Campus

Cops

Page 2



Discover meditation

VOLUME 16, NO. 20

FOOTHILL COLLEGE, LOS ALTOS HILLS, CALIF. 94022

By JOE DIRECTO

the Speech Two class; should be familiar with his meditational

practice and social awareness wisdom and will find his class a

guide to teachings which have influenced Eastern Civilization for

Mr. Kyle presents the concepts

simply, with the aim of introducing new students to the age-old peaceful art of meditation as

practiced by sages of the past and

"The aim of meditation - is to achieve peace of mind," says Mr. Kyle, "and a quiet spirit." "Meditation exercise is not generally connected with any

country. Or, if your choices are limited, choose the quietest place

"You should be in a level area: if

you are outdoors, the grass will

make a comfortable blanket; if you

are indoors you should sit on the floor, on a rug or mat."

you can find at home."

thousands of years.

present.

Those not yet familiar with the name Tom Kyle, the originator of APRIL 19, 1974

Swim **Finals** Page 7

New bike racks offer special safety features for campus cyclists. Photo by Rafe Hogan

'Rack 'em

By ROBIN ROBERTS

the campus you have seen the rows of black steel bars sticking up out of the concrete here and there. There are two rows of seven each in front of the forum building, a row of twenty behind the library, and two rows of fifteen each under the footbridge. These new black bars are not World War I relics but often rides my bike up to school actually lock racks for bicycles on only to find I have to either lock it actually lock racks for bicycles on campus

Actually there are plans right for accommodating connow siderably more bicycles than just the back of the room with me, the those already in. Steel cables will new racks will prove to be a great be strung along the ground at a help height of about two feet and up to fifty bicycles can be locked to each of these cables. Chief Silva of the Campus Police says that the cables will probably go in behind the science and business wing, and down in the present bicycle Barbara Finwall, Foothill's parking areas down the hill from Health Counselor, wants a com-the footbridge and gym. Also more prehensive health program for of the steel one-bicycle locking posts are planned for the top of the hill campus. Chief Silva is planning

Law clinic

The Legal Aid Committee presented a detailed report on its efforts in negotiating a contract for legal aid on campus

The report included the names of numerous firms and clinics that were contacted by the committee and the reasons that they were not acceptable. The report also included a list of differences between the contract with University of Santa Clara Law Clinic and the proposed contract with the firm of Weinberg and Ziff. There was also a copy of the proposed contract with Weinberg and Ziff presented. The council, after much debate, voted to finalize the contract by the narrow margin of 4 to 3.

on two rows of posts behind the Perhaps in your walking around bulletin boards on each side of the top entrance to the Campus Center. Another forty or fifty posts will be placed along side the forum building while the fourteen that are there now will be removed. A cable will be set up behind the Health wing.

As one of those students who somewhere a block away from my class or hassle the bad vibes and incumbrances of wrestling it into the back of the room with me, the

By ANNETTE CLAMPITTE

program is one that offers a more

complete scope of health services.

Presently she is involved in

coordinating such a program for

Barbara's focus is preventive medicine. "Health is a state of

physical and mental well-being,'

she said, "not just the absence of

illness. Prevention of illness can be

achieved through health education.

People receiving medical care

need to become informed to be able

to ask questions, to know what to ask. It's your body!"

"I think it is important for people

to consider that they don't have to be intimidated by members of the health profession," said Barbara.

"We have been caught in a

misconception that doctors 'know'

best. Just listen to the doctors, they

will take care of you ... don't ask

questions ... take a pill, don't find

out what it may be doing to you!"

Barbara is exploring ways to deal with this misconception. "To

have a comprehensive health

service, which is what you need if

the Fall quarter.

phusical exercise or activity but meditation can help you in your studies by putting your mind in a receptive state." "To begin meditation, you must first find a quiet place where you can block out as much noise as possible. An outdoor area, for instance, if you have access to the

Help yourselt

you want to provide preventive Barbara Finwall, Foothill's care, the community must be in-volved. Students at Foothill need to prehensive health program for express what they need and want Foothill's community. According to Barbara the ideal health in the way of health care," said

Barbara. A budget has been submitted to the Administration to cover a doctor coming on campus two and a half-days a week for the Fall. Barbara hopes that half of the day would involve GYN counseling on birth control, family planning and pregnancy. The other half of the day would be oriented toward **General Medical Service**



Barbara Finwall

"The lotus position is not mind of any thoughts and conrecommended for beginners as your limbs would feel the strain and perhaps deter you from your meditation. Although one can start with a cross-legged Indian position with your back straight and your hands resting lightly palm up or palm down on your knees.

Art of silence

"When beginning meditation exercises, you must try to rid your

centrate solely on the particular meditation aid you have chosen."

'Do not feel frustrated during your first attempts at meditation, as this is contrary to the practice itself.

"Each time you find yourself wandering from your meditation, note where your thoughts are going Continued on page 3



Students leisurely enjoy the sun and tranquil peace of mind during meditation, when Mid-terms begin. Photo by Joe Directo

A Friend in Need **By ROBIN ROBERTS**

A friend in need, as the quote goes, is a friend indeed. And the Psyche Services offered here at our school seem to be at least that. The services themselves are set up and run by a competent staff of two psychologists psychologists and paraprofessionals or two psyche assistants. That is not to say that either of these Doctors or their most able assistants run the confrontations but merely that they guide it.

The service is available in four programs. The first is one to one counseling, a method of counseling whereby one of the psychologists sits down and works out a problem with a student alone, just the two of them. This method has been useful in relieving some of the great burden carried by the staff counselors and offers much more than merely curriculum or academic assistance. In fact, the entire program is arranged not to handle academic concerns but to aid the student in whatever adcope with his environment.

The second program is the group confrontation method of counseling but differs from the more widely known aspects of group therapy in that it does not entail any breaking down processes. Instead the group program deals with supporting the student through his difficulties. The overall attitude of the service

and its staff is clearly exemplified by their understated motto: CONFRONTATION WITH SUP-PORT.

The third program is a referral program through which a student whose counseling needs cannot be met by the facilities here at school, is referred to a private or public psychologist. This service remains part of the school's policy in order that no student who applies for aid and assistance through the Psyche Services will have to be

turned away. The fourth and last service available is the consultation ser-vices program. Through this program a student may receive free counseling on a one to one basis or he may receive the services of the counselor as a liaison between him and a teacher. This is not to suggest that this service is merely to aid someone with dif-ficulties. On the contrary it is often used by a student who shares some deep rapport with another teacher and doesn't know how to go about justments are necessary for him to arranging either for special studies or outside work, say off campus research. In this case the consultation service avails itself to assist in making the arrangements.

> The single precept most clearly tated and repeated several times is the attitude of the staff that the students who come to them for

> > Continued on page 3

Guide to local camping sites

Before leaving home, remember

that all the State Parks are now on

a reservation system. To make

reservations, either write directly

to the Park of your choice, or go to

a Ticketron outlet. The full fee,

plus \$1.50 reservation charge is

Reservations may be made up to

ninety days in advance of the

desired camping dates. And after

talking to Park officials, it would

be wise to reserve as early as

possible. All the officials agreed

that the parks have been filled on

the weekends (when it didn't rain).

are in a unique position to camp

close to home. Palo Alto is the only

Bay Area city to operate a park

that allows camping. Foothill Park, on Page Mill Rd. is an out-

standing example of what can be

done with city land - other than putting concrete over it. Un-

fortunately, it is open only to Palo

If you only have a day instead of

a full weekend, try hiking. For

places to go, try the Baylands

Wildlife Refuge, or the Wildlife Refuge around Crystal Springs

Resevoir. A word of caution on the

Crystal Springs area - some of the

land is private property, DON'T

Dan Styron, Socialist Workers

Party candidate for the Senate,

spoke Thursday about the politics

Alto residents.

trespass.

interests

Residents of the city of Palo Alto

required in advance.

