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Read the review of a website that will tell you if your crush likes you.

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The Stone Temple Pilots fourth release may not be as 'Core' as their debut album in '92.

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No place for Corporations

Staff editorial says that De Anza is no place for corporate 'festivals' such as 'Aleropalooza.'

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Technology updates continue

By Ai-Fen Shieu
Staff Writer

New computers, network installed

As De Anza faculty and students returned to campus this quarter, they may have spotted the various improvements that William Pritchard, Dean of Technology and his staff have been working on this past summer.

During the summer, there were approximately 230 computers that were installed. Before the beginning of the winter quarter, Pritchard looks forward to installing more computers in faculty offices, in the workstations in the CAD program, and in the Testing

Center.

The new network had presented some problems because everything had to be configured correctly, but Pritchard is anticipating the first building to go online, the Forum building, within the next few weeks. "It has been a difficult

process, not necessarily technically, but logistically. There are so many details that have to be in place...It is taking longer than we had hoped. However, we will be bringing online the first building within the next few weeks," said Pritchard.

The Forum building was

See TECH UPDATE, page 3



Lynn Edwards (2) / La Voz

Above: DJ Sly entertains students at the Aleropalooza promotion on Nov.10. Students from the Business 89 class were given \$2,500 from General Motors to host the marketing promotion with the help of Edventure Partners, who work in conjunction with GM and the students.

'Aleropalooza' held on Campus

Students organize GM marketing promotion

Below: Cindy Heitkotter, parent of one of the Business 89 class students, dressed as a clown for the ring toss booth during the Aleropalooza promotion. Over 400 free hot dogs, 300 rubber ducks, and 100 slinkies were given away.



FAFSA application process to be fully integrated online

By Sarah Hansen
Daily Bruin (UCLA) Staff Writer

(U-WIRE) LOS ANGELES —

The financial aid application process will soon be fully integrated with the Internet, as the U.S. Department of Education plans to implement "FAFSA on the Web" by March 2000.

Currently, students can input all financial information on the

Web, but they must still print out a signature form to sign and mail. The proposed plan would use personal identification numbers - and eventually digital-signature technology - to bypass the signature page.

The department will start issuing PINs to Free Application for Federal Student Aid applicants who fill out the electronic form. These PINs will allow students to monitor their accounts and apply

for grants and loans as necessary.

"(The new plan) is definitely necessary," said Luz Borjan, a student in the Graduate School of Education & Information Studies. "If the technology is there, it needs to be made available to the students. The greater access to the students the better."

The plan was originally introduced in 1997 in an effort to determine financial aid eligibility quicker. But it was delayed due to

a federal debate over the legality of using digital signatures.

The General Services Administration - a federal management agency - has issued contracts for the development of digital signature technology. A new federal law has ordered the government to devise the technology by 2004, and Congress is currently considering legislation that would give digital signatures legal status.

The Department of Education regarded the distribution of PINs as an intermediate step until digital signatures are available.

Some students are concerned that the ease of the new system may come at the expense of student confidentiality.

"Anyone can get my information and register on FAFSA with misleading information, shorting me of the financial aid that I

See FAFSA, page 4

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About La Voz

La Voz is a first amendment newspaper written and published by De Anza College students. The newspaper offices are located in room L-41 at De Anza College, 21250 Stevens Creek Bl., Cupertino, California, 95014. *La Voz* is published weekly from the 3rd through 9th weeks of the fall, winter, and spring quarters. Staff editorials reflect the opinions of the majority of the editorial board and do not necessarily reflect the views of the author and are not necessarily the opinion of the *La Voz* staff. Advertising rates are available upon request. For information please call (408) 864-5626. *La Voz* reserves the right to accept or reject any advertisement. Printing an advertisement does not imply endorsement or acceptance by *La Voz* of the service, event, product or idea advertised. *La Voz* is printed on recycled paper. Please recycle. ©1999 by the *La Voz* staff. All rights reserved. No part of this publication may be reproduced without permission.

Corrections for previous issues

In the Nov. 1 issue, credit for the Ruben Martinez story should have been given to both Ann Sololovskaya and Monica Krauth. In the Nov. 1 and Nov. 8 issues, credit for the sports calendar should have been given to Jeff Jordahl. *La Voz* regrets the errors.

Upgrade delays caused by product changes

TECH UPDATE, from front page

chosen because of the number of sophisticated users and the classrooms and offices that allow the technology staff to have a diversity of installation issues.

Pritchard said that they wanted to have relatively technical users in the first building so that they could get more informative feedback from the users in the event that they encountered problems in the implementation.

Part of the network implementation

also includes a printing plan that would integrate the current Xerox copiers into the network for printing. The technology staff would like to have the print capabilities closer to faculty offices.

The last phase of faculty office computers have not had their computers installed yet due to the delay of delivery of some of the equipment because of a product change by one of the vendors. Pritchard says that this will mean that the faculty that have not yet gotten their computers installed will be getting the latest

product from apple due to the later delivery.

The TV Center was able to bring up a second educational channel during this past summer. Cupertino is the first city in the South Bay area to receive this channel, but more communities are expected to be receiving two, or possibly even three, channels of educational programming.

The technology staff has worked to allow such upgrades to happen. Those who have done the most include Jose Rueda, Javier Rueda, Ryan Anthony, Ed

Breault, Ann Geoffrion, Fortunato Stinson, and John Abbrascato.

There is some reorganizing of the technology staff within the district currently. The district has contracted with Collegis, Inc. to provide information, technology management, assistance in developing a strategic plan, and help in creating a call center. There have been some concerns expressed by many in the district who feel that a corporate entity is not appropriate for leading an academic environment.

College Association sues online book retailer

(U-WIRE) HANOVER, N.H. — In another lawsuit against Internet retailers, the National Association of College Stores is suing Varsitybooks.com, accusing the on-line bookstore of false and misleading advertising concerning textbook discounts.

The association, which represents about 3,000 stores around the country, including the Dartmouth Bookstore and Wheelock Books, is claiming that while Varsitybooks.com advertises textbooks at up to 40 percent off of "suggested list prices," only a small percentage of their books come at that price.

According to the association, in the textbook industry, where publishers sell their books to college stores and offer only a suggested student price, there is no such thing as a universal retail price. Instead, college stores sell textbooks at a markup price of their choosing.

The association "has brought the case to lower the playing field," said Reed Freeman, an attorney at the Arent Fox law firm in Washington D.C., which is representing the National Association in its case.

The case, which is being filed in a federal court in Washington D.C., should be settled before this January, the next major book-buying season.

"I think that [the association] has an excellent chance because students are being misled regarding the number and percentage of books that come at the discount," said Freeman. "In this case, the false and deceptive claims reach every single college student in the country by being on the Internet."

But the vice president of Varsitybooks.com, Jon Kaplan, said that such claims are "completely without merit."

"We advertise at up to 40 percent off," he said. "And we get our suggested retail prices from our book distributor [Baker & Taylor] which is one of the largest distributors in the country and they do a very professional job."

Both the Dartmouth Bookstore and Wheelock Books said that they support the case against Varsitybooks.com.

"They're telling students that bookstores like the Dartmouth Bookstore are overcharging, which just isn't true," said Dave Cioffi, the general manager of the Dartmouth Bookstore. "If you're a Dartmouth Bookstore member and you take away the postage, the prices are basically the same. And because students here change courses so much and the term is so short, it seems to me that students are at a real disadvantage if they use [Varsitybooks.com]."

Cioffi said of the impact Varsitybooks.com has had on his store's business: "Anytime that there's a competitor in your market, it's going to take a slice out of your market. But it hasn't been a big slice."

At Wheelock Books, Whit Spaulding, the bookstore's owner, said that the competition generated from on-line retailers has not affected his business.

"We haven't seen an effect on our sales, our sales continue to grow," he said.

While Wheelock Books declined to release its average markup rates, the Dartmouth Bookstore said that, excluding foreign books, it usually charges between 10 and 25 percent more than the cost of each book, depending on shipping fees.

This case between Varsitybooks.com and the National Association of College Stores is the second in which a major on-line bookseller has found itself under litigation. In 1997, Barnes & Noble sued Amazon.com, accusing it of false advertising when it claimed to be the "world's largest bookstore" in promotional material.

Saying that "they would rather compete in the marketplace than in the courtroom," the two companies settled the lawsuit six months later and barnesandnoble.com was formed.

'Very comfortable chairs' cited as one reason why students fall asleep in class

(U-WIRE) MADISON, Wis. — As a professor speaks (or drones on) about the importance of genomes or semicolons, it's not hard to find a few students who have nodded off.

So why do students fall asleep in class? There are numerous factors, said Rob Sepich, University of Wisconsin-Madison student services coordinator at University Health Services.

"[The reason for falling asleep] varies, depending on the student, but sleep deprivation accounts for a large share," Sepich said. "Even with interesting, well-presented information, it can be hard to stay alert if you've short-changed yourself the night before."

Communication arts TA Kyle Tusing offered his own explanations why students may doze off during lectures. He cited a lack of sleep, the physical inactivity of listening to a lecture, boredom, and the fact that his own classroom has "very comfortable upholstered chairs."

If more than a few students begin to put their heads down, some teachers try to adjust their lectures to keep student awake.

"I might increase my volume or try to make the material more engaging in the event that the subject matter is causing the students to sleep," Tusing said.

Sepich said students should do their part to avoid falling asleep in class by getting enough rest. This doesn't necessarily mean students need eight hours of sleep, however, since all people need different amounts of sleep, he said.

"You are getting enough sleep if you feel refreshed in the morning and you don't feel the need to nap in the day," Sepich said. "Sleep-loss consequences include lethargy, being accident-prone, inefficiency at studying, decreased motivation to exercise and daydreaming about naps."

A common way many students keep themselves from falling asleep in class is to consume various forms of caffeine, which is acceptable in moderation, Sepich said.

"Although there is little evidence of long-term problems with caffeine, its short-term effects mirror the stress

Students need to experiment with class times and bedtimes to feel awake during the day.

-Kristen Fricchione,
U. of Wisconsin

response," he said. "But, if caffeine produces alertness without creating anxiety, then a little of it won't hurt you."

Sophomore Kristen Fricchione recommended another way for students to stay awake in class.

"Students need to experiment with class times and bedtimes to feel awake during the day," she said. "Everyone's daily routine is different - I am a night person, so I schedule my classes in the afternoon and now I never fall asleep in class anymore."

If students do fall asleep in class, they may inadvertently entertain those who are awake.

"A student who dozed off during a lecture was wearing an outrageous outfit that I assumed was part of a fraternity initiation stunt," journalism professor James Hoyt said. "He was sleeping so soundly he didn't even hear the fire alarm go off in the Chemistry Building. I had to shout into his ear to wake him up to leave the room. He awoke, totally startled, and instinctively yelled at me, 'I don't usually dress this way, you know!'"

Although students may not have to deal with a fire alarm, they may have an even bigger problem - a prankster for an instructor.

"When I was in high school, my math teacher used to take his board marker and write on people's faces if they fell asleep," Tusing said.

Read La Voz every week!

