



FRIDAY JANUARY 27, 1978

CUPERTINO, CALIFORNIA

VOL. 11 NO. 12

"THE VOICE

OF DE ANZA"

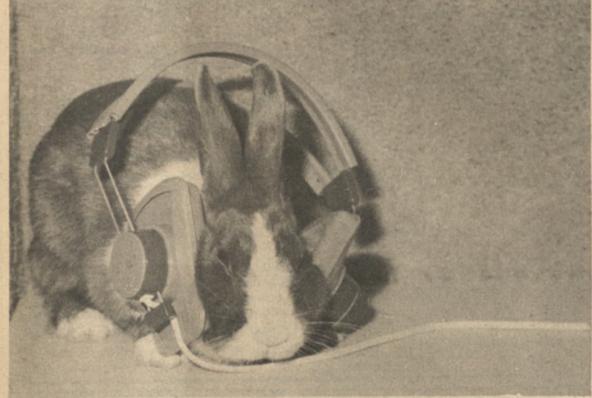


Photo by Joan Gielow

"Slasher" the rabbit doesn't seem to mind posing with the incriminating evidence.

Slasher lurks inside Life Sciences building

By TAMA REASONOVER

Rabbit Allen, alias "the slasher," is alive and living behind the Life Sciences building.

Rabbit Allen is just that. A rabbit. Whimsically named after the Dean of Biological Sciences, Robert Allen, he has been a favorite pet around Life Sciences since he came there last July.

SLASHER received his nickname not too soon after the detection of some damaged equipment around the lab. It seems that about a week into the winter quarter, Instructional Assistant Ida Laccabue was in the lab over the weekend. In order to get some fresh air, she opened the back door. When she left she made sure to lock it.

When the staff arrived Monday morning, they noticed that six of the headphones had their wires cut in half with an almost inhuman precision. None of the other equipment had been damaged in the least way.

"It was an eerie feeling," recalled Laccabue, "at first we thought it was done by an irate student or some weirdo."

NEVERTHELESS, immediate and drastic security measures were taken. No effort was spared to insure the safety of the Life Sciences staff. A request for a complete changing of the locks was dashed off to Campus Security, but an uneasy feeling still remained.

The following weekend, in the lab, back door still open, fresh air circulating, Laccabue watched as Rabbit Allen calmly hopped indoors and began chewing on a headphone wire.

The reaction of the rest of the staff was something close to hysteria when the identity of the "slasher" was revealed because in some quarters he had been thought to be a possible rapist.

THE REQUEST for a lock change was cancelled on the spot. However they learned that no action had yet been taken.

Soon afterward a description of the "slasher" was being circulated. He was short, walked with a definite limp, and had a heavy grey coat. A possible explanation for "slasher's" toothy vandalism may be frustration. Just before the slashings occurred, his mate, a rather sickly female rabbit that had been recently nursed to health, was taken away from him.

"He'd been doing his boy rabbit number too much," said Laccabue. Immediately following the separation, the "slasher" came into the picture.

Warren gets special plaque

A plaque expressing "thanks and appreciation" on behalf of CESDAC Council was presented by President Murray Jones to Dr. Walter Warren for his association with CESDAC.

Dr. Warren, director of the California History Center, played a major role in forming the original nucleus of students from his political science class that started the student governance ten years ago that evolved into CESDAC.

Dr. Warren said CESDAC is a "special organization with special people." One council member praised Dr. Warren as a man they look up to and who has given CESDAC "continued support."

Jones also announced that he will give a farewell speech and a "state of the school address" at the next CESDAC meeting. He will be leaving De Anza at the end of this quarter.

THE POSSIBILITY of child care being available at night in the Child Development Center was revealed by Jones during the regular meeting. Jones said he had spoken to Virginia Lockhart of the center and that she indicated night care is possible if regulations are followed.

Ken Skelly, from veterans affairs, asked CESDAC for a grant of \$162 for the purpose of sending the VA monthly newsletter to fulltime veterans.

Skelly said the budget of the veteran affairs office had already been cut by \$1,500 and another cut is expected in the next fiscal year. Jones said action on the grant proposal will be taken at the next CESDAC meeting.

Jones stressed the importance of the CESDAC information table

in the foyer of the Campus Center to continue communication with evening students since "our newspaper (Nightwire) has been taken away from us." JONES FEELS that "our

JONES FEELS that "our students are informed," but that the council will have to communicate directly with the students.

Goals for 1978 could not be discussed until the next meeting. Jones said, because he feels all council members should be present.

After adjourning the meeting Jones said that Dean of Activities Don Hogan had requested each council member to turn in a paper describing accomplishments student government had made during fall quarter.