By M. GINGRASS

The lack of gasoline, the rising cost of that gas, and the prospect of rationing are going to affect the weekend and summer vacation plans for those of us who enjoy camping and hiking.

People who would normally be enjoying the beauty of the Sierra Nevada or the Cascades will be forced to give up many of these weekends - unless they are fortunate enough to be able to stay until Monday, when the gas stations will be open.

The alternative to the long trip to the mountains is to stay within a reasonable distance of the Bay Area.

Within an hour's drive from Los Altos, there are six State Parks and several private camping areas. The State Parks are: Big Basin, Butano, Portola, Henry Coe, Henry Cowell, and Mt. Diablo. Driving as much as two hours, the camper can choose from; Mt. Tamalpias, Samuel P. Taylor, and Fremont Peak State Parks; or New Brighton, Seacliff, or Sunset State Beaches

Traveling much farther than the Pinnacles Nat'l. Monument or Big Sur State Park, both about two and one-half hours away, will increase the possibility of needing more than one tank of gas for the whole trip.

Book club

Have you heard about the book collectors club? No? Well, for those of you who might be interested there is a Book Collectors Club being formed at Foothill. The first meeting will be on Thursday, May 2 at 1:00 p.m., in room L-25.

Some of the very interesting people that you might meet through the club include: Maury Dunbar, Professor of English and Speech with a superb background in linguistics; Dr. Irv Roth, world renown historian - expert in the field of British involvement in World War I; and Bob Fellman who has, as I hear it, a very fine collection of Dickens.

Mr. Dunbar will be the faculty advisor for the club. If you have any questions you can contact him in his office at 11:00 a.m. daily.

Campus peacemakers By BOBBIE PHILLIPS ployment compatable with their school hours.

City Editor

Just a job?

Bill Supan, a Foothill student, walked through the Campus Center, many people eyeing him, some suspiciously. It wasn't like he'd never walked through before. He had, and without such scrutiny. What was different about this occasion? Maybe it was his attire. Or the fact that he wasn't heading back to class like the others, but back to headquarters. Bill is a campus policeman.

Bill Supan is one of 12 people nine men and three women - who compose Foothill's campus police force. They're not professionals, but students who work nine hours a day for \$2.50 an hour. Only half are Law Enforcement majors from De Anza, while the others are merely Foothill students in need of em-

Photo by Bobbie Phillips

different party By ROB CHASE

in the government and that influence is used to protect the interests of private capital. He cited the Mid-East oil crisis

as an example of this influence. The amount of oil coming to the U.S. from the Middle East is four percent of the oil consumed in this country. "And yet," he points out, 'the government has blamed the boycott in the Mid-East as a major factor in the tremendous price increase that we have all witnessed. Now that the boycott is over," Mr. Styron queried, "Why have the prices remain high?"

He said that in the six months previous to the boycott the price of oil had already risen twenty-five percent.

Another argument put forth by the government which the candidate disclaimed is that our oil reserves are shrinking and that we must raise the cost of oil to con-serve them. Mr. Styron asserts that by their own figures the oil companies have shown that within the U.S. we have enough oil to last three or four decades.

Mr. Styron showed that Rockefeller, through his influence in the Arabian-American oil company has control of much more oil in the Middle East than the four percent which we consume in this country. The oil is sold to Europe and Japan and lines the pockets of the American oil companies who own and sell it.

According to Mr. Styron, by using military and diplomatic influence in the Middle East we are essentially using public funds to protect the interests of private capital abroad. This is a policy which he rejects.

Mr. Styron said that The

Since the requirement for Foothill campus police to be second year Law Enforcement majors has been waived, what dictates the quality of perspective officers? How are they chosen? Can just any Tom, Dick, or Harry become a campus cop?

"No," said Chief Silva, head of the campus police. "We don't want anyone on our force that has a 'badge complex' - you know people that want to use a badge as an excuse to take their hostilities out on others. People with hangups.

"Oh, I was screened, all right," breathed Mike Barnett, a Law Enforcement major who has been an officer since the fall quarter. "Whew! I went through an hour



policy through direct involvement Socialist Workers Party would announce to the world that the U.S. government will no longer defend the foreign corporate investments of American citizens. Should their corporations be nationalized in other countries, Mr. Styron believes that that is a risk which the capitalists themselves must bear. It is not the responsibility of the working people in this country

to bear the private investors loss. He stated that this change in policy alone would save us untold money which would no longer go to the defense budget. Those funds could be applied to fulfill the needs of the people in this country.

PFPC Trip

Volunteers from Philippinoes for a Progress Community (PFPC) are driving to Delano on Friday, April 19 to work at Agbayani Village, a housing project currently, being built with volunteer labor. When completed the housing project will ac-comodate 59 senior citizens, all retired migrant workers.

PFPC will join groups from other colleges in the Bay Area for a weekend of hammering, ditch digging, painting and tile setting, etc. Food, lodging, and gas expenses of volunteers will be paid by monies realized from donations given during last fall's Kabayao concert.

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with the oral board - a Captain, Lieutenant, two Sergeants, and the Chief - who asked me about everything you could think of. Why I wanted to join the force, my views on things, and all that.'

Once interviewed, all accepted applicants are put through a twoweek training session, which orients them to the duties and responsibilities expected of them as campus police officers. Along with learning the routine tasks, they are taught how to handle various situations.

"I like to think of it as 'ideological preparation'," says Chief Silva. While all of the officers are trained how to react to various circumstances, it's with the underlying idea to proceed with caution. They're trained to defend themselves, yes - but only twice in eight years has any campus policeman had to use physical force. It's generally not necessary to have to do that, and a bad idea altogether to strong-arm someone. The person will usually panic and you've got trouble that otherwise would have been avoided.

If we have trouble with someone who is acting 'violent' up here, it's our policy to leave him alone. We'll force. After all, we're service-oriented, not apprehending oriented." call in someone from an outside

Of the campus police officers interviewed, all agreed that they liked their jobs.

"I've been offered other jobs that pay more," said Sarah Scholer, the head matron at the Foothill headquarters, "but I like it here. I enjoy my work, even though it gets hectic." Sarah, who has been on the force for nine months, works the front desk. She dispatches all radio calls, types all the security reports, and "takes all the com-plaints that come in!" She intends to make a career in law enforcement.

Of all the Law Enforcement students that serve as campus police, about 70 percent stick with it, and go on to work with other law enforcement agencies. Despite the obvious flack a campus policeman - or any policeman for that matter

- is wide-open for because of the nature of his duties, there are also rewarding experiences that make the job worthwhile.

"I pretty much expected to be called a pig all the time when I first started," said Bill Supan, "but it's said Bill Supan, "but it's not rare for little kids to just come up and say 'Hello.' It's a nice feeling.'

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Minority advisory day

Anaplastology and respiratory therapy may not be household words, but they're high-demand health professions for which career counseling will be given Friday, April 19, at Foothill College. Foothill's "Allied Health

Foothill's "Allied Careers: Minority Advisory Day" will be open free of charge to all high school and college students, teachers, counselors, and current health center and hospital employees

Following registration in the Campus Center at 9:15 a.m., Mary McLanathan, chairman biological and health sciences, will give "An Overview of Allied Health Programs at Foothill." Gary McHenry, program analyst for the Health Services and Education

Council, will follow with a talk on Health Careers Perspectives and **Opportunities for Minorities.**'

Workshops will be conducted at 11 a.m. and 1:30 p.m. on preparation for careers in anaplastology (artificial restoration of body organs), dental assisting, dental hygiene, primary care, radiology, or respiratory therapy.

