New duties demand time, talents of administrators

By LOIS APCAR Staff Writer

How to cut \$3.5 million from the College budget and, at the same time, maintain a high number of course offerings was the big question put to the administration this summer.

One of the answers was to suggest that several administrators take on additional duties for which they would receive no additional pay.

Contrary to expectations, the idea was approved and supported enthusiastically by all.

Some adminstrators elected to assume part-time classroom work, others opted for nonteaching positions. As Dr. Richard Kent, dean of sciences, As Dr. put it, "It's our small contribution to cutting costs."

DR. KENT contributes four hours every Friday morning assisting students in an autotutorial chemistry class.

Although he hasn't taught for seven years, Dr. Kent said, "I didn't go into administration because I don't like to teach. I always enjoy teaching and it's fun to get back into it."

He spent 30 to 40 hours this summer in the lab working the problem sets in preparation for the class. While there have been some minor changes, Kent explained, "The fundamentals of chemistry never change.'

Dr. Richard Wright, dean of administrative services, supervises the same class on Tuesday afternoons. Agreeing with Kent, he said, "The class is really dealing with basics which made it easier for me to make the transition.

Dr. Wright, who has not been in a classroom as an instructor since 1966, said he first relied on his previous background in chemistry to prepare for the class. He also enrolled in the course he supervises to get some idea of

what is being asked of the student.

HE FEELS that being in a

classroom gives one a better understanding of the problems that instructors and students face.

'Every administrator I know used to be a teacher but some, like me, have not been there for quite a number of years. You tend to forget some of the situations, Wright said.

Splitting his interests in two different areas and not being able to do the kind of job he should be doing is his main concern.

'I can't use my appearance in the classroom as an excuse of not getting my other duties as administrator done," he said.

This concern is echoed by Don Perata, dean of student services. In addition to his administrative responsibilities, Perata has the full-time job as registrar.

"I'm finding that the job as registrar, because of some newly (continued on back page)

> "THE VOICE OF DE ANZA"

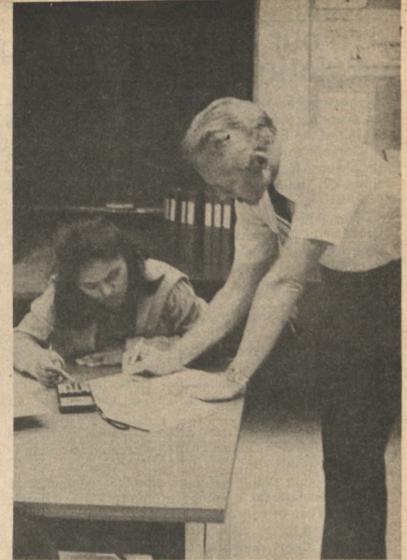


Photo by Karen Ginnett

Dr. Richard Wright assists Sandra Stoner in the Auto-tutorial lab.

VOL. 12 NO. 4

Campus cafeteria sells tasty bargain

By JAN SHAW Staff Writer

Some financially-concerned students spend five minutes in the cafeteria deciding between the bagel with cream cheese (40 cents) and the tuna sandwich (85 cents). The phrase "It's all relative" applies here.

In the realm of campus food and its price. De Anza students have it better than they may suppose. A look through nearby restaurant menus discloses that cafeteria and Cellar food and drinks usually run anywhere from 5 to 60 percent less than their commercial counterparts.

These cost differences pivot on two facts: De Anza's food services are district owned, breakeven enterprises; and nearby restaurants and fast food outlets are profit-oriented commercial enter-

De Anza's closest cost competitors are the food chains and franchises. Enormous, cost-cutting, bulk food purchases gives them a price advantage. De Anza's food buying process more closely resembles that of an independent restaurant. Yet, the end prices are more than competi-

ONE AID IS that Foothill-De Anza College District ownership cuts down on overhead. No rent, utility or phone bills are charged to the program. The employees' benefits are district-paid.

Good food at low cost is Food Manager Klaus Dehn's goal. He intensely pursues this aim, pointing out the results of a recent nation-wide survey by the Stanford Research Institute.

FRIDAY, OCTOBER 20, 1978 CUPERTINO, CALIFORNIA

Among the 2,000 similar college food service operations sampled, De Anza rated number one in both price and quality," he

AT THE MOMENT, however, De Anza is laboring under a heavy debt incurred before Dehn arrived. The district, at one time, paid \$246,000 to bail out the food

"\$80,000 of that has been retired in the last two years,' said Don Hogan, dean of student activities.

The district no longer has the funds to bail out De Anza again, so the cafeteria and Cellar must now make it on their own.

It is here that Klaus Dehn's professional experience in private enterprise proved invaluable.

HE REFLECTS the efficiency demanded in the world of private enterprise. It was from this world that, one and a half years ago, he stepped in to take charge at De Anza. He is a master chef who also spent over 20 years working up to director of restaurants for the Hilton Corporation.

The services, for the first time, were in the black last fiscal

But the problems have not stopped.

Health and insurance regulations, theft, special demands on service, banquets, the district's break-even mandate and the normal headaches of a cafeteria and Cellar feeding 3,000-4,000 students daily make this operation a complex and demanding

IT IS NOT AIDED by the fact that under law, according to Dehn, the food services and district are liable for all food sold or eaten on campus.

