

Draft deferrments now denied students

More Foothill students will be drafted next year than in any previous year, even though nationwide draft calls will go down, according to ASFC draft counselor Jonathan Bell.

This is because the new draft law abolishes student deferments for incoming freshmen, who will usually be thrown in next year's lottery pool. Those with low numbers, under 100 for sure, will be issued induction orders which can probably be

postponed until June, for full-time students. Those students with high lottery numbers, probably over 150, or possibly over 100, will be unaffected by the draft.

"Students used to have time to think and decide what to do about the draft," said Bell. "Now they've just got to decide, often without thinking."

The law still exempts those who are physically, morally, or mentally disqualified, or who

have conscientious scruples against joining the military. There are also certain other rare disqualifications.

"Freshmen with low lottery numbers have some very hard choices to make," said Bell. "Probably every English IA class will have some man who is going to Vietnam, Canada, or jail. There are more options than most people know about. The trouble is, for men with low

numbers, none of the choices are pleasant."

According to Bell, the local draft was in "sad shape" until the new Nixon draft bill.

"Take this January's call, for example," said Bell. "The state headquarters told San Jose's board + 62 to deliver 194 men. The board could only find 188 men to call, and of those 101 didn't show for one reason or another. Nine men that showed refused induction. Only 42 out

of the 188 called ended up in the army, and some of those may be filing for discharges."

The new draft should be much more efficient, says Bell, because the men called will be younger with less opposition to the army, less to stay out for, less time to develop deferments, and more pressure from their parents to obey the law.

"Most of those refusing induction are over 21," said Bell. "I've talked to these new freshmen and I think more of them will go in."

ROTC and reserve programs should be more popular than ever before. Foothill students used to receive credit for ROTC courses taken at Stanford, but since ROTC was cancelled there, Foothill students may only get I-D deferments though San Jose State.

Bell's salary is paid from student body card fees. His office hours are 10-2 daily, and by appointment.

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Friday, Oct. 1, 1971

Library head named

By SUSAN HALE

The library at Foothill has a new head librarian this year, Mrs. Dolly Prchal. Mrs. Prchal has been involved with Foothill people since the 1950's, first working at Monterey Peninsula College when Dr. Calvin Flint was superintendent there and later worked at the first Foothill campus, which had been set up in an old high school building.

Mrs. Prchal is originally from Czechoslovakia. She first left that country in 1939 during the Hitler occupation, went to England, and joined the British Auxiliary Women's Air Force. During that time, she met a pilot, also from Czechoslovakia, who later became her husband.

They returned to their country in 1945, but were not destined to stay. In 1950, after the Communist invasion and occupation, the Prchals escaped with two other couples in a cargo plane that Mr. Prchal piloted. "Many people did not make it. We were lucky to escape," Mrs. Prchal recalled, and added, "that anniversary is coming up on Sept. 30th."

Mrs. Prchal will always miss Czechoslovakia, but has lead an active life in the United States, which included raising a daughter, who is now 25, and a mechanical engineer.

She loves the Foothill campus. "I had a choice between colleges, and I wanted to be at Foothill."

When she has time, Mrs. Prchal works on her hobby making instructional films for the library. One of the eight millimeter films she has completed is a reader's guide and can be seen in the Periodical's Reading Room. She plans to do

nine more films in the near future.

Mrs. Prchal thinks that the school year will be "an exciting one, even though the library is broke." To raise funds, there will be a rummage sale in October with the assistance of faculty wives, who will be asking student organizations on campus for help. Mrs. Prchal emphasizes that help from all students would be appreciated. "We are reaching for total involvement."

Also in Oct., the library will begin circulating music albums that may be checked out one week at a time. Continued circulation of the monaural records will "depend upon student cooperation." If this program works successfully, students can look forward to a greater record selection, including drama and poetry.

For those students who have wondered where they could find good references on California History, a special bookcase has been designated which will include history books dating from the 1840's. This should prove to be a fascinating collection, including earthquake accounts and diaries of pioneers.

Mrs. Prchal indicated the difficulty in locating these books, therefore they cannot be checked out, but are available to everyone.

Mrs. Prchal would also like to send out an S.O.S. to any students who may have gardens. She would like to "create a nice, friendly atmosphere" in the library by adorning the loan desk with flowers. "Even one flower" will help.

NOTE: Those wishing to participate in the rummage sale may check later Sentinel issues for further information.