Minority Advisory Day will conclude with individual counseling sessions and specific Foothill admissions information. The day's program is sponsored

by Foothill's Multicultural Relations and Special Services Office. Details are available through associate coordinator Don Dorsey at 948-8590, x 204.

the workers. Throughout his talk he referred to the theme that human rights must take precedence over

property. The oil companies, and any corporation which is not run in the interests of the people, should come under public control.

an economy democratically run by

He stated that the oil companies in particular have a tremendous influence on American foreign

of oil. His three main points were that we should nationalize the oil industry, should not defend the of private capital invested abroad, and that we should break the general corporate monopoly in this country through

More on meditation

Continued from page 1 and return to the practice at hand.'

From inches to meters

Congress expects to launch a "Go Metric" campaign which in a decade will have gas stations pumping in liters, grocers cutting meat in grams, and school children counting out centimeters.

Highway signs in Ohio already show kilometers and schools in California have been directed by State Superintendent Wilson Riles to switch by '76.

To help teachers, parents, housewives, business executive, and everyone else adapt to the change, Foothill College will host a free workshop, "THINK METRIC," Saturday, April 20, in "THINK the campus library.

Foothill instructor Paul Evans will give "An Introduction to the Metric System" at 9 a.m. in Library Room 8. From 10:30 a.m.noon and 1-4 p.m., participants can attend three of six workshops on specific problems.

Converting and Estimating Units of Length, Area, and Volume" will be led by Foothill instructor Angel Sierra; "Con-verting Scientific and Technical Units" by physicist Richard Sommerfield. Mathematician Herb Schmidt will discuss "Precision and Accuracy" and Paul Evans will assume the role of 'Julius Child'' to show how to cook with the metric system. Use of measuring devices also will be domonstrated.

Participants have the option of earning one unit of college credit if Universal Consciousness. they also submit a paper or project on adapting to the metric system in their home, school, or business. Stan Cotter of Foothill's mathematics department will lead a discussion of project proposals due four weeks after the workshop in a sixth Saturday session.

BRING BACK THE BACON Support equal enforcement of parking regulations on

receive instant illumination by meditating, but daily meditation "You must not feel that you will achieve peace of mind."

This in turn will aid you in ridding yourself of negative thoughts and the frustration of daily life, because things cease to be frustrating and annoying when your mind is peaceful.

"The aim of any meditational practice is to help the student gain peace of mind and self knowledge; and social awareness helps the individual to attain that goal which is right for that person.

"Some other beginning and effective meditation practices are: concentration on a single sound such as the ring of a bell, or enunciation of a sound such as OM (or "aum": the mystic equivalent for the name of God, also symbolizing the triple constitution of the cosmos; the absolute, the relative, and the relation between them).'

"OM can either be pronounced aloud or thought silently, drawing out the syllable, and is universally used in meditational practice."

"You can meditate on anything that keeps other thoughts out of your head; the sound of rain, the sound of wind, or the song of a bird.'

Mr. Tom Kyle's idea is that these aids will rid any person's mind of thoughts and he will not need the sound but will remain in a peaceful no-mind state.

"The concept of no-mind is difficult for a Westerner to comprehend," commented Tom Kyle, 'because we must always have thoughts in our minds."

"No-mind means that you are free of worldly thoughts and that your mind and spirit are free floating and are one with the



Foothill's dental hygiene staff offers dental care to the community for a minimal fee. Photo by Rafe Hogan

A medical assist. **By ROBIN ROBERTS**

Does your favorite friend stand just a little farther away when you whisper in her ear? Like across the street? Well then maybe what you've got is a bad case of dirty teeth. Here at Foothill College the

get along with the cleaning is a hell

of a lot more than they could ever

When the new patient first arrives he fills out a three page

questionnaire of his health history.

Then the student who will clean his

teeth goes over the health history

get in a private dentists' office.

informs the patient of the various methods of oral hygiene, pointing **Dental Assistance Department** offers you a chance to double your out especially those that concern pleasure and double your fun the patient directly. After the without chewing a lot of gum. cleaning the instructor comes over For a registration fee of one and re-examines the mouth to dollar per family, any student, in insure the student has done a good fact any one at all can then come job. up and have their teeth cleaned for A lot of people may consider this only two dollars. And once registered they can come back again and again. The service they dental program similar to letting

the kid across the street tinker with the color television. But in this case the kid across the street is a trained technician. One who is preparing to make a living as a dental hygienist. And because he is graded the student will probably do a better, more careful job than any hygienist who has already achieved professional status.

with him. Before cleaning, the

student inspects the entire oral

area, mouth, teeth, gums, tongue;

and then the instructor also in-

spects them. Now the student

cleans the teeth thoroughly and

Every quarter the schedule of when you may have your teeth cleaned changes because the cleaning is actually a laboratory for the student. This quarter the hours are: on Monday and Wed-nesday — 8:45 and 10:45, Tuesday 8:45 and 1:45, Thursday -- 9:45 and 1:45, and Friday morning, probably around 8:45

If your teeth are all right but you feel that pain in your left foot creeping up to your knee there is a similar service available at the Medical Assistant program at De Anza. Feel free to limp on over.

Psych services

Continued from page 1

assistance are not sickies, or screwed-up, bizarre people. They are people just like everyone else who have problems just like everyone else. The staff are always quick to remind anyone who suggests otherwise that everyone in the world has problems of some sort or another. It is the smart ones who wish to change them or adjust to them.

Again it is important to emphasize that this program is not an academic counseling service. The staff are all trained personnel and they are there to work out solutions to hassles that confront the student whether they come from the classroom, the family or family situation, or from some other source entirely. And the staff is not there to direct the growth of the student as much as it is there to assist the student to find for himself new ways to cope with his difficulties.



Sentinel apologizes to Larry H. Fabisch for the errors in the story 'An Eyewitness to History published in the Friday, April 12,

edition of the paper. Larry Fabisch was born in Breslau, Germany, which is now part of Poland, on October 27, 1921. He has four sons and two daughters and has worked for Watkins-Johnson as a swing shift supervisor in the press room since 1965.



Women on the air

By LISA MEREDITH A women's department has now started at Foothill College's radio station, KFJC. It is designed to give women the opportunity to speak their minds on important

what the vet had to go through

PROPOSED G.I. BILL

1. AT LEAST A 13.6 PER-ENT MONTHLY IN-

2. AT LEAST 48 MONTHS

ENTITLEMENT INSTEAD

OF THE CURRENT 36

3. AT LEAST A TWO YEAR

THE

MORE

EXTENSION IN TIME TO

MAKE A 10 YEAR TOTAL.

DELIMITATION PERIOD TO

5. PROVIDE VOCATIONAL

OR

REHABILITATION FOR 10

EXTEND

CREASE IN EDUCATIONAL

KFJC. Women give public service announcements, free speech messages, publicity for other Women's Collectives in the area, and broadcast news. Some of the broadcasted news items are made up of taped discussions of women which deal with important issues such as Women Against Rape, the Sojourner Truth Center in Palo Alto, women in American history from a socialistic point of view,
Stewardesses for Union Wage (which is an organization for the betterment of working women). There are also plans to air a

Kathy Roddy, one of the women broadcasters, explains the strong need for this new addition, and expresses her hopes for its suc-

cess: "The media is a most important tool for social change, but traditionally the media has been used against women. Media has reinforced stereotypes and helps keep women in their place. KFJC is one of the few stations which knows the importance of programming, such as programming for Third World people, gay people, and women. We hope the Women's Department will help a communications network among women to develope in this area. We hope women will send in news, ideas and notices.' Tune in to the new addition at

KFJC at 10:00 p.m. and 10:30 a.m. on Tuesdays and Thursdays.



College 45th Annual **Summer Study Grants**

The Academy of Art College will award Summer Study Grants to deserving art students for the 1974 Summer Session. This program is offered as a public service to young artists as an opportunity to experience the quality education available at a professional art college. Students will benefit from an environment of highly moti-vated fellow art students together with the guidance of a professional faculty for six accelerated weeks of instruction.

