

## Brothers: Love and marriage

By RON ADAMS
Dr. Joyce Brothers, renown columnist and TV personality, addressed a group of 350 to 450 people, in the Foothill Theater Friday evening, May 31st. The subject of her talk was Liberated Love and Marriage.
Last year four women feminists were sponsored to speak at Foothill and Georgia Meredith, from the Office of Continuing Education for Women, introduced Dr. Brothers, in contrast, as "a different kind of woman, a composite woman.'
Dr. Brothers began her talk with a brief talk about her book, The Brothers Method, which took her twelve years to write. She expounded on the fact that her position is very vulnerable.
In accordance to Dr. Brothers, any man that wants to marry a girl just like the girl that dear old dad married had better hurry because women no longer accept the traditional role as applied to women, in that mother, housewife, etc. The current statistics indicate that fewer than 1 in 25 women expect to be housewives because women are in search of careers outside the home.

Can love last forever? Dr Brothers says yes but in less than 20 percent of the marriages. The statistics for twelve marriages indicate that four of them will end in divorce or seperation, six will cool to the consistency of a dismal utilitarian compromise which is referred to as a "quiet hell" by most people, and two marriages

## June 9th

Two firsts for Foothill - $\$ 500$ Teaching Excellence Award given by students and a series of informal satellite ceremonies - will highlight the College's 16th Commencement on Sunday, June 9 , at 7 p.m. on the Library Quadrangal.
More than 700 graduates ranging from 19 to 50 -years of age will receive Associate in Arts and Associate in Science degrees.
On Sunday afternoon, students, families, and faculty will be brought together on a more intimate basis by small "satellite ceremonies" in each Division

Barbecues, tours of facilities, and other activities begin at $5: 30$ p.m. in courtyards and rooms throughout campus.
Special pinning ceremonies for 46 graduates of dental assisting and hygiene programs will be held Saturday at $7: 30$ p.m. in the Foothill Theatre. Sue Bittner, the program's first alumnus to receive her D.D.S. (from University of Pacific) will speak at the ceremony
will last. "Love stays very much alive for a life time but odds are very much against it, a longshot says Dr. Brothers
To give the people a better concept of what she was talking about Dr. Brothers gave two short quizzes. The first was, How Much Do You Know About Love? It consisted of five, true and false questions: (1) It's really true that opposites attract - T; (2) It's better to resist opposites and marry someone as like yourself as possible - F ; (3) People who take a scientific approach vs emotional are better off $-F$; (4) If a girl lets a man take her to bed before marriage he will never trust or respect her - neither $T$ or $F$, ans. says a lot about the invidividuals attitudes) and (5) They say to look at your mother-in-law and you'll see your wife 20 years from now but if you want to know more about your wife it's better to evaluate your father-in-law - T. She went on to expound on each answer but summed up by saying that "social similarities and psychological differences" make for the best chances in a successful marriage.
Although very intelligent, Dr.
Brothers, with all of her scientific data came across as another person who has capatalized on the ills of society and the inability of men and women to work out their basic differences between themselves, as intelligent human beings.

## Touch-Tone phones

## By LISA MEREDITH

New Phone System at Foothill: The Talk of the Campus:
Last week a new phone system was installed at Foothill College. The system is Litton BTS (Business Telephone System), and is of the push-button variety which entirely eliminates timeconsuming dialing. Every Foothill telephone has been replaced by this new type.
The new system as it is, is not yet perfect, a fact many will attest to. Improvements will be added as new needs inevitably will arise. The phones themselves are improvements long overdue.
When Helene Noble accepted her job as Foothill Switchboard Operator, she was promised this new system. That was four years ago.
In the 16 years of Foothill College campus, this is the only attempt made to change an old antiquated system. In Foothill's early days, there was only one operator who was compelled to handle all incoming and out-going calls. Later on, when Evening College was incorporated, with the addition of Summer Sessions, Saturday

College, and Off-Campus College, plus the numerous Community Programs, another part-time operator was added. Still the overload on both operators was tremendous, and the old system found totally inefficient.
When the telephone company conducted a survey, they found that there were approximately 3000 calls daily around registration alone.

Helen Noble remembers, "It became impossible for two operators to handle the calls."
The new system has been met with mixed emotional reactions. One item which has been both praised and condemned is the fact that each office now has the power to transfer calls within the campus. Some feel this is a task which should be restricted just to the operators, while others see the change as positive since operators are so busy as it is.

In support of the new system, Helene Noble remarked, "When everyone becomes familiar with the new system, it will be more convenient for people on campus as well as for the public calling in."

By BOBBIE PHILLIPS City Editor
Awaited by a Channel 5 television camera and a hooting crowd of 450,17 quasi bare-chested men and women emerged from $C$ 31 into Hyde Park to stage Tuesday's "Bust-In." This 'barechest protest" organized by the Women's Collective was a vehicle with which to contest the rule that females may not bare their breasts in public.
The group of protestors, which had made its way to the Park's


## Bare chest protest

forum sheathed in a pendulous piece of construction paper, apparently disappointed the an ticipations of some male viewers The lowering of the paper veneer revealed telfa-like strips protecting the female chests from arrest.
In response to the ensuing catcalls, a Women's Collective protestor responded, "This is not just a freak show or a 'titsey' demonstration. Women's breasts are not obscene.'
While the megaphoned comments of the female protestors were met with assorted audience banter, their underlying point seemed to be well taken: the existing laws requiring women to "cover up," they said, were an infringement of their basic rights. While men may go shirtless ad While men may go shirtless ad libitum, a woman doing so ris

## arrest for "lewd expression.'

Following their appearance at Hyde Park, Women's Collective members and their male proteges presented a light show slide presentation of analogous subject matter in C-31. The program, which tastefully featured three nude models, was nonetheless presented under the guise of a "Conceptual Art Show" - to keep it legal. This is not to say that the program was not artfully executed
merely that the word "art" seems to offer asylum when used to label a form of expression.

With the use of two slide projectors, the Conceptual Art Show simultaneously conveyed the beauty of the human form in contrast to its exploitation by modern advertising stereo-types. In all, the "Bust-In" and Con(continued on page 2)

## Santa Clara County Propositions

Proposition A: Santa Clara County 13th Dist;
mass Transit
Yes
36,414
No
8,782
Proposition B: Palo Alto Rent Control
Yes No

12474049
Proposition F: Mountain View-Los Altos School Dístrict revenue, limit increase
Yes
2262
3244
Proposition L: West Valley Community College $\$ 35$ million school building bond

Yes
Norman Mineta 7738
$\begin{array}{ll}\text { Norman Mineta } & 2812\end{array}$

Proposition 5 (Mass Transit)
Yes: 317,929
No:
227,451
Proposition 9 (Political Reform)
Yes: $1,031,111$
No:



Photos by Paul Sakuma

## Asian students still searching

By JEFFREY PATTY
During the Summer quarter, the Asian Students Association and the Students for an Asian American Counselor plan to continue to try to reach an agreement with the Foothill Administration on their request for full time Asian American counselor
The proposal made by the Administration Tuesday, 28 May, for counselor Fortunato Macadandang to work eleven hours each week on campus next year, does not fulfill the needs of expectations of the Student groups.
"What we want is not just someone available to sign the appropriate cards and forms at the right times," explained Mike Kaku, one of the students involved in the counseling staff dispute.
Kaku described his wish for an Asian American counselor as someone who would not only fulfill general counseling duties for Asian and Asian American students, but also 1) serve as a model in the community for Asian students to identify with, 2) be an addition to the total educational spectrum at Foothill, 3) help sensitize other counselors and administrators to the problems of the Asian American students, and 4) be a general counselor for all students.
Fortunato Macadangdang, a full time sabbatical leave replacement counselor at Foothill during the past year, now plans to accept the position of full time counselor at the Mountain View Sattelite Center. His decision to accept reassignment to the Sattelite Center was made, after conferring with the Asian students groups, to corroborate the students request for an Asian American counselor working full time at Foothill.
Macadangdang's reassignment, and the subsequent loss to the Asian American students at Foothill of the counselor best able to meet their counseling needs have been a source of conflict between the College's Administration and student and community groups since April.
THe compromise offered by the

Administration 28 May, allowing Macadangdang to work one third time at Foothill, came after approximately 40 students and representatives of community groups attended the 20 May Board of Trustees meeting. After hearing the students, the Board suggested that the Administration "continue to meet with the Asian students in an effort to work out a compromise."
After completing one more year within the district Macadangdang will be a tenured member of the staff. It is possible that he will be reassigned to the Foothill Campus at some future date.

## Summer car pool

Do you need a ride to school this summer? Or, do you have space for riders in your car? If so, then the Foothill Day and Evening CarPool needs your support.
Since its beginning on January 3, 1974, the Day Car-Pool has been most successful. Towards the middle of this quarter, however, the number of people stopping by the Car-Pool Center dropped to an alarming low. Concerned staff members finally realized this was because most students had already made their ride arrangements by that time. With this in mind, the Day Car-Pool closed until they would be needed once again. When Day Car-Pool closed, the Evening Car-Pool opened this quarter. If students will indicate enough support and encouragement, both the Day and Evening Car-Pool will continue to operate this summer. At present, the summer schedules of both Car-Pools are undetermined. In the meantime, if you are in need of Car-Pool service, feel free to check the computer list for driver-rider information. This list is with Jean Thatcher in C-31, opposite the bookstore. Instructions for the use of the Car-Pool Catalog is on the front cover.
Don't pollute! Pool it! ... with Day and Evening College CarPool.

## Womens protest continued

(continued from page 1 ) ceptual Art show were conducted safely, well within legal bounds.

"It was not our desire to get arrested today, but to make our statement. That's why we kept our chest covered, why some people think we copped-out," said one Women's Collective spokeswoman. She cited three phases to be necessary in presenting protest in a way that will affect change in present laws: 1) shock; 2) statement; and 3) arrest, leading to a "test case" in court.
'"Today, we made our statement, our protest," she said. "By next week, we will be ready to handle the third phase - arrest, if that should be the consequence of our
next protest, which will be a completely bare-chested one." While the American Civil Liberties Union has agreed to help concerned Foothill people change the existing law, the college administration's stand on the issue remains negative, despite appeals from the Women's Collective and other involved students.

Foothill College has no official dress code for men or women, but it is bound by county ordinances that prohibit women from exposing their bosoms. The college administration thus far has chosen to comply with these ordinances; the Women's Collective reports that women who have removed their
shirts on campus in recent weeks have been threatened with expulsion.

In an effort to beef sagging enrollments, Foothill has started a new publicity campaign. A record, entitled "A Sound Word from Foothill College" has been mailed to all high school juniors and seniors in the Foothill district. Accompanying the record is an explaination of programs and activities available at Foothill
The record, written by Jack Hasling and Joan Green, is aimed at attracting new students to Foothill. The record is narrated by Hasling and edited by Green.

## CASH

 For Your Textbooks during final exam week JUNE 10th thru 14th in front of Foothill BookstoreHours: June 10, 11, 12, 13

- 9 a.m. to 2 p.m.
\& 5 p.m. to 8 p.m.
June 14
- 9 a.m. to 2 p.m. only!

Hash dealer reflects
'My luck has to run out sometime'

By DUKE
The man about to be interviewed stated that he has been importing hash into the U.S. for the past five years, and has never been close to being arrested. For the interview, I used the name Peter for obvious reasons.
Q. You said that you have been doing this for five years. How did you get started?
Peter. Well, I have been smoking the stuff for a long time, and I got fed up with paying street prices. So I decided to take a summer vacation in North Africa, specifically Morraco. When I found that I. could buy hash for under $\$ 100$ a pound, I smuggled a couple pounds in one of my suticases. I still can't believe I didn't get caught that first trip. Q. You started with a couple pounds. How much do you bring over on an average trip now? Peter. For the last two years the amount has been holding steady at about three hundred kilos.
Q. Three hundred kilos is quite a load, how much money do you clear?
Peter. After adding up all of the costs involved in purchase and transportation, my profit on a pound amounts to about $\$ 500$, depending on the price I sell it for.
Q. $\$ 500$ a pound and three hundred kilos comes to about $\$ 300,000$ a shipment. What do you do with the money?
Peter. Most of it goes to a Swiss bank account, but I am always looking for things to invest in; for instance, I have been buying pieces of land in various parts of the country, and to help explain my sudden wealth to the IRS, I purchased a restaurant in Tangiers last year.
Q. How long do you plar to continue your business?
Peter. I am going to retire at the end of this year. After five years I figure that my luck has to run out sometime, and I want to quit before that happens. I have enough money to live comfortably for the rest of my life, and I have this insane urge to
work for a few years, maybe go into teaching.
Q. Does the fact that you are breaking a law ever bother you? Peter. No. it really doesn't. Personally 1 think that the laws against grass and hash are stupid. There is no firm evidence that either of them are harmful to the body or that they lead to hard drug usage. It might bother me a little if they could prove either of the charges, because I have never gotten involved with anything stronger than hash. Now I am sure some of your readers will say that smoking dope does lead to hard drugs, but if you look at the statistics, you can say the same thing about alcohol. And if you really want to, you can prove almost anything from a few pages of statistics.
Q. Lets go into some of the specifics of how you get the hash into the country.
Peter. I thought you would get around to that. I can give you a general idea of what happens, but I won't give any of my "trade secrets" away. The first thing is to buy the stuff. I spend about two months in the hills outside

Tangiers having the blocks made to order. Then it is driven to a small port on the Med. where it is shipped to Europe and built into a special vehicle and, again it is shipped across the Atlantic to either Canada or Mexico. There it is picked up by one of my distributors and brought into the country. The most dangerous part of the whole route is getting the goods across the U.S. border After that, the problems are small.
Q. How many people do you have working for you?
Peter. It varies from one trip to the next. If the hash is going onto the streets, it could be as high as thirty, but if it is going into the business community, only a dozen at most.
Q. Do you ever handle the hash yourself? I mean selling?
Peter. No, never. All I handle is what I keep for my personal use. In fact, only three or four of my distributors have ever seen my face. After all, there is no reason to take any more risks than I have too.
Q. Our time has run out, the Sentinel thanks you for this exclusive interview.

