace within oneself. All one needs to do is to believe and say, "There is only one God, and Mohammed is a Prophet of God."

God or Allah is defined as the Supreme Being that controls every thing,

created all lives and things, and will resurrect all lives on the judgment day. To show our love and respect for Allah, we do what He prescribed on us. Our actions alone will not take us to heaven but our sincere effort to do the will of Allah and Allah's mercy will get us into heaven. Believing has to be proved by actions. This what we all do everyday for our loved ones (You tell me when was it enough to tell your spouse that you love him or her yet you ignore the desires, the wishes, and the needs of your spouse) yet we fail to demonstrate that with God.

According to Muslims every human being is born a Muslim "totally submitting to the will of God and have total peace within oneself." It is the parents who raise a child to be a Jew, a Christian, Buddhist, Hindu, or etc.

Muslims believe that all religions that came before Islam stress the ONES [sic] of GOD. Islam came to reinforce that concept.

A condition of being a Muslim is to believe in Judaism and Christianity, all the prophets that were sent to both faiths and in all the books that were revealed. Denying any of the above will take a person out of the sphere of Islam. Muslims differentiate between the prophets and their disciples. Only God's direct revelations to his prophets and the prophets sayings and actions are considered holy and to be followed. All other writings are considered personal interpretations that cannot be accepted or denied.

The MSA feels that the Chi Alpha Christian Club owes all Muslims an apology, not a further attack on Islam. It is a common decency that we all respect one another and their religions. We all know that it is the sincere people that bring their faith to others but there must be a better way of doing so other than insulting, stereotyping, and attacking other people's faiths.

-Muslim Students Association

w o m e n ' s a w a r e n e s s

Coalition-member for equal pay looks at women's wages

by Joan Goddard

SPECIAL TO LA VOZ

Despite the recently booming economy and low unemployment, the wage gap between the earnings of men and women is actually widening.

According to statistics released last September by the Census Bureau, women working full-time, year-round, earn only about 72 percent of the earnings of year-round, full-time working men. In California, the gap is narrower, but still costs working women's families in this state approximately \$22 billion each year, at the average rate of about \$4000 per family per year.

Since 1963, when the Equal Pay Act was signed into law, the gap has narrowed 13 points (from 59 percent). However, as the Census Bureau pointed out, some of that narrowing is due to the decline in men's earnings.

Part of the problem is that wage information is usually kept secret in private sector workplaces in the U.S. Employers frequently have policies that forbid workers from discussing their salaries, even though these policies are, in California, unlawful. Since women often don't know what a job truly pays, they undervalue themselves when negotiating their salaries. Pay inequities also lead up in pension inequities. Today, the average retired woman gets about half the pension benefits of the average retired man.

A new pamphlet, produced by Bay Area 9to5 and the Coalition for Equal Pay in Santa Clara County, highlights the California law outlawing requirements of salary secrecy (CA Labor Code Section 232) and other little known labor laws especially of interest to working women. The pamphlet is available by calling the national 9to5 Job Problem Hotline at 800-522-0925 or the Santa

Clara County Office of Women's Advocacy at 408-299-3800 x7300. Callers should leave complete address information to receive the free pamphlet, written with assistance from Equal Rights Advocates of San Francisco.

Often jobs filled mostly by women are not valued in the same way that "men's jobs" are. Studies have shown that the more women and people of color fill an occupation, the less it pays.

Some say that market forces will eliminate salary

Discrimination is almost never found in the form of a "smoking gun" -- tape recordings or memos documenting differential treatment of women or minorities. Instead, discrimination takes a more subtle yet pervasive form.

inequities, yet it has been 38 years since the Equal Pay Act became law and 37 years since the Civil Rights Act of 1964 added additional recognition for equal rights for women. Still, discrimination exists. Market forces do not overcome bias in the workplace. Some employers will pay more to white people, for example.

Even Alan Greenspan has acknowledged that too often, companies practice discrimination, which hurts America's economy.

Discrimination is almost never found in the form of a "smoking gun" -- tape recordings or memos documenting differential treatment of women or minorities.

Instead, discrimination takes a more subtle yet pervasive form.

For example, in one class action sex-discrimination lawsuit, women complained that the accounts of retiring employees and walk-ins and other lucrative networking opportunities were steered towards the men in the company. Another typical concern is that women are not offered career shaping assignments or spots on important committees. When women have trouble advancing in a company, they can't gain the experience needed to lead.

Even today, women are still told they don't make as much money as men because the men have families to support. Women are not working for "pin money" -- they are supporting America's families.

There are also stereotypes about what kinds of work are appropriate for women, which hinder women's advancement in some fields currently dominated by men. Over half of all working women are concentrated in the broad categories of sales, clerical, and service jobs. Women can have a difficult time breaking into the male-dominated jobs, as evidenced by Department of Labor audits of federal contractors. When women do get into male-dominated jobs, they sometimes experience hostile work environments and find little support for their presence there.

Why don't employers address this issue on their own? Perhaps they are worried about future liability. Part of it may be psychological -- many employers don't want to believe they are discriminating or that they have tolerated unfairness. But because our socialization is not free from sex or race bias, it can lead to undervaluing women and minorities on the job. Employers need to put their hesitation aside. Private sector compensation experts can help develop a fair pay system that is phased in quietly over time. A written pay policy will show workers that compensation is based on objective criteria.

Current laws prohibiting wage discrimination are not strong enough. Because enforcement of the Equal Pay Act and Title VII of the Civil Rights Act is complaint driven, and most of the information needed to prove a complaint is held by employers, these laws lack the ability to rid America completely of discriminatory pay practices. In addition, the Equal Pay Act does not allow women to file class-action lawsuits, and it provides very insubstantial damages.

Federal legislation (the Fair Pay Act and the Paycheck Fairness Act) has been introduced unsuccessfully for several years regarding some of the causes of the women's wage gap. The California Legislature has current legislation regarding pay equity for the many state employees who serve the public in "women's work" occupations. Assemblyman Herb Wesson introduced AB43 in December 2000. It is scheduled to have its first hearing March 28.

Your representatives in Sacramento need to hear from you in support of AB43's goal -- to study the current state employees' pay situation and develop recommendations about how to improve its fairness.

Information for this article came from the National Committee on Pay Equity (sponsors of Equal Pay Day, which is April 3 this year), the AFL-CIO Working Women's Dept., 9to5 -- National Association of Working Women, the U.S. Dept. of Labor's Women's Bureau, and other sources. For further information, contact Joan Goddard <jam@batnet.com> or Patricia Lee, Office of Women's Advocacy, 408-299-3800 x7300.

-Joan Goddard is the Co-Chair of the Coalition for Equal Pay in Santa Clara County

New Clubs on Campus

and inactive clubs

The Inter-Club Council approved the constitutions of three new clubs last Wednesday

1. The Diverse Enthusiastic Society Selective Individuals
2. United Nations International Children's Emergency Fund
3. Indy Media Center De Anza

ICC made the following clubs inactive during the winter quarter

1. Brothers and Sisters United
2. Deutsch
3. Hillel
4. M.e.C.h.A
5. United Workers and Allies

Teacher evaluations reveal student favorites

Name of instructor _____
 Class _____
 Class day/time _____

Answer the following questions yes or no.

Do discussions stay on topic? Y/N
 Does the class meet your educational needs? Y/N
 Is the instructor prepared for class? Y/N

Does your instructor offer office hours? Y/N
 If so, how many times have you visited him/her? _____
 Was he/she available to meet with you? Y/N

Rate the answers to the following questions 1-5, 1 being strongly disagree and 5 being strongly agree.

The lesson has a clear focus _____

The content of the class was relevant to the instructor's green sheet _____

The content of the class was appropriate for its level of difficulty _____

The class was a useful resource for my future academic goals _____

The class used interactive student-centered strategies _____

The class provided opportunities for students to work collaboratively _____

Instructions for completing an assignment were clear and appropriate for the grade level indicated _____

Textbooks and other course materials (ie: videos and other multimedia elements) were helpful, interesting, and contributed to the understanding of basic ideas _____

Interesting extension activities were provided _____

The class included appropriate assessment activities _____

Monica Krauth / La Voz

■ EVALUATIONS

From front page _____

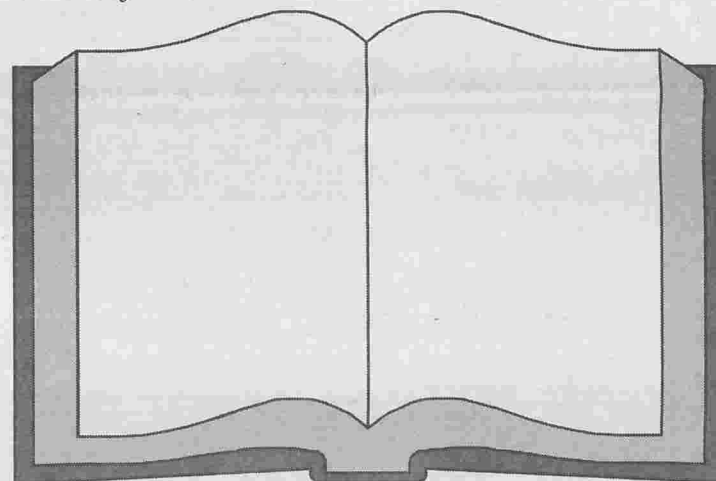
Geology- Cichanski
 History- Knittel
 Inter-cultural studies- Chang
 Mathematics- Illowsky, Nicoletti, Mathios
 Physics- Newton
 Political Science- Druehl, Yuen-Gonzales
 Speech- Kanter

The following instructors received more than one recommendation from students:

Accounting- Kwak received 3 recommendations
 Anthropology- Tiwana received 2 recommendations
 Biology- Burling received 5 recommendations, McCauley received 2 recommendations

Phillips received 3 recommendations
 Van Fossen received 5 recommendations
 Geology- Chichanski received 2 recommendations
 Mathematics- Illowsky received 4 recommendations.
 Political Science- Hanley received 5 recommendations.
 Some faculty did not rate too highly, however.

One student who has taken or who is currently taking Reading 100 commented on the instructor in the margin of an evaluation: "She is a nice lady but it is kinda boring. She needs some discipline and not be so nervous. I think it's the subject that stinks."



