



A CITY IN PROTEST

Photos by **Greg Schrader** EDITOR-IN-CHIEF
Adrian Discipulo DESIGN EDITOR

- 1: Anti-Trump protesters carry signs denouncing Donald Trump's presidency during protests in downtown San Jose on Thursday, Nov. 10.
- 2: Anti-Trump protesters demonstrate on South Market street in downtown San Jose, following nation-wide protests after Trump was announced president on Nov. 8.
- 3: Tensions run high as SJPd officers attempt to guide demonstrators down streets.
- 4: "¡Si se puede!" Protesters bearing flags representing Mexico, the U.S., and the LGBT community lead with chants popularized by Cesar Chavez and others calling for Trump's removal as president.
- 5: A view from above: A protester climbs a lightpole and participates in chants in front of the Martin Luther King Library.
- 6: Protesters gather in front of the Martin Luther King Library and discuss organizing and supporting at the community level.
- 7,8: SJPd officers block traffic in both directions as demonstrators march onto Highway 87, briefly shutting it down.
- 9: Anti-Trump protesters confront SJPd officers blocking off streets and diverting traffic.



Cupertino holds event to honor veterans, give thanks for their sacrifices

Andrew Pouliot
NEWS EDITOR

A Coast Guard helicopter roared low over Cupertino, slowly buzzing the treetops as the crowd looked on from Cupertino Memorial Park.

The flyover was part of a ceremony held by the city of Cupertino to honor all veterans who have served in the military on Friday.

The ceremony was filled with hundreds of veterans from several different wars, along with their families and lines of uniformed deputies from

the Santa Clara County Sheriff's Department and firefighters from the Santa Clara County Fire Department. A US Navy honor guard was also on hand for the event.

The statue at the Veterans Memorial was erected in 2007 by the city of Cupertino to honor petty officer Matthew Axelson, a Navy SEAL and Cupertino native who was killed during Operation Red Wings in Afghanistan during the summer of 2005.

Donna Axelson, Matthew's mother,
> SEE: VETERANS, P.3



Left: The niece of Petty Officer James Suh, a Navy SEAL killed during Operation Red Wings in 2005, places a wreath in memory of her uncle, who is depicted on the statue.

Tuesday, Nov. 22

HAM FOR HAM
1:30-3:20 p.m.
Conference Room A

Join us in honoring Lin-Manuel Miranda’s musical by creatively voicing those who were silenced during the American Revolution and celebrating diversity in America.

Monday, Nov. 28

LONDON STUDY ABROAD
INFO SESSION

4-6 p.m.
El Milagro Room

Study abroad in London in summer 2017. Learn how at one of our info sessions.

Thursday, Dec. 1

WALKING WITH THE
SUBJECTS OF HISTORY

1:30-3:30 p.m.
Conference Room A

Come hear human rights defender, Luisella Preciado speak on her work with indigenous peoples. This event is sponsored by LEAD and DASB. Admission is free and open to all.

FIRST THURSDAY: OPEN MIC
SERIES

5-7 p.m.
Euphrat Museum of Art

Join De Anza students, faculty, and staff for open mic in the Euphrat Museum of Art. Participate in the fusion of spoken word, poetry, and hip hop.

Friday, Dec. 2

DE ANZA CHAMBER
ORCHESTRA

7:30-10 p.m.
VPAC
Join De Anza’s chamber orchestra.

ANNOUNCEMENTS

Through Dec. 1

IN THE EUPHRAT: DE ANZA
AND FOOTHILL FACULTY
STAFF/ART SHOW

Located in the Euphrat Museum of Art.

DE ANZA NAVAGATIONAL
APP TO BE RELEASED

Mohammad Tabrizi has developed an app with Google Maps to assist new students in getting around campus, which goes live next week.

CORRECTIONS

The profesores Fardeh Dada and Vivian Bejarin were attributed incorrectly in the last De Anza Voices.

Individuals under 21 were implied to be able to legally smoke marajuana, which is untrue. The law states individuals over 21 are legally able to.

Peter Preciado was incorrectly identified as Peter Guy.

See any corrections in a published story? Let us know by email at: lavoz@fhda.edu

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De Anza College Dining Services Menu: Nov. 21 - Dec. 2

For all of your on-campus dining needs, visit the FOOD COURT in the upper level of the Hinson Center.

Monday
11/21
Soup
Chicken Noodle
Pizza
Roasted Chicken and Ranch
Burger
Burger of the week

Tuesday
11/22
Soup
Vegan Vegetable
Pizza
Italian Meat Lovers

Wednesday
11/23
Soup
Cream of Celery
Pizza
California Bacon

Thursday
11/24
Soup
Baked Potato
Pizza
Medeteranian Feta and Veggie

Friday
11/25
Soup
New England Clam Chowder
Pizza
Chef’s Choice

MEET YOUR STUDENT GOVERNMENT

WHO WE ARE

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INTERCLUB COUNCIL

DE ANZA ASSOCIATED STUDENT BODY

DASB SENATE 2017 ELECTIONS
APPLICATIONS ARE NOW BEING ACCEPTED FOR THE 2017 DASB SENATE TERM
APPLICATIONS DUE 1/30/17

FOOD & NECESSITIES DRIVE + THANKSGIVING
TUESDAY - THURSDAY
11/29 - 12/1
MAIN QUAD
11:30AM - 1:30PM

SELF CARE WEEK
TUESDAY - THURSDAY
12/6 - 12/8
S-QUAD / MAIN QUAD
11:30AM - 1:30PM

COME TO A SENATE MEETING

DASB GENERAL MEETING	STUDENT COUNCIL CHAMBERS	WEDNESDAY	3:30 PM
FINANCE	STUDENT COUNCIL CHAMBERS	MONDAY	3:30 PM
STUDENT RIGHTS AND SERVICES	SENATE OFFICE	TUESDAY	4:30 PM
DIVERSITY AND EVENTS	STUDENT COUNCIL CHAMBERS	MONDAY	4:00 PM
MARKETING	SENATE OFFICE	THURSDAY	1:30 PM
ENVIRONMENTAL SUSTAINABILITY	SENATE OFFICE	FRIDAY	2:30 PM
ADMINISTRATION	SENATE OFFICE	SATURDAY	2:00 PM
ELECTIONS COMMITTEE*	SENATE OFFICE	FRIDAY	3:30 PM
EXECUTIVE ADVISORY*	SENATE OFFICE	FRIDAY	2:30 PM

*THESE COMMITTEES DO NOT MEET EVERY WEEK

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> FROM: VETERANS P.1

spoke during the ceremony, stressing that the memorial wasn't just to honor her son and the other SEALs killed, but to honor all veterans for their sacrifices.

"I didn't want a memorial just for Matt," she said. "I wanted a memorial for all veterans. It's important for veterans to be recognized, because they do so much for us."

The statue at the heart of the Veterans Memorial depicts Matthew Axelson and James Suh, another Cupertino SEAL killed in Operation Red Wings, kneeling back to back.

"The memorial is supposed to symbolize 'I have your back,'" Axelson said. "That is what it means to serve, you watch each other's backs no matter what."

Chief petty officer David Noyes-Smith, a 16-year veteran of the U.S. Navy SEALs, took the podium to detail how he had deployed ahead of SEAL Team 10, the group which had Matt Axelson, James Suh, and Marcus Luttrell, among others.

"When we were getting ready to return to the States, I met Marcus and Matt and shook their hands," said Chief Noyes-Smith. "They were excited to be out there."

After returning to the United States, Chief Noyes-Smith said they received word that a four-man reconnaissance detail had gone missing and a helicopter



PHOTOS BY JOSEPH RUTTENBURG, JOSEPH NARVAEZ

Left: A folded American flag rests in the arms of the soldiers immortalized in the Santa Clara Veterans Memorial, and attendants drape flowers as tokens of respect and remembrance.

had been shot down.

"We were stunned," Noyes-Smith said. "We wanted to go over there and help, but we had a job to do. We had to escort the bodies back."

Noyes-Smith was the sailor chosen to escort Matthew Axelson's body home to Cupertino once it was recovered from enemy territory.

"It was a moving experience being able to escort Matt's body," Noyes-Smith said. "There was so much respect. On the flight back, when we were unloading the casket on the tarmac, I looked

up and saw all these faces in the windows of the plane, looking down at us. I didn't see any disrespect from anyone on the two flights I took."