New online FAFSA is faster

■ FAFSA, from front page

deserve," said Dasol Kim, a second-year African American studies and English student. "I'll feel more secure by signing the form and turning it into the mail."

The department plans to have a Web site set up by spring for prospective students to apply for and receive PINs. Officials said that they hope more students will fill out their forms online.

But some say competition may become more fierce if applying for financial aid is simplified.

"More people will apply and take advantage of the easier system," said

Jason Yi, a third-year political science student. "It encourages people

to apply for remotely small amounts, resulting in a wider distribution and smaller funds."

The department's Office of Student Financial Assistance introduced "FAFSA on the Web" as part of a five-year strategy to improve service to students and reduce the costs of delivering aid.

Greg Woods, chief operating officer of the department's Office of Student Financial Assistance, said an electronic application will cost less than two dollars to process, compared to the \$40 processing cost for the paper application.



Readiness Lab, LC 138
is now accepting applications for

• Instructional Assistants

We need part-time employees to help small groups of ESL (English as a second language), EWRT (English writing) and/or READ (reading) students. Curriculum and direction are provided by full-time faculty. Flexible hours.

Requirements: (1) Completion of English 1A (BA preferred). (2) Available for daytime weekly staff meeting and regularly scheduled class time each week. (3) Good ability to communicate. (4) Good ability to learn new skills. (5) Interview.

Salary: \$11.17 / hour.

• Data Entry Person

We need a part-time employee with data entry and database management experience to assist in record-keeping and report generation for College Readiness. This person will download, upload, sort database information, backup database weekly, customize reports from selected fields of database, Add, delete, edit fields in existing File-Make-Pro database, work independently without daily supervision but work cooperatively with Readiness staff on prioritizing and scheduling work. Some training will be provided

Requirements: (1) Accurate data-entry skills and experience with data base management, preferably File-Maker Pro. (2) Available for 10-15 hours a week and up to 20 hours in weeks 9-11. (3) Sign agreement to keep all data confidential. (4) Willing to learn district database procedures (5) Completion of English 1A or equivalent. (6) Interview and skills test.

Salary: \$10.69 / hour to \$15.87 / hour. Salary based on knowledge and experience. Preference given to employee who can commit to at least three quarters.

To apply, submit resume and/or letter to:
Readiness, atten: Sharon Sunico.

For more information contact:
Sharon Sunico (408) 864-8981 or sunico@admin.fhda.edu

STUDENT ACTIVITIES CALENDAR

WEEK OF NOV. 15-21

Clubs/ICC/DASB Meetings:

Monday November 15, 1999

Food & Winter Coat Drive. Collection Boxes are located in: Student Activities Office, Administration Building Lobby, Advanced Technology Center Lobby and Learning Center.

DASB Marketing & Communication.

10:30 a.m. - 11:30 a.m., Meeting Room 1.

DASB Administration Committee

Meeting. 12:30 p.m. - 1:30 p.m., Meeting Room 2.

Deutsch. 1:30 p.m. - 2:30 p.m., Student Council Chambers.

DASB Finance. 5:30 p.m. - 7:00 p.m., Meeting Room 1.

Tuesday, November 16, 1999

Food & Winter Coat Drive. Collection Boxes are located in: Student Activities Office, Administration Building Lobby, Advanced Technology Center Lobby and Learning Center.

Disabled Students Unlimited. 10:30 a.m. - 11:30 a.m., Student Council Chambers.

Auto Tech Club. 11:30 a.m. - 12:00 p.m., E12B - Auto Building.

De Anza Students of India. 11:30 a.m. - 12:30 p.m., Student Council Chambers.

Students for Justice. 11:30 a.m. - 12:30 p.m., Main Quad.

Gente del Quinto Sol. 12:30 p.m. - 1:30 p.m., Student Council Chambers.

Students for Justice. 12:30 p.m. - 1:30 p.m., G10.

Students Ambassadors. 1:30 p.m. - 3:00 p.m., Student Council Chambers.

Wednesday November 17, 1999

Food & Winter Coat Drive. Collection Boxes are located in: Student Activities Office, Administration Building Lobby, Advanced Technology Center Lobby and Learning Center.

Chi Alpha Christian - Prayer Meeting. 9:20 a.m. - 10:20 a.m., Meeting Room 2.

Chi Alpha Christian. 11:30 a.m. - 12:30 p.m., Student Council Chambers.

Women's Awareness & Allies. 12:30 p.m. - 1:30 p.m., L22.

ICC Meeting. 1:30 p.m. - 3:00 p.m., Student Council Chambers.

Lesbian, Gay and Bisexual. 2:30 p.m. - 3:30 p.m., L81.

DASB Travel Committee. 2:30 p.m. - 3:30 p.m., Student Activities Conference Room.

DASB. 3:30 p.m. - 5:30 p.m., Student Council Chambers.

Bottomfish. 5:10 p.m. - 8:00 p.m., Administrative Conference Room.

Thursday, November 18, 1999

Food & Winter Coat Drive. Collection Boxes are located in: Student Activities Office, Administration Building Lobby, Advanced Technology Center Lobby and Learning Center.

Muslim Student Association. 9:30 a.m. - 10:30 a.m., Student Council Chambers.

Outdoor. 11:30 a.m. - 1:20 p.m., E32

Brothers & Sisters United. 12:00 p.m. - 1:30 p.m., Student Council Chambers.

Entrepreneurial Enterprises. 12:30 p.m. - 1:20 p.m., Forum 3.

International Connection. 12:30 p.m. - 1:20 p.m., Meeting Room 2.

Students for Justice. 12:30 p.m. - 1:30 p.m., G10.

Honors. 1:40 p.m. - 2:40 p.m., L49.

Students for the Truth. 2:30 p.m. - 4:30 p.m., Student Council Chambers.

Grace Fellowship. 4:30 p.m. - 6:30 p.m., Student Council Chambers.

Phi Theta Kappa. 5:00 p.m. - 6:00 p.m., Santa Cruz Room.

Friday, November 19, 1999

Food & Winter Coat Drive. Collection Boxes are located in: Student Activities Office, Administration Building Lobby, Advanced Technology Center Lobby and Learning Center.

Club of Iran. 11:30 a.m. - 12:30 p.m., L22.

De Anza Taiwanese Association. 12:00 p.m. - 3:30 p.m., L31.

M.E.Ch.A. 12:30 p.m. - 2:00 p.m., Meeting Room 1.

Vietnamese Student Association. 12:30 p.m. - 3:00 p.m., Student Council Chambers.

Executive Committee Meeting. 1:30 p.m. - 4:30 p.m., Santa Cruz Room.

Dance Connection. 3:00 p.m. - 7:00 p.m., PE11U

Film & TV Guild. 3:30 p.m. - 4:30 p.m., Student Council Chambers.

Film & TV Guild -Movie Show-. 9:00 p.m. - 12:00 a.m., ATC 120.

Saturday, November 20, 1999

Tai-Chi and Wushu. 3:00 p.m. - 6:00 p.m., PE11U.

Sunday, November 21, 1999

Dance Connection. 2:00 p.m. - 4:00 p.m., PE 11U.

Food Services Menu:

Monday: Chicken Caesar & Croissant.

Tuesday: Philly Cheesesteak & Fries.

Wednesday: Hot Turkey Sandwich with Mashed Potatoes & Gravy.

Thursday: Super Nachos.

Friday: Fish & Chips.

CAMPUS NOTES

De Anza Town Hall Meeting

A Town Hall Meeting will be held on Wednesday, Nov. 17, from 3:00 - 4:00 p.m. There will be discussion on goal number two from the Educational Master Plan, which is to provide learning pathways for every student.

UC Personal Statement Workshops

The personal statement is an important part of the University of California application for admission and scholarships. If you need assistance writing your personal statement, the following workshops (presented by English instructors) are available: Monday, Nov. 15, from 12:30 - 1:30 and 2:00 - 3:00; Tuesday, Nov. 16, from 12:00 - 1:00; and Thursday, Nov. 18, from 11:00 - 12:00 noon. Location: Room 9C (next to the Counseling Center). After these workshops, students will have an opportunity to sign-up for small group follow-up sessions to receive feedback on their personal statements. This is a DASB sponsored event. Important: Priority filing period for fall 2000 transfers to the University of California is Nov. 1 - 30.

De Anza to Show Retrospective of Student Films and Videos

De Anza College Film/TV Dept. and D.A.S.B. present "THE BEST OF THE BEST: A 20-Year Retrospective of Student Film and Video" on Friday, Nov. 19 at 7:30 p.m. in Forum One. Admission is \$5.00. For more information, call (408) 864-8391 or 864-8832.

Proposal of Ideas for Exhibitions

The Program Committee of De Anza's Euphrat Museum of Art is considering concepts for future exhibitions and accepting proposals. Ideas can come from on campus or off, from students, educators, artists and community members. The Euphrat is a forum for interdisciplinary thinking, crossing boundaries of cultures and academic disciplines, and serving as a resource for both community and college. Dec. 20 is the final date for submitting proposals. Mail or fax proposals to Euphrat Museum of Art (fax 408-864-8738). Do not include any additional materials. For more information, call Euphrat Museum Director Jan Rindfleisch at (408) 864-8836.

Support Your Local Literary Magazine

Bottomfish, the literary magazine of De Anza College, is encouraging faculty and staff to make contributions. Bottomfish will publish your name as a supporter in the next student edition (due out in June) for a \$10.00 (or whatever you'd like to give) donation. Money will help continue this 20+ year-old tradition! Contact Randy Splitter at ext. 8600 or Cynthia Denman at ext. 8942.

Bottomfish Contest

De Anza's literary magazine, Bottomfish, is considering a name change and is interested in name proposals from the De Anza community. Bottomfish magazines can be obtained at L-49, the magazine's office. The web site address for Bottomfish is <<http://laws.atc.fhda.edu/documents/bottomfish/bottomfish.html>>. For details on the contest, contact Randy Splitter at (408) 864-8600.

Food and Winter Coat Drive

Donate non-perishable food items and winter coats between Nov. 15 and Nov. 19. Donations will be given to the De Anza Child Development Center and Cupertino Community Services. Collection boxes are located in the Student Activities Office, Administration Building Lobby, Advanced Technology Center Lobby, and the Learning Center Lobby.

Toy Drive Nov. 22 through Dec. 3

Donate new or used toys in good shape for children under 12. Proceeds are to benefit the Cupertino Community Services. Collection boxes are located in the Student Activities Office, Administration Building Lobby, Advanced Technology Center Lobby, Child Development Center and Learning Center Lobby.

De Anza College Actors' Ensemble Debuts ROUGH CUTS

ROUGH CUTS is an assortment of short scenes, monologues one act plays and original material written by De Anza students. Presentations will take place on Wednesday on Nov. 17 and Dec. 1. Each performance will begin at 12:30 p.m. in the new theatre arts classroom Building G, Room G-3. For more information call (408) 864-8872.

Great American Smokeout

Join The Great American Smokeout on Thursday, Nov. 18. Tips from former smokers will be included in the Quit Kits. For more information on quitting smoking, contact Mary-Jo Kane in Health Services at (408) 864-8903.

Asian Pacific American Heritage Month Committee Meeting

The committee will be meeting in Room I, Campus Center, at 12:30 - 1:30, on Tues., Nov 16.

