



## Man detained, searched in parking lot B



Four black males were detained Tuesday in De Anza College's Parking Lot B while Foothill-De Anza Campus Police and Santa Clara County Sheriffs searched their vehicle. Police let three of the men go and kept one in custody. The man was later released without being arrested. De Anza campus security declined to comment on the incident. The Santa Clara County Sheriffs office verified that no arrests were made at De Anza on Tuesday.

Got some hot De Anza news to share?

Don't be shy.

E-mail us at:  
**lavoz@fhda.edu**

## What they're up to: Campus clubs and Inter-Club Council

LA VOZ STAFF REPORT

- Circle K will be hosting a "Rock For Aids" event on Dec. 9 at San Jose Skate.

- The Earth Awareness and Action club is brainstorming bringing an "adopt-a-highway" type concept to De Anza where students or organizations can "adopt" and keep clean designated sections of the campus.

- The Mainland Asian Club is planning on hosting a monk performance in January.

- Students For Justice is looking to gather \$4,000 in donations to send four students to New Orleans. Students will visit the region to help in the post-Hurricane Katrina rebuilding effort.

### The following clubs have been declared inactive:

- DA Nutrition and Health Club for missing 4 ICC Meetings and ICC Financial Orientation
- De Student Family for missing 5 ICC Meetings and ICC Financial Orientation
- Movimiento Estudiantil Chicano de Aztlan (M.E.Ch.A) for missing 4 ICC Meetings, Club Day and ICC Financial Orientation
- The Apprentice of De Anza College for missing 3 ICC Meetings, Welcome Week Information Booth and ICC Financial Orientation.

De Anza Parking Lot  
6:01 a.m. Friday Morning  
We'll sleep when we're dead.



**HERE FOR YOU**

La Voz in L-41  
[www.lavozdeanza.com](http://www.lavozdeanza.com)

**what's happening on campus**

# This week's events: Faculty and staff art exhibit, Hanukkah games

All events are held at De Anza College and are free and open to all students, unless otherwise noted. Please e-mail submissions to: Happenings@LaVozDeAnza.com by Wednesday noon for the following week's publication, using the word "Happenings" in the subject line. The next issue of La Voz will be published on Monday, Jan. 8.

**Winter Class Registration**

The winter term class schedule is available online at [www.deanza.edu/schedule/](http://www.deanza.edu/schedule/). Winter quarter begins Jan. 8. Registration for returning students is being held through Dec. 8. New and former students, along with returning students, may register from Dec. 11 through Jan. 7.

**Art Faculty/Staff Exhibition**

Now through Dec. 7  
Euphrat Museum of Art  
Faculty and staff from the Creative Arts Division at De Anza College and the Fine Arts & Communication Division at Foothill College will display their art in the campus art museum. Museum hours are Mondays through Thursdays, 10 a.m. - 4 p.m.

**U.C. Davis Transfer Event**

Monday, Dec. 4, 9 a.m.-2 p.m.  
Transfer Center, Second Floor, SCSB  
A representative from U.C. Davis will assist students interested in transferring.

**Hanukkah Games**

Tuesday, Dec. 5, 11 a.m. - 12 p.m.  
Main Quad (no rain), Tent (if rain)  
The Jews, Israelis and Friends Club invites the De Anza community to play Hanukkah games with chocolate money and falafel, make stress balls to keep, and get Hanukkah goody bags to take home.

**Children's Book Author to Speak**

Tuesday, Dec. 5, 12:30-1:20 p.m.  
L-42  
Local children's book writer, Lois Rew, will speak to students about writing and publishing books for the young reader audience.

**Employee of the Month Celebration & Awards**

Tuesday, Dec. 5, 2:30-3:30 p.m.  
Administration Bldg. Lobby  
Faculty and Staff are invited to the presentation of the Fall Quarter Employee of the Month awards, including food and entertainment. The October award goes to Rose Angelo of Disabled Support Services, the November award goes to Kent McGee of Admissions and Records and the December award goes to Jesus Garcia of the Grounds staff.

**De Anza Red Cross Organization meeting**

Thursday, 12:30-1:30 p.m.  
ATC 209  
Attend this meeting to sign up for next quarter's free CPR and First Aid training. The group meets every Thursday and welcomes new members.

**Find out about De Anza's Literary Magazine**

Thursday, Dec. 8  
Writing & Reading Center, ATC 309  
Instructors Randy Splitter and Laura Raffaelli will talk with students about how to write for and be an editor for De Anza's literary magazine, Red Wheelbarrow. The magazine is published two times each year.

**Outdoor Club Plans Trip**

Friday, Dec. 8, 12:30 p.m.  
Downstairs, Kirsch Center

Come to the Outdoor Club officers meeting to sign up for the Yosemite February snow camp trip. For details about winter camping, hiking, snowboarding/skiing, go to: "How do I sign up for the Outdoor Club winter Yosemite trip?" at: [http://faculty.deanza.edu/donahue/mary/stories/storyReader\\$918](http://faculty.deanza.edu/donahue/mary/stories/storyReader$918)

**San Francisco Symphony-Count Basie Orchestra**

Sunday, Dec. 10, 2 p.m.  
Flint Center  
The Count Basie Orchestra and Bill Hughes will play "Basie swing with a Christmas ring." Tickets are \$31-\$57 and are available at Ticketmaster.

**Holiday Choral Concert**

Sunday, Dec. 10, 7:30 p.m.  
Union Church, 20900 Stevens Creek Bl.  
The De Anza College Vintage Singers, Chorale, and the Women's Chorus present the Annual Holiday Choral Concert featuring the music of Handel. Admission is \$5 for students and \$10 for general admission. For more information, contact Roger Letson at 408-864-8879.

**De Anza Jazz Combo**

Monday, Dec. 11, 7 p.m.  
A-31  
The Performing Arts Department presents the De Anza Jazz Combo. For more information, contact Bob Farrington at [farringtonrobert@fhda.edu](mailto:farringtonrobert@fhda.edu).

**Play Darts and De-stress**

Tuesday, Dec. 12, 11-12 p.m.  
Main Quad (no rain), Tent (if rain)  
The Jews, Israelis and Friends Club invites all students to stop by during finals to grab munchies and pens, or stay longer to de-stress by playing darts and with stress balls.

**Daddios Jazz Ensembles Concert**

Wednesday, Dec. 13, 7:30 p.m.  
A-11 Choral Hall  
The Daddios Jazz Ensembles perform big band literature from all the periods of jazz. This concert is directed by Steve Tyler and features woodwind artist Gene Burkert. Tickets are \$7 for students and seniors and \$10 for general admission. For more information, contact Bob Farrington at [farringtonrobert@fhda.edu](mailto:farringtonrobert@fhda.edu).

**Musicat**

Saturday, Dec. 16, 7:30 p.m.  
Flint Center  
This Chinese ensemble synchronizes Chinese and western musical instruments to produce "a spectacular sound of music." Tickets are \$40-\$200. For more information, see [www.us-sinoinvestment.com/](http://www.us-sinoinvestment.com/).

**Dorothy the Dinosaur Dance Party**

Thursday, Dec 28, 11 a.m. & 6 p.m.  
Flint Center  
This all singing, all dancing performance features Wiggles songs (but not the Wiggles). Tickets are \$11-\$24 and are available at Ticketmaster.

**San Francisco Symphony-Vienna Woods/New York Nights**

Friday, Dec. 29, 7 p.m.  
The Symphony will perform classics from musical theater featuring Brian Stokes Mitchell. Tickets are \$31-\$57 and available at Ticketmaster. More information is at [www.sfsymphony.org](http://www.sfsymphony.org).

**Nutcracker**

Saturday, Dec. 30, 3 p.m. & 7:30 p.m.  
Flint Center  
The Moscow Ballet features a performance of the Russian ballet

"Nutcracker." Tickets are available at Ticketmaster for \$25-65. More information is at [www.nutcracker.com](http://www.nutcracker.com).

**Conference on Student Centered Learning**

Friday, Jan. 26, 8 a.m.-2 p.m.  
Administrative Building  
This free conference features some of De Anza's best scholars sharing the ways they engage students in learning. Teaching demonstrations and workshops will model successful classroom practices that use diverse discipline content and classroom learning pedagogy. The conference will also highlight Student Services' commitment to student success. Make reservations by Jan. 19 through the Office of Staff & Organizational Development at [englenmarykay@deanza.edu](mailto:englenmarykay@deanza.edu) or by calling 408-864-8322.

**Diversity Leadership Training Project**

Feb. 1-3  
Santa Cruz Mountains  
The annual Diversity Leadership Training Project retreat is for students, faculty, staff and administrators to reflect on solutions to the challenges of living and learning in a diverse society. Participants will focus on enhancing their work in civic engagement and leadership development as a component of creating conditions for student success. Two units of course credit is available. The sliding scale is \$35-\$100 for meals and lodging. For more information, contact Leila McCabe at [Leilabell@hotmail.com](mailto:Leilabell@hotmail.com) or call 408-893-4775.

**Catholic Student Club**

The Catholic Student Club meets every Monday at 10:30 a.m. in the Student Council Chambers.