Chief Noyes-Smith and Mrs. Axelson concluded the ceremony with the placement of flowers upon the statue. The Suh family was present at the ceremony, where Petty Officer James Suh's niece and nephew were escorted to the statue by two Santa Clara County Sheriff's deputies to place their flowers.



Above: (from left) Donna Axelson, Chief Petty Officer David Noyce-Smith, and Navy Chaplain Diana Brady prepare to march out to the ceremony. To the left is an honor detail from the Santa Clara County Sheriff's Department and Santa Clara County Fire; to the right is the US Navy Honor Guard.

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Above: (from left) Lieutenant Junior Grade Diana Brady, Chief Petty Officer David Noyce-Smith, Donna Axelson, and Santa Clara County Fire Department Captain Joe Viramontez sit during a speech at the ceremony.



Above: Veterans of World War II, Korea, Vietnam, Iraq and Afghanistan sit with their families during the wreath-laying ceremony.

Faculty hold post-election discussion to put students at ease

Jamie Lamping
STAFF REPORTER

De Anza administration organized a space for post-election reflections to allow students and professors to express a diversity of emotions. The discourse was hosted by College President Brian Murphy, DASB President Matthew Zárate, Academic Senate Acting President Mayra Cruz and Classified Senate President Karent Hunter in Conference Rooms A and B Wednesday. People filled the room’s circular tables before the event started at 11:30 a.m. “We thought it was important

that we have some space and some time together where we could talk with each other in an individual preliminary way about our own response, reactions, feelings about the election,” Murphy said while linking arms with Zárate, Cruz, and Hunter. “This was intended to simply provide an informal gathering for us to talk with one another, particularly for those who didn’t have an opportunity really to talk with others very much.” Attendees had 30 minutes to talk within their own groups before the mic was passed to anyone who wanted to speak.

Andrea, who did not give out her last name, is an undocumented student whose parents are from Peru. She was one of the people who stood up to speak at the event Andrea is able to work and study here because of Deferred Action of Childhood Arrivals, which allows over a million people to study in the United States, according to uscis.gov. “The day after election day I went to my communities library and I got like twelve books based on political science and women’s leadership roles. My original major was psychology

and development. Ever since the election, my life has changed. I’m going to devote myself to politics and political science,” she said, as the audience applauded. “I want to be a leader. I am a minority, I’m an illegal immigrant, sure.” Isaiah Nengo, anthropology professor, immigrated from Kenya and said he had the fortune of knowing Barack Obama. “What I see here is a struggle between two Americas. There is the ideal America. The America I love because I am American ... And then there is the other America. The America

that challenges the ideal. The ideals that are enshrined in the American constitution, that says that we shall be treated equally. We shall all be viewed equally. But we’ve always had a challenge to that. We’ve always had a challenge to that as a result of racism, as a result of sexism and other ideologies that make us think that we aren’t all equal.” Nengo posed a question to the audience. “What we need to ask ourselves is ‘Which America do we want?’”

Veterans Day and Hefas events held concurrently in main quad

Andrew Pouliot | **Jonathan Dupin**
NEWS EDITOR | STAFF REPORTER

Some faculty and staff were concerned about conflict over the National Anthem being played when both the Veteran’s Day event and the Hefas community event “Keep our Dreams Alive” occupied the main quad Nov 11. “Some of the staff people were talking about how awkward it might be,” said Cynthia Kaufman, Director of the Vasconcellos Institute for Democracy in Action, who was one of the main speakers. Kaufman said she spoke about the need for unity and the spirit of solidarity, as well about how it would be difficult in the future to get the government to respond, including a bit about the importance of direct action, as has been taken by some protesters at the Dakota Access Pipeline.

The Veterans Day event was held across the quad, led by Sgt. Steve Perez, current Veterans Club president. The De Anza College Student Symphony performed, and Cynthia said one of the staff told her, “They’re going to play the National Anthem, I’m not sure how that’s gonna go.” Kaufman says some of the attendees and staff decided on the spot to hold a silent sign of protest by taking a knee and raising their fists during the anthem. Itzel Sanchez, who organized the event, said the mic was open for all to speak, and a wide spread of students from the Black, Muslim and LGBT communities spoke during the hour-long session.

Sanchez said the mood was one of mutual respect, where they communicated “You do your own thing and we’ll do our own thing”. DASB Senate Vice President Stephanie Rigsby attended the event to show solidarity with undocumented students.

“I wouldn’t call it a protest, they were trying to show solidarity with undocumented students,” Rigsby said. “It just happened to be at the same time in the same place. Actually, nobody knew about it until the police came and talked to them and said, you’re not doing a protest are you? They told the police they had no idea the veterans were going to be there.” According to Rigsby, the police were worried that the Hefas rally would interfere with the Veterans Day event. “I know one of the issues brought up to them was PTSD,” Rigsby said. “I had to have a conversation with the police and let them know that actually, our communities identify with that, because a lot of us have PTSD and we don’t get any treatment for it either. So there would be no way that any of us would go up to veterans and have some harsh sentiment toward them. It’s not about them and it’s not about us, we just had two movements happening in the same area.” College President Brian Murphy said he wished to attend the event but was off-campus at the time, so he sent Christina Espinosa-Pieb in his stead.

“It’s not about them and it’s not about us, we just had two movements happening in the same area.”

-Stephanie Rigsby,
DASB Vice President

College president calls Trump “racist pig”

Jonathan Dupin
STAFF REPORTER

De Anza College president Brian Murphy called President-elect Donald Trump a “dog of a racist pig” at a quickly organized “Not My President,” meeting in East Cottage, Nov 10. At the planning meeting, organized by the civic engagement program VIDA, Murphy spoke at length about the dismayed shock experienced by many staff and students. He paused in the middle of his statement, overwhelmed by tearful emotion. “At a very personal level, a lot – a lot – of faculty and staff are having a hard time,” he told the crowd. “It seems like a big blow.” Murphy said the next three months would be difficult. “A lot of my colleagues are taking a mental health day,” he said. Election night had yielded unexpected results for VIDA interns at a watch party Tuesday when

Donald Trump won the electoral college. VIDA, a De Anza organization whose purpose is to amplify and direct student activist voices, is expected to set up a string of events and meetings within the next few weeks to provide a space for students to express distaste for the president-elect. “We just wanted to have a bonding night and the interns put this on,” said Cadence Calixto, a 19-year old De Anza College political science and anthropology major. Students made shirts and signs to express their frustration and disappointment, with materials reading, “Not My President,” and others using expletives to describe the president-elect. “I felt the need to rally and protest,” Calixto said. Students and staff also gathered in the main quad Wednesday to voice their feelings about the election of Donald Trump.

DASB Senate expels senator, dissolves Tech Committee

Jonathan Dupin
STAFF REPORTER

The DASB Senate voted 19-0 in favor of expelling Senator Mohammad Tabrizi, the chair of the Technology Committee during their Nov. 9 meeting. DASB President Matthew Zarate said Tabrizi had “no record of basic tasks as a student senator, such as office hours, field hours, external committee membership, that were performed consecutively throughout the quarter.” “Tabrizi was upset,” said Zarate. Zarate said the first initial vote to dissolve the Technology Committee was presented two weeks prior, and in last week’s meeting, “the second and final vote was conducted. The vote was eventually passed and all technology duties will be forwarded to our marketing division.” Zarate said the action stemmed from “claims of the technology committee being unproductive.” “Although productivity in the student senate is always ‘low’ due to travel during summer, the technology committee continued its productivity rate,” he said. Members of the committee included Indu Kundam, Faris Waitesa, Chung Heng Lee and Matthew Zarate. “Faris Waitesa, Indu Kundam and I left the committee early October after witnessing the chair of the committee clash with one of our advisors,” Zarate said. Student Trustee Elias Kamal brought up that \$23 million dollars will be spent on the new district office. The money is said to be going to enhance office space and utilities for district staff. Kamal also discussed the EcoPass, which is a service that enables students to use VTA buses for

the quarter after paying a small fee. “We were informed by San Jose State students from their Transportation Office that the Metropolitan Transportation Committee is considering incurring a fee on all new EcoPasses distributed to students at the participating colleges,” Kamal said. “They are considering doing so because the EcoPass program has grown to reach thousands of students across multiple campuses since it began in 2011 at De Anza. The new fee would be \$3.” DASB Marketing also announced it began working on brochures and business cards. “Each term has their own customized brochure and cards. Faris has done a great job as chair of marketing,” Zarate said. “This year, it’s important for us to have these because I know ... students would need advice on how to go about a certain challenge.” The meeting was concluded with a vote on resolutions that would be deliberated at General Assembly, which is a meeting for the Student Senate for California Community Colleges, including an adjustment of the finance code, and an update given by Zarate about the elections committee and their progress so far.