"I REFUSE to answer," said Jones, although he had already written his paper.

Jones read part of his paper stating his dissatisfaction with student reorganization plans, charging that it was "a waste of time," a "farce," and "a phony." He also expressed dissatisfaction with the way La Voz covered the events of the reorganization.

Jones also listed accomplishments made by CESDAC. A BIO-FEEDBACK machine

A BIO-FEEDBACK machine used in the psychology lab was purchased for \$2,000 by CESDAC "without assistance from AS-DAC," said Jones.

Over \$3,000 was spent for a portable classroom, tables and vending machines for the Sunnyvale Center, according to Jones.

Also purchased by CESDAC for the Sunnyvale Center was a kiosk providing a means of communication for students speaking various languages.

Who dunnit?

'Voz stolen from racks?

Over 1,000 copies of La Voz disappeared under mysterious circumstances last weekend from the journalism lab.

Some time between noon Saturday and 8 a.m. Monday, an unidentified person gained entry to the newsroom, located in L41 and made off with copies of the Jan. 20 issue of La Voz.

The only controversial material contained in that issue was an editorial which attacked the AS-DAC council's decision not to inform students of their option to purchase a \$2 student identification card instead of the \$7 student body card.

Although some ASDAC members strongly protested the editorial, they have denied any knowledge of the incident.

"I'm damn sure none of my people (council members) had anything to do with it," said ASDAC President Armand Souza. Campus Security informed La

Campus Security informed La Voz that they did not release the newsroom key to any unauthorized person, nor did they admit anyone to the newsroom over the weekend.

Since the disappearance of the papers denied many students access to this information, the editorial board of La Voz has decided to run the same editorial this week (see page 2).

This week, however, additional security measures will be taken to prevent this type of incident from recurring.

-editorial -Students urged to buy SB cards

Editor's note:

For the second time this school year, some person or persons have seen fit to thwart La Voz' efforts to relay information to students by removing the newspaper not only from the stands but from the newsroom as well.

La Voz believes that the reason the newspapers were filched was due to the content of last week's editorial. In order to insure that as many students as possible are made aware of this information, we are reprinting it this week.

Apparently the culprits gave no thought whatever to our right and responsibility to print this information but were instead entirely consumed in self-interest. Hopefully, this week this information will get to the students where it belongs.

This editorial pertains also to the **CESDAC** council since evening students may also purchase student ID cards in lieu of student body cards and the CESDAC Council has not informed them of this option.

There is a well-kept secret at De Anza. It's a secret the student council voted last spring to publicize, but never seemed to get around to implementing. The decision was later reversed without even so much as a vote of the council.

The fall, 1977 Schedule of Classes should have included an item to the effect that students need not spend the requested \$5 or \$7 on a student body card, but that they have the option instead of purchasing a \$2 student I.D. card.

AT LEAST ONE council member felt that if this information were made public, no one would pay the full amount, thus severly crippling ASDAC funds. A pseudothreat was even made to La Voz that perhaps our funding would be entirely wiped out if this information got to the students.

La Voz feels it would have been in everyone's best interest if the council presented this information to students in a positive light. We feel that even \$7 per quarter is a cheap price to pay for the educational opportunities De Anza offers.

IN ADDITION, ASDAC cardholders are entitled to free admission to conference athletic games and reduced prices to social and public events programs. Cardholders may also use the free legal aid services, child care center and emergency vehicle aid, among other benefits.

Perhaps a more realistic approach for the student council to take would be to provide students with detailed information as to what they get for their money, as well as a more definitive breakdown that the ASDAC budget provides, citing where their ASDAC dollars are being spent.

Intentionally withholding this information from students can only breed ill will.

LA VOZ BELIEVES, however, that students should take a long hard look at the benefits derived and consider the possible ramifications involved before rashly deciding to save themselves \$3 to \$5 by purchasing a student I.D. card.

We further urge all students who can reasonably afford it to purchase an ASDAC student card.



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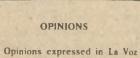
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letter to the Editor ...

Discrepancies in catalogs confusing

Editor:

When De Anza and Foothill opened there was the notion of having a third college in the district. Well, the third one got left out, and the semester system evolved into the quarter system. The two colleges were basically the same, with small differences in AA requirements.

Back in 1967, the college catalogs were almost identical. Now, the catalog and policies are completely confusing and different from one another. The transfer student and his counselor are on the spot to figure out the differences in course numbers and what the student needs to complete his degree. After long hours of studying the catalog and driving back and forth between Foothill and De Anza, I believe I have finally figured out what classes I need to graduate.

