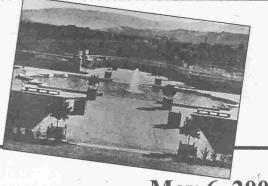


Defining current and future trends in music pages 9,10

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May 6, 2002

EEKLY

Vol. 35 No. 23

A First Amendment student newspaper

www.lavozdeanza.com

The voice of De Anza College

Pow Wow explores culture, history



La Voz file photo

Douglass Scholfield, member of the Wintu tribe, won first place in the Men's Fancy Dance contest during the 21st annual Pow Wow last year.

by Cassie Yu STAFF WRITER

ancers in full regalia from various tribes, contests and vendors will fill up the S-Quad from May 17 to 19 in part of De Anza's 22nd annual Pow Wow.

The event welcomes non-natives who want to know about the culture.

The Open Gourd dancing, the oldest and most traditional dance, will mark the beginning of the festival.

Dancers in full regalia will enter the arena. Some ornaments on regalia signify religion, special events in one's life or legends from the past.

The focus of every Pow Wow is on songs and dances.

Dance competitions for adults and children include traditional Southern and Northern dances such as: Fancy, Grass, Jingle, Bustle and Potato dances. Each dance varies in its dress and style.

Six booths of Native-American Aids Project will provide information on Native-American history and events.

Art vendors include a large variety of Native-American commodities from jewelry, musical instruments and paintings

to be set up in stalls.

Food vendors will be selling Native-American food outside the Hinson Campus Center.

Gerri Parker, Pow Wow chair, said Steve Reevis, one of the event's performers, is "a pop star in Native-American's

"Come and see the Switch Dance Contest in which women will dress and dance like men and vice versa," said

She recommends anyone who wants to truly experience the Native Indian culture to stay at the Pow Wow after dark when most visitors are gone.

ADDITIONAL INFORMATION

What: 22nd Annual Pow Wow Where: S-Quad

When: May 17 to 19. Open 7 p.m. to 11 p.m. Friday, 12 p.m. to 11 p.m. Saturday and 12 p.m. to 5 p.m. Sunday.

Admission: Free

Information: 408-864-5448

ICC positions selected

Ahmad, Butler, DeLabra term begins May 22

by Krystal Gibbs

STAFF WRITER

The Inter Club Council elected new officers to the 2002-2003 positions of ICC Chairperson, ICC Chairperson of Finance and ICC Chairperson of Activities, at last Wenesday's meeting.

After each candidate presented a two minute speech and answered questions posed by the corresponding Chairs, the ICC body announced Nathaniel Butler of the Vietnamese Students Association ICC Chairperson, Maria Ahmad, former treasurer of International Connection, Chairperson of Finance and Alfredo DeLabra Chairperson of Activities.

According to the ICC code, the officers must attend all ICC meetings, prepare the agenda and perform the specific duties of their office.

"I'm looking forward to enjoying mally begin their duties on May 22.

myself and working hard in this position," said Ahmad, 20, whose major is International Business.

Butler, 20, is majoring in engineering and has been involved with the ICC for a year and a half, he said.

Butler said that although he is not one to claim leadership, other clubs asked him to run for the position. "They showed confidence in me," Butler says.

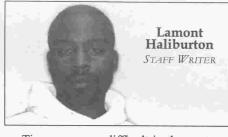
DeLabra, 20, said his major of marketing/advertising will compliment his performance as ICC Chairperson of Activities

The Chair of Activities is an active role, said Betty Duong, current ICC Chairperson of Activities.

Current Chairs will end their terms on May 8. There will be an open forum on May 15 in the Student Council Chambers and the newly-appointed officers will for-

Opinion: Fighting debts

ways to alleviate unnecessary expenses



Times are very difficult in the post September 11 era. Since that tragic day, nearly 1 million people have been laid off nation wide.

Since the technological and industrial as took root in the 1930s, the American market is based on lending products and services to consumers.

However hard it may seem for you to get out of debt, I will tell you the secret to getting and staying out of debt.

The great American trap is designed similar to the wolf trap invented by the indigenous peoples of Alaska.

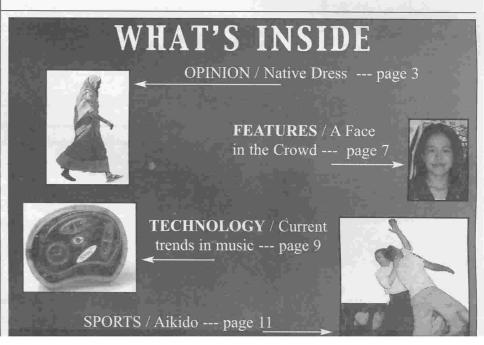
When the indigenous peoples of Alaska hunt a wolf, they place a bloody knife blade up in the snow.

The wolf enjoys blood so much that it licks the blade and does not recognize that it is licking its own blood. The wolf eventually dies from a loss of blood.

The indigenous hunters innovated a brilliant process allowing the wolf to slowly kill itself so that the hunters did not have to do any work.

The process is quite similar when dealing with credit or installment pay-

■ see DEBTS page 3



La Voz staff

Editor-in-Chief: Caroline Perez lavoz@fhda.edu

Managing Editor: Allison dePeralta managinglavoz@hotmail.com

> News Editor: James Newburg

Opinions Editor: Grace Chung

Features Editor: Kiaran Freitag

Sports Editor: Michael Grevelink

Entertainment Editor: Abigale Almerido

> **Campus Editor:** Reza Kazempour

Photo Editor: Derek Lubich

Staff Writers:

Ebru Akcasu Krystal Gibbs April Gibson Lamont Haliburton Erwan Leone Jessica Rider "homicide Monica Sane

Phi Tran Ling-Mei Wong Nami Yasue Cassie Yu

Web Editor: Robert Haugh

Graphic Artist: Patrick Lydon

Photographers: Ken Lu Brian-Joe Rapaido

Technical Consultant / **Production Manager:**

Joseph Bruna lavoz_labtech@yahoo.com

Advertising / Office Manager: Deborah Perez lavoz_ads@yahoo.com

Advertising Assistant:

Peggy Lo

Adviser:

Beth Grobman-Burruss grobman@fhda.edu

Editor Emerita: Jasmin Bodmer lavozemerita@hotmail.com

La Voz Weekly Mission Statement

La Voz, a First Amendment student newspaper, strives for accuracy, fairness and thorough news coverage.

De Anza does not operate in a vacuum and La Voz aims to follow in suit.

La Voz's goal is to provide news to the De Anza campus and the surrounding community.

La Voz does its best to guard against biased coverage, while exercising set standards of integrity and responsibility.

Exclusivity may condemn socie

'bitter rhetoric of exclusion' shows lack of willingness to understa

We must accept the

notion that we are a

complex, diverse society

whose collective fates

are intertwined.

EDITORIAL

The opinion of La Voz

"Someone like that doesn't belong here."

"I hope he rots in jail."

In these two instances, this black-andwhite dualistic view of the world was spouted about Al Joseph DeGuzman, the

former De Anza College student found guilty of plotting to attack the campus of the school he once attended.

This bitter rhetoric of exclusion is troubling as we try, as a society, to prevent murder from taking place at our schools. It shows a lack of willingness to even attempt to understand what would make someone want to take the lives of fellow students.

Describing a potential school shooter as "someone like that" who "doesn't belong" is part of the reason that individual feels alienated from the rest of the school population.

At the root of this sentiment would seem to be an implication that society in general has no role in creating an environment where distressed individuals become homicidal.

Instead, it is always the "othered" individual that is at fault, the "lone nut" that deserves to "rot in jail." This idea of the solitary bad seed completely disregards the epidemic of school shootings

that has struck Arkansas, California, Colorado, Florida, Kent and Oregon.