This doesn't sound difficult on the face of it, but suppose that a student brings a home-made treat of zucchini-carob cookies to pass around at the last meeting of his economics class. Should one of the econ students become ill due to eating one of these cookies, the district can be sued.

Nor are the migraines of food costs lessened with theft and misplacement. Roughly \$12,000 yearly is spent replacing trays and dishes, according to Dehn.

All of these factors and more go into the price that the student eventually pays for his chef's salad at the checkout counter.

But the cost of that chef's salad is still less than in most commercial restaurants.



Ann Vidis of the food service staff dishes out the daily special.

Photo by Jan Shaw

Editorial

Are our outlooks making us victims of Prop. 13?

Proposition 13. It has shouldered the responsibility for everything from the filth in the restrooms to the closing of the Euphrat Gallery.

Cuts, or threats of cuts, strike fear in the hearts of those whose livelihood depends on what happens on this campus. The results have been pandemonium. have, by our attitudes, become victims of Prop. 13.

Prop. 13 is not the first, nor will it be the last obstacle placed in the path of higher education. It has affected the budget by nine percent. That's nine percent less money than we had last year and while it does represent a substantial amount, it is by no means a catastrophic

But Prop. 13 hasn't been all bad. While it closed the Euphrat Gallery, it also eliminated city-owned cars provided to San Jose City Council members and mobile telephones in their private cars. It meant dismissal of 40 district classified personnel, but it has awakened the public, on a national scale, to severe inequities in our system of taxation.

PROP. 13 MEANT that district Chancellor Thomas Fryer, contracted in excess of \$57,000 yearly, to submit to a 10 percent pay cut.

With voters getting the impression that too much lean and not enough fat is being cut, more Prop. 13-style legislation can be expected. Before the voter is finished, Fryer may give up the district-owned car he drives. There are those among us that consider even this an extravagance.

La Voz has had to tighten its belt by 62 percent, but Prop. 13 will not defeat us. La Voz will be in the racks on Friday mornings, because we will find a way.

La Voz feels that if we can do it, so can the rest of the College. The time has come to put Prop. 13 into proper perspective. It has hurt us, cut us deeply, but here at De Anza we have one of the finest two-year colleges in the nation with faculty and administrators highly respected and sought after in their fields. We have people here who should not let obstacles like Prop. 13 affect their performance, but the amendment is reflected in the faces of administrators, faculty and staff alike.

WHETHER IT'S the custodian who lets his attitude affect the quality of his cleaning, or the groundskeeper who doesn't trim the weeds back at that blind corner, or the faculty member who announces to his class, "ADA doesn't matter anymore so there will be no adds to my class," Prop. 13 is showing its ugly side in our attitudes.

La Voz feels that if those who control the purse strings and those who have to deal with the realities of Prop. 13 would look inward, clear their heads and let rational thought prevail, only then will the instances of genuine fat within our system become more evident; cuts will be easier to make in a less disruptive manner and Prop. 13 will be a lot easier to deal with.



Cartoon by Rick Yamashiro

Humanities rep **Dennis Wood** asks for help

My name is Woody Dennis and I'm your new humanities representative for this 78-79 school year.

I've been appointed as a student representative, to do I'm an ardent exactly that. believer in student participation,

and in order for me to be a successful student representative, I want to hear your concerns and ideas.

My office hours are Tuesdays and Thursdays 9:30-10:20 a.m., Wednesdays 10:30-11:20 a.m. and Fridays 8:30-9:30 a.m.

The student representative office is located next to the Council Chambers in the Campus

> **Woody Dennis Humanities Representative**

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Opinions expressed in La Voz are not necessarily those of the College, student body, faculty or administration. All editorials are approved by the Student Editorial Board. Opinions expressed elsewhere are those of the identified writers

Voz urges more letters

Got a complaint or a compliment? Write a letter to the editor of La Voz.

Letters may be delivered to the La Voz office, L-41, or to the letters to the editor boxes in the foyer of the Campus Center or the entrance to the Learning Center (on the wall in the lobby.)

Letters must be signed with the author's true name and telephone number. Names will be withheld upon request.

Letters may be either typed or handwritten.

Because the law holds La Voz responsible for its contents, the editors must reserve the right to delete questionable material

Moreover anytime you see or know of news or interesting events either happening or going to happen, give us a call, or drop by and fill in a news "tip" form. We'd like to know what's

going on with you.



Shopping tips stretch student food dollars

Staff Writer

As you ponder over your grocery bill this week, you may wonder where it all goes.

Not the food, everybody knows where that goes. But what about money?

Stretching the budget can be made either to make more money available for the purchase of nutrients or to make the money buy more nutrients.

Since the inflation of the 1970's, interest has increased in how consumers can purchase the best possible diet within their budget.

A 1974 government survey of Americans entering supermarkets showed that nourishment determines shoppers choices 39 percent of the time, but 37 percent of those questioned ranked saving

money on food prices as most important.

Another study showed that due to inflation, four of the sixteen ways consumers save money affect their diet. Almost one-fifth of the people surveyed are postponing medical and dental visits to save

Yet, a table calculated from the U. S. Department of Agriculture shows that approximately 21 percent of the money spent by the average shopper in a grocery store is spent on non-food

". . . foods least required for a good diet are often the easiest to find . . ."

items, and another 5 percent is spent on beer, wine and liquor.