International Venture Introduction

Find out about a ten-week expedition sponsored by De Anza College and Raleigh

International. See slides, hear speakers, and ask questions. This introduction is being held in Hinson Center Conference, Room B, at 7:00 - 8:00 p.m., Wed., Nov. 17.

Classified Senate

The De Anza staff classified senate meeting will take place in the Administrative Services Conference Room, from 2:30 - 4:00 p.m., on Thursday, Nov. 18.

Rally for De Anza Student Workers

There will be a rally including a dramatic skit and speakers, in support of De Anza student-workers and their efforts to organize a campus student-worker union. It will be on Tuesday, Nov. 16 at 11:30 in front of the Library steps. Be there to support your fellow students. Sponsored by Students for Justice along with the Industrial Workers of the World (IWW) labor union.

Academic All America Team Scholarship

Applications for The Academic All America Team are available through the Financial Aid Office in the lower level of the Hinson Center. Students must be currently enrolled and planning to graduate by June 30 with an AA or AS with a minimum GPA of 3.25. This recognition is sponsored by Phi Theta Kappa, USA Today Newspaper, and the Association of Community College Presidents. Each community college in the country can nominate up to two students for this recognition. The top sixty finalists from around the county are selected, with three teams of twenty finalists each. First Team members will each receive \$2500 and a front-page write-up in USA Today. All material relevant to this scholarship must be submitted to Margaret Obenour in the Financial Aid Office by Wednesday Nov. 17.

Campus Environmental Advisory Group Meeting

This will be the first meeting of CEAG for the Fall Quarter. Topics will be recycling issues and the trust monies for the Environmental Studies Building. The meeting will be from 1:30 - 2:30 p.m. in the Biological Sciences Conference Room (S34b) on Monday, November 22. Call Julie Phillips at x8655 for more information.

Deadline - Retirement Incentive Program

The deadline for the Early Notice Incentive Program is Dec. 10. Faculty and administrators planning for retirement will receive \$1,500 for five quarters early notice and \$2,500 for eight quarters early notice. Details for the program can be found in Article 20 of the Agreement between the District and the Faculty Association. For additional information and application forms contact either: Marilyn Booye at ext. 6219, Martha De La Cerda at ext. 6220, or Margaret Mc Cutchen at ext. 6227.

La Voz accepting applications for Editor-in-Chief

La Voz is currently accepting applications for the position of Editor-in-Chief for the winter quarter. Applicants must have completed English 1A or equivalent. Recommended qualifications are publication experience (such as working on a high school or college newspaper or yearbook), ability to work with a diverse group of people, and dedication to the responsibilities and obligations of a free student press. Long hours (averaging at least 20 hours a week) are required. Candidates should submit a one-two page letter summarizing their experience, why they are interested in working for La Voz, and their goals for La Voz, to Beth Grobman Burruss, Adviser, to the mailbox outside of L-41 by Dec. 1. For questions, call Beth at (408) 864-8588 or Kelly at (408) 864-5626.

Annual Staff Holiday Celebration

Recognition will be given to the President's Award Winners, Employees of the Month, employees with 35 or more years of service, retirees and new staff at this annual event. Lunch will be served from 11:30 a.m. to 12:45 p.m., Thursday, Dec. 2 in Conference Rooms A and B. The program entertainment will begin at 12:15 p.m.

"Fame - The Musical" to play at Flint Center

"Fame - The Musical" will be playing at Flint Center on the De Anza campus from Dec. 14 - Dec. 19. It premiered 15 years after the release of the MGM motion picture "Fame," which received four Academy Award nominations. Tickets are \$26 - \$46. Call BASS (408-998-BASS) or visit www.basstickets.com for show times and additional information.

Foothill College Stages Aladdin and The Enchanted Lamp

Student actors enrolled in the Foothill College Theatre Conservatory will present "Aladdin and The Enchanted Lamp." Performances are scheduled in the Smithwick Theater at Foothill College for Nov. 18, 19, and 20 at 10:30 a.m. and Nov. 20 and 21 at 2 p.m. Parking lots A, C, and E provide easy access to the theater. Visitors must purchase a required parking permit for \$2 (quarters). Tickets are \$5 general; \$4 for groups of at least 15. To purchase tickets, call (650) 948-4444.

Compiled by Steve Dvorak

To have your event included in Campus Notes, mail them to La Voz at De Anza College, drop them in the mailbox outside of L-41, fax them to (408) 864-5533 or email them to lavoz@fhda.edu.

Several options are available to help you select your college major and your future profession

De Anza winter class schedules are now available at www.deanza.fhda.edu

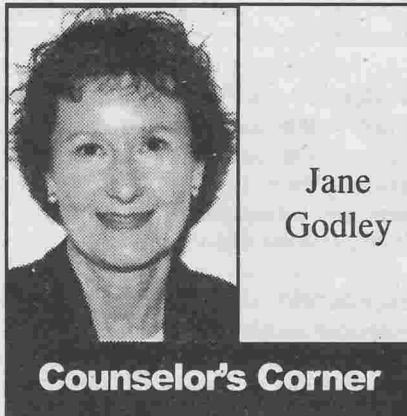
Winter class schedules are now available on the De Anza College website (www.deanza.fhda.edu). Print copies will be mailed soon to all continuing students. About this time I always encourage students to develop a career or education plan.

Having a written plan helps one select appropriate courses for university transfer, A.A. degree, or certificate programs. Deciding about a major or career path has never been more exciting or confusing. In addition to traditional majors and academic paths, students in the Silicon Valley are tempted to pursue many opportunities in business and industry even before earning their degrees. The typical college student of today may have as many as six or more careers in a lifetime. Gaining work experience before graduation, however, can be very interesting and educational.

I recently attended The California Career Development conference in San Diego where career opportunities into the next millennium were discussed. It was encouraging to note that numerous options in artistic, health care, teaching, hospitality and tourism careers will continue to flourish right along with all those "glamour jobs" in the hot hi-tech fields we hear so much about these days.

Career development professionals agree that individuals need to identify their purpose in life, create a vision about what they want their life to look like, and make plans for the future. It is commonly said that if we don't create our own future, someone else will do it for us. The first step to a future you direct might be deciding about a college major. A major is a concentrated course of study in which a student specializes. Universities, more and more, are expecting students to have completed their lower division major requirements before transfer.

Here are some possible approaches to use when selecting a major: (1) You may select



Jane
Godley

Counselor's Corner

a major in a specific field that will lead to immediate entry into the work force (e.g. engineering, nursing, accounting, certificate programs). (2) You may select a "liberal arts" major that will help you to improve your intellectual and general knowledge. These individuals gain decision-making and critical thinking skills highly desired in corporate and other work environments. (3) You may select a major you can use as a background for professional study (law, medicine, or education). (4) You may select a major for personal reasons (e.g. special aptitudes, talents, interests, or intellectual curiosity). (5) You may select a major based on the current job market (be careful here, the job market may change by the time you graduate!).

A small percentage of students arrive at college already decided about a major. Most, however, decide after taking courses, doing some research, or taking advantage of the help offered here at De Anza College. Career/major counseling and advising is available at several locations on campus including the Counseling Center in the Administration building and the Career Center. Career Life Planning 70 is a course offered every quarter to give students the opportunity to take self-assessment tests and develop their own individual career plans.

I encourage all students to do plenty of research around selecting their major and career. This is an important decision and shouldn't be left up to chance. It is helpful to read college catalogues and find course descriptions of majors that sound interesting to you. Try working at a job or internship in a career-related field. You might enjoy volunteering your time in a specific area of interest. Seek out and interview people who are already working in the careers that intrigue you. Now is the time to begin planning your winter schedule. Begin by taking steps to identify a transfer major, certificate program, or A.A. degree and take advantage of the resources here at De Anza College to help you work toward your future career.

Jane Godley is a part-time counselor and instructor at De Anza College. In addition to teaching and counseling here she gives workshops and provides individual career counseling at the Career Action Center in Cupertino. Appointments with counselors at the De Anza College Counseling and Advising Center can be made in person, or by calling (408) 864-5400.



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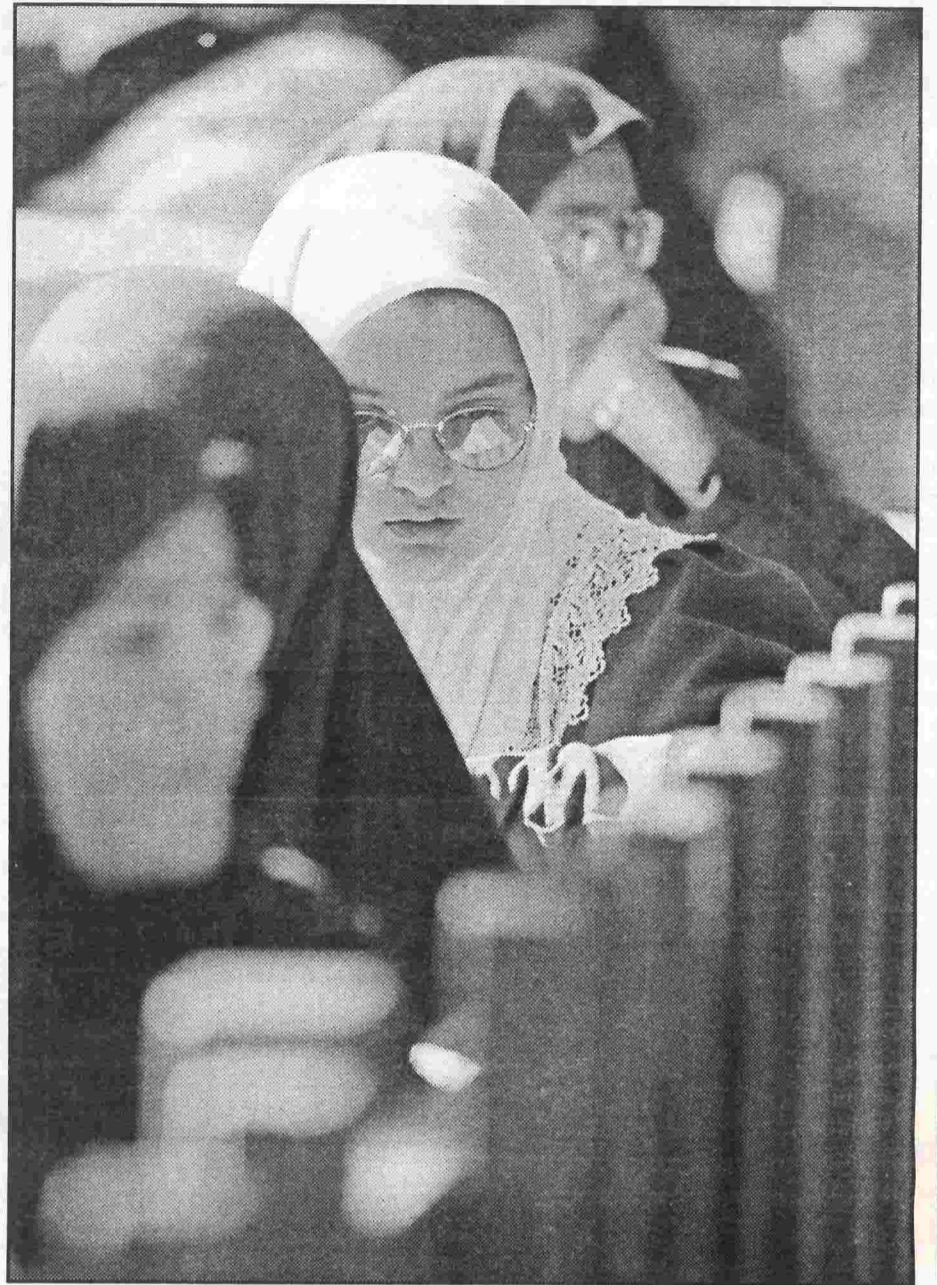
Muslim students dispel myths surrounding Islam

The Muslim Student Association in conjunction with the Staff Development for Diversity Committee hosted "The Truth About Islam" at the Campus Center Patio on Nov. 11. Above: Amir Abdul Malik Ali, Imam of the Masjid Al-Islam in Oakland, spoke out to students about the real meaning of Islam and explained some of the beliefs. Right: Salma Khan, a third quarter student, and other members of the MSA listen to Ali speak. The MSA had a table set up with various Islamic artifacts. The MSA meets every Thursday from 9:30 a.m. to 10:20 a.m. in the Student Council Chambers.