SEE YOUR ART TEACHER OR COUNSELOR FOR FULL DETAILS AND APPLICATION INFORMATION!

or write THE ACADEMY OF ART COLLEGE 625 SUTTER STREET • SAN FRANCISCO, CA 94102 (415) 673-4200

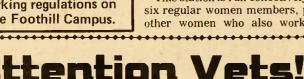
Attention Vets! hand out and an insult after

There are petitions now being circulated throughout the campus in an effort to obtain support for the increase and extension of G.I. benefits for the Viet Nam era veteran. Please sign and encourage others to sign. We feel the Viet Nam veteran got the worst of

the worst war in our history. Now he's back, unskilled, his education previously in-terrupted by the draft, and facing unemployment and welfare.

There can be no doubt that government owes our our brothers and sisters, who put their lives on the line, a mighty debt. We consider the following bill, which is currently being debated in the Senate, to be little more than a

the Foothill Campus.



to earn it.

CENT

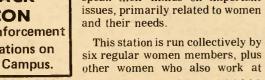
BENEFIT.

MONTHS.

JUNE 1, 1976.

PERCENT

DISABLED VETS.



discussion on sexuality.

editorial

Last weeks edition of the Sentinel, the first of the Spring quarter, drew a response from a wide selection of people on a subject not normally discussed. The Sentinel's advertising policy was questioned in reference to a full page advertisement by the Army ROTC, which appeared on page four.

It was the general contention that the students of Foothill College should not be subjected to possible misconceptions that might be present in an ad of this type.

The Sentinel believes it is not our responsibility to judge the equity of any advertisement. It remains for the individual to decide what beliefs he may or may not subscribe to.

It is unfortunate, but advertising will always stand as an integral component of any newspaper. Its prominent position as a

source of income is one of the few consistent factors in the journalism business.

The Sentinel is not funded by the students, despite being a complete student-run operation free from administration controls. The Sentinel relies on District money, combined with our advertising revenue, to publish 3500 weekly copies.

Money, however, is not the key issue at stake. The Sentinel will uphold the freedom to advertise, no matter how outrageous some ads may appear.

There are possibilities that the ROTC ad was tricky and maybe even deceptive. If this was the case, the Sentinel makes the reminder the intentions of any advertiser are to place his product in the best possible light to the consumer. The ROTC certainly satisfied this necessity. **Tom Stienstra**

Editor-In-Chief

etters & comments

Gold award

Editor,

I would like to give a well deserved award to the students of Foothill College that voted the present government into office. The award is a fish hook made of took office. One meeting was held 100 per cent fools gold.

Normally people are elected to government to represent the people that put them there. Why according to state law. doesn't Mary Hamilton represent the students? She has determined that the Law Firm of Weinberg and Ziff is the best deal and it may be for her own personal needs but what about the students? There have been numerous people, including members of the council, who took a stand against the contract that has been proposed but she (Mary Hamilton) refuses to listen to anyone. I could understand her point if it were just a few discontented people, but more and more students are openly opposing her and she still refuses to hear them. The contract will be final by Wed. 17 Apr. 74 and then there is nothing that anyone can do. Nothing that is except disassociate themselves from the government and the only way to do this is by not buying ASFC cards. Without money to operate the government isn't capable of operating. However, I don't recommend this action. In accordance to the constitution Mary can be recalled (impeached) and if she continues to ignore the people then she should be recalled. Best solution is for the people of the government to wake up and listen to what the students have to say. A democratic government is suppose to be a government of the majority and I don't think that Mary Hamilton constitutes a majority. -Charlie Anut

Revitalize

Editor:

The new Student Government elected last quarter has been derelict in its responsibility to the student body here at Foothill. Meetings have been held off campus on Saturday nights. Meetings on campus have been scheduled for the time when over half of the students are in class. Meetings of other organizations have been disrupted for the pur-

pose of controlling representation on the Campus Council. A new contract has been drawn up for legal aid for students without contacting any other firm than Weinburg and Ziff. Meetings have been held before the new group only after everyone was evicted. This one was a clear violation of Brown's Act, a misdomeaner

In short, the Constitutional Party has used the offices of the student government to further their own egotistical goals. The few who have seen what has been going on and tried to stop or slow down this 'mini-watergate' have been villified by the new government, in some cases physical violence has been threatened in addition to slander.

By the time the students read this letter Mary Hamilton will have held a meeting at 8 a.m. Tuesday, anything goes as long as a little more power is the result. Revitalize! -DIOGONIES

Krack Kracked?

To the Editor:

If I may, please allow me to add my comments to the review of Krack done last week by Kathy Roddy. The play was sexist, it was full of heterosexual bigotry and it was insulting.

While all the liberals get ready to retort "It was all in fun," may I remind you all of a few years ago when our generation was considered the last bastion of hope that today's society had. Obviously, the so-called "counter-culture" failed miserably. Still, that's no excuse for people our age to adopt the attitude so obviously permeated in Krack.

The most obviously insulting part (especially to the women in the audience) was the infamous rape joke. I think that rape far surpassed the joking stage the first time it happened. I'm sure there are women who might want to be raped, but masochism still sits low on favorite perpretty sonalities. Hell, I was insulted as a human being to think that someone would desire to have their body abused in such a malicious manner

College students have been known to be one section of the populace who usually manage to stand up versus such atrocities and for a group of college students to put forth such ideas is actually quite repulsive.

I can understand shock value as a means of humor, but I'm tired of sections of our society being constantly abused because they don't think and act according to someone else's norms. Gay people have the right to live their lives as they please. Maybe we should start jokes concerning the sexual inadequacies of people with curly red hair. Or why not just the color of a persons skin ... that's always . that's always worth a few chuckles.

One thing that Roddy didn't mention in her article is that besides being a very bigoted performance, it really wasn't very humorous except in a very limited form. I'm sure that Paul Haje got the power and notoriety from the play that he desired, but as a member of the audience, it left me cold and insulted ... not to mention extremely discouraged by the obvious lack of understanding that the entire cast showed by allowing the performance to be riddled with such trash

The responsibility of the school should be mentioned, but can be overlooked by the fact that they have been part of this for so long that their minds function on a different level than ours (should).

"Say did you hear the one about the two curly-red-headed people I saw in the bathroom the other day?" Ted Brooks

Thanks

Last weeks column **'Problems** of the Press' marked the concluding article in a captivating series by Sentinel staff writer Lorette Poirier.

The Sentinel thanks Lorette for adding positive results to the paper as well as discussing a pressing question in an intelligent manner.

ASFC President's Column

Dear Foothill Students,

Government, I am finding is a controversial business. That's fine with me because it means that people are getting involved and expressing themselves. In making decisions what is foremost in my mind is the question "What is most beneficial for the individuals and community of Foothill students?" No matter what decision is made, there will be supporters and opposers; pleasing every one is not possible, and no matter who is pleased or displeased — the responsibility of the action is mine. The important part about my job is to see that certain jobs for the welfare of students are accomplished, like sponsoring activities, defending student's rights, getting student's voice into decisions made on campus, providing legal advice, giving out information (a Student Handbook, long over-due, is on the drawing board), and helping students to get organized to meet their own aims. Which task to do first, who will do it, and where does the money come from, seem to be the main focus of the hassels.

Besides hassels, I have something fun to report: A group under the leadership of Frank Pretty is forming to create what he calls "The Spring Thing - a week of HOAKY AC-TIVITIES." It will incorporate the talents of last Spring's Scarbourough Fair, plus our several clubs, and will generally be fun and games for all. It's a drop-in havic piefight type Thing complete with Ugly Person Contests, watermelon eating competition, music groups and what ever participants want to make it. Contact Frank with your scheme by leaving a message for him with Mrs. Thatcher in the Stu. Act. Bld. across from the Bookstore.

