

Flooding from the recent storm caused mass confusion for motorists on Bollinger Road last Tuesday.

Students enroute to De Anza were delayed by cautious motorists slowly making their way through the quickly rising

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"THE VOICE OF DE ANZA"

## Fund set up for DAC student

A fund has been established to aid a 22-year-old De Anza College student who recently had his leg severed in a motor-cycle-automobile accident.

Ron Lamica of Cupertino was injured Jan. 20 when an automobile hit him while he was riding his motorcycle. His leg was severed and had to be amputated above the knee.

He had to drop out for the winter quarter because of the accident, but plans to return for
the spring quarter, according to Stan Randol, De Anza machine tool technology instructor. He has only three more classes to complete.

The Lamica fund has been established at Home Savings and Loan Assn., 20573 Stevens Creek Boulevard, Cupertino. Checks should be made payable to Home Savings and may be deposited there or sent to Randol or Peggy Shoehair of the District Office of Technical Education.

## Last day to drop

Today is the last day students can drop classes without penalty.

Students who signed up for classes and did not attend the first day must still fill out a drop card and have it signed by the instructor. Failure to do so may result in an NC grade for the class.

## No issue next week

There will be no Feb. 17 issue of La Voz due to the holiday, however there will be an issue on Feb. 24.


Constitational elections took place this week with polls set up in the Campus Center and pool area. Rennee Eros, secretary for ASDAC and Sandy Argabrite, representative at-large explain the issues to voter Bobbi

Photo by Anne Knudson

## Bradford.

Voting took place on Tuesday and Wednesday of this week, but the results were not available at press time.

# Editorial Editor selection need not change 

La Voz has come under criticism for various reasons in the past, but one recurring criticism involves our method of selection for Editor-in-Chief of the newspaper.

There are those on campus who feel that there should be a campus-wide election for the post of editor. There are others who think the administration should have more say in the selection process.

LA VOZ FEELS that these methods of selection would result in nothing more than a popularity contest, with the possibility of a person being selected who knows little or nothing about journalism or the production of a newspaper.

Traditionally, the La Voz editor has been chosen by a selection committee made up of the newspaper adviser, an outside professional and the former editor.

We feel that this is the most fair and effective method for selecting an editor, since these persons are best qualified to recognize the qualities necessary for the job.

THIS WEEK the selection committee met to decide on the new Editor-in-Chief, and we are happy to announce that La Voz is now in the capable hands of Louise Stern.

La Voz believes that Stern is competent and ready to take on the responsibilities that come with the job.

We wish her the best of luck in her new endeavor and feel certain that La Voz will benefit from her involvement.



## Uncle Ricky's VALENTINES an avant-carde



A VALENTINE FOR MY ADVISER,BETSE..


FIRST, HERRTS AND FLOWERS AND HELLO TO LA VOZ'S NEW EOITOR....


# Letters to the editor... 

## End of era unnoticed by students

## Editor:

On Tuesday, Jan. 31, 1978, there occured an event which marked the end of an era.

That this event went virtually unnoticed by the majority of students on this campus is, to me, a tragedy. Had they known about it, I feel sure they would have made an effort to make known their feelings on this subject.

It is said "He leads who is best suited to lead," and, "a prophet is always unknown in his own land."

These cliches could never be more aptly applied than to the man who, through his actions up to and including that Tuesday, helped bring about this change, which will be felt in all of its ramifications by all of us, though most may know it not.

I feel that I cannot allow this
"leader," to go unrecognized any longer. We should all unite in saying to him: "Keep up the good work, Armand Souza!'

Name withheld by request

## Editors note:

I think all of our readers would be interested in knowing what this commendable event was that took place last Tuesday.

## Briski: new CESDAC president Editor:

An open letter to the campus community.

At the last CESDAC meeting of Jan 31, I was appointed interim president.

My immediate goals are to inform evening students of the impending elections. Also, CESDAC would like to attain feedback on student opinion concerning
evening child care.
Most importantly however, I would like to sustain an effective working relationship with all the students and staff.

I am sure that the remaining portion of the year will be a rewarding one.

Frank Briski

## 'Voz needs

K.L.'s name

Editor's note;

La Voz recelved an interesting letter this week regarding the price of milk in the cafeteria. Unfortunately, the writer declined to sign the letter, so we were unable to run it.

So, K.L., whoever you are, if you would care to Identify yourself, we'll be happy to run your letter.
-. AND I FEEL RELAXED ANO COMFORTAOLE WITN OUR RELATIONSNIP!


ASDAC director of finance Hugh Dunn and president Armand Souza confer at the CCSGA meeting.

## CCCSGA task force seeks additional ideas

Virtually everyone present had the opportunity to speak up and voice his or her concerns in the Area VI meeting of California Community College Student Government Association (CCCSGA) held Saturday at De Anza.

Some 50 representatives of nine colleges attended the monthly meeting. Several reported that they are currently re-writing their constitutions and finding it a difficult job.

AREA VI HAS recently formed a task force to "travel around" to the various colleges meeting with students, administrators and faculty members to give advice and suggestions on this and other problems they may face from the vantage point of "those who've been through it," Area VI President Charlie Ridgell said

In some cases student government has broken down completely and CCCSGA helps to re-establish it. In this regard, Jan Maltby of Foothill College said that theirs "is a barely adequate structure," and strongly suggested a brain storming session on what makes student government work and what doesn't. "We don't want to export inadequate systems," she emphasized

Former CESDAC president Murray Jones, who identified himself as "a night student," said, "We have resolved the problem we had here.