Bushra Khan
MSA President

Photos by Nelson Ching



Michael Chang's two roles: instructor and city council member

A broad background and open-mindedness help him work with diverse constituents

By Anu Ram
Special to La Voz

Dr. Michael Chang, tenured faculty and department chair for the Asian American Studies program, has been at De Anza College for the past 10 years. He has also served in public service for the last eight years. "I really have fun going from school to city hall to home," says Chang.

"I enjoy my work as an educator. There are frequent changes in society and community. We constantly challenge assumptions, along with interests, motivations and capabilities. All this keeps me interested in teaching," says Chang.

Chang tries to introduce a new element into his class every quarter. "Each class has its own personality, and I try to tailor the needs of the class and its students," says Chang. As with any teacher, it is an intensely gratifying experience when his students come up to him and express how he has played a part in their lives. One is now an elementary school teacher, another is working with a city councilman, and a third is a representative of a corporate



Courtesy of Cupertino City Hall

Michael Chang, Asian American Studies faculty member and department chair, was recently re-elected to the Cupertino City Council. Swearing in will take place on Wednesday at 6:00 p.m.

foundation.

"One is in education, the other in politics -- my interest is held in both these fields," says Chang. He attributes his education in his schools in Hong Kong and Canada as having fostered the sense of service before self that has led him into politics. Chang immigrated as a teenager in 1977 - San Francisco was a natural choice because his grandmother lived here.

Chang earned a Bachelor's degree in Philosophy and Religion as well as in Business Accounting from San Francisco State University in 1980. In 1984, he obtained an MA in Asian Studies, and then in 1985, another Masters in Political Science, both from Stanford University. Chang earned a Ph.D. in Education from Stanford in 1988.

Chang served as Associate Director of Education Research Project at University of California, Berkeley (1988-1989). He joined De Anza College in 1989.

"I take with me an educator's point of view in my approach to government," says Chang. "My broad background and my open-mindedness helps me in dealing with

the diverse constituents."

Elected to the Cupertino School Board in 1991, Chang became Vice President in 1993. After a one-year term, he was then elected President, in which position he served until 1995. Chang has served as Cupertino City Councilman since 1995 and recently won re-election. Swearing in will be on Wed., Nov. 17 at 6 p.m. in City Hall. Chang has also served as mayor for Cupertino from 1997-1998.

In order to promote leadership in society, and in students in particular, Chang has founded APALI (Asian Pacific American Leadership Institute) at De Anza College. APALI, according to Chang, tries to help connect young people with those who have been successful in various sectors of society. He feels that it would give the students a head start and a chance to discover their own potential and talent for leadership.

Chang feels that people have a mistaken assumption that there is only one leadership style. He says, "Some leaders are loud, some are not; some are thinkers and some are doers; some are fighters and some seek consensus."

Use the web to find health and wellness information

Dr. Dean Edell and the National Institute of Health will give you advice and suggestions

This week, I would like to show you where you can go on the internet to find health and wellness information of your own. Of course, you can just type your subject into Yahoo or some other search engine, and get thousands of places to look for information. The only problem is that much of what you find is worthless, and some may even be dangerous. The URLs listed below are guaranteed to give you good information.



Rich Schroeder

Health and Wellness

My favorite is Dr. Dean Edell's website (<http://healthcentral.com>). There are over 40,000 pages of information, questions from his radio and TV shows, health quizzes, and some health assessment. You can subscribe (no fee) to the newsletter, which each day will e-mail you with the topics of the previous day's show, all with hot links to the appropriate page. You can also e-mail your questions to him and maybe get them answered on his daily radio show (KGO 810AM - 12:05pm - 1:00pm).

The Department of Health and Human Services (<http://www.os.dhhs.gov>) has topics about public health and science, AIDS, women's health, disease prevention and health promotion. It also has the text of the Surgeon General's Report, which tells us how much

the health of the American population has deteriorated.

The Food and Nutritional Information Center of the National Agricultural Library (<http://www.nal.usda.gov/fnic>) has information on nutrition research, healthy eating, dietary guidelines, and much more (check out the herbal section). The National Institutes of Health (<http://www.nih.gov/health/consumer/conicd.htm>) is a consumer information site where you can access information about almost anything you can think of. The site will provide advice and suggestions for living a healthier life.

The American Heart Association site (<http://www.amhrt.org>) contains a test for assessing personal risk of heart disease and lots of information about healthy living, diet, reference materials, etc. Healthfinder™ (<http://www.healthfinder.gov>) is a US government site that provides information on almost any topic. It will send you to online publications, databases, other Web sites, support groups, governmental agencies and other organizations that will provide you with reliable information. The US Centers for Disease Control and Prevention (<http://www.cdc.gov>) has loads of fitness and health information, travel information and lists of publications.

Try out some of these sites. The information you will find there will only help you in your quest of a healthy lifestyle.

I've gotten a lot of positive feedback from the De Anza College staff about the last few articles on dieting and diet supplements, but I haven't heard from any students. I would have thought there would be letters to the editor, or at least questions to me about dieting, exercise or health. Remember, you can reach me through *La Voz* with questions or comments, or e-mail me at rsv3411@mercury.fhda.edu. If you have any ideas for future columns, drop me a line.

Applications for the position of Editor-in-Chief of *La Voz* for winter quarter are now being taken

See CAMPUS NOTES for qualifications and application information

De Anza's upcoming home schedule

Date	Time	Sport	Opponent
17-Nov	6:30	Women's Volleyball	Hartnell College
20-Nov	1:00	Football	Sabrillo College
24-Nov	7:00	Men's Basketball	Skyline College
7-Dec	7:00	Men's Basketball	Contra Costa College
15-Dec	7:30	Men's Basketball	TBA
18-Dec	7:00	Men's Basketball	Reedley College
21-Dec	7:00	Men's Basketball	Foothill College
7-Jan	7:00	Men's Basketball	San Jose City College
14-Jan	7:00	Men's Basketball	Hartnell College
27-Nov	5:00	Women's Basketball	Fresno City College
15-Dec	6:00	Women's Basketball	Solano College
Dec 27/30	TBA	Women's Basketball	De Anza Classic
12-Jan	7:00	Women's Basketball	Mission College

Jeff Jordahl / La Voz

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YOUR BEST COLLEGE CHOICE ON THE PENINSULA

West Valley Vikings trample Dons

Cross-valley rivals outscore De Anza 42-14

By **Brian Rockstroh**
Staff Writer

De Anza's running game was absent during the first quarter, but it finally got moving as the offensive line opened several holes in the Viking defense for running back Curt Felix, who provided much of De Anza's fire. "He's been running the ball very well," said Dons Head Coach Ian MacKenzie. But it wasn't enough. After the fumbles and interceptions of the first two quarters, halftime found the Dons in a deep 35-7 hole.

De Anza's Auto Tech Kazoo band played on in the stands as the Dons tried to rally for the second half, but the Vikings kept the pressure on, winning 42-14.

"This is a very talented team," Head Coach Ian MacKenzie said of the Dons after the game. But "defensively we killed ourselves by throwing where we shouldn't have been throwing. We've been making mental and physical mistakes we shouldn't be making."

He also gave the Vikings credit. "[West Valley's David Wyatt] is one of the best running backs we've faced this season."

This Saturday the Dons will host Cabrillo College at 1 p.m. for the final game of the season.



Photos by Kelly Abell / La Voz



Above: Dons Head Coach Ian MacKenzie watches as his team loses 42-14 against the West Valley Vikings on Nov. 13.

Left: De Anza defensive back Sedric Ashley tackles his West Valley opponent in the fourth quarter of Saturday's game.

Creatine use rises among college athletes

By **Jeff Carlton**
Daily Northwestern Staff Writer

(U-WIRE) EVANSTON, Ill. — As Northwestern's head athletic trainer, Tory Aggeler will sit down with a football player interested in bulking up with the help of creatine and give it to him straight: Creatine is unproven, he'll say. He'll tell them it has been linked to muscle strains and who knows if it has any long-term health risks?

Hard facts are few and far between when it comes to creatine and the unknown is what tempers Aggeler's spiel with a healthy dose of caution. But because the weightlifting supplement has helped players add muscle fast, most athletes and trainers are able to conveniently look past concerns that virtually nothing is known about creatine's long-term effects on the human body — or, more specifically, the heart.

"Studies have shown that it causes swelling in muscles in rats and I've seen swelling in hamstrings and false hamstring

strains," Aggeler said. "If it's doing that to major muscle groups, how do we not know if it's doing that to the heart muscle?"

But that doesn't stop him from spooning out creatine to NU athletes.

"It can provide an edge and if every other school and opponent is using it to gain an edge, well then how can we cheat our athletes?" Aggeler asked. "And I would never do that at the expense of risk taking, but as far as we know, we're not risk taking."

No one is entirely sure exactly what creatine does to the human body, although its short-term benefits are well documented. Here's what is known: A weightlifting supplement that burst onto the bodybuilding scene about 10 years ago, creatine is a substance that occurs naturally in the human body. Its artificial form is a powder that comes in two-pound containers that typically retail for about \$50.

When a man gulps down a teaspoon of creatine, he speeds up

the chemical process that produces energy for his muscles. This lets an athlete workout at a higher intensity for a longer period of time.

It also speeds up the recovery process that muscles undergo after a vigorous workout, eliminating soreness and allowing for a better workout the next time around.

NU football players from tight end Jay Tant to defensive tackle Dwayne Missouri offer glowing testimonials to its effectiveness.

Both players put on about 30 pounds of muscle during their NU careers as a result of regular creatine use and countless hours in the weight room.

And NU coach Randy Walker is an advocate of creatine as well, saying he would recommend its use to anyone who asked.

"Yeah, I wouldn't hesitate," said Walker, a former fullback. "I would have given anything for creatine when I was a player."