The problem with the whole mess is that I had taken the right classes, but Foothill has its catalog system, and De Anza, also, has its own catalog system. It seems strange that 'the two

colleges, both in the same community district, have different course numbers and requirements.For example, History 17A at Foothill is equal to History 17A and B at De Anza, Art 5 is equal to Art 8, and so on.

Foothill and De Anza could produce a yearly catalog, with their classes having identical numbers, telling which ones are offered at Foothill, and which at De Anza. This would save printing costs.

Individuality has its place in junior colleges, but standards should be categorized in a manner that is less confusing to the student. In the long run, receiving a degree would be less frustrating.

Plans postponed

Friday, January 27, 1978, La Voz--3

Red tape leaves Le Trianon idle

By GREG ABREU

The historic Trianon, scheduled to open its doors last Jan. 3, will not be ready for students until September due to financial problems.

Dr. Walter Warren, director of the California History Center, blames the financial bind on the government bureaucracy and red tape.

"We're still waiting for a \$24,000 grant that should have arrived last spring," he said, adding that "we can't move until we get it—it's necessary for the heating and lighting."

THE JOINT federal and state Historical Preservation Grant Warren referred to is only the most recent in a long list of hard-won public and private contributions sent to the CHC for the purpose of restoring the Trianon, originally a lavish playhouse built as part of a 137-acre weekend social retreat by San Francisco millionaire-socialite Charles Baldwin.

Named after the 17th century French pavillion which Marie Antoinette frequented, it was the marvel of the southern Bay Area, having been estimated to be worth \$250,000 at the time of its construction around 1900.

SIXTY-NINE years later the Trianon Foundation was set up in the hope of reversing the financial hardship that almost led to the building's demolition in 1968. Little by little the contributions began to trickle in. At that time the restoration cost was estimated at \$100,000.

Today the restoration cost is estimated at \$400,000 of which \$300,000 has already been spent. "The increases are incredible," admits Warren. "But between contractors' changes and inflation there's nothing we can do about it. By our own estimations, every day the construction is delayed, you might as well add another \$77 to the restoration

you might as well add another \$77 to the restoration This room in the Trianon will eventually be the library.Photo by Joan Glelow

figure."

IN SPITE OF the expense, Warren believes that the result will be worth it. "There'll be nothing like it," stresses Warren. "It'll be the first of its kind started with an educational concept in mind." In this spirit, he adds that it will serve not only as a historical research and information storage center for Santa Clara County, but will also be a focal point for thousands of students and teachers throughout the state.

The Trianon building, located on the west edge of the Sunken Gardens, will house four rooms: an 80-seat lecture auditorium, a carefully researched authentic Period Room, the Louis E. Stocklmeir (founder of Trianon Foundation) Regional History Library, and "the most exciting part," according to Warren, the Living History Room, a multi-purpose, extensively equipped room "of infinite instructional and display possibilities."

THOSE PLANS, however, are still \$100,000 away from realization. Yet despite the frustration and monumental effort in pursuit of needed funds, Warren considers the CHC to be very fortunate to have received what it has thus far.

Although he notes there "there are people who had to be convinced of a concept like the Trianon, generally," he said, "everybody's been quite good. We're lucky in this community because everybody seems to be concerned about education, whether they are personally involved or not."

Undaunted by an uncertain financial future, Warren emphasizes that "once people understand what we're trying to do, they will usually support us." He further points out that the CHC has received over \$50,000 in private contributions alone. \$5,000 of which came from CESDAC. "And nothing with that much community support," said Warren, "is going to fail."

Voting slated to decide on reorganization for ASDAC

ASDAC is moving full speed ahead on their reorganization plans, with an election to ratify the new constitution set for Feb. 8 or 9.

ASDAC President Armand Souza will head a reorganization committee which will organize the polling centers and circulate copies of the constitution among the student body. Voting will apply to day students only.

APPARENTLY, THE "task force" concept proposed a couple weeks ago was bogged down by CESDAC. Souza accused CES-DAC President Murray Jones of putting off organization of the task force until it was too late.

Director of Finance Hugh Dunn will head a finance committee which will attempt to revamp DAC's present financial code. Dunn pointed out that the present code "is several years old and insufficient in many aspects."

Veteran representative Rob Padilla received financial support to publish a newsletter to be mailed to veteran students and their supported families.

"MANY VETERANS' policies change on a monthly basis. Veterans need and will use these letters. We used to leave flyers here, at the Sunnyvale Center and at the district office, but they just weren't effective," said Padilla.

