# Foothill Sentinel 



## Family stress workshop

By KENNARD GRAY
Improving parent-child relationships, managing stress in two career families and dealing with teen drug abuse will be among the 25 topics discussed in a series of workshops titled, "Change: Relationship Issues of the '80s," this Saturday, March 9, at Foothill.

Spaces are still available to attend these workshops and there is a fee. For more information, contact Barbara Hensley, coordinator of the program, at 415/948-7527.

The program is sponsored by the Foothill Interchange with Business and Industry Program and the Santa Clara Valley Chapter of the California Association of Marriage and Family Counselors.

The purpose of the program is to show the many benefits family counseling can provide, according to Hensley. "In essence, the in-
tended outcome of this program is to show that counseling can be for everyone and you don't necessarily have to have major problems to benefit from it," she said. Hensley said they are expecting at least 200 people to show up for the seminars.
Mary Ellen Edwards, director of Ontos Existential Therapy in Santa Clara, will give the opening address, "Crisis: The Doorway to Change." She will focus on how change and feelings of anger, anxiety and frustration can lead to new insights and transformations.

Licensed professional counselors will lead these workshops. Other topics will include joint custody agreements, step-parenting, compulsive eating, managing anger in relationships, alcoholism and the family, and how parents and children can talk about the threat of nuclear war.

## Month at Foothill College

By SANDRA SHAFER
It takes more than being young, gifted and black to succeed in today's world, said Dr. Clayton Bates at a luncheon celebrating African American Heritage Month, Thursday, Feb. 28. Bates was the keynote speaker at the third annual event held in the Campus Center.

Bates, who has a doctorate in physics and teaches at Stanford, said, "There are lots of obstacles besides color. Some people will block your idea just because it isn't theirs."
"I grew up in the Harlem that Claude Brown described in 'Manchild in the Promised Land.' I knew many young blacks who had more going for them than I did and Iney didn't make it," he said.
"I believe that you've got to get on track, stay on track and be part of the system," he said. "It may not be a smooth path, but if you're perceived as part of the system, the system will look out for you. In fact, it can help you."
"I hate remedial classes," Bates said. "They make you look different. Get into study groups, look like part of the system. You're going to live, work and must be
able to move in it. "If you've got it and don't use it, you'll lose to somebody who just burned the midnight oil. You can't just drift into something. You've got to be hungry for it. It's got to be important to you. Don't just go into engineering for the money. It probably won't be enough motivation," he said
"I drive a 1972 Olds with a big dent in it. The kids at Stanford kid me about it. But you see, a car isn't important to me as long'as it's safe transportation. You make up your mind what you want and then you go for it."

When asked whether he thought a degree was necessary for success, Bates said, "Do your homework. I

## 'My teachers helped but self-motivation is the key' <br> —Bates

"I was lucky," he said. "I was always interested in science. 1 knew what high school and what college I wanted to attend when I was 8 years old. I think it's harder for someone like my 13 -year-old daughter who does well at a lot of things. You've got to make a choice. It's hard, but life demands some hard choices.

The audience laughed when he added, "Oh yes, you can be bright and greedy." He described a New York City friend who became wealthy on $\$ 25,000$ he borrowed. Wealth was what he wanted. "So he set out to accomplish that and now he could probably buy any of us."
wanted to do research, so a Ph.D. was required. It gave me flexibility. If what you want doesn't require a degree, getting one just to say you did it is reason enough. It can make you feel like you've accomplished something. However, there isn't just one way."
"My teachers helped, but selfmotivation is the key," he said.

When asked about his parents' role in his success, he said, "I come from a classic black family: no father, one sister and my mother who worked as a domestic. My mother was as supportive as she knew how to be. Without her, I'd be nowhere."

## Cable TV studio to be built

By SANDRA SHAFER
The cable TV broadcasting studio that Foothill College will house in the old planetarium building will be operating by the end of December 1985, according to George Beers, telecommunications manager for the Foothill-De Anza District.
The studio will provide educational and public access programming for cable television service to Los Altos homes under a three-part agreement between the City of Los Altos, the District and United Cable Television. United Cable Television is providing all the money for capital expenses and almost all of the operating funds.
"The old panetarium equipment has been cleared out and we are selecting an architect," he said.
"The studio will make Foothill visible in the community, provide additional educational opportunities, and be another means of communication," Beers said. "People will be trained to use the studio and will be able to produce many types of programming."

Beers said that the De Anza program which provides the same service to Cupertino homes has been very successful. "Programs range from what we call vanity programs where someone or a group creates a program featuring themselves to ongoing issue-oriented programs concerning health, women's issues and disability," he said. "There's a group of veterinarians who are offering a series on ani-
mal health, and other health professionals presenting a series on health, the League of Women Voters has a series. There's about 20 hours of programming on the air each week."
Details of the curriculum have yet to be worked out.
"Foothill won't have a duplicate of De Anza's curriculum," Beers said. "There may be some overlap, but most of the courses will be at De Anza."

When asked how many people watch these programs, Beers said, "That's very hard to know on cable TV. We're just beginning to study that now. We know people are watching because the De Anza studio gets calls from viewers."

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Commentary

## Student recalls <br> By 1969 when body bags were

In 1968 as a 19 -year-old freshman at Foothill College, I was sitting on top of the world. But Uncle Sam had other plans that would shatter my tranquil world for years to come. America had this "dirty little war" going on in a place called Vietname, and I was not so cordially invited to attend. Hell, I didn't even know where Vietnam was!

Little did I know that the Vietname era would be the most significant period in our nation's modern history - a time when everything would be turned upside down and many things would stay that way.

Nearly three million men and women fought in Vietnam, and when the tally was taken the figures were awesome; 60 thousand Americans killed, 350,000 wounded, and an incalculable number of casualties that were not so easy to classify.