## FINANCIAL AID GIVES YOU GAS

WIN A FREE \$60 GAS CARD OR A ONE-MONTH BUS PASS

PLEASE ENTER ME FOR THE FREE BUS PASS DRAWING, CHECK HERE:

PLEASE ENTER ME FOR THE FREE \$60 GAS CARD DRAWING, CHECK HERE:

**Thank you in advance for helping the De Anza Financial Aid Office determine how our students get to school.**

**Please turn in this survey to one of the three financial aid locations (two in the Campus Center Lower Level and one in the lobby of the Student & Community Services Building.**

**If you want to be entered into the raffle, make sure you have completed each part of the survey, indicate which drawing you would like to be in, and have it turned in by Friday, December 8, 2006.**

**One entry per person.**

**1. How do or will you get to the college most of the time?**

- I drive
- I get a ride
- I take the bus
- I walk or bike

**2. How many days a week do or will you come to campus?**

- 1 day a week
- 2 days a week
- 3 days a week
- 4 days a week
- 5 days a week

**3. On a typical day, how long does it take you to get to campus?**

- less than 30 minutes
- 31 - 45 minutes
- 46 - 60 minutes
- over an hour

**4. Once you are on campus, how long do you stay?**

- 1 hour
- 2 - 4 hours
- 5 - 7 hours
- 8 hours or more

**5. What is your zip code?**

**6. About how much do you spend per week on transportation to De Anza?**

- \$0 - \$10
- \$11 - \$20
- \$21 - \$50
- \$51 or more

**7. Has the cost of gas / transportation made you think about going to a college closer to home?**

- Yes
- No

**8. What is the primary reason you take classes at De Anza College?**

- Because of its reputation
- My friends go to De Anza
- Specific programs like Automotive Technology & Nursing
- To save money on housing and tuition
- It's close to home

**9. If the financial aid office offered a limited number of FREE monthly bus passes, would you apply?**

- Yes
- No

**10. Do you have any suggestions on other ways the financial aid office can help with transportation?**

IF YOU WOULD LIKE TO ENTER INTO THE DRAWING FOR A FREE GAS CARD OR BUS PASS, PLEASE ENTER YOUR NAME, STUDENT ID, EMAIL AND TELEPHONE NUMBER.

First name, last name

ID #:

Email:

Tel #:

## EARTH TALK

Questions & Answers  
About Our Environment

**Dear EarthTalk: I'm a hair stylist and am wondering about the health and environmental impacts of the styling products I use every day on my customers. — Misty Rohrbaugh, Asheville, NC**

Millions of people around the world use shampoos, conditioners and dyes on their hair regularly without any discernable harm.

But recent studies have linked some of the ingredients in these products to various human health problems, so hair care professionals and consumers are well advised to know their options.

Traditional shampoos and conditioners, the most commonly used hair care products, contain a synthetic detergent called Sodium Lauryl Sulfate (SLS), which generates a sudsy lather. But SLS can dry the scalp, stripping the skin's surface of its protective lipids.

It can also cause follicle damage, hair loss, skin and eye irritation, and allergic reactions such as rashes and hives.

Other problematic chemicals in most mainstream shampoos and conditioners are parabens--sometimes listed as methylparaben, propylparaben, ethylparaben or butylparaben--which are

added as preservatives to ward off mold and mildew. Morris Shriftman, Senior Vice President with Avalon Organics, says that these chemicals are dangerous because they accumulate in the bloodstream where they can "mimic" naturally-occurring hormones like estrogen, and disrupt human endocrine function accordingly.

Parabens are also of particular concern to oncologists, who report finding the chemicals in breast cancer cells.

Luckily, a number of manufacturers make available shampoos and conditioners free of SLS and parabens, making it easier for stylists and customers alike to do the right thing. Aveda, Avalon Organics, Aubrey Organics, Dessert Essence Organics, Jason Natural Products and Simply Organic, among many others, use organic herbal extracts to do the jobs normally associated with synthetic chemicals.

These products are readily available at natural foods markets and increasingly in mainstream supermarkets.

Studies trying to prove links between hair dyes and cancer or birth defects have turned up mostly inconclusive results, although the U.S. Food and Drug Administration's (FDA's) National Center for Toxicological Research found that the majority of off-the-shelf hair dyes for black, red and blonde hair contain a known carcinogen, 4-ABP.

Also, according to the FDA, some consumers have reported burning, redness, itching and

swelling of the face from hair dyes, as well as hair loss and difficulty breathing.

The FDA does not regulate hair products, but John Bailey, director of the agency's color and cosmetics program, cautions consumers to "consider the lack of demonstrated safety" when considering a hair dye.

Most natural health care experts agree that going without hair dye altogether is the safest route. Hair color professionals should wear heavy plastic gloves and a mask to protect against fumes, and should schedule their color work with lots of breaks between applications to limit exposure.

Consumers, when possible, should shop around for less toxic, all-natural coloring agents. Many of the companies listed above also make all-natural hair colorings; other popular brands include EcoColors, Naturtint, and Clairol's Castings line. Hennas, which are available in most salons, are also a good safe, non-permanent option.

**CONTACTS:** FDA Office of Cosmetics and Colors, [www.cfsan.fda.gov/~dms/cos-toc.html](http://www.cfsan.fda.gov/~dms/cos-toc.html).

**GOT AN ENVIRONMENTAL QUESTION?** Send it to: *EarthTalk*, c/o *The Environmental Magazine*, P.O. Box 5098, Westport, CT 06881; submit it at: [www.emagazine.com/earthtalk/thisweek/](http://www.emagazine.com/earthtalk/thisweek/), or e-mail: [earthtalk@emagazine.com](mailto:earthtalk@emagazine.com). Read past columns at: [www.emagazine.com/earthtalk/archives.php](http://www.emagazine.com/earthtalk/archives.php)

## De Anza club offers friends and support

Hibba Ahrif  
LA VOZ

Formerly known as the Friends Club, or For Seti Club, De Anza's Furendo Suppondo Club is a support club that engages in fundraisers to help De Anza students as well as our community.

The club decided to change its name to this "fictive, catchy name that our Treasurer and I came up with at the beginning of this quarter when we redesigned our logo," said President Marcel Wilson. "It doesn't have an official meaning, but it's supposed to remind of the words "Friend" and "Support" and sound sort of Latin."

This club's main concern is to help out people in need in the community, and it has done so in a variety of different ways. In the past, Furendo Suppondo has held fundraisers such as selling hamburgers at the monthly flea market on the De Anza Campus and using this money towards community centers in Cupertino. In addition, they have also used the money to buy blankets and distribute them to the homeless downtown.

They are currently working together with the Cupertino Community Service Center for future donations. Although unable to do so on a frequent basis, Furendo Suppondo was proud of their \$1,000 donation to the Child De-

velopment Center on Campus.

Furendo Suppondo also makes it a priority to make intercultural connections with other clubs on campus by arranging trips to the beach, to bowling alleys, BBQs at the park and whatever else that allows them to form a closer community.

Furendo Suppondo is currently working on their FuSu Book Drive, which is a system of loaning out textbooks for free to students who are in need of financial help. They are currently looking for any students who would like to help and donate their books for this cause instead of selling them back to the bookstore. They are working on establishing a website to implement this donating system.

In addition, they are conducting a survey for students to help create another system to help car-pooling space. They hope to create a website where students can register and search for transportation opportunities by searching by zip code. In order to get this done, they are looking for students who are skilled in computer programming to help their club create these websites.

Anyone in need of a friendly group and who wants to help a good cause can catch Furendo Suppondo at their meetings on Fridays from 12:30 to 1:30 p.m. in Student Council Chamber. New members are always welcome.



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## Study in Paris spring quarter

**Seneera Benjamin**  
LA VOZ

"If you are lucky enough to have lived in Paris when you are young, then wherever you go for the rest of your life, it stays with you, for Paris is a moveable feast." Ernest Hemingway.

Paris is known for its wealth of historical, artistic and cultural riches. The dream to visit Paris and experience life as one of the locals is almost universal.

The Campus Abroad program is offering students the chance to follow that dream. The students accepted into this program will start the spring quarter at De Anza and continue it in Paris from April 23rd to June 15th.

All the courses are transferable to University of California and California State University systems. The program is open to students who have completed at least 12 units of college credit with a minimum GPA of 2.5 and are at least eighteen years of age at the time of application.

The program cost is \$5,950. It includes ticket fare, room, breakfast and lunch or dinner, excursions, cultural activities, museum and monument entrance, Paris transit pass and an international student identity card. Applications will be accepted until December 6th.

For more information contact Julie Pesano at 1 (408) 864 8403 or Art Turmelle at 1 (650) 949-7614. Eligible students can contact Cindy Castillo for financial aid at 408-864-8403.



## Acclaimed author reads from her book at De Anza

**Laena Brandenburg**  
LA VOZ

Maxine Hong Kingston read poetry from her new book, "Veterans of War, Veterans of Peace on Wednesday," Nov. 29th at 6 p.m. at the Writing and Reading Center.

In 1991, Maxine's house burned down in a massive fire and the only copy of her current writing project, "The Fourth Book of Peace" was destroyed. After the fire, and as President Bush was ordering the invasion of Iraq, she decided to write about peace, but this time from a new perspective.

At this time, she also began

offering writing and meditation workshops for veterans, to help them give voice to their experiences and work toward personal peace. As she expected, these workshops helped renew and heal not only the veterans, but also Maxine. She draws on her experiences from these workshops for her new book.

Maxine and other writers whose poetry is featured in the book read samples of their work. Among them were Nancy Sue Brink, Sean McLain Brown, Ron Greenberg, Bob Jost, Jane Lott, Maureen Nerli, Joanne Palamountain, Barbara Sonneborn, and John Swensson.

## Kingston's book reveals all different kinds of Veterans

A COMPILED POETRY AND PROSE WRITTEN BY  
80 VETERANS FROM FIVE DIFFERENT WARS.

**Loriza Sasur**  
LA VOZ

"Veterans of War, Veterans of Peace" is an anthology compiled and edited by critically acclaimed and award winning author Maxine Hong Kingston. The book features 80 veterans, including two faculty members from De Anza College.

English instructor Sean McClain Brown served in the Gulf War as a Marine jet engine mechanic, and contributed three prose poems, including the sarcastic and bitter letter to the president, "Dear Commander in Chief; thank you for reminding us that signing our names on the dotted line meant we were indentured servants; we're sure you meant that in the best way."