## Girls cool off

By CRAIG BONIFACE Last Thursday, May 30, at approximately $1: 30$ p.m., two unidentified girls were caught "skinny dipping" in the Foothill swimming pool by Dr. Seger, Assistant Dean of Students.
The two girls ran out of the girls locker room and dove into the pool almost unnoticed by the other people around the pool. The word passed quickly, however, and minutes later quite a crowd had gathered to watch the "skinny dippers". The girls were able to get in a few quick splahses before they were asked by Dr. Seger to put their clothes on.
Dr. Seger explained that the reason he asked the girls to put their clothes on was because of a

## Getting to first base

By LISA MEREDITH Michele Biggs, daughter of Foothill College PABX Receptionist Ilene Biggs, has set a precedence in Mountain View. At age 11, Michele is the first female age 11, Michele is the first female last month with their latest female
baseball player on the male- back-up catcher, they've come in dominated Moffett Field Little first place. League team, the Barons.
There were no hassles when she was the only girl to show up for team try-outs. All the coaches wanted her proficient skills for the team. She has been playing softball for the past three years now, so she has had adequate experience.

In her mother's words, "Michele did this all by herself. My husband and I had no idea she had tried out for the team until she came home one day and announced she had 'made the team.' At first we assumed she meant her regular team, until she proudly informed us that it was the LITTLE LEAGUE TEAM! We're all just so proud of her."
As Michele says, "If they can do
in New Jersey, they can do it in Mountain View!
The Barons won't be sorry hey've done it either, because ever since they've been playing

municipal code that prohibits this type of thing. Dr. Seger said about the incident, "I could care less about nudity, but there is a legal problem. Until the courts change, there is nothing we can do."
It's too bad that there is a law that makes it illegal to "skinny dip" in our pool, but then it's more fun to go "dipping" someplace where you can be alone and have some privacy. So be careful where you go "skinny dipping" and try not to get caught!

## Jewish

## Student Union

With an Arab protaganist setting the pace, Foothill's Jewish Student Union held its first meeting Tuesday, May 21.
The Jewish Student Union, as recently formed by Marsha Rosner, is intended to provide Jewish students a body with which to share a sense of unity, and provide a forum for all students concerned with peace in Israel.
This group is not inspired to perpetuate a feeling of Jewish nationalism. While its points of discussion will focus on the Jewish condition as it has evolved from historical and contemporary events, all viewpoints are welcomed at future meetings.
The Jewish Students Union will meet each Tuesday at 1 p.m. in L36. All students are invited to attend. For further information, contact Marsha Rosner at 948-9063, or Dr. Irvin Roth, J.S.U. faculty advisor, at his office in S52A.

## BRING BACK THE BACON

 Support equal enforcement of parking regulations on the Foothill Campus.Roving reporters

## What was the most memorable

## occasion or event for you on <br> campus this year? <br> by Bobbie \& Rafe



Courtney Blackburn kinesthiology: When the people streaked across campus. I was standing by the library. The mood on campus was conducive to it. Tension built up, not because it was announced but because of preexisting tension. People were expecting it, yet still expected something else. It was an antirelease.


Fred Androvesky, general studies: There were a couple of girls sitting on the hill by Hyde Park about a week ago ... suddenly, they were topless! I thought I was seeing things, but realized I wasn't. I walked by pretending I didn't see them.


Jack Estonactoc, general studies: I met the girl I'm seeing now. She's pretty special to me. We just saw each other on campus and started talking - we had so many of the same views and ideas. It's developed into a very good relationship.

Ray Bernardi, industrial technology: Well, I bumped into an old girlfriend. It'd been two years - I saw her in a class. I don't want to be too specific since I could get into trouble with the rest of them


Flossie Flash, journalism: Oh, it's you Sentinel pests always asking these bogus questions. You people are crazy. Remember when it snowed this winter? Well, I saw one of your reporters out trying to interview the first snowflake. Any fool knows how inarticulate snowflakes are.

## Year wrap-up <br> Looking back

This has been a relatively quiet year at Foothill. Oh, there have been a few changes, a few accelerations in the slow steady pulse of student activity. But for the most part, the climate has been moderate, in comparison to past years of rampant campus crime and radical student protests. Some say that the Foothill mood this year has been one of little energy
The fall was the laziest part of the '73-'74 year, nothing much happening besides discussion of Watergate, and the King vs. Riggs match. Some projects were initiated by students and faculty, but didn't really get off the ground. Tom Maddox offered a giveaway political science course through the SENTINEL, with a rip-roaring response of under ten students. Rod Helton made efforts to begin a Gay Student's Union, which in itself was never really heard from again, but possibly perpetuated other more united gay activities on campus.
Neccessity joined many students together to form the car pool at the start of the winter quarter, in order to combat the effects of the energy crrunch. But, unfortunately, most students who signed up for the pool found it to be almost as much a hassle to get together with other participants as it was to battle the long gas lines. Enthusiasm for the car pool slowly dwindled.
A new spark of winter enthusiasm came, though, with a phenomenon of nature: snow. People freaked out to see it coming down on campus, and wasted not time to head for the hills for some short-lived fun in the foreign stuff.
Spring quarter has shown to be the liveliest one of the three. Streaker madness had hit in March, as throngs of amused students saw ten nude runners streak through Hyde Park. The light mood on campus in March was truly conducive to the various naked pranks that occurred.
Then came KRACK, a much disputed rock drama produced by over a hundred participants under the direction of its originator Paul Hage. Response to KRACK was diverse-from complete praise to violent decries drom offended women who felt the play's approach to be sexist. Later, assorted scandals arose concerning misuse of money loaned to KRACK organizers for the use of production. Nothing was proven but talk concerning all aspects of the drama was abundant. Consumed by negativity, hopes to present KRACK again flickered out-and discussion from disgruntled parties ceased.
In May, Chief Silva of the campus police was the lucky finder of four marijuana plants by the library, much to the disappointment of whoever planted it. The Foothill Film Festival came and went without much ado, as student interest began to zero in onthe upcoming gubernatorial primaries.
Now, at last, finals are closing in, and the call of summer has caused a new spell of quiet to be cast upon the campus.
James Hortec

## Space inspired

## By JOE DIRECTO

James Hortec, instructor for Future Science, and students of flying saucer phenomena now tends to support the teachings of the ancient Mystics and Yogis, also the modern Borderland scientists; all agree that wonderous beings emanate from realms of finer vibrations beyond our normal perception. James believes with a vast collection of literature down the ages tells of astral beings who often manifests on our physical earth.

James commented, "For centuries Lemuria, Atlantis, and the empire of Mu - the mysterious names of the past have tantalized the mind of man. More intriguing still have been the legends of the Incas and the Aztecs, the Iraquois and the Navahos - legends vividly picturing the super-astral beings who founded their cultures and planted wisdom among them.
Now at last the fog shrouding our hidden history is lifting. And now at last we can discern distinctly the godlike figures with superhuman powers who brought greatness to the Earth. James gave this inthe Earth. James gave this in12 during college hour.
"The mythologies and chronicles of India, Tibet, China, Japan,

Egypt, and the Pacific Islands all via Atlantis. The main influence tell of spacemen in the ancient probably came through India, East," commented James, Egypt, and Babylon. The Naacals, "Supermen from the skies, divine Holy Brothers, are belived to have dynasties ruling our earth in a brought the Sacred Writings of the Golden Age.
"War in the heavens was waged with fantastic weapons, cataclysm, barbarism; then the rebuilding of civilization under the guidance of spacemen worshipped as Gods.
"The scientist of the Mu empire, inspired by their teachers from outer space, studied vibratory forces, developing radionics based on solar and cosmic energies bringing light and heat to many homes and minor industries; their profound insight into jewels familiarized them with the astonishing properties of semiconductors and laser beams.
"The Lemurians were also noted for their cold light burning in lamps for centuries. They probably learned from extraterestrials the secret of utilizing cosmic energy for spaceships.
"Their communities are shrouded in secrecy; they alledge visitations by silver ships from space and hint at communication through long tunnels with the Lemurians.
"Some of the space-inspired Lemurian wisdom reached Europe brought the Sacred Writings of the
Motherland to India about 70,000 Motherland to India about 70,000
B.C. "Later teachers founded colonies in upper Egypt, therefore, their wisdom inspired the
traditions of Babylon, greatly traditions of Babylon, greatly
influencing Judaism and the early books of the Bible - the religious heritage of the West.
"Recent discoveries in European pre-history are flooding new light on the Bronze Age," commented James, "though the few written recofds cannot match the facinating literature of old Asia."
Study of the classics suggests comparable evidence of spacemen in the ancient west, when our world was blessed by extracelestials from the stars. James will be holding day long seminars at the Academy for Future Science.
It is a seminar for those who dare to participate in the greatest revolution in knowledge of our time and of all time since the curtain of ignorance first separated us from our true origins.
The seminars will be held Monday, June 24 and Monday, July 22 in Los Gatos. The address is A523 Santa Cruz Hwy.


This model shows the original conception for Tubesteak City's display.

## Tube steak city to rise

By BOBBIE PHILLLIPS
AND VICKI FLAGG
It's enough to make Der Weinerschnitzel jealous! Tubesteak City, one of the world's heartiest hotdogs, may soon find a permanent home in Foothill's fountain area near Appreciation Hall.
The 12 -foot fiberglass frankfurter, built in Mike Cooper's Art 35 class last spring, has been collecting dust in an art department storeroom thus far, due to controversy over the sculpture's place of display.
It was originally planned by the creators of Tubesteak City to mount the mechanized hotdog atop the art building. However, certain faculty and administration members thought the opening and closing action of the hotdog's bun to be offensive, and permission to install was refused at that time. Created by 25 students as a pop-

## wisdom

art symbol of one of America's culinary delights, $\$ 1,500$ went into the making of Tubesteak City. The money, which came from the Faculty Innovations Committee and the students' sale of T-shirts, went into the neon lighting, fiberglass, and woodworking and hydraulics equipment needed to construct Tubesteak City ac cording to the project plan
The project, which was dubbed a "college prank" by pessimistic faculty members, was a group effort to foster the integration of student skills and artistic

## International Night

By WENDY GREENE
On May 24th at 8:00 p.m. representatives of nine countries appeared at the Foothill cafeteria The scene was International Night The scene was International Night and the people had come in full costume to perform music and dancing indigenous to countries as widespread as Spain, China, and Scotland.

International Night began two months ago when Regina Engleke, the honorary president of Foothill's International Club, began to plan for this event, the club's annual fete. Regina, a native of Munich, Germany and a resident of California and Foothill student for the past ten months, said "International Night is designed to show people the cultures, entertainment, and foods of other countries.'
Regina and her helpers, Liz Lush and Cristina Mendoza, began preparations for International Night by writing one hundred tourist agencies asking for reference materials and posters. The response was good indeed, and the three women received enough posters to colorfully coat the walls of the cafeteria. Next Regina began searching for entertainment. She came up with such amazing talents as a Chinese choir, Greek Demotic dancers and a down home California banjo twanger. Members of the club and faculty sponsors volunteered to make authentic foreign foods, (a Los Altos delicatessen donated cheese), and plans for International Night were soaring high.

The night itself, two Fridays ago, was a bounding success. It was a
wonderful blend of delicious uncommon food and unusual entertainment. The food included sushi, raw marinated fish from Japan, Portuguese sweet bread, a piquant Spanish salad, and Yugoslavian meat balls. The entertainment, kept the audience's eyes and ears alert with displays such as the sounds and colors of Greek island dancing, the drone of a kilted bagpiper, the sway of Tahitian dancers, and much more. After the entertainment had ended the floor was cleared, records were put on and the audience rocked away to some familiar American music.

When the International Club is not planning for a gala like International Night, the ten to twenty members view documentary films and slides that tell of other countries. The showings are open to anyone and well publicized Regina, who has been told no club at Foothill College has ever been so active, says next year's In ternational Club will be even better. She is planning not one, but two International Nights, folk singing evenings, more movies and slides, and with the information gleaned from the many letters to ourist agencies, she is putting together a reference library for students telling about hotels and accommodations around the world

Regina and Liz Lush bes summed up the International Club at Foothill. "We want to bring American and foreign cultures closer together. We are promoting international understanding. We are the Henry Kissinger's of Foothill College.'


Thrift store beauties pose for the camera.

## Shoppers guide

Some people buy at thrift shops because they need to - others simply because they like to. The reason is simple: a thrift shop is a place where one can find unusual items while saving bucks at the same time.
Since thrift shopping can be rather "iffy," the following info was collected to help save time, when time is of the essence; to direct the right people to the right shops with less random searching. Sure, it's fun to just browse, but that doesn't do you much good if you really need something and someone else beats you to it.
someone else beats you to it.
Included in this guide-of-sort are thrift shops within practical traveling distance for the Foothill penny-pincher. (One shop outside the immediate area was irresistable, however, and is thus included for those with the dedication to travel further).

## mountain view

St. Vincent de Paul, 191 Castro Street: If you're looking for clothes, you need the tenacity to dig, dig, dig. There are five large bins from which to choose, and a nice bizarre thing turns up every now and then. The men's clothing is geared to suit old codget tastes, while there are som things hanging on the women's racks befitting someone under 30 years There are a few assorted mat tresses and appliances, and lots of stuffed chairs. Some of the fur niture that comes in is fantastic, so show up early Monday morning when the new stock comes in. The prices aren't fixed on clothing. Furniture prices must be drawn from a hat - while some pieces seem over-priced, others are a definite steal. Hours are 9-9 Monday thru Saturday.