“Although productivity in the student senate is always ‘low’ due to travel during summer, the technology committee continued its (poor) productivity rate”

-Matthew Zarate,
DASB President



Good vibes only

DASB hosts dance that boasts neon oranges and pinks

Story by
Yane An
STUDENT LIFE EDITOR

Photos by
Matthew Fernandez
PHOTO EDITOR

Over 100 students danced under the blacklights and balloons at the Neon Dance on Nov. 10, hosted by the DASB Senate at De Anza College. The ticket sales doubled as a fundraiser for clubs that sold 10 or more, as \$4 of each ticket went to their 44 accounts. The event started off timidly, but once the live DJ's EDM drops hit, students started jumping up and down. At one point, the energy led to a dance circle, where one student executed handstands and cartwheels in the center of the circle. Students painted their faces with glowing symbols and snacked on pizza and soda before returning to the hype of the dance floor.



Success on a worldwide scale at De Anza open house



Bemesgana Alemu, 19, chemistry major, points to her hometown of Addis Ababa, capital of Ethiopia, on the world map. The map's caption reads: "The world is a book and those who do not travel read only one page."

Peter Preciado
STAFF REPORTER

International students celebrated how far they had traveled in distance as well as in their personal journeys amongst refreshments and photo opportunities at the De Anza College International Student Program, or ISP, Open House.

Lorenzo Duarte Móre, 18, film major was a Brazilian high school senior from Porto Alegre studying abroad in Arkansas when he heard of De Anza's Film and TV program.

Bemesgana Alemu, 19, chemistry major left Addis Adaba, capital of Ethiopia, and heard from her cousins about De Anza College. She decided to enroll and

is now in her second year.

Students like Alemu and Duarte Móre are success stories of international students coming to study at De Anza to find a new life and opportunities. They decided to volunteer to greet students and help out at the Open House on Nov. 14.

They said they volunteered at the event to offer support and inspiration to the new incoming international students.

The ISP's open house was De Anza's kick-off event for International Education Week. According to the ISP's flyers, International Education Week, or IEW, celebrates the importance and benefits of international education in the U.S. and around the world.

The goals of the office of ISP

and this week's events are to make international students aware of their options and resources, as well as making them feel welcome and supported, according to Hayley Davidson, the program coordinator of the ISP.

The ISP office seeks to bring together international students, new and old, and American students thinking about studying abroad.

The rest of the week's events included recruiters from UCs, CSUs and local private universities, as well as talks on De Anza's London study abroad opportunities. There was also a workshop on employment and also for keeping track of one's immigration status.

DA Voices: Post-election thoughts

How do you feel about the election?



Richie Chac
23, business

It should have been Bernie Sanders, but then the Democrats lost because they didn't elect Bernie as a Democratic nominee. This election is bullshit.



Chris Perez
19, biology

I was kind of realizing I would be upset no matter who won, so I had zero happiness either way.



Raul Escalante
35, real estate

A lot of people around here felt disappointed, but at least I voted and did my part. ... It's the way our democracy works; that's the way it's been working since the Constitution was written and it's only now that it's causing such havoc.



Tristan Barragan
19, drama, psychology

If Trump really carries out all the things he said he was going to carry out, I just really hope he doesn't or Congress will stop him or something. ... That's a lot of tax money that's going to be going to a lot of places that I don't think is constructive.



Larry Pan
38, real estate

I should just vote without being swayed by the polling. I should just stand up for my own candidates that agrees with my own viewpoints.



Stephanie Rigbsy
25, chemistry, anatomy, psychology, sociology

I'm very concerned about a lot of my family and friends. I guess I don't really have concern for myself because I know I benefit from colorism and I know I'm white-passing and also straight-passing.

Why do you think Clinton lost, and Trump won?



Andrew Gleaton
19, political science

Clinton for one wasn't very charismatic; she didn't connect with very many people. She didn't have a "pro" message, she just had a "I'm not Trump" message. Trump was able to touch on the fears and justified anger of the people in the Rust Belt and the Midwest.



Gabriela Ortiz
21, undecided

A lot of Trump supporters were also silent on their support for him. I know personally in the high school close to my house, their cars got egged for being Trump supporters. I'm pretty sure there's a lot of Trump supporters that are even afraid to voice their opinion. But they did it in the place where they were supposed to voice it and that's voting.



Diego Gomez
26, philosophy

(Clinton) very much so represents the establishment, and the country as a whole is tired of where the country is going. I feel the Democratic choice was Bernie Sanders and that got taken from us. The next anti-establishment was Trump.

Perez

Mostly because a lot of of the Democratic voters were kind of stubborn, because I know lots of them did not like Hillary and a good percentage of the voters decided to vote for Gary Johnson as a protest. Because of that, the vote was kind of split down, and then Hillary lost.

How do you feel about the anti-Trump protests?

Gomez

I think that a lot of people are scared, and fear can either immobilize you or push you to be better. And I feel that people are pushing each other to be better than being stuck in one position ... People are angry, but I feel like in the bigger picture there's a lot of people who realize we have to be peaceful.



Andreas Rubio
21, finance

If they have set goals of things they're trying to accomplish, it makes sense to me but when they just protest that Trump won then that doesn't make that much sense, because he was elected and you can't

Ortiz

Burning businesses, burning things, getting on top of cars, destroying cars, just making a huge distraction, blocking freeways. That's a disgrace to me as a young person, to see other young people doing that.

Escalante

(Millennials) are not very accustomed to losing ... Instead of engaging in debate, or communicating, trying to close that rift and come together as a country, we're kind of splitting apart and to me that's kind of sad.



Andrew Salinas
27, psychology

(Us Veterans) got to work for you guys so you guys can have the right of free speech so you can protest and everything. ... You busts people's windows or doors down, you are actually hurting the people, the economy actually. There's no point.

Talking about Trump: healing through discussion

Jamie Lamping
STAFF REPORTER
Amanda Penrod
STAFF REPORTER
Yane An
STUDENT LIFE EDITOR

De Anza administration, as well as many professors, chose to provide discussion

forums for students to reflect on the election, while one student said they had to go to four classes before a professor was willing to devote time on the issue.

On Nov. 9, students gathered in the Main Quad. The open mic encouraged students to express feelings ranging from shock to anger, with one student even encouraging others to pray with him.

East Cottage hosted a planning meeting on Nov. 10 at 3:30 p.m., where De Anza College President Brian Murphy spoke. Students bore the slogan, "Not My President," as well as expletives on hand-made clothing.

Murphy held a post-election conversation uniting over a hundred students on Nov. 16. The conversation allowed students to discuss their thoughts in an intimate setting. Murphy then offered the floor to anyone who wished to share their opinions.

Several professors took different approaches towards the news of president-elect Donald Trump.

Vaibhav Vijaykar, 18, economics major, said his economics professor discussed how a Trump presidency would affect taxpayers and citizens in terms of imports and exports.

Diego Uribe, 26, mechanical engineering major, said biology professor Gayatri Pal looked disappointed and stressed out. "She offered students to come in and talk to her if they felt any certain way about the election," Uribe said.

Chris Skoff, 21, English, language arts and mathematics major, said English professor Khalida Kareemi held a debate for the last hour of class.

"There was one guy who was Republican," Skoff said. "He was pretty much the only one defending Trump and his values."

English professor Kimberly Braasch said she devoted the first hour of her class to talking about the results of

the election. She said she felt it was important to give her students a voice.

"We had different opinions within the class," Braasch said. "Everyone handled it very well by saying 'I see what you're saying, but I disagree with it.'"

"Leaving that night, I noticed there were about ten or 11 students still continuing the conversation. That's what we need to do, that's when the healing starts."

