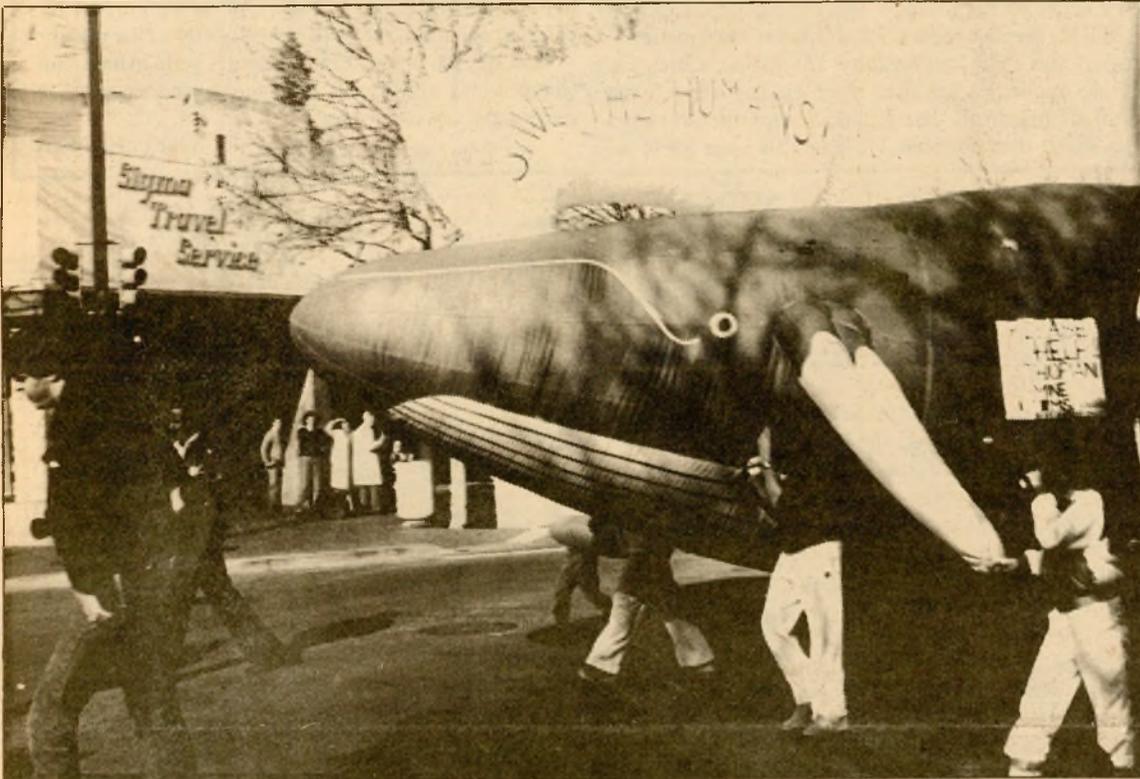


# FOOTHILL SENTINEL

Volume 27, Number 11 Los Altos Hills, CA 94022 January 18, 1985



Children participate in Palo Alto's March for Hunger.

Photo by Ed Trumbull

## America needs 'New compassion'

By TERESA EVANS

America needs a new kind of compassion, said The Rev. Cecil Williams, pastor of San Francisco's Glide Memorial Church, as he addressed an audience of close to 200 people at Stanford Memorial Church, Sunday. His speech was part of the March for Hunger program sponsored by the Stanford East African Relief Organization (SEARO).

An estimated 75 people carrying signs and banners walked from Lytton Plaza in Palo Alto to the Stanford Campus to hear Williams and five other speakers. The marchers were accompanied by Flo, a 27-foot inflatable blue whale that had "Save the Humans" written on its water spout.

Williams started his talk by saying that poverty was the most humiliating experience a person or group could ever encounter. He quoted Dr. Martin Luther King Jr. as saying, "Poverty is like a notorious octopus which stretches all over the world."

Contrasting the lot of the poor with life in America, Williams said most people in the world have never seen a dentist or physician, there are no support systems such as social workers and ministers as in America today. "We are a privi-

leged people," he stated.

Right now, Williams said, the world agenda is to supply and re-supply those who have. But, in order to make sure famine is not a reality in the future, "The poor must become our priority."