PALO ALTO
Goodwill, 2846 Middlèfield: This is an inky-dinky place that has a rather obscure location, which could explain why they're always having one-half-off "close-out' sales. There is a little bit of everything, all of which is neatly sorted and easy to find. The special feature of this place, though, is its fine selection of 1940 -ish fur coats Prices are reasonable, too. It's worth visiting because not that many people are in there to pick it over.
Salvation Army, 310 California: If you're an old-book freak, this is the place. There aren't all that many, but the ones there in their little book-nook are worth paging through. The clothing selection is
fair for both men and women, the selection being best in women's blouses and men's pants. Stylewise, that is. What little furniture there is, is very reasonably priced so that's the place to go for a dresser or nightstand - small stuff. There is also a good selection of long white wedding dresses, but I can't help thinking that if you've got to buy your wedding dress at the Salvation Army, maybe you should wait for just a bit. Hours are 9-9 Monday thru Saturday.
St. Vincent de Paul, 1939 University: Phew! If you can find something worth taking home here, I'll bet you're the type that wins on slot machines and at the race track. The prices are reasonable, and I would imagine the fleas and crabs are free. Hours
do you want 'em?? 9-5 Monday thru Saturday
QualityMart, 261 California: Wow. You name it, and they've got, and in abundance. The clothes for men and women are really fine, considering they're second-hand. The
(continued on page 12 )

## 'Making himself more expendable' <br> By LISA MEREDITH <br> enjoy teaching; I like playing with

 In an exclusive SENTINEL interview, James Fetler, popular American Literature instructor at Foothill College, describes his versatile background and relates it to how it has molded his life to its present formJim was born in the city of Riga, located in the country of Latvia, a part of the USSR today. He was the ninth son in a family of ten boys and three girls. His father was an eccentric writer and a traveling missionary who was always away from home setting up foundations and institutes. The family was compelled to support themselves because he was so busy doing the "Lord's work" that he forgot to feed his family. Jim relates an incident which occurred between his father and Tolstoy which greatly influenced his life: "When my father was a very young man, he was a successful, charismatic evangelist in Russia, during which time Tolstoy was nearing the end of his life. My father wanted to meet Tolstoy so he could convert him to Jesus. He arranged for an interview, and they got together. Here you have this very old man; world-famous, and you have this young guy, and the young guy is trying to convert this wise old man to his trip. There is a moral to his story too, actually, when I think of it. My father gave him the typical sales pitch about accepting the
Lord and all the rest of it, and, Lord and all the rest of it, and,
when he got all done, Tolstoy just smiled and said, "Brother Fetler, I still seek." That had a profound influence on me later one, because Tolstoy's attitude - you know, like he is still a searcher; life-long searching is very close to how I feel. Having had a rootless childhood, you know, living out of a bus, traveling from country to country, having five or six languages, and constant philosophical disputes, it has made me a skeptic and a relativist about life; like I don't believe really in absolutes. That's one reason why I

## Teachers excellence award

By RON ADAMS
Who is going to be the winner is a question that is foremost in the thoughts of a lot of people at this time, and it's no wonder for the field of candidates for the Foothill College First Annual Teaching Excellence Award consisted of forty-three teachers.
Numerous students actively campaigned for their choice. Paul Haje and his troupe decked themselves out in brightly colored garments, painted themselves up and roamed the campus chanting a vote getter for Bob S., and a leaflet for another teacher read, "Fisher is nice, vote for him twice." Bill Tuttle had the assistance of some energetic students and the wind in getting campaign literature around the campus. Even though he is a registered student and eligible to vote, Maury Dunbar's fans were unable to convince him to vote for himself.
There were however, eight hundred students that faced the dilemma of choosing one of the 43. The one question asked most often was, "God, there are so many good ones that I know, who do I vote for' 0
The nominees will be presented a certificate of nomination at a
breakfast to be held at eight a.m., Friday morning, June 7th, in the dining area of the student center. Members of the Award Committee expressed the desire that everyone possible attend the affair to help honor the teachers who were deemed to go "above and beyond the call of duty" in their daily task of class room teaching.
The winner will then be presented the $\$ 500$ and a plaque at the commencement exercises that are being held on Sunday, June 9th, at the college.
In addition to the plaque and the $\$ 500$ the winner's name will be placed on a perpetual plaque which will be mounted in the Student Center.
Since this is to be a perpetual award Mel Burrows, Chairman of the Award Committee expressed the idea, "students that are returning next year ought to keep this in mind and evaluate their teachers throughout the year.'
This has certainly been a good year for Foothill, in many ways. The award program, which generated more student interest than anything else during the year, was established, and the student interest groups on campus were able to settle their differences and create one student body card.
ideas the way a juggler juggles balls ... I am very comfortable with my skepticism, and so that story kind of illustrated that.
Since the family was compelled to support themselves, they each taught themselves how to play a different musical instrument and the 13 brothers and sisters formed a band that performed all over Europe. On the eve of WWII they gave over 700 concerts. Since Jim was next to the youngest in the family, they appointed him "conductor" of the group. At age five, he was billed as the world's youngest band leader. Most of the time their home was a large old bus in which they ate their meals, practised their instruments, and often slept. Jim remembers vividly the older kids mainly playing music, writing poetry, and most of all, vehemently arguing philosophy as they traveled from country to country. He reminisces on the incredible experience of traveling through the Swiss Alps as somebody played a clarinet, someone else blasted away on a tuba, while the rest of the crew engaged in furious debates over Nietzsche and Immaneul Kant. Dinner time was another unorgettable experience because each member of the family spoke languages. For instance, someone would say something in Russian, to which someone else would reply in either German, Dutch, Swedish,
English, or Latvian. If this international dialog weren't confusing enough, Jim's mother was

American Literature instructor Jim Fetler.
interested in French and Russian has had some dozen short stories literature.
In the U.S., Fetler became interested in writing while serving as editor of his high school newspaper and literary magazine in his last year of high school. These editing jobs greatly influenced his two ambitions to become a reporter and fiction writer. Following his graduation, he was not interested in academics at all and avoided college as long as possible. Instead, he spent the next several years doing numerous and varied jobs. Among other things, he worked as a bottler in a hospital in Minnesota, a copy boy for the Chicago Daily News, a dishwasher.
a short-order cook, a caretaker of a sheep ranch in West Marin County a letter-carrier for three years in Sausalito, a gas station attendant and mechanic, a clerk in a law office, and he worked as a freelance poster artist for North Beach bars in S.F. during the "Beatnik" era. In the four years he served in the Air Force, Jim did various things - including putting in time serving as an Escort of the Dead. This job entailed bringing bodies back from the Korean War. Jim found this occupation particularly interesting in the sense of gaining insight into the different ways in which people react under pressure, and how different families react to funerals. For example, he commented on the extreme contrast between an Irish funeral and a Polish funeral. After his honorable discharge from the service, Jim majored in English and Philosophy at S.F. State. There he resumed his writing endeavors with even more seriousness than ever before. At the time he was living on an old German Schooner in Sausalito's Yacht Harbor, and was in the midst of writing his first novel, for which he was "lucky enough to win the Joseph Henry Jackson Award." He was able to live off this award money for a whole year, during which time he "did nothing but write.'
Jim began publishing his fiction while doing some graduate work at U.C. Berkeley. "The door opened for me when The Atlantic Monthly published a piece I had written about an old Russian sailor I had known in Sausalito." Since then, he
 published, primarily in quarterlies such as The Literary Review, and The Transatlantic Review, and he has a trunk filled with four novels, "none of which are worth publishing in their present form. (They are valid pieces of work, however). He is currently at work on "an enormous non-novel which is rapidly approaching the 1000 page mark." It is largely autobiographical and deals with the theme that "human beings are liers by nature; we are lying animals, and most of all, we lie to ourselves and fall into self-

## Brine's cartoon contest winner

## By BOBBIE PHILLIPS

City Editor
Foothill student George Brines won first place this year in the 18th Annual All-Navy Cartoon Contest, with his cartoon entitled "Rubber Ducky." A Medical Administration major, Brines, 31, is attending Foothill while receiving full-time wages, under the Navy's AA Degree Completion Program. Brines, a Hospital Corpman 1st Class, has been cartooning throughout the eleven years he has been in the Navy
The award he received for winning the contest was an original cartoon strip by Hank Ketcham, originator of "Dennis the Menace" and "Half Hitch."
"If money was given as a prize," Brines said, "that would automatically make me a professional, which I'm not. However, eight of the ten finalists this year were professionals. I don't have the discipline it takes to go into cartooning seriously.
"I like the field I'm in now. I started as a medic and did hospital emergency room work. Then I became a medical technician after going to the Aerospace Medical School in Pensacola in 1964, which was very interesting. I flew 500 hours with Search and Rescue, picking up crash victims and attending them on the plane until we reached a hospital.'
'Now I'm doing mostly hospital paper work, a sort-of breaking-in job for the hospital administration job I'll have when I finish at Foothill.
While Brines lauds the Navy for

## Trouble

## By ROBIN ROBERTS

I am afraid I have the misfortune to live next door to a fine and well educated doctor. And I have the further misfortune of claiming this doctor among one of my closest friends. Now I am sure that it would seem a great benefit to most people and in truth he has been very helpful. But there is another side to the story. And now that I have become well acquainted with my neighbor I wonder how it is that the wives and families of doctors actually live long enough to enjoy the few healthy breaths they are allowed.
My first tragic encounter with Lee came one afternoon when he came over to the pool and saw me swimming underwater. I burst to the surface spluttering and saw him shake his head sadly.
"What do you think?" I said, wishing to show off my breath control and average underwater stroke. But Lee just shook his head and sadly informed me that every time I stayed under like that I was killing brain cells. Ashen, I rushed to the bathroom mirror. Surely, I thought, my head must have shrunk or at least my hairline receded a bit. Relieved to find no change, I returned to the poolside. "Lee," said I. "I still look the same."
"Of course," he said, shaking his head again. "It doesn't show."
Well, actually, that was only the beginning. Since that first day I have invited Lee over for coffee only to discover that there seems to
its assistance in his schooling, and for its increasingly open-minded views on the treatment of various health problems, he does admit that life in the Navy is not always easy
"I think the most difficult thing has been with having to move from place to place. I have a wife and two children, so re-locating is not easy, even though the Navy finances it. We've been in Indiana,


## George Brines

Florida, Texas, back to Indiana, California, then to Mississippi within the last ten years. Now we're in California, hopefully to stay," he said.
Originally from Rensselaer, Indiana, Brines and his family now live in Sunnyvale. He will retire from the Navy in seven years, the retirement age being 38 .
"There is Naval tradition in my family," Brines reflected. "My uncle was a Captain, although I've never had any desire to become an officer. Of course if someone wanted to make an officer out of me, I wouldn't refuse; it's just not one of my goals. I've found myself, and am living in the way that is right for me."

By ROBIN ROBERTS
It recently came to my attention that a large number of the students here at school like wearing cowboy boots rather than shoes of another type. This of course aroused my curiosity and I had to go and ask everyone why they wore them. I went down to the Owl's Nest and the cafeteria with the hope of discovering some composite boot wearer here on campus. The truth proved to be quite different from what I had expected.
Actually there is no such thing as a composite boot wearer here. There are as many reasons (for wearing them) as there are styles of boots. Of all the people I interviewed, some fifteen to twenty, only one was a girl. Sorry, women's libbers but you'll have to start wearing cowboy boots if you want to be noticed by me.
Of the many guys that wore boots some were quite serious about them and others were more humorous. One guy rode a motorcycle to school everyday and needed the boots to protect his legs and shins. Another worked as a fireman here at the Foothill branch of the fire department and of course all firemen wear boots of one sort or another. One thing that he pointed out to me that I hadn't known was that our firehouse actually housed an entire fire crew.

Perhaps the most common answer I received from all the people I questioned was that boots are comfortable. Without laces or zippers or other bìndings they simply slip on or off and loosely protect you while you go about

## with the Doctor

be a mysterious connection between heavy coffee drinkers (that's me!) and heart trouble. I switched to tea for two weeks. And of course it would have been sheer folly to light up a cigarette in front of him. Then came the long line of foodstuffs which were no-no's. My first mistake in this category was getting caught with a pocket full of candy bars. Actually there were only two chocolate bars of which I am very fond but they were enough to elicit a warning.
"That stuff's not good for you, you know. It's a non-usable carbohydrate. Has to be changed into a protein before your body can even use it. You have to use energy just to convert it into energy.'
Boy! I always thought kids ate this stuff to get energy not to use it up. So I had to give up candy except in the privacy of my own home. And the knowledge of one addiction and its danger only served to precede the next revelation ... Coke.
"You don't really drink much of that stuff, do you?" I nodded sheepishly.

Do you know what's IN those things?"
I shook my head and clenched my fist for getting caught with another dangerous weapon of selfdestruction.

Just last night Lee came over to talk to me and saw that my right ankle was soaking in a cold pan of ice water. I had to tell him that I played basketball for an industrial league and had sprained it in a
your business. That business also was varied.
There were two young men who were headed for the forestry department and liked their boots, because a lot of walking and hiking. An English teacher said that he wore them because Dick Maxwell had told him to try them P E\%TM-

## 

eared wearing them. I fear, however, that he may also sleep on a nail bed.

The third most popular reason and by far the most informative was that they protect the wearer's feet from a great number of calamities. Some wearers, like the archer and the short cut taker needed only protection from mud and water and similar obstacles. The fireman and the future forester, however, used their boots in a more important facet of their daily lives as did the motorcyclist.
However, I found the most in teresting reasons for wearing boots right in the newspaper office when I returned to write up my hot story. There standing in front of a desk were not two but four boots, each pair winn a duferent and very unique owner. The owner of the first pair remarked on how important they were when one was standing knee-deep in cow shit in a barn. Disgustedly, I agreed. He laughed and walked away.
The other owner of boots was much more congenial if less truth-
and he'd find them comfortable. He did and he did but he waited until Dick was gone. "Besides," added the girl at his table, "he can walk tall with them. Of course," she then added, "he's always walked tall for me." Hmmmm.
There's another person who wears them in order to go out to the archery field. "It's terribly muddy out there now, you know." And a lot of people wear them to take short cuts, "I just couldn't take it without them.
The second most common reason for wearing boots I found was that they last a long time, that they are really tough. In fact they were so tough and durable that one could "kick around in them." Another student considering how tough they were admitted that he had actually bought them because he thought they would be impossible to break in. He found later that he not only was able to break them in but
ful
"Why do you wear boots," I asked.
"To kick hippies," he offered, reflecting on my bear feet.
"Of course," I said. "But what's the real reason?"
"They keep my feet dry and warm.
I thought he must be coming around to really answer a few of my questions and relaxed:
"Have you always worn them?"
"Oh no. I take them off at night."
Yes. I suspect he would. I restated my question and waited while he asked me not to quote any of his answers. I promised I wouldn't.
"Sure," he finally submitted. "I wore a pair for four years when I was in high school. Then they got so nasty my parents threw 'em out and I left home
So of course I believed him. I guess I'm like that. And besides, I didn't have the sole to argue.