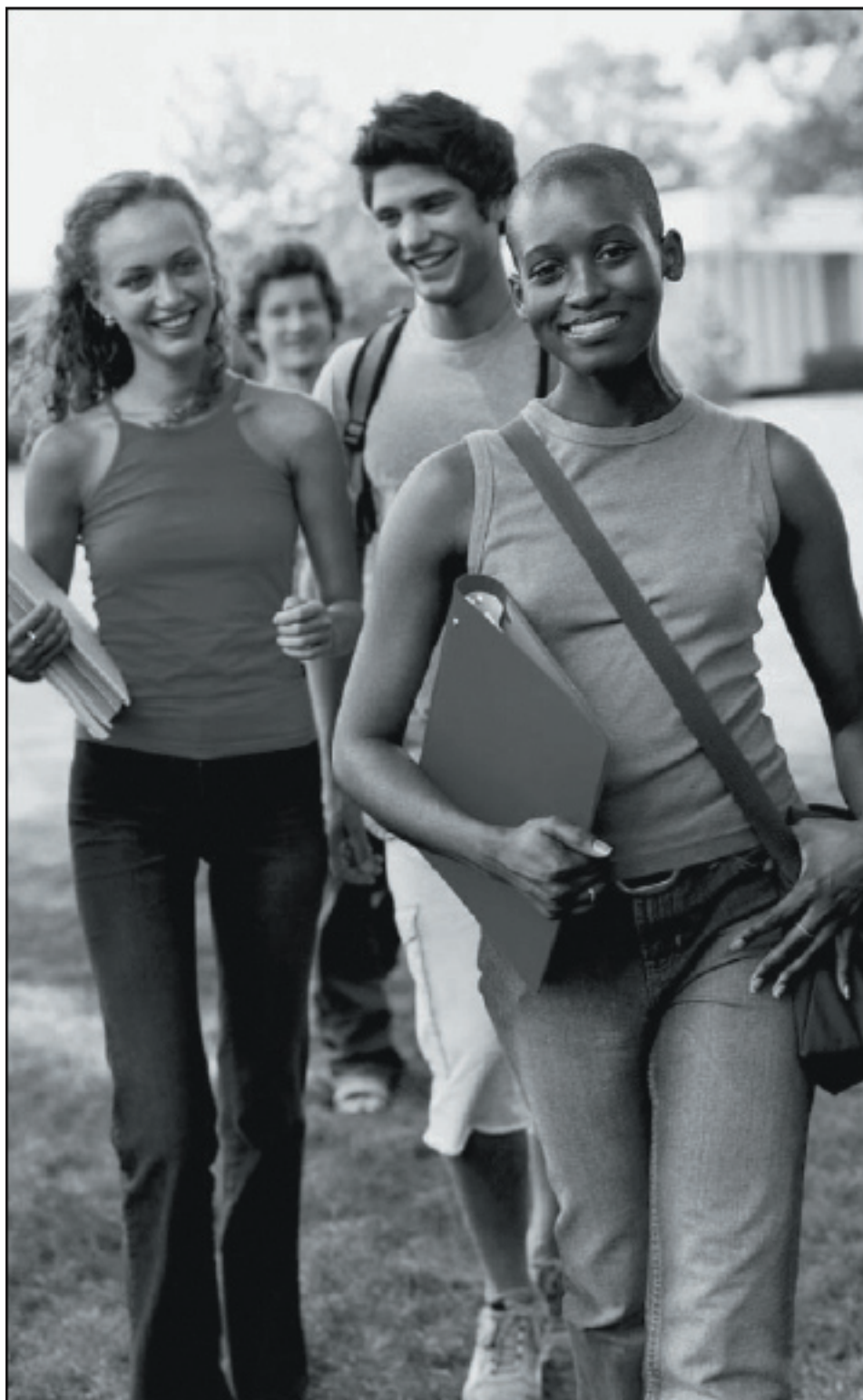
Dean of Language Arts John Swensson is a former Army Officer who served two tours of duty in Vietnam. In his short narrative, "The Chicopee Flash," he recounts visiting the Vietnam Veterans Memorial Wall in Washington, D.C. to remember a fallen friend. "Bob was an unlikely hero, but he was a hero," he writes. "How fortunate we were to have known him, how much richer our lives for his sacrifice, and our collective service."

The book presents us with the varying works of poetry, fiction, nonfiction, and accompanying biographies of the veterans.

However, in her introduction, Kingston is quick to disprove any one particular notion of the word veteran. "A veteran could be a woman; a veteran could be a deserter; a veteran could be a civilian who had served in war... a veteran could be a peace activist." She made sure to include a wide range of perspectives in the book, from the soldiers in the front line, to the family back home because "wars affect all of our lives."

The book is a culmination of twelve years of works from writing and meditation workshops for veterans led by Kingston. The book covers five wars, with authors from diverse racial backgrounds. The book names the contributor's purpose as a "community of writers working together to heal the trauma of war through art."

This book effectively captures the essence of war: pain, sorrow, destruction, and the resulting effects of those it touches. It is beautiful and haunting, and is therapeutic for the veterans and a testament to the rest. "Our motto: Tell the truth. And make peace," Kingston said.



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# Wise 37 inspire good feelings about food at forum



Kristen J. Sullivan

Mini Damodaran Joshua Goodwin Jessica Gonzalez Seema Rupani Elizabeth Nevigato

Robert Erdei  
LA VOZ

The Kirsch Center for Environmental Studies was packed to the rim with organic food lovers last week for the first of many "Good Food Forum" events. It was put on by the De Anza College club Wise 37 to raise awareness about organic food as opposed to conventional food. They strive to institute a sustainable environment.

Elizabeth Nevigato of Wise 37 said there are three reasons why it makes sense to eat organic. First, it is good for the environment. Second, it is good for our health. Third, it is good for society. A bonus is it tastes better. It is good for the environment because organic food

contains no pesticides, no artificial fertilizers, no sewage sludge, no reused fossil fuels, no CO2 and no genetically modified organisms.

Continued student support to bring organic food to De Anza College will be the key to making it a reality, speakers said. Wise 37 needs dedicated students to show their support by attending meetings, helping with fundraisers, conducting surveys and educate the student body about the benefits of organic food over conventional food.

Wise 37 meets every Monday at 6 p.m. in the Kirsch Center for Environmental Studies, which is located directly behind the baseball and softball fields.

Pat Cornely

Kate Alcid and Robert Erdei/LAVOZ

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Please contact us for more information about our catering services. Please see our menu for the types of dishes we can create for your event. We can also create custom items for you and even host your private event at our restaurant.

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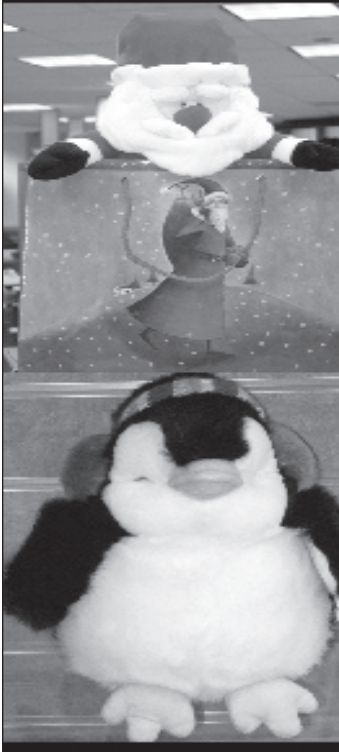


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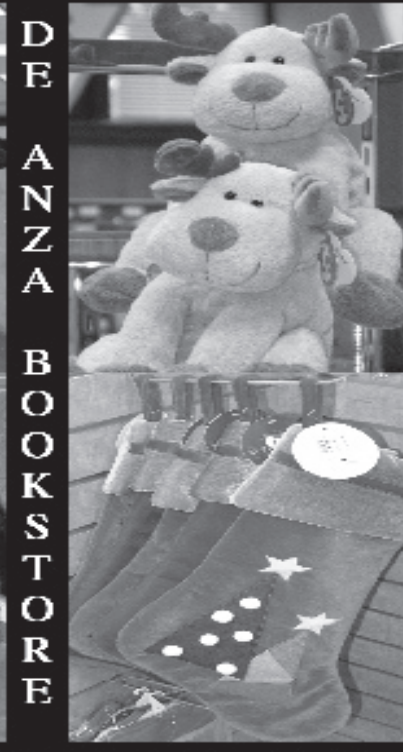
  
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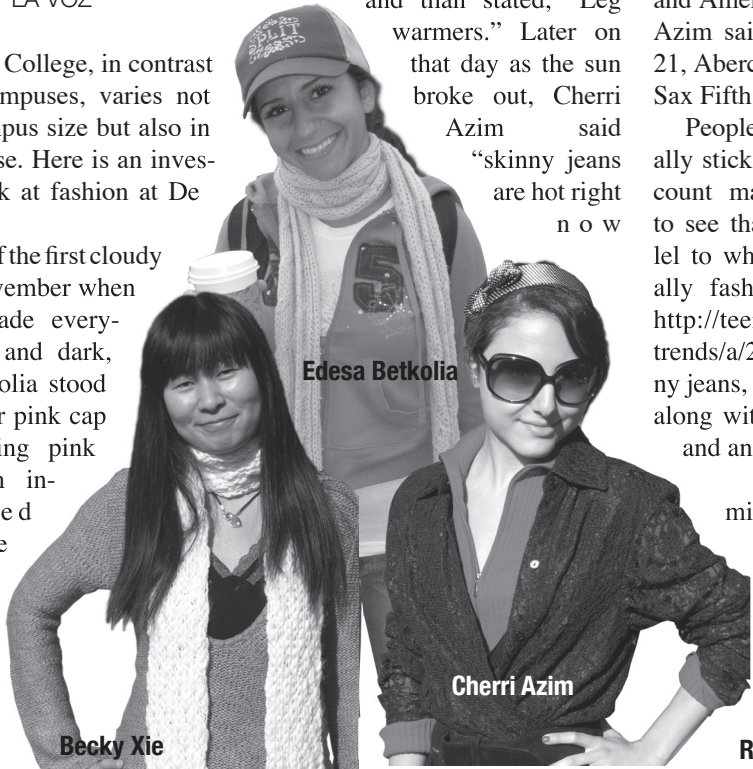
**The bookstore can help. Check out some of their holiday merchandise. They make great holiday presents.**

# De Anza's students flaunt winter fashion

Nicole Moreno  
LA VOZ

De Anza College, in contrast to other campuses, varies not only in campus size but also in fashion sense. Here is an investigative look at fashion at De Anza.