On the Vietnamese side, the damage and death is still in dispute, but it is safe to say Vietnam lost over one million and multi-millions were wounded. More bombs were dropped on little Vietnam than all of those dropped by all sides in World War II.
arriving at our shores at an obscene rate, it was hard to find anyone in the States who did not know some one who had been lost to the war.
Sure, many people aggressively avoided going. There was Canada and a host of other unorthodox ways to avoid going, but I felt I was serving my country, patriotism and all that. I never imagined my country was capable of lying and sending men to their deaths behind those lies. I was young, dumb and naive.

There are many matters still to be settled. The Agent Orange problem is one of the most serious. There are many others: Viet vet's children being born with birth defects at a staggering rate and a government that won't admit there is a problem. A vet has to fight for his health benefits tooth and nail. Nobody's asking for charity, only the compassion and attention each has earned with his blood.

Over 150,000 Vietnam vets have taken their own lives since the war ended. It shows how our
government has taken men's flesh and bone and turned them into throw-away items.

Yes, warfare had become more modern, the Army traded in their horses for helicopters, but an arrow or spear will kill you just as easily as an M-16. Warfare itself does the same things to people it has always done; it separates people from their families; it exposes people to man's cruelty to man; it makes you a participant in a bizarre game that rewards you for killing a man or blowing away a village full of kids.

Out of that war came the veteran, a person who had seen too much, too fast - 19 years old going on 60 - a player in the game of death. In Phill Caputo's book, "A Rumor of War," he says in effect: experiencing war, unlike a marriage, cannot be dissolved by a piece of paper or a handshake. The only way you divorce the memories of war, the pain and nightmares, is through death.

Two years ago the Vietnam memorial was opened officially in Washington, DC. and thousands of Vietnam vets descended on the
capitol for the ceremonies. Veterans and their supporters built the memorial with their own money, the government merely supplied the ground. In a way, we finally got the parade so long in coming.

It was a glorious time, many vets reuniting after 15 years, talking out some of their shared demons and doing a lot of crying. Many in wheelchairs visited the Wall and payed their respects and expressed utter sadness for the ones who never returned home

The Wall has had a great healing effect on vets and those close to them. Many people, however especially in the government and some in the media, have suggested that now we can close the books on Vietnam, finally stitch it up, forge about it. I say, No. The wounds are still festering, many still unattended. The books must remain open.

Many vets are professional people, doctors, lawyers, senators and congressmen. It's heartening to see these people who have also suffered a great deal helping fellow vets who still have a myriad of problems

Letter

## Our track team is born to run in the USA

Editor:
A radio echos Bruce Springsteen on the Foothill track as runners circle around to meet a pace; a coach's stop watch quickly slides down the facade to greet it. The runners' strides lengthen as their arms and legs now begin pumping toward the finish of their sixth 800.

Neaby sprinters bodies are sprawled haphazardly in the infield in a variety of contortionist stretching poses as they shout words of encouragement to the runners. On this track is a collection of disciplined athletes of all levels, many are on their way to becoming welltrained ones who work towards a common goal of group excellence in track. Only with the individual performance comes the team's accomplishment. Yet the focus is not on what the team can do for the individual, but what each member can contribute to the team.

The coaches try to keep the rosters full and encourage as many people to participate as possible.

The training is designed to be a meaningul adventure that is fun social and a learning experience where mind and body meet. However, one cannot sit on a fence and be coached by any of them They're not unfeeling slavedrivers. nor do they care just about how fast you can run or throw. They care about people wanting to be the best that they can be, whether that's 47 seconds for 400 meters or 77 . The coaches are well-match ed components, perhaps, reflecting the typical personality split that appears on the track.

The sprinters and field athletes tend to be outspoken, outgoing people whose many competitions permit more interplay with their teammates. The distance runners, on the other hand, tend to be an introspective lot, at times isolated by the solitary nature of their sport. Yet under this general framework is a fundamental principal of team unity that prevails throughout the team and over their competitors.

## FCOTHILL SENTINEL

The SENTINEL welcomes letters. All letters must be typewritten (double-spaced), be restricted to 300 words or less, and be signed. Your phone number would be appreciated so that our editors can verify points of information.
The SENTINEL is a student newspaper published weekly on Fridays during the academic school year by Foothill College, 12345 El Monte Road, Los Altos Hills, CA 94022.
Opinions expressed are not necessarily those of the college or student body Staff members are students enrolled in the journalism program at Foothill. The SENTINEL staff is located in M-24; telephone 415/948-8590, $\times 372$ or $\times 261$ Advertising rates available upon request.

Editor-in-Chief, Michael Belef; Editorial Page Editor, Michael Field; Fine Arts Editor, John Wiley Garner; News Editor, Kennard Gray; Staff Assistant, Alison Wilson; Adviser, Herman Scheiding.

The track and field program representing Foothill is one I feel we should be proud of and support as they enter their 1985 racing season in March

Jacqui Lewis
Foothill Student

## Letter A revelation

Editor:
I am informing you legally and with a sober mind that I am in fact running for President of the United States in 1988, or will lead a revolution to that end. I have the gift of knowledge from God through Christ Jesus.

I recommend that we remove all troops from Central America and let the communists have us Americans in a cross fire between Alaska to North Central America. The peace activists will have supported the communists that don't recognize anything but force of arms. I'm sure the people in Russia are just as God fearing as Americans, but the army and government are, for the most part, Godless.

If we remove the God fearing people from Central America, reocate them throughout the free Americas and give them enough money to live on, they can work on farms and anywhere else a lot of Americans don't really want heavy labor jobs.

Then we take the support and food from the guerillas fighting "for freedom." Let them prove that they can run their country better than the rich.