But there are a growing number of people who express concern about its health risks. Because the product is fairly new

and is sold by an industry that falls outside the jurisdiction of the Food and Drug Administration, little is known about creatine's long-term effects.

Walker holds a positive view of creatine despite a difference of opinion with officials at Miami (Ohio), his former employer. The trainers at Miami had been giving out creatine to players since 1994, but they stopped after the university's administration intervened.

"The final decision came down from the president in conjunction with the school's legal counsel," said Gale Newton, Miami's head athletic trainer. "If 10 years from now someone's leg is way shorter than the other, we're going to feel pretty stupid."

Steve Willard, the former head athletic trainer at NU and current director of sports medicine at Colorado, first voiced concerns in the spring of 1996. Not knowing enough about creatine and aware of growing anecdotal evidence linking its use to hamstring injuries, Willard and NU athletic

director Rick Taylor developed an official policy regarding its distribution.

"Athletes everywhere seem to feel that if a scoop is good, then two is great and three is probably ideal," Willard said. "We decided to monitor its use, distribute it in small amounts and make the players go through a screening process. We didn't make it easy for them, but we also didn't make it intentionally hard. But it went from about 80 players using creatine down to about 15."

One victim of what he assumes to be a creatine-related hamstring pull is former NU offensive lineman Ryan Friedrich. Pulled hamstrings are injuries that typically belong to the skill players, the small speedy guys who catch touchdowns, run for big gains and garner all the fame.

Current players aren't oblivious to the questions surrounding creatine. Tant, teammates agree, hits the weights hardest and it shows. The 6-foot-3, 254-pound tight end benches a team-high

See **CREATINE**, page 14

Assisted Technology Training Center: Pot of gold at both ends of the rainbow

By Lynn Edwards
Staff Writer

The Assisted Technology Training Center is a large computer lab for students with disabilities to receive training to help get through classes. The center makes heavy use of assisted technology software and computers on powerful Pentium PC's.

Other De Anza College programs are located in the building with the Center, which is close by, but off campus. Located on the corner of Stelling and McClellan Rd, handicap parking appears in the lot, shortly after turning from Stelling Rd. right onto McClellan Rd. The Center's hours are Monday through Friday, 9:00 a.m. - 4:30 or 5:00 p.m. The phone number is (408) 996-0211.

Lynn Bays, part-time coordinator and instructor, meets with students that have disabilities to discuss the work they want to get done. She then schedules each one individually for training or using computers. Open lab periods are also available.

One of the many assisted technology programs already in use, Dragon Naturally Speaking, trains students to think and speak into a microphone as a way to use word processing and other computer software.

David Sheftman, technology aide at the

Center said, "We use the fastest and greatest machines for mission critical pieces of software. We have a Pentium III running at 500 megahertz."

Among the many other assisted soft-

Analysis

ware programs are JAWs, a screen reader for blind and low vision, as well as learning disabled students, gives support to students needing auditory feedback. Zoomtext, a screen enlarging program, helps students enlarge the screen and get a much larger format for computer homework and computer chores, games, and chats.

Up to 20 assisted technology PC computers are available for students. Some are connected to the Internet. Graphics capabilities are already in the works.

The center has a down time of two hours a week for software upgrades and a one hour staff meeting.

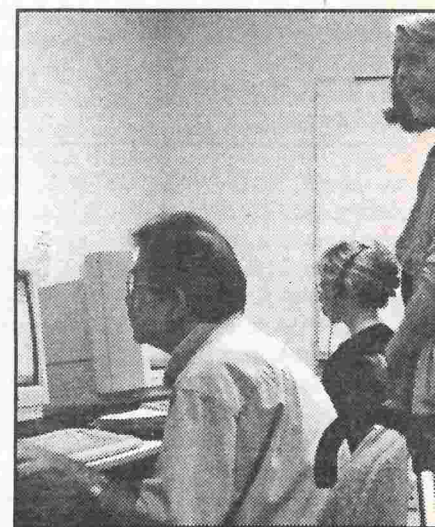
A reading machine reads back to students a variety of materials scanned in. It receives popular use. Jessica Blunt, a student who often uses the reading machine, says her grades are up to Bs and As. Her disability prevents her from making these grades without the reader.

DASB came through with funding for

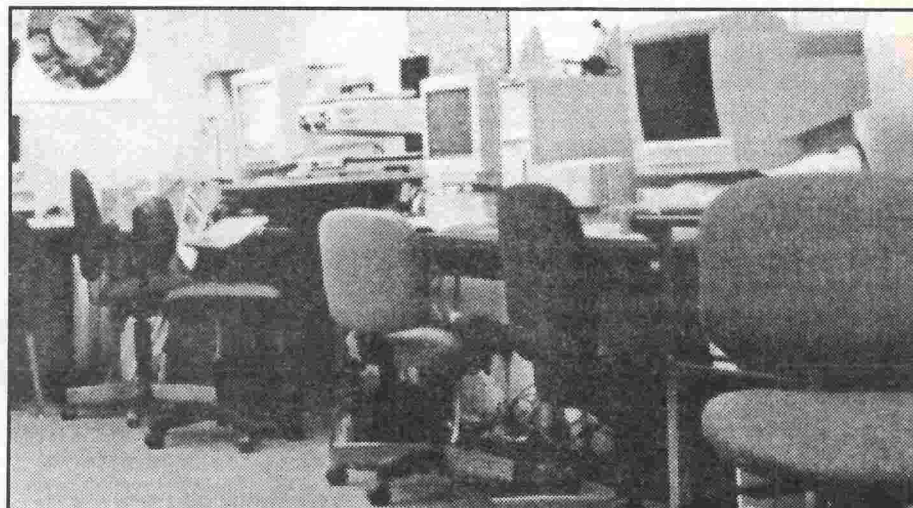
hook-ups and cables last year, and a super-tech student, known only as Ash, came to help route cables and make machines Internet efficient.

Students need to go through DSS (Disabled Student Services) or the EDC (Educational Diagnostic Center) to get involved in the services provided by the Center.

Right: Lynn Bays assists a student with his project at the Assisted Technology Training Center. Below: The Assisted Technology Training Center is a large computer lab for students with disabilities to receive training to help get through classes. The center makes heavy use of assisted technology software and computers on powerful Pentium PC's.



Lynn Edwards (2) / La Voz



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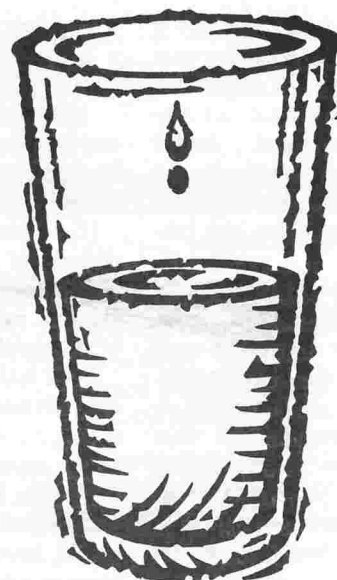
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Pimpin' Cupid will tell you if your crush likes you

By Kristin Davis
Special to La Voz

Do you have a crush on someone and are too timid to reveal yourself? Do you want to know if your crush feels the same before risking embarrassment? Let your own personal cupid do the work for you!

Pimpin' Cupid is a free service, bound to revolutionize dating as we know it. Born on March 14, Pimpin' Cupid resides at www.thespark.com. Since conception, he has already gained 1.3 million loyal supporters. His mission in life is to bring you together with your crush. Or vice versa. He spends all of his time doing what he does best, match-making. A sweet little guy, he is very concerned with protecting you from embarrassment and he carefully guards your privacy.

The way Cupid works is simple. You register for this free service and set-up your private crush list. Then, you enter the e-mail addresses of your crush(s) and wait. Pimpin' Cupid then sends each of your crushes a personal "someone likes you" e-mail. Hopefully intrigued, your crush logs onto the site, but Cupid does not reveal your identity.

Your crush must create his or her personal "crush" list and enter in the e-mail addresses of the people he or she is interested in. If there is a match, Cupid sends both of you an e-mail stating who you are. But he never reveals your

identity until an equal interest has been admitted by your crush, and he never reveals your list to your crushes.

Sam Yagan, one of the founders of Pimpin' Cupid, said the concept developed from an idea to help match up some of his friends.

The service is free, and Yagan's aim is that Pimpin' Cupid become the number one online destination for students and young adults for matchmaking. Yagan says they have had very few complaints, and those are mostly from

was a problem. He lives in Massachusetts, and I in Maryland! Well, the day after he went back home, I got a 'someone likes you' e-mail. I signed up and put his name as a guy that I had a crush on. Well, anyways, the next day I got an e-mail telling me that he liked me! That night we talked for 3 hours! He's coming back down in a few weeks and I can't wait ... I think I've 'found love.' Thank you all so much!"

Kathy wrote, "Pimpin' Cupid I don't know how to thank you. I've had a crush on my brother's friend forever. I didn't know if he liked me. When I put him on my list and I got letter saying I got a match I was so happy. When I saw it was him I almost cried. Thanks to you we are now going steady and everything is great. Thanks Pimpin' Cupid."

Pimpin' Cupid is not alone in the market of web sites based on the dating concept. The Internet is full of sites developing in the area of online dating. A Yahoo search presents hundreds of hits. There is Astro-point.com, which matches users with a partner based on astrological information. Collegedates.com. matches students from the same school based on criteria supplied. There is even Blinddate.org, which enables the user to play matchmaker. The site sends out two invitations, setting up unknowing individuals on a blind date, with the time and place determined by the originator, and included on the invitation.

What does this mean for the future of dating? Perhaps one day we will be living in a society where most of our dating and social arrangements are done online. E-dating -- can it replace the experience of the real thing?

“ Thanks to you
we are now
going steady and
everything is great.

-Kathy

people wanting to know whose list they are on. Identity of the users is protected by passwords, and responses are sent to the e-mail address of their choice. Yagan says he has heard many success stories.

May (last name held for confidentiality) wrote, "I met this totally awesome guy, Alex, one weekend, but there

San Jose's Tech Museum celebrates birthday

Visitors can go on a 'Thrill Ride' or use the latest technology to access the web

By Ann Sokolovskaya
Staff Writer

The Tech Museum of Innovation celebrated its first birthday at its new location on Oct. 30 and 31. The museum, located at Park Avenue and Market Street in downtown San Jose, opened the doors to its new building on Oct. 31, 1998.

The celebration, called Techabration, featured free cake, entertainment, new exhibits, free turquoise Slinkies, and a gathering of speakers who announced the Tech's accomplishments and expectations through the year 2020.

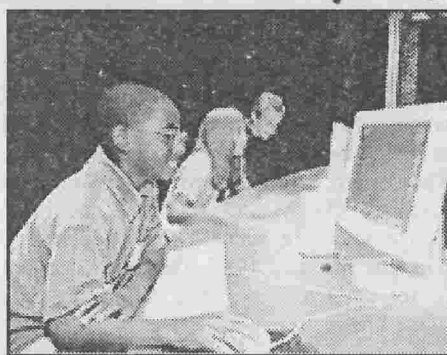
The Tech invited the community to contribute its predictions for the future using free technology provided by onebox.com. These forecasts were entered onto a CD-ROM, called the Digital Time Capsule,

and included with other items in a glass time capsule, available for permanent viewing in the museum.