Compare this attitude with the following quote from Gern Chancellor Gerhard Schroeder, delivered after a mass murde killed 17 people at a high school in Erfurt, Germany:

"There are questions we have to answer here as a whole s ty," he said.

> Our society would do well to heed Chancellor Schroeder's words.

It is time to cast off the absurd and union American idea that we are a nation of indi als. We must accept the notion that we are complex, diverse society whose collective are intertwined.

To create a future in which a concern a school safety is unnecessary, we have to u stand and empathize with the needs and opinions of each mer

in our society. There is a danger that exists because of the exclusive nature

our society, especially the school population.

If we continue to maintain an air of exclusivity about who accept, then we condemn ourselves to many more days where lives are interrupted by a hail of bullets from those we choose

Media use of labels confuses coverage

intellectually dishonest terms obscure public dialogue about Israeli confl

their act.

Of

of these

terms have

strong con-

notations.

course, both

With the debate over the comparative virtues of the terms "suicide bomber" and bomber," it is

fair to examine the validity of these labels. I approach this examination with a quote in my

head: "One man's terrorist is another man's freedom fighter." In other words, politics

Politics inherently govern the labels that we place on people, places, things, actions and institutions.

inherently govern the labels that we place on people, places, things, actions and institutions.

It is inherently tricky to walk into the debate between "suicide bomber" and "homicide bomber" and make a strong pronouncement that captures the essence of such a horrific act in a way that neither glorifies these actions or diminishes the political nature of

Newburg NEWS **EDITOR**

James

'SUICIDE BOMBER'

As far as the term "suicide bomber" goes, the use of the word "suicide" clearly conveys a sense of martyrdom and sacrifice for Palestinians who strap explosives around their bodies, detonating them in a crowded setting.

The term implies that a noble sacrifice was made, for that Palestinian to commit to willingly ending their own life for the furtherance of their political cause. It raises a question that does not easily go away: "Is the Israeli/Palestinian conflict really so intractable that Palestinians feel the need to kill themselves and other innocent people in the hopes of reaching a resolution?"

'HOMICIDE BOMBER'

For those that prefer the phrase "homicide bomber," the act is judged in no uncertain

The ideas that motivate a person to do such a thing are immediately determined to have no place in the public dialogue of their act. Instead, "homicide bomber" states that these bombings are political, and that they are simply premeditated episodes of mass murder.

In addition to placing all bombings of this manner in the category of homicide, it places those that commit these bombings as the enemy. It raises a question that does not go away easily: "What validity is there in the ideas of a group that tries to achieve its goals by using the force of these bombers?"

INTELLECTUAL DISHONESTY

Using either of these terms in media coverage of the Israeli/Palestinian conflict undoubtedly corrupts the idea of fair and unbiased coverage.

Use of these terms, in conjunction with the devotion of coverage to the military maneuvers made by both sides, ruins any chance for public debate over the matters of policy that

I approach this examination with quote in my heac 'Ône man's terror is another man's freedom fighter.

have existed since the ince of the Israeli state.

Breaking this cycle of pe cally-biased news coverage requires the leaders in the media to make a thoughtful good-faith attempt at comin up with other labels to desc the various actions taking p in Israel. The media has be irresponsible to this point by even using the phrases "suic bomber" and "homicide bomber."

As consumers of the med the current coverage has lef with little more than our mo basic emotions, which is int lectually dishonest.

However, the feelings ab the Israeli/Palestinian confli are so deep that a considere look at legitimate and diffic issues is nearly impossible.

After all, one man's terr 1st is another man's freedon

CORRECTIONS BOX

An incorrect date is printed in the article "DeGuzman guilty: former De Anza student convicted of 108 felony counts." The date in the last paragraph should read: "DeGuzman is scheduled to be sentenced on June 25."

> La Voz strives for fair and accurate coverage. For corrections, contact Editor-in-Chief Caroline Perez at lavoz@fhda.edu.

About La Voz

La Voz is a First Amendment newspaper written and published by De Anza College students. Staff editorials reflect the opinions of the majority of the editorial board, and do not necessarily reflect the views of the author and the opinion of the La Voz

Opinions and viewpoints expressed by staff and contributors are the opinion of the individual, and not necessarily the opinion of the La Voz staff.

The newspaper offices are located in room L-41 at De Anza College, 21250 Stevens Creek Blvd., Cupertino, Calif., 95014.

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DEBTS: a blade in the snow

From front page

Creditors found a way to imitate the indigenous hunters by luring people into believing they can have what is placed in front of them without conse-

Being in debt is not a bad thing. Debt can teach people valuable lessons in responsibility. But for many, it causes financial burdens, especially in the college community.

The price of higher education is rising, and financiers are willing and ready to loan you funds so that you may continue school. The cost of books alone can cause grief, not to mention the parking and registration fees, and God forbid, you eat on campus every day.

According to the United States Department of Education, from 1994 to 2000, the amount postsecondary education students borrowed through the federal student loan programs jumped from \$24 billion to \$33.7 billion.

Part of the reason for the \$9.7 billion rise in borrowing within five years is population growth. I also believe that, as consumers, we are accustomed to taking something on credit because it is there, like a treat of blood in the

Proper planning is your best defense. You should plan your work and work your plan. A concrete strategy Dr. Tony Williams teaches is this: of 100 percent of your monthly income, give 10 percent to charity or your house of worship, 10 percent to retirement savings, 10 percent to savings for unexpected expenses, 10 percent to debt repayments and learn to live off of the rest.

Williams suggests people should learn to pay cash for everything and get rid of all but one major credit card. This is very hard to do and requires strict discipline to maintain, but it is nearly foolproof. His program has

I also believe that as consumers, we are accustomed to taking something on credit because it is there, like a free treat of blood in the midst of the snow.

maintained a debt free financial budget for the last 13 years.

You must learn that the size of the financial hill is in your control.

Getting and staying out of debt is very simple, and yet so complicated.

As long as more is going out than coming in, you will always be in debt.

The secret to staying out of debt is: don't spend more than you make.



a tie to identity in a multicultural world

clothing to adapt the American society better or to avoid the cultural conflicts or misunderstandings?

Driving on Stevens Creek Boulevard on my way home, I saw two Eastern Indian women dressed in saris walking on the street. They looked beautiful and fairly comfortable in their native dress.

The sari is one of the few native dresses that I am able to see regularly in the Bay Area today because most

people from different cultures around the world adapt to American culture in terms of clothing.

Moon Debi, who sells saris, describes them as a symbol of femininity and grace for many Indian women. However, the number of Indian women wearing the saris as their main dress has been decreasing in both India and the United

According to Debi, 90 percent of women in rural areas in India wear saris as main dress, but only 70 percent of the women in the city wear saris occasionally as their formal dress.

In the United States, most Indian women, especially the second generation, dress in saris for occasions such as the marriage ceremony. She thinks that dressing in native dress depends on the individual, but that it is good to wear them occasionally to keep the culture. However, most of her regular customers are in their late 40s to

Debi said, "Clothing is like food, part of our life, and there is an inner urge. The inner urge [is] trying to keep our own heritage in the different cultures."

It is nearly impossible to avoid or deny other cultures since the world is more globalized today. So, we need to adjust ourselves to adapt to changing society, but also try to retain our own cultures, because adjusting yourself to a new culture does not mean forgetting where you originally belong.

It may be helpful to adapt to the American society with American clothing easier and to avoid the prejudice from some people, but changing your outfit is not the only way we adapt to new society. In a multicultural society like the Bay Area, we especially need to identify ourselves. Native dress is certainly part of our identities.



No excuse for terrorism

I'd like to thank the La Voz staff for last week's editorial about the Middle East conflict. I agree that unneeded death is the real enemy. I'd also like to present some questions that I've been thinking about in hopes of adding another perspective. I've read too many stories from Palestinian sympathizers, of which I am one, that begin something like this, "Terrorism is not justified under any circumstances, but ... " and then devote the balance of the comments to a laundry list of grievances

against Israel and the United States, which strongly imply that terrorism is in fact justified as a means to protest Israeli occupation, or that somehow Palestinians

Is anyone noticing the damage that Palestinian suicide attacks are doing to their own culture in the name of saving it?

have been driven to suicide by that occupation. Is anyone noticing the damage that Palestinian suicide attacks are doing to their own culture in the name of saving it?