REFERRING TO the yearlong effort toward a student
Thursday is
WAR GAME
at the
GAE AELE
7:30 P.M.
GAME FEE 75 cents
296 E. Campbell Ave.
Campbell 866-8606
Tues-Sun. $11-9$ P.M., Thurs. Fri
til midnight, closed Mon.

Thursday is
WAR GAME E ABLE :30 P.M.
GAME FEE 75 cents
296 E. Campbell Ave. Campbell 866-8606 midnight, closed Mon
would have combined the day and evening councils, he said, "The day students wanted it; the night students did not want it; night student government didn't want it. It was sort of a civil war.'

Cabrillo College has an exchange program with West Valley to honor each other's student body cards and are working on "the same deal" with Foothill and De Anza, its representative reported.

Gavilan is sponsoring a legislative intern working in Assemblywoman Leona Egeland's office. It has also received national recognition of its re-entry program, one of six in the state

ESTABLISHMENT OF "special projects in political leadership" with transferable credit was suggested as a means to get more students involved in student government
"It can be done, but the way it's worded makes all the difference," according to Demitra Georgas, associate dean of student affairs, Foothill College.

Grade point and drop policies and student grievance procedures were among other concerns under study. Establishing a book exchange, the disappearance of clubs from a campus, and how to make food service best serve students' needs also commanded attention.

RIDGELL OF West Valley questioned DAC Director of Food

Services Klaus Dehn on tha issue. Dehn pointed out basic differences in the systems-West Valley is served by a contractor and De Anza runs its own.

I'm not sure West Valley could afford our system," Dehn said. "De Anza went in the hole $\$ 436,000$ in seven years. When I saw the books a year ago, West Valley was not making money.

As for us here, come back in June at the end of our fiscal year, and we can tell you more.'

Those present had the opportunity of judging the quality of Dehn's work as he and his crew served a lunch of salad with shrimp, steak, browned potatoes, eggplant parmesan, a cherry and pudding dessert and coffee, tea or milk. The delegates each paid $\$ 1$ with the rest of the cost borne by ASDAC from the president's and travel funds.

ASDAC Director of Finance Hugh Dunn was recommended for a spot on the financial commit tee of the State Board of CCCSGA.The Area VI legislative chairman described him as "intelligent, articulate, in charge of the highest budget in the state and handling it really well.'

## RELIABLE STUDENT

needed for llght housekeeping for bachelor apartment. 3 hrs. weok; you choose the day. $\$ 3 \mathrm{hr}$. Glenbrook Apts. across from De Anza.
Ph. 252-2487.

## BACEC

The student placement service that pays you with units for taking a paid co-op jobl

Apply at
Work Experience Education Seminar Building, Room 7a, 996-4552

## Parking benefits could be costly

If Director of Campus Security Joe Kimble gets his way, parking stickers may cost 50 cents beginning next year.

The required parking registration decals, presently available at no cost from the Campus Security office, cost 30 cents to make, according to Kimble. The extra 20 cents, said Kimble, "would go directly to the DAC general fund, if the Campus Security Advisory Board approves the proposal.'

THE STICKERS have two principal purposes. Kimble explained. "First," he said, " it provides Campus Security with a fast and efficient method for identifying vehicles' owners in the case of anything going wrong, such as vandalism. Second, it serves the school as a means of regulating the use of the parking area, to keep out loiterers and non-students, and to help keep the fire lanes and handicapped areas accessible.

In spite of a written stipulation that all cars without stickers are to be warned and eventually cited, Kimble maintained that the rule is only loosely enforced
"We don't have an adequate notification system," he said, referring to letting new students know that stickers are required. "We hope to set up a table at registration in the future. Once that is established, any non-registered vehicle owners who have been repeatedly warned will be fined $\$ 2$."

Many student security people ignore non-registered cars completely. Said student Jeff Fitzwater, "The ticketing policies are open to staff discretion. I don't bother to warn students whose cars don't have stickers." And
reflecting Kimble's assertion that "for every citation we issue five warnings," Fitzwater said, "l won't cite a person unless he's in the handicapped areas.

There are those on the student security staff who do regularly cite for other infractions, such as students parking in staff areas, which are closed to non-staff members until after $8 \mathrm{p} . \mathrm{m}$. or on Fridays and weekends.
"WE'RE GETTING a considerable amount of pressure from faculty members and staff to keep. students out of their lots," admitted Office Manager Maureen Frink. "So far, all of the complaints have been on an informal basis. Memos seem to take too much time for them.

Students who receive a $\$ 2$ parking citation from Campus Security have 14 days to pay or file written appeal, usually receiving a waiver or rejection of the appeal within a few weeks. If the student refuses to pay the citation, his records, grades and transcripts can be withheld by the office of the registrar until payment is made.

In reply to the rumor that security staffers have ticketing quotas to meet, Kimble said, "There are absolutely no written or verbal instructions relating to quotas, either for warnings or citations."

HE STRESSED that handicapped areas, fire lanes. and motorcycle areas are closely regulated.

In reference to the parking situation at De Anza as a whole, Kimble said, "There is a great need for a master parking plan, which to my knowledge, doesn't exist at present.

## HEARTS \& FLOWERS

## Send Your Valentine The FTD LoveBundle ${ }^{\oplus}$ Bouquet.

A spray of sparkling hearts in a colorful bouquet. Your FTD Florist can send one almost anywhere by wire, the FTD way. Order early. (Most FTD Florists accept major credit cards.)


Those FTD Florists Really Get Around.
*As an independent businessman, each FTD Member Florist sets his own prices.

## 4-La Voz, Friday, February 10, 1978

## 'I Do, I Do' entertains lunchers

By JOAN GIELOW

The story of a marriage and how it survived the inevitable tribulations and crisis that any union of 35 years will encounter, was presented, with a good deal of gentle humor and pathos, at Lunchtime Theater last Friday.