They must look for and fight for food and the Russians can't
support them for very long anyway. This will be the shortest war in any case. If this plan fails, we can't blame God for it because this comes from Him upon high places.

The rich will also come to the United States, but only to work and be in our jails, earning every penny they receive.
Until the war is over, they will remain away from their country Once the war is over, then we will send them back to live as God intends all of us: to worship Him through Christ, Amen.
-Ronald Stevens
Foothill Student

## Letter

Computer new

## Editor:

We now have a Macintosh in
the ISC which students are using

Vietnam vets know the value of sticking together; it served them well where sticking together mean life or death. Vets are again work ing together to help each other and their communities to solve problems.

Our Veterans of Foreign Wars Post 5888 in Santa Cruz has adopted a child in South America, providing him with enough of the basics to keep him alive and able to go to school. We also have just sent $\$ 500$ to Ethiopia for famine relief and have given to many other charities closer to home.

The Vietnam era has produced some extraordinary talents. Some of the best modern authors are Vietnam vets who have the grit to write in a sane, sensible, explicit manner about a war which was jus the opposite.

I hope there will be no need for future Veterans of Foreign Wars and no American will have to give his life for another useless conflict The giving of one's life is the ultimate sacrifice. It must not be squandered.
-Don Schoennauer
for a variety of purposes. Anyone is welcome to use it (staff and students). This is in addition to the nine Apple IIs which are also in use.

I wanted to let you know in case this generates any story ideas for you.
-Edna Campbell ISC Coordinator

## Letter <br> Get down

## Editor:

Come party with AGS. A club in which members can choose from a variety of activities: ski trips, parties, community work, and more.

Please contact me for more information.
-Randi McHargue
Foothil

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Chapter DC,
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March 10
P.E.O. returned to school to continue her education and is especially needy. (Use Foothill application) FOR APPLICATION/INFORMATION CONTACT MRS. SIDNEE LEONG, FINANCIAL AID OFFICE STUDENT DEVELOPMENT CENTER


## Superstar big hit in SF show

## Prince has something for everyone

It was awesome, exciting entertaining, sex-packed and funny. In fact, it was almost a religious ex perience. But a concert? Not quite.
"Hello San Francisco. My name is Prince and I've come to play with you," said the voice that filled the darkness of the huge Cow Palace. Then thousands of flowers fell on the audience and up rose a black silhouette, surrounded by fog. So began Prince's concert or extravaganza - last Friday night

Dressed in gold Lame, he and his band, The Revolution, started to jam with such hits as, "Let's Go Crazy" and "Delirious." The first half hour was solid music that really got everyone going. Then the concert became a one-man show with Prince teasing and taunting the audience. He would begin to play songs like "Let's Pretend We're Married," or "Little Red Corvette," "1999," "When You Were Mine," and just as the audience was really getting into it, he'd stop and make jokes or go to his keyboards and play around

For instance, after playing the beginning of "Let's Pretend We're Married," he looked up at the sky
and said, "I know I said I'd be good, but they DIG it when I'm bad." Prince looked out at the audience and asked, "Do you want to make love? I'll wait until you decide." Then he leaned against a pole with his arms folded and foo tapping and asked, "Have you decided yet?"
At one point he strutted forward and asked, "If I gave it to you,
what would you do with it?" All the while the crowd was eating it up especially when he threw things at them such as panties, explaining, "All these girls keep leaving their panties lying around." He even threw his own G-string at us.

Clearly Prince's favorite part of the evening was when he asked, "Do you want to take a bath with me?" and proceeded to climb into a bathtub and make oh-so-suggestive movements.

The theme of sex was ever-pre sent, but so was the theme of God, something he takes quite seriously. It was a bit much for most, however, when he looked up at a smokey yellow light and said, "I believe in you. I trust you. I'll be good."

At first all of this playing around was humorous and fun and showed sides of the performer we never see. But after about an hour of it many around me were beginning to grumble. It was confusing as to what Prince was trying to say to us. It was as if he was trying to make his image overshadow his music. It was a good idea gone too far - like he was having such a good time "playing with" the audience that he didn't play for it.

During the 45 -minute encore in which Prince sang, "I would Die For You," "Look Me Over," and a 20 -minute version of "Purple Rain," many people jumped onstage and formed a congo line. During "Purple Kain," the final song, 15,000 arms wayed in unison.
"The opening was the best part of the show," said one spectator.

This was the best concert I've ever seen. A great light show!" exclaimed another member of the audience.
"It was well worth the money," one girl summed it up

Prince's show was definitely a show that had something for everyone. It was a "Purple Rain Party" with Prince as the guest of honor. -Carol Tisch

## Commentary

## Reagan squeezes students

"You ain't seen nothing yet," said re-elected Ronald Reagan. His newly appointed Secretary of Education, William Bennett, said the students unable to afford college could simply "divest themselves of their cars and stereos" and skip "their three weeks at the beach." We haven't seen anything yet.

The Reagan Administration has proposed a budget for next year gutting social service programs and adding billions to defense. The educational assistance programs were not spared the ax. The proposed budget would slash 25 percent or $\$ 2.3$ billion from student financial aid. If these cuts pass, we will see an end to the American ideal of education for all. Instead, we will have education for those who fit the statistical profile or those who wish to join the military

According to the National Asso ciation of Student Financial Aid Administrators, approximately 1.5 million people would be adversely affected by the student aid cuts. Even the Department of Education has estimated that one million students will be directly affected. Whicever statistic is accurate, the human impact of these cuts would be huge.

The logic of the Reagan Administration befuddles me. The Administration wants to cut the deficit and bring spending down. While they are "investing" in the Pentagon, though, they are ignoring investments into our greatests resource: our people. This type of
investment (in education) is ongoing. Education produces the tech nological know-how for progress

Technology helped build this nation. We see it flourish at De Anza and we have seen some tre mendous changes in Silicon Valley as a result of technological education. The Reagan Administration (including our own Congressman Ed Zschau) should realize that Silicon Valley was not built by graduates from Harvard, Yale or Stanford alone. Many people came from the Universities of California the California State Universities and community colleges, primarily De Anza and Foothill. The cost of attending these postsecondary schools is not a drop in the bucket.