The Campus Cabinet of Dr. Fitzgerald is discussing among other things, the increasingly dangerous situation to pedestrians, trees, and bike-snatchers of the numerous uncontrolled bicycles on the campus. Please leave any suggestions you have with Mrs. Thatcher for the Student **Campus Cabinet Representatives.**

Elections will be coming up pretty soon. I look forward to the election of new officers for the Fall, and for a vote on very needed revisions to the structure of Student Government. I ask that people come forward to study the structure and submit written alterations to the Council so they can put it on the ballot. It is essential that students have an organized elected body of STUDENTS who look after their interests. The structure which I seek to work within until it is legally altered, does in some ways obstruct the main purpose for which it was set up. It is a complicated problem to come up with a better system but it is sorely needed - and so will have to be done. There needs to be some responsible group using the Student Government offices, vacilities and rights to a voice, for the welfare of the community. A student willing to work with the Council on this problem might use it as a project for some class for special credit. Leave word in my box in the Stu. Act. Bld.

Also, I understand that it is ordinary for a Student Government to receive heavy criticism from the school newspaper. I suggest that people come to meetings and talk to members personally whenever you have a concern or need to see first hand if we can't be of service. I know that all of us are sincere y trying to be of help. ASFC IS YOUR ORGANIZATION! TO MAKE IT FIT

YOUR NEEDS - GET INVOLVED! Sincerely,

Mary Hamilton, **ASFC President** ******************

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Letters to the editor should be typewritten, 60 space line and double spaced. We reserve the right to edit all letters for their length.

\$7,000 Headache Ken Wilson

By RON ADAMS

Rick Vitrano, A.S.F.C. V.P. of Administration and Chairman of the Legal Aid Committee, is in the process of finalizing the contract with the law firm of Weinberg and Ziff. The resolution passed the council by the narrow margin of 4 to 3. It is possible that the proposed contract would have been tabled but Paul Haje had to leave prior to the vote. His leaving had something to do with his having a two o'clock class and after all his primary purpose in being here is to obtain an extended education.

It was no fault of Pauls though — after all he did call the meeting to order, with the President and V.P. of Administration being late, so the council meeting could start on time - for a change.

The proposed contract is better than the previous contract with the University of Santa Clara Law Clinic but this is not to say that the service will be any better. The Law Clinic provided services that were not included in their contract. Weinberg and Ziff have included these extra services in their contract so are bound to provide them. The primary differences between the contract are: the contract with U. of S.C. was signed by a member of the Foothill Administration and the new contract will be signed by council members; and U. of S.C. would not (could not) represent the student council in actions against the Administration and Weinberg and Ziff will.

The initial cost of the new contract will be \$2,500.00, in advance, for this quarter. This raises a few questions! Questions like, who do we have to pay for a full quarter when the services are not yet being provided?

Could it be that there is a good reason for paying for the full quarter? The law firm which the council has been referring people to, on an emergency basis, over the past couple of weeks has in fact been the firm of Weinberg and Ziff. It appears that, if the contract with Weinberg and Ziff goes in to effect, the services that Mary Hamilton said weren't costing the ASFC anything will, in actuality, be paid for by ASFC.

It is impossible to find the words to describe a situation wherein the government finds it necessary to hide facts from the people that they represent. Why did Mary Hamilton state that she was not at liberty to disclose the name of the firm? Is it possible that she felt the disclosure would alienate more people against her government and its policies? The contract with Weinberg and Ziff, or any contract, is

going to cost a substantial sum of money. Where is the money coming from? In accordance to a new member of the Finance Committee, "We are in danger of running out of money." Student interest apparently is at an all time low and ASFC card sales are down and if we are in fact in danger of running out of money why is the council insistent of a contract that will cost \$7,000.00 for three quarters?

It has been proposed that the ASFC reserves be tapped for the money to pay Weinberg and Ziff. This reserve was built up during the time that there was only one card on campus but is swiftly being used up.

The subject of money and cards brings up another problem area of the U. of S.C. Law Clinic. They saw anyone who presented themselves yet they were paid from funds that were obtained through the sales of ASFC cards. Most clubs on campus are (supposedly) supported by ASFC, yet how many members in your club have ASFC cards? Want the services and benefits but don't want to pay for them, right?

Mary Hamilton has encountered severe opposition, which shows that she has at least stimulated some interest. However, it would be great if a few people would get involved instead of just standing by and griping.

If you want the services and benefits then I highly recommend buying a card. If you want better government and more club support then I recommend that you get involved yourself. The ASFC meetings which are held on Wed. at 1:00 are open to all.

Good luck Mary and keep plugging. No one can expect you to do better than your best and considering all the time you have put in and considering how hard you are working it is apparent that you are doing your best.



Five state universities with hopes for new medical schools met the initial Veterans Administration grants for this purpose

Under recent legislation, VA is authorized to support not more than eight new medical schools. The decisions regarding the applications are to be announced in June.

Applications have been received from Wright State University at Ohio, East Tennessee Dayton,

Leaves country; memories

By JEFFREY PATTY "Give me a subject."

"What do you mean by a subject? What's a subject? Reading, writing, arithe?

"For a writing exercise. You give me a theme to develope, and 'll try to write as much about it in five minutes as I can. It's one way I practice.

"OK, Ken, you have five minutes to write about a waterfall.'

"I did a waterfall earlier today, watching the water pour off of the roof. In fact, I've written about all kinds of watery things ever since this rain began.

"The Boy Scouts of America in a vast desert.

moved toward his Ken typewriter, stopping briefly to make himself a cup of coffee. As I worked I could hear the electric typewriter tapping, then hum-ming, waiting for his thoughts to touch it's keys, then wildly clapping away again.

The Sentinel offices were deserted except for him and me. The janitors had whirled through emptying overflowing wastebaskets, and the campus police had made their evening lock-up rounds reminding us to lock the door when we left. At 12:15 in the morning, I hoped we would leave soon. It wasn't a good time of day to be at school, but the word 'leave" echoed in my mind with the sound of the typewriter.

Ken Wilson would be leaving the Sentinel tonight. He had been editor-in-chief of the Sentinel for the last six months. In three days Ken would leave the United States. He had lived here, with side trips to Canada and Mexico, for twenty six ears. Although I preferred not to think about his departure, the lyrics of a Byrd's song I had heard many times on his ancient stereo entered my head.

Standing in the airport, I am waiting for a plane. Going East to London.

Want to be back there again.

It's the right time of year

All the trees are on the ground, but I really only want to get to

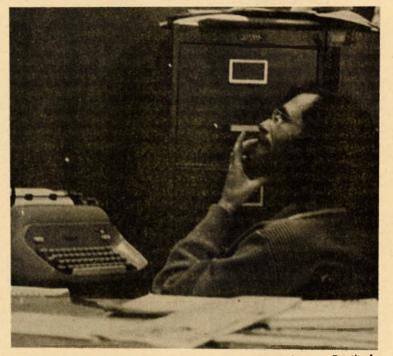
you. Linden Blackwell, Ken's wife, is a British citizen. She went to London where her grandparents live, last January. Since then, Ken had gone to school and worked to save enough money to join her.

A few days before, when someone asked him if he planned to return to the United States Ken replied, "Well, the only part of it that I really want to see again is Yosemite National Park. If eally want them to see 'osemite.'' someday we have children I will really

Although Ken has never been to London he is familiar with the British culture, having learned a great deal about it from Linden, from studying books, and from the

Texas A&M (in cooperation with Baylor University) at Temple, Tex., Marshall University at Huntington, W. Va., and the University of South Carolina at Columbia.

Public Law 92-541 authorizes VA to make grants for salaries of faculty and to lease land and buildings (with space modification and then place your child in the a March 1 deadline in applying for State University in Johnson City, and equipment) to the new schools.