George Willey and Helen Yuill portrayed the married pair, in "I Do, 1 Do," which was adapted from "The Four Poster." Yuill also directed. Jean Ehret accompanied on the piano. The performance will be repeated Feb. 17 at 12:30.

THE PLAY TOUCHES on a number of themes that are probably common to most marriages. Alternating between singing and speaking, Willey and Yuill, as Michael and Agnes, describe emotions that range from the romance-filled optimism of a new marriage, to wondering whether they'll survive, with their sanity intact, until their children grow up.

Problems of diverging interests (Michael with his writing, Agnes concentrating on the house and children); sniping at each other about irritating little habits; the wife's jealousy over the husband's career success and her doubts about her own value as a housewife, are all important themes.

The fact that this marriage spans the years between 1890 and 1925 , years that many of us cannot directly identify with, does not detract at all from its relevancy to today's concerns. When her last child marries and she realizes that motherhood is over for her, Agnes tells Michael, "This is the first day of Lizzie's marriage and the last day of ours. Today, I stopped being a mother. Maybe in a few years I'll stop being a woman." And in one additional sentence, she sums up many women's dilemma when she adds. "I can't die behind the stove like a domestic animal."

SERIOUS MOMENTS like these contrasted pleasantly with more light-hearted ones. The lists of irritating habits (which each had written privately and then gleefully presented to the other) was done in a humorous vein.

After regaling each other with these "lovingly prepared" lists, they admit that their love has greatly deepened in the five years since they married, and they sing the poignant "My Cup Runneth Over With Love."

Child-rearing problems come under scrutiny, too. When Michael and Agnes think they have found a bottle of bourbon in their son's drawer, they're understandably upset. Agnes suggests a cup of tea to soothe their jangled nerves, but Michael chides her for this, saying she always suggests tea in a crisis. What they really need, he says, is a shot of the bourbon.


252-4300
10700 S. De Anza Blvd.


Photo by Joan Gielow
Agnes (Helen Yuill) and Michael (George Willey) delightedly recount the other person's Imperfections, In "I Do, I Do."

## Sax master Phil Woods inspires DAC jazz clinic <br> artistic integrity intact. <br> them in their own country.'

## By RICK YAMASHIRO

A jazz clinic was held on Jan. 26 by De Anza's Music Department, featuring master alto saxophonist Phil Woods.

Woods is considered a major voice in the idiom of jazz and has worked through the years with such legendary artists as Benny Goodman, Thelonious Monk, Quincy Jones and Michael Legrand. Woods has also done session work with many pop-rock notables, including Paul Simon, Steely Dan, Phoebe Snow, and most recently, Billy Joel on his hit, "Just the Way You Are." In addition to these credits, Woods also fronts his own quintet.

During his lecture, Woods recounted his struggles as a jazz musician in America. He spoke passionately of his art with the conviction of one who has run the gauntlet of obstacles and critics, and emerged from them with
"I wasn't originally interested in music as a lifestyle," he told his audience, "until I inherited a saxophone from an uncle when I was twelve."

Woods later went on to attend Juilliard, where he studied composition, clarinet, and was accused of being a junkie by one of his instructors simply because of his interest in jazz.

Among some of his earliest musical influences were Johnny Hodges, Benny Carter, and of course, the prodigious Charlie "Bird" Parker. One of his first jobs was with Charlie Barnett's band at the fabled Apollo Theater in Harlem. Woods eventually joined Dizzy Gillespie on international tours sponsored by the U.S. State Department.
"It's funny," commented Woods, "The U.S. sends its jazz musicians throughout the world on goodwill tours but HATES

## DATA PROCESSING-ENGINEERING-MATH-LIFE SCIENCES-PHYSICAL SCIENCES MAJORS

Applications are now being accepted for the year-long Foothill-De Anza/NASA-Ames Work Engagement Program.
Work $20 \mathrm{hrs} /$ week at Ames, for a modest stipend, while
earning your degree.
Candidates must:
Have completed 12 units or more at De Anza or Foothill
Have at least a C+ GPA
Plan to stay one year
Be seeking their first college degree
Obtain a faculty reference
Inquire at the District Office of Technical Education (on the Foothill campus near the tennis courts) or call $948-8590$ ext. 408.

Woods spent five years in Europe because the appreciation and support for jazz artists on that continent was considerably more encouraging.
"But after five successful years in Europe, I decided to return to the states and try to make it in my own country," he stated with more than a tinge of irony in his voice. "Even though being a musician in this country is murder."

Woods attributed his success in the United States to "Luck, being at one place at the right time, and stick-to-it-iveness."

In his advice for aspiring jazz musicians, Woods had a number of profound, thought-provoking words on the matter:
"The greatest challenge for any musician is that of reaching out and touching an audience with the music."

As for schooling, Woods exhorted the audience to "Go to school inside yourself as well. Throw the scale books away and dig into your feelings for the final choice of notes.'
> U.S. births are stlll exceeding the deaths by almost 1.5 million a year. Overpopulation causes energy and other shortages, inflation and high taxes, poll ion, internalonal con als. On Valentine's Day-and alwaysLOVE CAREFULLY!

> Zero Population Growth, San Jose, 296-0943.


The Assortment, De Anzs's dance theater troupe, will debut a new modern jazz plece entitled "Waltz in Three Plus Four' at Canada College's main theater, Saturday, Feb. 11 at 8:15 p.m., and at Vallco Fashion Park Sunday, Feb. 12 at 3 p.m.

## Previews

## Folk ballet goes Slavic <br> The Hungarian Folk Ballet

 and Gypsy Orchestra will perform Friday, Feb. 17, at 8 p.m. in Flint Center.Direct from Budapest, the 45 member musical ensemble is the preeminent folk ballet company of Hungary.