On one of the first cloudy days of November when the sky made everything gray and dark, Edesa Betkolia stood out with her pink cap and matching pink scarf. When inquired what she thought was in on the campus she paused for a moment



Becky Xie

Edesa Betkolia

Cherri Azim

Robert Erdei/LAVOZ

and then stated, "Leg warmers." Later on that day as the sun broke out, Cherri Azim said "skinny jeans are hot right now

so are head ties, big sunglasses, and big belts," in answer to the same question. Apparently "baggy jeans, peasant tops, neon colors, and crazy colors," are out.

Becky Xie with a smile and a giggle stated that she bought her clothes at Macy's, Roxy, DKNY and American Rag. While Cherri Azim said she shops at Forever 21, Abercrombie, Nordstrom and Sax Fifth Avenue.

People in Santa Cruz usually stick to thrift stores and discount markets. It is refreshing to see that De Anza goes parallel to what is considered culturally fashion savvy. According to <http://teenfashion.about.com/od/trends/a/2006fwtrends.htm>, skinny jeans, belts, leg warmers are in along with British inspired plaid and animal prints.

So as you look in the mirror in the morning before a grueling week of finals, put on your big pink sunglasses and toss those market discounts peasant tops.

# Student gives to improve communities on campus

PATRICIA IGNAITIS IMPROVES DE ANZA BY HELPING STUDENTS WITH SPECIAL NEEDS

John Ellis  
LA VOZ

Not many people come to De Anza College everyday unless they're receiving either grades or a paycheck. But there are some that feel other things are worthwhile as well. Patricia Ignaitis, a thirty-something with a big heart, shows up bright and early to help people with developmental disabilities work on their physical education in the adapted PE programs here on campus.

Ignaitis had some previous experience before she started helping out here.

"I worked with autistic children in the past, and I enjoy it a lot." Said Ignaitis, as she stood with her group and waited for the bus to pick them up.

The group of energetic and friendly students that Ignaitis works with is part of an organization called Community Options,

who help disadvantaged people of all kinds. Community Options provides needed opportunities for disadvantaged people by hiring leaders like Ignaitis to supervise different services and programs that reach out to those who have few other options. These services range from physical fitness to job placement to mobility training, which teaches people how to navigate the public transit.

All these programs are based on the organization's belief that "having a disability is neither a stigma nor a barrier."

Based out of San Diego, Community Options and serves thousands of people with disabilities in five counties throughout northern and southern California. Ignaitis says a student at San Diego University originally founded the organization. For a student project, Community Options has a wise idea about what a community is.

For more information check out [CommunityOptions.org](http://CommunityOptions.org).

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# La Voz seeks out fresh staff for the winter of '07 quarter

A GUIDE TO JOINING THE THE VOICE OF DE ANZA FROM THOSE WHO KNOW BEST

Cheryl Ho-Shuen Tso  
LA VOZ

La Voz is recruiting students for the winter '07 quarter. "I want people to join La Voz because I like it when students have a voice on the campus. I think it's important for students to be able to tell people what they need and what they think about the college and the campus and what's going on," said Beth Grobman, La Voz advisor.

La Voz is looking for a friendly, cooperative staff. Becoming a member teaches important skills such as interviewing strangers, doing background research, attending events, as well as writing the actual stories and using proper newspaper formatting. Being a member of La Voz looks professional on resumes and college applications.

"I joined La Voz because I think it is a good way to know more about De Anza. Also, it really helped me to contribute to my personal statements. It is a pretty unique experience to an international student like me," said Clement Lee, a member of La Voz advertising team.

"I joined La Voz because I like it. I can get the paper out every week. It is pretty stressful but it is fun because you really get to know the people that you are in class with and you can really get along well with the staff in La Voz. It is like a big family. It is a fun place to be at school," said

Dan Sealana, the editor in chief of La Voz.

"I really had a good time in La Voz and have learnt a lot. La Voz is dynamic and exciting. You never know what will happen next day. People at De Anza just like become your family outside home," said Robert Erdei, the assistant editor at La Voz.

There are different levels of involvement at La Voz. Anyone can send in a story. For people who are looking for credit, La Voz offers JOUR 62, which is a minimal commitment one-unit class. The requirements are drawn up at the beginning of the quarter and are set on an individual basis with the instructor, Cecilia Deck, and the prospective writer.

JOUR 61 is the actual La Voz class. It has official class times between 3:45 and 5 p.m. on Tuesdays and Thursdays as well as formal requirements to pass. Both freelancers and actual class members can apply for editor positions.

Editors must be available from 5 to 6:30 p.m. on Tuesdays for Editorial board meetings. They must also be present on Wednesdays and Thursdays after 6 p.m. for production nights.

It is the individual's choice to become more or less involved at La Voz. La Voz offers JOUR 63 which is a class that specializes on budget and finance for the paper among other responsibilities.

To learn more about joining the paper go to [www.lavozdeanza.com/joinlavoz](http://www.lavozdeanza.com/joinlavoz)

# Bill Cosby says the darndest things

COMIC TALKS AT FLINT CENTER AND MISSES THE MARK

WITH HIS HUMOR - STUDENT IS LEFT UNENTHUSED

**Asif Ahmed**  
La Voz

Bill Cosby is one of my heroes. I love Fat Albert, pudding pops, and I guess I like hearing kids talk about Pokemon on "Kids Say The Darndest Things." But, as a 19 year old, I just wasn't feeling his stand-up at De Anza College last Wednesday. I've been psyched for the chance to see the

Cosby ever since I learned he was going to perform at the Flint center.

I got bummed when I learned he would be talking about social issues and psyched again when I learned he was actually going to be doing the stand up. Now, I kind of wish he had talked about social issues. In the Flint center that night, I may have been the only 19 year old in attendance. Needless to say, most of the jokes went over my head. When a lot of the punch lines have to do with the new Alzheimer's medicine, I have a tough time getting in on the humor.

It's an unfortunate generation gap. Not just the subject content, I'm accustomed to seeing a complete different style in standup. I have no trouble laughing with Dave Attell and Pablo Francisco.

With these two ignoring the intimate seemingly unscripted story time routine of Cosby, it leaves me wondering if my generation is just accustomed to a different

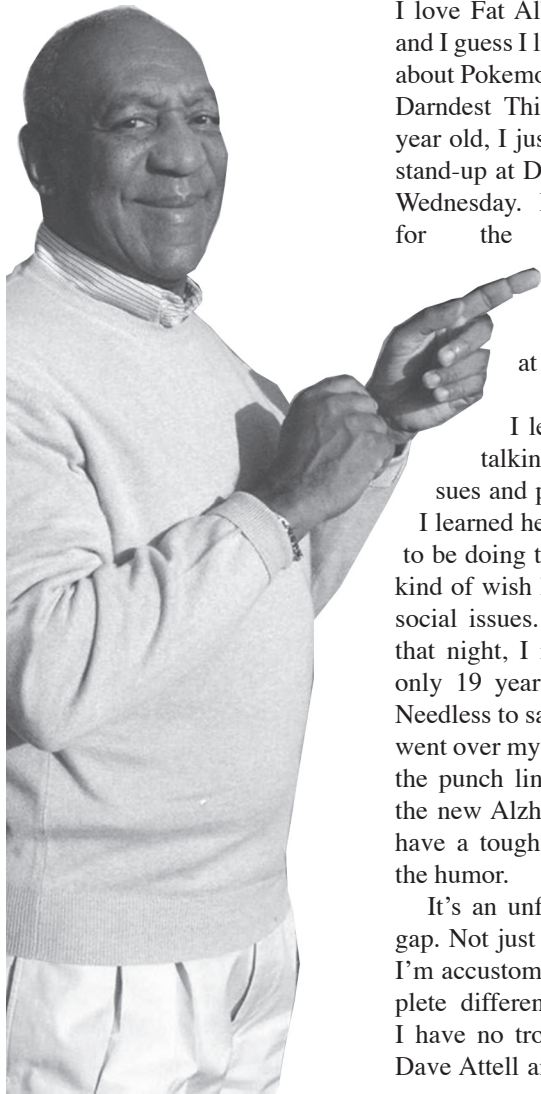
review

type of act. For the latter part of his show, I stood stone-faced simply wondering how much more I had to endure.

For me, what sells Cosby's jokes are his facial expressions. I laughed at the Rambo impressions in "UHF."

The expressions I laugh at are exaggerated to be ridiculous and therefore comedic. Cosby's expressions are a one liner in themselves. I like the thought, it sounds good in my mind, but I just couldn't muster a laugh out of it. But, who knows?

I'll give Bill a chance again, I can't be mad at the Jello man. Give me thirty-five years.



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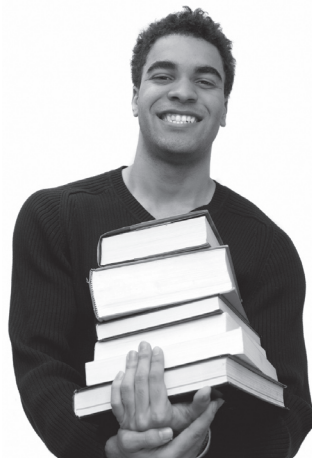
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# CAN YOU DO SUDOKU?