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## Maury Dunbar: He's <br> come a long way

by RON ADAMS
His teaching methods are unconventional, unorthodox, and sometimes difficult to explain to visitors but, none the less, they effective and student interest oriented. His analogy of educating a student is, "like a spirited horse - let him have his head and then guide him here and there"
Maurice Dunbar, a swarthy, stoutly built man with black hair and intense eyes, has come a long way for a person who was almost born in a tent in Eastern Okiahoma in 1928.
He hitch-hiked to California in the summer of 46 , after graduating from High School in June. He attended Compton Jr. College for two years, then came North and tried to enter U of C Berkeley but didn't have the $\$ 150.00$ tuition required of non-residents.
After returning to Southern California, where he worked for a while, he enlisted in the Army in the Fall of 1948. As a member of the Counter-intelligence Corps he worked his way up to the rank of Warrent Officer. it was in the Army that he established his interest in linguistics, while at tending an Army Language school in Russian. With discharge in hand, after two years of active duty, it was back to $U$ of $C$, Berkeley where he graduated in 1952 with a major in Criminology The next ten years was passed as an insurance and personnel investigator.
His teaching career, which he describes as, "the greatest thing that ever happened to me in my entire life", began in a 6th grade class at Beale Air Force Base. "Everything had been out of phase
hadn't been successful until I started teaching school", he said. The teaching road to Foothill College included two years at Beale; two years of Science, History, and Geography at a Jr. High; and one year at Yuba City High School. He obtained his college teaching experience during the three years in Yuba City by teaching evening and Summer College.
The Fall of 1967 found Maury Dunbar at Foothill College as a member of the Language Arts Department. He has since taught Speech 1A and 2 and English 200, $102,1 \mathrm{~A}, 1 \mathrm{~B}, 17,19,46$ and 25 his favorite. In addition to his regular classes he has taught 20 hours per year in evening classes and Summer classes through the Continuing Education Program. It was here, at Foothill College, that Maury Dunbar met his wife of $21 / 2$ years, Virginia McMeekin of Detroit, who he describes as "a serious hobbiest in antiques".
A serious hobbiest himself, Maury Dunbar is a book collector and a photographer. He has sold two photographs to Gallery Notes. He is also the Co -founder and faculty adviser to the Book Collectors Club, the newest club on campus but one of the most active. On campus, he was the Faculty adviser to the Vets Club for 6 years and is presently the Editor of the Faculty News Letter. Off campus he is a member of the Los Altos Toastmasters Club. A club that he advocates to his students, "I have involved hundreds of students' in
this public speaking program", he stated with an air of pride. A pride that is apparently generated by the fact that this is also a means of education, something that he believes in and lives for.
He has continued his own education since coming to Foothill. He has a total of 38 hours at Foothill and is presently taking a class in Irish Literature.
In the class room his students know only half of what to expect from one day to the next because of his innovation, but there is very seldom an absentee. He described the education process as being the same from about the 7 th grade through High School and then the Freshmen English class is a repeat. He related that he had wanted to make it different, to make it interesting. "I found see education as opening new doors, as liquidating pools of ignorance and I've found that most of my students know nothing of the history of the English language, how it relates to other languages and itimology" and he went on to say, "when you know the reason for something it's easier"
Unlike most English classes which have a single book, based on the individual interest as established by the first composition assignment - an autobiography. "Turn a person on to reading and he'll educate himself', he said.
Maurice Dunbar is also an advocate of student awareness and


Maury Dunbar
involvement. He helps to keep the students informed by passing out Footprints, and other information sheets. He directs attention to facilities available on campus, requires use of the library and educates the students as to the President of the College, Dean of Students, and Division Chairman.
He can often be found in the Owls Nest, having a cup of coffee with some of his students or with some of his colleagues, all of whom he regards with highest respect.

## Election results

Nornam Shaskey has been elected to the District's Board of Trustees. Shaskey received a total of 5773 votes. Oliver Ruud finished second sith 4601. Dorothy Clark Woodworth received 4109. Shaskey, 26, will begin his duties as a member of the board next meek.


## Down to the sea in ships

By ROBIN ROBERTS
To stand, tilted at the helm, one hand on the tiller and squinting up at the mast, watching the luff, studying the wind. To dip the bow beneath a crest and get slapped in the face with sharp, stingy salt. Listening to the wind hum and the water hiss. To curse the five hour trip just to get from San Francisco back to Palo Alto, and then pass beneath the majesty of the San Mateo bridge. To eat a cold wet sandwich, grimacing in the wind, and then to sip hot soup. To sail tensely down the narrow and shallowing slough, watching frantically for the botton and for other boats. To finally tie up. To curse the only shower, a quarter of a mile away. And yet after a full day in the pale winter sun, your face speckled with salt crust, hands and feet frozen, Then to walk that final quarter mile after mooring, walk with a towel over your shoulder and clean dry your shoulder and clean dry
clothes in your bag; to turn on that clothes in your bag; to turn on that
spray of hard, hot water and spray of hard, hot water and
stand.... and stand.... and stand. And then to sigh and remenisce of that last frightful plunge

All of that is of course some part of the enigma of sailing, but in truth it is only a small part of the real life one must live when he chooses to live on a boat. And most of the rest of the story although it is not really one of hardship is definitely one of less glamour and romance. Afterall, the only shower really IS a quarter of a mile away and you have to shower every day when you work and go to school. And you can't live aboard a boat in some counties so you have to sometimes live a long way from work. And that means getting up early and getting back late. Or like a young couple in a marina in Redwood City it means she goes to work in San Jose on Monday, stays with her folks all week and then sees hes husband again only on the weekend. That is without a doubt a sacrifice.

Most of the sacrifices are small ones. Instead of just turning on a stove and cooking dinner boat owners must perform the alcohol ritual. First the stove is pumped up to pressure, then the burner valve is opened and the liquid gas flows
must burn completely away so that the burner will be heated enough to vaporize the gas. Five to ten minutes later the stove is ready to use.... if it hasn't blown out because the door's open.
And that door.... that is another of the little sacrifices. Sailboats have hatches that come in many shapes and sizes but they are all too small when the boat owner has to hurry. And they are too cumbersome. When either the hatch or the hatchcover is open the burner might blow out filling the cabin with alcohol fumes. If it is closed the walls of the cabin become lined with steam and grease.
In the summer the door can be left open for the mosquitos and bugs to come in or it may be kept closed to enhance the sauna effect In the winter if it is open no one owns enough blankets for warmth and if it closed with a small electric heater humming our warmth and cheer, the walls soon drip with condensation
The bathroom situation is an equivalent one to the shower one, except if when you gotta to, you gotta go, and there's someone already there.... you gotta wait Water is another of the slight inconveniences facing the boatowner. There is a tap there over the sink but it doesn't turn off and on. It pumps, just like grandma's and it takes just as long to get going. It's impossible to turn of the water and then hold something to be filled under it with both hands It must be held in one hand while the faucet is pumped with the other. This difficulty is most obvious when the time comes for washing dishes. And that time comes every meal.
Live-aboard sailors learn two things about meals very soon after taking ownership of their new residence. 1) there is very little room aboard a boat to store anything, let alone a connoisseur's array or pots and pans. 2) every dish used to cook or eat with has to be washed right after the meal. The sink is usually a small stainless steel device, better designed for a birdbath than for dishes. And it helps one to decide what type and what quantity of dishes to buy also. One of the most useful eating arrangements is
simply a set of smallen wooden bowls, four in this case. The diner can serve any food in this dish and then wash it out easily afterward. If dropped, it doesn't break and if the meal is eaten under, there is little danger of the food running over the edge
Perhaps the single, most serious problem facing the cruising sailor is that of storage. When in port the problem is important, when underway it is vital to the sailing ability of the craft and to its ultimate safety. The first area to feel the pinch for the constant mariner is the wardrobe. When he moves aboard, he brings with him shirts, slacks, sports coats, a couple suits, several pairs of shoes (all of which cannot be worn under sail and should not be worn aboard at all). And girls bring large supplies of bright cheerful prints; skirts and blouses, dresses, pantsuits, jumpsuits, shoes for different outfits and sometimes scarves, belts, and hats.
Little by little the wardrobe shrinks. The suits go first, perhaps one into storage and the other given to a friend. And then the sportscoats, the slacks, most of his shirts, and all but one pair of shoes (besides his tennis shoes). The girls usually give up their pantsuits and jumpsuits. Then the skirts and blouses followed by the belts, shoes, hats, and scarves. If their job requires dresses, they keep a few and start wearing them over and over.
After the wardrobe, the space pinch hits the general area of tools needed to keep everything on the boat in working order. And then the room is gone. Schoolbooks stand in piles that slide back and forth under sail. Magazines are crammed into corners where they will hopefully not come loose under a fifty degree heel. Cigarettes, pipes, cigars, matches, silverware, pens and pencils, first aid kit, paper bage, rubber bands, small nails and tacks, and innumerable other odds and ends are tossed into the only remaining drawer. Even the bilges are kept dry and clean in order to allow room to store five or six huge sails, an anchor with fifty feet of chain

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## edítorial

Incredible as it may seem, the school year will be over in one week. In this year, many of the Sentinel staff have acquired a closeness for the campus in the process of publishing 90,000 issues. The Sentinel is not alone, but shares this impression with over 500 students who did more this school year than just walk up and down hills.

Only the people that extended themselves beyond the classroom discovered the benefits of Foothill's greatest opportunities. Certainly Foothill was erected with the primary purpose of higher learning, but the code "Don't let the classroom interfere with your education" is a wise practice.

After all, it is a very curious practice for a junior college commonly billed as "the tops in the country" by counselors, to set up separate classes to satisfy ethnic minorities studies.

A student should expect to learn about Black History when selecting a U.S. History class. I feel insulted to have to enroll in a special English, Political Science, Psychology or History class just to catch up on what should have been covered on an ordinary basis.

As long as the present system remains in operation, it will mark an absurd deficiency in the classes labeled as general as "History of U.S.'

The Sentinel wishes everyone an outstanding summer. For those returning next year, the Sentinel has selected Bobbie Phillips as Editor-In-Chief for next Fall. Bobbie filled the jobs of News and City Editor this year and is an outstanding writer. We feel she will do a good job attempting to make the Sentinel a quality publication.

Tom Stienstra Editor-In-Chief


To be eligible for VA grants, the new state schools must give reasonable assurance of professional accreditation of their educational programs, of continuing support from the state, and of VA hospital affiliation.
The legislation authorizes the appropriation of $\$ 25$ million per year for the new schools. The full amount has been appropriated for the first year
Although the total amount requested for the first year of operation of the five new schools is just over $\$ 16$ million, the amounts estimated for future years will increase rapidly as anticipated student enrollments are achieved and as new schools qualify for support.
Applications for VA grants also have been received from 26
existing medical schools that have long-standing affiliations with VA hospitals and from 159 schools of other professions and occupations. An annual amount of $\$ 50$ million for these purposes is also authorized under P.L. 92-541. For the first year, $\$ 20$ million has been appropriated.
In addition to direct grants to the successful applicants, these funds may be used to remodel and improve VA buildings and otherwise enhance the education and training capacity of the participating VA hospitals.
Applications from VA-affiliated health professions and occupations programs in academic institutions across the country include almost the entire range of fields that deal with the direct provision of health services.
VA has announced a cutoff date of September 1, 1974, for receipt of applications to be considered in a second round of competition, for grants and other assistance to be effective January 1, 1975.

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| The Foothill Sentinel is published weekly on Fridays by the |  |
| Foothill Community College District, Foothill College, 12345 |  |
| EI Monte Road, Los Altos, Calif. 94022. Phone 948-8590, ext. |  |
| 261. Advertising rates available on request. |  |
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| and space line |  |
| and double spaced. We reserve the right to edit all letters for |  |
| their length. |  |

Political round-up
Campus gov't reviewed

The student government must be congratulated for its efforts during the year. It is a shame that the Constitutional Party could not REVITALIZE student interest, but they have no one to blame but themselves, and the apathetic student!
Mary Hamilton has run a government that has turned a deaf ear to the people that they represent. She has used her elected office for purposes that it should not have been used for without the consent of the student body for the specific purpose.
The Constitutional Party began with a good record. Their first meeting was held prior to their assuming office, and there is nothing wrong with that, but then at the first official meeting it was proposed that the minutes of the unofficial meeting be approved doesn't compute when compared to the Constitution.
The first major issue that arose was the renewal of the contract with Santa Clara University Law Clinic. The student council turned a deaf ear to the numerous students that opposed the contract
the firm of Weinberg and Ziff. An Ad Hoc committee was composed to investigate the various alternatives and report to the student council. The first report was a highly subjective one with no data included yet it was highly conclusive in favor of Weinberg and Ziff.
As most people will remember there was a demonstration in the area of Hyde Park on Tuesday, June 4, in which Mary Hamilton took an active part. She is in no way to be condemned for her participation or for the basic principle that she demonstrated for. However, she inferred, with her statement that there were ASFC people involved, that she was representative of the Associated Students of Foothill College.
Mary Hamilton was elected to office to represent the students of Foothill College in matters that pertained directly to all of them. She was not elected to demonstrate on behalf of the students, especially in a matter that drew more cat calls and mockery than support.
As far as the Constitutional


Ken Wilson at last February's candidates debate.
Photo by Jeffrey Patty

Party is concerned they should change their name. When they were elected to office there was also a proposition on the ballot that required action on the part of the student government, to actively review the constitution and make changes to it . When this subject matter was brought up in a government meeting it was passed over due to a lack of interest, which was summed up in a statement by Mary Hamilton, "If there is no interest we'll go on to something else" (this statement was made to the council members, who sat by and made no motion and failed to take action).
The government has also ex celled in its ability for planning and coordination of events with other campus organizations. Friday night, May 31, there were five different activities going on campus. Two or three of them were sponsored by the ASFC.
The one member of the student government that made a considerable contribution was Willie Hinton, ASFC Senator, who made it possible for the ASFC student council and the Co-curricular committee to get together on the single student body card
There are some people in student government that seem to have an open ear and an honest desire to change things for the better and we should give them our support. However, those that do not give fair representation should be recalled.