Funds were appropriated to support the poster show to be presented at Euphrat Gallery March 13-17. The posters are representative of the political propaganda of South America and South Africa. Most of the funds will go into the opening night presentation, which will include singers from Chile and refreshments. Robert Scott, a De Anza media instructor, said that he has

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tween 8 and 5.

a closer affiliation with ASDAC and hopes to approach CESDAC with the idea of going fifty-fifty to fund this show.

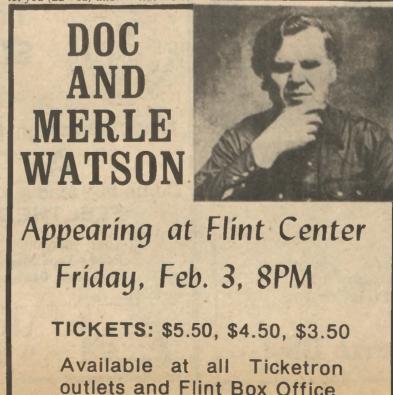
La Voz's Jan. 20 editorial concerning the non-publicity of student I.D. cards caused considerable comment from council members.

"We always make it a point to let you (La Voz) know what we're doing. The least you could do would be to let us know what you're doing,'' snapped Dunn.

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4--La Voz, Friday, January 27, 1978 ance troupe dazzles

By LAURA STONE

Engulfing the entire audience in enthusiasm and fun, the Aman Folk Ensemble danced for a near packed crowd at Flint Center Saturday night.

Dazzling costumes, quick, lively movements, and authen-tically appropriate music kept every viewer hypnotized.

DANCING their way through the world of folk customs and music, the troupe took their audience on a trip to the far away villages where the dances originated. The joy and excitement with which the group performed gave the feeling of watching actual

Ella's in town

natives dancing and chanting on their home soil. For two hours, there was no Flint Center, no Cupertino, nothing but little towns in Algeria, Serbia, Tunisia, where dance and music is an integral part of life.

The music of Aman is not only authentic, but beautifully done. Instruments are varied, unusual and fascinating. Drums, violins, various guitar and lute type instruments, flutes and even a bagpipe echoed the actions on stage. The music was never overpowering or distracting; it simply enhanced the dancers' movements

RANGING FROM the very

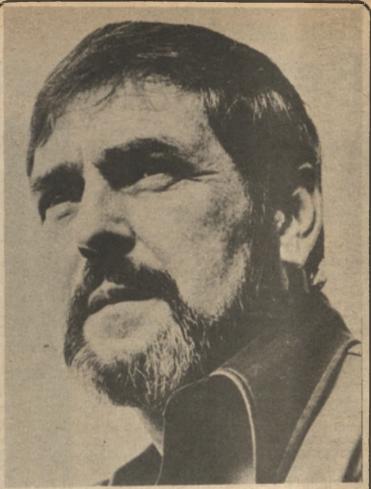
simple black and white blouse and knickers to brightly colored exotic scarves and jangling bangles, the costumes were always a show in themselves. Obviously well-researched and made with great precision, the details and ornaments gave final touch to the professionalism of the troupe.

But by far the most impressive part of the show was the absolute enjoyment the dancers and musicians radiated. Their smiles and enthusiasm took in the entire audience and didn't let go throughout the show.

EACH DANCE was executed with incredible precision and accuracy, never a foot out of step. High kicks, foot stomping, hand clapping, running and jumping were all perfectly timed and carried out with smooth continuity. This was especially evident in the dance from Bosnia. With no instrumental accompaniment, the only music came from the pounding feet and jingling dress ornaments of the dancers.

The wedding dance from the Podravina, an area in the northernmost part of Croatia near the Hungarian border, exemplified the enthusiasm of the troupe. As the bride was prepared and coached by her female friends, the groom's associates made sport of the whole affair. Finally they all broke out in a fast paced, happy dance including a little friendly jealousy when the bride danced with another man. Symbolic wine drinking and breaking of the bread--which was then thrown into the audience--wove their way into the festivities.

Aman was established in 1964 when the dance companies of the troupe's co-directors Leona Wood and Anthony Shay merged. In 1975, they joined the National Endowment for the Arts Dance Touring Program, which enables them to lecture and conduct workshops on the art in various communities, as well as perform concerts. Since then, they have toured all over the western states.



A feature film "Star Trek II" and a blooper reel from the original "Star Trek" were part of a lecture presented by James Doohan who played USS Enterprise engineer "Scotty."

Doohan feels that the feature film, which should begin production between March 1 and April 30, will be a better box-office smash than "Star Wars" and "Close Encounters of a Third Kind."