Vanocur to Give Speech

BULLETIN: It was learned by the SENTINEL at press time that Sander Vanocur broke his leg playing tennis and will be unable to lecture Friday night as scheduled. An attempt will be made to reschedule him at a later date, it was reported.

Sander Vanocur, NBC-TV news analyst, will be lecturing in the Foothill College auditorium, tonight at 8:15 p.m. Vanocur's topic will be "Relationship of Press to Administration: Allies or Adversaries?"

Admission is free to ASFC card holders and general admission to the public and non-card holders is \$2. Tickets may be picked up at the Foothill College Box Office. It is advisable to obtain your tickets early.

Vanocur's career started when he graduated from Northwestern University. He then attended the London School of Economy. From there Vanocur worked for the MANCHESTER GUARDIAN, and in 1957 joined the staff of NBC-TV.



(Photo By Wendy Doucette)

There has been road construction on the entrance road to Foothill this Summer and Fall. Signs have been removed, along with the posts on which they stood.

The work began this Summer when Plant Services removed the signs and the fence they were placed on. They then proceeded to smooth the dirt behind the signs and prepare it for resurfacing.

The drainage ditch that ran along the side of the road until draining into the creek was excavated and then a cement pipeline was placed in it to carry the drainage water under the new asphalt that makes a wider place for cars to stop and pick up hitch-hikers.

The sign showing destinations will soon be replaced and the new hitch-hiking stand will be complete.

Rise in benefits for ASFC card holders

By PAUL BINFORD

This year, there is an increase in the price of joining the Associated Student Body, as well as an increase in benefits. Dues for the ASFC have increased from \$15 to \$18. This enlarged amount was to pay for the "special" benefits added to the school budget this year — Vets Loan Fund, Child Care Center, Legal Aid, Family Planning Counsellor, and Ethnic

Cultural events. The combined cost of the extra benefits is \$22,000.

Last year, a group calling itself Radical Caucus urged students not to buy the ASFC Club Card. According to Mich Carter, a member of Radical Caucus, "The ASFC has failed to provide for the real needs of the students. The money paid by the students is used to pay for activities and events which are

beneficial only to a few groups of students."

An effect of the student boycott was to lower the ASFC income by about \$5,000. In an effort to regain lost funds, the cost of the ASFC card was elevated. But, according to Carter, "The question of who actually controls our finances has been completely avoided. It is evident that the money paid by the students for their own

use is actually put to use to raise the public image of Foothill College and to foot the bill for expenses which should be paid by the state."

The sales of ASFC cards have been rigorously promoted by the association. Edrick Haggens, former Finance Director, said, "The added price of the cards is to pay for peoples benefits, such as draft counselling, free concerts, legal aid, family

planning, etc. In the event that income is not as high as expected, these programs may be dropped. Therefore, it is important that students join the ASFC."

According to the 1971-72 ASFC Budget, there is a surplus of \$25,000 from last year's budget. There is also about \$70,000 available to the students as a result of accumulated savings.

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Photographed by Richard Hess

See Rocky Tripodi's review on page 11.

Care for children now offered here

By VIRGINIA ELLIOTT

Child care is now on campus. The center has moved from the Christ Episcopal Church in Los Altos to new facilities below the tennis courts. Operating with student body funds, several full-time volunteers and a few salaried teachers, the co-op serves 58 children.

Robin Pask, Co-op president, described the current problems. "Half the floor needs work; the kids have to use the Administration Building restrooms until we have water down here. There is an urgent need to integrate the center with the rest of the school."

Vice-president Sue Schaefer, who has also done much of the ground-work, suggested that "the guitarists on the lawn could come up here and sing to the

kids. The child psychology classes could use us as a source.

Both women felt that black and Chicano women and white women on welfare need to be made aware that they will be able to drop their kids off and take a few courses here. Mrs. Pask said, "Actually we are doing something for the community and even the whole nation in terms of getting women off welfare and into job training."

At this time there are only two hours available for child care, but students are encouraged to explore future possibilities as the project expands, and to use the center as a viable educational source. Contact Mrs. Schaefer or Mrs. Pask at the Child Co-op.

Psych Prof Innovates

By CARLENE CANTON

The the past four quarters, Foothill students have had the opportunity to take Psychology 1A without attending four lectures a week and without taking tests when the professor decides it's test time.