Entertainment included showings in the Hackworth IMAX Dome Theater, where visitors watched films such as "The Living Sea," "Everest" and "Thrill Ride: The Science of Fun." A Disney film, "Fantasia 2000," opens January 1.

New exhibits at the Tech include the CyberPlace, an interactive exhibit that's a cross between an Internet Cafe and a high tech library. Visitors have a chance to try new innovative software, or surf the web using recent technology in a quiet environment.

The President of the Tech Museum, Peter Giles, said "Cyberplace is an important element ... because it gives every guest the opportunity to experience com-



Courtesy of the Tech Museum

The Tech Museum's CyberPlace holds twenty-six web-enabled computers with flat-panel displays. According to Tech officials, two stools have been placed in front of each computer to encourage people to work together.

puter interaction with the latest software or with people located on the other side of the world."

The CyberPlace computers, donated by Compaq, are equipped with digital flat-panel displays and include both education and entertainment software for users to explore.

Twenty-eight floor programs have been added at the Tech, and exhibits receive continual upgrades, such as the "Design your own rollercoaster" interactive exhibit, and the earthquake shake platform's new quakes from Turkey and Bolinas.

The year's accomplishments for the Tech included an increase in visitors to 900,000, and a quadrupling in the number of members. The Tech has an online site, at www.thetech.org, which receives 500,000 page views per month from web viewers.

**Applications
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for qualifications
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YOUR BEST COLLEGE CHOICE ON THE PENINSULA

A 'Walk to Remember' is a book worth reading

By Sharra Clausell
Staff Writer

New York Times bestselling author Nicholas Sparks touches the heart with his most recent novel "A Walk to Remember." A middle-aged man by the name of Landon Carter remembers his senior year at Beaufort High School in 1958.

During that year, the one thing he never thought would happen did, and it changed his life forever.

During his last year of high school, Landon developed a friendship with a quiet church girl, Jamie Sullivan, who showed compassion for everyone. Jamie was often rejected by her peers because of her pure, kind heart. But, by chance, Landon escorted Jamie to their homecoming dance and he never knew the girl he once ridiculed would become his one and only true love.

Jamie kept a life-changing secret from Landon that would alter his existence for the rest of his life. As Landon grew to love Jamie with her humane and delicate touch, he realized that this was the person he wanted to spend the rest of his life with.

Sparks, who is also the author of "Message in a Bottle" and "The Notebook," brought this book to life with vivid details. Although the novel seemed to drag a bit in the beginning, Sparks uses his words to touch our most inner emotions. He gives enough background and history of Landon and Jamie that enables readers to fully understand the true love that develops between them. Jamie is the daughter of a widowed Baptist minister in the small town they reside in. Landon is a son of a politi-

“ Although the novel seemed to drag a bit in the beginning, Sparks uses his words to touch our most inner emotions. ”

cian who spends most of his time in the Nation's capitol. Throughout the chapters, Sparks gradually builds on the story and suddenly and dramatically gives the climax, Jamie's secret.

I recommend this novel for all readers. It brings back the innocence of high school. Sparks delivers this story without the use of harsh words; it is simply written. This story will stay in the hearts of its readers because of Spark's ability to tell the story of Landon's last year of high school.

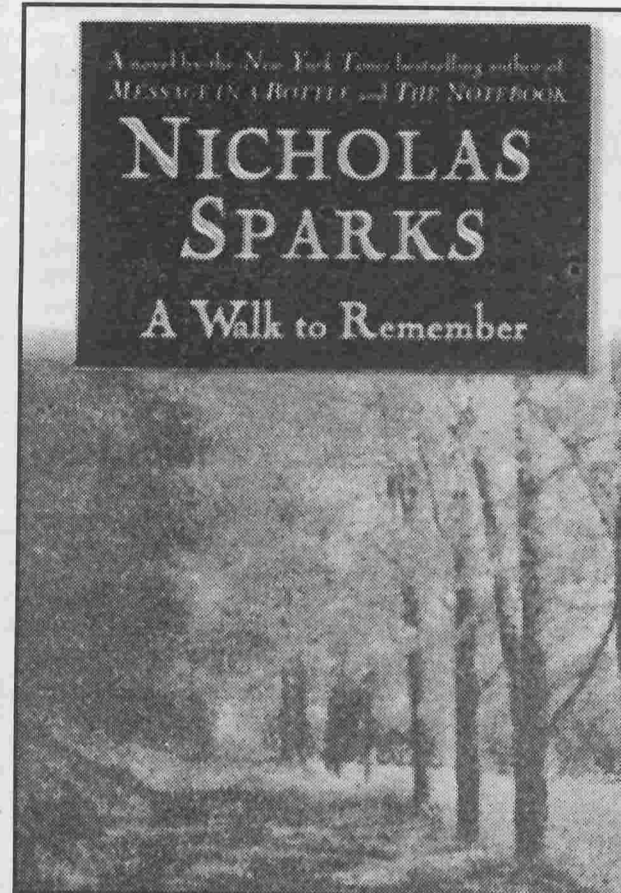


Photo Courtesy of Warner Bo

Lynyrd Skynyrd hit and miss on tour in New Orleans

(U-WIRE) BATON ROUGE, La. — Since Yankee Stadium in New York is the house that Ruth built, and The Meadowlands in New Jersey is the house that Bruce built, it would be nice to say that the brand new New Orleans Arena is the house that Skynyrd and ZZ Top built.

However, after sitting through this bland example of arena rock at its worst last Friday, I don't think that Crescent City history will remember this first event in the new arena in quite such historical

terms.

I saw the updated Lynyrd Skynyrd last July during their annual summer tour and was impressed at how good they were and at how much the masses still loved them. Thanks to a high profile episode of "Behind The Music" on VH1, the band was enjoying a success that they hadn't had since at least 1987 when they decided to reform a decade after their infamous plane crash.

Some of the fire seems to have dimin-

ished in the past year as Skynyrd, who seemed to do quite well on their own, are now obviously playing second fiddle to "that little band from Texas," as evidenced by a set-length just slightly over that of an opening band, which made these former superstars rush through their show at an unnaturally quick pace.

After openers The Screaming Cheetah Wheelies did their groove-rock thang, Skynyrd came out with the thundering title track off their new album, "Edge of Forever," and followed it with a playful "What's Your Name?," which got the audience on its feet.

Singer Johnny Van Zant then made a reference to the bad-boy days of Skynyrd and said it's all behind them now before launching into "That Smell," their ode to "too much coke and too much smoke," which the band played with a vigor that can only come from having lived your music, making the song the highlight of the regular set.

Lynyrd Skynyrd seemed to be having a great time during their brief set, led by a ferocious Van Zant, who played the role of frontman to the hilt, proving, after twelve years, that he comes damn close to filling his late brothers' shoes.

Even the usually subdued bassist Leon Wilkeson moved around the stage and even sang a little backup, showing he can do more than just put on a bunch of silly hats.

Because of the time constraints, the band, in a show of rare arena rock courage, combined a few lesser known songs, including "Whiskey Rock-A-Roller," "Down South Jukin'," "Swamp Music"

and "The Ballad of Curtis Loew," into a medley that had the hardcore Skynyrd fans grinning from ear to ear.

As for the new material, Skynyrd didn't rely too heavily on it, but made sure we knew they had a new record to support. The rocking "Preacher Man" featured guitarist Rickey Medlocke, who is the by far the most energetic member of the new Skynyrd, playing an old-school heavy metal riff over a typically deep-fried southern boogie, while the current radio single "Workin'," with its antiquated o to the blue collar man, didn't fare so well.

The band then launched into a raucous version of "Gimme Three Steps" and "Call Me The Breeze," which highlighted the three guitar attack of original members Gary Rossington and his newer cohorts Hughie Thomasson and Medlocke, before saying goodnight with a Rebel-flag waving "Sweet Home Alabama."

After a lengthy break, the spotlight hit original Skynyrd member Billy Powell, whose large frame suited him just fine behind a mighty grand piano, which was now decorated with a brass eagle.

As Powell began the beautiful intro to the inevitable "Freebird," thousands of lighters flickered throughout the new arena and not even the most jaded person in the place could sit still during what has now become a tribute to Ronnie Van Zant and the spirit of Skynyrd itself.

This version clocked in at around thirty minutes and, as it has so many times before, properly ended a Skynyrd show with an emotional high. Unfortunately, it was one of the few remaining high points of the night.

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Fallen angels help uplift low budget film

By Jopo Valera
Staff Writer

Sick, disgusting, and even sacrilegious. I am proud to admit that I loved "Dogma." To begin with the story let me say to all the Kevin Smith fans that this was an excellent film. If "Chasing Amy," "Mallrats," and "Clerks" are part of your movie history, then "Dogma" is a necessity in your list of movies to watch. Although it has a different feel compared to Smith's previous films, a sense of his style of film is still included.

"Dogma," like Smith's other films, contains the familiar faces the movie industry has grown to love. The story begins with a familiar duo, Matt Damon and Ben Affleck, as two fallen angels who have been punished to walk the earth for eternity. The two bring chemistry to the screen starting the story off on a somewhat appealing note. Damon plays his part very well, giving an angry personality toward everything that passes his way. Damon shows why he is one of Hollywood's most renowned actors with his subtle but appealing role in this movie.

Affleck, a long time friend of Damon,



Courtesy of Lions Gate Films

Matt Damon, left, stars with Ben Affleck in "Dogma." Their last collaborative project, "Good Will Hunting," earned them Academy Awards for best screenplay.

shows a different side than his previous movies let him expose. Similar to Damon, Affleck has anger in his blood but has a more sympathetic attitude towards humans. His previous movies accented his

comedic and romantic side, but this time he plays the angry type quite well. It is no surprise why both have gained the recognition they have received.

Chris Rock joins the cast with his hilar-

ious yet obnoxious humor. It is hard to critique Rock because his role in the movie is somewhat made up. So there is no real comparison to be placed against Rock. No matter what role Rock is given, it is certain that he will be the annoying one in the story. Still I liked him, adding a realistic feel to the movie.

Now to Salma Hayek. What can I say about her? I first saw her in "Desperado," and seeing her in this movie reinforced why I enjoy her work so much. Though her part is fairly small, she somewhat teases the crowd with her appearances.

"Dogma" has many surprises, always giving the audience a new and creative reason to laugh. I admit that some parts were disturbing and can be bothersome, but an open mind is needed before entering the theater. Simply, it is great humor. Whether it be about God or some other controversial issue, the main idea is the jokes.

This film is for open-minded people, and it is certain that some people will dislike the film in one way or another. Expect to walk out the theatre fairly angry, or suffocating from laughter.

Stone Temple Pilots new release not as 'Core' as they used to be in '92

(U-WIRE) LINCOLN, Neb. -- It is always hard to say goodbye to burnt-out rock stars.

In 1992, Stone Temple Pilots became one of the most influential hard rock bands and helped push alternative rock to the radio dial with the release of their first album, "Core."