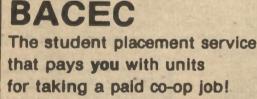
has special talen JOC

Country picker Doc Watson, whose versatile guitar abilities span the entire folk-jazz-bluesclassical spectrum, will perfom at Flint Center Feb. 3.

If you've never heard of Doc Watson or you only vaguely remember him from days past, consider this. He's "just the best acoustic guitar picker around,' wrote the Minneapolis Star. His style has influenced, among others, Steven Stills, Neil Young and Buffalo Springfield. He has also played with such notables as Taj Mahal and Jerry Garcia.

DOC REFERS to the type of music he plays as "traditional plus." Traditional plus? Well that includes everything from "fingerpicking blues to avante garde jazz, and classical guitar to the svelte country swing" wrote The Wisconsin State Journal, adding that "Only a genius with a skilled ear and agile mind could manage to recreate so vividly the styles of musicians as disparate as...John Hurt...and rockabillies Elvis Presley and Carl Perkins.'

Tickets are available at all Ticketron outlets and the Flint Box Office.



Apply at Work Experience Education Seminar Building, Room 7a, 996-4552





"The first lady of jazz," Ella Fitzgerald will perform to a sold Conducting his symphonic out Flint Center Friday, Jan. 27.

La Voz previews events

Fitzgerald will demonstrate her art spanning decades, taste. modes, and composers. Appearat 8 p.m. ing with Ella in swing, bop, pop, and bossa nova music is The Tickets are available for the Tommy Flanagan Trio.

The concert is sponsored by the Office of Community Services.

Schola

choir in Cantana No. 140, Royal Stanton and choir will perform at Flint Center on Sunday, Jan. 29,

performance at the Flint Center Box Office and Foothill College.



Community residents make use of the can crushers at the Recycling Center.

Photo by Anne Knudsen

Awareness important for Recycling Center

By MARIANNE J. ATMORE

Some of California's less outstanding citizens have been attacking redwood trees lately.

We read about this in the newspaper, and, still shaking our heads bemusedly, toss both paper and the Coors can out of which we've been drinking into the trash. How could someone be so insensitive, we wonder. The ecological awareness that we proclaimed so proudly just a few years ago seems to have vanished with the advent of Schlitz Lite and Sugar-free Dr. Pepper.

THAT awareness hasn't vanished for Richard Bigham. Vice president of the Cupertino Junior Chamber of Commerce (Jaycees), Bigham, along with a committee of several others, has direct responsibility for the Cupertino Community Recycling Center, which sits unobstrusively at the McClellan Road entrance to the De Anza campus.

The center was established in 1972, a time when it was felt that there was a need for such an organization, Bigham said. The De Anza land was donated by the donated building materials.

Although "somewhat inde-pendent of the Jaycees," the center, which is self-supporting, still operates under their auspices and guidance. Profits go back to the community through scholarships offered by the Jaycees to all the area high schools, and to Foothill.

PROFIT-MAKING, though, is subordinate to the primary purpose of the center, which is preserving the environment. This is accomplished by accepting public donations of recyclable materials, including newspapers, bottles, aluminum and bi-metal cans and oil. Papers and bottles are the two

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biggest donation categories.

THIS BRINGS us to the essential question: what can a De Anza student do for this project? Begin by antagonizing your local sanitation workers and discontinue throwing away anything that can be recycled. Next, bring these recyclable items to the Center, which is open Friday through Monday, 10-4.

Local Fieldwork offers credit, fun

By RICHARD KOPECKY

Social activism is alive on the De Anza campus. Those interested in asking what they can do for their community, not what their community can do for them, can check out the Community Fieldwork Program, started at De Anza in 1972.

THE COMMUNITY fieldwork volunteer program deals with over 100 agencies and organizations with needs for volunteers. Edding added these organizations are "service-oriented," many of the students in community fieldwork find jobs in the community service area.

A grant from the Luke B. Hancock foundation provided "seed money" for the program, along with additional funding from the student government in the program's first two years. The program is currently funded by the Foothill-De Anza Community **College District**

COMMUNITY Fieldwork offers a chance to earn college credit as well as develop skills. Fieldworkers earn one, two or three units per quarter. Those enrolled in fieldwork can repeat their fieldwork for up to six units at De Anza.

This academic credit is transferable to other state colleges including San Jose State. Registra-

tion can be made before or during the quarter.