Quality education is not cleap Tuition, books andprograms at a University of California runs approximately $\$ 4,000$ annually, if a student lives at home. The cost can triple depending on winere you live Most students have to work to mee these costs. Rarely do I find some one who is a full-time stucient with out workload responsibilities. Most students, whether at De Anza Foothill or UCLA, work part-time Here, at De Anza, the majority o the students work part-time during the day and attend school at night Back to school to relearn, retrai and re-educate. Education is an investment in our people, our country, our future world. We can see tangible results through educa tion. We should protect this invest ment wisely

Let's stop these short-sided cuts.
Dolly Sandoval
De Anza Student



The Hammersmith Band entertained Foothill students with rhythm and blues at the Campus Center terrace, Friday, March 1. Members are: Don Walton, bass; Ron McCrary, drums; Larry David, keyboard; Peter Atanasoff, guitar and Hammer Smith on harmonica and vocals.

## Health notes

## Talk and research

A lunch talk on "Facts and Fiction of Herpes and Abortions" will be presented Monday, March 11, from noon to 1 p.m. in the Administration Building Conference Room.

The talk is presented by the Foothill College Health Services Faculty, staff and students are in vited to attend and bring a lunch. Another Monday lunch talk is sche dules March 18, titled "Women's Nutrition."

Questions can be directed to Health Services, x 243 .


Researchers at Stanford University Medical Center are investigating the effects of an antidepressant medication on bulimia in a 16 -week clinical trial.

The initial results of this research are promising, but more persons suffering from bulimia are needed for this project.

Participants have an equal chance of being placed on a placebo or active medication. At the end of the trial, those receiving placebo will be treated with active medication.

No fees are charged to the participants in this project. To learn more about the project. call 497. 7170.

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By MICHAEL BELEF
Two lifts will make the PE de partment accessible via the foot bridge to students in wheelchairs Previously, these students had to drive and park behind the PE de partment locker rooms.
Mal Leal, director of Foothill De Anza plant services, said the electrically operated lifts may cost as much as $\$ 18,000$. "Originally, the rough estimate was $\$ 7,000$ to $\$ 11,000$." Leal explained, "but after the safety engineer's and contractor's fees, the price jumped to $\$ 14,000$ to $\$ 18,000$. The cost increase is due in part to unexpect ed regulations governing construc tion for handicap access."

The lifts must have a back-up power source separate from the main source in case of power failure The lift and its mechanical and electrical components must be "all weather." Leal said the biggest cost will be installing the separate power source

The cost increase has exceeded the project's budget, Leal said. "I don't care how we do it, but we'll install the lifts." To contain costs, district employees will do some of the electrical work

## Extended-Wear Lenses: Proceed With Caution

BERKELEY-Extended wear or so-called "30-day" contact lenses cause significantly more eye problems than daily-wear lenses, an optometry researcher said recently.

Swelling caused by repeated overnight wear can lead to the development of microcysts and infections in the cornea, said Morton Sarver, professor of optometry at the University of California, Berkeley.

Infectious keratitis is another rarer threat that can lead to an ulcer of the comea and result in permanent loss of vision if not properly treated, Sarver said.

Doctors hypothesize that swelling caused by overnight contact lens wear can lower eye resistance to infection, leaving eyes vulnerable to infectious keratitis

These conditions occur much less frequently with daily-wear contact lenses than with extended-wear lenses, Sarver told the annual meeting of the American Academy of Optometry in St. Louis. Mo

Sarver noted the importance of consulting with an eye care specialist after the first night of overnight wear to check for any irritation.
-John Lauerman (415) 642-3734

## STUDENT DENTAL/OPTICAL PLAN

 ENROLL NOW!Save your teeth, eyes and money, too. For information and brochure see Foothill Health Dffice or call 408/ 371-6811.

In the storeroom below, some one usually has to clear books away to make a path wide enough for a wheelchair. From there, the wheelchair must be maneuvered through the busy, maze-like kitchen and into the cafeteria. Then the person can access the lifts on the footbridge.

The ASFC Wheelchair Access Committee is attempting to locate funds for a special wheelchair accessible elevator. Cost for a small elevator is estimated at $\$ 150,000$ to $\$ 200,000$. Leal identified four sources for funding: existing Housing and Urban Development (HUD) funds allocated to the district, donations, securing a loan and a combination of those sources.

Plant Services receive only $\$ 35,000$ in HUD funds each year for construction at both Campuses. Existing funds have already been budgeted or spent on other Campus improvements. Leal said he would prioritize funds for a special access elevator when he submits the five year budget forecast in February 1986.

To access the lifts, a key or code number will be entered onto consoles located on each side of the lift. The lift raises or lowers for
boarding and while the passenge is inside a spring-loaded gate closes and locks in position when the lift is in motion, preventing a fall from the platform.

Though the lifts will provide access to the PE department from the cafeteria. many obstacles still prevent easy access from the main campus to the cafeteria.

To reach the cafeteria from the main campus, the wheelchair must be threaded through long aisles to the rear of the bookstore and into a tiny elevator which is often blocked by stacks of books. The doors to the elevator must be held by a bookstore employee.

The State HUD office might deny the funding anyway. A pre vious Handicap Access Impact Report said Foothill has adequate access because mobility impaired persons can access the Campus Center with the bookstore elevator and the PE department is accessible by car.