"We need a new kind of compassion in America," Williams said. "We need to become responsive to people who are in need." One way he suggested is by not waiting to hear of great need on TV.

"We must go get the information ourselves, not wait until the information gets us," he said. After getting the information, he added, we must try to inform the people who have power to do something about it.

Williams said he thought that if people in America wanted to eliminate poverty they could, but that the will to do so isn't here. Mentioning that there are those who benefit economically from poverty, Williams said, "What we have in America is not a deficit of resources, but a deficit of human will."

Making an oblique reference to the recent scandals involving relief aid organizations, Williams said that too many hold off on giving because they want to know what will be done with their money. "Well let me tell you something brothers

and sisters, you're not giving that much money anyway."

The audience applauded when Williams said, "We have to take the politics out of hunger. I don't care if a country is Marxist or not; it's the people who count, not the ideology."

Williams mentioned the plans at Glide Memorial for Superbowl. They will have a big screen set up and the poor people in his congregation have decided that they will come to watch and give their money for famine relief.

"The have-nots giving to the have-nots," he said. "If the have-nots can, then certainly the haves can do it also."

Other speakers at the program included: Worku Negash and Awetu Simesso from SEARO, Fesseha Atlaw of the Ethiopian Famine Relief Committee, Joseph Edozien of the Stanford African Students Association and Daniel Schwartzman of the Red Cross.

Simesso said that even if the tide is reversed in Africa there will still be millions of people with permanent brain damage as a result of starvation. The debate and analysis about causes and cures for famine goes on, he said, "but there can be no more important issue than the

(Continued on page 4)

## 'Auditing system' allows class repetition

By KENNARD GRAY

There is a new system at Foothill for students who wish to take a course beyond the number of times permitted. It is called auditing.

"Under the auditing system," said Dean of Instruction Irel Lowe, "students who have taken courses and repeated them the maximum number of times allowed but wish to repeat them again without receiving credit can do so." In the past, Lowe said, students were not allowed to go beyond the limit in class repetition. "Now auditing makes it possible."

Lowe said students who might benefit from this new procedure include those who wish to re-take a course for personal enhancement.

"This includes students who might have taken a course a while back and wish to refresh their memory."

A student must have received a grade of "C" or better in order to audit a class, said Lowe.

Audit requests are available in the Registrar's Office and must be signed by the instructor and the registrar before the student submits the request to the college cashier, said Lowe.

The audit fee is \$10 per unit. "However, if the student is presently enrolled in six or more units, fees for the first three units of audit are waived," said Lowe. "Approved audit requests will be accepted beginning this week."

## PE program initiated with no state funding

By BILL MUSICK

Despite the veto of AB2638 by the California Governor in January of 1984, Foothill College has implemented a pioneer matriculation program in the physical education department.

Matriculation provides individual counseling and testing prior to registration. After skills are assessed, schedules are developed to enable the student to meet his or her educational goals. Coaches and counselors monitor the students involved with athletic matriculation and assist with planning and scheduling.

Bill AB2638 was to have funded the matriculation program for 12 community colleges, including Foothill, and would have required the Chancellor of the California community colleges to fully implement specified matriculation services at these schools. The bill would have appropriated over \$10 million to implement the specified

services and would have required the Chancellor to develop a plan to phase in participation of all community colleges over a period of three years.

Following a proposal by Dr. Thomas Clements, president of Foothill College, Bill Abbey, athletic director, and Dick Charles, dean of students, the program, without state funding, was accepted by the physical education department and the counseling offices at the end of the 1984 spring quarter.

The matriculation program had its start prior to the beginning of the 1984 fall quarter with all new student athletes required to participate in the college's assessment program prior to registration.