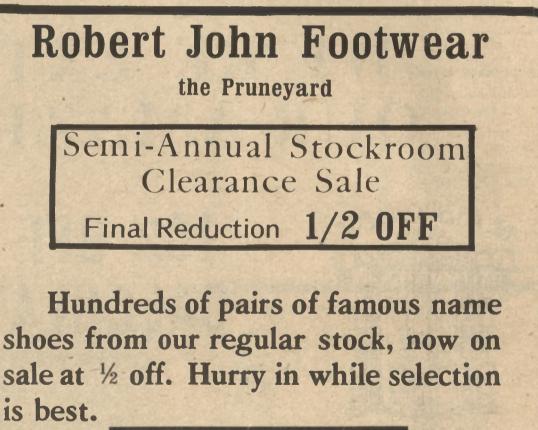
Community fieldwork volunteers work in many areas," according to Val Edding of the Community Fieldwork Office. "Some of the volunteers work as tutors in the special education field, working with mentally and physically disabled. There are also openings in the areas of health, juvenile probation and governmental fields.'

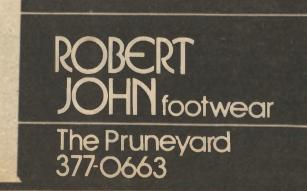
The age of those helped by fieldworkers ranges from elementary school to senior citizens, according to Edding. The community fieldworkers themselves also vary in age and background.

Program director Vicki Mc-Elroy said that there are also some physically limited students involved in the program as fieldworkers. "The people involved in fieldwork are a microcosm of the campus," she added.

McElroy expressed concern about how apathy affected the program. "There are fewer students involved today in the program per quarter. In the years 1972-74, there were about 175 to 280 students involved in the program per quarter.

The community fieldwork office is located in the Placement Center. It is open Mondays and Tuesdays from 8 a.m. to 9 p.m., Wednesdays and Thursdays from 8 a.m. to 4:30 p.m.







TV broadcasts 'do-it-yourself' college courses

With a flick of the TV set this quarter, students can be off into a self-paced journey through a college course in real estate, sociology or earth sciences.

People having a rough time getting out of the house or from behind the desk to make it to De Anza on a regular basis can take a TV course beginning the first week in February, and earn from one to four units of credit.

EACH COURSE IS MADE UP of 30-45 half-hour televised segments, which are broadcast on various Bay Area stations several times during the week and at different hours. The student watches the programs, works from a textbook and makes an occasional trip to campus for a seminar or exam.

The televised course in consumer real estate will include talks from specialists covering the buying, selling, trading and renting of property. De Anza business law instructor and Bay Area attorney Ron Goularte will conduct the class in its periodic seminars and exams. Orientation time for the class is 6:30 p.m., Thursday, Feb. 9 in Room L91.

ZEROING IN ON GEOLOGY, a "non-technical" study of earth sciences will be presented on the screen, taking students from caves to outer space, from glaciers to volcanoes. De Anza geology instructor Edward Hay will conduct seminars and exams. Orientation will be at 7 p.m., from Monday, Feb. 6, in Room S15. "Marriage and the Family" is a study of contemporary lifestyles,

"Marriage and the Family" is a study of contemporary lifestyles, social change and male-female interaction. Produced in 1977, the televised programs will be augmented with seminars by De Anza sociology instructor Fran Dressler. An orientation meeting will be held at 6:30 p.m., Tuesday, Feb. 7, in Room L91.

VIDEO TAPES OF ALL PROGRAMS, except those with copyright restrictions, are available in the Open Media Lab of the Learning Center so students can work at their own speeds or do some reviewing for exams.

Brought by 25 Bay Area colleges, the TV courses offered vary from quarter to quarter. They are produced by various groups, including universities and the Public Broadcast Service, who are interested in putting together instructional packages.

New ASDAC Council member shows spirit

By PATRICIA BARRUS

Enthusiasm and experience are both characteristic of Elizabeth Garrett, one of the newest members of ASDAC Council.

Speaking of the council she said, "I think they're a great group of people--I'm happy to be associated with them. They've done a great job considering the obstacles they've had."

Born in Sacramento and "transplanted" to San Francisco at the age of two, Garrett has lived most of her life in the Bay Area. She has three grown sons.

Ten years of working in the field of accounting and office management and seven years as a "behind the scenes volunteer" with the Saratoga Drama Group were stepping stones to her present pursuits. With strong interests in both business and the Mature Adult Program, she is taking classes in both areas. She also works for Ann Cuny, head of Leisure Industry Management, in addition to her duties on the student council.

Garrett will serve on the finance committee and represent ASDAC at the next meeting of the Academic Council. The finance committee is presently working on guidelines for procedures, she said.

She would like to see formulation of a set of basic questions for those persons and/or organiza-

Elizabeth Garrett

tions asking ASDAC for financial support, to help establish need. She further feels that a financial report should always precede voting on money matters in the council to give members a base for responsible consideration of each request.