-Kimberly Braasch, English professor

Braasch said there was a lot of crying and anger, but also communication. "I realized how much I learned getting feedback from the students," Braasch said. "I'm more of that 'power to the people,' we can get together and we can get through this, and some of them said 'You know, I feel like that's a slap in the face.'"

According to Braasch, one student went to four classes before she found a professor who was willing to devote class time to talking about the election results, and other students thanked Braasch for providing the opportunity.

"Leaving that night, I noticed there were about ten or eleven students still continuing the conversation," Braasch said. "That's when the healing starts."

Election stress? Try movies, nature and puppies

Mary Sullivan
GUEST COLUMNIST

It will have been 13 days since the election when this column runs, and I expect the palpable sense of heightened anxiety and stress on campus will continue to be felt by many. Similar to the aftereffects of a disaster or emergency, you may be experiencing intense and difficult emotions. You may be feeling shocked, lost, scared and more. You are not alone, and you are entitled to your feelings. Work on re-centering yourself in the coming days.

First, identify what you are feeling, which can be hard to sort out. Take time to be honest with yourself. Seek help from a friend, family member or psychological counselor to identify what is most troubling right now. There are helpful therapists and clinicians on campus at De Anza Psychological Services at 408-864-8868, or in the community at Santa Clara County Network of Care for Mental and Behavioral Health that are ready to assist you through this challenging time.

Second, reach out to others, especially those whose lives may become more vulnerable as a results of the elections such as Muslims, LGBT friends, immigrants and underrepresented individuals. Let them know you care about them.

Consider getting involved serving the community or donating to charities. Take action by helping at a local soup kitchen and invite friends to join you, especially over the holidays. Helping others is a great way to feel better yourself.

Third, take time to unplug from news and media, which can incite a riot of emotions. Take a break, even if only for a couple of hours.

Invite a friend to walk, hike or bike, and laugh about neutral topics. Look into the National Park Service, which is now celebrating their 100th anniversary. Being out in nature is a great way to re-center yourself.

Watch a silly movie like "Ferris Bueller's Day Off," or "Despicable Me" — love the minions; or read an escapism book such as those by J. R. Tolkien or C. S. Lewis. Listen to comfort music. For me, that's James Taylor or the classical genre.

Check in with yourself often. Take time for simple things that support you when you feel stressed. Surround yourself with friends and family who offer comfort during challenging times. Laughter really can be the best medicine.

Come de-stress at Chill City on Thursday, Dec. 8 from 11:30 a.m. to 1:30 p.m. in the S Quad. Visit with the therapy dogs at Furry Friends and take time to color, blow bubbles and paint with DASB.

You are not alone. Practice self care. Reach out to others. Health Services, located by Police and Security, is here to help you. Take time for yourself. You are a valuable part of the college and we need all of us working together.

Further resources:

- The Jed Foundation released seven simple strategies for managing election stress.
- The American Psychological Association has a series of tips about how to cope with election anxiety.
- The Islamic Society of North America supports a mental health helpline and counseling site for youth and young adults experiencing post-election situations like islamophobia, mental health crises, and a need practical direction for possible situations.
- Nicole Silverberg on Medium lists places to volunteer time, donate items, and make donations if you feel frustrated or disenfranchised by the election results. The emphasis is on anti-racist and social justice causes.

Mary Sullivan is the Director of Health Education and Wellness, and can be reached at 408-864-8733 or at her email, sullivanmary@deanza.edu.

Euphrat faculty art show a success

Adrian Discipulo | DESIGN EDITOR

Right:

Guests inspect work created by professor Eugene Rodriguez's photography students, entitled "Eat Drink Vote Love."



Right:

De Anza College President Brian Murphy congratulates director of arts and schools program Diana Argabrite on a successful exhibition.



Right:

De Anza College alumni perform at the Euphrat faculty art show at De Anza College Nov. 16.



Right:Moto Ohtake poses with "Untitled I and II," an interactive kinetic sculpture.

Below: Director of arts and schools program Diana Argabrite, President Brian Murphy, and professor Eugene Rodriguez.



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Left: De Anza College President Brian Murphy welcomes guests to the Euphrat Museum faculty art show.



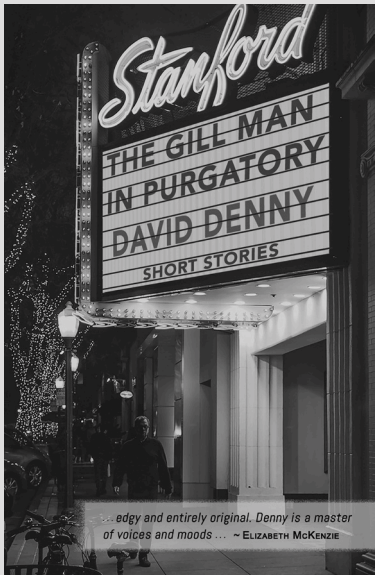
Left: Nancy Canter, dean of creative arts, poses next to her watercolor, "Solano Beach."



Left: Photography professor Wilfred Castaño's "Frontal," on display in the Euphrat.

De Anza professor’s novel escapes “Purgatory”

Jamie Lamping
STAFF REPORTER



A De Anza english teacher has just released a book, “The Gill Man in Purgatory,” a story chock full of pressing questions and interesting situations. With stories filled to the brim with fascinating scenarios, from a man addicted to falling, to the story of a hitchhiking murderer, “The Gill Man in Purgatory” is sure to envelope its readers.

David Denny has been writing seriously for 30 years since he was a student in college at Long Beach State University. He said he started out as an actor, but found he was more interested in his literature classes.



David Denny

“The Gill Man in Purgatory” is composed of 20 short stories, and was written over the course of five years. In fact, Denny had picked for the novel the best stories out of 35 he had written.

“If they’re not the best I can do, I don’t want to just put them out there,” said Denny. “I want to make sure they’re really good.”

The book was rejected by about 20 publishers before finally being accepted by Shanti Arts, who had previously published Denny’s stories in magazines. “It was a painful experience,” said Denny.

Denny said he uses personal experiences to help his write his stories.

“Some of those are based on memories that I have. But since my memory isn’t very good I just fictionalised them,” said Denny. “So I took one instance that happened to me. Where I was being bullied by a couple of adults, and there was a kid with them, and they wanted the kid to fight me.” He used the experience as inspiration for one of the stories.

Similarly to how he uses personal experiences, Denny said he also makes many references to older films.

Movies are so influential in “The Gill Man of Purgatory” that Denny originally wanted to have an old movie poster at the start of each chapter, but it didn’t happen.

“After about four (posters) we realized it was going to cost a fortune for (Shanti Arts) to publish it.”

Denny said he also has a poetry collection that’ll come out in 2017, comprised of about 50 new poems and will be almost 100 pages in length. He still writes short stories, “But I think it’s going to take me probably a couple more years before have enough stories for a new book,” he said.

Fall fashion faux pas

Greg Schrader
EDITOR-IN-CHIEF

Fashion is becoming progressively more bizarre and absurd. Here, we at La Voz hope to take a look into what not to wear on campus in true absurdist fashion.



A thinking cap
Your exasperated professor was using a metaphor. Don’t actually wear one, people will jeer.



Crocs
It is a quite frankly terrible idea to wear live reptilian killing machines on your feet, and we at La Voz hope the reason why it is such is readily apparent.



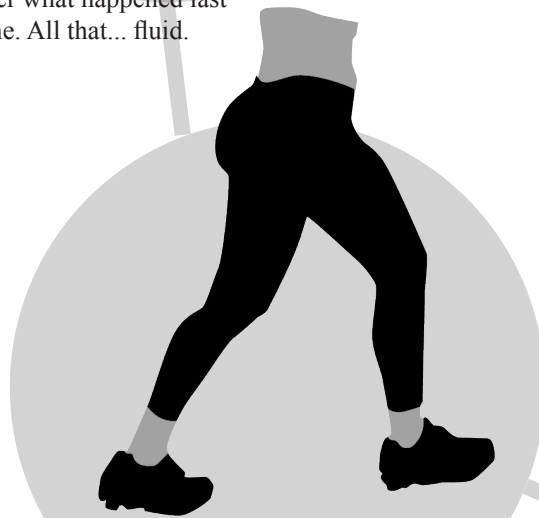
Denim on denim
There are rumors of new legislation that would have anyone caught in a Canadian tuxedo put to death. We support this theoretical measure on deontological grounds.