Leal suggested that a loan might be secured while HUD funding is solicited because donations for the needed money will be difficult to obtain. Obtaining HUD funds might take three years or more

## All types of music at KFJC 'Record Swap'

By JOHN WILEY GARNER
A new kind of flea market premieres at Foothill, Sunday, March 31. You won't find clothes, antique furniture or pottery at this one. Instead, there will be scores of records and record-oriented pro cuts throughout the large dining room of the Campus Center.

The "First Annual Record Swap Extravaganza," sponsored by Foothill College radio station KFJC (89.7 FM), will begin at 9 a.m. and continue until 4 p.m.

KFJC will be broadcast live during the event from the Toyon Room, featuring music celebrities as guest disk jockeys.

Robert "Doc" Pelzel, KFJC station supervisor and faculty advisor, said, "We want to show a diversity of styles in the selection of records, not just punk, because it has not been around long enough. More people now are involved in collecting jazz, blues and folk records."
'Sundays are our non-rock days when we play jazz, reggae and air public affairs programs," Pelzel said. "The 'Record Swap' will be unlike
our normal Sundays, in which we will play a diversity of music similar to the types of records being swapped."

Rare pressings and old 45 and 78 rpm record collectibles will also be available at the swap.

Tom Pretovich of "Vinyl Solu tions" in San Mateo is coordinating the event, Pelzel said. Spaces at the swap cost $\$ 25$ per table and $\$ 5$ per crate (which contain about 120 records) to any prospective dealers who wish to display their wares. To reserve a space, Preto vich can be reached at $415 / 967$. 8649.

## Talk show airs on Tuesdays

Foothill College Radio station KFJC (89.7 FM) airs a listener participation program featuring cur rent issues in the Bay Area. "People in Peninsual Politics" is aired live every Tuesday evening from 5 to 6 p.m. Don Surath hosts the program and mediates dialog between listeners and guests.

On March 12, Dr. Robert Gaunt will be featured. Gaunt is the educational director of the Northern California Chapter of the World Federalists, a group that wants to abolish all national governments and replace them with one international government.

On March 19, representatives from "Sisterspirit" will discuss their plans for a women's resource center in the South Bay.

## Agency donates facility use

By SANDRA SHAFER
Travel Forum, a Palo Alto travel agency, has donated its Palo Alto facilities to Foothill Travel Career students for TC 82, Automation in Reservations. The agency charges Foothill a fee for some of the extra expanses, such as security, that it incurs while providing this service. Corporate Travel Service had dowated its facilities from 1982 through the last quarter.

According to former Foothill student Sharon Hack, who teaches the course and is general manager of Travel Forum's San Jose office, there are several automated systems that the industry uses. Because students need access to a computerized system that is actually linked into a network, it would be impractical for Foothill College to try to provide this course without the cooperation of local industry.

Hack said TC 82 students will learn the SABRE format that American Airlines uses. Then they will take conversion courses at their places of employment to learn different formats as necessary.

According to Joyce Mishel, Foothill College travel careers coordinator, many former Foothill students are helping the program as instructors, program advisors and employers of present students.

Hack was a Foothill student in 1961, the first year Foothill College was open. She went on to Brigham Young University and graduated as a history major. She began work at German Travel, which is now Travel Forum, in 1967. After working for other companies, she returned to German Travel in 1982, where she is now general manager of Travel Forum's San Jose office.

Graduate Robyn Ledwith, now owner of Robyn's Travel in Palo

Alto, is on the TC advisory board and offers current Foothill TC students employment opportunities at her agency.

Graduate Lyn Rabinovitz is now an instructor and senior travel consultant of Compass Point Travel, Inc.

Graduate Warren Foley is an instructor and manager of an agency also.

Mishel said there are only a few college level travel career programs in a field becoming more and more competitive to enter. Foothill's program was the first college level program in Northern California and the fourth in the country. Mishel says that now several of the local agencies are staffed entirely by Foothill College TC graduates.

The program began with three part-time instructors and eight evening courses. Today the program is one of the largest on Campus with an enrollment of 569 students in the 14 courses that are offered days and evenings. Students commute from as far as Monterey to attend Foothill's program.

This expansion is a result of both the growth of the travel industry, which is reputed to be the largest industry in the world, and the increasing knowledge required.

Mishel said that travel careers is primarily a sales and service field. Travel agents need to have a broad knowledge of geography and of tourist attractions all over the world, as well as how to make out tickets and make reservations.

Hack agrees. "There's a public image that this work doesn't require college grads. However, agents are dealing with a sophisticated clientele. We have a lot of detail work, pressure and quick turn arounds. I need bright people with a broad education."

## Be sure you want to buy

BERKELEY-Door-to-door salespeople can provide you with the comfort and convenience of shopping in your own home.

But heavy sales pressure, false promises and flattery, and the double talk of some salespeople can lead to problems, cautions a University of California Cooperative Extension specialist.

Before the doorbell rings, arm yourself with will power, advises Karen Schnittgrund, consumer economics/management specialist at the University of California, Riverside.
Take your time and make sure you really want to make a purchase. If you do decide to buy, only sign a contract which contains a "notice of cancellation" clause, all terms of payment clearly spelled out, all blanks filled in, the seller's address and the correct date of sale
The Federal Trade Commission's "cooling off" rule states that on door-to-door sales of $\$ 25$ or more, you have the right to cancel most contracts (real estate and insurance sales are exceptions) within three days.

The rule also requires the salesperson to tell you of this right to
cancel your sale. You do not have to give a reason for canceling your order. Under the law, it is your right to change your mind.

If you cancel a door-to-door sale, return the cancellation form by registered mail. Then you will have a receipt and proof of cancellation. Once you cancel the order, the seller has 10 days to refund all of your money.

Within this time the salesperson must also cancel and return any papers you signed, tell you whether any product left with you will be picked up and return any trade-in you made.