Why isn't anyone paying attention to the fact that the masterminds behind the Palestinian culture of martyrdom probably aren't capable of reversing the catastrophic spiritually and psychologically damaging effect that such propaganda has upon the Palestinian people?

This tragedy cannot be laid solely at Israel's feet. A culture that encourages, rewards and ecstatically celebrates suicidal murder amounts to the wholesale forfeiture of the moral authority that could have been used to win stronger international support for their cause.

Even if the terrorist groups could stem the mayhem once a peace agreement was reached, the fact remains that though government officials may sign and implement peace treaties, the groups that are carrying out the suicide attacks will not stop until Israelis are living as pathetically outnumbered "guests" in a country ruled by Islamic law. That's one state, not two. How do I know? It's written into their published charters. They're available to read online.

If Israel's policies amount to "genocide" what interest does the Israeli army have in seeking Palestinian informants? To find out where civilians live?

If the anti-Semitism among Palestinians is limited to the less-educated, as some say it is, why is it built into the curriculums of Palestinian schools?

Where is the Palestinian outrage at the terrorists who have, through their tactics, now made practically anything - including trees, children, pregnant women and ambulances — instruments of terror and thus targets of Israeli attacks?

A qualified voice against terrorism is a voice for terrorism. Let's step back and examine the real role that it plays in this conflict and distance ourselves far from it, once and for all. Then we can address the question of occupation with clean hands and clear minds. If Israeli withdrawal from the territories is the only possible first step to rebuilding the Palestinian psyche, then that day could be much further away than necessary. Let's stand up as Americans, who know a better way.

District mistreating temporary employees



by Nami Yasue

After September 11, many

people with particular cloth-

ing were mistreated through-

According to news sources,

heads have often been treat-

Some of them were verbally

assaulted, and some were

severely injured physically.

So, here is my question:

Should people dress in their

native clothing to retain their

own culture in the United

States? Or should people

adjust to dress in American

men with turbans on their

ed as Islamic terrorists.

out the United States.

STAFF WRITER

do we draw the line in our efforts to save money?

Where

This is a valid and increasingly vital question that the district must answer. Or must be forced to answer.

According to an article written by Krystal Gibbs in the April 29 issue of La Voz, a local chapter of the Service Employees International Union intends to sue the Foothill-De Anza District for misusing temporary employees. These workers receive less pay and benefits than their long-term counterparts even though many have worked at De Anza or Foothill for many years.

There are laws in place to keep workers from being mistreated this way but the district has found ways around them. For instance, after 195 days temporary employees must either be hired as regular employees or laid

off. After this amount of time, FHDA fires them and then rehires them only weeks later.

Completely legal, but legal often has very little to do with ethical. Obviously, these laws exist for a reason. People should not be driven to spend their entire professional lives without job security.

The flip side of this coin is that community colleges are vastly under-funded and the use of employees is supposed to help balance the

This same problem of placing the importance of the budget over the importance of the workers came up two years ago when parttime employees were demanding equal pay for equal work. If the job is the same and the employees' qualifications are the same, then shouldn't the pay be the same?

Perhaps instead of treating workers poorly and weakening the influence of the union, the district should try to find a more ethical way to cut costs. At least the district is showing a reconciliatory attitude in wanting to settle before the issue goes to court. Hopefully a compromise can be met before it goes that far.

La Voz Letters Policy

La Voz, a First Amendment student newspaper, encourages Letters to the Editor. Letters must be signed and include contact information such as a phone number and/or e-mail address for verification.

Letters should not exceed two double-spaced, typed pages of no more than 300 words.

Contents must not be libelous or be intended to air unfounded personal grievances.

La Voz reserves the right to edit for length and clarity in accordance to the Associated Press Stylebook, but will make no attempt to alter meaning.

Please e-mail Letters to the Editor to lavoz@fhda.edu. Letters may also be dropped off in the L-41 office or the black mailbox outside of L-41. The *La Voz* fax number is 408-864-5533.

- Joseph Price

How do you like your meat: soy or well-done

vegetarian lifestyle healthier, protein, iron, natural hunger cheaper, kinder to animals

He was upside down and very slowly swinging and turning, for he was hanging by the tendons of his heels from great frightful hooks, and he has told us that the feeling was as if his hide were being torn

from him inch by inch, in one piece.

The above is narrated by a cow telling about another cow going to slaughter, from "A Mother's Tale" by James Agee.

Fortunately, cows don't actually feel or think, right? But if they do, we might want to reconsider the treatment of the livestock that becomes our food.

In the excerpt above there is no way that the means justify the ends, and this is my point exactly. To

the animal, death is only a well drawn out conclusion to lifelong suffering.

By eating any type of meat or dairy product, the consumer is condoning animal cruelty. For some, making a joke of how a chicken runs around after its head has been diced off, may be the only way to swallow the gory truth.

Aside from being cruel to animals, meat and dairy products aren't as healthy as many let on.

The Cancer Society informs that you shouldn't eat red meat, even if it is leanthat's official. Eating meat doesn't help your chances of avoiding cancer, so isn't it logical to say that being vegetarian is healthier?

The truth is, milk companies are trying to condition you to believe that their way is the only way. "Got milk?" The marketing of milk is geared directly to make you think calcium and/or protein is best acquired through milk. Although this may be true to some extent, milk is not the only source of calcium nor is it the healthiest.



Aside from being

cruel to animals,

meat and

dairy product

aren't as healthy as

many let on.

This applies to meat products, too. Studies have shown the excess protein in meat and dairy products reduces and can prevent calcium intake.

"So what? Protein is still healthy," one might

retort. However, it's been shown that protein isn't as important as you think. Frances Moore Lappé, author of Diet for a Small Planet, originally popularized the

concept of protein being pertinent to living a good life in 1971, but even she recanted this absurdity.

Getting enough protein isn't an issue these days, and may never be. Most use protein, or the lack thereof, as a reason not to be a vegetarian. I can't

tell you how many times I've heard people, having just discovered a vegetarian, say, "So how do you get protein?"

Another pertinent bit of information is blood and bone meal is added to cows' food. As disgusting as it seems, excess slaughterhouse byproducts are added for the simple reason that it's cheaper.

That's right, cows actually eat their predecessors to some extent, not by choice, but essentially they're cannibals.

Please note that when eating any meat, the food that you're eating once ate the same thing, which can lead to mad cow disease.

Becoming a vegetarian can lower your chances of being a heart disease statistic. Did you know 50 percent of deaths in America are due to heart disease, and if we'd just switch to veggies we could cut that by 95 percent?

Albert Einstein once said, "Nothing will benefit human health and increase the chances for survival ... as much as the evolution to a vegetarian diet."

three reasons to eat meat

I think I'll become a vegetarian ... sounds good. I'll be supporting a good cause.

Why?

Because I love animals, and I don't like the way the meat industry treats them.

I don't like the way my furry friends are being fed, nor do I like the inhumane way they are slaughtered.

It's wrong that rainforests are being destroyed, to be reconstructed as acreage for livestock.

Who needs meat anyway? I can get all my essential vitamins and other nutrients through the earth and save the day.

My argument to the contrary, however, is: why not attempt to change the meat industry rather than changing your diet?

The "British Meat" Web site lists 49 reasons for one to become a vegetarian. Reason number 12: "There are over

20,000 different drugs, including sterols, antibiotics, growth hormones and other veterinary drugs that are given to livestock animals."

That is not something that only vegetarians should believe is wrong. Why not gear activism to change that instead of refusing to eat meat?