Your heart on a sleeve
I just can’t love another after what happened last time. All that... fluid.



Snake skin
An immediate sign of poor taste, snakeskin should, of course, be replaced by the far more trendy human skin. Look for locally sourced products kept free range without the use of growth hormones.



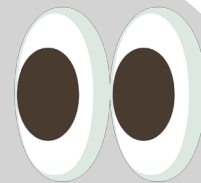
Spandex
It causes cancer. Not because of any chemical interaction with your skin, but rather in the eyes of those forced to look at you.



Uggs
This is really only included so we could print a pun about how they’re Ugg-ly.



Leopard print
It’s universal, but also ethically inhumane. Slaughtering leopards so as to mass produce eye-sore handbags and phone cases is morally inexcusable, and you’re a bad person for owning any.



Neo-reactionary political philosophies
Enough said. We can see it in your eyes, man.



Someone else’s shoes
I don’t care that you want an excuse to judge someone: They’re not going to fit well, no matter how many miles you walk in them. Also, it’s kind of gross.

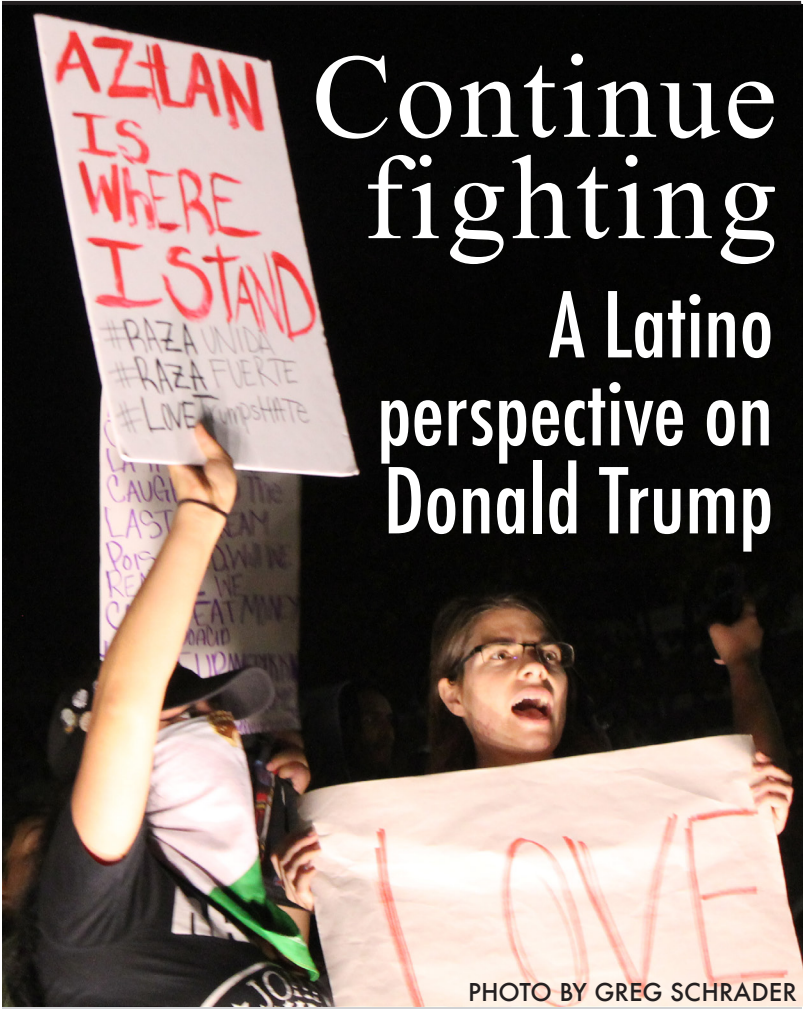


PHOTO BY GREG SCHRADER

Hector Moreno
STAFF REPORTER

Getting home from work on Nov. 8 will be a moment in my life that will forever impact my outlook on society.

The election put a lot of weight on my shoulders. In reporting on the election, the media took attention off policy and allowed the gaze of America to rest on social issues, like race.

Specifically on Mexicans.

When I first heard President-elect Donald Trump say that people coming from Mexico were nothing but rapists and gangsters I was in shock.

How could a presidential candidate say these things about a specific race? How could someone like him win the presidency?

I never thought it was possible until it actually happened.

As a 20-year-old Mexican from the east side of San Jose, it hurt to know Trump won.

I found myself questioning how Mexicans, and even all minorities for that matter could progress in society under a president that openly criticizes us.

His whole campaign had people crying out for the U.S. to “build the wall,” to keep the unsavory “others” out.

The hate that Trumps has built up can not continue, I feel that it will not be the final message.

The vitriol has shown us how society really feels. It’s a reality check for a lot of us. What is difficult about Trump’s victory is that the fringe alt-right now has representation on a national level. Trump represents a

disenfranchised working class’ anger and racism.

I have family who came from Mexico, and I know they are not what Trump has painted them to be. My grandma called me after it was announced that Trump won the presidency and told me that this is why we needed more Mexicans to speak out and work to become leaders in society.

She gave me a new sense of focus and purpose. Instead of only focusing on the negatives, we need to continue stepping up and voicing our opinions.

This is a reason for unifying.

Mexican people are strong, hardworking and loving; many beautiful things that Trumps has failed to mention. Racism still exists: We need to continue fighting for progress and using our voice to bring to light the many inequalities and stereotypes Mexicans go through on a daily basis.

The good fight is not over and I know that we will unify.

It starts with looking at ourselves in the mirror and living with a new sense of purpose.

We need to be the voice of change we wish to see.

This is bigger than any individual and I have hope that Mexicans will break these stereotypes and continue being voices of change.

Love always trumps hate.

AT&T merger: a silent killer that must be stopped

Alex Nunez
STAFF REPORTER

AT&T’s \$85.4 billion acquisition of media giant Time Warner is a terrifying caveat of what the future holds for media companies. This would consolidate content-creating companies like CNN, HBO, TBS, TNT and Warner Bros movie studio. AT&T claims the acquisition is an attempt to create a new form of mobile content distribution for their mobile phone and broadband customers who have been abandoning traditional cable in droves for cable alternatives like Netflix and Amazon.

On paper, the merger sounds an innocent exercise of competition, but because of numerous unaddressed concerns regarding the affordability of services and the further monopolization of corporate America, the antitrust division and the federal government should absolutely kill this purchase for good.

At the forefront of this battle is net neutrality – the principle that all internet service providers must allow access to all content and applications regardless of the source. AT&T owns forms of distribution like DirecTV, U-verse broadband and U-verse television, as well as mobile services.

With an already existent monopoly, we must be concerned that AT&T could unfairly favor its own content, especially if it were to acquire Time Warner, the third largest television and entertainment company.



ILLUSTRATION BY JOSHUA LOPEZ

With the control of such a vast library of content, as well as the avenues through which they run, AT&T could charge exorbitant amounts for services, and few would be capable of vying for power. This would also apply to competing service providers who would have to pay licensing fees in order to broadcast this content.

AT&T could also choose to not license Time Warner’s content library with other media companies, thus forcing customers to subscribe to a new service in order to access that library.

It is in AT&T’s interest to license their media with other service providers, as it is one of the main sources of income for a media company.

Sen. Bernie Sanders, I-Vermont, wrote an open letter to acting assistant attorney general Renata B. Hesse, urging her to block the merger, stating “When one company owns both the content and means of distribution, there is no motivation for a company to provide additional choices to consumers.”

Unfettered capitalism is a myth, and thus need be restricted when one corporate entity amasses too much influence in either the economy or the political structure. As demonstrated by Comcast’s recent failed attempt to purchase Time Warner, wherein Comcast would’ve controlled of over 54 percent of the cable and broadband market, there are certain limits of the competitive market that simply shouldn’t be tested.

In the name of stable market capitalism and less corporate influence in Washington, The department of justice must block this merger at all costs. Already, AT&T dumps nearly \$11 million into congress every year, four times as much as its next competitor. More than 85 percent of Congress receives contributions from AT&T. This colossal corporation maintains an interest in controlling the entire media and television market. Currently, 100 AT&T lobbyists, many of whom former congressmen, are readily perched to go for a kill that could be a devastating blow to competition and net neutrality.