Thomas Guffey  
LA VOZ

		5		7		4	6	9
	1	9	8		6		7	
7					4			5
9			5			1		
3	7				2		5	8
		8			9			2
6		1		3	5	7	8	
	2		4					
8		3		1	7	5		

The objective is to fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9. The puzzle setter provides a partially completed grid so that there is only one solution. Instructions provided by wikipedia.com.

## Holiday Horoscopes: nothing fake about them

COMPILED BY: CHRISTY HOI YING NG

**ARIES** You need to take care that the physical aspect of love won't overshadow the softer and spiritual side of your love life. Snacking between meals is a no-no. Avoid cravings by drinking a big glass of water.

**TAURUS** An intriguing encounter awaits you! Dear people will be the most important parts in your life. Don't be modest about your accomplishments or you might get passed over for promotion. Chose to shine this week!

**GEMINI** If you change your appearance your partner won't be happy. Keep your defenses up around co-workers - behind those nice smiles and compliments, some don't have your best interests at heart.

**LEO** As you climb the ladder of success, your lover is proud of you. As for your career ambitions, right now you're surprisingly pushy. You're finally decided to go after and get everything you want.

**VIRGO** If you've been dating someone for a while, you might decide to get engaged. The boss is impressed with your recent performance, and you're on such awesome terms that you might be able to drop hints about a raise.

**CANCER** If co-workers don't tell you things you need to know or aren't pulling their weight, don't let it slow you down. You can easily put them to shame by being a self-starter. Go ahead and spread your wings.

**SCORPIO** This is a good time to renew old friendships and to strengthen the new and existing ones. Love your friends this week. You should indulge in group activities in this week instead of concentrating on individual activities.

**SAGGITARIUS** There is going to be a progress in relationships between you and your beloved. Focus on your goals this week. More energy is going to be taken up for physical activities and your energy level would also be on the higher side.

**CAPRICORN** Tensions might be building up between you and your partner, especially if things have been left unsaid. Encourage your partner to spill the beans. To avoid catching a cold or the flu, take vitamins and get plenty of rest.

**LIBRA** Don't get too flirty, you're sweetie won't appreciate it and make their feelings known. Still, the course of true love runs fairly smoothly this week. It's a good week to start dieting or working out.

**AQUARIUS** Not only does your sweetheart give you lots of sensible advice. Still, they're a real motormouth right now, so you can hardly get a word in edgewise! You can benefit a lot if you listen to those with experience.

**PISCIES** Your honey might complain but you'll be willing to make one or two positive adjustments. Things at work are likely to be rather slow this week, so why not use up some of those vacation or sick days?

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-Edgar Pimental  
De Anza College  
Leadership Student

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## Film review: The infamous UCLA taser incident

STUDENT FILM CAPTURES EXCELLENT BLOOD CURDLING SCREAMS

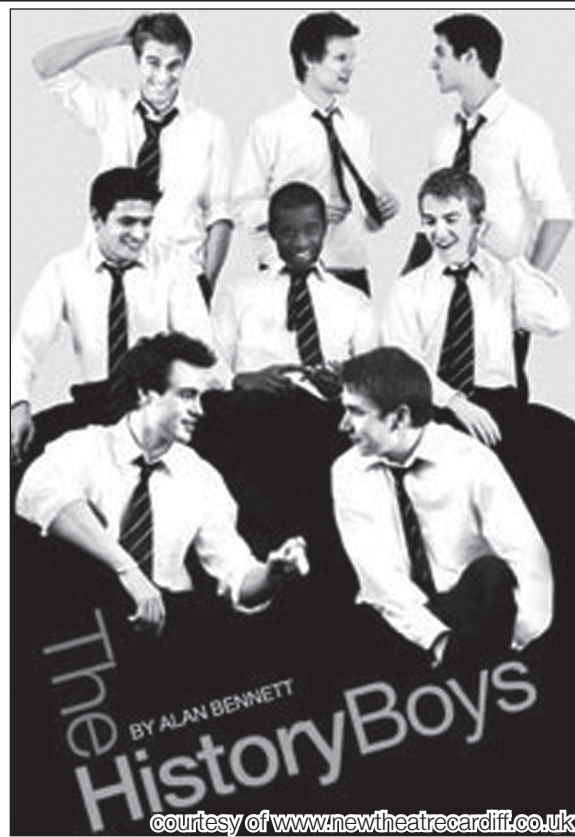


Sung Kim and Olga Ardulov  
LA VOZ

It's the end of the year and YouTube.Com has provided millions of entertaining video clips for us. The UCLA taser incident involving Mostafa Tabatabaiejad, by far gets the vote for best homemade video of the year. Bob Saget's "America's Funniest Home Videos" has got nothing on this guy.

The cinematography of the video was excellent. The viewer cannot see anything but the backs of people's heads for basically the entire duration. So when the zapping begins the screams of "I said would leave!" and "f\*ck off!" certainly captured the viewer's attention.

The anticipation builds faster and stronger than most scary movies with better pitch than current Hollywood directors seem to have. Finally at the end there is a glimpse of the officers trying to drag Tabatabaiejad out of the lab only to see him get tasered in the butt. Certainly the acting deserves honorary mention. Rarely has a college student been able to portray a five-year-old with such excellence as Tabatabaiejad. Especially with no known theater experience. His apparent lack of common sense as the officers attempted to reason with him was particularly convincingly played. Not even Mel Gibson and Michael Richards (Kramer) would have been able to convince someone to taser them that many times. Although it's arguable if perhaps the racism card pushes the video onto the cheesy side.



## THIS WEEK IN FILM

MOVIES OPENING ON DECEMBER 8 VARY FROM 'APOCALYPTO' TO 'THE BLOOD DIAMOND'

Ben Carver  
LA VOZ

Apocalypto; R, 125mins, 2006: Mel Gibson is back behind the camera, giving us his interpretation of the fall of the Mayan Empire. This film looks a lot more striking and allegorical than his past films. It has been shooting in southern Mexico over the past year, in the native Mayan language with a cast of unknowns.

With invading foreign forces coming into Mayan culture, a man named Jaguar Paw is selected to be a human sacrifice for the Gods. He escapes and we follow him on his brutal journey back home. It's already a hit with the Latino pre-screened audiences; at least Gibson is liked by one ethnical culture in the world.

Blood Diamond; R, 143mins, 2006: This is a buddy movie with a political angle, taking place during the Sierra Leone civil war of the 1990s. African mined diamonds were sold to international diamond merchants for money and guns were supplied to African warlords. This film is already making such diamond supplies like DeBeers and others scabble to political comment line.

The story here is Leonardo DiCaprio is a South African mercenary helping Djimon Housou, who is a West African farmer. Housou finds a rare pink diamond "The Blood Diamond" that he has hidden for protection from violent mercenaries. These to men travel torn areas of Sierra Leone to retrieve the diamond. This could either be both men's salvation out of the war torn area or their deaths. Jennifer Connelly plays a journalist that accompanies the characters on their quest. This film could turn into a movie with big actors in foreign locations like Tom Cruise in "The Last Samurai" or into a movie with big named actors making an actual point. Directed by Edward Zwick director of "Glory" and "The Last Samurai."

The History Boys; R, 109mins, 2006: Based upon England's Tony Award Winning play, this

stage-to-screen adaptation is right off the cover with the same actors, director, and playwright. The only thing changing are the camera angles. The movie is about several bright but bored prep-school students try to graduate and get into Cambridge or Oxford. With the help of an old-school but liberal teacher, they pass through the year of sex, sports, and exams.

This film has been in limited release for the past month in larger cities and is now making its way to the San Jose area.

The Holiday; PG-13, 135min, 2006: A romantic comedy set in United States and United Kingdom. Starring Cameron Diaz and a klutzy blond American and Kate Winslet as a witty British brunette both unsatisfied with love. They decide to switch places for the Christmas holidays; Diaz goes to the U.K. and Winslet comes to the U.S. Diaz meets Jude Law, a dashing Englishman and in the Winslet meets Jack Black as a brassy party animal American while in the U.S. Typecasting ensues. No wonder Nancy Myers the writer, producer, and director of the film had these actors in mind while writing the script.

It'll probably be a cute, sweet, and (like all other romantic comedies) predictable. Intended for the same crowd that enjoyed "What Women Want" and "Something's Gotta Give." By the looks of it, the movie will be running way longer than is should.

Unaccompanied Minors; PG, 92mins, 2006: No one asked for "Santa Clause 3," or "Deck the Halls." Now the line of unwanted holiday movies for 2006 continues. I would go see "The Holiday" before I see this movie. The title explains the whole premise of preteen kids snowbound at the Chicago airport. Lewis Black plays a grumpy old security guard that's trying to stop them from running amuck in the airport. Wilmer Valderama from "That 70's Show" plays the kids' airport gardenia and Tyler Williams James from "Everybody Hates Chris" is one of kids. If you think about it the title is a little creepy.

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# Americans should get ready for another season of censorship

THE 'TOLERANCE' CROWD IS READY TO FIGHT FOR THE RIGHTS OF PEOPLE WHO WANT TO BANISH CHRIST AND CHRISTMAS



**jamesSCHULTE**

Well it's that time of year again where chestnuts are roasting on an open fire, Jack frost is nipping at our nose and the lawyers are heading to court to remove any sign of Christmas from society.

With lawsuits in New York and an uproar in Chicago's Daley Plaza, the War on Christmas is going on full-force. This year, they didn't even wait until December. As soon as Thanksgiving was over the suits started flying from both sides.

An Arizona based legal group called the Alliance Defense Fund is riled up about what's been happening to Christmas over the years. They've lined up 930 attorneys nationwide to challenge the improper attempts to censor the holiday.

The Thomas More Law Center filed a lawsuit in 2002 that now has reached the Supreme Court. The lawsuit alleges that the New York City public schools' holiday display policy discriminates against Christianity.

The suit says that the policy "unlawfully discriminates against Christians because it prohibits the display of the nativity scenes in public schools but permits and encourages the display of the Jewish Menorah and the Islamic star and crescent during certain holidays."