Under a program called Individual Learning Systems (ILS), students can learn at their own rate, taking tests when they feel they've mastered the material. The course consists of 12 units with a quiz after each unit. After passing the quizzes, the student takes a final. No time limit is placed on the student's progress, so the course could take anywhere from two weeks to more than one quarter to complete.

To supplement the unit readings by ILS, Lorraine Dieudonne, instructor of the class, has just completed making

tapes for each unit. Room S-27 has been converted into a laboratory where students come on their own time to listen to tapes. The tapes clarify information presented in the readings and adds additional information concerning current research or experiments on the subject. Mrs. Dieudonne is also working on slides, so students could have a complete audio-visual experience in the laboratory.

The course is designed to allow for the maximum of student participation. Student facilitators, or proctors, administer and correct the 12 quizzes.

Mrs. Dieudonne feels the type of relationships which develop during the class is one of the most positive things about the course. Unlike a lecture class situation where it's possible to

sit near someone for ten weeks without saying a word, the lab allows, even requires, student involvement. The proctors have to be willing to help the students, and the students have to be willing to ask for help.

The structure of the class was one of the main things that originally attracted Mrs. Dieudonne to the course. "I was very unhappy lecturing to crowds of people," she explained. She saw the ILS course as a "good opportunity to break up the class and get some interaction among students. I saw this course as something kids could really be successful at. They can learn by constantly checking back and forth within the material. We work on the theory that you can't go through the material without learning something."

Grades in the course over the past year tend to validate that theory. On the average, each class has 60 percent A's and 40 percent B's. There is a relatively high drop rate, explained Mrs. Dieudonne, "because it is individual study. People are responsible for their own work. Students just haven't been conditioned for this kind of learning."

SANDER VANOCUR

NBC-TV NEWS ANALYST

HE GAINED FAME AS A POLITICAL REPORTER WITH THE COVERAGE OF THE PAST THREE PRESIDENTIAL CONVENTIONS AND CAMPAIGNS. HE WAS ON THE SCENE THE NIGHT SEN. ROBERT F. KENNEDY WAS FATALLY WOUNDED, AND PARTICIPATED IN NBC NEWS' COVERAGE OF THE TRAGIC EVENT FOR THE FOLLOWING FOUR DAYS.

HIS TOPIC: "PRESS TO ADMINISTRATION: ALLIES OR ADVERSARIES?"

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TOM'S TALES

By TOM WILMER
Editor-in-Chief

Permanent brain damage was found in rats given high dosages of key marijuana ingredient over long periods of time, Napalm Inc. National meeting was told.

Harold Rafferty Wallace, a top researcher for Napalm Inc. stressed that the results of his investigation added to the mounting evidence that DRUGS are dangerous to your health and cause chromosome brain damage.

Wallace used a group of 20 hippie-type rats for his experiments; with another 20 rats for his control group.

When asked why he chose rats over another species for his experiment he answered, "Well, originally we used a group of Guinea Pigs, but within two days one of the 'pigs' had stockpiled all the marijuana and speed. Shortly thereafter the 'pig' took on all of the classic traits of a dealer. On the third day ten of the 'pigs' were dead from an overdose of speed and a key Marijuana ingredient mixed with pig dung."

"It was soon very clear that the pigs manifested strong anti-social traits, and as we say in the business, they were no longer good guinea pigs for the

experiment," stated Wallace.

So after our fiasco with the pig we found 40 hippie rats living under Alioto's restaurant in San Francisco.

"We gave 40 to 50 marijuana cigarettes a day to each rat, and within a short time they too took on Bizarre behavioral changes," Wallace stated.

Wallace went on to say that "the evidence isn't conclusive, as the rats now control the lab where I work."

Wallace concluded by saying that "the next day the rats, all 40, had taken over the entire lab and were holding two monkeys hostage. The monkeys would only be released in exchange for acceptance of a list of ten non-negotiable demands, including rat control of the entire lab."

We haven't been able to re-enter the labs since the takeover and the rate have now added another demand to their list; forty pounds of marijuana delivered to the lab by tonight or else," Wallace ended.

MORAL: If you want to get loaded without worrying about brain or chromosome damage, don't turn your rats on, or for that matter, your pigs.

Encounter Theatre presented next Friday

A professional actress and a psychiatric counselor combine their talents to present The Encounter Theatre Friday, October 8, at 8 p.m. in Appreciation Hall.