Turkeys: The voiceless victims of Thanksgiving

Jonathan Dupin
STAFF REPORTER

Thanksgiving, that coziest of holidays, brings the whole family together around the dinner table to gobble up heaping portions of mashed potatoes, green beans and, unfortunately, 45 million turkeys.

The holiday’s modern consumerist interpretation, which champions the sickening practice of overeating in a world plagued by starvation and unequal distributions of food, is an ironic inversion of a meaning that was once rooted in prayer and fasting.

Glossing over the perturbing lack of reason for celebration other than to whitewash the genocide of millions of Native Americans, Turkey Day is not only oddly ceremonial, but sacrificial as well.

Turkeys are friendly and intelligent creatures with vibrant personalities expressed in the way they sing along to music and cuddle up to have

their feathers stroked. Their astounding social mannerisms are a dead-on reminder of our own behaviour, exemplified by instances such as where a group will play soccer together after having been tossed an apple.

Their deaths are neither peaceful nor dignified. Many are dragged along the assembly line upside down at a young age, still conscious as their improperly slit throats are lowered into scalding hot cauldrons, where they are boiled alive. With little regard for their bodies, the industry genetically and hormonally manipulates turkeys into weighing over 10 pounds more than they used to in 1970

Thanksgiving is a holiday plagued by illusions: the illusion that American Indians were happy to have white settlers take over their land; the illusion that overeating is acceptable in a world where children starve because of a severely broken food distribution system where first world countries such as

america waste up to 40 percent of their food; the illusion that we eat intelligent creatures for any reason other than tradition.

While Americans find themselves surrounded by centuries old propaganda and seemingly unquestionable practices, Americans are hardly helpless; every waking moment is an opportunity to grow and change with the times to work towards a brighter, more honest future. This year, challenge America’s cultural paradigm which promotes ignorance and mass consumerism, and pursue a path of healthy skepticism.



Letters to the editor

How white supremacy won the presidency

Editor:

Ever since last Tuesday I, and most people I know, have felt shattered. It is a blow to our common humanity that someone who expressed such hatred toward so many of us could have won the presidency.

What was the most striking to me was how overwhelmingly white voters, including white women, voted for Trump. Our dominant white supremacist culture tries to train us into a hegemonic form of whiteness that tells white people that this is our country, that we are the normal, that our lives are the ones that matter. Many people trained into that way of experiencing the world have begun to feel displaced in their sense of being the ones entitled to ownership of this country. When people feel insecure about their place in the world, they are wide open targets for demagogues who make use of that insecurity to gain power.

White supremacy just won the presidency. It may not be a white supremacy of the Klan and lynching. But it is the white supremacy nonetheless. It is the white supremacy of making America white again, of blaming problems on people from marginalized communities, and of insisting on being able to take their needs seriously while ignoring the needs and concerns of others.

For those of us who are white and who have rejected the ideology of white supremacy, it is time for us to renew our commitments to being allies in the struggles of people from the communities that are the most under attack. And it is time for us to engage other white people to get them to reject the ideology of white supremacy, even in its more subtle manifestations. It is also important for us to understand why many people of color don't feel at ease or safe around us right now.

And for everyone it is important that we get to a place where we can work together with people of good will from all backgrounds. People who are undocumented are better off with the solidarity of those who have papers. LGBT people are better off with the solidarity of people who are straight. Muslims are better off with the solidarity of people who are not Muslim. Women are better off with the solidarity of men. People of color are better off with the solidarity of white people. Separated into our silos we get picked off one by one. Together in a broad community of support for everyone's liberation we are strong and can build movements that are formidable.

Serious struggle for a better future requires all of us to work our hardest and our smartest, with open hearts, and with a lot of courage.

Cynthia Kaufman,
Director Vasconcellos Institute for Democracy in Action

Covering the Election

Editor:

I appreciate La Voz's coverage on the presidential election and how it is a major cause of stress. It indeed has become a huge factor in the lives of immigrants and people of color. I'd like to express how appreciative I am that La Voz took the time to address what we can do to create positive change such as volunteering in our community and advocating for an issue we support or join a local group. I know that is what I will do with my time. We need to rise up and take action for what we believe in and stay positive. We hold to power to bring about change.

Byranna Corsby, 21.
political science major

Commending your paper

Editor:

Just a note to commend you on your recent issue (Oct. 10) of La Voz. I am currently spending time in my U.S. Government and Politics class (Poli 1) discussing the importance of the press in a democracy. Your October 10 issue is certainly a fine example of the press helping to inform the reader of issues related to the democratic process. Of course a reader may not agree with the content of La Voz but you certainly made an exceptional effort to raise important issues and inform the reader. You discuss DASB, Voter registration, an important local Congressional election, the Snowden NSA information leaks, issues related to political bias on campus, student parking conditions and much more! I hope our student body takes time from their busy lives to read La Voz. Keep up the good work.

Greg Druehl,
Political Science faculty

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Why millennials left Clinton out to dry

Neil McClintick
OPINIONS EDITOR

Perspective of a politically-active millennial who voted Clinton in a solid blue state.

In this midst of the fervorous anxiety and confusion, it must be recognized that much of the blame falls on Hillary Clinton's failure to effectively energize the 18 to 28 voter base. They perceived her as out of touch and inauthentic, especially after months of a grueling primary during which she and the pro-Clinton establishment burned numerous bridges.

Out of Touch with Youth

While Bernie Sanders, the champion of millennials, simply took to a podium and shouted about failed American policies, Clinton pursued an alternate avenue to attract young voters.

A well documented example of her antics is a Snapchat video which features a "chillary" "Clinton water bottle followed by a front-cam shot of her face as she says "I'm just chillin' in cedar rapids."

Within hours, the video went viral in the meme-generating, mocking sort of way.

Not too long after, her website listed several ways that she is "just like your abuela." The immediate reaction was a nationally trending hashtag #notmyabuela, whereby young Latinos rightfully critiqued a white millionaire's failure to hit the target. Such pandering reaffirms the erroneous belief that the college-aged community



bases votes around superficial criteria, like hashtags, emojis and Pokemon Go.

Perceived Inauthenticity

Young voters, not yet jaded by years of moderacy and party elitism, look toward charismatic, authentic figures. They rightfully felt as if there were two Hillarys, one who is a self-proclaimed progressive, and one who – the very next day, "pleads guilty to being a moderate." Trump was no doubt a sham, whose demagoguery masked his dishonesty and inauthenticity, but his followers genuinely believed in him. The lean-Democrat millennial bloc did not believe in her and largely tuned her out as soon as Sanders lost.

Young voters listened as Clinton talked about the need for prison reform on the campaign trail, only to see fat cat fundraiser footage in which she not only dismissed a young black woman, who was concerned with mass incarceration, but also stated, "Let's get back to the issues that matter."

Resentment of the pro-Clinton establishment

To many Sanders supporters like myself, it was painful to see that the pro-Clinton establishment had forgotten that we young voters, the future of the Democratic party, even existed. Too eager were they to support Clinton's smug "it's her turn now" coronation, while actively

squelching dissent. Here are some examples among the many which illustrate that dynamic:

- Several hundred super delegates preemptively pledged their support for Hillary Clinton before any state's race even began.
- Many super delegates refused to change their vote, such as the case of Gov. Howard Dean, who remained Clinton-pledged, even after Sanders received 86 percent of the vote in Vermont.
- CNN experts debased Sanders as an angry, old socialist. The Washington Post published a piece supposedly debunking Sander's placement in civil rights photos, despite the fact that the photographer repeatedly confirmed his identity.
- Wikileaks proved that CNN correspondent Donna Brazile was feeding debate questions to the Clinton campaign ahead of time.

The Clinton establishment reverberated a message stated by its actual campaign: "disqualify [Bernie] then unite the party later." After months of disrespecting the youth and failing to display a sense of genuine character, she evidently failed to unite the party later, but of course, millennials, will be branded as lazy crybaby, Bernie-cultists, who wanted nothing more than for Donald Trump to become President of the United States.

Volleyball co-captain inspires

Jamie Lamping
STAFF REPORTER

A co-captain of the De Anza College volleyball team, Anna Craig has played volleyball since seventh grade, after switching her focus from basketball.