Within 20 days of your cancellation the seller is obligated to pick up the merchandise or pay return shipping expenses to have the item returned. If the seller fails to do this, you may keep the merchandise
-Suzanne Clark
(415) 644-4344

## WRITER/EDITOR

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## POLICE BLOTTER

## By SANDRA TREJO

MONDAY, Feb. 25, 1985
8:02 a.m. Property claimed. Beth Chicoine retrieved her sweater at desk. Desk relieved property.
7:02 p.m. Possible sighting of sex offender was reported by a staff member at lot C. Report was taken by Officer Frey.
9:45 p.m. Disturbance. Threats were reported by student at lot D and library. No report was taken by Officer Frey.

TUESDAY, Feb. 26
$10: 24$ a.m. Motorist assisted. Maureen Locke reported vehicle lockout at lot A. Officer Hawke assisted.
1:41 p.m. Disturbance. Threats/ challenge to fight was reported by citizen at D-wing bus stop. Information card was filed.

## Show of talent

Foothill students and staff members are encouraged to compete in the Winter Quarter Talent Show beginning March 12. First through sixth place finishers will compete for $\$ 250$ in cash prizes.

Preliminary competitions will be held in the cafeteria at noon, March 12, 14 and 19 and finals competition will take place on March 21. Rules and applications can be obtained from the Student Activities office in the Campus Center.

11:10 a.m. Found property. Bob Wil found prescription glasses at pond. Desk report taken.

6:15 p.m. A verbal disturbance was observed by Officer Cross in lot B. No report was taken.

WEDNESDAY, Feb. 27
9:33 a.m. Petty theft. Vince Dorn reported student permit stolen at lot C. Desk report was taken.
$11: 28$ a.m. Motorist assisted. John Bagley reported vehicle lockout at lot C. Officer Hawke assisted.

5:45 p.m. Vehicle blocking fire lane at Campus Center, near C-31 ramp was reported by staff member. Vehicle was removed. Report was taken by Officer Cross.

THURSDAY, Feb. 28
8:10 a.m. Vehicle accident. Property damage only, near Perimeter at Moody Road. Report was taken by Officer Hawke.

9:24 a.m. Found property. Stuart Roe retrieved glasses at desk. Desk released property.

11:55 a.m. Distrubance was reported by Dean Charles at Toyon Room. Report taken by Officer Hawke.


FRIDAY, March 1
9:45 a.m. Petty theft. Paul Chanteloup reported wallet stolen. Desk report was taken.

SATURDAY, March 2
5:17 p.m. Disturbance. Juveniles on vehicle were observed by Officer Ferrari at Footbridge. No report was taken.
7:38 p.m. Suspicious activity was observed by Officer Ferrari at men's locker room. No report was taken.

SUNDAY, March 3 12:55 p.m. Disturbance. Verbal fight was observed by Officer Gaban at North of A61. Information card was filed.



DANIEL A. GOODWIN
I'm interested in being a Senator for the students of Foothill College because I believe I can be a great help in the decision making of the students' government. I have many friends currently at Foothill and, fortunately, they are not all in the same group. This will give me the ability to reach most of the ideas and feelings that our student body has and to voice them in our government. By being elected, I hope to make this work.


Foothill College has given me a lot this year. I have found that it is a community truly dedicated to helping students. I am running for ASFC because I want to contribute to, rather than just benefit from the Foothill community.

Photos by Flavia Raddavero


## STANLEY LAM

The greatest concern for the ASFC senate should be student awareness. Without student support, the council is virtually powerless. If elected, I will strive to keep students informed and encourage their individual participation. A great school needs strong representatives. Start by going down to the polls on March 12 and 13 and vote for the candidate who is willing to do something for you. Mah Alo!


## FAYE STACY

Foothill is a great community college! I am proud to run for Senator in the upcoming ASFC election and ask for your vote and support. A member of the Honors Program and Secretary of Alpha Gamma Sigma, I feel I have quality experience, dedication and effective leadership to offer the students at Foothill. Please vote for me!


## MIKE SEVERNS

As Senator, I feel that I could offer a lot to Foothill College students. I have always enjoyed working with other people in an openminded fashion. I feel student input is a primary source for a successful government. As Senator, I will respect all points of view and will respond with my greatest ability on every issue. In my five quarters here at Foothill, I have grown to appreciate the ASFC for its truly fine work and would like to contribute to its future success.

## ASFC

By KENNARD GRAY
The ASFC elections for the four senatorial positions open this spring have been postponed from March 4 and 5 to Tuesday and Wednesday, March 12 and 13.

Reasons for the postponement, according to Elections Commissioner Allison Good, include allowing greater time for campaigning, incorporating a student poll of other major issues, as well as encouraging greater student turnout.

## Vote ASFC

Good said, "Rather than have the elections pass by without a whimper, it's in the best interest of everyone to have them when they are."


## RANDI McHARGUE (Incumbent)

For the past two quarters, I have had the privilege of serving as a senator in the Associated Students of Foothill College. I believe I have done a good job, but feel there is always room for improvement. Currently, I am working on a committee to raise funds for an elevator for our disabled students here on campus. I would like to continue serving Foothill College through your support.


## EUGENE MILLER

I feel that for anyone to be elected they must have leadership I exemplify that leadership. I also feel that students should have a voice, including disabled students. If I am elected, I hope to bring out the best in me. I hope that you will vote for Eugene Miller as Senator on March 12 and/or 13

The postponing of the elections has allowed the Council to add a student poll on three major issues of importance, according to Good. The questions concern President Reagan's proposed student aid cuts, ideas on events for the upcoming Community Festival in May and what student government can do for students.
"It is evident that if Reagan's proposed aid cuts are passed, many Foothill students will be directly affected in the future," said Good. "So, by conducting a survey question on whether students favor or oppose thses cuts, we hope to gain access to how students really feel, as well as raise the awareness of those who might not know how the outcome of these cuts could effect their future education."