Although adequate diets can exist on small budgets, studies have shown that many people do not know how to plan these types of diets.

SAVINGS CAN BEGIN before or during a trip to the grocery store. A grocery list and menu may minimize return trips, save gasoline and improve the nutrient balance of the diet.

DAC consumer nutrition instructor Dorothy Terrill suggests students use a shopping list, shop

specials and shop infrequently.

Timing is also essential to the shopper. Hungry shoppers may bring items home that do not meet the week's nutritional needs. If hurried or tired when grocery shopping, nutritional value and cost may not be considered.

A QUICK WAY to compare the basic foods, from foods not so high in nutrients, is to separate the items as the cashier subtotals the products. The

figures may suggest some nutritional grounds for changes in future grocery buying patterns.

Another important thing to remember is awareness. Look up and down the aisles. A shopper whose vision is limited to eye-level may skip the best discounts. The foods least required for a good diet are often the easiest to find; eye-level space is not wasted on things that the grocer assumes you will buy anyway.

A RECENT USDA STUDY confirmed the following information:

•Nearly all of the frozen, chilled or ready-toserve baked goods were more expensive than preparing them from recipes or mixes.

• Frozen and chilled pizzas were about 60 percent more expensive than both home-prepared and packaged combination cheese pizzas.

•All forms of margarine were less expensive than butter in bulk or quarter, but margarine in a tub or in a squeeze bottle was higher in price than stick margarine.

•Frozen orange juice concentrate was the best orange juice buy.

Furthermore, of the 162 convenience foods studied by the USDA, 36 percent had a cost per serving that was lower than home-prepared or fresh

TODAY, SINGLES OR students on the go may find TV dinners cheaper than purchasing small quantities of the items included, since the unit price of small containers is usually greater than for larger

"Convenience foods really don't save that much time!" exclaimed Terrill, who is also a nutritionist. She suggested that casseroles would take about forty minutes, just as a TV dinner would.
"Whenever you buy prepared foods," Terrill

laughed, "it's like paying for a maid in your kitchen."

ANOTHER PLACE TO look for bargains is when buying products, to compare the nationally advertised to the store brand. The following survey was done in a local San Jose store:

NATIONALLY ADVERTISED STORE BRANDS 1 lb. Blue Bonnet Margarine \$.66 \$.49 18 oz. Jif Crunch Peanut Butter \$1.20 \$.99 9 oz. Lady Lee Cheddar Cheese \$1.39 \$.99 \$.39 1 lb. C&H Brown Sugar \$.41 18 oz. Quaker Oat Cereal \$.63 \$.55 16 oz. S&W canned green beans \$.43

A 73 cent difference is evident just from the previously listed six items which could mean a substantial savings with a larger grocery list.

Of course, knowledge of each food group is imperative for the shoppers on a budget.

KRISTEN AND DAVID McNUTT, both doctors and authors of "Nutrition and Food Choices,"

advocate the following:

•Americans could easily reduce their meat intake by one-third without doing any harm to their nutritional needs if substitutes were chosen wisely.

On some college campuses, as many as 25 percent of the students are vegetarians to some extent, due to reasons including financial and nutritional factors.

Nonfat milk costs about a third of the price of whole milk. Yet yogurt is four times more costly than milk; cottage cheese almost three times more; and ice cream is double the price based on the calcium value of whole milk.

Trustees support \$1 fee based on DeHart's report

Students will once again be charged a legally questionable \$1 per class printed materials fee at winter quarter registration, announced the district board of trustees at Monday's meeting.

This decision, recommended by De Anza President A. Robert DeHart in an eight-page memorandum addressed to the board, was adopted as the official recommendation of district Chancellor Thomas

DeHart's report, issued at the board's request, served as the administration's official response to allegations made by ASDAC council Presiding Member Gwen Davis of illegality and improper conduct.

IN HER FIVE-POINT presentation Davis charged that:

•The fee decision and implementation was not brought before the District Task Force, the trustees, or De Anza's student government,

•Refund policies were not made available to students until

•Confusion exists among faculty, print shop personnel and students regarding the disposition of monies collected,

•While printed materials are available to both Foothill and De Anza, only De Anza students are required to pay the fee,

•According to the Board of Governors legal adviser, the legality of the fee is in question,

IN ADDITION TO individually replying to each of the five charges, DeHart focused on two areas of special interest.

Referring to a recent faculty survey indicating how much printed material is used, he showed that 69% of the faculty provided 25-99 pages per student, and that 18% provided 100-plus pages per student, each page costing three cents to produce.

He also noted a possible illegality in using the "averaging method" of levying fees, although it was his belief that charging was

IF THE BOARD found the averaging method unsound, then a change would be considered, said DeHart, adding, "But I could certainly argue it in court if it came to that.

Davis, who found the report "unsatisfactory," questioned the validity of the survey statistics. She also reported her inquiries indicated a lack of formal student complaint mechanism regarding the fee.

In addition to continuing the fee through the winter quarter, the board adopted DeHart's recommendation that De Anza's "administration establish a study committee" to investigate the numerous options





New district controller steps into office

Two men have proven that they can stand the heat in the budgetary kitchen—the outgoing and incoming district controllers. Both lay claim to a position often steeped in controversy.

Nov. 1, Milford Leal accedes to the office of controller and associate director of business services, replacing retiring William Lambert.