Remedial courses for students

Despite being helpful to students, classes still said suffer from stigma

by Jon Paul Hoornstra
 SPORTS EDITOR

Student enrollment in Math 200 (pre-algebra) and English-Writing 100B (preparatory reading and writing skills) has not shown dramatic improvement from one year ago. But despite the fact that both are non-transferable courses that do not apply to associate degree programs at De Anza, students are benefiting from the skills learned in these classes.

Binh Nguyen took two years of English classes at Milpitas High School before enrolling in English-Writing 100B at De Anza. "It helps my writing skills," he said.

AP National Writer Arlene Levinson

described in a Feb. 25 article titled, "Despite stigma," 'Basic Writing' and Math 101 enrollment booms," that many students across the country turn to community colleges for education in these classes.

According to the article, 41 percent of "remedial students" are enrolling at two-year schools such as De Anza. Despite the fact that no courses at De Anza, and few nationally, carry the title "remedial" anymore, they still carry a negative stigma in the eyes of many people.

Levinson quoted U.S. Education Secretary Rod Paige as saying, "College students should be taking college courses, not remedial classes."

Perhaps De Anza students have taken his advice. According to statistics from the

De Anza English and Math Departments, enrollment in Math 200 has increased only slightly, and declined in English-Writing 100B, over the last year.

Of the 476 seats reserved for Math 200 students this quarter, 296 were filled, an enrollment of 62.2 percent. For the Winter 2000 quarter, 267 out of a possible 440 seats were filled, a 60.7 percent enrollment.

Seven hundred seats were reserved this quarter for English-Writing 100B students, and 596 of them were filled, an 85.1 percent enrollment. This is a decline from last winter, when 654 students filled the 700 available seats, a 93.4 percent enrollment rate.

Nonetheless, the class seems to help students at De Anza. William Barries

enrolled in English-Writing 100B after four years of English classes at Homestead High.

"[The class] helped me organize my essays a lot better," he said. "In terms of developing my essays, I elaborate more, and use more examples and outside sources."

Math 200 is the most basic course offered by the math department. It, too, has allowed some De Anza students to improve their skills.

Tony Martinez says he takes the class "as a refresher course, so when I progress on, I'll remember all the old stuff."

Maggie Tavares hasn't taken math classes at any level in five years and describes pre-algebra as "a refreshment class."

State energy crisis plays role in California's gas price increase

by Melinda Latham
STAFF WRITER

Prices have dropped at the pump in the last month nationwide. However, prices on the West Coast have increased more than 3 cents a gallon, according to Industry Analyst Trilby Lundberg.

Despite seasonal slumps in sales and lowering crude oil costs, West Coast prices went up due to a "tight supply of gasoline due to temporary refinery interruptions."

The power crisis in California has caused many industries to cut back on power usage. The oil industry is no exception.







According to Frank Bishop, executive director of National Association of State Energy Officials (NASEO), "Federal decision-makers must recognize the increasing interdependence and complexity of various energy markets, such as oil, gas and electricity, as they form new energy legislation, and both the public and private sectors must address needed improvements in energy infrastructure."

The national averages for self-serve gas, including taxes, were \$1.46 for regular unleaded, \$1.56 for plus, and \$1.65 for super (premium).

In comparison, gas prices near De Anza College averaged \$1.76 for regular, \$1.87 for plus, and \$1.99 for super.

The Associated Press contributed to this report.

Gas Prices near De Anza as of 3/14/01

Station	Regular* (87 octane)	Plus* (89 octane)	Premium* (92 octane)
 De Anza Blvd. between McClellan and Bollinger	1.71	1.81	1.91
 De Anza Blvd. and McClellan	1.82	1.94	2.04
 De Anza Blvd. and Stevens Creek	1.71	1.81	1.91
 De Anza Blvd. and Stevens Creek	1.83	1.95	2.05
 Stevens Creek and Salch Way (near Target)	1.81	1.91	2.01
 Stevens Creek and Stelling	1.83	1.95	2.05

* All prices are an additional 9/10 of a cent

Melinda Latham / La Voz

Prices at gas stations near De Anza College range from 30 cents to 34 cents higher than the national average. In this survey, Arco and Beacon displayed the lowest prices.

Textbook prices may drop Proposed state bill could help students cover textbook expenses for college

by Nasim Ninijani
SPECIAL TO LA VOZ

On February 23, a bill was proposed to help college students with the payment of textbooks.

Under bill 1246, which was proposed by assemblyman Bill Leonard, an additional tax exemption will be made on college textbooks to make them cheaper for students.

According to the assembly bill, there will be a cut on the sales taxes of college textbooks. If this bill goes into effect, many students will save money.

Second year De Anza College student, Ana De Leon says, "This past quarter, I paid about \$200 for books and \$20 of it was from sales tax. If there is a tax cut, it wouldn't be much, but it still adds up and is ultimately a big help for students living on their own, like me."

According to the California State Board of Equalization, Santa Clara

County's sales tax is 8 percent, which is high compared to the average of 7 percent sales tax of most other counties in California.

Students at De Anza may greatly benefit from the bill.

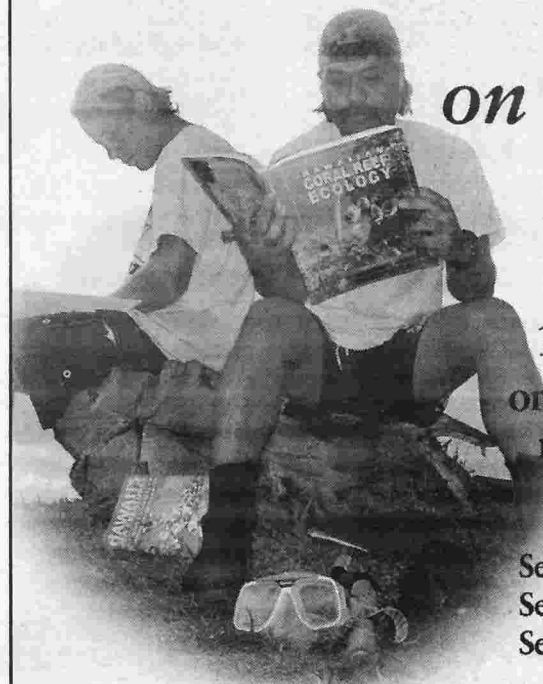
Although the state would lose \$30 million because of the bill, it could be considered an insignificant amount for the state since its surplus at the end of the fiscal year reaches a little over \$8 billion.

If passed, this bill will go into effect immediately. However, the bill says that the provisions of the act would not go into effect until, "the first calendar quarter commencing more than 90 days after the effective date of this act."

For more information students can go to <http://www.boe.ca.gov/rates/country.htm> or http://www.leginfo.ca.gov/pub/bill/asm/ab_1201-

Nessa Hessami from U-Wire California State University - Sacramento, contributed to this report.

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Maui Community College
UNIVERSITY OF HAWAII



Courtesy of Chad Zichterman (3)

Evergreen students walk out for teachers' rights

by Monica Krauth
EDITOR-IN-CHIEF

Students at Evergreen and San Jose City College planned a walkout on Thursday, March 8. They have gained widespread support from faculty and students and opposition by the San Jose City/Evergreen Community College District Board of Trustees.

"This is our education we are fighting for with this walkout, and we have the right to stand up and say 'we support our faculty,'" said Evergreen Students for Justice member Adiya Hines.

De Anza Students for Justice member Adam Welch said the basic issue that students walked out over is the low pay of faculty members. He says that because of the rising cost of living in Silicon Valley, many instructors move away and the District cannot attract qualified or talented new faculty to replace them.

"We staged a walkout of 200 students who are pissed and concerned about their

teachers and education," said Evergreen Students for Justice member Carlos Pedilla.

Students feel that the faculty's working conditions affect their education.

"When faculty cannot afford to live in this area or feel forced to teach an overload of classes to meet the cost of living, the students suffer," said Pedilla.

"This hurts the quality of our education as students and that's why students organized this walkout," he said.

At the Tuesday, Feb. 13 District Board meeting, many faculty spoke out to the SJECCD Board of Trustees. Students who attended the meeting spoke on why they supported the faculty. Maristella Lopez, President of Evergreen Associated Students, presented over 900 signatures on a petition supporting the faculty raise.

According to Students for Justice member Adiya Hines, "the students felt that the Board of Trustees ignored our issues of how students education is being

hurt by low pay for faculty."

Out of 12 Bay Area community college districts, SJECCD faculty pay is near the bottom. Steven Mentor, an Evergreen English instructor, said, "If you look at the increase in the cost of housing versus our salary, it's ridiculous."

According to Welch, the SJECCD Board of Trustees convened a special meeting to discuss the student walkout on Tuesday, March 6.

During the meeting, members of the Board called the residence of a faculty adviser of the Evergreen Students for Justice chapter and questioned him about his involvement in the student walkout. The adviser said that he had no involvement and that the students had come up with the idea and organized the walkout themselves.

"At board meetings [the Board] is apathetic and cruel. In front of the press, at the walkout, they pretended to listen," Pedilla says.

According to Welch, in a recent letter to the faculty and community, Chancellor Geraldine Evans implied that faculty had convinced the students to organize the walkout on their behalf.

"Chancellor Evans and the Board of Trustees [tried] to prevent the students from voicing their opinions by pressuring the faculty not to work with us," said SJ City Students for Justice member Phuong Ly.

On Wednesday, March 7, Pedilla met with the Evergreen campus police to discuss the walkout. According to Pedilla the campus police allowed the students to march to the District office where Chancellor Evans agreed to meet with them.

At the District office student organiz-

ers presented a letter stating their support for the faculty and calling on the Board of Trustees to meet the demands of the faculty, who have been in contract negotiations since fall of 2000.

According to Pedilla, the walkout turned out to be a successful event and signifies the start of a student movement at Evergreen Valley College that will continue to fight for education and equality.

"The students showed the San Jose City and Evergreen district that we will not be silenced nor ignored. The event left me feeling great about the students [who] participated and showed the district we are not apathetic," he said.



Top, left and above: Evergreen students protest for teacher's rights.

Women's stand in stand-up comedy

Entertainment industry still not laughing matter for female comedians

by Jasmin Bodmer
NEWS EDITOR

According to a report by AP Wire Service on March 4, female comedians have become more popular in the entertainment business after famous comedian Jerry Lewis had made derogatory remarks about female comedians at last year's U.S. Comedy Arts Festival.