Choreographer of the troupe, whose first company was created more than 20 years ago, is founder-director Istvan Molnar. Molnar, a Merited Artist of the Hungarian People's Republic, has reconstructed the dances of the wandering Romany Gypsies from folklore while recording the present day culture on film and tape.

For the Flint Center performance, he has programmed the Czardas "Slot," a virtuosic dance still seen today in the outlying areas of Hungary

The hard life of the Romany shepherds will be portrayed in dances which incorporate sticks or shepherds' staffs; these not only are in constant use as tools but were also used as weapons in the Middle Ages.

The "Bottle Dance," usually performed at weddings in southern Transylvania, requires women dancers to balance bottles of wine on their heads while footing over and about other bottles placed on the floor.

The Gypsy Orchestra, an integral part of Hungarian life, will be featured in "Recruiting

Dance and Czardas" with clarinet solo; 'Millers' Dance and Ranger's Czardas," a showpiece of Hungarian music featuring the cembalo; and "Hungarian Fantasy" by Franz Liszt.

Tickets are available at the Flint Center Box Office, San Jose Box Office, Peninsula Box Office, Ticketron and major outlets.

## 'Toreadors' play at Flint

The Drama Critic's Circle Award winning play, "The Waltz of the Toreadors" will be presented Feb. 16-18 and Feb. 23-25 at 8:15 p.m. at De Anza's Flint Box Theater.
The comedy, written by Jean Anouilh will be directed by De Anza instructor Ben Kanter. Kanter, who holds an M.A. in acting and an M.F.A. in directing, says he likes "getting creative people to create," and that he enjoys finding interesting ways to express his works.

The play is about a French general who thinks of himself as a fantastic ladies' man but who is in reality both very bitter toward himself and disgusted with the emptiness of all his triumphs, both on the field of battle and in his bedroom.

The production is to be performed by community members and De Anza students. Tickets will be $\$ 1.50$ for the general public and \$1 for students and senior citizens.

## Doc Watson performs

## with unequalled talent

By GREG ABREU

De Anza's Flint Center went country last Friday night when string-picker supreme Doc Wat son appeared with his son Merle and bassist Bobby Kimmel.

Plagued by early problems that persisted throughout the show-a dead amplifier, a quiet microphone, a few insistent heck-lers-Watson opened with a pair of frenzied finger pickin' blues numbers that prompted the KFATened crowd to the traditional whoops and rebel yells that could, as Watson said, "put butterflies in a fellow's belly.

BEFORE THE hollers of the audience died out, Watson fell into a beguiling a capella backwoods spiritual that seemed to whisk his suddenly-hushed listeners off to the squatter shacks of Appalachia. The piece further served to introduce a clear, resonating voice to the audience, a versatile instrument not characteristic of many country or bluegrass singers, untainted by hound-dog twanginess or 18 wheeler growls.

Coaxing his six-string through a series of digital maneuvers that have left lesser guitarists pretzelfingered, Watson relied heavily on blues and bluegrass songs originating primarily from the Twenties and Thirties.

Throughout all of these tunes, the 54 -year-old Watson picked, tugged and tickled his instrument to produce a number of fragile melodic delicacies.

DUE TO THE blown amplifier and inadequate microphone, many of these subtleties were lost to those sitting in the back. This was not too noticeable until son Merle, a superlative guitarist in his own right, took the lead in a particular tune. Next to Doc's plucky licks, Merle's amplified chord manipulations resonated clearly throughout the building.

Massaging the bass on backup was musical veteran Bobby Kim mel, original bass player for the Stone Ponies and a founding father of the L.A. country-folk scene. This performance marks his retirement.

Although well worth the money ( $\$ 5.50$ for a front seat), the show was certainly not perfect. Watson's performance, virtually flawless throughout, fell short of his outstanding potential through its limitations in musical variety.

HE IGNORED the demanding areas of classical and avantegarde jazz, although he is perfectly capable of mesmerizing an audience with the many complicated techniques that those styles require.

With his aesthetically pure
group arrangement, a pleasant departure from the more raucous bands cluttered with squads of fiddles and banjos, he should have shied away from tunes like "Wabash Cannonball" and 'Mama Don't Want No Music Playin' Around Here"-numbers that needed more instruments to produce the impact that those songs have traditionally carried.

Because it was Doc that the crowd wanted to see and hear, he should have taken the amplifier that his son was using and hooked it up to his own instrument. Although his courtesy is to be commended, this weakness of under-amplification became sorely apparent whenever $\mathbf{W}$ atson attempted to drum out some heavy rhythm boogies, movements that failed to reach out and grab the audience.

All in all, the show was excellent. Watson reportedly expressed a fondness for the audience backstage, mentioning an eventual return to Flint Center. In light of the sound difficulties and an occasionally rude but physically well-behaved crowd, such appreciation should be noted, for it shows that Dor Watson is not only a superb performer, but is a true gentleman as well.

## SAVE THE WHALES DANCE

ASDAC IN ASSOCIATION WITH GREENPEACE PRESENTS

## THE GARCIA BROTHERS and occasional rain



Saturday March 4 8:00-12:00

IN THE STUDENT CENTER

## Advance Tickets

 Now AvailableDe Anza-Foothill Students
\$1.50 Advance \$2.00 At The Door General Public
\$2.00 Advance
\$2.50 At The Door

## Winds rip and chip Flint Center's roof, uproot campus trees



One of the many storms that has drenched De Anza in recent weeks.



Last Sunday's storm tore loose these tiles from Flint Center's roof.