Before leaving last week for England, Ken Wilson, former Sentinel editor, reflected on his two years at Foothill.

Beatles. He described London once toward mirages, crying for water, as, "One of the only places in the world you can go home to, without ever having been there before." Ken is at home in his mind, and that allows him to look and feel at home while playing cards, reading, drinking coffee and talking to friends, going on strange adventures at three o'clock in the morning, going to another country, or sitting behind a typewriter.

rhythmic clatter. I walk into the room he is using and begin to read over Ken's shoulder. I can see the Boy Scouts there marching across the page, millions of them, marching, getting thirsty, parched, But it t collapsing in the sand, crawling to you.

pouring the last drops of water from their tiny canteens onto cracked lips, eating merit badges, eating cactus, eating compasses, eating sand, and crumbling, slowly, becoming sand themselves. "It's pretty late," I said, "you

want to go?" "Yeah, let's take off."

At his house Ken finds a letter has come from Linden. The record His typewriter has stopped its is scratched but the song seems ythmic clatter. I walk into the very clear. "Standing in the airport, I am getting off a plane. Glad to be in London, even though it's pouring rain. It's a bright sunny day, when I see you run my way But it took me twenty years to get

C.C.C. – Child Care Center

By MIKE DUTTON

Betty Brown, director of the Foothill College Child Care Center, was speaking on the phone for the first ten minutes of the interview. "This is how it always is," I T "Betty saying 'Just another minute' while I cool my heels." I had been in her office several times before, but that was as a parent. This time it was different, this time I was there to interview her, phone call or no phone call. I think I'll get up and walk out, that'll show her that reporters aren't to be trifled with. Well, just a few more minutes. I feel like Charlie Brown and the little Red Haired girl. Betty's office has about fifteen square feet of open space. The whole office is about 125 square feet. The floor is covered with boxes of toys and bus, a field house; and finally to crates of oranges. A bookshelf in the building it now occupies in the the corner looks familiar but I can't quite place it, Oh yes!, it's made out of desk drawers turned on their sides. The walls are covered with childrens' art work. Betty is still on the phone ex-

plaining the parent class to someone. "The parent class is set up to provide better staff (parents) for the Child Care Center and to provide funding for the center First enroll in a class at Foothill parking area. Center and then you must enroll in

the parent class with the child care as the lab for the class ... No, the center is only open when Foothill has classes going."

I know all this, since I've been involved in the CCC for four quarters, but it is always in-teresting to hear the story about the funding history of the CCC. The Center is now funded by contract through the state and by parent fees. Less than half of the money comes from the Federal source (HEW). The Center is the lab for the parent class, which is the 'training ground' for the parents who put in their hours at the Center. One supports the reason for the existence of the other. Before this mutually supporting structure was evolved the Child Care Center went through a tent, a corner of parking lot C, down the hill from the observatory.

After 45 minutes of a 30 minute interview I realize that I un-derestimated the amount of information Betty Brown could give me about the Child Care Center. After chasing her outside I made arrangements for another interview as she straightened a parking sign for the parents

> Next week: Child Care Center, part 2

thought,

A Firesign Chat **Bozos are better than none**

By LEE ROBERTS Before embarking on their current national concert tour, the satirical recording team known as the Firesign Theatre granted the Sentinel a lengthy, informative interview. Thus, thanks to Ron Shannon and Frank Shargo of Columbia Records, in the wake of the Firesign Theatre's new L.P., "The Tale of the Giant Rat of Sumatra," we present the Sumatra," we present the following talk with Phil Austin and Phillip Proctor.

Sentinel: "To the more conventional-minded, much of your material is almost incomprehensible. Although it is obvious your records demand repeated listening, how much of it is to be listened to to trip out on, and how much contains a definite message?

Phil Austin: "The best way to listen to our albums is to close your eves and see what pictures you see. In other words the dilemna you're talking about shouldn't be a dilemna for you. It's like a dream.

Phillip Proctor: "Yeah. What we do is violate some of the traditional forms of time and place in our work. There are theatrical forms and there are cinematic forms and television forms of going from one place to another. But, there are certain forms that have opened the world for us. In other words, like talking on the telephone and then cutting suddenly to the person who's on the other end of the line. That's a convention that is a modern con-

vention, but, it's been done in offer something more each time. theatre; somebody would be writing a letter to somebody and lights would do down and the suddenly you'd be reading the letter in another part of the world. Well, there are transitions that

are logical in all of the albums. We do go from one place to another, area? but we sometimes do it the way movies do it with a dissolve; And our characters are suddenly taken from one place and put right into another

"What we're really expressing about that is the idea of frames of reference, how you look at something. The guy you've been talking to suddenly becomes scary to you. It changes the reality. This is what we often do with the transitions that we create. We use as a device often the idea of switching a television set; And suddenly being taken into a drama that exists somewhere else, which is just as complete and just as real as the place we were a second ago before we turned the channel." Sentinel: "So to adequately

enjoy your albums it is best to just

let your mind flow along with it." Phillip Proctor: "That's right. You participate in the album as it were. You let your mind flow. It's music in that sense. You should let it flow over you like music. It stimulates your imagination. The reason the four of us came together to make records was that we shared the common philosophy that a record should be listened to more than a few times, and still

CAMPUS OUERY

From one end of the campus to the other, students were asked to share their reaction to reading an ROTC advertisement in the Foothill Sentinel.

the ROTC in the newspaper, and I really don't feel that a full page of Foothill College's twelve page newspaper should be devoted to recruiting people from the army. -Kevin Flanagan

Personally I don't like it, but 1 don't think it would be there unless some of the people on campus wanted it there. So to that extent it's fine for me to see it there. I would be inclined though to turn the page over when I was looking at it. I think probably I'd like the paper less if it never had things that I didn't like, because than I would assume that if I liked things that it didn't have, it wouldn't have those. -Wendy.

I don't disapprove of it, because I think for the kids that need the money to go to school it's a good thing. I'm not saying it's a good way but it's one way, and if that's the only way they can do it I'm not. -name withheld upon request.

I would laugh probably first. I would react negatively, but I don't see anything wrong with it being there. It's someone's choice if they want to get into that. -Fred Drotos

I read that. I read the entire ad, and it made me anxious because 1 found it misleading. I was worried that people would join the army thinking it was just a scholarship, and I was wondering why the Sentinel would run ads like that. — **Dan Stofle**

I don't think it's too bad. An officer has a pretty good set up in

As a matter of fact, I don't want the service. It's just another job like anything else. —Guy Miller

> It's enough to make me throw up. I got out of the military in November. I think the military is an animal, and I don't want it around me. As far as other students go, they have to do their own thing. If they like it then OK, but for myself I'd rather not see it around at all. There's got to be something better to do than that. -Dave Wood

Most ads sound like a pretty good thing. Personally I don't like to be obligated to certain things. It restricts your freedom when you are obligated to a club or some type of organizations. -Geno

Boooooo!! -- Mike Shotwell

Asian films series

The Asian Student Association presents its final programs of the Asian American Film Series this week on Tuesday and Thursday,

1:00 p.m. at Appreciation Hall. Featured are contemporary films made in this country depicting the problems of discrimination and stereotyping that affect Asian-Americans in our society

On Tuesday, April 16, two films will be shown: Golden Mt. on Mott St. and Reflections, both dealing with the problems of the young Chinese-American today.

So we created things which are complex and multi-leveled which we hope can take people on a trip. Sentinel: "Off and on through your albums the material leans greatly toward science-fiction. Do all of you have interests in that

Phillip Proctor: "We all share a common love of science-fiction. We've all met or read Ray Bradbury: David (Ossman) is a friend of his. We've always been interested. We often sit around and say 'Well let's write a science-fiction album,' and we start something in outerspace and we never really culminate it.'