Janeane Garofalo, one of the more recent and more successful female comedians, said women are now on equal footing with men in stand-up comedy and are better off than women in the movies, where "there's such a hard line against aging and looks."

Comedy has been a remedy against the harsh realities of the world we live in since ancient times.

Silicon Valley is facing more difficult times, as earthquakes, high school shootings, a slow-down of the economy and the energy crisis make the daily news.

Hester Schell, drama instructor at De Anza College, says she doesn't see female comedy on the rise, although she admits the climate for women in comedy is friendlier than it used to be.

She cites Gilda Radner, Lucille Ball and contemporaries Whoopi Goldberg, Meg Ryan and Julia Roberts as women who have been successful in the business.

However, Schell points out that women are still extremely limited in the male-dominated entertainment industry.

"As long as the networks and comedy clubs are run by men, we'll see the same stereotypes of women as wives, girlfriends and secretaries over and over again," says Schell.

According to Schell, the male-dominated business also dictates a certain kind of humor, which she describes as "bathroom and bedroom humor."

Schell says she is not very fond of this low style of comedy and encourages her acting students to try out high style comedy, which is more intellectual and also dubbed political comedy.

However, she adds that comedy is a tough area to succeed in and explains that in her acting classes, the students' comedy material is almost always approached through their personal life experiences and memoirs.

"Ninety-nine percent of the material in comedy comes from one's personal biography," which is then molded into comic relief. "We laugh at the human condition," says Schell.

Schell says she is not very fond of this low style of comedy and encourages her acting students to try out high style comedy, also dubbed political comedy, which is more intellectual.

When asked about where comedians can go from De Anza, Schell says that even though the entertainment industry is still very much dominated by men and entertainment careers are "one of the hardest careers to get into," she encourages all her De Anza comedic actors to go out there and give it a try.

"We kick them out the door and send them to open-mike clubs in the area," says Schell, who thinks the quickest way for comedians to "make it to television" is through the open-mike comedy clubs.

Schell said that even though men dominate the entertainment

industry, and entertainment careers are "one of the hardest careers to get into," she encourages her De Anza comedian actors to pursue their goals.

Lena Reyna is one of Schell's actors, and the only female one doing stand-up comedy. Reyna has appeared on the stage of Dave & Buster's, a restaurant and bar in the Great Mall in Milpitas.

“ As long as the networks and comedy clubs are run by men, we'll see the same stereotypes of women as wives, girlfriends and secretaries over and over again. **”**

- Hester Schell



Nelson Ching / La Voz

Lena Reyna and Jim Hassan are posing as part of the actor's ensemble crew that put on a recent stand-up comedy show in the De Anza Broadcast Media Center.

Reyna is currently the only woman in the actor's ensemble doing stand-up comedy.

Reyna is also a stand-up regular at Dave and Buster's in the Great Mall.

She admits that she gets some of the parts she auditions for because of her "shapely physique" and adds that because of that, she is often thrown into the category of a promiscuous, seductive woman. "If you have looks, you get more consideration for a part," says Reyna.

"In a way, [this typecasting] makes me mad. But I got into the business knowing that." According to Reyna, women in the entertainment business constantly experience their self-esteem "on the line."

Reyna says she has overcome her times of doubt and low self-esteem and now sometimes even uses stereotypes to her advantage.

"Today I go to an audition knowing I have talent. I want people to consider my talent, but I double that with my physical looks. I don't think it's wrong to use one's physical side and walk in with talent, too." Reyna says she enjoys both drama and comedy, but adds that comedy gives that "special rush, this energy on stage." In addition, she recently wrote her own dramatic piece and directed it.

The De Anza College Actors Ensemble, was initiated with the intent to practice and perform student-originated material.

The Associated Press contributed to this report.

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Studies list potential health threats due to frequent use of cell-phone

by England Wei
STAFF WRITER

While cell phones become increasingly popular among De Anza students, recent studies about the risk of cancer presumably caused by cell phones concern some students.

"I've heard from [the] news about a person [who] died from using [a] cell phone five hours a day for two to three years," said Mark Chou, a De Anza student. "That person seemed to hold the phone next to his ears all the time."

Chou works for Advanced Cellular, Inc., a company that sells cellular phones and plans to its customers.

According to Chou, cell phone radiation could do serious harm to people. "It's like standing right beside a microwave," said Chou.

According to an article on TechTV.com, "[The] emissions [from cell phones] are classified as microwave radiation, just like the ones generated by your microwave oven. The difference is that the radiation from your cell phone is about one one-thousandth the strength of the radiation from your microwave oven. But the radiation from your cell phone is transmitted right next to your skull."

However, according to the Daily Orange, Syracuse University's newspaper, there is no definite link between cell phone use and cancer.

"Researchers at the Memorial Sloan-Kettering Cancer Center tested 891 cell phone users and concluded that

there is a slightly increased risk. The researchers, headed up by Mark Malkin, also said that the risk was not statistically significant, Lapp wrote.

Despite the results of the study, Chou said he would still adopt a "better safe than sorry" approach. "I would preferably turn off my cell phone while not in use," said Chou.

He turns off his cell phone when he is asleep or in a bad reception area. "I think the radiation gets stronger when the signal is weak," said Chou.

According to Chou, cell phones also get hot after being used for more than ten minutes and if left on, the heat would increase the temperature in the eyes, which is causing eye damage.

"Unless we are asked, we don't usually talk to our customers about the risk of radiation because that would affect our business," said

Chou, "Nonetheless, we would encourage them to do the research themselves."

According to TechTV, Cell phone makers in the United States are starting to label the levels of radiation emitted by their products. While all cell phones on the market fall well within emission guidelines imposed by the government, many believe consumers should be given the information.

Chou suggested that there are two ways to eliminate the effect of radiation on users. One is using a donut-shape sticker providing a radiation filter next to the ears.

"I personally don't think it works very well," said Chou. The other is using a headset. The risk of cancer doesn't

Cell phone makers in the United States are starting to label the levels of radiation emitted by their products. While all cell phones on the market fall well within emission guidelines imposed by the government, many believe consumers should be given the information.



Karl Dotter / La Voz

prevent students from using cell phones.

"Until the final research [on cell phone radiation] is revealed, I wouldn't jump to any conclusion and would still use [cell phones on occasion]," said Ling Hu, another De Anza student who sometimes shares Chou's cell phone.

"The convenience of being able to connect to people anytime anywhere is the reason why we keep our cell phones," said Chou.

U-Wire writer Leon Lapp contributed to this report.

Campus

activities and news

The Euphrat Museum of Art Exhibition: "Angel Island and Immigration Stories of the 20th and 21st Centuries" is on display until April 12. Call 408-864-8929 for details.

Student Dance Demonstration: Dance students will perform on Thursday, March 22, at 7 p.m. in Conference Room A and B of the Hinson Campus Center.

Wind Ensemble and Orchestra Concert: The ensemble, directed by Bob Farrington, will perform on Thursday, March 22. Loren Tayerle will direct the orchestra. General admission is \$7. Students and seniors pay \$5.

Vocal Jazz Concert: The award-winning vocal jazz groups directed by Bob Farrington will perform on Friday, March 23, at 7:30 p.m. in Building A1, Room 11. General admission is \$7. Students and seniors pay \$5.

Jazz Combos: Students of instructor Jeff Hanson and John Russell will perform on Monday, March 26, at 7:30 p.m. in Building A3, Room 31. The event is free and open to the public.

De Anza Film & Television Guild has a new meeting location: Starting next quarter, the club will meet each Thursday at 2:45 p.m. in Room 120 in the Advanced Technology Building. Keep your eyes open for the Cinematech posters announcing film screenings organized by the DA Film & Television Guild.

Wish Book fund to give scholarship this fall for DA single parent student

Money to be used for computer hard- or software

by Monica Krauth
EDITOR-IN-CHIEF

In just about every country, a percentage of the population has the best information technology that society has to offer. They have the most powerful computers, the best telephones and the fastest Internet service, as well as a wealth of content and training relevant to their lives.

There is another group of people. They are the people, who for one reason or another, don't have access to the newest or best computers, the most reliable telephone service or the fastest or most convenient Internet services.

The difference between these two groups of people is what society calls the digital divide.

Although the Silicon Valley is renowned for having relatively high wages compared to the national average, the digital divide continues to widen.

To help remedy this, the San Jose Mercury News Wish Book gave De Anza \$10,000 to be used to help single parent students purchase computer hardware and software, according to the Director of

Financial Aid Cindy Castillo.

Castillo says that she and Cheryl Hylton, of the Foothill-De Anza Colleges Foundation, will be pursuing a way to maximize those funds.

"We'd like to make a connection with a vendor, possibly Gateway ... that would give our students a good price as well as some tech support, if possible," she says.

Castillo says that when De Anza advertises the scholarship this fall, De Anza would like to have an arrangement set up for the college to pay the vendor directly, and also to be sure the student is well served.

Through outreach to the many communities that comprise Silicon Valley, residents who want to donate to worthy causes are invited to do so through the Wish Book.

De Anza College President Martha Kanter said, "I commend the San Jose Mercury News for making the stories about individuals, families and organizations in need known to the public, and for providing the opportunity for people with financial means to donate to the causes of their choice described in the WishBook."

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THURSDAY, FEB. 22, THROUGH
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SHOE SHINE BOYS
a black comedy by white trash for all colors

Shining in the spotlight

by **Tammy Roseberry**
FEATURES EDITOR

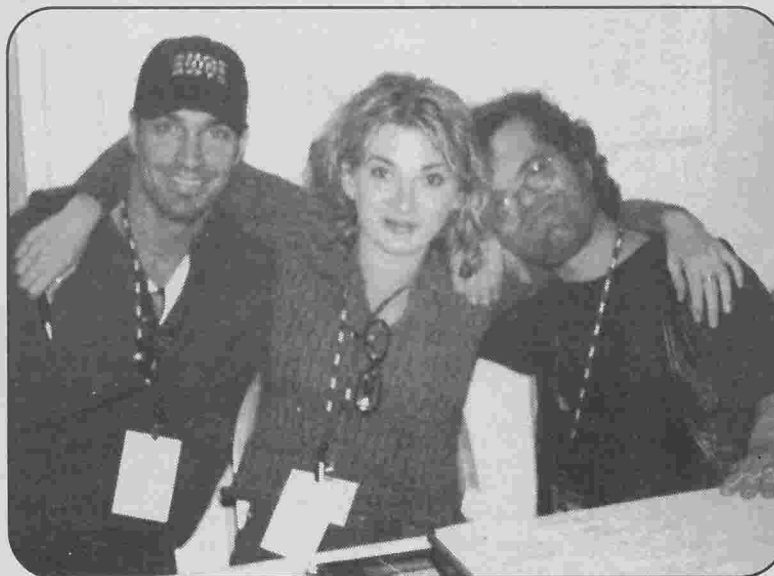
"The Shoe Shine Boys", a film written and directed by Mikki Allen Willis, is "a black comedy by white trash for all colors." Two dysfunctional teenagers find themselves on a road they never wished or thought about traveling on, all for the beauty and mystery of fame.