The controller oversees the Foothill-De Anza district budget and its implementation. controversy usually deals with how many spendable dollars exist now and in the future and who gets to spend them.

LAMBERT AND Leal agree that it is a tough position and joked that a "controller has to be a son-of-a-bitch."

The incoming man, Leal, is leaving the Oakland Unified School District as controller/assistant business manager.

In his two years there, he improved the cash flow position from a \$1.7 million deficit in June, 1976 to an \$8.1 million balance in June, 1978. reduced processing time for vendor invoices from 120 days to 30 days. He reduced fiscal personnel by 12 percent.

"I worked seven days a week, every week for the first six months just to find out where we were financially," he said.

BEFORE OAKLAND, he was a controller for the U.S. Navy for 20 years. He is experienced in labor-management negotiations. Leal, 45, holds a master's degree from the Harvard Graduate School of Business.

William Lambert, retiring controller, has been handling the pressures and complex responsi-bilities for over nine years. "It is a challenging and exciting position," he said, but now he wants "to spend more time with my wonderful wife and a lot more time with my family."

The district was having financial problems when Lambert arrived here. A controller from the private sector was needed for the increasing demands and district cost strictures. For 28 years, Leal had been with General Mills and he was just what the district wanted.

HIS BIGGEST surprise and most pleasant change was "unexpectedly finding such courteous, kind and good people" to work with, he said.

He is a U.C.Berkeley graduate who majored in economics with minors in accounting and history.

He just initiated a major budget policy change here. Rather than completely budgeting out all funds, he budgets "according to need," he said. The two colleges' presidents and the chancellor decide on these needs based on the 1977-78 budget.

NOW, LAMBERT wants to work 20 hours a week being with and helping others. His current position "isolates you from people," he explained. Oct. 31 is his

Leal was approved by the

Board of Trustees, from a field of 98 applicants and eight final candidates.

Approved also was George Parkhurst, 55, to replace retiring district Plant Services Manager Maurice Galipeaux.

Parkhurst is currently supervisor of maintenance and construction for the Foothill-De Anza district. He has held that position since 1972, after serving as electrical leadman for four years. Before joining the district, Parkhurst spent 23 years with the U.S.

He has won several awards in the last four years and belongs to the Association of Community College Administrators and the Association of Physical Plant Administrators.



Milford Leal, new district controller, confers with retiring controller William Lambert.

on any purchase over \$10 on all dark room equipment & supplies with this coupon. Good through Oct. 31.



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Volunteer workshop set for Saturday

"People in Action" is the theme for the De Anza College Volunteer Program conference on citizen participation scheduled for tomorrow in the Campus

The day-long event will feature roundtable discussions and workshops designed to examine critical issues and how the citizen volunteer can be most effective in finding solutions.

Discussion topics in the morning session will center around barriers to citizen participation and abuse of volunteers.

The featured speaker for the 12:15 luncheon will be State Senator Jerry Smith.

Another highlight of the conference will be a community fair with booths located throughout the campus. The booths will have printed information about various agencies and representatives of the agencies will be on hand to discuss services.

Registration for the conference will be held from 8:30 until noon in the Campus Center.

Last-minute advanced registration information is available from Vicki McElroy, volunteers program,

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DAC student leads fight for rights

By GREG ABREU Staff writer

Ever wondered what it feels like to spend \$125,000 of other people's money? Few individuals get such a chance while still in college. Gwen Davis, ASDAC presiding member, is an exception.

Technically, Davis can't spend a cent of it by herself. Only a majority vote by the 13-member council can do that. She has, however, so much influence over the eight voting segments that if Davis wants something bad enough, she usually gets it.

For this reason and a few others, Davis may be the most powerful student at De Anza College.

A CAMPBELL High School drama graduate, Davis, 29, is a psychology major who has attended San Jose State, West Valley and Foothill.

After relatively brief stints singing with a rock band and running a multi-media show in Campbell, Davis joined the growing multitudes in the electronics industry, where she has worked part and full-time for the past 10 years.

Her principal devotion has been with community fieldwork, working primarily with mentally handicapped children and the feminist movement.

Davis feels a particular fondness and dedication to both. Admitting she "loves other people's children," Davis said, "They're honest and forthright. People lose that when they get older." RELUCTANTLY admitting to being a feminist, the ex-NOW (National Organization of Women) chapter president pointed out that she doesn't like labels.

"I don't fit very well into a nice, neat cubbyhole and I frankly hope I never do," she asserted.

Despite her reluctance to being labeled, she effortlessly described what a feminist is.

"The definition of a feminist," explained Davis, "someone who advocates equal rights for males and females."

The male faction isn't without its grievances," she said.

"Everyone will benefit from the women's movement."

IN REPLY TO the contention that women prefer revenge over equality, Davis spoke candidly.

"First, I am not the voice of the women's movement. But I will admit that I am angry at the inequities. Most women are angry as well, but they're not out for revenge."

During the conversation she had her feet propped up on her desk, leaning back against a wall under a striking poster of Wonder Woman lassoing a male robot.

When asked about fantasies

she's had as the avenging angel of the ERA, Davis smiling, shakes her head, only to admit that "Sometimes I feel like I have to be Wonder Woman to accomplish all my tasks."