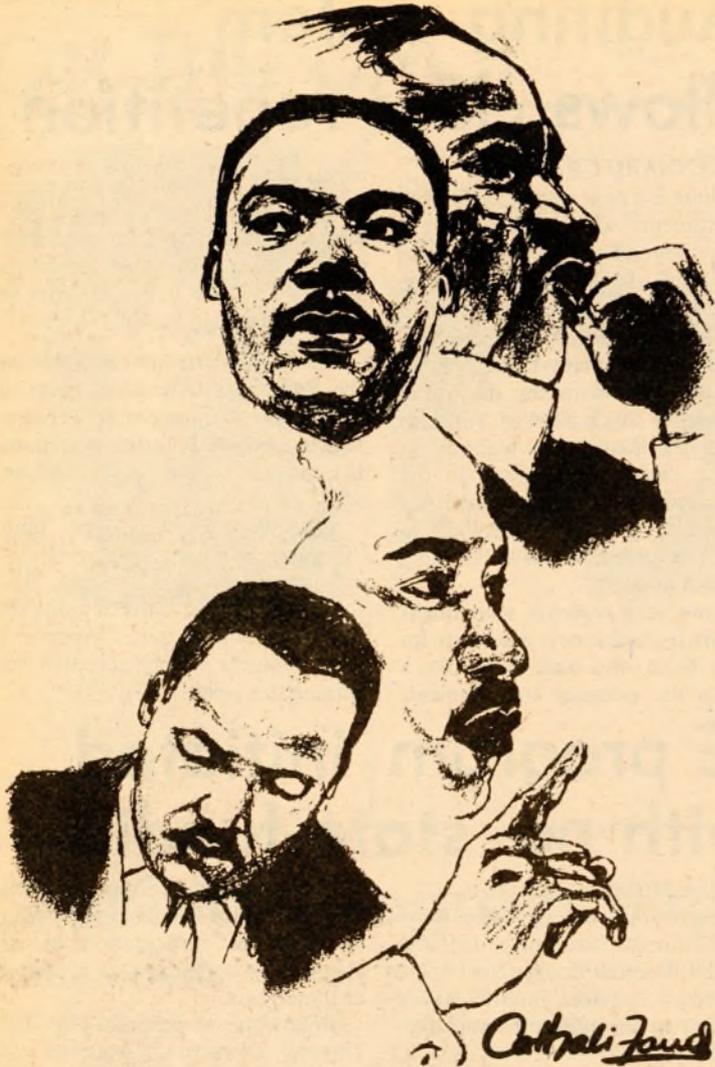
In trying to assess the program, Dean Charles said, "We won't be able to have a true evaluation until after two or three years, but I think things are going along fine. The coaches and counselors are supportive and through the extra effort

(Continued on page 4)



Students line up for late registration, although Foothill Registrar's Office says enrollment is down for winter quarter.

Photo by Lynn Schol



## DR. MARTIN LUTHER KING JR. (January 15, 1929 – April 4, 1968)

There was a great man who dreamed of economic and education equality as well as peace among all men. The man that I speak of is the Rev. Dr. Martin Luther King Jr. If it were not for the love and integrity of such a man, where would I and many others like me be?

Dr. King was an educator. He taught people how to fight for what is an inalienable right called Freedom. He encouraged non-violent protests and opened the eyes of many through his powerful oratory. However, among his many great achievements, his demand for educational equality weighs most heavy on my mind.

Has his dream of educational equality been realized? Yes, it has. The opportunity for higher education among minorities has risen since his day. I am living proof of his dream being actualized. Other students also share this opinion. We have all been given an

opportunity to enrich our lives and enhance our knowledge from what is now a legacy. I won't deny that there have been many setbacks in attaining the goals we set for ourselves. Economic factors are by far the largest hinderance of our day.

But, let us not lose the direction of the question posed. We won't dwell on the setbacks, but work diligently and peacefully to change them. We must become inspired through his works to achieve the highest level of personal standards. Be proud people, for you have the freedom to enjoy life's finer things – if that is what you want. I know each and every one of you will have only the fondest memory of Dr. King. Students, I speak to you directly. This may be a new day, but the needs of the people have not changed. We all want peace, justice and equality in every aspect of life we pursue.

—Sancha Haysbert

## Leader's life recounted

### FAMILY BACKGROUND

Martin Luther King, Jr., was born Jan. 15, 1929, in Atlanta Georgia, the second child and first son of the Rev. Martin Luther King, Sr., and Mrs. Alberta Williams King.

### EDUCATION

Young Martin received his elementary and secondary education in the public schools of Atlanta. He was an Early Admissions student at Morehouse College in Atlanta. He graduated from that institution in 1948 [at the age of 19] with a B.A. degree.

He went to Crozer Technological Seminary in Chester, Pennsylvania, where he became the first Black person to be elected president of the student body and graduated first in his class – the class of 1951.