Being his first full length feature film, Willis said he learned there are "no boundaries in film making." He said, "Number one thing, is, to make sure your script is ready to be shot, ready to be told."

"Follow your instincts," Willis said giving advice for De Anza film students ... "make the film that is in your head."

Playing a registered sex offender wacko in the film, the well known personality from "The Howard Stern Show," Hank "The Angry Drunken Dwarf," was at the Fairmont Hotel with director Willis on Saturday, Feb. 24, promoting the independent film.

When questioned if he was good at playing a wacko, the drunken dwarf said, "Don't think I was acting." Though he doesn't get paid to go on "The Howard Stern Show," he said it was good, free publicity. Pleasantly surprising to see that even if he was a so called "angry drunk," Hank was entertaining and humorous to be around. Answering questions politely, he even took the time to pose for a quick mug shot with Willis and me.



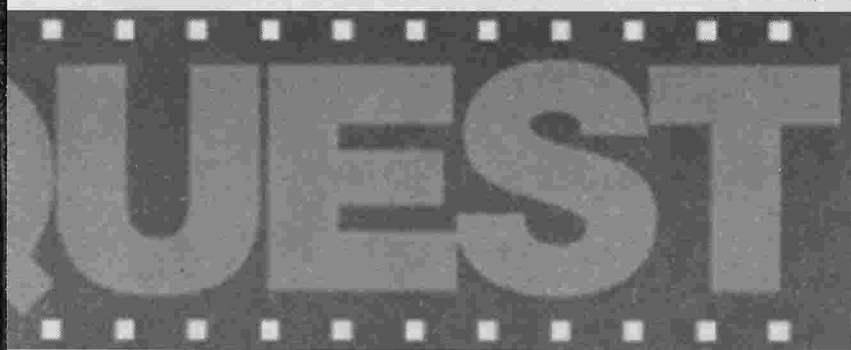
Courtesy of Michelle Hecht

Mikki Allen Willis, director of "The Shoe Shine Boys," La Voz Features Editor Tammy Roseberry, and Howard Stern personality Hank "The Angry Drunken Dwarf," at the Fairmont Hotel.



Sue Sue Robinson, America's favorite mascot, is held hostage by The Immortal Johnny Murder and his anonymous accomplice.

"Shoe Shine" boys cutout, hostage graphic, and banner logo courtesy of www.shoeshineboys.com



Two filmmakers pose for the camera at this year's Cinequest.

Courtesy of Michelle Hecht

Plot Fever raises temperatures

Tammy Roseberry

FEATURES EDITOR

In a small New England town, a young mented boy named Lester grows up to make fortune by selling grave plots. His profile plan works ingeniously until one day there are no more grave plots to sell. Lester, the main character, played by Jason Bon, loses his mind from his dilemma and goes psycho looking for more land for his business. In the end, the townsfolk kick him out of town with many shouts of threats and promises ripped in anger. Adam Fontenault, 21, and Jeff Shepherd, students at Fitchburg State College located in Fitchburg, Mass. wrote and directed the film. They managed to make the 18-minute-film for less than \$5000 in ten months. Funding came from local donations, grants from their university and money out of their own pockets. The students said there was "no bullshit" and went "Dumpster diving" for their props and props. Fontenault said the film started as a project between him and Shepherd's advance film production class. The objective of the project was to make a complete short film. Their film teacher, Michael Hoos, was the executive producer for the film, as well as supervising the work of the students. Fontenault and Shepherd received an A from Hoos. They submitted their film into Cinequest

last year, one of the top ten film festivals in the world as noted by The Ultimate Film Festival Survival Guide. They were both thrilled when accepted and were proud to be a part of Cinequest 2001.

De Anza film teacher Rodney Nakamura with his Tuesday's evening film class discussed and dissected parts of "Plot Fever."

Nakamura went over the strong points and the weaknesses of the film with the students.

Nate Adams, a 23-year-old film major at De Anza College, said he thought the acting was good and enjoyed when the young demented Lester threw a cat away instead of burying it.

Nakamura said, "[It was] missing a little bit of a climax, a big moment. I was waiting for something big ... blowing up the town ... or something."

Tom Smith, a 32-year-old De Anza student said, "It was humorous and it had different layers of humor too ... some really funny moments." Benjamin Ortiz, 23-year-old De Anza film student, said the sets were cool and it reminded him of the movie "Beetlejuice".

Nakamura liked the sound design. "I think sound design is a big thing in terms of independent films that will show the difference between amateur and professional," he said. "Plot Fever" looks nice and I see how it got into Cinequest. It definitely has a visual presence ... \$5000 bucks is a very small budget."

"Plot Fever" was a visual stimulation that not only invigorated the eye but awoke the mind. It left you with a new imagination, a strange intoxicating fever.



"The Friggin' Mafia Movie"

by Tammy Roseberry

FEATURES EDITOR

Written and directed by Shawn Flanagan, the locally shot film had the whole audience laughing during its entire length. Starring the director, himself, as well as Hollywood veteran actor Richard Lynch, the film gave audiences an insider's look to the actual reality of making a film.

Flanagan wrote the screenplay and then shot it in 20 days in Silicon Valley, giving the audience a new look at the local tech valley.

To concoct his film, Flanagan mixed two police officers, with one Richard Lynch and one twisted radio personality to produce a new invigorating cocktail for the movie goer.

"[It was] 'a lot of fun,' Lynch said '... at times a pain in the ass.' The Hollywood actor sometimes was actually 'really pissed off.'"

Throughout the movie, Rich Amooi, a disc jockey from KARA 105.7, proved the "real" star of the film.

Convincing the audience so thoroughly with his acting skills, many were shocked to see Amooi as a normal Joe Blow in person. Its actually somewhat disappointing that he isn't a freak, like his character, "Chicago."

A cool cat in his own weirded out freaky sort of way, "Chicago" brought comedy to a head with his performance during most of the film.

Summing it up, Director Flanagan's advice for De Anza students is to "start writing and don't stop, finish it. If you hit a wall, skip the wall and keep writing. Come back to it ... Don't rely on too many people ... Just go and do it."

Be wary of casting friends he said. They may not always show up. "Cast actors that are very serious ... and improvise," he said.

[During the] "first feature film always remember things that can go wrong...always have a backup plan."

Cinequest logo and side banners courtesy of www.cinequest.org. "The Friggin Mafia Movie" logo courtesy of Connolly Entertainment. "Plot Fever" photo courtesy of www.cinequest.org.

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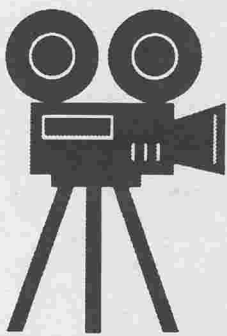
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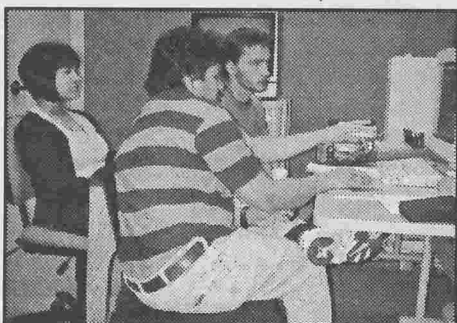


BROADCAST MEDIA CENTER: TELEVISION AT DE ANZA

by England Wei
STAFF WRITER

The Broadcast Media Center is located behind the A Quad, adjacent to the Flint Center, and currently operates three channels in the local AT&T cable network. The staff is mostly comprised of De Anza students, whose responsibilities include cablecasting live and pretaped shows and making up the various crew positions such as director, floor director, technical director, audio operator and camera operator for studio and remote productions.

Two educational channels support the distance learning programs. Each quarter,



the Broadcast Media Center cablecasts about 50 telecourses and many live teleclasses to students throughout Silicon Valley, according to a TV Center information booklet.

As part of the Education Technology Services of the College District, the Broadcast Media Center at De Anza maintains two production studios and provides technical supports to the Foothill-De Anza community. For example, the TV Center operates a teleconferencing satellite and PicTel production services. The services produce programs for the Community College Satellite Network.

The third channel is the Public Access Channel. Each quarter about 25 community members and student groups produce programs for viewers in Cupertino and Los Altos. The programs vary greatly in quality and content, ranging from Indian vegetarian cooking, to Bible discussion shows, to a program called Silicon Valley Real Estate, a show that has been running a total of 13 times a week in 28 cities. Pat Kapovich, producer

of the show, said the student personnel at the Broadcast Media Center have "just been awesome."

Funding for the Public Access channel comes from the City of Cupertino and De Anza College. According to Sharon Draeger, broadcast coordinator of the Broadcast Media Center, the center currently employs about 25 students and six full-time workers, including two producers and one engineer.

Draeger says that De Anza students enrolled in six units or more can work in the Broadcast Media Center. Students working at the center aren't necessarily film or television production majors. There are a number of international students working there, Draeger says.

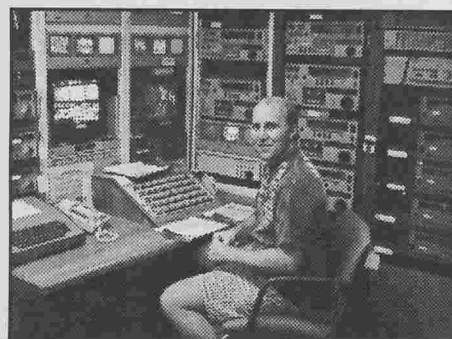
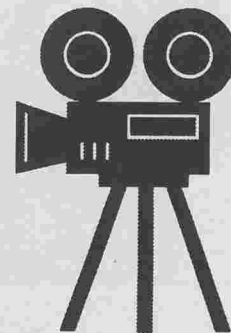
Draeger has worked at the Broadcast Media Center for thirteen years and says she feels "ecstatic" about working there. "We have fun faculties and wonderful students ... We can't have a better staff."