The policy says that only secular holiday symbols can be displayed. But, for some reason, the menorah and the crescent are allowed.

Although they are very religious symbols, New York City gave them a seal of approval under the guise of promoting understanding and respect for the beliefs and customs of their community.

Apparently, Christians don't deserve respect or understanding in New York City.

Then comes another great city: Chicago. Mayor Richard Daley made a decision to discourage the producers of the film "The Nativity Story" from sponsoring a downtown Christmas festival.

He said that such an event might offend people of other faiths and that the clips would introduce too much commercialism to the occasion.

Daley seems to forget the Christmas festival is a month-long open market with booths for people to come and buy gifts for their loved ones. Commercialism is already

allies, Christmas isn't what it used to be. It's time to repair the damage that such organizations have done."

For the last few years, public schools have referred to Christmas vacation as "winter break." More and more companies and retail stories have dictated that their employees must say "Happy Holidays" instead of "Merry Christmas."

But some in the mainstream media are fighting back. Bill O'Reilly of Fox News got the ball rolling last year when he did piece called "Taking The Christ out of Christmas."

Another Fox News commentator, John Gibson, published a book called "The War on Christmas" which criticizes politically correct attempts to censor the American holiday.

Through the 2005 Christmas season,

**We bend over backwards to make sure that they're not "offended" but ignore the rights of those who want to celebrate Christmas.**

part of the occasion.

The irony is that Chicago is the only city out of 25 to turn down New Line Cinema's promotion of the movie. It seems that other cities have no problem with the new film

Christmas is on the Politically Correct hit list and every aspect of the holiday is coming under attack. It's come to the point where just saying "Merry Christmas" can land someone in court.

"It's ridiculous that Americans have to think twice about whether it's OK to say Merry Christmas," said ADF spokesman Alan Sears in a press release. "Thanks to the American Civil Liberties Union and its

O'Reilly and Gibson took turns taking shots at the anti-Christmas Grinches.

But O'Reilly and Gibson are not Christian extremists who are out of touch with mainstream society. Most Americans agree with them that the censoring of Christmas has gone too far.

A Washington Times survey showed that 69 percent of Americans prefer the traditional "Merry Christmas" greeting over the generic "Happy Holidays," which was favored by only 23 percent of those surveyed. So why do the Mayor of Chicago and other politicians go against the majority view of Americans?

To their credit, Wal-mart, Target, Kohl's, Macy's and other retailers who had originally banned their employees from saying "Merry Christmas" last year have now changed their tone after customer complaints.

What's at the core of these lawsuits and bans is a desire to protect the supposedly constitutional rights of non-Christians to not have to be bothered with Christmas. We bend over backwards to make sure they're not "offended" but ignore the rights of those that who want to celebrate Christmas.

What's even worse is that many who believe in our traditional values, like celebrating Christmas, are willing to just sit there and smile as our rights are taken away. If we continue to sit by and do nothing, eventually, Americans won't be allowed to celebrate Christmas anywhere in public.

But don't think that this politically correct madness couldn't happen here at De Anza College. With people on campus having serious discussions about building an "interfaith" room on campus, what will happen if someone wants to put up a nativity scene in it?

I, for one, would demand it. Would there be protests about having a statue of baby Jesus and his family on campus because it could offend people of different faiths? Will this very question end the room's existence?

The fight over Christmas is sure to go on for years. But where is it going to end? Will the public celebration of Christmas become a thing of the past only talked about in whispers or are we going to see the tenth remake of The Nativity Story in movie theaters?

For my part, all I can say is Merry CHRISTmas, peace on earth and good will towards men.

## A note from your friendly *La Voz* staff:

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## Don't buy the 'terrorism' media propaganda



**laenaBRANDENBURG**

In the 2006 midterm election, polls found that concern about terrorism and Americans' safety rated as one of the biggest factors in deciding who to vote for. 29 percent of those surveyed said terrorism was the most important issue. Healthcare was tied at number one with 29 percent, as well. The next in line were:

- The war on terror (28 percent)
- The war in Iraq (27 percent)
- The economy (24 percent)
- Tax policies (19 percent)

These numbers made me wonder if Americans are really that worried about being "terrorized." With so many things to be afraid of, like our increasingly unpredictable environment that is threatening to literally wash us all away or the tobacco companies who knowingly, legally supply us with deadly chemicals, why are these terrorist "threats" ranking at the top?

A lot of confusion can stem from different definitions of "terrorism," so there needs to be clarification. If terrorism is "the calculated use of violence against civilians in order to attain goals that are political, religious or ideological in nature,"

then the implication of the polls above is that a big fear in the daily life of Americans is that a bomb will go off as they're typing a memo at work. But is that a credible threat or is it just what we have been taught to fear?

Another example from the American Heritage Dictionary says terrorism is: "the unlawful use of violence by an organized group against people with the intention of intimidating societies or governments, often for ideological or political reasons".

This definition, ironically, makes Americans the real terrorists in the eyes of many people around the world. Of course it's true that excessive violence is no longer legal, thanks to the Geneva Conventions. But intimidating governments through violence for ideological reasons is still our strong suit.

Watching the news informs us that we live in the "world of terror," here at "Target: USA," when in reality "outside of 2001, fewer people died in America from international terrorism than drowned in toilets," according to John Mueller, professor of Political Science at Ohio State University. Even though fear of terrorism is not rooted in a violence-ridden reality here in the United States, talk about making ourselves safer is at an all-time high.

The day of Sept. 11, 2001, The United States was put into a near state of marshal law when our airports were shut down for a week. Following that was the anthrax scare, the Patriot Act (which compromised many of our basic freedoms) and

the creation of the office of Homeland Security. We were also introduced to the "terror level" alert meter designed, apparently, to indicate the amount of terror we should feel.

The last time Republicans controlled the house, senate and the White House, children of the 1950's and 60's crawled under their desks in fear of communism. Today, we are the generation of the next set of "-isms," -- terrorism being one of them.

The problem is that there are many people that make a lot of money on keeping us afraid -- the "terrorism industry," as John Mueller coins it. These are not only risk entrepreneurs and bureaucrats, but also most of the media and nearly all politicians. When given an opportunity such as Sept. 11, 2001, instead of appealing to resourcefulness, civility and mutual aid to help us through it, they stroke our fears and encourage overreaction. In the end, this caused much more damage and destruction than the attack itself.

Just because there is all this hype in the media about terrorism doesn't mean that it deserves to be there. With everything that is at stake, don't get lost in the propaganda. Think for yourself. Forget what the media feeds you and decide what issues are really pertinent to your daily life.

The 2006 midterm election proved that democracy in the United States is strong. With a new government under our belt and this time (hopefully, smarter than before), let's not repeat the mistakes of the past.

**La Voz**

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Editorial staff: Olga Ardulov, Kayla Hilton, Matthew C. Egan and Dan Sealana

**We need more 'smart' classrooms here**

All classrooms should be smart classrooms. By this we don't mean classes should not have stupid students in them. (They're here to learn, too, after all.) We mean that all classrooms on campus, not just some, should have state of the art technology.

"Smart" classrooms are equipped with a DVD player, computers with Internet and a live feed document camera all connected to a large overhead projector and sound system.

To not have this in every classroom at a school in the middle of Silicon Valley is ridiculous.

Smart classrooms have huge benefits for both students and instructors. In the case of students, it allows for them to have professional presentations and

speeches using the Internet and power points which will better prepare them for the workplace, especially in this area.

Most instructors would take advantage of a smart classroom if it were available to them.

Students wouldn't zone out to the monotonous drone of their instructor's voice. Instead, the classroom becomes more interactive. Smart classrooms work to the instructor's benefit in that they can teach straight from the Internet and can use the most current information in class.

Also, students are more captivated by movies on a big screen as apposed to the little TVs, which most students have at home. The document camera allows the instructor to show diagrams from books a lot more clearly than by holding the

book up in front of class or passing it around, which causes a distraction more than anything. Also, with the camera, the instructor doesn't have to use transparency film on the overhead. Instead, they can use regular paper, which is more ecological, less expensive and requires a lot less preparation time.

If a student was to decide which class to add and one classroom was "smart" and the other was not, that student would more than likely choose the smart classroom because it is such an asset and adds a lot to the learning experience.

De Anza College has got off to a great start by installing this technology into so many of its classes. Now De Anza needs to get smart itself and make every classroom smart.

letters and comments

**Euphrat coverage positive but disappointing**

Nearly two weeks after its initial launch, the fall exhibition at the Euphrat Museum of Art caught some much-needed attention in the Nov. 27 issue of *La Voz*.

It was pleasing to see the photo and headline at the top center of the front page, and it really was a nice move to trigger readers' interests about the exhibition. However, when I read the article itself, I felt the lack of in depth coverage for the event. Despite all the paper space it consumed, it failed to meet the need of gathering more profound interest from the readers.

Also on the same page, it would have been more reasonable to see a review of the art works from the exhibition rather than a review of some "fake news show" on TV.

Also, the location of the museum should have been mentioned as well. It's located in room A92 in the new A9 building (which was kind of tricky to find when I went there for my art class for the first time). It would encourage more students to visit. The higher the turnout is for the exhibition, the more beneficial it would be for the De Anza art program.

- Jung Hwan Shin

**Thou shall not steal (my textbook!)**

This quarter, at least five backpacks, four textbooks and two laptops were stolen from students while leaving their belongings unattended at De Anza College library.

The stories are likely the same: "I went to the restroom for less than two minutes, when I came back, my backpack was gone..." "Has anyone turned in an Accounting textbook, I just went out to pick up a phone call..." One of the students who lost his laptop was just ten feet away looking at the Wall Street Journal in the periodical section.

"Thou shall not steal." This is not only a commandment of the Bible, but the principle ethics and core value of all human beings. We all learned not to take things that aren't ours when

we were in kindergarten. So why are there people doing this to our fellow De Anza College students?