When she first started playing volleyball, Craig said she wasn't very good. However, after improving in eighth grade, she made varsity her freshman year at Pioneer High School.

Craig hasn't had any major injuries aside from sprained ankles, but she said she'd hit a rough spot earlier in this season.

"[This season] was a difficult part for me, but ... I'm a Christian and my faith is a huge part of me. And I realized that I had kinda dropped off a little bit with my faith, and that was one of the main reasons why I love playing," said Craig. "I feel like because I dropped off in my faith earlier in this season I noticed a huge change in how I was playing."

Before she played volleyball at Pioneer High, Craig attended Los Gatos Christian School. Her mother, Gretchen Craig, said she sent her four kids to a Christian school to support their faith.

"A faith in God is primary, which is why we chose to sacrifice not having a really nice home to put four kids through Los Gatos Christian," said Gretchen Craig.

Anna Craig said she doesn't regret any part of her schooling. She enjoyed her time at Los Gatos christian, and said that the students and faculty became like family to her.

"Both of them were great experiences," she said.

Leaving Los Gatos Christian School to Pioneer High did not reduce Craig's devoutness.

"[Pioneer] actually ended up strengthening my faith even more,"



said Craig. "[It made] me stronger in who I am, and hold tight to to what I believe in, specifically," Creig said. "And be okay with with other people believing in different things, because that's life. People believe in different things and that's totally fine."

Craig is currently majoring in communications, and will be transferring by the Fall of next year, potentially with the possibility of playing for a four year college.

Outside of her sport, Craig works for a catering company, and as a part time nanny. She enjoys photography, hiking, social interactions, events, dancing, singing, makeup, and hair styling. She's even done photography for senior portraits, and makeup for weddings.

Her mother, Gretchen Craig, is the ninth child of ten, giving Anna Craig a very large extended family, in addition to her father's three

siblings, and her cousins, and even second cousins. But Craig's immediate family is two younger brothers and an older sister.

She noted that she's very close to her two brothers.

"We share a lot of things together, we go on a lot of adventures and just do random stupid stuff. But you know, I love them and they're very close to me."

Those close to Anna have nothing but kind things to say about her. Kendra Risser has been friends with Craig since they were four years old, and only lived two doors down from Craig. "I could just talk for a long time about how wonderful she is," said Risser. "She just really radiates joy and dedication."

"She's very inspirational and she's more about the people and the team than she is about herself," Gretchen Craig said.

De Anza track team breaks records at qualifying meet



Above: (from left) Michele Perez-Lopez, 20, communications major, and Alyssa Renteria, 20, psychology major, pose with De Anza Dons' 2nd place trophy.

Below: (from left) Juan Pablo Magana and Ralph Balaoing, both 19-year-old political science majors, after breaking De Anza records.



PHOTOS COURTESY OF ANDREW KAILA

Jasmin Remram
STAFF REPORTER

De Anza College's track team has competed tirelessly in championships across the state and the region and their hardwork has paid off.

De Anza's track team, coached by Nick Mattis, broke records, as four sophomores qualified for a state meet.

The four runners planning to compete are on the all-regional team.

At the qualifying meet, the women finished second overall out of all schools in Northern California, the highest finish the women's team have had since 2012.

The men finished fourth, and it has been about 40 years since they've finished in the top five, making this a historic victory.

This is the tenth year that both men and women runners have qualified for the cross country state meet. It's the second longest streak of all schools in NorCal.

Michele Perez-Lopez, 20, a communications major said the excitement of the event hasn't yet hit her.

"It doesn't really hit until I'm

on the starting line and I realize this is State and it might happen right now," said Perez-Lopez.

She finished fifth place at the qualifying meet, and was first place on the De Anza team. She competed with about 125 other women.

Juan Pablo Magana, and Ralph Balaoing, both 19-year-old political science majors, didn't know about breaking a historic record until days before the event.

"We found out about it maybe two days after," said Magana.

Balaoing and Magana competed with about 170 other men.

Magana finished in sixth place overall, and Ralph finished twelfth. The last time anyone has finished above sixth place has happened was in 1977.

The Dons are scheduled to attend the cross country meet on Saturday, Nov. 19 at 10 a.m. It will take place in Fresno.