The Broadcast Media Center broadcasts on telecourses from 6:30 a.m. to 11:30 p.m. in accordance with the cable

schedule. In addition, a number of studio and remote productions and teleconferences keep the Center busy at all times.

At the moment, Draeger said she had "five things going on. We are setting up a new satellite, doing a remote shoot for the campus celebration at noon, shooting a live standing comedy called 'Laughing Matters' from our studio, transmitting a live lecture by Julie Phillips and playing regular programs."

For more information, call 408-864-8300.



Jasmin Bodmer (2) / La Voz

Left: Manisha Singh watches while J. Natraj Kumar and Mislav Zelle, both employees of the TV Center, discuss their editing project in the ATC building.

Right: Steve Claas takes a camera-break during his cablecast shift.

DA Film guild brothers feature their filmmaking skills

FILM GUILD

From front page

For that purpose, the guild puts on regular screenings, called Cinematech. These events take place about three times a quarter on Friday nights in room 120 in the ATC building. The screenings, which are free and open to anyone interested, usually offer food and start out with a member of the Guild introducing the film before the screening.

The brothers share their interest in filmmaking and videography, which they say started when they both were in 5th grade and realized what an impact it could have on an audience. David says the brothers are mostly aiming at entertaining audiences through comedy and action at this point. Last year's De Anza Film Festival offered a firsthand glimpse of the Codeglia talents in combining comedy and action with the hilarious short trailer-like clip of "Attack of the incredible, giant, man-eating rat with laser-beam eyes from Mars."

While they have shown their films locally at the De Anza Film Festival and a special student Cinematech, the Codeglia future lies down south. The brothers applied to the four major film schools in California and are waiting for a reply. Their first choice is USC.

Asked about their dream job, David says "We want to be directors and do something extremely hands-on. Something you can watch with your

friends and say 'you see this thing, that's something I did.'" David added that the main reason they wanted to be directors was because directing is "the main position where we have control over everything," which comes closest to their current production style, where the brothers

est to the Wachowski brothers." David agreed but added a little caveat: "They're really talented, but when they are interviewed, they come off as the biggest buffoons." The brothers may be mocking other filmmakers, but they are also critical and honest about their own talents.



Caroline Perez / La Voz

Brothers David and James Codeglia take on the professional look.

are in full charge of their projects and do everything from writing, acting, directing and special effects.

With so much creative talent, other famous filmmaker brothers come to mind. James said that they are "probably clos-

est to the Wachowski brothers." David agreed but added a little caveat: "They're really talented, but when they are interviewed, they come off as the biggest buffoons." The brothers may be mocking other filmmakers, but they are also critical and honest about their own talents.

On the side, David and James run a small production company called Ghostlight Productions. Their work

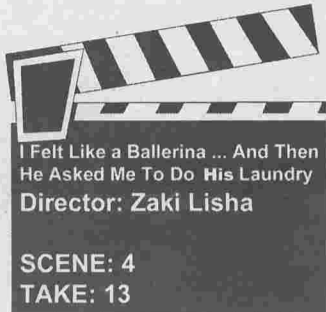
includes wedding videos, short documentaries about music bands and some corporate videos. James provided three animations for Hewlett Packard and shot a video for a company that advertises their product in China.

"We get totally artistic with the wedding videos," says James. According to the brothers, Ghostlight Productions started out with just "having fun practicing movies." However, recently their business has become so lucrative that the brothers have to declare taxes on it. Their "sophisticated equipment" at home, including a digital camera and two editing suites, allows them for even more flexibility.

The brothers say they have done about 20 movies they are proud enough of to show. In addition, they have "countless other movies that are either unfinished or too bad to be shown."

The Codeglia talent doesn't stop at film. David draws comic strips and plays the trumpet. James plays the alto sax. In their spare time, they make films, play videogames and frisbee, go to the movies and collect DVDs.

Anyone interested in the upcoming Cinematech screening, which the brothers say will most likely be a French production called "City of Lost Children" or if you would like to know more about the De Anza Film and Television Guild, you can contact dafilmguild@lycos.com. Anyone interest in the Codeglia production company can contact ghostlight@lycos.com.



In "I Felt Like a Ballerina," Lisha takes a look at therapeutic massage in the South Bay.

by **Jasmin Bodmer**
NEWS EDITOR

The film and television department at De Anza College has come a long way. And so has one of its primary founders, Zaki Lisha. His life sounds like a movie of its own. Born in Egypt, Lisha came to San Francisco via Paris when he was around 12 years old and found himself amidst the psychedelic revolution and the free speech movement.

"It was a lucky time to be in San Francisco, the city was just budding out," says Lisha. He discovered film while attending Berkeley as an economics major. The events of the time were "infectious" and soon made it impossible for Lisha to "just sit down and study philosophy." Instead, he started filming demonstrations and other political venues.

He said he "landed on his feet," even though he could have easily been knocked down or arrested while filming. "You tend to take calculated risks, in hope for the best," said Lisha. According to Lisha, he was just "in the right place at the right time." Because of the music of Jimi Hendrix, The Rolling Stones and The Beatles, and the European cinema movement, one couldn't help but be into it and be creative, says Lisha.

He started to use every opportunity to look at films, such as *Citizen Kane*, which left him "basically mesmerized and stunned that a film could be that powerful."

After studying at USC, and while still in graduate school at San Francisco State University, Lisha came to De Anza College in the fall of 1974 to start a film department. Among his priorities was to obtain more equipment, a task that he completed by "scouring around campus"

for equipment no longer used, and by looking in local surplus stores. The new department started out on the fourth floor of the Flint Center. Lisha recalls the challenges of the time: "We had to cut off these beams [on the floor of the Flint Center]. They kept saying to me, 'it's temporary.' Well, it was temporary for 20 years." Lisha says the limited budget, space and equipment gave everyone a "tremendous amount of spirit" and forced everyone in the new department to be creative. Lisha remains modest about his

" He has created a desire in me to do even better (...) [and] has widened my horizons. I have the will to do better.
- Manisha Singh, film student

"

encourage and support students with potential.

According to Lisha, this is a "delicate process," especially when someone is young and only starting to explore a new artform. He says that, unfortunately, younger people get more easily discouraged when they make mistakes. Overcoming mistakes and self-doubt are key characteristics that will eventually form a great filmmaker, he says.

"If you just give yourself a chance, I think most people have a great way of triumphing over this, and they become filmmakers."

Manisha Singh, a film student at De Anza, bears witness to the supportive environment Lisha cultivates.

"[His] classes are excellent. He has created a desire in me to do even better ... [and] has widened my horizons. I have the will to do better. There are times when you take a class and at the end of the quarter you don't feel you have retained a lot. After Lisha's class, I'm not the best [yet] but I know I'm getting there."

According to James Codeglia, a student filmmaker and vice president of the De Anza Film and Television Guild, Lisha is "filled with enthusiasm" and has much knowledge to share from his experience in the field. Codeglia says he highly recommends anyone at all interested in



Jasmin Bodmer / La Voz

Zaki Lisha talks with students of Lisha's Video Remote and Digital Postproduction class.

achievements and quickly mentions that all his colleagues in the department look for new ways to make the department better.

He says the movie media are the art form of the century. "You can't contain

[the media]. It would have grown despite what I was doing, I just pushed the ball a little bit. All I can do [after] is guide it and make sure it is nurtured properly."

According to Lisha, the ideal approach, as an instructor, is to teach

students how to bring their vision across. "To have students see like filmmakers" is one of the main purposes of his classes. "When you look at something and you focus, that's a close-up, when you choose to hear something, that's putting an emphasis, when you're listening to music, that's your soundtrack."

Nurturing to Lisha also means not to



Dietrich is a reconstructive documentary Lisha shot while attending USC film school.

the art of filmmaking to take a class. "De Anza has the best film/video department you'll ever see at that price," says Codeglia. Lisha, who says he never rests, has already set his eyes on the next project, which is to integrate the digital revolution into filmmaking. He says it is his job to make the transition effective so that students have an even wider range of possibilities to express their visions.

Asked whether he ever regrets his switch from economics to filmmaking, he replies that once bitten by the bug, it's impossible to get out of it. However, he acknowledges that his life might have taken a different turn, had he not been in the midst of the turbulent 60s.

"In a lot of ways, we are a product of [a] time and place and the context we make of ourselves. A lot of times, people may think things are set, and there are certain things they are just going end up with. I don't think that's the way it is, and if [people do think that], they tend to limit themselves. A lot of times they don't allow themselves the potential to do something that is even bigger than they are, and chances are that when they do so they will also grow. We like to believe in safety of the future, and I don't think there is such a formula, if you want to live your life fully."

Lisha has done a number of documentary films and corporate productions in the past and says he is always looking for opportunities, but that the growth of the department has priority. In the meantime, he says he is still teaching and enjoying living in the Bay Area, a place he says he now considers home.

Film and Television Production Program at De Anza

De Anza College's Film/Television program offers students the foundation for careers in film and television including animation and commercial broadcasting.

Film and television production training at De Anza provides students with a solid overview of video and film production and animation including scriptwriting, lighting, sound recording and art direction. Animation and post-production labs with state-of-the-art equipment such as SGI work stations (used to make "Jurassic Park" and "Titanic") give students experience with the technology of their field. Students select additional units and areas of specialization from a wide range of elective courses.

The forecast for film and television jobs is for rapid growth through the 1990s. Job openings will result from attrition, expansion within the industry and increasing corporate use of video communications.

Competition, however, is expected to remain at a high level. Opportunities will be greatest for applicants who have completed two- and four-year degree programs and/or who have experience in the field.