AS PRESIDING member of the day students' council, Davis has a reputation for being frank, probingly analytical and to the point, often to the the extent of being considered unpleasantly blunt. Many have complained of being "turned off" by her unrestricted forthrightness and untethered honesty.

"It surprises people," admitted Davis, "but I don't know how to be any other way. We play so many games—we've developed hierarchies and procedures that prevent people from speaking on a personal basis.

"Bluntness and forthrightness are qualities that I sometimes take to the extreme," she confessed, adding, "I'm selling myself out if I don't deal with bluntness and honesty."

SHE ATTRIBUTES part of her directness to her high level of motivation, which she credits in part to a congenital hip disability.

Although surgery eventually rectified the ailment, she was required to wear a noticeable lift under one of her legs through grammar school.

This led to schoolmate harassment, which may have had some effect on her in later years, she explained.

"It made me want to do the best I could in everything," she said.

What are her goals?

"SOMEDAY I would like to be a terrific grandmother who can relate to kids and raise hell in the community."

This comment is indicative of the type of woman Davis is. She displays scornful disregard for feminine games, ploys and labels and yet is free enough of stereotyping to enjoy a bit of crocheting on the side.

ASDAC print shop now open for student usage

The De Anza College Publicity Room is open and accepting work orders for posters, banners, and other publicity-related materials of interest to the DAC student body, faculty, and staff. The Publicity Room is located in the lower level of the Campus Center and is open from 1:30 to 5:30 p.m., Monday through Friday

The room is equipped with a brand new block-print type sign-press, colored poster board, and numerous banner-painting and publicity-facilitating materials. This service is sponsored by the

De Anza Activities Office and supervised by Activities Advisers Betse Amador and Bruce Fremd and Activities Coordinator Greg Druehl.

The Publicity Room service is staffed by three people: General Manager Rick Yamashiro and Publicity Assistants Vicki Hutcheson and Karen Taylor.

Any work inquiries may be made by phoning the Activities Office at 996-4756 or by visiting the Publicity Room during regular operating hours.



Photo by Abagail Rosa

Gwen Davis, presiding council member, prepares for one of her many meetings.

Re-entry programs help

A classroom and a college campus can be an intimidating experience for older women, many of whom haven't taken notes on a lecture nor worried through finals in years.

Two programs are geared for just such re-entering students; both are for women, one includes males. Women-in-Transition (WIT) "is mainly concerned with the easing of women, who have been away from school for a number of years, back into the classroom," said Virginia Lockhart, WIT program director.

The second program, called Re-entry, "accepts both women and men and is more structured," said Lockhart, "in that the student begins with 12 units," instead of the eight units required by WIT

Both work in conjunction with the Child Development Center, which allows single parents to attend classes without worrying about their children.

According to Lockhart, WIT offers guidance through personal and group counseling. This helps build interdependence, so that once a student leaves the program, she knows other students from whom she can get help, if

needed. The re-entry program also stresses interdependence, but the curriculum is aimed at consumer education.

The WIT program started in the early 70's "as a changemaker for women," Lockhart said.

After studies were done on other women's programs around

the country, the WIT program was set up. Now WIT is not only a state and national model, but an international model for women's education programs, according to Lockhart. WIT even has a public information office to handle inquiries and mail from other colleges.

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Student council condemns Prop. 6, endorses debate

Money matters and the Briggs initiative dominated last Friday's ASDAC council meeting, with the council giving the approving nod to Health Services (Emergency Eye Care) request to transfer \$250 from the Denticare accounts.

The council also voted on a CESDAC proposal to go halves on the purchase of sound equipment.

The council acted on two Briggs-related matters introduced by Behavioral Sciences Representative Gary Dockham; one to endorse a panel discussion detailing the pros and cons of the ballot initiative.

The other was a resolution, officially opposing Proposition 6 initiative legislation as repressive and discriminatory.

The panel discussion, scheduled for Oct. 30 from 12:30 to 1:30 p.m. will feature San Jose

Assemblyman John Vasconcellos arguing against and DAC instructor Frances Dressler arguing in favor of the passage of Prop. 6.

THE LONG-AWAITED vote on the budget line item transfers for women's field hockey and football teams was postponed for still another week after discussion concerning the need for Athletic Director Tony Nunes and hockey Coach Molly Leabo to be present to defend their causes.

Ann Herbst successfully petitioned the council to be a member representing the Humanities Division and filling one of the two vacancies in that division on

Instructional Services representative Fred Dormishian resigned his position because of his heavy schedule. This move leaves the Instructional Services Division unrepresented on the

THE COUNCIL voted to delay action on a request by the Vintage Singers for \$1,500 in additional funds for the purchase of tuxedos and gowns.

Singer representative Fred Cormier pointed out the need for additional funds by emphasizing a \$750 cost overrun already incurred in the purchase of this concert season's uniforms. Cormier added that the singers had depleted other accounts to make up the cost overrun.

In other business, the council voted to reschedule the November 10 and 24 meetings to Nov. 9 and 22, respectively. This move was necessitated by meetings conflicting with national holidays.

Available health services seldom used by students

Students registering for a new quarter usually believe their student body fees are only paying for dances and class materials. De Anza, however, also offers a medical program to the students.

"Not many students use the programs and services avail-" said Ruth Foy, health services director. "I don't think the majority of the student body knows we're here."

According to Foy, though, both day and night students have access to the health services, but "only the day students seem to use the program."