Their show consists of a series of sketches based on human dynamics. Following the dramatic sketches, Philine Kirkwood, a professional actress who received psychiatric arts training in Zurich, Switzerland, and Kenneth Michalski, from Columbia University, involve the audience in discussions of a wide range of topics. The meaning of love in today's society, womens lib, or psychedelic drugs might be discussed.

The audience might find itself actually participating through

the use of mime, masks, and role reversals.

Miss Kirkwood and Michalski are currently working at the Napa State Hospital with chronic mental patients. As a result of their work, some ex-mental patients have become involved in community theatre.

The two actors are also teaching classes at the University of California Extension, San Francisco, in Creative Encounter Techniques.

The Encounter Theatre has played to groups as large as 500. Settings have included coffee houses, ski lodges, mental hospitals and college campuses. They have made television appearances on KQED, KGO, KRON, and have several others scheduled.

They emphasize creativity in the sketches and concentrate on drawing out the audience for spontaneous discussion. They see the purpose of the encounter as attempting to open people up to more meaningful communication.

The Oakland Police Department had invited the two partners to bring their theatre to the department to help train officers.

Miss Kirkwood and Michalski would like to find a permanent base for their theatre, and then concentrate on mixing their audiences with people who have serious problems — the mentally ill, drug addicts — and professional people who might be prospective employers.

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EDITORIAL

Dunn's delegates?

The administration says that Foothill's broke! Why then, did the District pay 4 million for the Flint Center for the Performing Arts? Did we really have to replace the Campus Center's linoleum floor with a new wood floor? Why did we have to resurface the track for 60,000 dollars?

These are questions that need to be studied very closely; for a school district that says it's broke, ought to be very careful how and where it spends its money as well as how and where it cuts back its expenditures.

Hal Segar, Dean of Instruction, says that it is likely we'll have to cut back some of our educational programs and or our teaching staff if our economic picture remains the same.

If Foothill pours any more money into projects like the Flint Center, they surely will have to cut back in another area. Do we hear any bids on a 7% pay cut for teachers next year? Going once, going twice, SOLD!

Lets not be sold down the river this time. Doctor Dunn, District Superintendent, says that chances are very good the District will go to the polls in an attempt to push a tax override through. Looking at our economic picture, it appears to be the only logical approach to create a revenue that the district can effectively work with.

Dr. Dunn also hopes that students will work hard, on the District's behalf, helping the override become a reality. That's very shrewd thinking on the superintendent's part, for he realizes only too well that the combined enrollment at Foothill and De Anza approaches the 20,000 mark. 20,000 votes that could make the difference whether or not the tax override passes.

The only problem with Dr. Dunn's overtones to the students is that there has been no word or guarantee about students roles and involvement in decision making, on a meaningful level, after the tax override.

It is interesting to note that for the first time in years, the district is making direct overtones to the students to enlist their aid; an open invitation to become involved in the administrative process or rather problems.