The Council also desires input on possible good events for the May 11 Community Festival. The festival is a yearly event held every May in which thousands of students, faculty and members of the community gather at Foothill to observe and take part in a multitude of activities. It also helps raise money for school and local clubs.

According to Good, last year's festival was immensely successful and featured a breakdancing contest as the main event. "However, we're not sure if that would be as successful this year with fads as fickle as they are," she said. "So, what's hot?"

One of the proposed ideas so far is a battle of the high school bands. "But we want and need more input from the students," Good said.

## Doll festival celebrated

By SANDRA SHAFER
The Japanese Dolls' Festival, Ohinamatsuri, was celebrated at Foothill's Japanese Cultural Center on Wednesday, March 6.

The Dolls' Festival dates back to ancient times when replicas of dolls were used in religious ceremonies by adults. Later, when smallpox swept Japan around the 8th century, the people who survived were left with pock-marked faces. This disfiguation was especially calamitous for the girls, so people began making humanshaped straw figured in order to draw the evil spirits away from themselves.

Later, dolls made of mud and other materials were placed on shelves and offered wine and sweets. This custom gradually became play for girls of the nobility who dressed the dolls in court uniforms and placed them on shelves along with furniture and utensils.

Today, girls display these ceremonial dolls, which are often handed down from generation to generation, in the best room of their home during the month of March. The girls and their friends gather before the display and practice rules of etiquette.

Generally, there are 15 dolls elegantly dressed in 11 th century costumes. The most important dolls in a set are the emperor and the empress who are attended by their ministers, other digniaries, court ladies and musicians.

The Foothill celebration included a Japanese lunch, a talk on the historical background of the festival, a doll-making demonstration, and a display of the traditional set of dolls which included
the emperor, the empress and their retinue, all arranged in hierarchical fashion on a tiered stand.



Clarence Williams and Sherman Davis prepare to hand-off the baton during track relay practice


Andrew Parker and Robert Saunders pass the baton.
Photo by Guiliermo Range

Lisa Hollingsworth pitches against Cabrillo College, Tuesday, Feb. 26.
Foothill won the scrimmage game 12-1.
The softball team will
play against Hartnell
College at Foothill, 3 p.m.
Thursday, March 7, and
Chabot College at 3 p.m.
Tuesday, March 12.


Photo by Flavia Raddavero

## Sports roundup

## Women's tennis team

The Foothill women's tennis team experienced a slow week last week when they lost a match and a tournament.

On Tuesday, Feb. 26, the team was defeated by Chabot College in Hayward, 0-9.

## Men's baseball

After losing their two remaining exhibition games to Mission College (7-2), and Ohlone College (5-1), the Foothill baseball team began regular season play on March 5, at home against San Jose City College

The Owls' (0-6) pre-season record was plagued by a 240 team batting average and a 6.10 ERA pitching average. "We need overall improvement," said Coach Al Talboy, who has coached baseball at Foothill for the past 18 years. "We were averaging three errors a game."

There were some bright spots in the Owls' pre-season play. Infielder Glenn Simms boasted a .357 batting average, while Bill Pearson, Dave Johnson and Dan Marty all held .333 averages. Johnson also held a 0.00 ERA pitching average through five and two-thirds innings.

The Owls, who are in the Golden Gate Conference, held a 12-22 record overall last year, moving up two notches in the league standings from the year before.

## Men's tennis

The Foothill men's tennis team routed UC Davis 7-2 during a practice match in Davis, March 3.

Individual scores are: Marcello Tella 6-1, 7-5; Kelly Kemer 7-6, 6-1; Layne Lyssy 6-3, 6-3; Robert Green 6-1, 6-1. Nelson Banes lost 1-6, 7-6, 6-4, and Sylvano Simone lost 6-1, 64. Tella and Lyssy won their doubles sets 6-3, 7-6; Kerner and Green won $6 \cdot 3,2-6,6-2$; Banes and Simone won 7-6, 6-2.

The team shut out Chabot College $9-0$ in the team's first conference match this season. Scores are Tell 6-3, 6-3; Kerner 6-0, 6-1; Lyssy 6-1, 6-2; Green 6-3, 6-0 Schultz 6-0, 6-0; and Simone 6-1 $6-0$. In doubles competition Tella and Lyssy won $6-1,6-0$; Kerne and Green 6-2, 6-0; Schultz and Simone 6-1, 6-1.

The team will play a conference match against Diablo Valley College at 2:30 p.m. March 8, practice at San Jose State at 2 p.m. March 12, and a practice game at home against the University of San Francisco at 2 p.m., March 14

## PREGNANCY HOTLINE

Information \& Referral
(415) 363 - CARE
(408) 297 - CARE

Friday, March 1, the team spent
Friday, March 1, the team spent the entire day in a tournament, first playing Santa Rosa and then Ameri can River. They lost to American River a close 5-4. Suzy Walsh, who played No. 1, won 6-4, 6-1. The No. 2 player, Christy Miller, won $4-6,6-4,6-1$. The No. 4 player Kirsten Starr, won 6-4, 6-4. In doubles, the No. 1 doubles players, Walsh and Miller, won 6-1, 6-1

In the afternoon of the tourna ment, Foothill came up against American River and due to rain they only played singles, in which Foothill was defeated.
"American River has a strong team and they are strong all down the ladder," commented Coach Jeanne Tweed. "We used a little different line up last week, but we're coming along and improving.'

Susan Reginbal, the No. 2 player for the team, could not play during the two matches due to tendonitis in her shoulder.

Next week the team will meet Menlo College at Foothill on Tuesday and then Diablo Valley on Thursday, also at Foothill, in a conference match.