Meat is healthy and has essential vita-

mins that we need to consume in order to maintain health.

The Alberta Agriculture, food and rural development Web site informs that animal proteins have "essential amino acids" of which no plant on its own has enough.



Humans have been

eating meat since the

beginning of their

existence, and sadly

for us, to stop eating

is not going to change

the fact that animals

are going to be eaten.

source of iron and th "hemoglobin, which part of the meat tissu contains iron that yo body absorbs two to times more efficiently than the iron from ar

Meat is also the b

other source," which includes vegeta-

Red meats are the best source of zir and B vitamins helps our muscles utili energy from food.

Lastly, the role of vitamin B-12 is essential for our body cells, particularl red blood cells, to divide and grow. There aren't any plant sources of vitan

Humans have been eating meat sinc the beginning of their existence, and sadly for us, to stop eating meat is not going to change the fact that animals a going to be eaten.

Animals die, just like humans, exce they have the greater disadvantage of also dying as a meal to other animals.

> There will always be carnivores.

Vegetables aren't bad. Properties of ou digestive system and our nutritional standpoint require that we eat both the proteins meats, as well as the vitamins of vegetable

This is one of the things that separates u

from animals. Tigers can survive on ju flesh while goats can survive on grass alone. That's the way animals were cre

Our systems were created with the ability and the need to eat both vegeta-

We don't need to go against nature t make a point.

Tired of having to wash the newsprint off your hands everytime you read the newspaper?

Visit La Voz Weekly online at LaVozDeAnza.com

Smoking: more than just poisor comfort food for the control freak's soul

by Erwan Leone STAFF WRITER

A cigarette lit lets me live a bit. As soon as that smoke hits my esophagus, I know I'm one step closer to getting cancer, and one step away from an unknown death.

I hope I will be smoking in my deathbed, riddled with cancerous cysts and tumors, content with my faith in the looming, self-invited death breathing upon my throat.

I simply cannot handle the thought of not being in charge of my own death.

Cigarettes help me take hold of my fate, my life and give me a great

I don't think I could go through a whole day without having at least 10 smokes, 10 steps a day towards control of my fate.

Can one thing have complete control over its own fate? The cigarette functions only to become nothing, so why can't I do the same?

I remember the days when I had a cigarette just twice a week.

Soon after college started, I became intrigued with

the cigarette, the sophisticated cylinder that is the scientifically engineered weapon of death that everyone was smok-

I wanted to find out why everyone else was getting addicted and I was not.

The research ultimately made me appreciate the simple appearance and yet complex interiors of the cigarette.

I wanted to be one with my cigarette, because it resembled me in that it breathed to end its existence; every drag brought the cigarette and me closer to our ends.

That's when I switched from Light 100s to Reds.It bothered me that the cigarette was reaching its end faster than I was.

The scientific development that is this more advanced

part of me; the half-a-pound of ta within my lungs is validation of t unity I share with my cigarette, it

a reminder of who's control.

I might be completely wrong. Can any one thing have complete control over its own fate? The cigarette functions

only to become nothir so why can't I do the same?

Cigarettes have lent me a new angle in which to look at myself. I am free to live my life, day t day, without worries of the outcome. I'll always have cigarette available to remind me that I have cor plete control:

I take the last drag off of my cigarette and light another, after another, after another, and then I have one more.

And best of all, smo ing also lets me realize existence is nothing wit

La Voz -- www.lavozdeanza.com May 6, 2002 Student loan budget crunch

study indicates postgraduate debt becoming greater problem

by James Newburg NEWS EDITOR

De Anza College political science instructor Nicky Gonzalez Yuen and his wife were in dire financial straits in graduate school.

According to Yuen, the combined student loan debts between he and his wife ran \$80,000 between

However, Yuen came up with a solution to rid him and his wife of debt.

Along with a friend, the couple pooled their income together and lived collectively in a house they bought with the shared money. Living collectively helped him and his wife "throw income" at their student loan debts.

"I didn't want to live with this huge debt for 10 to 15 years," Yuen said.

However, the economic reality facing students graduating from 4-year institutions is not encouraging, according to a report published by the California Public Interest Research Group and three other California student association organizations.

CalPIRG and the student organizations, the University California Student Association, the California State Student Association and the UC Berkeley Office of Financial Aid, have collected "The Burden of Borrowing: A Report on the Rising Rates of Student Debt."

The study was based on information from the 2001 United States Census data,

and found that nearly two out as a debt that requires a gradof three students, 64 percent, graduated in the 1999-2000 academic year with student loan debt.

These students graduated with an average debt of \$16,928, nearly double the figure eight years earlier, \$9,188 in 1992-1993.

According to Cindy Castillo, director of financial aid at De Anza, between 15 and 20 percent of De Anza students receive financial aid in a given year. This figure contrasted with the proportion of 4-year college students that received financial aid because universities have their own money to provide for financial aid, while community colleges do not.

Castillo characterized the rising trend in student loan debt in part to societal atti-

I didn't want to live with this huge debt for 10 to 15 years."

> - Nicky Gonzalez Yuen, political science instructor

"As a society, we're not very good at saving money for college," Castillo said.

In addition to rising student loan debt, the study also noted that roughly four in ten student borrowers, 39 percent, deal with "unmanageable levels of student loan debt."

The study defined this term

uate to devote more than 8 percent of their monthly income to student loan payments. The study also found ethnic and economic backgrounds of various student groups increased the likelihood of debt.

According to the report, 84 percent of African-American students graduated with debt, and 55 percent of those had to deal with unmanageable debt.

Latino students graduated with debt rates lower than the national average, but Latino post-graduate incomes were lower than average, causing their debt burden to be unmanageable.

Roughly seven out of 10 students, 71 percent, from families with annual incomes lower than \$20,000 graduated with debt in 1999-2000, but only 44 percent of students with family incomes over \$100,000 suffered post-college debt.

CalPIRG attributed this trend to two financial circumstances that lower-income students faced: limited financial assistance from their families while in college, as well as increased post-graduate financial obligations to their fami-

CalPIRG's report cited the rise in tuition costs, along with the deflation in the "buying power" of the Pell grant.

A maximum Pell grant award covered 84 percent of tuition in 1976, but only covers 39 percent of the costs today.

In the report, CalPIRG

advocated implementing a number of measures to "make college more affordable and protect students from unmanageable debt burden," including increasing grant funding and lowering interest rates on student loans.

As a society, we're not very good at saving money for college."

> - Cindy Castillo, financial aid director

However, the report said there would be more of the same for rising student debt, noting an "expected influx of 15 million students, many from low-income families, into America's colleges and universities over the next 10 years will only exacerbate the debt burden problem."

Though colleges and universities will help students negotiate the world of financial aid, Castillo said the onus was upon the students themselves to be ultimately responsible for their finances.

"We try to encourage students to use grant money or work study money [instead of student loans] ... but we're not parents of these adults," Castillo said.

The entire "The Burden of Borrowing" report is viewable at www.pirg.org.

Hilary Costa of the California Aggie (UC Davis) and U-Wire contributed to this article.

Old computers given new life

some financial aid students to receive recycled computers

by April Gibson

STAFF WRITER

A new program at De Anza will be tested this quarter that will provide recycled computers to students who qualify for financial aid. The 20 pre-selected students of this "pilot program" will receive computers and software free of charge according to their individual educational needs.

The computers and software are donated by local companies during upgrading. The machines are brought to the Santa Clara Recycle Center to be stripped of all private information. The units are sent to the De Anza Bookstore to be reassembled by tech students and distributed. Though the computers come free to students, the program's future is not ensured.

"We don't want to give [the students] lemons," said Cindy Castillo, director of financial aid at De Anza. The machines will be no more than one generation old,

The program's goal is to provide a computer to all students in financial need.

but they may be worn out and may not possess specific capabilities that the students require.