Dr. King was married on June 18, 1953, to Coretta Scott at her home in Marion, Alabama. They had four children: Yolanda Denise,

Martin Luther, III, Dexter Scott and Bernice Albertine.

### LEADERSHIP

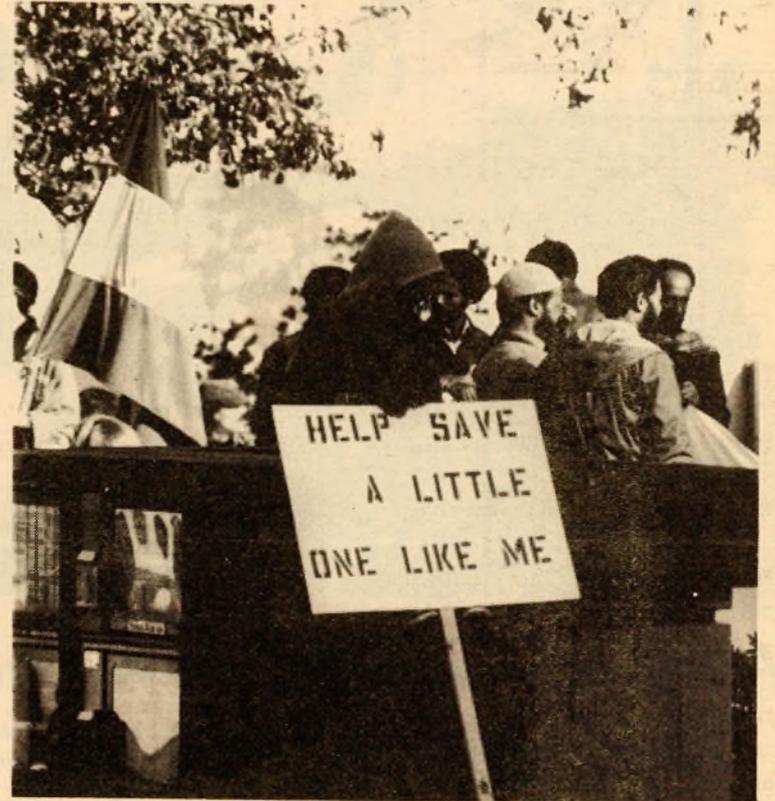
The contemporary nonviolent movement began in Montgomery on December 1, 1955, with the arrest of a Black woman, Mrs. Rosa Parks, for refusing to give up her seat to a White man on a city bus.

At the first mass meeting of the boycott, on December 5, 1955, Dr. King said: "If you will protest courageously, and yet with dignity and Christian love, when the history books are written in future generations, the historians will have to pause and say, 'There lived a great people – a Black people – who injected new meaning and dignity into the veins of civilization.' This is our challenge and our overwhelming responsibility."

There were high points: the March on Washington in 1963,

when Dr. King delivered his most famous oration, "I Have A Dream," before 250,000 demonstrators and a national audience; the Birmingham Movement organized by SCLC in 1963 and its direct result, an end to legal segregation through the Civil Rights Act of 1964; the Selma Movement which regained the right to vote through the Voting Rights Act of 1965; the awarding of the 1964 Nobel Prize for Peace to Dr. King – the third Black man, twelfth American, and youngest person ever to win it.

But there were low points: the widespread and vicious attacks on Dr. King when he acted and spoke out against the war in Vietnam; the constant violence against the movement; the flood of hate mail and threats; the economic system which exploits the poor and caused Dr. King to conceive the idea for the Poor People's Campaign for which he had begun to prepare just before his assassination in Memphis on April 4, 1968.



Hunger Marchers in downtown Palo Alto.