Phil Austin: "God knows if all of us are anything we are fantasy or surrealist writers. And I kind of hope in the future that the whole thing will be defined by us rather than us being defined by it."

Coming events

Thursday, April 18 "Gallery slumber for 40 hours a week for 104 Walkaround," art in action. weeks. And I still bear the scars. Downtown P.A., from Alma to Waverly. 7:30-10 p.m. FREE. being cast aside by perspective Food, drink, and fun. Mark Naf- employers as lazy and weak-talin, solo blues-rock piano. willed. How, I ask you, can I take a Tressidor Large Lounge, Stanford. positive vertical stance when my 8 p.m. \$1.50. Film: "Shoot the most formative years were spent Piano Player." Festival Cinema, on the horizontal?? P.A. Thru April 24.

Sciabin, pianist Tressidor Large Lounge, Stanford. taking over and all. The Manic-8 p.m. \$2 student, \$3 general. Depression had hit everyone pretty "Lucia," a Cuban film depicting hard, and a teen-ager like myself the lives of three women rom the took what he could get. At the time late 19th century through the I felt pretty lucky landing a job on present day. Discussion after. a Sealy custom-quilted double. Cubberley Aud., Stanford. 7:30 p.m. \$1.50. Lecture, discussion, anf film on Humanistic Psychology with Dr. C. Singh Wallia. Psychological Studies Institute, 2251 Yale Street, Palo Alto. 8 to 10 p.m. FREE. Campus Concert Dance. Campus Center. 9 p.m.-1

a.m. Saturday, May 20 Organic Gardening Class: "Seed Propagation." Ecology Action, 2225 El Camino, P.A. 10 p.m. Sunday, April 21 Woman's Film

Series, presented by P.A. Women's Coalition. A young woman's role-demands drive her mad. Cubberley High School, room I-2. 7:30 and 9:30 p.m. Donations.

Thursday, May 2 Play: "The Man Who Came to Dinner." Foothill Theater. 8:15 p.m.

Friday, May 3 "Cinco de Mayo" Festival. Foothill.

The Thursday, April 18, film is The Introduction Game Homecoming Game Third and their documentary of the Third Generation Japanese and their fight against drugs and a changing environment. Also on Thursday Mr. Curtis Choy, an independent filmmaker involved with the Chinese media in San Francisco's Chinatown, will be speaking. His talk, "Curious Yellow Images" deals with the way American media portrays the Asian-American. Open to the public, a small donation will be collected to defray cost of the films.



Strumming a guitar, Phil Austin accompanies Phillip Proctor during a recent Stanford performance of the Firesign Theatre. Photo by Jeffrey Patty

The saga of a sleeper ** By I.M. SLEEPEE

as told to

BOBBIE PHILLIPS Other teen-agers got to be werewolves or vampires. I was a teen-age mattress. For two years of my teen-age life I lived a "lie" 'lay'' as it were in the or showroom of Sealy, Inc. I feigned

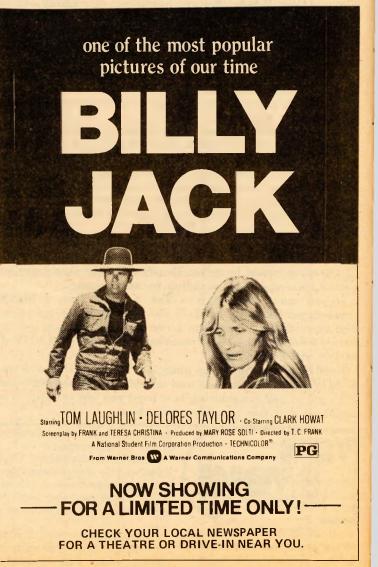
Today, I am unable to find work,

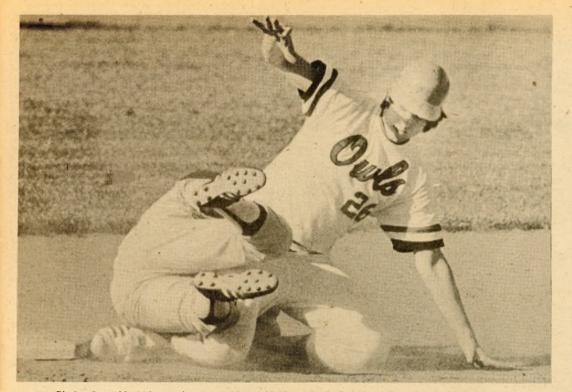
I remember how it all started. Friday, April 19 Mona Golabek, back in '54. Life was pretty rough Brahms. then, what with the Commies

It was my job to sleep, and my supervisor was a tough egg to work for. He made sure everyone was doing their work and doing it right. He would pass by and open my eyelids, so I learned quickly to roll my eyeballs back into my head. Sometimes I wasn't fast enough, so to make sure I was really asleep he'd either kick me or stick me with pins. Usually it was the old pin-trick, and it was a good thing my mattress pad was made of Telfa. He was a mean man — half Polish and half Samoyed.

I learned to tolerate him, but could never quite get used to his shedding. It made me sneeze, which would make him punch me in the mouth to put me back to 'sleep." I look on the bright side, though - he saved me from the expense of having my wisdom teeth pulled.

(More of this saga continued next week, as needed to fill up space....)





Pitcher Steve Maehl barrels into second base. Maehl leads the Owls in hitting with a .289 average.

Nor-Cal swim finals today

By TOM STIENSTRA The Foothill swimming team gets down to serious business this

gets down to serious business this weekend.

Led by Mike Johnson, Tom Bosmans, and Scott McQuade, the Owl swim squad visits Concord this weekend for the Northern California swim and diving finals. The event will be staged at the site of the defending state champs pool - Diablo Valley College.

For the past two years, the race for California's junior college swim title has been a two team affair. Diablo Valley and Foothill have dominated all opponents except each other.

In dual meets, Foothill is unexcelled. They whipped Diablo Valley 69-44 two weeks ago to claim the national dual meet title. This weekend, however, there will be an added indeminity.

Any swimmer placing in the top 12 spots picks up valuable points. This will be to DVC's advantage, as they are represented by 35

swimmers compared to Foothill's 20. "DVC is going to be mighty

tough," commented Nort Thornton, the state's top swimming coach. "We do have a little more depth than last year, so I'm optimistic."

"Last year" was when Foothill's incredible six man swim squad crunched Diablo in dual meet competition, but pulled up short in the state finals.

Thornton is tactly preparing his swimmers to peak for the state title meet in two weeks, in Los Angeles, rather than waste his swimmers best times this weekend in Concord. "The state meet is our main objective," confirmed Thornton.

While the bulk of the Owl swimmers trained for the remaining two meets, Foothill's Mike Johnson and Tom Bosmans competed in the National Collegiate Finals in Dallas, Texas. Johnson, who is one of the top

Netters drop pair

By DICK DeSTEFANO

Preparing for the upcoming playoffs, the Foothill netters ran into tough competition, losing nonleague matches to two highly rated teams last week.

The Owls took it on the chin against San Diego, the third best team in the NCAA college division, 6-3 and were humilated by the Stanford JV's 8-1.

"We played real well against San Diego, but we didn't seem to play the way we are capable of playing against Stanford," coach Tom Chivington said.

Stanford has a very good JV squad, which could defeat a lot of varsity teams. "Stanford could beat 99 percent of the college teams in the United States," Chivington commented.

Foothill may have been in a bit of a slump that day as the lone victory for the Owls came from the doubles team of Benjy Robins and Don Suedeman. Suedeman is playing the type of game he is noted for, as he also whipped his opponent in the San Diego match 7-5, 6-0.

"Suedeman has been playing well," Chivington commented, "we may move him up on the ladder." Suedeman has been a consistently good player for the last two years.