If the computers do not meet the students' needs, the program will be abandoned. There are also concerns as to where the units can be stored, so students qualifying for financial aid should make there interests known to the Financial Aid Department.

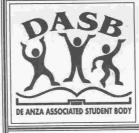
The program is the brainchild of members of the De Anza College Commission, which is an organization working to benefit the college as well as the community.

Commission members will head the project in partnership with commission President Martha Kanter, Castillo and Daryl Jones, associate director of the De Anza bookstore. The program's goal is to provide a computer to all students in financial need.

As the program does not yet provide access to the Internet on the computers, the committee is searching for a donor to provide the service.

Student Activities is now accepting applications for students who are intrested in running for a DASB positon!! Applications are now available at the Student Activity Center and are due no later than May 8th by 4 p.m.

For more info, stop by the Student Activity Center or the lower level of the Campus Center



DASB Senate Weekly Update

- by Vice President of Finance Rafael Beyer

April 24 Update

- All members were removed and then added back onto their internal and external committees. This was done to ensure that attendance would be maintained accurately.
- Ju Kang and Karie Marlin both resigned from their positions due to conflicting schedules. Several senators have now resigned as of the beginning of Spring Quarter.
- •Thoughts about May Day (National Workers' Day) funding were discussed. Main concerns that arose were whether or no the De Anza employees, the reason for having the event, were notified to come out and join the celebration. Senate body was also curious as to what was going to happen during this event.
- The Election code was up for approval, due to concerns that parts of the code were unconstitutional some changes were made.
- •Two new senators were voted in.

May 1 Update

• The agent code was brought up for discussion. The purpose of the agent code is to encourage people that don't

- want all the responsibilities of a senator to help out and do smaller jobs. Since not everyone is interested in a full-time senator position this is a way to get around that.
- •Sulaiman Hyatt put forth a proposition to request the La Margarita room and the Teachers Lounge to available for student use. Due to the lack of use of these rooms by faculty he feels it would be a great room to go take a break and relax from the daily hassle of school.
- •Interest in a protest for parking was also brought up by Sulaiman Hyatt. Measure E will be eliminating nearly 1,000 parking spots next quarter, in the interest of the students we need some kind of resolution.
- Senate elections are coming up soon! The new election code was passed to improve the election process.

The DASB Senate meets every Wednesday at 3:30 p.m. in the Student Council Chambers on the lower level of the Hinson Campus Center. The first meeting of each month is at 4:30 p.m.

For questions and comments please contact Rafael Beyer at the Senate office next to the Student Council Chambers. Call 864-8694 for additional information.

Asian Pacific American Heritage Month

Asian Pacific American Heritage Month Event

Monday, May 13

o Club Kick off, 12:30 to 1 p.m.

 APASA scholarship reception, 2:30 p.m. to 4 p.m.,

California History Center

Thursday, May 16

Visiting speakers series,2 p.m. to 4 p.m.,

Conference Room A and B

Monday, May 20

 Video screening and discussion "I-Hotel",
 1:30 p.m. to 3 p.m.,

California History Center

Tuesday, May 14

o Teach-In: Socio-Political History of Asian Americans and Social Justice Activism, 9:30 a.m. to 12:30 p.m.,

Conference Room

Wednesday, May 15

 SAMAHAN panel on Filipinos in the Media and reception

Tuesday, May 21

OPanel discussion
"How to work with
Asian-American
students", 12:30 p.m.
to 2:30 p.m.,

Conference Room B

Wednesday, May 22

O Storyteller: Canyon Sam, 10:30 a.m. to 12 p.m., Child Development Center

O Performance Group, "Here and Now", 6 p.m. to 7:30 p.m., Hinson Campus Center, Fireside Room

Saturday, May 25 APASL conference

Patrick Lydon/ La Voz

De Anza celebrates 1 years of Asian cultur

"We try to include students,

clubs, faculty and staff to

promote issues dealing with

colleges and communities"

- Rowena Matsunari,

APAH committee member

by Monica Sane STAFF WRITER

May is nationally known as Asian Pacific American Heritage Month. The Asian Pacific American Students for Leadership and the Asian Pacific American

Staff
Association
will be organizing events to
take place at
De Anza
College from
May 13 to 23.

The Asian Pacific

American Heritage committee has called this year's event "Asian American Youth and Social Justice Movements: Then and Now."

Events will include guest speakers and discussion panels throughout the weeks to come. All ethnic groups are welcome to join in the events on campus.

"We try to include students, clubs, faculty and staff to promote issues

dealing with colleges and communities," said Rowena Matsunari, APAH committee member.

She said the high light of the events is the first conference, "Rocking the Boat," on Monday, May 13, an emergence of an APA youth, organized by members of APASL.

"Many people think Asian Pacific Americans are one single group, but they are made up of more than 24 ethni groups, who speak different langua and have their own rich histories," said Matsunari.

Asian Pacific American Heritag month was enacted by Public Law 450 on Oct. 28, 1992. The purpose

> the law was to honor achievements of Asia Pacific Americans and recognize their contril tions to the United Sta

The month of May was chosen to comme orate the immigration the first Japanese imm grants to the United States in 1843 and the

completion of the Transcontinental Railroad.

For further information on APA Heritage Month events,

contact Rowena Matsunari 408-864-8286.



La Voz file p

Asian Pacific American dancers perform for heritage month events last year.

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- Research and Methodology
- Ecology and Social Responsibility



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A face in the crowd



Ebru Akcasu / La Voz

by Ebru Akcasu Staff Writer

Name: Anny Ting Age: 21

Birthplace: Taiwan

Currently living in: Sunnyvale (since the age of seven)

What are your hobbies and interests? Cars, racing, dancing, and shopping. Major: Automotive Technology

Why De Anza? De Anza is known in the nation as one of the top schools for Automotive Technology.

What do you think about De Anza? De Anza is a really good school to further education to go on to another college. Great kids, great instructors, overall a great environment to be in.

What don't you like about De Anza? If you're not here at 7:30 a.m. it's hard to find a parking space.

"I have a message to all the girls: Take at least one automotive class, you won't regret it, it will only be a benefit."

How long have you been at De Anza?
Three years

How much longer do you think you'll be here? Another year.

Are you taking any other classes? English and English Lab.

What are your plans after De Anza? To try to get a job in the automotive field. Where do you see yourself in 5 years? I hope to be a part of a racing crew.

Do you think you'll still be in the area? Yes.

How did you become interested in Auto Tech? The idea that I never wanted to be the stranded girl on the side of the road who didn't know how to change her tires. I started taking a prerequisite class and fell in love with cars in general. The more I learn, the more I like it.

What interests you about cars? How it looks, how it runs and the power an engine can produce.

Is this what you'll be doing for the rest of your life? If not as a career, definitely as a hobby.

What do you think is the most important lesson life has thought you? That karma is a bitch.

What is your ultimate dream? To have a racing crew of my own and be sponsored by everybody.

De Anza's fast, but furious

DA parking lot used as practice area for annual Autocross event

by Ebru Akcasu Staff Writer

Engines roared as 20 De Anza students and 20 professional drivers took laps around Parking Lot E on April 28, practicing for the 34th Annual De Anza Autocross.

Some felt they needed a little more practice and others seemed to have just gone for the ride.

Instructors came as volunteers from the Norcal 510 Racing Team.

They first explained the scenario, walked and then drove aside the students as they flew through the course.

Michael Brandt, head of the De Anza Automotive department says that the

instructors being there right next to the students is a good way for them to receive "instant feedback."

Most of the instructors commented on how Autocross has done them good. They stated that it allows the driver to know their car and what it's capable of at the same time they find out how to recover from situations.

This knowledge allows the driver to handle his car better on the street.

Another advantage they mentioned is that once the driver gets the need for speed out on the tracks, he won't feel the urge on the road and therefore will be a better driver.