Photos by Ed Trumbull

## FOOTHILL SENTINEL

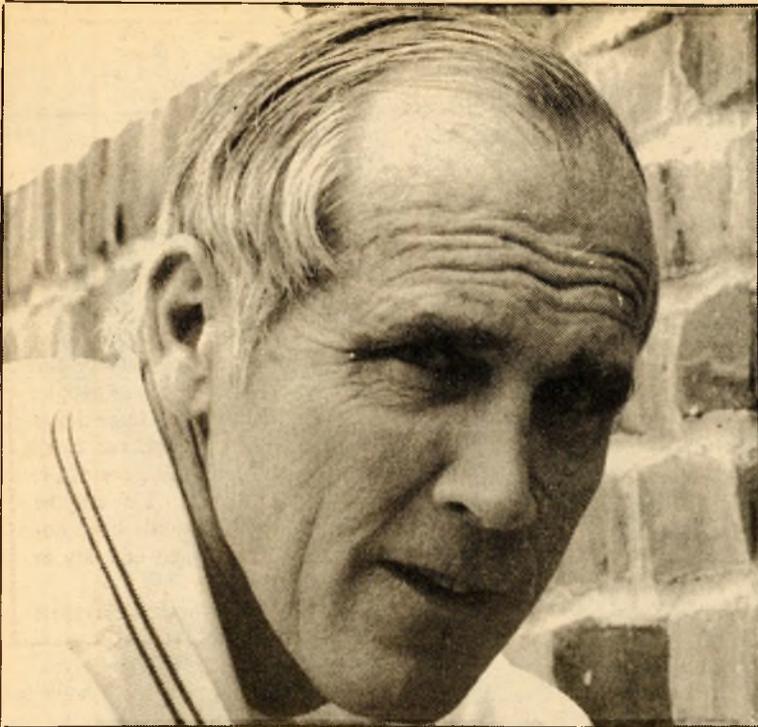


The SENTINEL welcomes letters. All letters must be typewritten (double-spaced), be restricted to 300 words or less, and be signed. Your phone number would be appreciated so that our editors can verify points of information.

The SENTINEL is a student newspaper published weekly on Fridays during the academic school year by Foothill College, 12345 El Monte Road, Los Altos Hills, CA 94022.

Opinions expressed are not necessarily those of the college or student body. Staff members are students enrolled in the journalism program at Foothill. The SENTINEL staff is located in M-24; telephone 415/948-8590, x372 or x261. Advertising rates available upon request.

Editor-in-Chief, Michael Belief; Editorial Page Editor, Michael Field; Sports Editor, Anshu Nagpal; Fine Arts Editor, John Wiley Garner; News Editor, Kennard Gray; Staff Assistant, Alison Wilson; Advisor, Herman Scheiding.



Hank Ketels

Photo by Flavia Raddavero

# Triathlon is sabbatical focus

By BILL MUSICK

Hank Ketels, physical education instructor and assistant track coach at Foothill, is planning to do research for his third book when he takes a sabbatical leave for three quarters during the 1985-86 school year.

"This will be a fact finding and information gathering period," said Ketels. "There is a definite need for the correlation of information on triathlon training and I hope to make Foothill College the best place to obtain this knowledge."

"Foothill initiated a program last spring, and it is one of the first programs in the nation dealing with triathlon training," said Ketels. "Students can learn about their

physical limitations and improve their abilities to cope with and handle stress. The multiple training in bicycling, swimming and running works to vastly improve the cardiovascular system."

While on sabbatical, Ketels plans to attend the Ironman competition in Hawaii and visit training sites in Massachusetts, New York, Rhode Island and California to interview participants and medical people associated with the triathletes. Ketels will attend clinics and lec-

tures on sports medicine, nutrition, injuries and related subjects at the University of California Medical Center in San Francisco.

Ketels has been at Foothill

since 1967 and coached the cross-country and track teams from 1967 to 1980. His first book, "Safe Skin and Scuba Diving," published in 1975, is used as a textbook by major universities. The book was edited by World War II frogman Jack McDowell, who had been out of diving for years when he took one of Ketels' diving classes. Later, Ketels decided to make him a co-author.

In 1979 the two authors completed a two-year task of revising and expanding the textbook, resulting in the publication of a new book entitled "Sports Illustrated Scuba Diving." This book was designed more for the general readership of scuba enthusiasts.