Hoping to generate a greater awareness among students, the health office will be mailing out brochures in January describing the voluntary dental program.

The leaflets will outline the dental work covered under the program, as well as how much each service will cost the student.

'The rates for students are 10 to 40 percent cheaper than normal rates charged to the non-student," said Foy.

Another program offered is an eye care plan, funded by ASDAC. If a student is in need of glasses, then they are referred to an opthamologist.

"As for paying dental and vision care bills," she explained, 'a student is able to make arrangements to pay what he can afford. As long as an individual makes a conscientious effort, we allow him to skip a month if money is tight, or he can arrange to pay as little as \$3 to \$5 a month."

Students' transcripts are held until any outstanding bills are paid.

Often-used services include birth control counseling and pregnancy testing.

A Family Planning Clinic is also among the health services. Clinic service is available on Friday afternoons, by appoint-

Venereal disease counseling and treatment is not one of the services offered, and questions arising about VD are referred to the County Health Department.

Recently, Foy requested ASDAC transfer funds to the Emergency Eye Care program from the Denticare budget.

"Since I now pay for the mailing of all brochures in the Denticare program, I felt the money would help supplement the eye care program," Foy explained.

Office hours for health services are 8 a.m. to 9 p.m. Monday through Thursday, and 9 a.m. to 4:30 p.m. on Friday.

'Elite' club offers fun for singles

For people who want to meet others "with dignity;" for people who seek quality over quantity; and for those who look for interesting conversation with interesting people, an answer is one

step away.
"The Graduates" is a group
of single, "educated adults" with just those feelings, according to club founder and president, Carla Sackett, a De Anza day student. Some requirements include a college degree, a minimum IQ of 130 or a management executive job with some college education.

SACKETT STARTED the club last January, because she was tired of other singles groups in the area. "I'm very selfish with my time; I don't want to waste my evenings," declared the tall blonde emphatically.

The group already has 500

members spread throughout the area, and a San Mateo branch is opening Nov. 17.

"The Graduates" combines an educational and social atmosphere during weekly drop-ins. There is a guest lecturer followed by an informal party. Sackett says 30-50 people attend the drop-ins, and about 90 attend a party.

"I like a lot of people at a party," she noted, "because if they're crowded together, they'll talk." Hosting a party, she explained, or lecturing at a dropin is another way to meet the group's eligibility requirements.

"WE GET SOME really interesting lecturers at the drop-ins," she remarked. "There's a physicist speaking at one of them, on 'The Impact of Science on Society.' " It will take place Nov. 2 in the Rec Room of the Valley Green Apartments, off Stelling Road.

Sackett feels that the goal of "The Graduates" is "to reach as many of the single, educated adults as possible in the Santa Clara Valley and provide a place where they can meet with dignity." She feels that "this is one of the few singles clubs that isn't a 'meat market.' You get some really strange people at some places," she noted wryly. "Here, your personality is more impor-

People can receive a complimentary newsletter of events by mailing a self-addressed, stamped envelope to "The Graduates," Suite 444, 20880 Valley Green Drive in Cupertino.

Sackett says she can always use help with the group. "It was and is" a lot of work, she sighed. When asked if it was worth it all, she paused and said, "I guess it is; I keep doing it, but sometimes

Muktananda film on self awareness scheduled

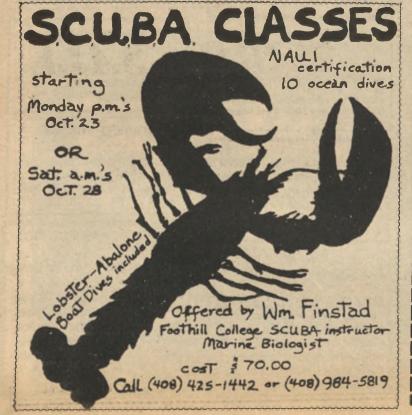
"If you're putting out a lot of effort to find peace in your life, and still don't find it, then turn You'll find happiness within. inside yourself," says Baba Muktananda, siddha meditation master and teacher.

Muktananda is the subject of a British documentary to be shown at De Anza on Monday. The documentary is based on interviews with people who have

experienced Muktananda and his siddha meditation.

Siddha meditation, yoga and chanting will also be introduced during the program. No prior experience is necessary.

The documentary and meditation introduction are scheduled for 8 p.m. in De Anza's Forum 4 near the Administration building. No admission will be charged.



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for information leading to the return of "Reggie," a one-year-old male Golden Retriever. He weighs about 80 pounds and is dark golden-reddish in color. He is very friendly and may be wearing a choke chain with I.D. tags and license, and a white flea collar.

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Marcia Hall kicks high, claims world title



Marcia Hall, tae-kwon-do world champ, demonstrates her skill on Don Williams.

Photo by Simon Wong

Progression from novice to recognized world champion has taken only three and a half years for a De Anza student.

During the summer, Marcia Hall gained the first-ever women's world tae-kwon-do championship by besting opponents from Tiawan and South Korea in the open-weight class.

This is a remarkable feat, since out of the 16 medals awarded, Tiawan won one and Korea captured 14. This left Hall's medal as the only one given to a non-oriental.

Tae-kwon-do is a form of karate that emphasizes the kick to the head and places little importance on head punching. The combatants wear loose, protective clothing and, according to Hall, are rarely kicked in the head if they have their guard up.