From now on, you need to watch your belongings more carefully. Don't give thieves the chance to loot again. And thieves, listen up: If you have the time to stay in the library long enough to choose your next victim, why don't you spend your time applying for FASFA from Financial Aid office.

- Ping Shan Lee

**No room for dorms at De Anza**

I think that having dorms on campus would be both positive and negative. The good part would be that international students would have a place to stay while attending De Anza. That would save them a lot of hardship trying to find local housing. A main concern, however, would be space. We are already limited with the space that we have, so I really don't know where they would put the dorms.

The Oaks shopping center wouldn't be the best place to put it, as was suggested in Seneera Benjamin's article in the Nov. 27 issue of *La Voz*. It would be strange to have a shopping center in the same parking lot as a dorm. Having loud students around could be bad for business. And what about a curfew? How could they every enforce it?

Another downfall to having dorms at the shopping center is that right behind the center is an old folks home. You know how agitated they could get - with all that construction going on, day in and day out. We at De Anza are just barely getting over all the ruckus construction has caused at our campus. We don't need to deal with it across the street.

If there isn't a better solution, then dorms would solve a lot of housing problems for students. But we can only work with what we have.

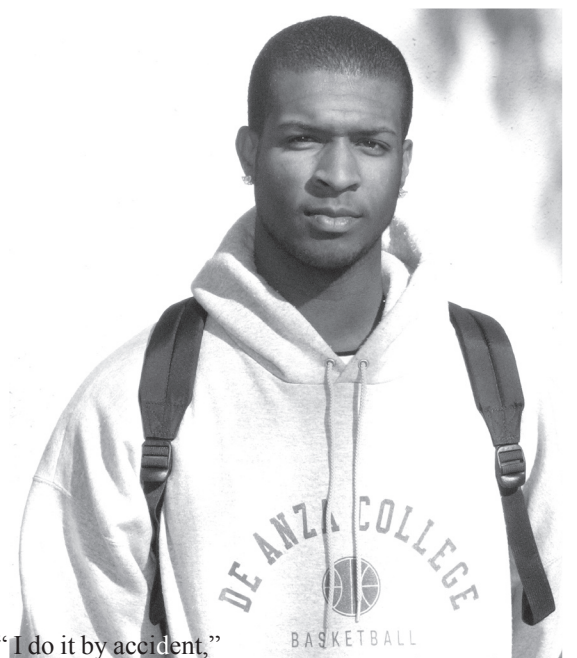
- Carine Sliva

**Nov. 27 issue corrections:**

- Page 11 - The drawings in the "Your guide to becoming a De Anza athlete" article were drawn by Olga Ardulov.



# Player of the Week



Kayla Hilton  
LA VOZ



## Derisa Taleni

**Birthdate:**  
May 24, 1988

**Hometown:**  
Santa Clara, Calif.

**Position:**  
Guard and Post

**Favorite Pro Player:**  
Michael Jordan

**Favorite Pro Team:**  
Los Angeles Lakers

**Major:**  
Psychology

**Dream School:**  
University of Arizona

**Most Memorable Basketball Moment:**  
"Junior year of high school we went undefeated and made it to CCS"

With her seven brothers and sisters and parents all playing basketball Derisa Taleni is continuing the tradition. She joined the rest of her family playing basketball at a young age and when she was in third grade her father put her into a basketball league.

She continued to play all through her life and came to De Anza College where her sister had come. In her time here so far she has shined.

"She is the type of player that can beat you in every facet of the game but includes the team when she does it," said head women's basketball coach Arden Kragalott.

"She has the ability to make others around her do better," added assistant coach Ali Lopez.

This season she averages 19.7 points, 13 rebounds, five assists and six steals a game.

She has 47% success in field goals, which is any basket not made from the free throw line, and 70% in free throws. When asked why she feels she has done so

well Taleni said

"It is highly expected from me because of my skill level. Playing here has been amazing there is a whole different expectation [than high school] you have to work harder."

Although she feels that De Anza is a "whole other story" that high school the close relationship with her team mates is similar to that of high school.

"The team is cool." She said. "We all get along, we're like sisters people are just more grown here."

Taleni is currently taking 16 units and is working to manage her time. She tries to study and do homework during class, breaks and before and after practice.

"It is a challenge but I am up to it," she said

The women's basketball teams season doesn't end until the beginning of March and Taleni is looking forward to a good season and hopes that they will get better as a team. She also hopes the team will at least win the league and make the playoffs.

Following in his father's footsteps Aaron Buckner started playing basketball at first at parks then played in coed games.

In 1995 he joined his first league and played in a number of programs through his youth. He began his college basketball career at West Valley College but he said he did not like it there.

One of his teammates told him De Anza College had open spots so he became a Don.

"It's fun [at De Anza] I can't complain," said Buckner. This is his second year at De Anza and he has made a name for himself.

"I would say he is the best player in the state," said head coach Jason Damjanovic. "he has a high Basketball IQ and is extremely coachable which is rare these days. He is a great guy but he doesn't say much, he is a humble superstar."

Last week he was named Northern California player of the week and is one of the top five players in the state. He currently averages 22.7 points and two steals a game.

"I do it by accident," said Buckner. "I just happen to put the ball in the basket." Buckner is one of three team captains and is used to that role. "As a captain you have to know that your putting [players] in the right spot. If they mess up you can't jump on them but try and help them."

Although Buckner's dream school is University of North Carolina he is willing to go to any school that is willing to offer him a full scholarship.

Currently many schools are looking to recruit Buckner. After college he hopes to join the NBA. If he does not reach this goal he plans to be a coach and math teacher.

"I never liked math but I did well at it and it is hard to get a coaching job if you aren't a teacher," said Buckner.

The men's basketball teams season has just begun and Buckner hopes "everybody [will] come to the game and support us. We will make y'all proud."



## Aaron Buckner

**Birthdate:**  
December 14, 1986

**Hometown:**  
San Jose, Calif.

**Position:**  
Guard

**Favorite Pro Player:**  
Michael Jordan

**Favorite Pro Team:**  
Miami Heat

**Major:**  
Undecided

**Dream School:**  
University of North Carolina

**Most Memorable Basketball moment:**  
"High School, junior year, when we made it all the way to city championships. We lost though, but we made it."

## Fit Camp program offers students rigorous exercise for ultimate fitness



Loriza Sasur/LA VOZ

Students work out in their individual stations during circuit training. After warm-up, the class is divided by fitness levels, with half the class in the wellness center and the other half in another varying location.

Loriza Sasur  
LA VOZ

For those who are preparing to choose their classes and are looking for a way to get back in shape, consider registering for the Fit Camp program at De Anza College.

It is a combination of two physical education classes PE 6U Fit Camp and PE 9 Cardiovascular and Strength Training for Winter Quarter.

The class is from 6:00 to 7:00 a.m. Monday through Thursday, and on Fridays students are allowed use of the Wellness Center.

"We do it all," said De Anza instructor Deborah Schafer who leads the program. "Run, jump, hop, skip, crawl, pick up things, [and] partner drills. I try to do something different every day. We have the element of fun."

The class has elements of a U.S. military boot camp regiment with a variety of cardiovascular and strength training exercises. The goal is for students to "strive for ultimate fitness" and assessments are given throughout the term to chart the progress.

Those who are intimidated need not be. The class is open to all ages and fitness levels, and is divided by physical ability. "It's your workout," said Schafer. "I have students from 17 to 75 years old. There's no competition in this class."

"I took this class because [Ms. Schafer] is good at getting people motivated," said De Anza student Ebony Boles. This is Boles second quarter in the program, and she encourages others to join. "You get a really good workout."

"The bottom line is it's a fun and creative," said Schafer. "It's cheap, and you get a great workout."

**Want to join the Fit Camp program? Here is a list of the classes available this winter quarter:**

**PE6U Fit Camp 6-6:30 am MW**

**PE9 Cardiovascular and strength training 6-6:30 am TTth**

**Fridays students are encouraged to come in and workout at the Wellness Center**

**Student with perfect attendance receive a free De Anza Fit Camp T-shirt.**

# Kulwant Singh: 27 years in the game

Michael Stapleton  
LA VOZ

Kulwant Singh's position at De Anza is a far cry from where he grew up. Born in Punjab, Singh's father moved to England, while Kulwant himself came to the United States, landing in Hayward in 1973.

Singh began his coaching career in 1979, as the coach of the junior varsity boys soccer team at San Lorenzo High School.

He rose to assume the position of head coach in less than a year. Between that time and the beginning of his position at De Anza, Singh coached at CSU Hayward, and James Logan High School.

Singh said one of his greatest opportunities was coaching for the State Olympic Development Program.

"I was fortunate enough to be able to coach Tisha Venturini and Brandy Chastian, both of whom went on to play in the U.S. Nationals and the 1996 Summer Olympics," said Singh.

Eventually, Singh left all of that behind to devote his coaching skills to athletes here at De Anza in 1990.

Though he began as a men's soccer coach, and P.E. teacher, Singh quickly moved on to be-

come a women's soccer coach until he was named athletic director of De Anza in 2004.

When asked about his coaching philosophy, Singh gave an unconventional answer. "My philosophy changes every couple of



Kulwant Singh

years, because players change, and times change, so coaches have to change," said Singh.

The varsity soccer coach also noted that he has to be open to new players and styles. "I am pretty laid back because

that's the only way I can remain level-headed as a coach. While I age, my players are always 17, 18, or 19 years old," said Singh.

While some coaches say that their philosophies for teaching and coaching are the same, Singh seems to take a different approach.

"There is so much more variety in teaching than in coaching," he said. "The players that I coach are always pretty talented, but with a physical education class, I get a whole spectrum of talent."

Still, like many coaches at De Anza, Singh is appreciative of the other faculty and staff members here.