# WE'RE EXTENDING OUR AMAZING SALE 



BOOKSTORE

## 10\% OFF ALL CALCULATORS

# Crowd digests mixed 

The medical profession probably won't settle some of the key disputes surrounding nutrition in our lifetime, four of the nation's leading health experts made clear to a searching crowd of 1,600 at Flint Center last Sunday

Though theories on health and disease prevention sell more books than any other subject in this country, speakers in the "Accent on Nutrition" symposium couldn't say for certain whether an "optimum" diet actually exists for all humar beings.
"ALL NEW therapies chal lenge well-established dogma,' concluded Dr. Garry Gordon, founder of the American Academy of Medical Preventics, in wrapping up the unresolved debate.
"Ninety per cent of you have atherosclerosis. Health problems have gone far beyond the hospital environment and all we can do is tell you about the alternatives and let you decide. It's got to be something you can accept and take responsibility for.'

People are afraid of a surge of "quack" doctors, Gordon said, but if "quacking" can live for 20-30 years, "there's usually an element of truth in it. Ego tells part of the story when doctors stick to old beliefs.

GORDON IS $A$ strong advocate of laetrile, the toxic and highly controversial cancer-fighting agent.
"Everything is toxic," he claimed. "We saw 100 people die from aspirin last year-laetrile is half as toxic as aspirin.'
$\overline{\mathrm{D}}$. Paavo Airola, author of


National health expert Carlton Fredericks rejected the existence of an "optimum" diet for 220 million Americans.
the internationally recognized He praised a recent U.S. book, "How to Get Well," does Senate committee report recomnot believe that the individual mending meatless diets of grains, diet depends on individual chem- vegetables and fruits, adding that istry, and in fact, presented his it took "great courage" for

## seminar menu <br> ceptibility of Japanese women to

and colon cancer, Airola said, and cause a dangerous imbalance of calcium because of the high phosphorous content.

The crowd seemed satisfied that Airola offered some kind of answer, until opposition came from another respected research expert.
"I am here to reject any doctrine that lays down for 220 million Americans what they should eat," argued Dr. Carlton Fredericks, author of ten books on nutrition who has broadcast some 40,000 radio shows out of New York City on the subject.
"OUR DIFFERENCES are greater than our similarities," he stated emphatically. "They can spell the difference between life and death.'

Fredericks continued by citing reasons why people should eat meat.
"I don't agree with Airola. The food best for a given species is the food closest to that species. The human liver needs liver-soy is not an equivalent because it's animal protein that makes vegetable protein more efficient."
"We do want estrogen out of our meats," he added, stressing that the half-cent a pound raise in price would be well worth it. Estrogen is a hormone thought to cause cancer when present in large amounts, and is also produced by women and contained in birth control pills.

THERE CAN BE "only one reason." Fredericks said, why Japanese women get one-fifth the breast cancer that American women do. After living in the United States for ten years with pizza and McDonald's, the sus-
breast cancer rises to the American level, he said.

The U.S. minimum daily nutrient requirements (RDA) "is an educated guess based on admittedly insufficient data," Fredericks charged. Making matters worse, RDA is provided by private industry to manufacturers of processed foods, he said. The vitamin C requirement, for instance, was lowered even after found to be an effective cancer-fighting agent.

THE HIGH levels of sugar and the 3000 additives and preservatives in American food helped set off 33 million "classical"' allergy cases last year, according to Dr. S. Marshall Fram, a Long Beach specialist of preventative medicine and allergies.
'Most food allergies don't really exist," he claimed. "Seventy percent of allergies could be completely eliminated once malnutrition is corrected."
"We live in a sea of unbelievable chemicals," he continued, pointing to ice cream flavors made up of ingredients used in lice killer, rubber cement and cleaning agents.

While the health experts left the public unsure of what an "optimum" diet is, or if it exists at all, they seemed to be in agreement with Airola that people have to learn to distinguish between diets that cure diseases and diets that prevent them. Therapeutic diets often don't provide complete nutritioin, Airola warned.

Ranking above nutrition in maintaining health, he added, is exercise and a positive state of mind.

Hurry! Valentine's Day is Tuesday! February 14!

## Send Our FTD

## LoveBundle Bouquet

their textbooks back to the Book store, or who miss the date, have a practical and cheap alterna tive-the book exchange file in the activities office.

The file, established last year by Barbara Grant, Phil Plymale and other ASDAC council mem bers, is available to all day and evening students and covers just about every department on campus, according to Sherry Hernan dez, activities staff assistant.

Students wanting to trade or sell their books directly to othe Cuperino Office Equipment Co.

Typewriter Sales \& Repairs Special Discounts to De Anza Students 257-4270

## 10068 So. De Anza Blvd. <br> Cupertino, Ca. 95014

own version of the "optimum" diet to the Flint crowd. It is meatless, with top priority given to grains, seeds and nuts.
started as an ASDAC project to provide a free service to help fight the expense of textbooks.

The file is available whenever the office is open, and students can come in and check for the names of others willing to swap or sell the needed books.

## Book exchange alleviates pressure of high costs <br> Students not wishing to sell

students simply fill out a card in
the office and file it. Several hundred books are listed in the 66 categories, many in the English and political science area.

The exchange file, although located in the activities office, has no connection with it. It was
senators to battle lobbyist pressures.

OXIDIZED FATS, notably of beef, are a major cause of breast

# La Voz picks new editor-in-chief 

Louise Stern has been selected to succeed Mary Lee as Editor-inChief of La Voz for the remainder of the school year.

Stern was selected from a field of three candidates by a committee composed of Warren Mack, La Voz adviser. Maline Hazel, police reporter for the San Jose News and Mary Lee, who will be stepping down after completing her term.