Hall earned her trip to the championships in Korea by progressing through A.A.U. regional tae-kwon-do tournaments to the national championships held last

In the nationals, Hall competed in the middle-weight class and captured the championship just three years after taking up the sport.

Even though "it took eight years to get women's competition," Hall said that the level of skill possessed by women is very high.

About a month and a half before a meet, Hall trains five days a week. Between meets and training, Hall keeps in shape by running and weight lifting.

As a sports medicine major, Hall says that karate doesn't interfere with her studies but actually helps her since "karate keeps your mind working."

Hall's next meet will be the U.S. nationals this spring to defend her title. Then, after the nationals, if she retains the title, she will go to Germany for the 1979 world championships.

Water polo team best bet to take GGC title

Is there a sport in which De Anza doesn't do well?

It sure doesn't appear that way. This fall, the football team and women's volleyball team are both ranked in the state and head the list of successful De Anza sports teams.

Include the Don water polo team, too.

The Dons are last year's defending state champions and this year hold the state's number two ranking with a 12-3 record. Despite having 14 freshmen, they are considered the best bet to repeat as Golden Gate Conference champs.

Ray Wylie and Jim Bailey are the returnees from last year's squad and are probably the best among the 18 players the Dons have this year. Wylie led the entire state last year in scoring. Bailey is considered the best all-around player. But Coach Bob Wegman is high on freshman Pat Yates,

Last year Wegman coached his team to a 15-2 record. Over the past four years the Dons have a phenomenal 75-4 record under Wegman's guidance.

Wegman believes his team's strongest assets are the fast break and a tight man-to-man defense.

"But we're playing with a lot of mistakes," he said. "We get too fancy and we have too many turnovers."

turnovers."

"We'll know where we are in two weeks," he said.

If past records and this year's rating are any indication, the Dons just might be in first place.

Dons flatten Jags, 68-7

By BRAD ABLEY
Staff Writer

De Anza football Coach Chuck Elder should be thankful. He has the type of team that many coaches only fantasize about.

Under Elder's guidance, the Dons are now 6-0 overall, 4-0 in league play and ranked fourth in the state among community colleges.

It would take most teams two years to attain the record De Anza has. And the Dons still have four games left to play.

Is it possible that they can go through the rest of the season undefeated? Elder won't make that statement.

"WE PLAY EACH game one at a time," declared Elder. "I'm confident about our team, but not over-confident. We play San Francisco City College (Oct. 20 at Foothill, 7:30). They are a very big team. They run the veer offense and they use a man-to-man defense. They'll be the best team we've faced all year. This will be a championship game."

After last Saturday night's 68-7 slaughter of San Jose City College in which they scored 10 touchdowns and set five school records, the Dons will need all the energy they can get for San Francisco.

Once again, De Anza was led by its powerful backfield of Richard Hersey and Rick Napolitan. Hersey had his best game this year as he gained 185 yards rushing on 25 carries and scored four TD's. Napolitan also had his best game of the year. He carried 11 times for 127 yards and two TD's.

DE ANZA GAVE a hint as to

what San Jose was about to deal with on the second play of the game from scrimmage; Napolitan romped 73 yards for the Don's first TD.

Napolitan and Hersey were the first two backs ever to gain 100 yards rushing in the same game, for one record. Hersey also went over 2,000 yards career rushing for another school record.

De Anza's nine-game winning streak (including last year) is a school record.

"Our offensive line," paused Elder, trying to think of an adjective adequate to describe it, "Well, I just can't say enough about them."

Elder didn't forget his defense either. "The defensive line and backs did a super job."

He didn't need to say any more. The score spoke for itself.

Spikers undefeated through 16 games

The De Anza women's volleyball team is currently tearing up all its competition while posting a 16-0 record.

With that kind of record a coach shouldn't be too worried about her team, right? Wrong!

Coach Debi Schafer expects stiff competition from the City College of San Francisco Wednesday and the College of San Mateo, next Friday. Both games will be played at De Anza at 7

The Dons, 4-0 in league play, are undefeated against northern California opponents over the last year and a half. As if that weren't enough, Schafer's players have not lost a game in the last five matches.

In fact, in the second game of their match against West Valley, the Dons rallied back from 12-4 to claim the game 16-14.

This years's standouts are returnees Crystal Jacobs and Natalie Vogel, and freshman Clelia Harr from Fremont.

De Anza's toughest test of the year, so far, came against West Valley when the Dons swept the Vikings 15-12, 16-14 and 15-7 in three hard-fought games including the come-from-behind second game.



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Deans do classroom duty

(continued from page 1)

instituted procedures, is requiring quite a bit of my time," Perata "I frankly have to admit that I don't think I'm doing justice to both jobs."

HE SAID an attempt is being made to hire a full time person for the registrar position. "Our only concern is finding a person in the middle of the year but we will definitely have someone there by June of 1979."

He explained that he would have never attempted to take on the responsibilities of both jobs had it not been for the quality of people who work in the registrar's

"There are two excellent assistant registrars and an experienced, well trained staff," he said. "I feel very fortunate to have that kind of support."

Oscar Ramirez, dean of behavioral sciences, uses various gimmicks in his Psychology 1 class to get a concept across. Introducing a section on perception, he feigned a heart attack.