Brandt views the drivers as very experienced. "Some of these are national champions, top drivers in the nation," said Brandt.

According to Brandt, "[The] key is to be smooth. Overcorrecting means you're not driving smoothly."



Derek Lubich / La Voz

Automotive Technology students practice driving around Parking Lot E in preparation for the Autocross event.

Brandt believes that this is very good practice for the Autocross even though the race course is "not even close" to the actual course which will be four times larger and will take place in Parking Lot B.

In Lot E there is a space limitation but, it's good practice for gripping corners.

He also believes that it's important to be "cautious and take time, not to try to be the fastest on their first time."

"The key is to be smooth. Overcorrecting means you're not driving smoothly."

- Michael Brandt, Automotive department head

Instructor Greg Nowell admits that if he hadn't auto crossed, he would have wrecked his car many times by now

wrecked his car many times by now.

All of the volunteer instructors compete every month.

Rick Bresnahan commented on girl drivers by saying that girls are shy at first but end up being better than all the guys.

"Peggy Hale, 510 clubs president's wife and coordinator of events, is better than all of us," said Bresnahan.

The crowd included spectators and also a few people selling parts for the Datsun 510 series.

While Rebecca and Steven Coleman

had made no money by 10:30 a.m., James Johnson had already made \$300 and commented that "business is great."

De Anza student Chris

O'Hearn, tried to sell an entire car.

O'Hearn has raced since he was 17-years-old. He has attended Skip Barbers Driving school and three

sessions of race driving.

However, his comment on the event is "I don't like Autocross ... I don't see the challenge in Autoross, racing is about racing other cars."

Graphic Artists Needed!

La Voz is looking for freelance artists to spice up our pages. Otherwise we will have to use boring clip art like this:



Interested? Contact Editorin-Chief Caroline Perez at lavoz@fhda.edu

Free DASB Benefit

Student-to-Student© Computer Help Line



For the first time ever, DASB members can call from home to get help with computer problems. If you've ever wished you had a number to call when your computer went haywire, your wish has come true!

DASB and OTI have joined forces to offer high quality computer support free to DASB members.

To register online, or for more information about this great new free student benefit, go to:

Or call: 408 864-5511
Between 6pm-9pm, mon-sat

Campus Activities and Events Calendar

Monday May 6

De Anza Business Leaders Club 11:30 a.m.-1:30 p.m.; L-28

De Anza Chess Club

12:30 p.m.-2:30 p.m.; Meeting Room 1 UNICEF Club

12:30 p.m.-1:30 p.m.; Student Council Chambers

De Anza Anime Club

2:30 p.m.-5:30 p.m.; Forum 4

Drishti Indian Club

2:30 p.m.-3:30 p.m.; Student Council Chambers

El Congneso Latino Culture Event

innovate

11:30 a.m.-1:30 p.m.; Campus Patio and Main Quad

engage

Tuesday May 7

Habesha Student Union Club

12:30 p.m.-1:30 p.m.; L-21

Muslim Student Association Club 12:30 p.m.-2:30 p.m.; Student Council

Chambers

Students for Justice Club

12:30 p.m.-1:30 p.m.; Meeting Room 1

MECHA Club

1:30 p.m.-2:30 p.m.; L-21

Chi Alpha Officers Club

4 p.m.-5 p.m.; Student Activities Room

De Anza Massage Club 4 p.m.-5 p.m.; PE 12U

connect

El Congneso Latino Culture Event

11:30 a.m.-1:30 p.m.; Campus Patio

Wednesday, May 8

Samahan De Anza Club

Brothers Linked for a Common Cause

Inter Club Council Meeting

Students for the Truth Club

El Congneso Latino Culture Event

succeed

10 a.m.- 2 p.m.; Campus Center Table 5 Wrestling Appreciation Club

Auto Technology Club

Chi Alpha Christian Fellowship Club

11:30 a.m.-1 p.m.; L-26

APASL Club

12:30 p.m.-1:30 p.m.; MCC Rm. 16

Sista Circle Club

12:30 p.m.-1:30 p.m.; S-71

Asian American Student Association

1 p.m.-2 p.m.; L-45

11:30 a.m.-12:30 p.m.; Student Council

Chambers

12:30 p.m.-1:20 p.m.; Meeting Room 1

1:30 p.m.-3 p.m.; Student Council Chambers

2:30 p.m.-5 p.m.; Meeting Room 2

Speech and Debate Club

3 p.m.-6:30 p.m.; L-11

11:30 a.m.-1:30 p.m.; Campus Patio

Thursday, May 9

SCORE

10:30 a.m.-12:30 p.m.; Student Council

Chambers

11:30 a.m.-12 p.m.; E 12 B

Student For Justice Club

12:30 p.m.-1:30 p.m.; Meeting Room 2

Disabled Student Union Club

1:30 p.m.-3 p.m.; Student Council Chambers

Grace Fellowship Club

3:30 p.m.-6 p.m.; Student Council Chamber

ABSK (Asian Baptist) Club

4:30 p.m.-7 p.m.; Meeting Room 2

International Connection (ICON) 11:30 a.m.-12:20 p.m.; Meeting Room 1

Friday, May 10

De Anza World Association of Peace

and Culture

1:30 p.m.-2:30 p.m.; MCC-11

DASB-Administration Committee 9:30 a.m.-10:30 a.m.; Student Council

Chambers

Israeli Club 12:30 p.m.-1:20 p.m.; Student Council

Chambers

Salsa Club 1:30 p.m.-3:30 p.m.; Student Council

Chambers

Vietnamese Student Association Club

1:30 p.m.-4:30 p.m.; Student Council Chambers

Saturday, May 11

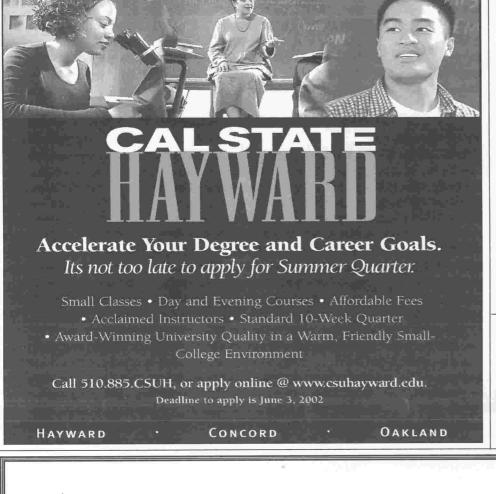
De Anza Film and TV Guild Film Screening

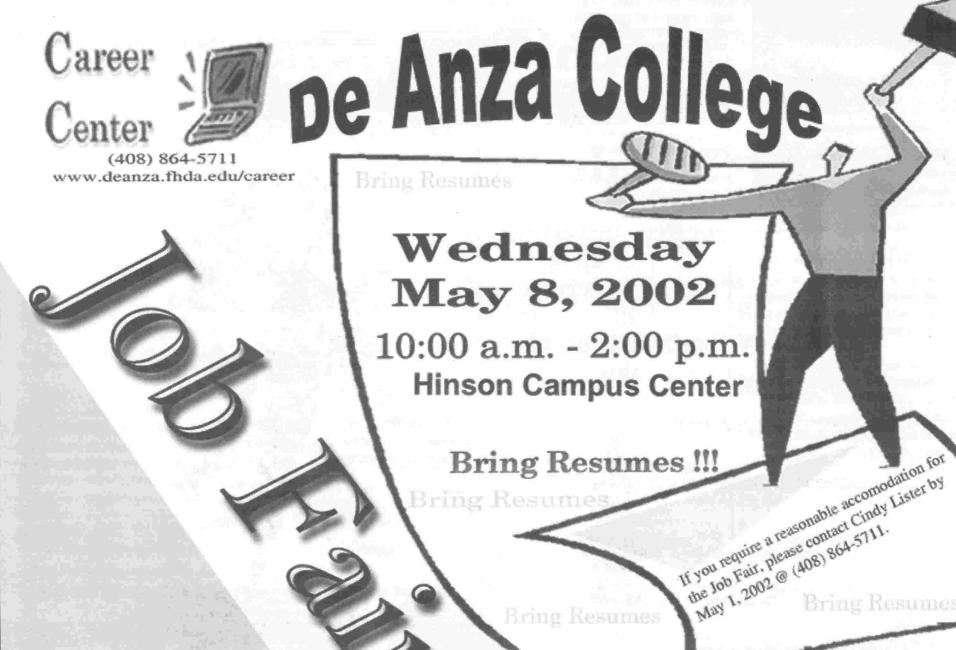
2 p.m.-4:30 p.m.; ATC 120 De Anza WuShu / Tai-chi Club

2 p.m.-4 p.m.; PE 14

Information courtesy of De Anza Student Activities. For more information, call 408-864-8756.