Currently De Anza College offers three training options

- an Associate in Arts degree
- a Certificate of Proficiency
- a Certificate of Achievement

For further information, contact Zaki Lisha at 408-864-8519

Compiled from the De Anza Film and Television Production brochure

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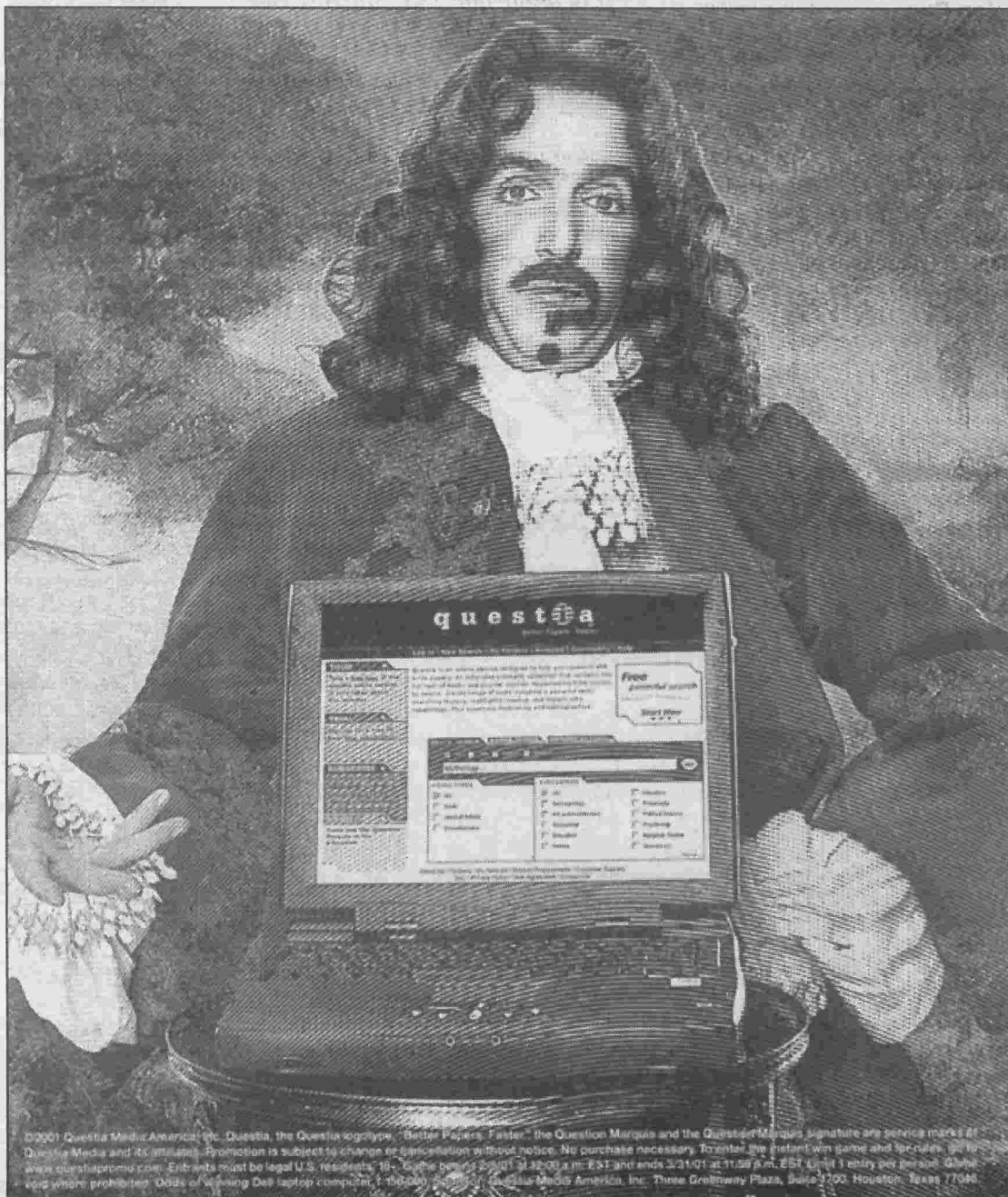
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COMMENTARY

Athletes deserve our scholarship money

Scholarship would encourage participation in sports, reward dedicated student-athletes

March has to be the most interesting month for college sports. Fans often get lost in all the madness of watching 65 men's and 64 women's college basketball teams play for the national title. What's really interesting is that we don't even know where half of these schools are.



Jon Paul Hoornstra
SPORTS EDITOR

Wake Forest is in the men's tournament this year, as they usually are, but who among us actually knows where Wake Forest is? The same can be said for perennial powerhouses St. Joseph's, Temple, and Hofstra. Aren't those schools in Italy, Egypt, and Holland?

How is it that for one glorious month, these seemingly obscure universities located somewhere east of Lake Tahoe become

ingrained in our everyday conversation?

They can only be "jock schools." And if there's one thing I've learned in 18 months at De Anza College, it's that we are not a jock school.

That's not to say that our sports teams can't play. Some of them do play very well. It's the school's attitude towards the teams which is lacking.

Last Wednesday's DASB senate meeting offered a glimmer of hope. Our student government approved an increase in next year's funds for the athletic department, compared to this year.

But take a look at the back page of last week's *La*

Voz. It's hard to ignore the fact that the senate recommended \$114,358 less than the athletic department requested for the 2001-2002 budget. This is more than was denied any other group.

But of the \$30,000 proposed for student scholarships, all of it was recommended for inclusion in the 2001-2002 budget.

It would appear, then, that the senate is willing to assist students financially. Establishing a scholarship for our athletes would serve this and many other purposes.

A student-athlete scholarship would reward participation in sports in a time when too few people or groups on campus are. With a minimum GPA requirement, it would also encourage the academic excellence already emphasized at De Anza. The 52

student-athletes who earned a 3.5 GPA or higher last fall quarter would have a more tangible and practical reward for their efforts in sports and in the classroom.

It is important that athletes know they have student

support. The DASB has the power to foster student interest in the sports being played on campus.

The student enthusiasm for basketball in places like Winston-Salem, North Carolina, home of the Wake Forest Demon Deacons, is what brings March Madness there every year. A scholarship established by the DASB would be a subtle reflection of this attitude.

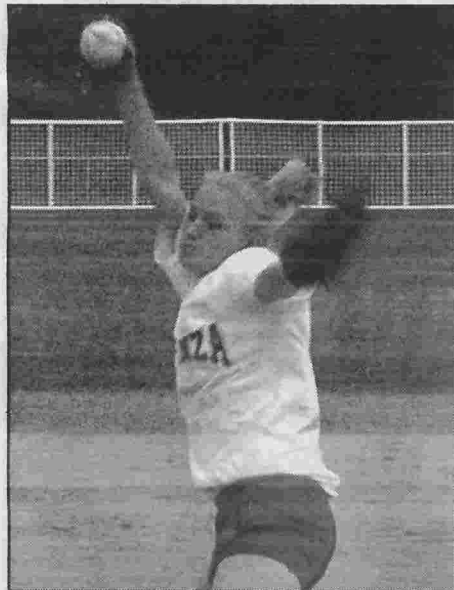
Or not so subtle, if it were full tuition for a year.



Jon Paul Hoornstra (2)/La Voz

The De Anza softball team rode the strong right arm of pitcher Karin Milburn (below) to an 8-0 win over league rival Cabrillo last Thursday. Milburn allowed only 3 Hawks hits in the victory. Third baseman Nina Miller (above) tags out a Cabrillo runner to end the 6th

inning. Miller also contributed at the plate, going 3 for 3 with 3 RBIs. Shortstop Jen Murnin had 3 RBIs and a triple, and catcher Michelle Baca went 2 for 3 and scored twice.



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Tuesday	@ Pasatiempo	11:00 am
April 2	@ Los Altos Hills CC	1:00 pm
April 3	@ Castlewood CC	12:00 pm
April 9	@ Moffitt Field	12:00 pm
April 23	@ Eagle Ridge	12:00 pm
April 30	@ Rancho Canada	12:00 pm

TRACK/FIELD

Saturday	@ San Joaquin Delta	12:00 pm
Friday	@ Santa Barbara	11:00 am
Saturday	@ San Diego	11:00 am
March 31	@ Modesto	10:00 am
April 6	@ Fresno	10:00 am
April 12	@ Hartnell	10:00 am
April 17/18	@ Shasta	10:00 am

SWIMMING/DIVING

Friday	@ Ohlone	2:00 pm
March 30	@ Cabrillo	2:00 pm
April 6	vs. Chabot	2:00 pm
April 20	vs. Hartnell	2:00 pm

SOFTBALL

Tuesday	@ SJCC	3:00 pm
Thursday	vs. Gavilan	3:00 pm
March 27	@ Monterey Peninsula	3:00 pm
April 3	@ Hartnell	3:00 pm
April 5	vs. West Valley	3:00 pm
April 7-8	@ Twin Creeks, West Valley College	TBA
April 10	@ Foothill	3:00 pm
April 12	vs. Ohlone	3:00 pm
April 17	@ Chabot	3:00 pm
April 19	vs. Mission	3:00 pm
April 24	@ SFCC	3:00 pm
April 26	vs. San Mateo	3:00 pm

MEN'S TENNIS

Tuesday	@ Cabrillo	2:00 pm
Wednesday	vs. Chabot	2:00 pm
March 23	vs. Foothill	2:00 pm
March 30	@ Mission	2:00 pm
April 3	vs. Cañada	2:00 pm
April 6	@ SFCC	2:00 pm

BASEBALL

Tuesday	@ Mission	2:00 pm
Thursday	vs. Cabrillo	2:00 pm
Saturday	@ Chabot	12:00 pm
March 27	vs. San Mateo	2:00 pm
March 29	@ Skyline	2:00 pm
March 31	@ SJCC	12:00 pm
April 3	vs. Cañada	2:00 pm
April 5	vs. SFCC	2:00 pm
April 7	vs. Hartnell	12:00 pm
April 17	vs. West Valley	2:00 pm
April 19	vs. Skyline	2:00 pm
April 21	vs. Mission	12:00 pm
April 24	@ Monterey	2:00 pm

Student stand-up show was a success

by Jasmin Bodmer
NEWS EDITOR

Combine life experiences that range from partying to student cooking habits and you have the De Anza Actor's Ensemble stand-up comedy show.

Drama instructor Hester Schell's actor's ensemble class put on the show Wednesday, March 7. It took place in Studio B of the Broadcast Media Center.

It was also recorded and broadcast live via campus channels 12 and 13 and was shown on television in the cafeteria.

In forty minutes, five stand-up comedians took a stab at a televised performance. Some of Schell's students played the part of the camera crew.