WORKING ON the Editorial Board is nothing new to Stern, as she has served as both City Editor and Feature Editor as well as writing on the news staff.
-'Following in Mary's (Lee) footsteps is not going to be an easy task." said Stern, "I hope to maintain the degree of professionalism that Mary put into the paper."

As a former member of the photography staff, Stern would 'like to see more creative photographs, as well as a better working relationship between reporters and photographers."
"I WANT to coordinate a unified staff so that everyone gets an idea of the workings of both writing and photography," said


Mary Lee


Louise Stern

Stern.
Stern would like to see the paper cover more community events that concern students and staff.
"I feel that with more involve. ment with the city council and reporting community events, we will better serve our readers.'

Outgoing Editor Mary Lee has mixed emotions about the completion of her term. "I feel that we had an excellent Editorial Board and staff, and without their support it would have been impossible for us to put together a paper of high quality. The one thing I won't miss is the late night paste-ups.
"LOOKING BACK on my term as editor," said Lee, "I've learned a great deal about people. responsibility and assertiveness.'
"The experience of being Editor-in-Chief isn't something that can be easily expressed," Lee said. "It's something you have to go through to appreciate."

Lee, who will attend San Jose State in the fall, majoring in journalism, plans to stay on the staff through the spring quarter.

## Processing a problem

Problems of priorities in data processing is of "primary concern" according to Jim MacDon ald, faculty senate president.

A "real problem for faculty," said MacDonald, is that they do


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not receive their permanent roll books until the fifth week of the quarter.

Processing students' grades is also a concern according to MacDonald since they do not receive them until three weeks after they are turned in by instructors.

MacDonald said the senate recommended that grade books be received by the third week of the quarter and student grades be
mailed no later than one week after finals.

Dean of Student Services, Don Perata commented, "The processing of grades is part of the Data Processing overload."
"When this is solved, the problem of getting the grades out will be solved." said Perata, "We're several weeks late on all D.P. production. This includes state reports. grades and grade books."

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## ASDAC extends

 terms of officersASDAC's present members could remain in office until March 31 of this year.

At the Feb. 3 council meeting, ASDAC's House of Representatives passed a resolution to "extend the terms of president, officers, and representatives until the representative elections can be held but no later than March 30. Representative elections are to be held as soon after the Constitutional Ratification vote, (Feb. 8 and 9) as possible.'

THE DATE OF March 30 was arbitrarily chosen after an earlier resolution that did not contain a specific limit to the council's new term was rejected as "too vague."

This is the second consecutive time ASDAC has voted to extend their term of office.

A heated argument, led by Ken Bauer, preceded the presentation of a resolution that ASDAC sponsor a science-fiction film by the De Anza Film Guild. The Guild had previously approached sources like the Department of
the Interior for the funding of this project, and a spokesman for the guild stressed that ASDAC was a "last resort" for the group.

OPPOSITION WAS RAISED because the present council can only appropriate a small portion of the funds needed for the film and can't guarantee the remainder of the money.
"There's a major apathy problem here at De Anza," said Bauer, "and if we defeat this, we bring upon ourselves the apathy problem.'

A resolution giving $\$ 357$ of a total $\$ 2,395$ to the Film Guild was passed along with a recommendation that future councils appropriate the remainder of their money. A clause giving ASDAC ownership and release rights to the film was omitted.

ASDAC President Armand Souza reported that the Campus Security Council is considering converting more of the parking spaces in " C " lot into spaces for the handicapped.

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for river kayaking in warmer seasons on the Stanislaus or Hetch-Hetchy rivers.


Greg Carter [left] winner of last quarter's table tennis tournament, slams one against Rondex, winning 21-12.


Richard Hershey jumps for the dunk.

Photo page by Ernest Tramil

De Anza's popular Co-Rec activities continues to draw an increasing number of students, with virtually all facilities and equipment available for individual and team use. The program is headed by Chuck Dougherty, Co-Rec and Intramurals Department, and is in full operation for students on Tuesday nights from 7 to 10 and Fridays from 9 a.m. to 2 p.m. For non-students and families, the facilities are open each Sunday, 9 a.m. to 4 p.m., with a 50 -cent admission fee. Dougherty welcomes questions and requests for more information; his number is 996-4645.


Hit or miss-'iwas a good pose.

## Crash victim defies odds

# Crampton starts new upcourt drive 

## By LORI GILBERT

If you passed her on campus, you'd probably think she's no different than any other of De Anza's 9,000 -plus day studentsexcept maybe a little taller. But Cyd Crampton is different!

Seven months ago, her promising basketball career seemingly came to a halt in a grinding automobile wreck in Los Angeles. Defying all odds and doctors' prognosis of her broken neck and broken legs, today she's walking without the help of crutch or cane.

THIS IS Crampton's first quarter at De Anza although she originally planned to play on De Anza's women's basketball team two years ago, after graduating from Monta Vista.

Unfortunately for the Dons, she was offered a scholarship to UCLA, and she headed south to join the Bruins. The July 4 accident halted her basketball days at UCLA, but only temporarily, as she has no intentions of being permanently sidelined.

June is the target date for Crampton, as far as returning to the court. She says she has to be realistic, but she hopes to be running by June, and hopefully, will be able to play summer league basketball before trying out for the UCLA squad next fall.

## "IT HAS BEEN murder to

 watch them play this season," said Crampton. "Every time I see them, I want to be out there playing too. It's good for me to watch them, though, because it reinforces the fact that this is my goal. There is no easy way back. but I know I want it bad enough to work for it."Last summer, Crampton hoped to play league ball, but three days before her first game, the devastating accident occurred.