Looking for a more interactive experience? Join us online @ www.lavozdeanza.com





When the need for music is all that matters how to make songs mobile



Alright, now comes the truth. There is a huge CD collection in the corner of the house, and an equally large wish to put some of those tunes onto a newly purchased MP3 player.

Perhaps some old 8 tracks collecting dust have songs yet to appear on CD. What to do. Well the music-loving public need

There are many methods that allow any collection to move around freely.

Ripping/Encoding

Sounds like something that could happen at a party when someone bends over to pick up a keg. What it refers to is taking

the contents of a CD and copying them onto and converting it into a computer compatible format such as MP3. Several Syears ago this was nearly impossible due to a lack of programs available. However, today many computers and MP3 players come with software that allows ripping with ease. For the most part, the method is

simple. Put the CD into the computer, select the tracks from the CD, and copy. Some of the better programs will actually name the tracks and albums upon connecting to the Internet. Keep in mind, there is a huge amount of programs out there, some better than others depending upon the computer and experience. Some of the best include: CD-DA X-Tractor, a compact program that does its job and is free.

Another is Exact Audio Copy, a program highly recommended by several web sites for overall quality and the programmer's

dedication to excellence.

A good choice for encoding is L.A.M.E, short for "LAME Ain't an Mp3 Encoder," a rather oddly named encoder that supports a wide range of for-

Burning

Just the opposite of ripping, this is the method that allows people to place a selection of music from the computer to a CD. Several of the newer portable CD players can support CD-RWs, a CD that allows you to "rewrite" as many times as you wish.

This is a good choice for those people whose tastes change regularly and are on a budget.

Put the CD into the burner tray, boot up the CD creation software, and select the tracks. Most software will automatically convert the song into a format that most CD players can read. Some good software to use is Click N Burn Pro 2.0, Easy CD Creator Deluxe 4.0: Win9X/NT4, MusicMatch Jukebox Plus 7.0.

Something old becomes something

Somewhere in the house there is a beloved collection of LPs, 8-tracks or cassette tapes that one would have to re-invest great

amounts of cash into to buy the same in CDs.

And for some of this collection, there may be several selections that have never been available in CD form.

What is a lover of great music to do? Until recently, the options were very limited.

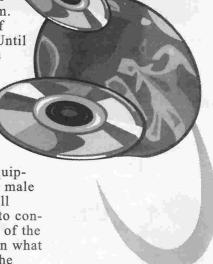
Now, the process of converting this into an MP3 or onto a CD is easy.

1.Go to any store that carries audio equipment. Buy a male to male audio cable. This will allow the computer to connect with the source of the music. Depending on what type of phone jack the source has, an adapr may be necessary. Buying a set with several adapters, just in case, is a good idea

2. The soundcard on the computer will have a microphone plug-in. Insert the one end of the cable here. The other end will go to the source of the music.

3. Most versions of Windows based computers and Macintoshes have a basic recording software built in. The options available depend on the version of the operating system. Simply hit record on the computer and play on the source at the same

Kick back and enjoy the music.





Classes Starting May 20th and July 15th

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For more information:

MP3.com Good web site that gives a lot of information about MP3s.

Minidisc.org A Web site that is devoted to nothing else than Minidiscs. Often has sneak previews of new products.

Softpile.com Large base of auido related programs, many of which are free.

Slashdot.com A general over all site that any computer loving geek should know.



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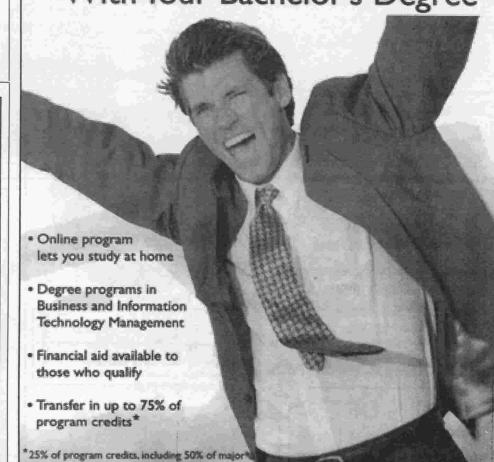
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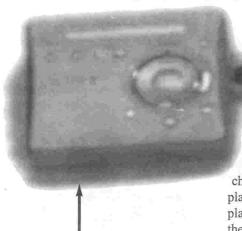
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How to keep your tunes h



Joe Bruna

STAFF

WRITER

There is no excuse in this day of great technology not to have music near for a boost-up or a mellowing-out at a moment's notice.

However, it can be difficult to select from the many choices available: Minidisc players, MP3 players, CD players, even tape players and the up and coming DataPlay.

How does the smart consumer choose from this dizzying array of products? With an informed mind, this decision is not as difficult as it may seem.

Minidiscs

Minidiscs are something most Americans have yet to here about despite their popularity in Europe and Asia.? They look like a smaller cousin to the 3.5 inch disc.

The difference is the small re-writeable mini-CD concealed inside that listeners can re-record nearly a million

Mini-disc players stand above the crowd on several things:

The recorder models can record from most sources that produce sound, such as your TV, CD players, computers, other Minidisc players, MP3 players and even use head phones as microphones for stealthy recording.

All recordings are turned into pure digital sound format, which prevents sound degrada-

Many new Minidiscs have Long Play options which allow recordings of up to 5

Most discs cost only two dollars, far cheaper than any digital format MP3

> Garage bands can plug them right into an amplifier to record live performances but without the low quality of a tape

There are only two downfalls to Minidiscs players. One is "real time recording."

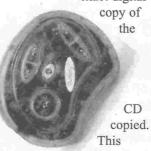
If a song plays for five minutes, it takes the same time

The second is that in order to record titles to make them appear on the LCD screen, manual input with the units controls, which can be awkward, is necessary.

Some of that has changed with the recent introduction of the NetMD player that, much like a MP3 players, hooks up directly to the computer and downloads sounds almost as quickly as a CD burns.

MP3 Players

So what makes an MP3, also known as MPEG, so great? It's an exact digital



allows music lovers to surf the Peer-to-Peer networks and acquire music that is otherwise unrealistic to buy.

There are several key points shoppers should look for when looking for an MP3 player.

Size: Since most have no moving parts, MP3 players come in a range of sizes from the size of a small paperback book to just larger than a look of matches. Before the pur chase, the sales person should bring one out to play with. If the buttons seem hard to play with, search on.

Capacity: players may have as few as 32 megabites of ram to upwards of 10 gigabytes. A good rule of thumb is that there is one minute of play per megabite.

Multi-Media: Several players have expandability via some sort of removable media (Compact flash card, SD cards and Sony memory stic to name a few).



mind.

Battery life: MP3 players can burn through batteries faster than a 3-year-old on Christmas day, so take care fully consider the length of play per batteries used.

The player will generally run roughly 10-20 percent less than the box says it will.