Even though the student council has many faults the blame is not all theirs. The apathy that exists on this campus is unbelievable! A prime example of this is the fact that there were over 1,000 students that signed petitions for the Teaching Excellence Award but less than 900 voted - better that he few that voted in the student rnment election. For those of you th at are returning - what next?

## letters \&icminems

## Robin reflects

Uear Editor,
Now it is the end of the year for me here at school. It has been a year of many changes and many new experiences. There have been times when I wondered if I would finish this year of school. And now, here I am.
I have spent most of my life going to school under varying pretexts and enjoying most of it. This year, however, has proven to be more rewarding than most. I spent some time in a non-campaign for student government and, although I actually failed, I learned a great deal about Sunday School politics and politicians. I met a teacher who demanded I grow up and a dozen people who wished I'd go to hell but I hold no malice toward anyone. We're up here to grow and learn, teachers and students alike. Hopefully we all do every day.
For all students, regardless of their motives for going to school, their activities here on campus are only part of the picture. Their lives are closely interwoven segments of experiences and encounters all of which add up to a total education.

Part of my education this year was the purchase and then habitation of a small sail boat. So many aspects of one's life key around his home. Who he lives with, roommates and friends, landlords or homeowners he must deal with, neighbors, if there are any.

And as much as any of that, the single most gratifying aspect of the entire school year has to be the friends I've made. Some of them were fleeting and temporary, some seemingly only superficial, yet they all added to the person that I am now. And there are also the relationships that will last on into the summer and many years to follow. Perhaps these friendships are the greatest value of Foothill College besides the obvious academic one. And maybe even in spite of the academic one. So now I guess there's nothing left to do except to thank all those classmates and students who put up with my antics, all the friends I made up here, and especially all the crazies in the paper office who laughed at all my terrible jokes and told all those terrible jokes for me to laugh at.

Roll on Sentine!!
Dear Editors and Sentinel Staff, past and present,
The 73-74 school year is choking belching - gasping its last breath The Sentinel, by providing twenty six more or less outstanding issues, has provided a rare and much needed thread of continuity to the often chaotic events in our community.
Other newspapers have come and gone. The Fortune Cookie News (produced by anonymous namecallers), and the ASFC News (a good attempt at a student government info sheet) degenerated as quickly as they had appeared.
Some people will say that the Sentinel continues because it has relatively secure funding and is published traditionally. Anyone who has been assosicated with the Sentinel can tell you that it is the all-student staff's dedication to improving the publication that causes the Sentinel to publish and improve.
Looking back at Volume 16 of the Sentinel numbers 1 through 25 ,
(continued on page 9)


Where do you want it lady?

## letters \& ©commens

## (continued from page 8)

there have certainly been ups and downs (including a couple of really bad issues), but generally the Sentinel has improved through the year. The last five issues have some really professional qualities to them.

Another newspaper, although only two issues have been published, has been highly entertaining and informative. Mother Wit, a Women's Newspaper, will challenge the Sentinel's readership if it continues to publish next year, and if it continues to entertain and to meet the informational needs of the community, both women and men, that it serves.

Congratulations Sentinel. Roll on student publications.
-Jeffrey Patty Photo

## A.S.F.G. examined

Editor,
Foothill is our college! That is the wonderful thing about a public institution. We are free to make it what we want it to be. If someone can't attend the Wednesday meetings of the Student Government at 1:00 p.m. they are invited to attend a preliminary meeting at college hour in C-31. Here anyone has an opportunity to say anything that is on his or her mind. If they can't come at any of these times, all they have to do is let anyone on student government know of their interest and they will be enthusiastically welcomed into the fold, with or without their
suggestions. Student government needs you!.
There are boxes for your suggestions in the student affairs building. Ask Mrs. Thatcher and she will direct you. She is that nice friendly lady who sits in attendance in the building opposite the book store.
The longer I come to Foothill, the more I realize the invaluable opportunities that are available to those who bother to look for them. And if whatever you are looking for, isn't there, just make your voice heard. Fortunately, for all of us, we have a government that is willing to listen!
-Peg Hochman

## Hamilton's last message; again

## Dear Students

The ASFC Council is considering a change in the length of office to be held by ASFC Electees. The proposal will make the term of the next government run for one year instead of for two-thirds as it is now. The terms would start in the Winter quarter giving the Electees the fall quarter to run for office and to see how the government in power runs the show. The budget would already be written for twothirds of the new Council's term which would lighten the pressure of learning "everything at once." Thursday, June 6 at 1 p.m. the Council will vote on the matter Your input is welcome.

Thank you, Mary Hamilton ASFC President

## Spay your cat

## Dear Editor:

Pet owners can move now to stop mass slaughter of dogs and cats. Thousands of healthy, appealing surplus dogs and cats are being killed each week at pounds and animal shelters. This killing goes on all year, and each spring it is stepped up to keep pace with the spring births of puppies and kittens.
How can this killing be prevented? Spaying and neutering is the answer! A visit to the local animal shelter where one sees the desperate, eager faces of the many pets waiting on death row should convince anyone of the need to spay and neuter pets. There is no excuse for allowing one's pet to breed a litter when there are beautiful dogs and cats, puppies and kittens already waiting in vain for homes that do not exist. It's not cute anymore to let mama dog or cat have a litter for the children to see.
All pet owners can now afford spaying and neutering at one of the fine low cost spay and neuter clinics. The City of Palo Alto and the County of Santa Clara both offer low cost spaying and neutering, and the City of Palo Alto's Spay and Neuter Clinic is open to ALL pet owners no matter where they live.

The solution to our animal control problems rests squarely in the hands of pet owners.

Sincerely,
Kay Bushnell

By NICK FARANA
The first point of issue on press freedom is that it (the press) is a method of diffusion of ideas and information, and recorded as one of the main criterion for individual freedom. Press is constantly under attack for either failing to be objective in its reporting or biased in its reporting. Press has also recently come under fire for its publishing of the Pentagon Papers (purportedly top-secret information, not for public consummation). Historically government has displayed wariness and often-times complained of "a one party opposition press." Government and press have battled on the verbal level; such as Spiro Agnew's vehement protest of press methods, and on the legal level; such as the court confrontation over the Pentagon Papers. I feel it necessary to specify that in this court struggle as Newsweek Magazine reported (June 28, 1971), "in a series of swift forays into the courts ... lawyers for the government succeeded in imposing their will - temporarily at least - on the nation's two most influential newspapers." Thus, press and government collided over a highly publicized issue and, in this instance, the government won at least briefly. Today, press is under criticism, for, as Newbold Noyes, Editor of The Washington Star, said having "forsaken the
time-honored principle of objectivity...'
Freedom of the press is an expression of freedom of the individual and exemplifies the "era of the liberal spirit." Historically, the press is a segment of liberty limited by laws so as to exclude forms of expression presenting a tangible harm to the public. Because freedom of the press is a condition of the First Amendment, it is not limited in its freedom -
"Freedom of the press is not freedom for responsibility for its exercise." Thus, they are not free from responsibility.
Press has battled government and encumbered restrictions since the inception of this country. John Peter Zenger was perhaps the first and most famous case


Journalist William Broom The Commission on Freedom of the Press (which has evolved into the National Press Council developed a 13 -point plan for press to maintain itself as a responsible force. Ernest Hocking presents a framework for the commission's plans and for press.

1. The parties directly at interest - the interest of the audience is imperative.
2. Freedom of the parties at interest - the freedom of the consumer must be protected as well as the press
3. Freedom of the issuer requires protection - the press must be protected.
4. The effective agencies for protecting free expression are community and the government.
5. Government as protecting
freedom against government.
The government has to be limited as to how much it restricts press
6. Free expression as a right. 7. The moral right of freedom of expression is not unconditional. 8. A right of liberty includes a right to be in error.
7. The abuse of right does not ipso facto forfeit the protection of the legal right.
8. There are, however, limits to the legal toleration of abuse of the liberty of expression
9. The work of the press is clothed with public interest.
10. The accountable press and the responsible community.
11. Resulting conception of freedom of the press.
12. Contemporary problems of principle.
13. The enduring and the variable realization.

At present, two major issues involving press and government are that of the Pentagon Papers and Watergate. Both incorporate within them the question of what access should press have to information and how much may they reveal? Another issue of restric tion of press is often in the news and it involves the newsman and his sources. That is, should newsmen be allowed to keep their sources confidential? The press has recently suffered a defeat on this issue with the jailing of Peter Bridge for failing to reveal his sources.
What are the current threats to the media?
Two recent studies have entailed new threats to the media. These reports are: "The Engineering of Restraint: The Nixon Administration and the Press," by Fred Powledge and "Press Freedom Under Pressure." These two reports cite evidence of pressure by the government on the press through methods of: (1) issuing subpoenas for reporters' notes; (2) the issuance of fake credentials to police agents; (3) attempting to prohibit publication of the Pentagon Papers; (4) attacks upon the underground press; and (5) constant action by a legislative committee against CBS during the Pentagon Papers report, and others.
Thus, the press is an agency for the dispersion of information and "watchdog of the government." It has been criticized for lack of objectivity and bias, but must be noted for its own internal remedial efforts. It has been in constant conflict with the government, beth on the verbal and court level. Finally it is emphasized by critics and onlookers that to maintain a cohesive relationship with the public, it must maintain a fun damental guideline for press, government, public interaction.




Sailor Robin Roberts in the hold, searching for the glue to repair the leak in his ship.

## Down to the sea...

(continued from page 7) and three hundred feet of nylon line. All the mooring lines and tie down lines, all the rigging and paraphanalia needed to reef or stow gear and especially, that half gallon of wine that is kept for emergencies only

Many of the incidents which most non-sailors know nothing about and fear the worst are actually just a part of life for the everyday sailor

Who hasn't gone out the first time and somehow, because of an unusual wind or a stronger current or perhaps some human failure bumped the dock or the neighbor's boat with his own. Only the seasoned sailor would shrug off the collision, continue on his way and

## Thrift Shops

antique prices are exhorbitant, of course, but there are old appliances, typewriters, and pieces of furniture that defy history. And it is possible to dicker on prices: the very machine I am typing on was bought during my shop-scan there. The typo was priced at $\$ 20$; I got it for $\$ 8$. It's worth $\$ 50$. Can't beat that. Good selection of orthodox and unorthodox items there. Also, every Sunday, everything in the store goes at half price. New stock comes in each evening. Hours are 9-9 Monday thru Saturday, 10-6 Sunday.
Discovery House, 642 Ramona: Great place, if you can afford the prices. But while the price on items is above average, so is the aesthetic quality. There are second-hand clothes for women that are far-out, also handbags and various uncategorizable decorative items for the house. There are some nice (I mean nice) macrame and metalwork wallhangings, plus hanging Tiffany lamps. They have some new stuff in there as well, and specialize in handcrafted slab tables. It really doesn't qualify as a thrift shop, per se, because things DO cost in there - but nothing is overpriced, and you can get some good deals. Hours are 10-4:30 Tuesday thru Friday, 10-2 Saturday
Turnabout Shop, 2335 El Camino: A clean shop, this, with a clothing selection that caters mostly to the middle-aged man and woman. Must admit, I wasn't terribly observant in there, and thus can say little more with much honesty. I don't even remember the hours, although I do remember that I got inside.
laugh about it with that same neighbor later over wine. And who neighbor later over wine. And who
has not felt that sudden surge as the mainsail catches a sudden gust and the low side of the boat dips beneath the surface of the water Where he might panic and struggle with the tiller, an experienced helmsman would merely bring the bow a little into the wind and continue on.

And what of the dead of night jar which signals the discovery of an unknown and unwanted sand bar To the novice, it is a nightmare of pitch black ulcers. To the ancien mariner, it is a boon. Because the top speed of their vehicles seldom exceeds ten knots, most sailors quickly get over the habit of hurrying and along with that, they begin to realize that no destination is important enough to get hassled about being late. Especially when they have so little control over the wind or the tides. So when they feel the sliding stop of their hull against the bottom they know the best hing to do is wait. If the tide is coming in the wait will be a short one, probably no more than an hour or so. If it's going out, the wait will be a longer one and other measures are called for. Instead of the short conversation and coffee, the emergency bottle must be broken out. Plans must be made for dark hours while the keel slips down into the mud only to rise back up again with the tide. Blankets must be supplied to all crew and passengers. Everyone huddles together in the main cabin. The lights dimmed to save the battery and the bottle passed to warm and brighten the heart. It beats the hel out of ulcers.

In short, the sailor is a distinc tive type of person. Having faced and overcome constant disap pointments and frustrations, he has learned to take what comes and seems perhaps more casual than most under similar circumstances. His wardrobe is steady and hardy. Usually jeans or levis and tee-shirts or workshirts And the wardrobe is unisexual as both members of the crew are required to perform equal tasks everyday. And more than anything, he is pensive. With days at a time of staring off at a watery horizon or watching the crystal sun shimmer in the main his thoughts urn to things more expansive more important than the bills and the kid and the food for the weekend. For he is the dreamer, who on one other day drove across one of the many bridges that cross San Francisco Bay, looked out and saw a white dream, decks awash scudding before the wind.

## Variety of choice

By ROBIN ROBERTS
With the steadily increasing compartmentalization of just about everything it was inevitable that it would eventually catch up with the English Department here at Foothill College. In this case, however, it may not be a structure which leads to the undermining of the teaching situation. In fact the needs of students are so varied and so widespread that it is not feasible to try and put all of them under one classroom or in one course description.