The purpose of broadcasting and recording the show, according to Schell, was to let people know what the Actor's Ensemble does and to try out a new form of performance. For many of the student actors, this was their first time at taping for television. Kenneth Padrón hosted the comedy show and introduced first actor Wesley Hofman, one of the student comedians, who said he was a bit nervous before getting on stage, but quickly lost that feeling once he was on air. Hofman's routine, among others, included jokes on his prominent Adam's apple.

He said one of his books on comedy suggests using a physical feature and

turning that into a comic bite.

The topics of the other student comedians ranged from student cooking habits to shopping for toys, and parties.

According to the comedians, most topics for sketches come from everyday life experiences.

Brian Salswasser showed the difficulty of enjoying a home-made burrito, while Jim Hassan focused his routine on an exodus to a toy store.

A journey of another kind was presented by Jason Schachat, who focused his bit on a guy's night out in Berkeley.

"I usually feel funnier," says Schachat, who admits being slightly nervous before getting on stage.

Performing for television and in front of a big audience was "an entirely new experience" for Schachat. He said that he also gets his material from personal experience and just "edits it and puts it into this big chutney."

Going out to party was also the topic of Lena Reyna's piece, in which she related her experiences of a night out in San Francisco with a bunch of gay friends.

Silas Parker, an 18-year-old De Anza student, says Reyna's energy and her timing made her his favorite performer. He says the idea of putting on comedy for a live audience is a great idea



Nelson Ching / La Voz

From Left to Right: Lena Reyna, Jim Hassan, Jason Schachat and Wesley Hofman were among the actors performing a recent stand-up comedy act.

and should find more support at De Anza.

Parker sees a lot of potential in comedy and says it is great for the Bay Area, where many companies feature murder mystery dinners as part of their social business gatherings. Schell says the show was a success and hopes to

repeat the live stand-up comedy show in the future.

The next performance for the De Anza Actor's Ensemble is on Friday, March 23, at 8 p.m. Tickets are free, but you need one to get in. For reservations, call Schell at 408-864-8872.



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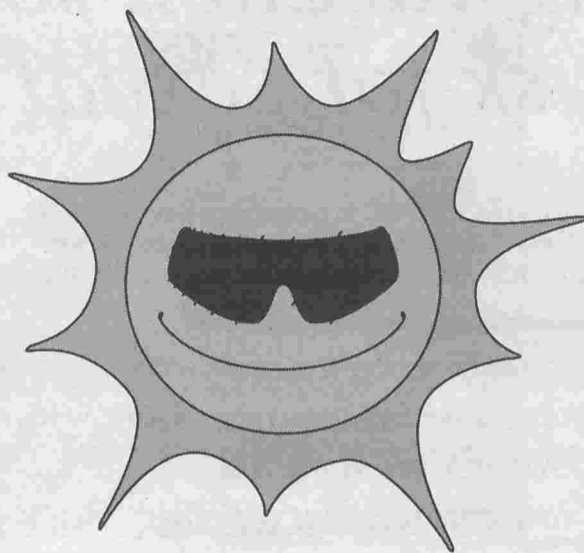
by Melinda Latham
STAFF WRITER

Two programs offer travel, unique learning experiences.

The Environmental Studies Division and ELIT 97 present opportunities to learn off campus in two separate learning programs this summer.

Shakespeare in Performance (ELIT 97) is a summer course that gives students a chance to see Shakespeare performed live. Students go on a six-day trip to the Ashland Shakespeare Festival in Ashland, Oregon, on Labor Day weekend (August 29 - September 3). They will get seats for six plays, transportation, dormitory accommodations, a backstage tour opportunity, and actors' talk with members of the company, as well as group discussion before and during the trip. Three units of college credit are available with additional college fees. The trip costs \$675.

Another summer program travels out of the states. The Environmental Studies program offers a students' and educators'



trip to Costa Rica. The educators' trip is from June 30-July 12; the students' trip takes place July 12-24. Teachers and students will both visit the Tortuguero Sea Turtle Reserve, the Monteverde Cloud Forest, Rincon de la Vieja National Park, and more. Estimated cost is about \$2,600. Applications are at \$56a by the Environmental Studies Bulletin Board

For more information on the Shakespeare trip, call Christian Purvis-Aldrich at 408-864-5760 or email her at jcp8841@mercury.fhda.edu. You can also contact Judy Hubbard at 864-8476 or email her at jah2654@tiptoe.fhda.edu. For more information on the Costa Rica trip, contact Julie Phillips at 408-864-8655 or email her at jap3716@mercury.fhda.edu. Or, visit the Costa Rica Web site at <http://saturn.deanza.fhda.edu/depts/bio-health/env-studies/cos/costa.html>.

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The other side to spring break

Attitude during spring vacation social events may pose potential risk for sexual abuse



Caroline Perez
ENTERTAINMENT
EDITOR

For many college students, spring break is that mini vacation associated with parties and fun. Spring break symbolizes leaving the schoolbooks at home.

Spring break should be a time for college students to relax, but do so wisely. One thing that could turn a spring break vacation into a nightmare

is not knowing what happened the night before or experiencing the act of rape.

According to a pamphlet in the Health Service Center entitled, "Rape A Crime of Sexual Assault" "one in four women will experience it during their lifetimes. The FBI says in 1994 over 104,000 rapes were reported. Researchers and law enforcement officials estimate that only one in 10 rapes is reported; the total number of rapes is likely to have been well over a million."

"There is pressure to have fun and to have parties," says Mary-Jo Kane, Health Educator at De Anza College. She said it's common to be drugged from your drink.

Rohypnol and GHB are common predatory drugs. According to the Bacchus & Gamma pamphlet, Predatory Drugs don't let Your Guard Down," also

found in the Health Center, Rohypnol, also known as Roofies, is a small white tablet that dissolves in drinks. Effects can

GHB."

It's fine to have a good time on spring break; however, please think before you act.

One in four women will experience [rape] during their lifetimes. The FBI says in 1994 over 104,000 rapes were reported.

Researchers and law enforcement officials estimate that only one in 10 rapes is reported; the total number of rapes is likely to have been well over a million.

take place within twenty to thirty minutes.

Similar to being drunk, one will feel drowsy, dizzy and disoriented. Speech skills, balance and coordination are affected. Rohypnol causes memory loss, up to four to ten hours.

GHB, or Gamma-Hydroxybutyrate, is also commonly slipped into one's drink and causes "short term amnesia," according to the Bacchus & Gamma pamphlet.

One can feel the effects of GHB between fifteen to twenty minutes. "It is impossible to predict the effects of the drug, but people have lost consciousness, slipped into a coma, or died, due to

The "Acquaintance Rape: What everyone Should Know" pamphlet in the De Anza Health Services office, says you might feel the need to blame yourself or desire to forget the incident.

According to the pamphlet, rape victims are advised to take the following steps, regardless of whether the victim want to prosecute the rapist at a later point in time.

To meet the basic emergency medical needs, one must go directly to a hospital or rape crisis center, as it is very important to be examined medically first. Rape victims are strongly advised not to shower after the incident in order to preserve

any physical evidence possible.

If an individual is unable to get to a hospital, the brochure advises to call a friend, ambulance, rape crisis hot line, or the police to take one there.

How to protect yourself at home

- Install strong locks on all doors and windows.
- If you live in an apartment building, make sure the intercom works and use it.
- Make sure you have shades and that you lower them at dusk.
- If you must hide a door key outside, find an inventive place.
- When you list yourself with the phone company or put your name on the mailbox, list your last name and first initial.
- Don't let anyone in if you have any doubts or uneasy feelings about them.

How to protect yourself outside home

- If you find yourself in a situation where a man (or a group of men) make crude comments, try to appear unconcerned, bored or contemptuous.
- If you are walking alone at night, stay near the curb.
- If you regularly walk home alone, especially at night, vary your route.
- When walking alone, walk in a purposeful manner. Don't hunch your shoulders, clutch your bag or in any other way appear vulnerable or timid.
- Always carry some money with you for an emergency.
- When waiting for a bus, stand with your back to the wall and try to stand near the ticket booth or in the light.
- When you leave your car in a parking garage, memorize exactly where you parked it.
- Dress accordingly to the occasion.
- Don't hitchhike and don't pick up hitchhikers.

Compiled from the brochure "Rape, A Crime of Sexual Assault", by Life Skills Education, Inc.

New drug may reduce hangover effects

by **Gerald J. Stefanko**
SPECIAL TO LA VOZ

Carlsbad, CA- March 12, 2001. A French scientific research team of cell biologists and pharmacologists has discovered and developed a natural herbal extract that, when taken before drinking alcohol, has the ability to prevent one of life's oldest maladies: the dreaded hangover.

Not a drug, the active compound of the new, patented herbal extract formula, is derived from the fruit of the Prickly Pear Cactus (*Opuntia ficus indica*).

The scientific team had been studying this member of the cactus family for years because they were intrigued by the plant's ability to survive in aggressively high and low temperatures. The team felt that by studying a plant form that has such survival qualities, they could uncov-

er something that would benefit humans, as well.

Today after numerous clinical tests, the patented Prickly Pear Cactus extract formula has been proven to protect the

The extract accelerates a natural protection and recovery action in the human body that can protect us from disruptions to cells and helps recover from physical stress caused by alcohol toxicity.

human body against various types of physically stressful aggressions.

The extract accelerates a natural pro-

tection and recovery action in the human body that may protect from disruptions to cells and may help recover from physical stress caused by alcohol toxicity.

The extract formula, which also contains B-vitamins, hinders the harmful effects of alcohol over-consumption that can leave a devastating feeling the morning after.

Realizing the market potential for a natural extract that can prevent the ravages of a hangover, a Southern California company, Perfect Equation, Inc., has acquired the exclusive rights to manufacture and market the hangover prevention product, appropriately trademarked under the name HPF Hangover Prevention Formula(tm).

Further information is available at 1-800-720-2970 or at the website www.perfect-equation.net.

w ♀ m y n ' s a w a r e n e s s

Fashionable Barbie, Ken and popular magazines one cause for society's beauty image misconceptions



Melinda Latham
STAFF WRITER

I don't know how many of you can relate, but when I was little, I loved Barbie. Not only was she beautiful, she had a ready-made friend/boyfriend/husband named Ken, a collection of equally gorgeous friends, houses, cars, horses, and an endless wardrobe, all in that trademark Barbie pink.