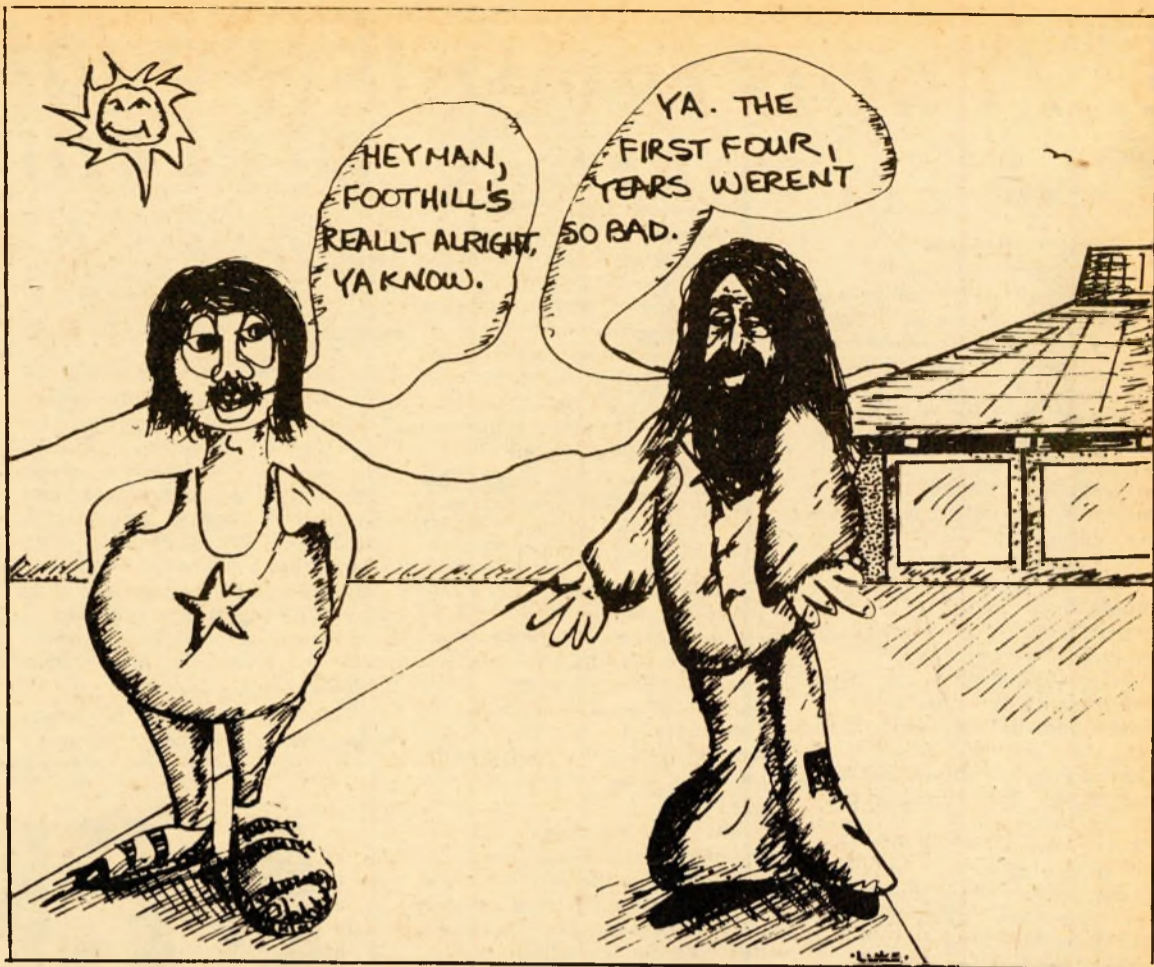
Are we mearily to be lifted out of our cubicles for a short stint fighting for the district, only to be quietly replaced in our slots after the storm settles? Or do we assert ourselves and gain the equal position in decision making that should rightfully be ours in the first place?

Before we give of our time and energies, it seems only befitting that the students be guaranteed definite and specified (in writing) roles and powers to determine just how and where the money is to be spent.

The Foothill Sentinel is published weekly on Fridays by the Associated Students of Foothill College and the Foothill Community College District. Foothill College, 12345 El Monte Road, Los Altos Hills, Calif. 94022. Phone 948-9869 or 948-8590, ext. 261. Advertising rate is \$1.60 per column inch.

The editorial opinions of the Foothill Sentinel are reflected in the columns labeled "Editorial."

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FREDDIE RAPS

By FREDDIE BURNETT

Some white students here at Foothill College do not realize that they perpetuate racism, discrimination, and many other short-comings of the black community. White students feel that the black problems belong to the black community, and as a result the problems of black students do not exist to them. That is not true. The problems of the black community are the problems of all Americans. All Americans are a part of the problems of America, if not the solution.

If any white students are interested in becoming a part in the solution to end racism and make the world a better place to live in, I suggest checking it out. You could go home with a black student, sit in on a Black student union meeting, or just make a sincere effort to understand the problem that exists on the other side of town.

There are many things, such as education, housing, law, and jobs, that America has traditionally and systematically manipulated away from the black community. Perhaps many white students here at Foothill and all over the world think that black people are trouble-makers or some other degrading character, but what you think and what you know can make the difference between a bad solution and a good one.

America has manipulated the rights of her black citizens to second-class citizenship. Today's black struggles are with the same forces that have always oppressed black Americans. Not all Americans are oppressors, but all Americans are not in a position to oppress. Any American can resist oppression, whether in regard to himself or other Americans. I am urging the open-minded white students at Foothill College and all over the world, be a part in the cure, rather than the disease.

Black people in America have

suffered economically, socially, and culturally, as they struggled to this time to find themselves in these ways, unchanged. In our world today, black people must be recognized as first-class Americans if America is to be right as cherry pie. The Constitution of the United States guarantees equal rights to all Americans. Until all Americans

have these rights, it will serve as an inverted racist symbol to oppress its black recipients.