There actually are a large number of different English courses offered under the guise of a single course. Take a good look at the English Department. It functions mostly as an introduction to the field and seemingly offers little in the areas of upper division work. And yet there is within that course, three quite distinct variants. There is first English for those who will go out into the world and become businessmen and women, gardeners, doctors, fishermen. They need the ability to write correct, intelligent letters, to carry on other correspondence and also to organize their written thoughts. Quite distinct from their needs are the needs of the student who is in school primarily for an education in the field of English, or teaching. They must have a command of the English language and a knowledge of its roots and origins. And anyone who wishes to go on to upper division work must have a knowledge of the correct methods of research and the written detailing of the results of that research. A third and completely diverse category is the student of writing. In this case English is needed as the backbone of the student's future life, the structure upon which his entire success will be built

With these needs in mind THE SENTINEL interviewed several members of the English Department staff to see exactly what was offered to the students. We were pleased to find that the faculty not only met the expectations of new students, it surpassed them!
One teacher claimed she was mostly interested in teaching English as a "public service, to prepare for writing situations with a basic field of knowledge." '" hope to impart to my students strategies with which to handle words. Writing is akin to logic, it progresses." Communication interested her most. She wanted her students to be able to simply communicate with each other and with their businesses. "Putting one's mind to paper," she said, "is communication. And it is not just one way. Writing is a two way conversation.
What seemed to bother her the most was the idea some young students have that their writing is intrinsically some great expulsion intended for no human eyes but meant only to exist in history forever.

Many students," she said, come here without even the ability to write simple sentences and coherent paragraphs and essays.'
She feels that the most importan hing she can teach to her student is the ability to communicate with heir peers. She imparts thi ability by showing them: 1) the use of descriptive detail and vivid, articulate prose; 2) ordering techniques; 3) definition of words and terms; 4) techniques of per suasion, and 5) the effects of omparison and contrast writing
'I am interested in English not for writers with their concern for dialogue and characterization but rather just for people who must go
ut into the world and talk to one another on paper. This is not anti literature. I love literature but it is recreation. This type of English is important.'
As a foil to this teacher there is another type of English teacher here on our campus. He teaches English from a linguistic standpoint and deals with English rather in the more traditional orientation. His goals for his students are to give them a love of their language, its roots and origins and hopefully a curiosity to learn more. "I would like my students to leave here with an understanding of the relationship of their language with the languages of the world and particularly Europe. And especially a curiosity in forming a bigger vocabulary.'

And for the third and final aspect of the English genre are the journalistic areas. Here at Foothill we have both a journalism department and a creative writing department. And even these seemingly closely related fields differ considerably in their goals for students. Journalism is a course aimed at producing a writer who can judge and understand a mass audience. And then is able to tell or retell some important story to that audience in a concise, vivid manner. Creative writing on the other hand attempts to educate students in the concepts of literary perfection in many genres of writing, poetry, short story, etc. So it is all there for anyone with any goal. They need merely examine the particular styles and desires of the various teachers to choose their class. It is most aptly put by one of the teachers interviewed who stated, "Every teacher has some special approach. They all teach the way they were taught."

## GLERS Ěcomments

"A watched pot never boils" except in the case of Foothill's student government, which is always watched and constantly boiling. The question is, however, what's cooking? And who cares? Obviously, whatever students hold office at the beginning of a new student government care. Each time elections are held, a new group of well-meaning persons with limited experience try to remedy what they see as the problems facing ASFC. They receive their customary share of hostile response. Because of individual and collective frustration with ineffectiveness in our private and-public lives, more of us are inclined to lambast whoever is doing the work without offering solutions containing thoroughly considered procedures of implementation. Unless suggestions are made in a positive manner (without negative personal asides), it is difficult for the incumbents "on the hot seat" to carefully review suggestions and alternatives as they should.

The SENTINEL could positively affect the structure of ASFC by summarizing the present ASFC documents, including the Constitution, By-laws and various Codes (all of which are available upon request from Ms. Thatcher in C-31). In that way, not only the

SENTINEL but other interested students could better understand what the responsibilities of student government are, what power it has, and what changes can and should be made. An investigation into the alternatives open to any student government would assist students, as well as the SENTINEL, in determining the viability of any action. The more student input, the better. The council has a minimum of fifteen eligible voting members; any one of these can propose a resolution brought to her or him by any ASFC member. Constitutionally speaking, the officers of ASFC have practically no individual power; all power is vested in a $2 / 3$ majority of the campus council, which tries to settle controversies.
One area of dispute since the election of the present student government has been legal aid. Inadequate information has misinformed the student body in the matter of the new contract for legal services. According to the ASFC card, the ASFC is obligated to provide legal services to the ASFC members, and, if no such service is provided, the ASFC is subject to lawsuit by a cardholder who wishes such services. Confronted with this possibility (since the previous contract had expired prior to the new student govern-

## Sumpin's cookin'



8 servings
2 tablespoons margarine or oil
1 large onion
3 stalks of celery
1 turnip
$1 / 2$ large cabbage
3 carrots
$3 / 4$ cup wheat berry
1 tablespoon Barth's Instant Nutra-Soup
3 packets G. Washington Broth
parsley
1 clove garlic
1 bay leaf
dash of nutmeg
salt \& pepper
water
Dice onion and celery and shred cabbage into $1 / 2$ inch slices. Brown in margarine or oil; add wheat berry and brown slightly. Cover with eight cups boiling water. Add broth and dissolve. Add siliced carrots, chopped parsley, spices, salt and pèpper. Lower flame, cover pan, and simmer about three hours or until wheat berry is soft but not mushy. This is a thick soup and if more liquid is desired, add boiling water and adjust seasoning before serving.

## Bobbie's Fruit Soup

This soup may sound a bit strange, but it's utterly fantastic served chilled on hot summer nights. While any combination of fruit may be used, I highly recommend tart melon as at least one of the ingredients. If you choose to add wine, Chenin Blanc is excellent in this soup.
$1-3 / 4 \mathrm{lb}$. chopped fresh fruit OR $10-3 / 4 \mathrm{oz}$. dried fruit water as indicated
3 cups orange juice
sugar as desired
3 tbs. cornstarch
lemon juice to taste
cup dry white wine (optional)


METHOD: Cook fruit until soft, in 8 cups of water. Add sugar to taste, and cook a few minutes more. Add orange juice, lemon juice and reheat. Dissolve the cornstarch in a small cup and pour into the fruit mixture. Boil 1-2 minutes. Chill. Add the wine just before serving.


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*** Thanks ***
The Sentinel thanks the
workers of Nowels
Publications in Menlo Park
for a great assist in publishing
the weekly paper.
    Alice Connoll
Chapin Connolly, Joan
Chapin, and Lorraine
DeMartini are to be specially
commended for their
magnanimous work at the
layout table.
Special thanks also to Nancy Hamilton, Phyllis Sutterfield, and Chris deBonnet who do virtually all the typesetting. Charlie Copeland (photo reproduction) and 'Tom Farrell (you name it, he did it) also survived the 1974 Sentinel and did excellent work. Gary Nolan, did a fine job of billing the Sentinel - in fact, too fine of a job for our taste
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## Jeff's Spicy Catsup

If you've grown vegetables before you're no doubt familiar with that day, sometime between the last of July and the first week in September, when those tomato plants become a hot-August nightmare.
If this year marks your first gardening attempt, and you've planted three or more of those leafy, green, incredibly fastgrowing little plants, save this recipe; you're going to need it.
Scald and strain with a food mill or course sieve 24 to 30 ripe tomatoes. Simmer the remaining pulp in a large pot and add:
$1 / 2$ cup brown sugar
2 tsp ground allspice
11/2 T ground mustard
$1 / 2$ tsp ground cloves
1 tsp garlic powder
$1 / 2$ tsp grund mace
1 tsp ground cinnamon

## T salt

1 T ground black pepper
1 pint cider vinegar
Let it all simmer slowly for at least three hours, then seal in glass jars or bottles. Don't store this ketchup in tin cans, because it will eat through a can faster than you can cook a hamburger.
The spices can be varied however your tastebuds demand. For an extra-spicy brew, increase the garlic powder slightly and add two finely diced red chili peppers to the pot.
(continued from page 5) deceptive traps." The title (which is subject to change) is Lacerations and Lies. "This novel covers my life over an approximate 15 -year span which I have recorded on tapes, in journals, and on film. I'm using al the media I have available, to recapture, and make sense out of my life."

Fetler comments on the function of teaching - as he sees it significance on him personally.
"To me, at least, the main function of teaching is to make myself, the teacher, more ex pendable. Rather than having people learning on you, and relying on you, I like to see people get more and more able to stand on their own two feet - whatever the course is - so that there comes a point where they don't need the teacher anymore. When they don't need the teacher anymore, then the process is complete - then you're a success. The way I feel about it, the less people need me, the better off I am in the long run.
"...I've never cared much for the stereo-typed student-teacher relationship where you have somebody sitting above somebody else, talking down to them, because I don't think that teachers have a great monopoloy on wisdom, or truth, or even insight. About the only thing that they have, is that they have read a few more books than the student; but beyond that, they're just people . I think it's a big mistake to assume that teachers are somehow a special class, with high gifts."
Fetler feels that the combination of teaching and writing are highly complementary
"To begin with, the academy today serves the same function that the patrons did in the olden days. Artists used to have patrons that would take care of them financially. We don't have patrons these days, but the colleges and universities serve that same function. They give a person the chance to do his work and also live - have a livlehood.
"Foothill College, I think, is especially good because I think that there is enough material on this campus for fifty novels. The teaching situation-classroom is good for anyone going into writing because of what happens in a classroom in terms of people's reactions, and what you might call the human interchange, is priceless in terms of slices of life there's just so much there!
"I think that very few people could say that they are able or lucky enough to combine their work with what they really love to do. You know, it's a very rare combination, and I think that I

## Birds of a Feather

by MARY LEE EILERS
The common egrets and the great blue herons are nesting now in the Audubon Canyon Ranch, Marin County near Bolinas Lagoon. The ranch is open until 5 p.m. on weekends for the public. Observers must hike up a trail to the observation point, where a naturalist is on duty to answer questions. Admission is free.
The birds build their nests in the tops of redwood trees and eggs are beginning to hatch.

## Jim Fetler

have been able to do that at fasinating and is very enriching Foothill College. I feel very lucky Once you break through that - after tyring so many things - resistance, a whole new world has about finally finding a place where been opened up for them."

When asked if he will continue in what he is doing now, Fetler replied:
'For a person like me, I am essentially a loner ... so teaching is really good because it almost forces me to get out of my cave and deal with other people. Once I do, I like it ... Teaching for me is a good counter-balance, and even if I sold a bestseller, and had lots of money, I would continue to teach. There are times when I feel that I am so lucky to be able to do this kind of work that sometimes it seems that they shouldn't be paying me for it because it's a real trip. It's like combining your work, your sports, your hobby and everything all in one package. It's really great."

IMMEDIATE OPENINGS IN U.S. ARMY RESERVE

Your local Army Reserve unit needs the skills of men and women with or without previous military experience for 16 hours per month and 2 weeks each summer. When you join you will earn from $\$ 2.75$ to $\$ 4.75$ per hour, plus promotion and retirement benefits.

If you don't have one of the skills listed, let's talk about your learning one. Here are some of the job fields open right now in local units:

Construction Equipment Operators and Repairmen

Automotive Drivers and Mechanics
Carpenters, Electricians, Plumbers and Welders
Stenographers, Typists, Administrative Specialists and Supply Specialists

Air Traffic Controllers
Foreign Language Specialists (College Credit Offered)

Aerial Photograph Interpreters (Intelligence)

Interested in one of these skills? Contact your ARMY RESERVE representative weekdays from 8:00 A.M. to $4: 00$ P.M.
(408) 292-4160
(415) 466.2248
(415) 561-4876
(415) 223-5613

## Music



Tom Coster of Santana (with Pandy) and the "Welcome" gold disc.

## From Szabo to Santana

By LEE ROBERTS
One of the biggest, most influential, most popular rock bands to emerge from the Bay Area and receive international success is the Latin-rock sound of Santana. Since 1969 when they achieved national prominence after their appearance at Woodstock, both their music and listening audience have expanded to new and greater heights

Santana has gone through tremendous changes in personel over the last few years. In 1972, toward the end of the time the band was recording "Caravanserai," their fourth album, Tom Coster replaced original keyboard player Greg Rollie. Since then, he has toured extensively throughout the world and has contributed much to the group; for example, he was one of the producers of "Welcome," Santana's most recent release, and added extensively to the yet to be releasedsolopiece,
"Illuminations" by lead guitarist Carlos Santana
Without further ado, we thus present an interview Tom granted the Sentinel. Following a thirst quenching beer, in the living room of his very pretty Bay Area hillside home we talked
Sentinel - What do you attribute to me to play in the band This was the lack of success the last album, when "Caravanserai" was bein
"Welcome," has had contrasted with Santana's first four?
Tom Coster - One of the main reasons is: any time you make that many personel changes in a band, you're going to change the character of the band. Anytime a band reaches for a higher type of music, they inevitably leave the public behind. Your audience doesn't move as fast as the band would move. What we're doing now is working on a new album which is sort of geared toward pleasing the public more. Hopefully we'll bring back those people who thought the Welcome" album wasn't quite so much like the Santana sound. Sentinel - Just how has it sold, compared with the other albums? Tom - It was a gold record about two weeks after it was out. But as ar as overall record sales, it doesn't compare to the others. The first three are all platinum records, now group?
Tom - I was playing with Gabor Sabo who is a very good guitarist whom Carlos (Santana) admired. When he came to hear Gabor he heard me and thought he would like to play with me. He soon asked when "Caravanserai" was being

## Creedence Clearwater Revival

# Thumpin \& gruntin' music 

By TOM STIENSTRA
The beginning of summer is not always celebrated by people in the music world. Aside from a sunny day at the beach, it marks the anniversary of the breakup of America's top vocal rock group, the Bay Area's own Creedence Clearwater Revival.

Virtually unheard of until mid1968, Creedence put together an impressive string of hit records and albums that have earned them
praise and respect from fans and professionals alike.
Although Creedence recorded heir final album three years ago in the summer of 1971, their music remains vibrant and alive today.
CCR is very real - their music is pure and honest. There are no horns, no psychedelic feedback or orchestral backing - just them. It needs no extra pushing.
The man most responsible for this is John Fogerty, the group
leader, producer, and manager. He is also in the class of Dylan as a song-writer and plays lead guitar, mouth harp, organ and piano. In addition, he does all the lead vocals plus directs and oversees every step of the recording procedures.