"I believe the council should represent the true makeup of the student body--all ages, disabled people, minorities, women--the whole makeup," Garrett said. "I feel an obligation to contribute something back to the school. I've been apathetic politically, and I'm starting here to take my share of the responsibility,'' she affirmed.

Garrett feels the council should "find out what the students want, even if it's nothing. The student body should form activities rather than our forming them and asking for their support."

Calling her attitude a "business-marketing approach," she says, "We don't have a right to label people apathetic because they don't agree with us--if they don't support an activity, it's not apathy but a very positive statement from the student body."

Garrett will keep office hours on Monday, 12:30-1:30; Wednesday, 11:30-12:30 and Friday, 12:30-1:30. The representatives' office is located next to the ASDAC president's office on the lower level of the Campus Center.

"I really want to hear from the students," she said. "I'm there to be talked to. I am not in the council to give my own opinions, but to be a voice of the student body, and I take it very seriously. I want to hear any and all comments and suggestions."





Photo by Doug Rose

De Anza's Tim Olson, number 715, finished the 26 mile Paul Masson Champagne Marathon in three hours, one minute. The marathon was held in conjunction with a running clinic which took place on the previous day.

Running beneficial in overcoming stress

By WARREN SPEARS

De Anza hosted a seminar, or running clinic, on Jan. 21 in conjunction with the running of the Paul Masson Champagne Marathon Jan. 22.

Featured at the clinic were many well known runners and medical men, brought in by the sponsor of the race to enable students and marathon runners to hear them speak about their respective fields and training programs.

DR. PETER WOOD, who holds a Ph.D. in biochemistry and is the deputy director of Stanford University's Heart Disease Prevention Center, spoke on the health benefits of running, a topic which he recently presented to the New York Academy of Sciences. He explained the differences in the physical make-up of runners as compared to nonrunners. He illustrated the differences in eating habits, body fat percentages, and cholesterol levels of the runners and nonrunners he had tested.

Ron Wayne, a marathon runner, discussed factors to consider when buying a running shoe. He explained the differences between



training and racing shoes and also how to get more miles out of your shoes

Dr. Michael Levy, whose educational background is in psychology and psychosomatic illness, explained the mental aspects of running and how it can help overcome stress.

DR. C.W. SMITH, a chiro-practor and student of acupressure (a needleless form of acupuncture), showed how even some top athletes are not aware of all the muscles in the body. He further demonstrated how to become aware of those muscles as well as how to gain more control in everyday use of the body.

Also speaking was Dr. Mark Wolpa, who went into the investigation and treatment of foot injuries.

Also featured at the seminar was a representative from Tymshare Computer Services, who ex-

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plained how computers are used to organize and time the race.

In round table discussion, topmarathon runners presented their views on personal training habits as well as tactics and strategies used in marathon racing.

Don Cagers suffer 4th straight loss

De Anza's basketball Dons extended their losing streak to four in a row Friday night, losing to Laney in Oakland, 83-77

De Anza lost Wednesday night's home game by two points with the ball in the air" to West Valley, 53-51.

"We're playing better than we had earlier," said Coach Tony Nunes. "But better doesn't count unless you win. Everything is relative to your season, and this particular season things haven't gone very well for us."

A good example of this is the West Valley game. The Dons scored seven more field goals. shot 61 per cent from the floor. and had the edge on rebounds, but still lost the game. Foul shots were the key to victory for the Vikings.

"I'm not pleased with our win-loss record, but I'm very pleased with the attitude of our team," said Nunes. "I think we're very competitive, and we're going to win a few more before it's over.'

The Dons will travel to San Francisco tonight and then play San Mateo here on Wednesday.

Second place slips by team

It looks like a third place tie for DAC's wrestling team as they go to the NorCal finals Feb. 3 at Ohlone College.

'We didn't do as good as we could have," said DAC Coach Tuck Halsey. "We could have beaten West Valley and taken second."

Jan. 19, DAC wrestled against Chabot College and lost, 29-15. Chabot is the top team in the

league. "We wrestled real well," said Halsey. "I'm really pleased with the way we wrestled overall."

Jan. 24 De Anza defeated Merced College, 35-11.

"Our main objective now is to get as many wrestlers to the state tournament as possible," said Halsey. The four top wrestlers from the NorCal finals in each category will qualify for the finals.

"One of the hottest wrestlers we've got is Mark Harvey," said Halsey. "He got off to a horrible start, but now he's doing a fine job." Harvey is a sophomore.