"I am so grateful that I have been able to build relationships with other coaches and staff, just as I have with players," said Singh.

Singh also notes that the athletic program at De Anza has changed a lot over the past few decades.

"The '70s and '80s were very successful time period for athletics here, but we dropped in the '90s. Nonetheless, we've managed to bounce back a little in the past few years, and I hope we continue that trend," said Singh of the program's history.

This athletic director's goals may seem simple, but they are very difficult to achieve.

"I want to have successful teams that constantly go to the playoffs, and still maintain great GPAs and high transfer rates. I want my athletes to be really successful on the field, but I want them to be just as successful, if not more successful, in the classroom."

## STATS

### MEN'S BASKETBALL

NOV 29

Non-conference

#### De Anza 84, Marin 67

**De Anza (7-4)** -- Williams 4 0-0 9, Bushnell 4 0-0 12, Valderrama 3 0-0 8, Frank 1 0-2 2, Seaman 2 1-5 5, Lewis 1 0-0 2, Buckner 8 0-0 17, Brinkerhoff 1 0-0 2, McKinley 3 0-0 6, Lee 0 2-2 2, Close 3 0-0 6, Wilson 4 1-2 9. Totals 43 4-13 84.

**Marin (0-8)** -- Burton 4 4-6 13, Spears 1 0-0 2, Jones 3 0-0 6, Lachaux 1 4-4 6, Lewis 3 0-0 7, McGhee 1 0-0 2, McNealy 1 4-4 6, Meyers 5 2-2 12, Miller 5 2-6 12. Totals 26 16-22 67.

**Halftime** -- De Anza 40, Marin 29.

**Three-point goals** -- Williams, Bushnell 4, Valderrama 2, Buckner; Burton, Lewis.

NOV 27

Non-conference

#### De Anza 87, Los Positas 82

**Los Positas (6-2)** -- Traylor 8 2-4 18, Perry 7 0-0 15, Gammage 3 0-0 7, Wallace 4 5-8 13, Hodges 5 0-0 10, Dotson 3 0-1 6, Hansen 1 0-2 2, Roberson 4 0-0 9, Koertje 0 2-2 2. Totals 38 9-17 82.

**De Anza (6-4)** -- Williams 4 0-0 10, Bushnell 4 0-0 12, Valderrama 1 2-2 5, Frank 1 0-0 2, Lewis 2 3-4 6, Buckner 8 8-10 24, Brinkerhoff 2 0-0 4, McKinley 1 0-0 2, Lee 1 0-0 2, Robinson 3 3-4 9, Wilson 5 1-2 11. Totals 40 17-24 87.

**Halftime** -- Los Positas 42, De Anza 39.

**Three-point goals** -- Perry, Gammage, Roberson; Williams 2, Bushnell 4, Valderrama, Lewis.

### WOMEN'S BASKETBALL

NOV 28

Non-conference

#### De Anza 80, Los Medanos 63

**De Anza (6-2)** -- McDaniel 1 3-4 5, Yanai 1 0-0 3, Morin 8 3-4 23, Williams 5 3-4 13, Castro 5 6-8 16, Taleni 7 4-5 20, Torres 0 1-3 1. Totals 27 20-31 80.

**Los Medanos (2-4)** -- Christian 1 2-2 4, LeCat 3 0-0 6, Wagner 3 0-2 8, Trizuto 2 1-4 5, Reed 2 0-0 5, Luasito 0 3-3 3, Barnes 3 9-13 16, Witherspoon 5 0-0 10, Lang 2 2-2 6. Totals 21 17-26 63.

**Halftime** -- De Anza 42, Los Medanos 27.

**Three-point goals** -- Morin 4, Taleni 2, Yanai; Wagner 2, Reed, Barnes.

# Become a trained massage therapist

Seenera Benjamin  
LA VOZ

Most people like to get a massage. But if you like to give massages PE 54 B Sports Massage is for you. It is divided into two parts: theory and practice.

The pre requisite for this class (PE 54 A), that covers the basics of massage and also fulfills the GE requirements.

In PE 54 B students learn to examine Kinesiology relative to sports movements and athletic injuries. The students in this class are full of praise for their teacher Kathy Wasowski, who is a graduate of De Anza College and UCSF.

"I like her because she is very thorough and has been doing this for many years," said Vivienne Miranda, a student of the class.

The goal of this class is to teach the students to become a trained massage therapist and to use their knowledge of anatomy to work on the causes of the problem and not just the symptoms. Specific mas-

sage strokes are taught for specific injuries. Students also learn when to send the client to a physician if it is beyond the scope of their practice.

Massage has been around for several years in many cultures to improve the function of the body.

"I love massage," said Miranda "I come from the land of midwives [Ecuador and Puerto Rico]. But midwives did not get the background of the anatomy and the technical education that I am able to get at De Anza."

Vivienne is focusing on pre-natal and post-natal massage and she feels that this program is giving her a very good base.

Michelle Gilbert another student working towards a certification in massage therapy is currently a physical education teacher in middle school and is looking into the possibility of doing massages as a side business. Various options after this course include working with sports teams, working with athletes or even giving fifteen minute massages at an office.

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Requirements:

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Requirements:

Strong organizational and communication skills, Reliable and multi-tasked, Familiar with Microsoft Office (Word, Excel, PowerPoint, Outlook), and QuickBooks is a plus. Send your resume to: tooltekeng@gmail.com

### DE ANZA SPORTS REPORT:

#### SOCCER:

Both women's and men's soccer teams made the playoffs for the 11th straight year and 15 out of the past 16 years.

#### WOMEN'S CROSS-COUNTRY

team finished 11th at the Northern California championships and qualified for the upcoming state championships in Fresno. Student athletes competing will be Vicky Barrios, Jennifer Huston, Laurel Morrow and Katrina Nowack.

#### MEN'S CROSS-COUNTRY

team finished 14th and just missed qualifying for the state championships.

#### FOOTBALL

team finished its season with a 5-5 record, its best in years, and just missed an opportunity to play in a bowl game.

For more information on De Anza sports, contact Athletic Director Kulwant Singh at singhkulwant@deanza.edu

# De Anza women's soccer gears up for top four finals

**Thomas Guffey**  
LA VOZ

La Voz Sports has left one of our best teams under-reported. De Anza College's Women's Soccer team has won its conference with 14 wins, 6 losses, and 2 ties.

They'll be in Modesto this Saturday for quarter-finals which will determine where they'll stand in the Final Four games held in Fresno on Dec. 8th and 10th.

This may come as a surprise, but one of the reasons the team has done so well is actually because of the team's initial losses.

Coach Cheryl Owiesny said she "scheduled the toughest pre-season of any community college [in the conference]."

They lost against the more experienced teams, but those losses ended up encouraging the team to try harder.

When the team "didn't get killed, they realized they could

have won." This led the team, with only four returning players from last season, to practice hard and play even harder.

"It paid off," said 21-year-old communications student Heather Emswiler, the team goalie. "We ended up beating those teams we lost against, we even beat the number one seat, and that felt good."

When asked about who her most valuable player was, Owiesny said "there's people who have stepped up every game and been the most valuable player in that game. It's been a real team effort for this mostly freshman team."

She did note the leadership of returning sophomore Monica Agustiniez, whose experience helped provide leadership for the team.

On La Voz's unfortunate lack of coverage of the women's soccer team's winning season, Owiesny said, "it's frustrating as a coach... I mean, we won our conference."



Thomas Guffey/LA VOZ

Coach Cheryl Owiesny leads the De Anza College women's soccer team in warm-ups during practice. The team is preparing for the top four tournament in Fresno.

# Forget Mr. Miyagi: De Anza has Shotokan Karate instructor Pete Rabbitt

**Asif Ahmed**  
LA VOZ



Pete Rabbitt

For those new to California and/or getting picked on and have no soft spoken Hawaiian geriatric to help them out, there is hope. No De Anza student needs a Miyagi when they have access to Pete Rabbitt and a quality Shotokan program.

Rabbitt started teaching karate classes in 1990. He was first introduced to tae kwon doe in 1979 and began participating in karate classes in 1980.

Currently, Rabbitt teaches a PE 2 class and an Intermediate Karate course as well as running the Shotokan Karate Club at De Anza along with Irv Ploke (another seasoned martial artist).

"It's similar to the Auto Tech Club for students in a PE 2 class. We participate in tournaments, seminars, and other special events," said Rabbitt about the program.

A recent special event included a three day summer camp in the Sierras to sharpen the students karate skills.

The sense of community is separated between two characters according to Rabbitt.

"You have the student who needs PE credits and one that is interested in the Martial Art. They tend to stay around for a few years. Some of my intermediate students have been here for 8-9 years," he said.

With tested instructors and comparatively cheap rates to a private institution, are there any flaws? *La Voz* asked Rabbitt a series of questions pertaining to Martial Arts revealed that the man's knowledge of karate ranges from Gichin Funakoshi to Ralph Macchio.

If you've ever had an interest in martial arts, it would be in your interest to investigate the Shotokan courses De Anza offers.



# Want to be an editor for La Voz?

## Positions available:

- Editor-in-chief
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## Section Editors:

- News editor
- Opinions letter
- Features editor
- Arts & Entertainment
- Sports Editor

## Coordinating Editors:

- Photo/Graphics Editor
- Copy Editor
- Web Editor
- Broadcast Editor
- Assistant Editors

## Requirements:

Editor-in-chief, Managing Editor and section editor applicants

must enroll in Journalism 61 in the winter quarter. Section editor applicants should be available on Wednesday and Thursday nights and be able to dedicate a minimum of 20 hours a week outside of class. Applicants should have excellent writing and leadership skills and must be able to work well in a team environment.

## Deadlines to apply:

Editor-in-chief and Managing Editor positions: Tuesday, Dec. 5 at noon

All other positions: Wednesday, Dec. 6 at noon

To apply, send a 300-word letter of intent Beth Grobman at grobman@fhda.edu