In a split second, she went from her best physical condition
ever, to being an invalid, confined to a hospital bed. Broken was the sixth cervical vertabrae in her neck and both femur (thigh) bones.

Crampton is lucky to be alive. She knows it. She explained that a person who breaks a femur has a 50 percent chance of surviving. Some die of shock, others of blood clots caused by the bleeding of the fracture.

TO AVOID THIS, she endured painful injection of anti-coagulents twice a day during her sev-en-and-a-half-week stay in the hospital. She thinks what probably saved her life was her good physical condition and the fact that her legs were strong enough to sustain the damage.

Realizing how close she came to death, she concludes, "Someone was looking out for me."

Through it all, she managed to keep her spirits up, never losing her keen sense of humor. "I'll be damned if a ten-ton truck is going to change me," is the way she refers to the truck that smashed into the car in which she was riding.

On a more serious note, she said, "I figured I had to be thankful I made it when my roommate didn't. And I know if she were around, she'd want me to be the same."

MORAL SUPPORT from her friends and family also helped Crampton keep her chin up. She said, "If I let down, I would have let a lot of people down, and I just couldn't do that to those who cared."

Crampton is a versatile athlete who has been around basketball all her life. Her father, DAC P.E. Division Chairman Chuck Crampton, played at San Jose State and was later head coach at Foothill.

In high school, she started at center on the varsity team for fouryears, and made the all-league: team three of those years. She



Cyd Crampton
also excelled in volleyball, tennis and badminton.

Concerned that she wasn't ready to play at a four-year college, Crampton intended to play at De Anza, but Carolyn Buz-
dieker, the women's basketball coach at Sunnyvale High School, encouraged her to check out the four-year colleges in Los Angeles, particularly Northridge.

NORTHRIDGE Coach Judy Brame offered her a scholarship and recommended that she try out for the 1976 Olympic team. Crampton made it to the second to the last cut. Although she didn't make the Olympic team, UCLA Coach Ellen Mosher saw her play, and offered her a scholarship a week later.

Injured with a stress fracture the first week of tryouts, Crampton still managed to make UCLA's varsity team, and by the end of the season, was their starting center.

The Bruins made it to the regional finals where a sprained ankle kept Crampton out of the second half of the game. The team lost by four points, and missed out on a trip to the national playoffs.

Playing at the National Invitational Tournament in Texas instead, they again lost by four points in the final game. One month later, Billie Moore, the 1976 Olympic Coach, was named the new head coach at UCLA.

HER ROOKIE year behind her, Crampton looked forward to her sophomore year, playing for a new coach. Her sophomore year has yet to come. Instead, she has spent the 1977.78 basketball season in therapy at the Smart Clinic
three days a week, three and a half hours a day. She works on various machines, trying to regain power and strength in her legs.

The road to recovery has been a tough one, and Crampton is quick to point out that she's still enroute.

Doctors say the stretched nerves in her right leg may take from one to two years to heal. Her outlook, however, is positive, since they didn't expect her to walk until December, either. But, by September, she was walking around the house, and by January, walking over campus.

Barring further complications, she sees no reason why she won't resume her playing scholarship at UCLA next year.

HER LONG-RANGE goal is to make the 1980 Olympic team. She thinks the women's basketball program in the United States is improving every year, and she hopes that the improvement is enough to contend with the competition found in the international game. Crampton feels that the U.S. needs to develop stronger and bigger women. At six-footthree, she is well under the seven-foot-plus Russian center, but this only increases the challenge and desire for Crampton to play Olympic ball.

Moscow can wait for the moment. Meanwhile, USC, Cal, Stanford, etc., had better not relax-Cyd is on her way back.

## Don women take third in karate tournament

De Anza's women's karate competition, behind second place team competed in the Far Western Tae-kwon-do Championships, held Feb. 5 at U.C. Berkeley's Harmon Gymnasium.

Despite the fact there were only three members competing for De Anza's team, the women clinched a third place spot in team

De Anza, who with quick moves
U.C. Santa Cruz and first place U.C. Berkeley. Both teams were made up of over 20 students.

PLACING FIRST in the green belt division out of over 12 schools contending was Connie Miller of
and superior arm and leg reach, easily dominated her opponents.

Marcia Hall came home with a second in both the black/brown belt division and the "Kata," a routine of rehearsed moves in a semi-dance form.

Taking third, behind Hall, in the black/brown belt division, was Lee Leonard, who is known to her teammates as "The grip.'

THE TOURNAMENT was in semi-contact form. Points were scored by either a body-punch with the fist (one point), or a kick to the head (two points).

Tae-kwon-do, a Korean martial art which is almost 20 centuries old, has become a modern competitive sport in a little over 20 years.

The women's karate team, placing at the Far Western Championships makes them eligible for the Tae-kwon-do national championships to be held in Washington, D.C. in upcoming months.

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Sharon Grennan goes for two against Marin.

## Womencagers win first game

De Anza's women's basketball team got the season off to a strong start last Friday by outhustling, out-rebounding, outscoring and eventually beating the Marin Mariners, 62-51.

The team came out strong in the first half to take the lead and maintain it until halftime.

THE DONS dominated with a tough defense and after 10 minutes of play, had held the Mariners to only four points, while De Anza had racked up 15. The score at half-time was De Anza 23, Marin 19.
De Anza started the second half slowly and briefly lost the lead by one point. The team regained their composure and again began to dominate with good ball handling, rebounding and excellent teamwork. In 10 more minutes of play De Anza had caught up, passed and lengthened their lead over the Mariners by nine points.

LEADING IN both scoring and rebounding was De Anza's only returning starter, Cheryl Gold-

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Photo by Anne Knudsen
smith, who scored 22 points and grabbed 10 rebounds.