## Basketball Schedule Women's

Friday, Jan. 18	*W. Valley College	West Valley	6:00 p.m.
Tuesday, Jan. 22	*San Jose City College	FOOTHILL	6:00 p.m.
Friday, Jan. 25	*Chabot College	FOOTHILL	6:00 p.m.
Wednesday, Jan. 30	*De Anza College	De Anza	7:00 p.m.
Friday, Feb. 1	*San Francisco City C.	FOOTHILL	6:00 p.m.
Wednesday, Feb. 6	U.C. Santa Cruz	FOOTHILL	6:00 p.m.
Friday, Feb. 8	*College of San Mateo	San Mateo	7:30 p.m.
Wednesday, Feb. 13	*West Valley College	FOOTHILL	6:00 p.m.
Friday, Feb. 15	*San Jose City College	San Jose	6:00 p.m.
Monday, Feb. 18	Break Ties	Chabot	TBA
Thur/Sat, Feb. 21/23	Shaughnessy Playoffs	Chabot	

\*Denotes Golden Gate Conference Games

## Superbowl Fun Run planned

By ANSHU NAGPAL

Part of the Superbowl festivities is the Superbowl Fun Run (five kilometers) set for Saturday, Jan. 19, at Foothill College.

The entry fee will be \$6 and will benefit the NFL Alumni Children's Fund and the Foothill College track and cross country programs.

The winners will receive trophy bowls and medallions will go to

the top three finishers in each division. The first 500 entrants will receive T-shirts, totebags and a subscription to Runners World, which is a co-sponsor with the NFL Alumni Association of the event.

The awards will be given by ex-San Francisco 49ers attending the Run. These include Hall-of-Famer Jack Christianson, Delvin Williams, Bruce Bosley and others.

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# ON THE SPOT

By JOHN WILEY GARNER & ROY A. ZAKKA

What is the most embarrassing moment you have had since you have been living in the United States?



**ARIA KHATAYAN/IRAN**  
(Broadcasting):

I went to downtown San Francisco with a friend and our two girlfriends and we met two gay men. They had a fight with our girlfriends because they wanted us.

**AKIKO OHARA/JAPAN**  
(Computer Science):

To cross the street in Japan, people first bow to the cars so they will stop. At my first U.S. street, I kept bowing all the way across because the cars wouldn't stop.

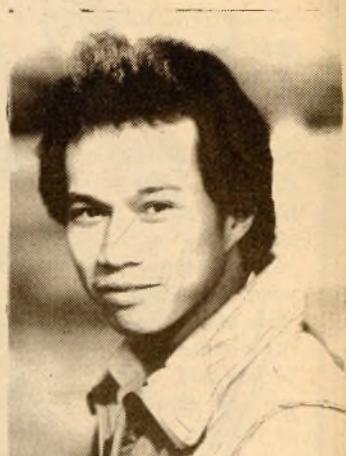


**VANESSA WALKER/NEW ZEALAND** (Journalism):

I told my math teacher I had a rubber on the end of my pencil instead of an eraser. (In New Zealand a "rubber" means an eraser.)

**TUAN HOANG/VIETNAM**  
(Computer Science):

In Vietnam, we have no bus stops. I was not at a bus stop in San Jose, and I waved a bus across the street to stop. The driver gave me a crazy look and kept going.



**CHAMNAN PHENG/CAMBODIA** (Engineering):

In seventh grade I went into the women's restroom by mistake. The school principal stood staring at me as I walked out.

## FOOTHILL COLLEGE CURRENT SCHOLARSHIPS

SCHOLARSHIP	CRITERIA	DEADLINE DATE
El Camino Hospital Auxiliary, Inc. (Amount Varies)	Full-time students in hospital related fields such as: Nursing; Medical Technology (Laboratory and/or X-ray Technician); Physical and/or Occupational Therapy; Dietetics; Hospital Administration; Respiratory and/or Pulmonary Therapy; Pharmacy; Paramedics; Health Education.	Jan. 31, 1985
Foothill-De Anza Colleges Foundation, Dr. Howard G. Diesner Memorial Scholarship (\$300)	Second year students, must have accumulated at least 36 units at Foothill; minimum GPA, 3.00; currently enrolled in at least 12 units; must demonstrate outstanding leadership on campus or in community service.	Feb. 1
Foothill Men's Garden Club (\$ unknown)	Full-time students majoring in Ornamental Horticulture; minimum GPA, 3.00; financial need may be considered; students transferring to a four-year college may be considered.	Feb. 1
Bonnie M. Abuela Memorial Scholarship (\$250)	Full-time student; Nursing major (preferably or preparing for); minimum GPA, 3.70; must have completed a minimum of 15 units at Foothill.	Feb. 1
Palo Alto Charter Chapter, American Business Womens' Assn. (\$ unknown)	Women students of good character (no age limit) with a definite educational goal, good to excellent GPA; financial need will be considered. Three character references are required.	Feb. 25