Last night DAC's grapplers wrestled their last league match against Canada College. Halsey expects De Anza to have won the match. Results will appear in next week's issue of La Voz.

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ment, open to all students, faculty and staff members of De Anza College will be held on Tues., Jan. 31 at 6 p.m.

The tournament, sponsored by the Co-Rec Program, will be run by double elimination rules with men and women competing in separate divisions.

Each player will play a best two out of three game match, and eliminated.

Anyone interested in playing in this tournament can sign up in Chuck Dougherty's office (PE 51A) any time before Tuesday, or can wait and sign up on the night of the tournament.







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DINNER

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Tutorial Center gets new coordinator Bert Manriquez has replaced

Bruce Sturm as coordinator of the Skills and Tutorial Center.

Manriquez, who started his new job at the end of December, said he doesn't plan to make any drastic changes right away. He intends to slowly observe the different aspects of the tutorial operations during the next two quarters, and then analyze the components before deciding what should be changed.

ONE AREA in which he feels change may be needed is in the system of evaluating the tutors.

"The heart of any tutorial program is the quality of tutoring taking place," he said. "We need to effectively evaluate the tutors to find out how effective they really are."

The current system of evaluating tutors is that of having the tutee and tutor's supervisor evaluate his performance

Manriquez would like to see a more concrete form of evaluation so they know how much good tutors are really doing for the tutees.

Manriquez is in the process of adjusting to the large organization. He says he has approximately 300 tutors and 1,000 tutees, plus 10 supervisors.

MANRIQUEZ' scholastic back ground is in curriculum develop-

the



Photo by Joan Gielow

Bert Manriquez, new coordinator of the Skills and Tutorial Center.

ment evaluation and staff development. He is presently working on his doctoral studies at Stanford and expects to receive his Ph.D within a few weeks. Before coming to De Anza;

Manriquez worked with the staff development program at Stanford for four years, where he gained experience in training tutors. Before that, he taught at Mountain View High School.

Calendar

Through 2/10: Bay Area Regional Graphics Competition, Euphrat Gallery

DANCE

2/2: Modern Dance Master Class and Improvisation Workshop, Flint Center Stage, 1 pm. Adm. \$2 for non-students or SLS 90 members. 2/2: Dance Demonstration and Lecture, Flint Center Stage, 7 pm. Adm. \$2 for non-students or SLS 90 members.

FILM

2/1: "The Goldwyn Follies," A-11, 8:30 pm. Adm. \$2 Sponsored by **SLS 90**

2/3: "Duck Soup," Forum I, 7 and 9:30 pm. \$1 adm. Sponsored by ASDAC.

LECTURE

1/27: Symphony Lecture Preview, A-11, 8-10 pm. Gen. adm. \$2. 1/28: Symposium on Rape, S32, 9 am. - 1:30 pm. Sponsored by SLS 90.

2/4: Workshop on instructional aides. All day workshop beginning at 8:30 am. in the Child Development Center. 2/5: "Accent on Nutrition," Flint Center, 9:15 am. - 3:30 pm. \$15 and

\$7.50 for advance registration, \$17 and \$9.50 at the door.

MISCELLANEOUS

Through January: "Legacy," a program reviewing the American space effort. Thursdays 7:30 pm. Saturdays and Sundays 3 pm. Minoita Planetarium. Adm. \$1.50, \$1 and 75 cents.

Through January: "Eye See the Light Show," Thurs., 9 pm.; Fri. & Sat. 7:30, 9, 10 pm. and midnight; Sun. 4:30, 7:30 and 9 pm. Adm. Thurs. & Sun \$3, \$2.75 and \$1.50. Fri. & Sat. \$3.25, \$3, \$1.50.

MUSIC

1/28: San Fransicso Symphony, Flint Center, 8 pm. Edo de Waart conducts.

1/29: The Schola Cantorum, Flint Center, 8 pm. Royal Stanton conducts the symphonic choir. Tickets: \$2/\$1

2/3: Doc Watson, country singer. Flint Center, 8 pm. Tickets: \$3.50, \$4.50, \$5.50.

SPECIAL EVENTS

2/4: Flea Market, De Anza College Parking Lot "A," 8 am. - 4 pm. Vendors fees: \$4 for community members, \$2 for De Anza students and senior citizens. No adm. charge.

SPORTS

1/27: Basketball, De Anza at San Fransisco, 7:30 pm.

2/1: Basketball, San Mateo at De Anza, 7:30 pm.

2/3: Baseball, Skyline at De Anza, 2:30 pm.

2/3: Basketball, Foothill at De Anza, 7:30 pm.

2/3: Wrestling, NorCal at Ohlone, TBA