Four years later, "Tiny Music ... Songs from the Vatican Gift Shop" was released, and the Pilot in front, Scott Weiland, began drug rehabilitation.

In the two years following the poorly-received album, Weiland recorded a solo album, and the other three Pilots found a new vocalist and performed under the name Talk Show.

Just when you thought you had heard the last notes from another prominent group in hard/alternative rock, the Pilots performed an impromptu gig in March 1999 and a surprise concert in August. They also have released their fourth project, unfeelingly titled "No. 4."

The sounds on "No. 4" seem to combine the best elements from the previous three albums but unfortunately don't offer anything new.

The first single, "Down," sounds as if it comes straight from the "Core" sessions with instantly hard guitars and repetitive lyrics. The accompanying video is equally uninspired, with dark images of the band and a seizure-inducing strobe light throughout.

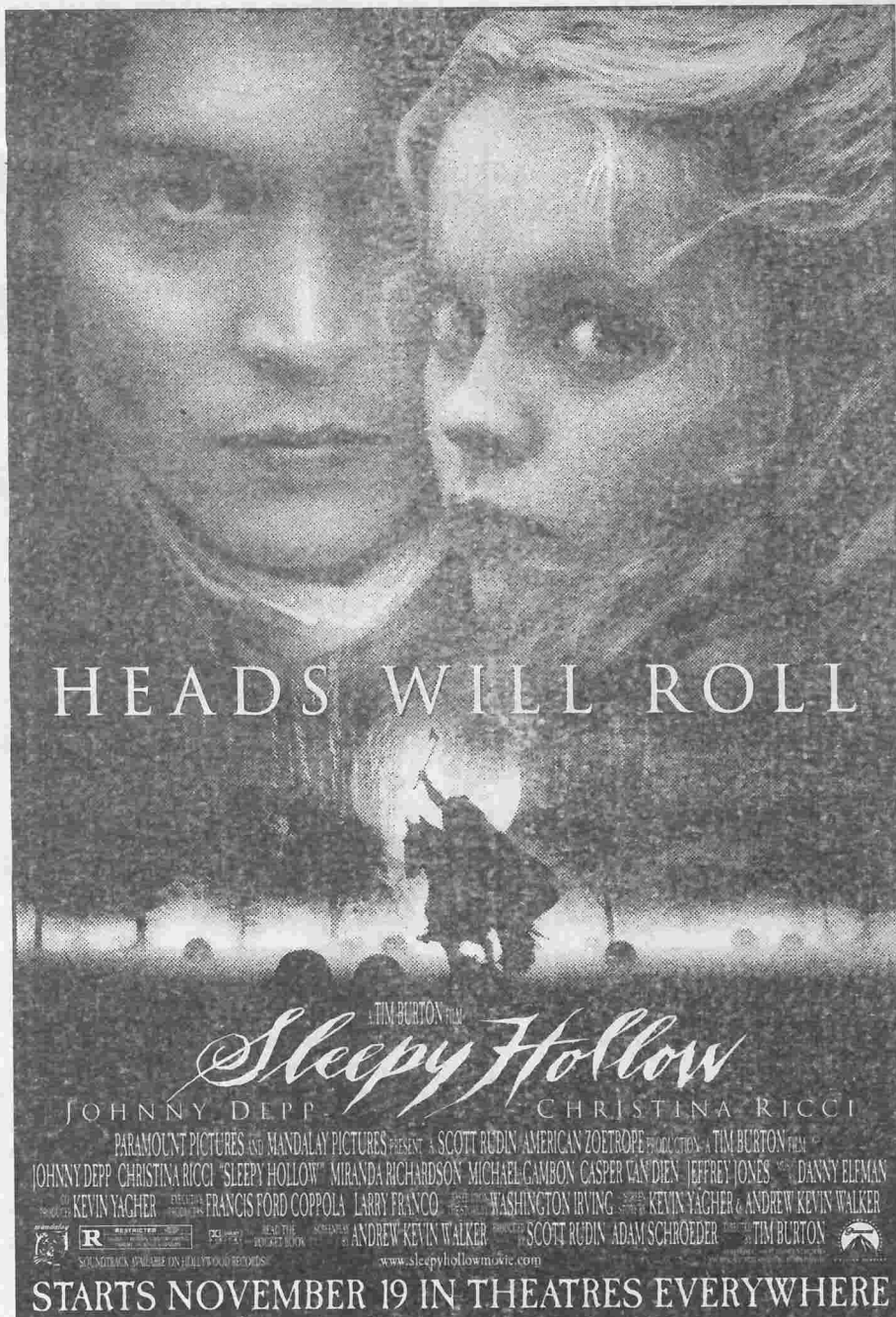
An early track on the album, "Church

on Tuesday," sounds more like a remix of "Seven Caged Tigers," the final track on "Tiny Music," rather than a new composition. The song easily sticks in your head, and the progressions flow quite well, but the rehash of old ideas drags "No. 4" into an album that sounds more like newly found material instead of freshly conceived concepts.

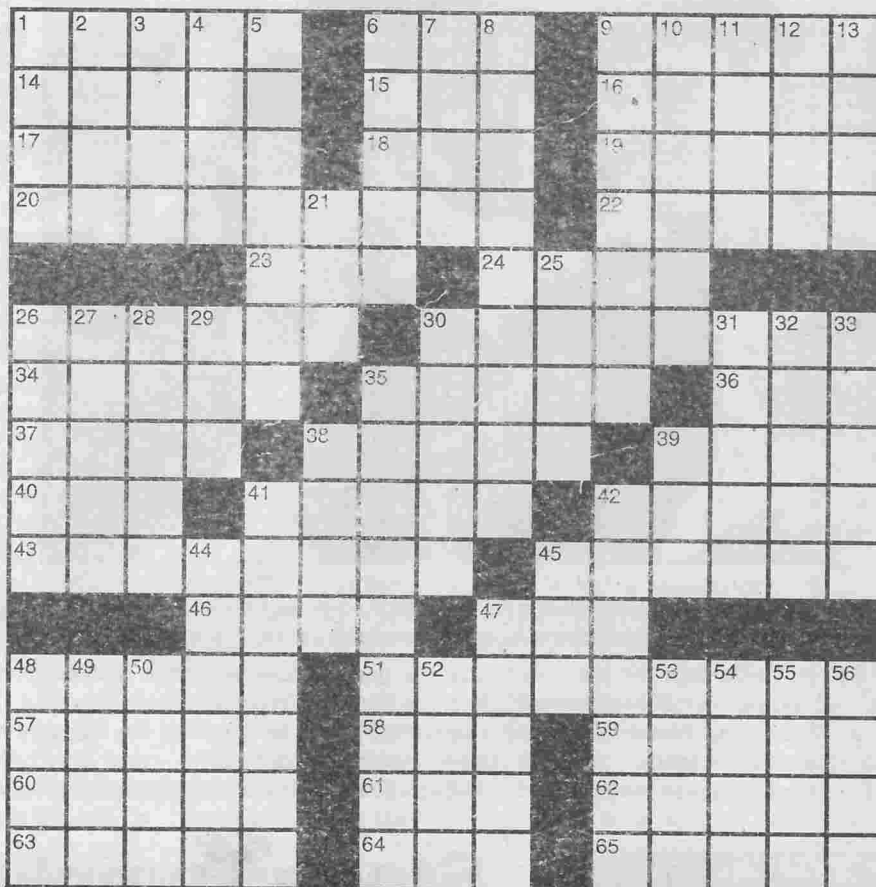
The closest songs to outstanding on "No. 4" remind the listener of the MTV Unplugged set from 1994. (Yeah, the one where Weiland looks strung out in his rocking chair.) "Sour Girl" introduces more exciting percussion, like a triangle, and features rich vocal harmonies and a bouncy bass line. "I Got You" would fit well on "Tiny Music," combining a piano track played by producer Brendan O'Brien and a lapsteel guitar providing a country twang for a refreshing genre mix.

The final track, "Atlanta," is an interesting change from the rest of the album, and it's not just because you can sing "My Favorite Things" from "The Sound of Music" over the chords. "Atlanta" rises and falls with many layered instruments, as truly moving songs should, and creates a welcome cool-down from the 10 one-layered songs that precede it.

Only the most devoted Stone Temple Pilots fans would find reason to listen to "No. 4" more than four times. It may be time for Talk Show to release a new album.



CROSSWORD PUZZLE



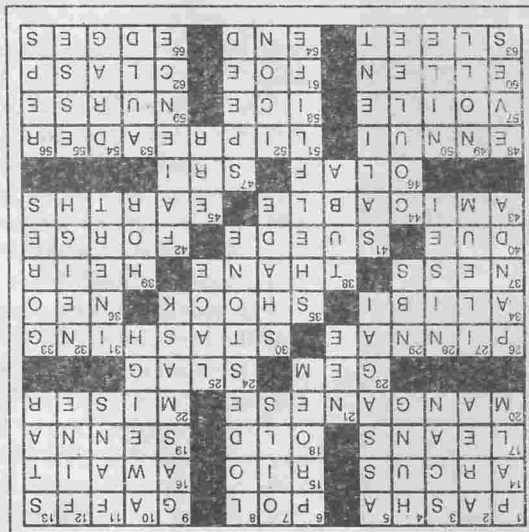
ACROSS

- 1. Turkish official
- 6. GOP or DEM, e.g.
- 9. Cheats
- 14. Whitish cornea discharge
- 15. ___ Grande
- 16. Hope for
- 17. Tilts
- 18. Age-challenged
- 19. Brazilian racing driver
- 20. Atomic Table #25
- 22. King Midas
- 23. Crystalline jewelry rock
- 24. Smelting waste
- 26. Feathers
- 30. Hiding away
- 34. Excuse
- 35. Type of absorber
- 36. ___ Nazi
- 37. Loch ___
- 38. Scottish feudal baron
- 39. Recipient
- 40. Payable
- 41. Type of leather
- 42. Go ahead
- 43. Easy to please
- 45. Our planet (pl.)
- 46. Scandinavian name
- 47. ___ Lanka
- 48. Boredom
- 51. Way of understanding
- 57. Translucent fabric
- 58. Frozen water
- 59. Medical care-provider
- 60. ___ DeGeneres
- 61. Enemy
- 62. Necklace fastener
- 63. Icy rain
- 64. Concluding part
- 65. Rims

- 28. Japanese immigrant's son
- 29. Public radio initials
- 30. What an elm provides
- 31. Non-reactive
- 32. Dobbin's hello
- 33. Al & Tipper
- 35. Period of popularity
- 38. Low-pitch music instrument
- 39. Not bent
- 41. Noticeable
- 42. Glazed earthenware with color
- 44. Lava stream
- 45. It's human
- 47. Amphetamine (slang)
- 48. Summer nights
- 49. Famous Steelers coach
- 50. Longest river in world
- 52. Picture on computer screen
- 53. ___ iang syne
- 54. Take a puff
- 55. Being (Lat.)
- 56. Representatives (slang)

DOWN

- 1. "Date" is one variety
- 2. Spare measure
- 3. Read images on a computer
- 4. Jury without conclusion
- 5. Zulu spear
- 6. Speech introduction
- 7. Olive-squeezings
- 8. Magnetite
- 9. World War One artifact
- 10. "Anchors ___"
- 11. Baseball strikeouts
- 12. Punishment
- 13. Wish upon this
- 21. As born
- 25. Bridal fabric
- 26. Chinese gift to U.S.
- 27. Small intestine



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Creatine:
the athlete's
secret fuel?