It is this immense talent that not only triggered their greatness, but precipitated their crumbling.
Tom Fogerty, John's older brother, finally rebelled after 11 years of carrying out John's demands. The result was seen in


Made to wave the flag.
Ooh, they're red, white and blue. And when the band plays
"Hail to the chief,"
They point the cannon right at you. It ain't me, it ain't me I ain't no senator's son. It ain't me, it ain't me;
1 ain't no fortunate one.
J.C. Fogerty

Credence Clearwater Revival three years ago, just prior to their breakup. John Fogerty (left), Doug Clifford (center), and Stu Cook are pictured here. Tom Fogerty had already quit the group.

Albums:
Creedence Clearwater Revival* Bayou Country**
Green River**
Wily and the Poor Boys**
"Mardi Gras," Creedence's final
album which was a major disappointment. Whereas previously John did all the song writing, Doug Clifford (drummer, born in Palo Alto) and Stu Cook (bass guitarist) each wrote a few cuts that never deserved to be printed. The splitup followed immediately
John Fogerty has been heard from only once since 1971, recording an incredible album in which he played every musical part on separate tracks, then later blended them to form "The Blue Ridge Rangers." Tom Fogerty, Stu Cook, and Doug Clifford have virtually dissolved from the music scene.
The truly remarkable aspect of Creedence was that every one of their single releases had a smash hit on both sides. This is a distinction earlier reserved for the Beatles, and Elvis. They also combined for five successive Platinum Record awards, (an unprecedented achievement) which are presented for selling over 1 million copies of albums.

Creedence's music, seemingly simple in concept, reveals intricate complexities during execution. CCR managed to escape categorization; a difficult task for most groups.
They did, however, have initial classifications such as "Bayou Rock Group." With the album "Bayou Country," they started a new trend in popular music, but surprised many when they departed from the course they had set.
Whatever you want out of music - a message, a driving rock-beat, or just pleasant entertainment you can be sure to get it from Creedence Clearwater Revival who still are very much alive.
recorded. By this time, many people in the band had their own direction, and resultingly, went their own way. I ended up replacing Greg (Rollie). He was the only keyboard player in the original band, but the new band acquired two keyboard players to give the band a stronger sound. Sentinel - What caused the bands newer leanings toward jazz rather than Latin-rock?
Tom - The strong personalities of the band, namely Michael (Shrieve) and Carlos, are both very heavy into jazz now. They feel the type of music which jazz happens to be is a more complex, a more educated form of music than basic rock and roll. This isn't necessarily something that has to be accepted by the public, but, to a large degree it is a fact. In their musical growth they are recognizing that there exists an incredible amount of jazz musicians that serve to influence them.
Sentinel - What kind of formal musical education have you had? Tom - I went to college for about three years, and from there I had a chance to go into the Air Force band. I attribute most of my musical education to that; only because, when you're in the service, you live music from 8:00 in the morning to $4: 00$ in the afternoon. In college you have to take so many other courses and because of that you just can't get the experience you want

Sentinel - Are you particularly impressed by any other groups who continually turn out one gold record after another, i.e., do you think they progress anywhere musically?
Tom - Yeah, I think Chicago is a good example. I have the greatest respect for them because the have fused the rock and jazz sound and turned it into a household name. The reason for their in credible success is that their sound hasn't changed. The public like sounds that stay familiar to them The audience bases their love for the group on their particular sound. Whether the group progresses musically to better and more complex levels of sound or not usually has little to do with the public liking it. If the sound changes too abruptly, it could cause the downfall of any group. Sentinel - How much has Santana played in the Bay Area during the last year?

Tom - Not too much. The last year we played one night at Winterland, which was the premier of the newer band. Most of ' 73 we spent touring, all over the world. In the Bay Area, we also played one double concert at Berkeley Community Theatre, maybe a few other concerts; but no more than six times within the last two years. This year, we haven't played at all because several people in the band are doing their own albums. Michael Shrieve is working on a solo album, Chepito Areas did one, too, which will be released in August. Carlos did his own album which involved myself and John Coltrane's wife, Alice Coltrane, which will be out anytime now. It's really a big thing for him. One of his dreams has been to record an album with her and now it's finally coming to pass.

## 'West Side' tryouts

"West Side Story" auditions will to John Ford, the staff is made up begin June $17-21$ in the Foothill of Music Director John William College Theatre as part of the son, Dale Dirks, Technical Summer Music Theatre's yearly program. People can register now for the Drama 47 class, worth 5 credits, or wait until June 17.
Dancers are asked to audition June 17, 18, 19 at 6:30 p.m. Actors, singers, musicians, along with stagehands, costumers, etc. will audition June 20 , 21 at 6:30 p.m. Rehearsals will run June 24 through July 31, Monday-Friday 6:30 p.m. Performances are August $1,2,3,7,8,9$, and 10 .
According to John R. Ford, Production Director of the Sum mer Music Theatre, "During the school year, the atmosphere in the drama department is tense. The summer is different. It is more relaxing and a good time for people who have always wanted to try out acting. The pressure is not great and we have jobs for everyone. We don't turn anyone away.
The Summer Music Theatre has performed for the last seven years and very successfully. In addition

Director and Designer, and Marlene Muench, Choreography Director. The programs have included about 150 people per class and the theatre is used to playing to full houses. According to Ford, 49,000 people with about 1,000 from the community have participated in the theatre for the past seven years.
Who's needed? Actors, dancers musicians, singers, costumers stagehands, make-up artists filmmakers, electricians, painters writers, and "go-phers" (responsible for all the command of "go for this and go for that!") Ford commented that "West Side Story is one of the most challenging scores for musical theatre." When asked about the most successful production, he said "Two years ago we did 'My Fair Lady.' It was standing room only and firemen had to ask an enthusiastic crowd to leave, and they wouldn't oo. We loved it!'


Julie Petersen reacts affectionately to the funky gas pump in the student exhibit

## Art invades Semans

Photography, sculpture, and commercial graphics by Foothill students are showing in the library and will be up until the end of the quarter
Immediately upon entering you will see a full scale gas pump by Alan Eglington, assistant to sculpture teacher Mike Cooper. The pump is made mostly of polyfoam; it has a rubber gas hose with a wooden handle, rubber air and water hoses, and a window where the numbers usually are. But within this window is a pastural scene, cows grazing amidst oil derricks. In a smaller window in the back is a dead dinasaur in a dark environment. The pump is topped by the word "gas" in red plastic; within the top window is a funky red "Flying A." The pump looks, overall, a lot like a penis. In fact, the air and water hoses come out of two testicles. A short reptilian tail comes out the back.
Alan Eglington, whose blond hair is currently black "as a conceptual portrait of (art teacher) Gordon Holler," said that he got his inspiration four quarters ago from a picture of a Flying $A$ in an old "Popular Mechanics." He originally conceived of a more blatantly erotic work, but "I didn't know how it would go over," so he toned it down to its present homely surrealism. Eglington said he used to design surrealistic ànimalstand
he has also done a lot of cartooning which helps to account for the tail and the R. Crumb look of the Flying A. Eglington has always been interested in ecology, and finishing this ode to the gas-giving diety so close after the gas shortage swindle was coincidental Eglington said that making polyfoam is a matter of mixing its wo components together, causing them to react and grow to about three times their volume. This goes into a mold. After it hardens, it is not hard to carve. Edlington used electric tools, primarily
Most of the other sculpture is in wood, though rock, fiberglass, clay, and metal are also represented. Woody Koning created a large-scale picture of distance using spray-painted laminated fiberglass.
The photographic prints are for sale through Insight, the Foothill photography club formed to raise money to replace some equipment recently ripped off. Prints may be purchased in the M-21 photography lab.
The graphic art is all from the classes of Stan Ettinger. They show great imagination and high craftsmanship. The best ones portray animation, comic-book fashion. Martha Branner is the best represented artist; she will receive a cash award from the commercial art department in


The Bay Area's own "Sons of Champlin" will perform tomorrow night in the Foothill Gym at 8 p.m. in a benefit for KFJC ( 89.7 FM), Foothill's progressive, non-commercial radio station. The intent of the project is to raise enough money so KFJC, currently broadcasting in monaural, can go stereo. The Sons, performing with their horn section, will play new material, along with many of their regular songs. There is also a possibility of an interview with the group's leader, Bill Champlin, Friday night at 7 p.m. on KFJC. Along with The Sons will be another local band, "Kingfish". Dave Torbert, late of the New Riders of the Purple Sage is founder. Tickets are $\$ 3$ general admission, and $\$ 2.50$ for ASFC members and night students. They are available in Rm . C-31 or at the door. Call $948-8590$ Ext. $281 \& 260$

## Shakespeare excursion

## "Santa Clara Co. Book":

## 888 things to do

For the ninth straight year Shakespeare fans from Foothil will be going to Ashland to see and hear the Bard's plays, now in their fourth century of performance Besides enrichment of the soul and intellect, the drama buffs will gain two units college credit. All this for
ten minute oral report and $\$ 87$
The plays this year will be Hamlet, Twelfth Night, Titus Andonicus, Two Gentlemen of Verona, and William Gibson's Cry of Players.
The class will meet four times in August before taking off for Oregon, August 29. Participants will stay in the dormitories of Southern Oregon College and eat all but one meal in its cafeteria.
The trip will include backstage visits to the Shakespearean


Joe Gallo
Theater and talks with the directors, actors and others con nected with the Ashland enterprise.
The Instructor for the course is
Joe Gallo of the Language Arts Division. Those interested call Darlene Culbertson (948-8590, ext. 263) for advance registration in formation.

By BOBBIE PHILLIPS City Editor
At seeing this book entitled The Santa Clara County Book ( 888 Things to Do in Santa Clara County), my first impression was, "Ho hum. So what's to do in Santa Clara County?" But even with simply paging through, I saw that this 159-page goldmine of suggestions for close-to-home excursions was designed for those (like myself) who have little idea how much this county offers.
The Santa Clara Book isn't merely a collection of bare statistics. All the photos and information were taken first-hand by Nancy and Ed Fox of Palo Alto and the book reflects the 1,400 miles of intra-county legwork done by Ed Fox and his trusty Toyota in the past year
Thus, the book is a personal and refreshing tour, a very useful and timely guide to area entertainments and sights - from well-known places such as the Winchester Mystery House, Stanford University, and the Rosicrucian Museum, to scads of little-known spots like a New Yorkstyle bagel shop in Palo Alto, out-of-the-way wineries, and various bookstores, avante-garde arts shops, and natural food stores.
What is particularly helpful, is that not only is nearly every conceivable nook and cranny given detailed attention, but assorted maps are provided to better illustrate how to get to them.
There is not one wasted entry within the guidebook. The Foxes, knowing full well that not all the pots included would be new to county residents, have gone beyond simply restating easily accessible info. They have included their person observations and critiques of places and events visited, to provide more insight to he informed as well as the uninformed reader. Not only can you get ideas on where to go, and when lo go. but what to expect when you
get there
The Santa Clara County Book therefore, is a handy little vade mecum, handled with perceptive subjectivity. It proves to be a valuable thesaurus for people like me - those without sufficient time and money to seek good music good food, and good sights too far way from the old stomping ground. Put it on you "must have" list.

The price of the book is $\$ 2.95$ which seems a bit high until you open it. It is available at local bookstores, or at Tafnews Press, 365 First Street in Los Altos.

## Coming

## events

Thursday, June 6 De Anza Jazz Ensemble, with Jay Daversa rumpet soloist with Stan Kenton's band. Flint Center, 8 p.m. Films Philadelphia Story" \& "Adam's Rib"; Festival Cinema, Palo Alto; \$2. Brahms Festival; S.F. Sym phony; the Opera House, 8:30 p.m.; \$5-\$10.

Friday, June 7 Film: 'Roma,' by Fellini; Flint Center, 8 p.m.; $\$ 1$. Brazilian Folk Guitar: Valucha; S.J. City College Campus Theater 8 p.m.; \$2. Film: "The Prime of Miss Jean Brodie"; Tressidor, Stanford, 8:30 \& 10:45 p.m.; \$1 Foothill College Band; Theater 8:15 p.m. Peninsula Brass Quintet Palo Alto Community Cultural Center, 8 p.m.
Saturday, June 8 Music and Crafts Festival; Rengstorff Park Mountain View, 10 a.m. to 5 p.m. thru Sunday. Schola Cantorum Scott Beach guest artist; Flint Center, 8 p.m. Peninsula Bach Choir: Brahms' German Requiem; Spangenberg Aud., Gunn H.S.; 8:30 p.m.

Sunday, June 9 Foothill Youth Band; Theater, 3:15 p.m.

## Conceptual Art



On Saturday June 1st in and around Appreciation Hall from 12 noon til after nidnight students and friends of Foothill teacher Gordon Holler and Los Altos High teacher Charles Garoian presented a series of "Conceptual Art Events". Art forms created that day such as one hundred sand pyramids, were tactile, three dimensional, stationary or moving, ephemeral, and designed for audience interaction. The events, involving among other things rats, vaccumn cleaners, and rude humans, challenged the viewers and participants with blends of theater, art, dance, and sheer imagination.


## Mt. Views Parks

By STEVE SOARES
The Mountain View Parks and Recreation Department through the auspicies of City Hall, have confirmed reports that the con struction of the long awaited Landells Park will commence in the next two to three months.
"All it took was a little understanding from all parties involved, now we can finally get started.

These were the words of Mountain View city foreman Frank Gamma who has been pushing for the construction of this five acre park ever since the money had been raised for it through bonds two years ago.

Landells Park, which will be located between El Camino and Dana Street, is going to run adjacent to Stevens Creek. This is where the delay started.

The people of the area who had previously worked hand in hand with the Parks Department in helping plan this park suddenly withdrew their support when they heard a gigantic parking lot was to be built on an acre of the land.

A compromise was set up in which the city got some of the parking they were negotiating for and the residents were satisfied with the proposal. Terms of the proposal have not been released. Landells Park will have many different recreational facilities inside. Bicycle paths and many B-B-Q pits are just part of the facilities you will find in the park.