To the white person that feels he cannot share in the problems of the black community, I say that you can play a significant part in the struggles of black people by coming down to earth and understanding your fellow human beings.

The six year man

By KEITH MOSHOFSKY

The six-year Foothill man. WHO does he think about? WHAT does he think about? WHERE does he think about it? WHEN does he think about it? WHY does he think, about it? Robbing questions indeed, and the answers are even more probing. This column is devoted to the six-year Foothill man, an exploration into the depths of his mind, a gentle look into his habits and hobbies.

Mr. Foothill is a friend. He has contributed \$180 to the ASFC funds, has taken a total of about nine units of Physical Education. He has attempted 270 units and has passed 45. Over 432 Foothill hamburgers have travelled from his Foothill lips to his Foothill stomach. He has flushed Foothill toilets 720 times.

He drives a 1961 Ford, and always fills it at the Beacon. He lives with his parents; their first names are George and Jean. He has flat feet, so he never worried about the draft. But he knows a lot of cops.

WHO do you think about, Mr. Foothill? "I think about recapped tires, insulated wire, and the president of Miller High Life, The House of Pies, the girls at the Y, and Ira Blue's Cyclo Massage."

WHERE do you think about it, Mr. Foothill? "I think about

it on the top of the stairs in the Student Center, inside Health 21. Staring at WOMEN on the bathroom door, and looking at half-smoked Winstons."

Mr. Foothill comes back every quarter. He has a few friends but he needs more. He needs you as a friend, you the backbone and sinew of Foothill. Seek out Mr. Foothill, look for him at the Registration Office, at the coffee machines, near the cigarette machines, near the Coke machine, around the candy machine, at the coin change machine. Call out his name. Keep his gears oiled, and his head clean. Slap him on the back when you find him, bring him to your house for dinner, tell him that he is your friend, poor lonely Mr. Foothill. Someday you may be Mr. Foothill yourself.

Next week, a night at the Camino Bowl with Mr. Foothill, six-year man.

"Public Forum" is a signed column for expressing personal opinions, which should be typed and submitted one week before publication. It is subject to editing for space and libel purposes.

Yoga revealed

By RAVI KUMAR

In man's unending quest for happiness many complex questions arise: Who am I? How did I get here? Where am I going? What is reality? The burning thirst for happiness cannot be ultimately satisfied unless these questions are answered.

The most straightforward and simple method of achieving these answers is termed in the Sanskrit language as yoga.

Yoga does not mean the practice of bone breaking exercises, sleeping on nails or eating fireballs for breakfast. True yoga is not an abstruse metaphysical doctrine, incomprehensible and valueless to the man on the street.

Many people still believe that in order to become adept at Yoga, one must renounce everything, flee from society, and meditate continually in a cave.

Yoga is the key unlocking the mystery of our limited minds. The ancient Yogis recognized and utilized the truth of the old aphorism: You are as you think, having become as you thought.

In essence this statement conveys the message that YOU are something greater than your thoughts. By simply taking up the practice of Yoga YOU can successfully expand your consciousness, your awareness and gain a clear understanding of the dream we all live in.

Yoga strives to integrate the human personality on all three levels of existence: Physical, mental and spiritual.

On the physical level Hatha Yoga is utilized. The word Hatha is the combination of two Sanskrit words: "Ha" meaning sun breath and "tha" meaning moon breath. Hence the word Hatha means the taming of the breath through the use of some physical means.

In Hatha Yoga exercises or Asanas (Sanskrit for positions) are performed to get us in tune with our bodies. These exercises are done slowly and with

complete concentration of the mind. Yoga breathing and periods of rest insure deep states of relaxation.

Asanas strengthen the body and the nervous system. If the mind is presented with a perfect environment in which to operate it can progress towards the infinite with greater ease.

Besides the excellent physical health derived from Asanas, they can produce an unbelievably nice natural high.

Asanas can benefit you in many situations. I once took a jogging class here at Foothill College and never jogged a single mile. Instead I ran up the hill and did my asanas. Came test day I was able to far outrun all of those poor guys who sweated for a whole quarter jogging.

Along with doing asanas which perfects the body, a process of meditation should be practiced to bring the mind under control. Without meditation it's usually the other way around, with the mind doing the controlling.