He explained he wants the students to learn to cope with tension and the idea of becoming aware of the environment, not only to see it but to feel it as well.

"I TRY TO practicalize the course and at the same time give students all the theory," he said.

It has been 14 years since he has taught a psychology class but his extensive reading has kept him well informed on the subject.

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Mon-Fri 9-6 Saturday 10-3 hours preparing for the class and every Saturday he spends time in Forum 4 reviewing his lectures for the following week's class.

"I've always felt that the real fringe benefit of being a teacher is being able to work with the students," he said. "I feel I've always had a good understanding of the problems that the teacher has in a classroom, but now I'm emotionally tied into it.'

Executive Dean Tom Clements is teaching an introductory real estate class, the first stand-up lecture class he has taught in 20 years.

"MANY TAKE the class for consumer awareness, to learn how to buy and sell a house,' said Dr. Clements. He added since "about 20 percent of all of a person's life monies will go into real estate," consumer awareness is important.

A licensed real estate salesman, Clements joined a firm during his vacation this summer and sold a house. He feels this will help him teach the class.

'I'm not feeling matrtyred about it," he said, referring to the added responsibility. "I was very anxious to get started.

Another person anxious to get started is George Sloan, dean of instructional services. His class, Introduction to Instructional Television, begins Oct. 24 at the Sunnyvale Center.

"I JUST LOVE teaching and really miss not being able to do it in the last year or two," he said.

He believes that although administrators don't lose contact with the students' and instructors' problems and needs, being in the classroom gives one first-hand awareness of them.

"Actual classroom experience contributes to the development of the whole person," he said. He sees the beginning of the generalist instead of the specialist; a trend "toward people being able to assume different roles according to where the need may be

Sloan also anticipates the trend of administrators in the classroom to continue if not in-

Dr. A. Robert DeHart, president of De Anza, also sees this trend continuing.

"At De Anza, right from the opening, we have had a professional growth policy for administrators. Clearly built into the division dean's job description is the fact that they will teach half-time," Dr. DeHart said.

HOWEVER, THIS policy is stated in more general terms for segment deans, the executive dean "But I've and the president. taught many times in the 11 years I've been president here," he said.

"One of the most gratifying things a person can do around the college is teach, there is no question about it.

Because of pressures on his time, which are greater than ever this year, DeHart teaches a running class which demands less of his time than a class that requires lecture preparation. However, he said the class involves more than "just going out there and sweating for an hour."

Jogging lectures on Friday mornings, and filming people in slow-motion to improve their running abilities are just a couple of the offerings to all running classes.

"The thrust of this course is to get people enough into running to pick up the habit and be hooked for life," he explained.

In answer to some recent criticism of him teaching the class, DeHart said, "I think it's good for me as a college president to get back to that 'firing line' once in a while.

He added that not only is he saving the cost of hiring a parttime instructor but it keeps him in touch with the ever-changing student clientele and the problems of the instructors.

CALENDAR

10/20: "She and He," Forum 1, 9:30 p.m. 10/22: "Armchair Traveler Film Series," Flint Center, 7:30 p.m. 10/27, 28: "Phantom of the Opera," Palo Alto Community Center Children's Theater, 8 p.m., tickets: \$2 general, \$1.50 students and

LECTURE

10/21: "The Search for Extraterrestrial Intelligence," by Carl Sagan, Flint Center, 8 p.m. 10/24,31: "Loss of Independence Through Illness and Age," Sunny

View Manor, Cupertino, 7 p.m., sponsored by DAC.

MUSIC

10/20: Peninsula Symphony, Flint Center, 8:30 p.m.

SPECIAL EVENTS

10/27: "Disco Dance," Campus Center, 9 p.m.-12 midnight. 10/31: Halloween Party and Open House, Activities Office, 10 a.m.-8 p.m.; come in costume.

CONTINUING EVENTS

10/20: Day Student Council meeting (ASDAC), Council Chambers, 2-4

10/25: Evening student council meeting (CESDAC), 6:30-8:30 p.m. Through Oct.: Cellar-by-Night, Thursdays, 7-10 p.m. Beneath college

Through Oct.: "Eye See the Light Show," Thursdays, 7:30, 9 p.m. Fridays and Saturdays, 7:30, 9, 10:30 p.m. and 12 midnight. Sundays, 7:30, 9 p.m. Admission fee.

SPORTS

Cross Country:

10/27: Diablo Valley, Chabot at Chabot, 3 p.m. 11/3: GGC Championships at Belmont, 3 p.m.

Field Hockey:

10/20: American River College at A.R.C., 3:30 p.m.

10/24: San Jose State JVs at San Jose, 4 p.m.

10/25: Yuba College at Monta Vista, 3:30 p.m. 10/27: Sierra College at Sierra, 3:30 p.m.

10/31: Ohlone College at Monta Vista, 3:30 p.m.

10/20: San Francisco City College at Foothill, 7:30 p.m. 10/28: San Mateo at San Mateo, 1 p.m.

Water Polo:

10/20: Chabot College at De Anza, 3:30 p.m.

10/24: Concord 'A' at De Anza, 3 p.m.

10/27: West Valley College at Saratoga, 3 p.m. 10/28: Cal State Hayward at De Anza, 3 p.m.

11/1: College of San Mateo at De Anza, 3 p.m.

11/3: Foothill College at De Anza, 3 p.m.



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