If Foothill beat De Anza in the conference finale this week, they are scheduled to open the Camino Norte Conference playoffs against the Dons there at 2:30 today. Should the Owls get by the Dons as expected, they will meet the winner of the Canada-Marin match Tuesday for the CNC crown.

It should be a very interesting match if Foothill and Canada meet. "They will be after us like we're after them," Chivington noted. The Nor-Cal tournament will also be intriguing. In order for the Owls to reach the State Playoffs, they must beat Canada in the Nor-Cal tourney.

Foothill will need top performances from all the players if they expect to win. Their matches against San Diego and Stanford should help them in the playoffs. junior college swimmers in America, finished 14th in the nation in the 500 freestyle. After qualifying 10th, the freshman set a new school record for the distance with a 4:32.7 clocking.

Photo by Paul Sakuma

Bosmans, recovering from an illness, didn't fare as well in the 1,100 field of swimmers, but gained valuable experience. "To see what it's all about is the big factor," Thornton said. "He should do better at the state meet."

First place Owls make stretch drive

By TOM STIENSTRA

Although the Foothill nine shot into first place with Monday's win over West Valley, followers of the team probably wondered about their three straight losses in last weekends Hancock Tournament.

The Owls may be the most balanced squad in half a decade and rated among the state's top ten, but coach Al Talboy saw the tourney as a chance to play plenty of subs in preparation for Camino Norte finals.

After everybody on the squad got their chance to play baseball in Santa Maria, the nine scoped-in on West Valley and left with an 11-7 win and first place in the CNC Southern Division. Foothill stands 9-3 in league action with West Valley a half-step back at 8-3 (as of Monday night).

With two weeks of crucial CNC play remaining, Talboy has mapped out a frontline attack on rival West Valley. Steve Maehl was slated to start Tuesday's De Anza clash. With Maehl or Jim Shattock tentatively scheduled for hill duty on Saturday against Santa Rosa, that leaves Charlie Wyatt for Thursday's game with Canada.

Wyatt, however, was injured are capable of Monday and may not make it to the problem in a hurry.

post. Paul Garber, Cleve Mc-Donald, John Laubhan, or Paul Crisler may be asked to render extraordinary services.

The Owl nine has received tremendous strength from two unexpected sources in key departments. John Laubhan, the Owls' rightfielder, and relief specialist Jim Shattock have turned in some outstanding work.

"Shattock has pitched magnificently," Talboy said. "He came on in relief to beat West Valley last Monday and has compiled a glistening 1.44 ERA. His importance has soared since the reduction of able pitching arms.

Laubhan's performance gives the Owls a solid cleanup hitter who thrives on a winning baseball. He currently tops the Owls in runs, hits, RBI, and homeruns. Laubhan's three rips on Monday elevated his CNC batting average to the .430 region.

If the Owls suffer any pitching problems down the stretch, the easiest way to alleviate these inequities will be to score runs lots of 'em. Paul Deschamps, Allen Viola, Dave Jose, Paul Garber, Paul Crisler, Laubhan and Maehl are capable of solving that problem in a hurry.

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Two of the top 120 high hurdle runners in the state, John Foster (right) and Steve Porter (left), have led Foothill to a 7-0 record. Foster has a best time of 14.5 while Porter's top mark is 14.9. Photo by Paul Sakuma

Shaw breaks record

By JOE DIRECTO

Despite there are only seven meets left before the state meet, the Foothill cindermen find themselves in a first-place position in the Camino Norte Conference.

For the results of the San Jose relay, Carlton Shaw broke the long jump record for Foothill with a jump of 24 feet 61/2 inches; after eight years beating old school record held by Joe Martin with a jump of 24'2'/4'' in 1966.

Steve Porter holds a first place in triple jump winning with a jump of 48 feet 9¹/₂ inches; having the fourth highest triple jump record on Foothill's all-time list. Porter having the sprint power in his legs and a mild wind at his back overpowered his opponents John Triplett from West Valley (48'-9''), Alan Goodlow, Laney (48'-1''), Rick Richardson, American River (46'-8"), and Mike Harris, San Jose (46'-6'')

The 120 high hurdles final had Foothill's John Foster coming in second place with a time of 14.6, being beat out by Fullerton College's Bill Ardary (14.2). Foster also competed in the 400 intermediate hurdles with a time of 57.0.

For the discus and javelin events, Foothill's weight-men scored second and fifth places. Jay Pushkin with a throw of 173 feet, 2 inches and Randy Patterson with a flick of wrist throw of 150 feet, 1 inch. Jay Pushkin had a strong throw of the javelin with 183 feet, 4 inches. Pushkin also had a shot put throw of 46 feet, 10 inches.

Ed Villarreal ran his specialty

the 440-vard run with the time of 48.5. The 880-yard run had Greg Fontan a first place with 2:01. Dan Prows won his specialty run with a time of 4:29.00. Steve Hant with a 320-yard run at the time of 3:10.00.

Coach Hank Ketels believes that his meet men will have a lot of competition during the next 4-6 weeks with a minimum of injuries should have some Foothill College men competing in the state meet.

Baseball stats								
3 3 12 - 3	AB	R	н	RBI	AVG			
Maehl	38	6	11	6	.289			
Laubhan	78	15	22	13	.282			
Jost	79	11	22	9	.278			
Farm	26	7	7	4	.269			
Viola	49	5	13	4	.265			
Crisler	70	4	18	11	.257			
Diggle	48	. 11	12	4	.250			
Deschamps	81	10	20	10	.247			
Garber	93	10	22	10	.237			
Deacon	58	11	10	5	.172			
Clinkenbeard	73	10	11	3	.149			
Pitching —	Wyatt, 4- Maehl, 4- Shattock	2, 3.28 E	RA		Barri			

Frisbee contest

One of the enjoyable events in and women and faculty sign-ups' the intramural season program is the frisbee tournament of which over thirty contestants par-ticipated last year for the grand prize of a professional frisbee saucer. The tournament will be held on the long, level lawn in front of the student center. There will be rented frisbee's given to the unfortunate students'; so they may compete in this tournament, through efforts of Gene Hawley and his student coordinators. The Frisbee Tourney will

commence Thursday, April 18, 1974 during college hour. The tourney Joe Directo, for even getting his will be of mixed competition. Men kite into the sky

are in the locker rooms.

For the results of the kite flying contest categories were given to the most original, first kite to get up in the sky, and the kite that flew the highest and stayed up in the sky the longest.

For all the categories mentioned above it was English instructor Mr. Truman Cross who received the most trophies in all the events. Chris Takigawa had her kite up the fastest. And little Bill Urichi also won a trophy for keeping his kite up. And third place staff writer,

First match today

Women's tennis

By DARLENE WU

Foothill's first women's tennis team founded by 22 enthusiastic women students and coached by athletic director Bill Abbey, takes to the courts for the first of ten matches this Friday at Foothill. Competition begins at 2:30 against Santa Rosa College.

Although only 12 members of the team will play the matches, each player will have a chance to participate at different times. Coach Abby remarked that, "I'm keeping everyone who wants to stay out."

The team members playing background vary from "2-year experience along with tennis lessons" to top standing Libby Moses, who is also playing on the 15-year-old men's team. The bronze blue-eyed blonde said "I feel women have as much standing

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as men. It's not stamina as much as the strength. Girls can last just as long." Another member, Adrienne Itaya, a dental hygiene student is an instructor for recreational tennis. Many of the girls have played tournaments as well

In the initial planning of a women's team, there was a wide variety of conflict. As Coach Abbey stated, "The men's team is an ongoing thing that the kids are pattered into. Things were not done in a year in advance for the women's team." Taking Abbey's place next fall will be dance instructor, Marlene Muench.

An overall outlook of the whole team voiced by one player, was "If we put more emphasis on stroke production and technique, we'll be a good team.