Did you know that your mind can remember the exact numerical count of the steps you took today? It's true, only YOU can't get to that information with your mind in its present limiting conscious state. Our present consciousness is like a radio tuned to a very narrow range of frequencies.

Once we've gained some degree of control over our minds we can begin to expand the number of frequencies we are tuned to. As more and more momentum is given to the mind by meditation our consciousness gets a clearer picture of the true nature of existence.

It's as if your mind (without the benefit of meditation) is like the man in a crowd trying to see the whole parade as it passes by. It's impossible. But if this same man is smart he will turn around and climb that tall building behind him. The higher he gets the more he can see. Then when he finally gets to the very top he can see the whole parade.

If by medication you can go from conscious to subconscious and from subconscious to unconscious you will know the answers to all the questions. You will be the man on the top of the HIGHEST building. If you can do this then you will have absolute bliss, never ending or beginning.

In order to start your journey to uncover this perfection that lies within all men you must have a guide.

The proper guide must be one who has gone further along the road of self-realization than yourself. He must be willing to establish a firm teacher pupil relationship and help uplift the student in every phase of existence.

"These practices are the birthright of EVERY human being and must be given as free as the sunlight, air and water!" (Shrii Shrii Anandamurtiji).

If you are asked to pay money to receive the practices of Yoga then you are being exploited.

The yogi (guru, lama, swami, master or whatever else he may call himself) who asks for a material reward for a spiritual initiation is not a proper teacher. A teacher such as this can lead you nowhere.

We learn from history that in time of crisis and confusion, spiritual personalities have appeared to relieve humanity from its miseries and elevate it spiritually.

Each had his own way and task, according to the time, place, and men. Lord Shiva and Lord Krishna introduced spiritual practices that are the foundations of spirituality even today.

Lord Buddha appeared in order to save humanity from bigotry and moral degradation. He preached a life of morality, compassion and renunciation. His philosophy had spread widely in the world.

Christ came as a Savior in times when barbarism ruled Europe. He was sacrificed for



Group of Yogi's from the Ananda Marga Yoga Society soon to come to America and teach the people how to get HIGH, FREE, BLISS, PEACE, UNLIMITED LOVE...

the sake of humanity but his teachings have been converted into church dogma.

Each of these great spiritual personalities were great yogis and demonstrated that ANY MAN can achieve the rank of supreme consciousness.

A great master in India (BABAJI living now in Patna) once told a group of disciples: "My children you have one BABA (Sanskrit for spiritual father) but I have no BABA. In truth there is no BABA and there are no children — there is only Oneness but in the darkness of ignorance we become like children and call for the Father to guide us."

What ever you want to call Him, whether you accept or reject Him, He will continue to love you, and patiently wait for you to unite with His perfection.

(This article and the ones to follow are not meant as any kind of complete explanation of the topic of yoga. They are merely to give you some idea of the

potential hiding in each and every human being.)

QUOTES FOR THE MIND:
"Illusions are like mistresses. We can have many of them without tying ourselves down to responsibility. But truth insists on marriage. Once a person embraces truth, he is in its ruthless but gentle grasp."

—Rabazar Tarzs
"I didn't arrive at my understanding of the fundamental laws of the universe through my rational mind."

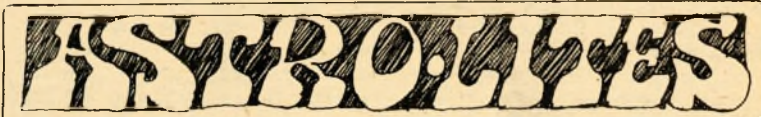
—Albert Einstein
What can't be said can't be said, and it can't be whistled either.

—Ram Tirtha
BOOKS TO HAND OUT WITH THIS WEEK:

The Prophet, by Kahlil Gibran.

Remember Be Here Now, by The Lama Foundation.

The Path of Bliss, Ananda Marga Yoga, by The Ananda Marga Yoga Society.



By SUSAN HALE

The other day, a woman asked me whether she and her husband's signs were compatible. I figured that after ten years of marriage, she should know whether they had a working relationship of not, regardless of their signs.

She was concerned because an acquaintance had told her, "Oh! Gemini and Cancer is a terrible combination." "Does that mean we're going to be getting a divorce?" the woman asked me.

I told her the truth, that the entire chart would have to be appraised to determine any difficulties, but also that their compatibility was obvious enough not to worry about it.

She turned a deaf ear. In her push-button home, she expected a push-button answer.