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## LORRAINE WHEALAN

(Nursing):
I would Jellow wrestle in a purple bikini with Mr. T.


AXCEL DELABEAUMELLE (Engineering):

I would pose for Playgirl.

By IAN HUMBERT

## WORKSHOP

RELATIONSHIPS IN THE 805 Licensed family counselors will lead 25 workshops on skills to improve individual and family relationships during "Change: Conference on Relationship Issues of the 80 s ," at Foothill College from $8: 30$ a.m. to 4 p.m., Saturday, March 9. Fee: $\$ 35$. Information available from Foothill Interchange Office, 948-7527.

## CLASSIFIED

The Foothill SENTINEL runs free classified ads for students holding a
current Owl Card. Ads will run for two weeks initially.
Bring ads to the SENTINEL effice (M-24) on Mondays from $1: 30$ to 2 p.m. Extension requests must be made at this same time.
Ads are 25 words or less; the first name and telephone number must be included; content of ads is subject to SENTINEL approval.
-SKI BOOTS: Salomon S×91, size 320 , Olin MKV 175 skis w/Salomon 727 equipes. "The Ski" 185 s w/Tyrolias. Top of the line equipment! Chris, 968 8570.
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-84 MERCEDES BNZ 230 E 8ilver Medes BNZ 230 E, silver, sunroof, stereo, tape at only 5,000 miles, $\$ 19,725$. Bob at $415 / 325-8749$, evenings.
-ALPINE CAR stereo No. 7347 , digital $A M / F M$, tape deck, Dolby b/c DBX. List $\$ 600$. Ask $\$ 350$ or b/o. Ed, 948-8 32 , $\times 806$

## lectures

HEALTH-
The Health Services at Foothill will present "Facts and Fiction of Herpes/Abortions," in the Ad ministrative Conference Room, Ad ministration Building, from noon to 1 p.m., Monday, March 11. Information: 948.8590
A JAPANESE EXPERIENCE-
Foothill student June Wilson will discuss her visit to Japan as a recipient of Foothill College's Japa nese Study Experience Scholarship at Foothill College Library 8, from $1: 30$ to $2: 30$ p.m. on Tuesday, March 12. Admission is free. Information: 9488590 , x3 49.

## International Study

## U.S. Is Most Violent Society

SANTA CRUZ-Compared to other countries, the United States is, by far, the most lethal society in the industrialized world, says University of Califomia, Santa Cruz Sociologist Dane Archer.
Archer's statement is based on the first comprehensive research ever done on criminal violence on a longterm, international scale
He undertook the project with Rosemary Gartner, one of his former undergraduate students at UCSC, who is now completing her Ph.D. in sociology

It took the researchers more than 10 years to obtain and collate statistics from 1900 through the early 1970s on assault. murder, rape, robbery and theft in 110 countries and 47 major international cities.
They computerized their data and set up what they call the Comparative Crime Data File (CCDF)

The CCDF, in turn, became the keystone of their new book, Violence \& Crime in Cross-National Perspective, published by the Yale University Press.
In their book, Archer and Gartner use the CCDF to test several hypotheses about the effects of the death penalty, wars and urban life on rates of violent crime.

For example, people who favor the death penalty argue that it is a deterrent to capital offenses-the more harsh the punishment, the less likely such crimes will be committed
If that is true, it follows that the abolition of capital punishment would trigger increases in homicide rates

To test this deterrence theory. Archer and Gartner studied CCDF statistics abolished. the south.
the Alaska Native Heritage Film Project, at noon, Firday, March 8. Open to the public free of charge. Information: 497-1293.

## SANJURO-

The Foothill College Japanese Culture Club presents "Sanjuro," (1962), a film directed by Akira Kurosawa, at 7:30 p.m, Friday March 8, in the Forum Building, Room 12. Information: 948.8590 , $\times 302$.

## MUSIC

PHILHARMONIC OF LONDON-
The Royal Philharmonic Orches
tra of London, conducted by

Yehudi Menhuin, will perform at Flint Center at 8 p.m., Friday, March 8 in a benefit concert for Alexian Brothers Hospital. Tickets $\$ 18 / \$ 20 / \$ 22$ at Flint Center Box Office, 408/257-9555.

## LOS ALTOS HIGH SCHOOL

SYMPHONIC BAND-
Los Altos High School Symphonic Band and guest artist Miles Anderson, trombonist from Los Angeles, will perform at the Foot hill College Theatre at 8 p.m., Wed nesday, March 13. Tickets: $\$ 4$ gen eral $/ \$ 3$ students and seniors through Foothill Box Office. Information 948-4444 from 11 a.m. to $1: 30$ p.m. Mondays through Thursdays.
on 14 countries and capital cities where capital punishment had been
They compared the homicide rates in their cross-national sample before and after abolition for periods of one and five years and for the longest feasible intervals for which homicide data were available

They found that homicide rates in their cross-national sample more often than not showed actual decreases after abolition, rather than the increases predicted by deterrence theory
Applying the CCDF to the effects of wars on violent crime rates, the researchers analyzed the homicide rates of 50 "nation-wars."

They tested seven theoretical models on the possible effects of wars on domestic violence and found that several of the theories were either not confirmed by evidence on postwar changes or were insufficient to explain the changes.

Contrary to the "social solidarity model," which suggests a wartime decrease in domestic homicide and a postwar return to normal levels for example, they found that postwar homicide increases occur consistently

Further, the sociologists found that "The increases were pervasive and occurred after both large and small wars
"Postwar increases," they say, "were most frequent among nations with large numbers of combat deaths

Another item on the list might well be: if you live in America, choose a small town, rather than a city or a suburban or rural area, and avoid

In most countries of the world, says Archer, urban homicide rates are higher than rural homicide rates, and, in the U.S., rural and suburban rates are slightly higher than those of small towns