Backpacker hiking through Sequoia National Park wilderness area.
Photo by Jeffrey Patty

## Go camping!

By GALEN GEER
Fifty miles from the nearest caf or store is not the time to discover that you did not plan your meals carefully for your camping trip. Care in meal planning can make any camping trip, regardless of type, more comfortable and leave more time to enjoy the trip.
A few years ago, many campers had to live off the land for most of their meals. It is no wonder that a lot of would-be outdoorsmen gave it up. Today, with prepackaged foods and freeze dried meats, there

A giant elm tree crashed on top of Foothill's Assistant to Dean of Instruction Edd Jentsch's car Thursday evening, May 23.
As Jentsch and his friend Nancy Horvath dined at the Plateau 7 restaurant in San Jose, N. First St., the tree crushed flat the roof over the front seat of the car, leaving a 6 foot-wide hole in the ground. The tree stood at least 100 feet tall and had a 10 feet-around trunk.
Traffic was blocked for more than 2 hours while a public works crew cleared the area with a crane
According to San Jose Police officer Lyle Grey, "I guess it just got tired, gave up and fell over, roots and all. It's wild. I've never seen anything like it."
When informed of the incident, Jentsch said, "I've never had bad luck before. In fact, every time I've been out before with my girlfriend I've had good luck. At least my boss will believe me when I'm late for work tomorrow.'

## Beer!

With prices skyrocketing every time you turn around, there are still ways a person can save money. One of these ways is to brew your own beer.
But, there is a drawback to making beer at home. It's illegal. There is a drive to make home brewing legal. But, until it is, let no one assume the ingredients you buy are for beer. Just say you are making a sparkling, malt wine.

## The dog dilemma

By BOBBIE PHILLIPS City Editor
It seemed like a flawless idea to Denny Berthiame Foothil English instructor, when he agreed to exchange teaching positions for one year with instructor Maureen Corcoran of Hawaii's Leeward College.

Only after making the trave arrangements for their midAugust departure to Pearl City, Oahu, did Berthiame find that the trip would be enjoyable for only three of his five-member family For the remaining two - Bano and Wiggie - it would mean a three-month wait in caged misery.

It was decided, then, by Denny and wife Linda, that Bano and Waggie be spared the lengthly quarantine imposed upon dogs (as well as other animals) traveling overseas. It would seem that their decision to leave 10-year old Bano and 5 -year old Waggie behind had settled the problem.
Ah, the problem has just begun, since the Berthiames have too much sentimental attachment to simply give their "lovable mutts" away.

Bano, a chihuahua terrier mix has been with the Berthiame family since Denny spotted him in the San Diego dog pound ten years ago. He was a constant road companion during Benny's five year travels as a working
musician.
"Bano is a hip traveler," said Denny. "We went all over the country, from job to. job, in a loaded-down English Ford station wagon. The only thing he didn't like was the bass player."
Wiggie, a poodle terrier mix, joinred the Berthiame family after Denny had set his piano playing aside (temporarily) to return to graduate school for his Master's Degree in English. An extremely lovable dog, she settled right into family life with the Berthiames and their two daughters.

So far, Linda and Denny have been unable to place the two small dogs in transient homes.
"It's not like no one has responded to our ads." said Linda, referring to the communiques in the Foothill faculty newsletter and in various local publications "People have come to look at them, but were afraid that they might not want to give them up when we return from Hawaii."
Nonetheless, the dogs need homes before August; and the Berthiames, at 257-9459, are growing anxious.

is no reason to.
Before you begin planning your meals, forget the image you see on TV of some fishermen sitting around an open fire cooking fresh trout over an open fire after dark. Plan your meals to be eaten during the daylight hours. Once that sun is gone, every crawling and flying thing for ten miles seems to be attracted to your camp light. Unless you really enjoy watching your meal carried away, there is no reason to eat after dark.
You can spend a bundle of money buying the packaged, backpackers meals found in many of the sports shops around, but the cost of some meals can go as high as two dollars each. Beat the high cost of these foods by shopping around at your neighborhood supermarket. Many foods are on the shelves which require only boiling water to prepare, or at most, milk. You can substitute dry milk for whole milk. Measure out the amount of powder equaling the whole milk required using the directions on the package. Mix this with the meal your planning, then seal the contents in a plastic bag with a hot iron. It is a good idea to write down how much water will be required on the package before packing.
By using this method campers can prepare and plan most of their meals for the trip. Don't try to drag the boxes along, instead pack the meals in plastic bags sealed by the iron. By sitting down and going over each days meals carefully, and planning the menu, your food problem will be reduced to less than a daily chore.

If your going to be camping in the same place for several days, whether it is for fishing or sightseeing have your meals ready the day before. Searching through the packed gear for the noon meal at one o'clock in the afternoon can spoil the whole day. With the meals needly only to be prepared and not found, time and energy are both saved.
Don't forget to prepare some snacks too. Rather then buying packages of snack goods, then expecting them to last the whole trip, divide the goods into as many snacks as required (two a day is sufficient) and package them.
Eleven All-American Swimmers


Scott Grimes


Mark McQuade


Tom Bosmans


Brian Linderoth

Mike Johnson, one of Foothill's top swimmers, is leaving the Owls along with coach Nort Thornton. Both will be at Cal next year.
Photo by Paul Sakuma

Foothill swimming coach Nort Thornton, headed for Cal next fall, was presented with 11 sparkling going-away presents for his state championship squad.
The gifts were certificates giving All-American status to 11 Owl swimmers - the highest total compiled in the ranks of junior colleges across America.
The A.A. list boasted eight freshmen, including Mike Johnson, the Owls' distance specialist, whose main concern is the ' 76 Olympics.
Leading the sophomores is sprinter Scott McQuade: "McQuade won five gold medals at the state meet," Thornton said. "He's a leader and contributed a winning spirit."
Scott Townsend and Tom Bosmans are the other sophomore winners.
It was a peculiar but incredible year that Townsend passed through. After breaking his wrist, he refused to stop swimming and continued to practice, despite lugging a special water-proof cast.
Thornton had the cast cut off for the state meet in Los Angeles, and Townsend responded with AllAmerican times
The complete list:

| Swimmer | Year |
| :--- | ---: |
| Scott McQuade | Soph |
| Scott Townsend | Soph |
| Tom Bosmans | Soph |
| Mike Johnson | Frosh |
| Matt Padgett | Frosh |
| Brian Linderoth | Frosh |
| Rick Gordon | Frosh |
| Kyle Samuels | Frosh |
| Mark McQuade | Frosh |
| Scott Grimes | Frosh |
| Mike Phelps | Frosh |

Not shown above are
Matt Padget and Kyle Samuels.


Mike Johnson


Scott McQuade

## Enjoy backpacking

By MIKE JACOB
With summer vacation time rapidly approaching, more and more people are anxiously looking for escape. The numerous pressures and hassles of city life send many of us religiously flocking each year to campgrounds and wilderness areas.

Although campgrounds can be exhilarating, backpacking is probably the best way to get away from it all. Carrying only the bare essentials on your back you can hike joyously for days without seeing cars, smog and all of our other, wonderful, everyday contacts. Unfortunately every Tom, Dick and Harriet (not excluding myself) is also coming to the same conclusion. So add to our very limited parkland wilderness areas thousands of people every year and many problems arise.
I have seen supposedly intelligent humans trudging through the mountains with equipment that looked like it came from the corner five-and-dime. They buy the cheapest equipment available, throw some food together and head blindly to the mountains. Sooner or later they'll realize they left the map at home. They forgot warm clothing but remembered their pillow. They didn't have room for a first aid kit but there was just enough room for their beer. Many clean.

unfortunate events can be transformed into major catastrophes when lack of proper necessities or poor equipment is evident.

On a trip last year in the Sierras, I could not help but make a few observations of the impact of hikers there. The most obvious problem is of course, litter. Paper should be burned or packed out. And judging from the amount of tin foil in fire rings, people still seem to think foil burns. Human waste should be properly buried (I believe a small shovel is now required by law), and nature will do the rest in a few days. Excess food should be thrown into the brush and not buried, for animals, unlike humans, like dehydrated food. If they smell it under the ground, they will dig it up again, only to scar the land.
Very often on steep mountain sides zig-zaggity switchbacks will appear, to make the going easier. Taking shortcuts will not only destroy vegetation, cause erosion, but also will cause the hiker to tire out a lot faster than if the trail was properly followed.
When cleaning dishes, pour the soap onto the ground a great distance from the nearest body of water. If your pot is too greasy to clean with soap, try a little abrasive dirt with water to get it


Track-John Foster

## Top Owl athletes



Girl's Tennis-Cris Corcoran


Girl's Tennis-Janet King


Tennis-Mark Wilson


Most ValuablePlayer-Steve Maehl


Golf-Gary Martin


Most Valuable Player-Steve Maehl

## reviewed



Wrestling-Dave Levens


Baseball-Dave Jost


Waterpolo-Tim Mulcahy


Basketball-Mike Roman

Photos Courtesy of Joe Melena, Gene Tupper,
and Paul Sakuma; Palo Alto Times.


Wrestling-Neal Dorow

Page 20 FOOTHILL COLLEGE Thursday, June 6, 1974


## Successful season

## Foothill sports wrap-up <br> By DICK DeSTEFANO <br> whisker from bringing Foothill its <br> swimmers were named to the All

Sports Editor
The 1973-74 athletic campaign can be labeled a success, as the Owls nabbed four first pace honors while collecting numerous seconds.
The season was also marked by a few heartbreaks
In the fall season, the football squad got off to a poor start, losing their first six games before grabbing three wins to finish in a third place tie in the weak Camino Norte Conference.
The water poloists were edged from first place by De Anza. The Dons got by the Owls in overtime 87 after Foothill led $7-6$ with a minute to go.
The cross-country men had troubles getting off the ground. Even the superb running of Dan Prows couldn't get Foothill going. Perhaps the biggest surprise of the year was the way the basketball team performed in winter sports. The young but determined cagers also got off to a slow start, but when league play came about, the Owls were right in the thick of things.
Playing before the biggest crowd in Foothill basketball history, over 2000 people, the Owls dropped its first crucial contest 53-48 to front running De Anza after four straight wins. Still in the running for a playoff berth, the Owls fell short once again to the strong Dons 66-55.
Wrestling also missed by a first winner. Led by the "terrible triumphants," Bruce Victorine, Dave Levens and Neal Dorow the Owl grapplers were going strong until they were derailed in the second to last match by West Valley. They finished a game behind the Vikings.

An unofficial soccer team was started and played very well. They beat a few teams and came close to defeating a top contender in the Golden Gate Conference. Lack of money and a field prevented the soccermen from playing in an organized league.
The most successful season was in spring, where Foothill gathered four out of five first place honors in the CNC.
The baseballers, with a magnitude of talent, displayed its greatness by winning the South Division of the CNC. Tied with West Valley for first place at the end of the regular season, Foothill pounded the Vikings $12-8$ in the playoff game.

Although they lost two out of three to the Northern Division champs Contra Costa, the season was one of the most productive in Foothill history.
What more can be said about the fantastic swimmers? Besides winning the CNC, the Owls dominated the State meet in Los Angeles. They left spectators in awe after setting records, convincing everyone they were the best in the nation. 11 of the


Libby Moses displays her backhand return form.
Photo by Paul Sakuma

American list.
The track men posted an unbeaten mark in the conference but had a hard time in meets that involved other schools. Among the standouts were John Foster, Rick Hart, Carlton Shaw, Barry Ryan and Jay Pushkin.
Gary Martin paced the Owls with a 76.3 average as Foothill took top honors in golf. The Owls success was due to the deep depth they had. They had a well balanced line-up through out the whole season.
One of the biggest disappointments of the year came to the tennis team. After beating the eventual winner, Canada $6-3$, in league play, Foothill lost both playoff matches to the Colts 5-4 and 7-2.

The year also saw the retirement of football coach Bill Abbey. Abbey, who's been coaching since Foothill opened, will remain as athletic director. His assistant in football and golf coach Jim Farichild will take over head football duties
Another coach who will be sorely missed will be water polo and swim coach Nort Thornton. After guiding Foothill to its greatest swim team he will leave to coach at Cal. He should do very well at Berkeley.
Overall the year has been a very interesting, entertaining one. Next year's sports should prove to be the same with a few blue chip athlete from high schools and the fresh men returning from this year.

## Women's tennis

By ANNETTE CLAMPITTE
Foothill's Women's tennis team played and defeated De Anza on Friday, May 24. The squad has an overall mark of 9-1.
These women have played Santa Rosa (9-0, 7-2), Menlo College, (7-2 9-1), San Jose City College (7-2), De Anza (8-1, 6-3) and West Valley, winning $7-4$ and losing $7-3$.
An outstanding player, Chris Corcoran, played San Jose City College's Jean Olson and brought about Jean's first loss in three years. Chris along with Libby Moses, and Deborah Duhamel are 6-0 in singles. Corcoran and Moses hold a 3-1 record in doubles and Duhamel has a 3-0. Janet King is 5 0 in singles and 6-0 in doubles.
Other members demonstrate their ability with the following records:
Barbara Plonsky Singles Doubles
Adrian Itaya
Debbie Drum
Kathy Roach
Maureen Cunningham
Pat Cook
Tricia Graham
Louanne Cooke
Susie Miller
Sherry Parker

| $4-1$ | $4-1$ |
| :--- | :--- |
| $3-2$ | $3-1$ |
| $2-2$ | $1-2$ |
| $4-1$ | $3-1$ |
| $3-0$ | $4-1$ |
| $2-1$ | $1-2$ |
| $0-1$ | $0-0$ |
| $2-1$ | $3-3$ |
| $0-1$ | $2-0$ |
| $0-2$ | $1-2$ |

According to Coach Bill ${ }^{0-2}$ "This is an exceptional and welltalented group of women. I've enjoyed working with them and watching them succeed
Abbey continued, "In the fall we'll have a women's volleyball team and in the winter, a basketball team. Just look in the schedule under P.E. courses and join up.'


[^0]:    (continued on page 12 )