FOR APPLICATIONS/INFORMATION, CONTACT MRS. SIDNEE LEONG  
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## COMMUNITY SPOTLIGHT

By ANSHU NAGPAL

### LECTURES

#### BOOKTALK-

Foothill College presents "Liberalism," a booktalk, at 1:30 p.m., Tuesday, Jan. 22, Room 8, library. Free of charge. Information: 948-8590, x349.

#### THAILAND-

"The Real World of Thailand," Flint Center, 7:30 p.m., Sunday, Jan. 20. Tickets: \$4 general/\$3 seniors. Information: 408/257-9555.

#### JOHN NAISBITT-

The author of "Megatrends," John Naisbitt, speaks at Flint Center on Friday, Jan. 18, 8 p.m. Sponsored by Foothill's Community Services program. Tickets: \$13. Information: 948-2587.

## Williams

(Continued from page 1)

threat to human life. There is no substitute for food in the short range."

Edozi mentioned the importance of continued research for permanent solutions to the problems facing Africa today. He said the situation in Africa could not be divorced from inter-country

## PE program

(Continued from page 1)

"Previously athletes were often just stuck in classes to allow them to retain their eligibility," said Charles. "Now, because of the pre-assessment in math and English, early registration and working and time that they have contributed we have been able to direct the student athlete into academic programs that we think will best serve their educational needs."

### FILM

#### LITTLE BIG MAN-

De Anza College shows "Little Big Man" at 7:30 p.m., Friday, Jan. 18 in the Forum Building, Room 1. Tickets: \$2 general/\$1 students and seniors.

### EXHIBIT

#### AMERICAN FOLK ART-

Walnut Creek Civic Arts Gallery will exhibit "Homemade and Handmade American Folk Art" starting Friday, Jan. 18 through Sunday, March 10. Information: 943-5848.

### MISCELLANEOUS

#### TREE PLANTING-

Santa Cruz Mountain Natural History Association will sponsor a tree planting

on Saturday, Jan. 19. Information: 324-TIVC from 1 to 5 p.m.

### CONCERT

#### PENINSULA SYMPHONY-

The Peninsula Symphony appears in concert at Flint Center, Saturday, Jan. 19, 8:30 p.m. Tickets: \$5 general; \$4 seniors and students. Information: 408/257-9555.

## CLASSIFIED

The Foothill SENTINEL runs free classified ads for students holding a current Owl Card. Ads will run for two weeks initially.

Bring ads to the SENTINEL office (M-24) on Mondays from 1:30 to 2 p.m. Extension requests must be made at this same time.

Ads are 25 words or less; the first name and telephone number must be included; content of ads is subject to SENTINEL approval.

-LTD FORD 1979, black and grey, low mileage, excellent running condition, luxurious. \$2,300 or b/o. Lynn at 856-6422.

-MOTHER'S HELPER/Babysitter wanted, Tuesday and Friday, 1-6 p.m. Arlene at 949-2381.

-YARD SALE on Saturday, Jan. 19, 9 a.m.-4 p.m., 1005 Villa St., Mt. View (opposite the Police Station.)

-AU PAIR position sought by Swiss woman, 18, French and Italian speaking, in Palo Alto area. 424-9647, ask for Ian.

-'77 DATSUN 280z, 79,000 miles, air condn., AM/FM stereo, clean interior, good m.p.g., runs great. \$4,300. Mario, 326-1095.

relationships. "It can be directly correlated to the good life experienced in other countries of the world."

Music was provided by the Stanford Gospel Choir. Organizer Rena Anderson led the audience in singing "We Shall Overcome," and the program closed with a benediction given by the Assistant Dean of Ministers of Stanford Memorial Church.

directly with counselors and coaches, athletes have done a lot better this year in academic programs."

"It is the overriding interest of Foothill College that participation in athletics be a valid part of a larger picture which includes academic preparation, the acquisition of vocational and career skills, and the greater knowledge acquired through a liberal education," said Charles.