Connections: Most players connect via USB ports, but there are several that use FireWire or Serial ports. Several players do not have support for the Macintosh sys-

With so many choices, there is an MP3 to fit every mood. Some PDAs, like the Sony line of Palm Pilots, and some cell phones even have built in support of to play MP3s, so this opens up more options.



After reading the about the above systems, one would think that there is no need for a CD player. O contraire, CD players are still going strong. And the reason is simple pre-formatted Minidiscs are rare in the states and the MP3's need to be recorded from something. The

variety is also greater than that of MP3s.

There are even some models that can play MP3s, which gives roughly 11 hours of play

per CD. A major plus is that most CD player give about 20 hours of tunes before running out of batteries. Some models even come with AM/FM radios built in.

Future technology

In the near future consumers will see a new media format from a company called DataPlay.

Amazingly, the disc is roughly the size of a quarter and holds only slightly less information than a CD, about 500 megabytes.

> Many major label



panies, such as BMG, Universal and EMI are hopping on the band-wagon to support this new format since it is designed to unloadable to a computer.

This new format would also allow the companies to put samples of other songs on the disc, which listeners can unlock with a "key" purchased on their website.

It also is much like a CD; once burned, it is unwritable. These players will retail for between \$270 and \$360.

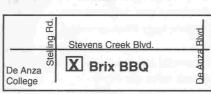


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The

Breakdown

The word aikido breaks down into three parts: "ai" meaning "harmony," "ki" meaning "energy" or "life force," and "do" meaning "the path."

Aikido has four belts to denote rank. From lowest to highest, they are:

- white
- blue
- brown
- black

Sensei Jeff Adams demonstrates a proper Shomen-Tsuki Shomen Irimi-Nage on a student also known as a front punch and front entering throw.



by Joe Bruna STAFF WRITER

Sports



"The best offense is a good defense."

This familiar tenet of team sports is central to the martial art of aikido. a fighting style and phi-

losophy that has been around since the

The tactics taught in aikido allow the person skilled in the discipline to defeat an

> opponent by letting them attack using defensive techniques instead of subduing the opponent. It has its physical elements based in jujitsu and spiritual elements based

in budo, also known as "the way of the warrior."

De Anza College students who are interested can take a shot at learning aikido by taking a class in the martial art on campus.

Sensei Jeff Adams and his assistant Sensei Tada teach both of the aikido classes here on campus. With as much humor

and philosophy as there is physical training, Adams consistently keeps a lighthearted atmosphere to cushion the blow to the students' egos that

comes from

being thrown to the ground on a regular

"Aikido is very ego-centric. Practitioners of aikido spend half of their time on the ground when practicing ... so I want the class to be able to relax and be able to laugh," said Adams.

Students and teachers alike expressed a sense of community while learning the martial art of aikido. Intermediate student Alex Natell felt heartened by the close-knit nature of the class.

"It is fun and something I enjoy. What's unique [is that] it is not who's going to win; [everyone has] a cooperative spirit," said Natell, a blue belt.

> Adams, who is Natell's instructor, seconded his student's feel-

"There is a feeling that you are among friends who are sharing their experience in life with you, rather than a class of people getting together to train," said Adams.

The class takes place Monday and Wednesday nights at 7:30 p.m. for beginners, and 8:30 p.m. for intermediate classes in PE 14. Of the martial arts, the Japanese

art of aikido is one of the younger art forms, developed in the 1920s by Moriei Ueshib.

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> - Sensei Jeff Adams, aikido instructor

Assessing

Aikido

- 135 books for aikido on amazon.com
- Aikido was at first known as aikijutsu, before the name was changed in 1940.
- Morihei Ueshiba, founder of aikido, was born in Japan on December 14, 1883.
- Proper dojo etiquette includes keeping fingernails and toenails cut short.
- Movie star Steven Seagal is an aikido instructor.

Joe Bruna / La Voz

Commission on

Athletics

The Dons showcased their talent at the Commission on Athletics convention winning several awards.

Faculty members Sylvia Hooks and Debi Schafer were recognized for excellence. Hooks earned general physical educator of the year honors and Schafer was recognized as fitness/exercise physiology instructor of the year.

Also the men's soccer team received an award for having the highest team grade point average, 3.12, which was best in state.

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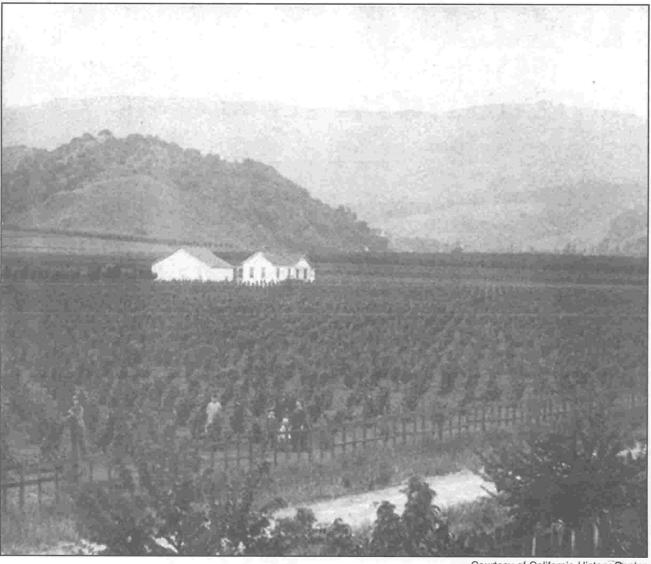
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Courtesy of California History Center

Taking a peek at local history

n March 25, 1776, Captain Juan Bautista de Anza and his expedition took refuge near wh is now De Anza College.

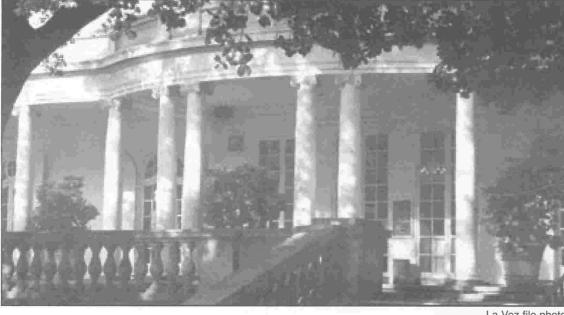
The crew set up camp near what is now known as Stevens Creek, which de Anza named Cupertino Cree after Saint Joseph of Cupertino. The creek was later renamed after Cupertino's first settler, Elisha Stephen

In 1886, John T. Doyle started the Cupertino Wine Company near the college's current location.

Six years later, Charles A. Baldwin purchased the area, opening the Millefeurs Winery, which is now the college bookstore. Baldwin also built his home, Le Petit Trianon, which is a national registered landmark and now houses the California History Center. The land was sold once more before being purchased by Pacific Canning Company President E. F. Euphrat, the last private owner.

In 1959, the Foothill-De Anza Community College District bought the land from Euphrat. In 1969, the college founders and designers chose crimson and gol as the school colors, to represent the Spanish royalty of de Anza's time. The campus was designed using Spanish red-tiled roofs and "a Californian idiom with bit of Mexican flavor."

Compiled from www.cupertino.org and "De Anza College-25th Anniversary" by Derek Lubich.



La Voz file photo



Courtesy of California History Cent

oday, De Anza College is one of the largest single-campus community colleges in the nation. According to the mission statement on De Anza's Web site, as a means of "building on its tradition of excellence, the college challenges students of every background to: develop their intellect, character, and abilities; achieve their educational goals; and serve their community in a diverse and changing world." With current fall quarter enrollment averaging 24,000 students, De Anza has grown from the population of 5,600 in the beginning.

De Anza College, Then & Now (clockwise, from top left): McClellan Road in the 1890s, the future site of De Anza College; Le Petit Trianon in the 1960s; a bird's eye view at 1,500 feet of De Anza College and the surrounding community in 2002; a 1920s view from the Trianon; a current look at the Trianon Building, which houses the California History Center.