Of course, I fully realized I was not Barbie, and that emulating her as a role model was about as silly as idolizing a Pixie Stick. Many Barbie loving children end up just fine, because they realize they are simply toys, created all alike from a mold.

Some people, however, make the mistake of believing that in order to be happy and successful, they must be just like all the media images of tall, skinny waifs or slender, handsome men. The method involved in reaching these seemingly impossible goals is either restriction of food or bingeing and purging.

Anorexia nervosa is voluntary self-starvation. The person constantly sees herself as fat, no matter how emaciated she becomes. Anorexics will severely restrict their food intake, and exercise to excess.

Bulimia nervosa is an eating disorder involving cycles of bingeing - eating large quantities of food in a sitting - and purging - the removal of the food by self-induced vomiting or improper use of laxatives or diuretics. The anorexic will suffer severe weight loss, but bulimics usually maintain a normal body weight.

In the March issue of A Su Salud, the monthly publication of the De Anza Health Services department, a few frightening facts highlight the page: 80 percent of healthy-weight 17-year olds see themselves as fat, and 75 percent of women and 54 percent of men are unhappy with their physical appearance.

So who's to blame for all this neurosis about ourselves? After all, most people don't go around saying, "Hey, you look really fat today" or "Isn't it time you lost

all that weight?" Peers tend to be of minimal effect in self-image. And most parents aren't encouraging their children to cut down the calories. In fact, American culture focuses on "finishing your plate." There is no one answer, no single cause that can be pinpointed. The media, however, has an enormous impact on how people, especially impressionable teenagers, see

Waifs are the queens of the glossy magazine. They reign supreme. You've seen them, the models with ribs and bones jutting out every which way, the sunken cheeks, the hollow eyes aching for a big juicy hamburger.

themselves.

The media is the main source of information about women's issues for adolescent girls, according to the article

"The Media, Body Image, and Eating Disorders." In the same article, it said that 60 percent of Caucasian middle school girls read at least one fashion magazine regularly. Most of us have seen these magazines before, and more than half the magazine consists of fashion advertisements.

Waifs are the queens of the glossy magazine. They reign supreme. You've seen them, the models with ribs and bones jutting out every which way, the sunken cheeks, the hollow eyes aching for a big juicy hamburger. The average model is 5'10" and weighs 110 pounds. If this average model were to take a body mass index, she would be classified as anorexic. Let's do the math here...young girls looking at severely underweight young women, plus seeing them epitomized as beautiful, equals young girls wanting to be severely underweight so they can be beautiful women.

The problem does not lie with women alone. In an article in People Magazine, eight percent of preteen boys diet or exercise to look like someone on TV. (Do I really need to point out the irony of People

Magazine doing this article - People, the magazine, which emulates stick-skinny television and movie stars? Well, anyway...)

The National Association of Anorexia Nervosa and Associate Disorders estimates that one million males suffer from anorexia or bulimia. Boys are skipping showers after gym class, and 11 percent of high school boys used anabolic steroids. The number one reason cited? Body image.

It might have occurred to you that yourself or someone you know might be dealing with an eating disorder or image problem. There are numerous outlets to turn to. Here are some helpful tips from A Su Salud to help you come to grips with your self-image:

- Take a nutrition class to expand your knowledge of healthy eating habits

- Don't turn to food as an emotional outlet; i.e. don't deal with your depression or anger by eating three quarter-ponders. Find other ways to deal with your feelings like journal writing, talking it out, seeking counseling, etc. This will help you from using food as a crutch.

- Avoid fashion magazines, since they can reinforce those negative self-images. Keep in mind that the models have been tweaked and enhanced through imaging techniques.

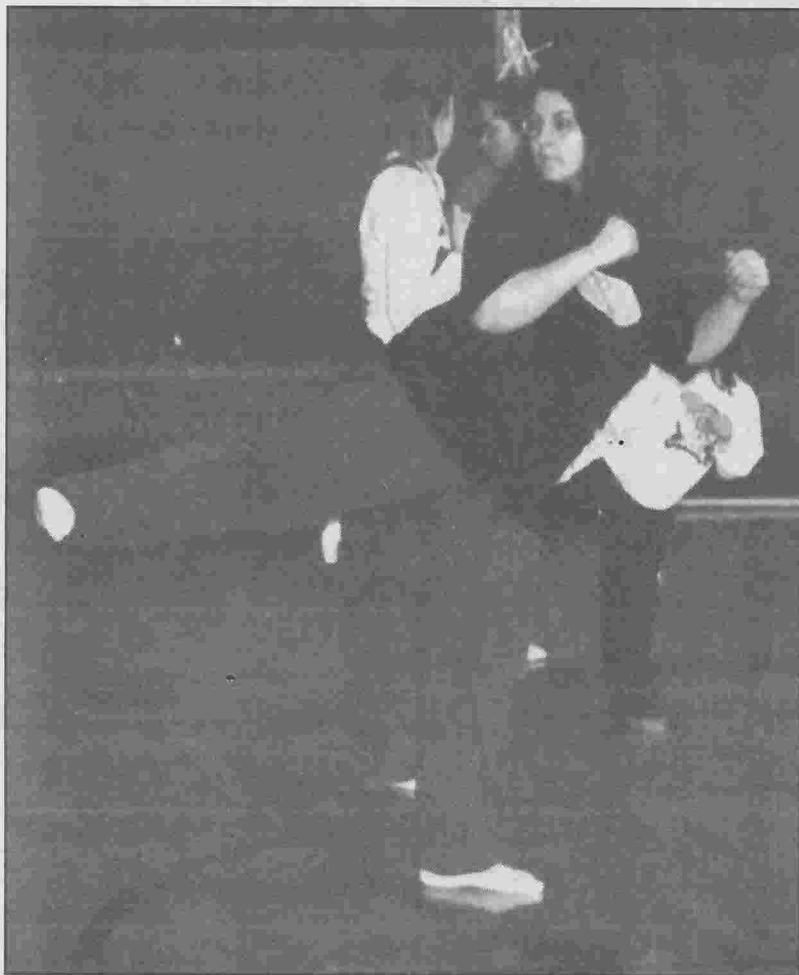
- Make a pact with yourself and your friends to not talk about weight.

- Focus on your positive attributes, rather than what you see as a negative.

Try to avoid media body images for a while. You'll soon find it's impossible. But you can have a heightened awareness of the possible detrimental effects that these images can have.

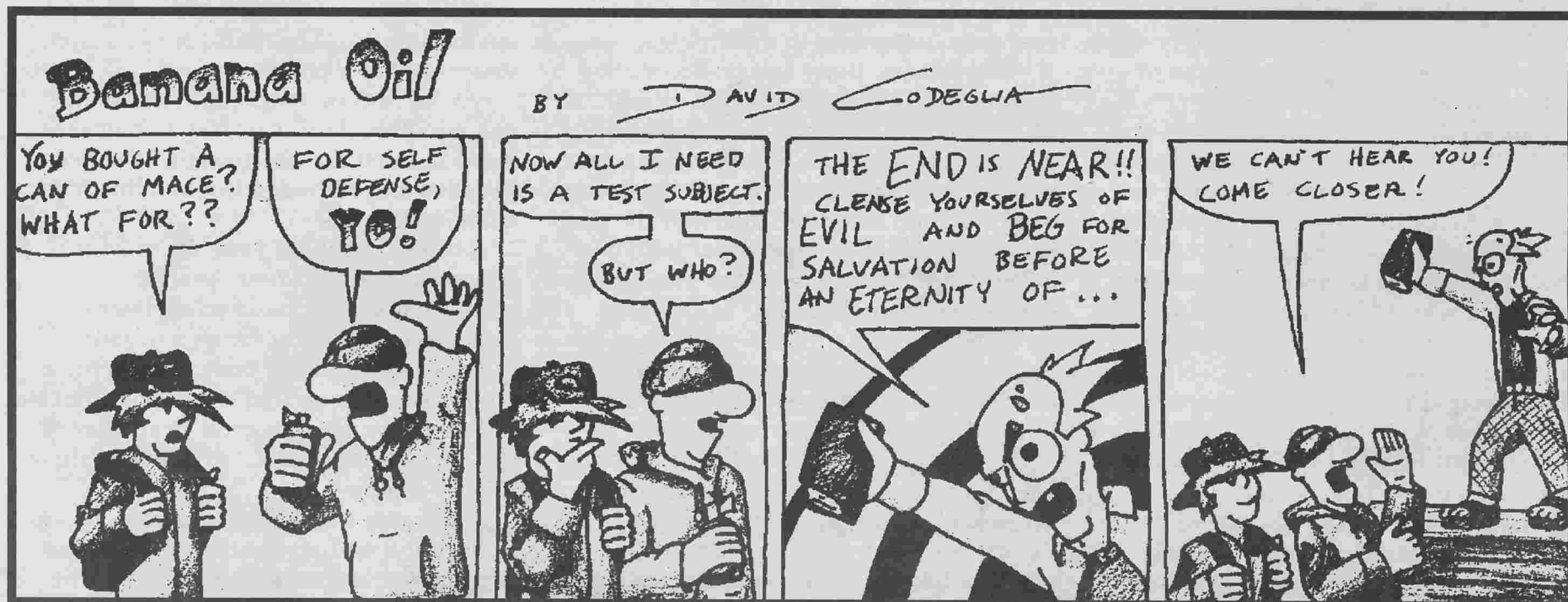
Remember that Barbie and Ken, however beautiful and idyllic their dream house life may be, are artificially created from identical plastic molds. We are all meant to be different and beautiful in our own unique way, not the way that some movie or magazine tells us.

Embrace yourself and all your perceived flaws, and you'll soon discover that those flaws are inconsequential compared to the rest of the overwhelming positives you possess.



Eriko Watanabe (2) / La Voz

SELF DEFENSE AT DE ANZA



David Codeglia / Special to La Voz

De Anza offers a self defense class in the spring. The 0.5 unit class taught by Marcia Smith Peterson, meets Monday and Wednesday from 11:30 a.m. to 12:20 p.m. in room PE14. Call the Physical Education/Athletic Division at 408-864-8751.

Information on anger management, rape, domestic abuse and other issues are available at the De Anza College Health Services office on the lower level of the Hinson Campus Center. Call 408-864-8732 for further information.