Returning player and team captain Sue Sievert scored 10 points.

Having an outstanding game was Sharon Grennan, who scored 15 points in the game, coming off the bench.

Also having great games were returning player Maureen "Mo" Sullivan and freshman Kathi Silverman.

De Anza's women's basketball team will play their next preseason game against Monterey Peninsula College, Tuesday, Feb. 21, in Monterey.

## Foothill shot too late; Don cagers pull upset

There's an adage in sports that says "on any given night. with any given game, anything can happen."

Well, last Friday night, it happened.

Exhibiting ability that has been untapped all season, De Anza's cagers upset state-ranked Foothill, 58-56. Earlier in the week, the Dons defeated College of San Mateo, 77-64.

DE ANZA HAS won three of their last four games, upping their league record to $4-6$, and their overall record to 9-12.

The Foothill game was a wild affair, with the contest seemingly headed for overtime. Foothill guard Andre Campbell banked in a follow-up shot at the buzzer, only to have it nullified by the referee on the grounds that the buzzer had sounded before the shot.
"Instead of the officials saying no basket', they went over and asked the timer," explained Coach Tony Nunes. "They added a lot of confusion when there should have been none. But that's the way it goes.'

IT WORKS both ways, as De Anza lost a similar heart breaker to West Valley on Jan. 18, 53-51.

John Clark helped the Dons offensively by being the leading scorer in both games, hitting 24 points against San Mateo and adding 19 against Foothill. What happened to Howard Fine, the traditional high scorer for De

## Anza? <br> Four grapplers headed for state championships <br> Four DAC wrestlers will travel Coach Tuck Halsey. "The fourth- <br> "Mark Harvey deserves a leading rebounder and he plays in every way for us."

to Bakersfield to compete in the State Championships after qualifying in the NorCal finals.

Rich Sykes ( 177 lbs. ) took second place at NorCal. Steve Holt ( 158 lbs .) placed third. Mark Harvey ( 132 lbs.) landed fourth place after losing the final match of his category on a disqualification. Ed Garrison (190 lbs.) took fourth place after losing his final match 4-3.
"It's going to be tough," said
placers will automatically go against the champions." In the state competition, first goes against fourth and second goes against third.
good deal of credit,' said Halsey. "He's wrestled real well this season. I guess you could call him the come-back wrestler of the year."

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Photo by Lou Nichola
De Anza's Howand Fine drives for a layup while Foothill attempts to block.
"Howie got seven (against very unselfishly," praised Nunes. San Mateo), but he was still our "He has done a super-colossal job



# Calendar 

## ART

2/16 through 3/10: "A Peek into the Private Life of Rrose Selavy," Euphrat Gallery.

## DANCE

2/17: "The Strays," formerly "Freewheeling." Campus Center, 9 p.m.-1 a.m. $\$ 2.50$ general, $\$ 2$ West Valley and Foothill ASB card. holders. Sponsored by ASDAC.

## CONCERT

2/19: De Anza College Chorale and Vintage Singers, St. Mary's Cathedral, San Francisco, 8 p.m. Royal Stanton conducts.

## FILM

2/10: "Ugetsu," Forum I 7 and 9:30 p.m., \$1 admission. Sponsored by ASDAC
2/17: "81/2" Forum I, 7 and 9:30 p.m. $\$ 1$ admission. Sponsored by ASDAC.

## LECTURE

2/15: "Causes of Current Economic Problems," L90, 8:10 p.m. SLS90 presentation by DAC Economic Instructor Bob Francis.
2/17: Symphony Lecture Preview, A11, 8-10 p.m. General admission. 2/17: Symphony Lecture Preview, A11, 8-10 p.m. General admission \$2. Ives' "The Unanswered Question," Mozart's Symphony No. 31 and Strauss' "Thus Spake Zaranthustra."
2/24: Symphony Lecture Preview, A11, 8-10 p.m. General admission \$2. Beethoven's Piano Concerto No. 2, Webern's Six Pieces for Orchestra and Schubert's Symphony No 5.

## THEATER

2/16-18, 23,24: "Waltz of the Toreadors," Flint Box, 8:15 p.m. Tickets $\$ 1.50 / \$ 1$.

## SPORTS

BASEBALL
2/14: Cabrillo at Cabrillo, 2:30 p.m.
2/15: Monterey at De Anza, 2 p.m.
2/16: Skyline at Skyline, 1 p.m.
2/23: Santa Clara at Santa Clara, 2:30 p.m.

## BASKETBALL

2/10: Diablo Valley at De Anza, 7:30 p.m.
2/15: San Jose at De Anza, 7:30 p.m
2/17: West Valley at Saratoga, 7:30 p.m.
2/22: Laney atDe Anza, 7:30 p.m.
2/24: Chabot at Hayward, 7:30 p.m.
WOMEN'S BASKETBALL
2/21: Monterey at De Anza, 6 p.m.
2/23, 24: Tourney at De Anza, 2, 4, 6, 8 p.m.
2/25: Tourney at De Anza, 4, 6, 8 p.m.

## TENNIS

2/10 Cal State Hayward at Hayward, 2 p.m.
2/22: College of Marin at De Anza, 2:30 p.m.
2/24: Chabot College at Hayward, 2:30 p.m.

## WOMEN'S TENNIS

2/10: Santa Barbara City at De Anza, 2:30 p.m.
2/14: Santa Clara University at De Anza, 2:30 p.m.
2/16: San Jose City College at San Jose, 2:30 p.m.
2/17: College of Sequoias at De Anza, 2:30 p.m.
2/21: Menlo College at De Anza, 2:30 p.m.
2/23: Foothill at De Anza, 2:30 p.m.

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