■ CREATINE, from page 9

450 pounds.

Though he has used creatine in previous seasons, Tant has stayed away from it this fall. He has been hampered by a tendon hamstring for several months and finds it prudent to follow Aggeler's advice about not using creatine during the football season.

Though he will likely resume taking creatine after the season, Tant does not acknowledge its potential hazards.

"Down the road, if there are effective treatments, there are going to be a whole lot of people suffering," Tant said. "It's in every program, all the way from Division I to Division III. It's even in junior high now."

But Tant isn't entirely correct. Penn State trainer George Salvaterra said his program doesn't distribute creatine to players and won't until a conclusive study both proves the supplement's benefits and answers questions about its long-term effects.

"I don't know of any other ethical way to go about it," Salvaterra said. "No one has ever done a study saying it's done anything. This stuff's never been proven."

With all of these concerns about its potential harm, it seems a wonder that anyone would want to use creatine. For the motivation for football players is exactly hard to decipher. Using creatine in conjunction with vigorous workouts helps increase the size and strength of the weightlifter.

And in Big Ten football, size and strength mean almost everything.

"Whenever I see a linebacker line up on top of me, I know I can kill him," Tant said. "You know you can just walk out there and dominate some people."

Some, including Aggeler, compare creatine use to the steroid craze of the 1970s. But others — including Walker and Chicago Tribune columnist and creatine user Skip Bayless — say that overstatement is the case. Bayless pointed out that creatine is legal, is not prohibited by the NCAA and can be purchased in most grocery stores.

"Creatine's not helping you grow, or recover," Bayless said. "You have to provide the dedication, the diet and the protein. Steroids, that's rocket fuel. Creatine is recovery fuel. I don't know why an athlete wouldn't use it."

Still, opinions seem to outnumber facts. Good or bad, dangerous or not, those terms don't seem to apply. Creatine is described with "ifs" and "maybes." Maybe the short-term gains will be worth it if long-term health risks don't pan out.

But for Friedrich, that uncertainty alone is enough to keep him away from creatine.

"They don't have guinea pigs for that stuff," he said. "We've been the guinea pigs."

Corporate "festivals" have no place at De Anza

On the morning of Wednesday, Nov. 10, students heading off for their classes walked into an advertising extravaganza on their very own campus. Occupying the center of the main quad, this festival included several new sporty General Motors brand cars prominently placed for show, surrounded by a spectacle of music, events, contests and free food and prizes. This event, called Aleropalooza, was put on by Edventure Partners, created by General Motors Corporation to work with faculty and students to market products at schools.

"[To] let students be aware of the brand is really the goal," according to Jon Suzukawa, the coordinator between GM and faculty for Edventure Partners. Suzukawa was very open about the purpose, with the music and hype, one could not miss those four shiny cars and the banner of the event, trumpeting the car's brand name

They supplied a \$2,500 budget for a De Anza marketing class to create and plan this event as part of a graded assignment. The event was also sponsored by 25 local businesses, including local car dealerships.

"We researched students first, found the target audience, and with advertisements we supplied them with their needs," said Agency Liaison for Edventure Partners Geraldine Manongdo, a De Anza student in the marketing class.

Any savvy student would first ask, "What needs? And why does GM want me to be aware of it's brand so much?" Manongdo answers precisely when she says that most of the time advertising changes people's perspectives, whether they like it or not.

It's a shame that people who care about education in our society have to often repeat that De Anza is an educational institution. It is not a platform for corporate advertisement, whether it is Coke, Citi-bank, First USA or General

more aware than they would expect. "It's profane ... this is a school, they are not supposed to be marketing [to students]," said Janessa Winn, a student in the quad during the Aleropalooza event.

Another student who is in the marketing class and asked to remain anonymous said, "Students are a captive audience. They have to walk through this, and that's what they (GM) want."

DASB Executive Vice President Les Leonardo agreed, saying, "It's more commercialism, we are not here to shop, we are here to learn ... I think it's a shame that we are devoting all these resources to marketing for GM."

GM hopes that college students might be one of the prime buyers of this car. They were able to come to De Anza, spend \$2,500 to get a marketing class to research their target audience and then spend a day promoting their product to thousands of students. Normally, this research, use of space, resources, promotion and labor would cost GM tens of thousands of dollars. All the GM executives are probably laughing themselves to the bank saying, "What a deal!"—and nearly all at the campus community's expense.

There is a long standing idea that schools are here to educate and serve the public good, but there is also a small group who believe that schools are a resource for special interests, an "untapped market" if you will. This group of corporate interests thinks that schools and the minds of students are open to the highest bidder. To use public resources and space for corporate advertising and promotional events such as Aleropalooza is a shameful violation of the public interest.

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Editorial: The Opinion of La Voz

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Motors. While this event may have been a learning experience for the marketing students involved, it has no place on a school campus. Our campus should strive to be place of learning and student involvement, not a corporate knowledge factory serving elite interests.

Students who want to learn more about GM should watch the film "Roger and Me," which comically details the devastation caused in Flint, Mich., when GM lays-off thousands of workers to export their good paying unionized jobs to Mexico, where they can pay workers half as much and skirt labor, safety and environmental standards. Do students and faculty want our college connected with practices such as theirs?

What GM marketers did not take into account is that many De Anza students are

Observing our obsession: fascination with celebrities

I've always been interested in celebrities. I've never had much of an infatuation with one. I'm more fascinated with the fact that other people were so interested in them that they would actually read entire articles about why Howard Stern and his wife split up. What makes them so fabulous that we pay such attention to their personal lives, to their clothes, their makeup?

Then I was invited to go to the premiere of "The Bone Collector." All I could think was "wow." I was able to meet Angelina Jolie, Michael Rooker, Mike McGlone and Queen Latifah.

I even commented on a model's sneakers because I had the same ones. Of course she responded with a cute little smirk, but it was to be expected.

We glorify these people. And I'm not exactly sure why. What makes them any better than any one of us? Acting is their

job; it's how they earn money.

What's amusing is that although I question why we put these celebrities on a pedestal, I have to admit when Jolie walked directly past me in the restroom at the Rainbow Room, I gawked.

And then I spoke to her. She was normal. Just as normal as the next person, and moreover, she was actually very nice.

Then I thought about why I had gawked when I first saw her. Quite possibly our preoccupation with celebrities may be that we are envious of them. It could be connected to our desire for attention. For these people, after they make one big movie, the tabloids are obsessed with them, and thus, society begins to find an attraction to them as well. Do we want to be them? By that I mean that we may not necessarily want to actually become them, but to feel extreme fascination from others could be great at

times.

I'm just not sure why we are so concerned with celebrities. We treat them as if they are gods. I've seen it. I just become confused as to why we enjoy learning about them so much. Many people go out and buy magazines solely based on our interest in celebrities. We are eager to learn about their personal life, their exercise regimen and even who they're sleeping with. That's a little scary.

We are incessantly looking for ways to feed our ego, to make us feel better about ourselves. What could be better than having people stop in their tracks when you pass them by? Of course I'm sure at times it would get a bit annoying, for example, if a photographer burst into the room of your hotel and took pictures of you taking a bubble bath, but it's not as if those things happen all the time.

Many people are even fanatics. They

devote entire Web pages to the certain celebrities that they are obsessed with at the moment and devote a large part of their time to learning and dreaming about the individual. There are even chat rooms to discuss thoughts about the person who is seen as godly.

In essence, I realized that our interest in celebrities could be from a number of things, for example: their beauty, their intelligence (which, sadly to say, isn't usually the reason), and just that they are on screen being watched by millions of people. But we need to realize during all of this that they're just like us. Maybe we should treat them that way, and grab the pedestal from under their feet.

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(U-WIRE) BLOOMINGTON, Ind. —
By Jessica Carlin, Staff Writer for the
Indiana Daily Student at Indiana
University.

Letters to the Editor Policy

La Voz welcome Letters to the Editor. Letters must be signed and a phone number should be included for verification. Names will be withheld upon request. Letters should not exceed two double-spaced, typed pages (300 words). La Voz reserves the right to edit for length and clarity, but will make no attempt to alter meaning. Please e-mail letters to lavoz@fhda.edu or drop letters in the L-41 office or the La Voz mailbox outside L-41.

BACKTALK

"What's the #1 De Anza class you'd recommend to others?"



Anthony Chin - music
 "Music 8A is fun and you learn a lot of stuff. Like how to produce, mixing, multi-track tape recordings, and all that good stuff. I hope to be a professional DJ and or producer. I know Music 8A will help."



Garrett Ozanne - undeclared
 "I would really recommend environmental biology. I think my teacher's name was Julie Phillips. The way she approaches the subject and how strongly she feels about the environment get her students involved and you also don't fall asleep [in class]. Most of her students become her TA's and that's gotta mean something."



Helen Ly - international marketing
 "I would definitely recommend Kaufman for a philosophy teacher. I took two philosophy classes from her. She's really passionate and really loves to teach. She's controversial ... she's a feminist and a Marxist. But she has a really natural style. She's also ethical and polite."



Matthew Clark - marketing and finance
 "I recommend any of Mrs. Stevens' history classes. And to tell you the truth, her classes are kind of hard. But you learn a lot about history. In History 4A she really challenged her students. Therefore you have to raise your standards ... but it has helped me in my business."



Nhung Truong - business
 "Mrs. Green for English 100B because she teaches the sentence structure very well and makes sure you get it down cold. [She makes sure you understand] EVERYTHING! I agree with her belief that if you can't write a sentence correctly, how can you write a paragraph or even an essay?"



Yaser Khalil - physical education
 "Sociology with Rich Wood. He actually gives inside info we don't hear from the news or media. I've learned a lot of really bad things happen in other countries that U.S. citizens don't know about. Our government is either doing it or helping in doing it, and hiding it."

Compiled by Jopo Valera
 Photos by Marion Valino

WORD SEARCH PUZZLE



Bushels of Vegetables

O Z D H I C I Y P T C S A E P
 N J T P P T M R C A N W R U X
 E S N M E E C E U B I P W C N
 K R P Z V A I L E R X A G V L
 E X X I R Z I E K O D R F W E
 A T P R N F K C O C R S P S X
 R S O E L A T I H C K N D N A
 T T P O P F C L C O L I Q B E
 J M W A J P J H I L N P O J R
 L E H M R R E H T I N R O C C
 R H L E D A M R R T E E B B S
 H E E L I S G P A H I I O M N
 L G Q O C U C U M B E R A D N
 L E T T U C E A S E Q Y C U Q

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Directions:

Find the words listed below in the puzzle, either across or down or diagonally, forward or backward.

Word List

- Artichoke
- Asparagus
- Beet
- Broccoli
- Carrot
- Cauliflower
- Celery
- Corn
- Cucumber
- Lettuce
- Parsnip
- Peas
- Pepper
- Spinach
- Yams

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