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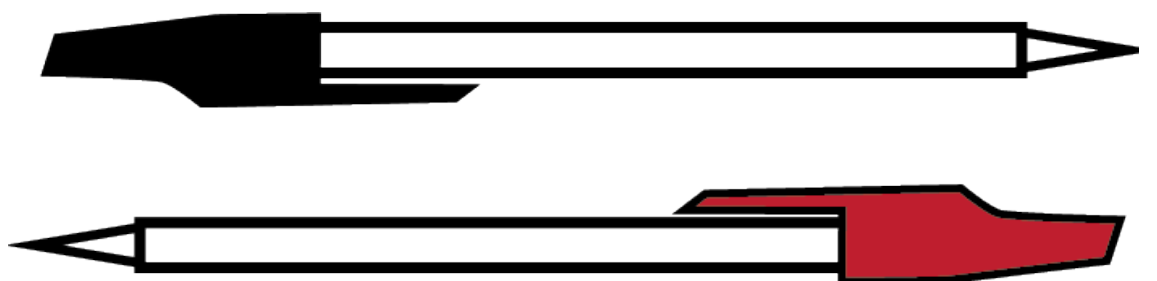
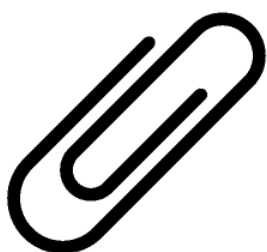
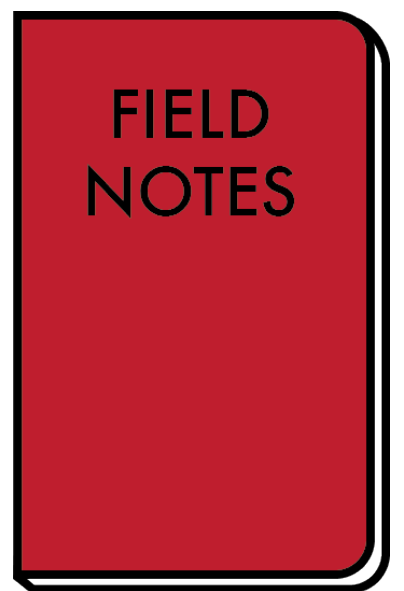
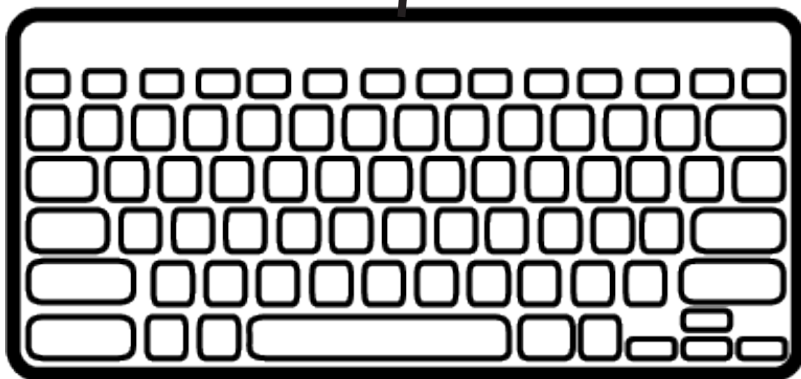
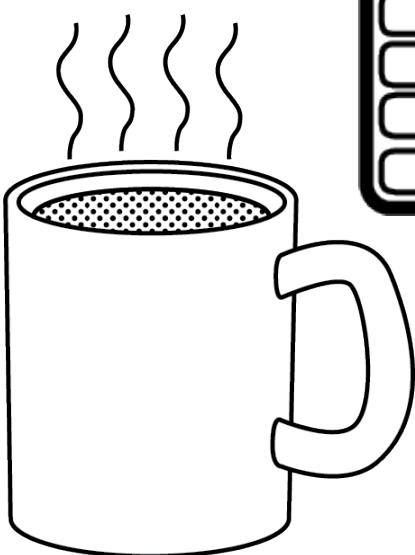
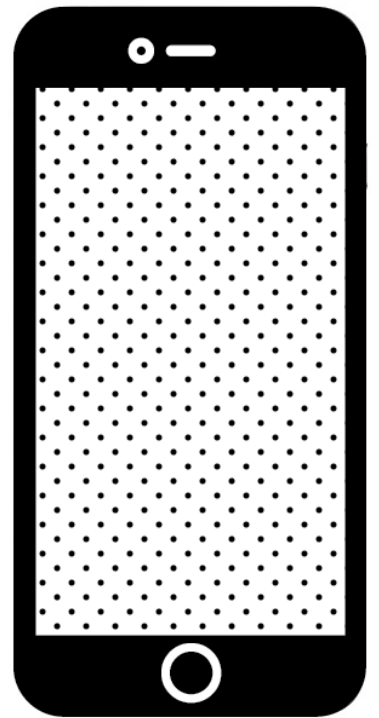
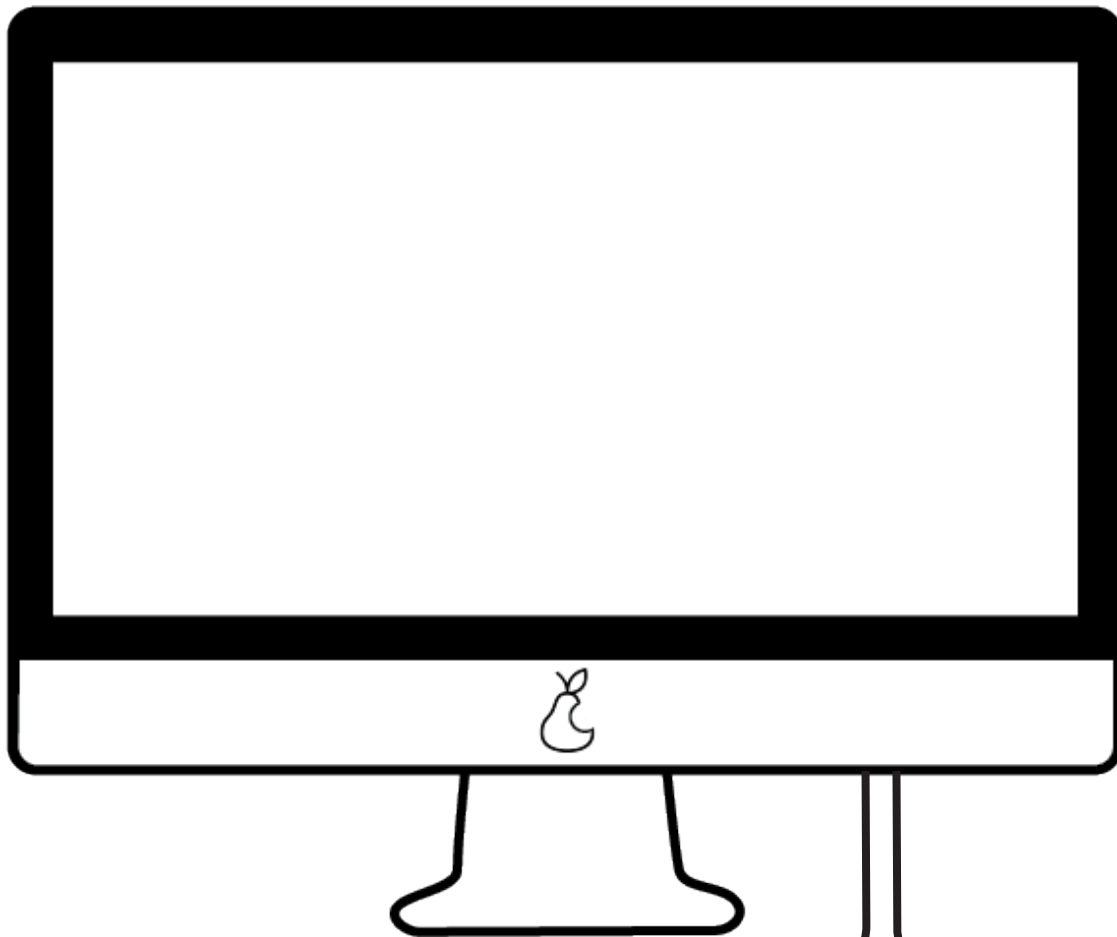
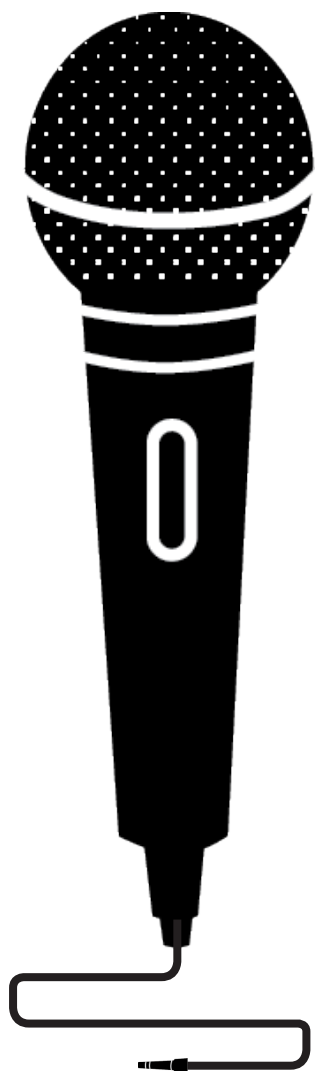
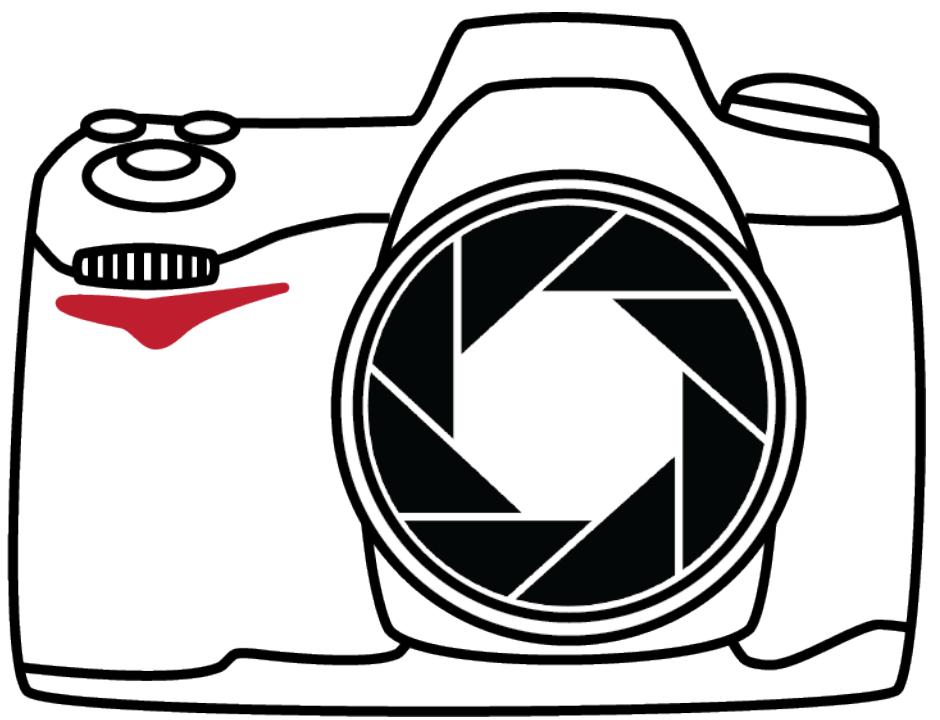
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La Voz News students do it all: reporting, editing, photography, web content, social media, video and more.

JOUR 61a

Student News Media Production (3 units):

Practical experience in creating and working with news media content.

Tuesdays and Thursdays,
3:30 - 4:45 p.m.

JOUR 62a-f

Freelance Media Production Classes (1 unit each):

Practical experience in reporting, photography, video, digital media, graphics and copy editing for La Voz News.

To apply for an editor position, send a 300-word letter of intent to La Voz adviser Cecilia Deck at deckcecilia@deanza.edu

Include contact information, background experience and position(s) you're interested in.

We provide training in editing and InDesign.

Deadline for application is Dec. 9.