Astrological signs come under the influence of the four elements: fire, earth, air and water. Although a person may be born under a fire sun sign, he or she may seem quite "airy" to others. This would result from having more air signs in the chart than fire signs.

The fire signs are: Aries, Leo and Sagittarius. People with a good deal of fire influence are active, intense, excitable, nervous, and dramatic.

The earth signs include Taurus, Virgo and Capricorn. People greatly influenced by this element are practical and reliable

(but can be capricious), sensuous, stubborn, and ambitious.

Gemini, Libra and Aquarius constitute the air signs. The air personality is intellectual, social, objective, in control, undecided and sensitive.

Water signs are Cancer, Scorpio and Pisces. Water children are emotional, passive, sympathetic, dreamy, and governed by passions.

It's easy to identify the element that dominates a person's chart. The use of cliches can illustrate this:

"She's really full of fire," "He always has his feet on the ground," and "Her head is always in the clouds."

The first statement obviously depicts someone with many fire signs. The second described the earth person. But the third cliché could fit either an air or a water sign. Clouds represent height, but also humidity. The main difference between the air and water personality is that an air person is busily digesting things in his mind, where the water person is in a state of contemplation.

Many people have a prominence of two elements, and will show both types of characteristics. Rarely, a person will have an equal balance of elements, which may cause that person to expose different characteristics every day.

The Total Round

By JOHN WOODRUFF

In less than 14 months, the United States will elect a president. Never before has the "student community" possessed so much potential for political change than now.

The constitutional amendment to lower the voting age required a great deal of debate and energetic work on the part of its supporters.

This victory was gained by working within the system, and any ambition for political change in 14 months will likewise have to come from within that same system.

One attribute the system claims to support is that of freedom of speech. Of course, one can understand what may make people insensitive to the claim of free speech. The currency of speech has been debased over many years by the lies and distortions of American military and political leaders on Vietnam. They still talk about victory in a campaign such as that in Laos when the simplest citizen can see it for the bloody mistake it was.

Last spring at Harvard, a teach-in sponsored by conservative groups was intended to counter other recent

teach-ins against the Vietnam War. There were to be speakers from South Vietnam, Thailand, and the White House.

Before the meeting, radicals passed out fliers urging people to "come and prevent these thugs from speaking." There could not have been a more candid expression of the Marcuse view that free speech is only for those who agree with the revolution.

Others, equally opposed to the war and, themselves radical critics of American Society, tried to channel protest against the teach-in into rational methods. One student suggested that people go to the meeting, wear black armbands, and stand with their backs turned in silent protest. He tried to make his point, but was shouted down by a screaming, chanting audience.

And so the Know-Nothings prevailed. There were 300 to 500 of them in an audience of 1,000, chanting and clapping to prevent anyone from being heard. Eventually, the meeting had to be called off.

One result of such a performance, whenever it may occur in this country, will naturally be to repel people of moderate instincts. It will be to divide the growing unanimity of

belief among Americans that the Vietnam War is an abomination. As political campaigns gain momentum this fall, supporters of the war will be hoping for just such excesses.

It cannot be a university's answer to match deceit with deceit, or attempts at suppression of truth with other suppressions. For a university to abandon belief in discourse — belief in the possibility of persuasion) is to abandon its function.

For that reason Harvard proceeded to take action against those who broke up that meeting. It tried earnestly to bring student opinion with it, but it acted despite the difficulties involved.

For the university administration know that it must begin teaching again, by example, the necessity of freedom — "not free thought for those who agree with us," as Holmes said, "but freedom for the thought that we hate."

Keep Justice Holmes in mind during the next 14 months, for only as we come to terms with our past and our present is there a future for the oldest and the youngest among us who share the total round.

Library thefts are on rise

By AL LACOSTE

Though book losses from the Foothill library have climbed steadily in the past three years, the losses during the previous academic year have reached alarming proportions.

More than 1,000 books and periodicals were stolen from the library in the year ending with the spring quarter. Many others were damaged and defaced. The library's annual inventory showed 762 volumes missing from the shelves. An additional 271 books, including 66 from 1969, had been checked out but not returned. The library staff considers these, for all practical purposes, stolen, too. This adds up to 1,033 books lost in the previous school year.

Books concerning Mysticism, Eastern Religions, English literature, Political Science, Black Studies and Shakespeare are among those topics which have been most frequently stolen.

Until 1968, the average book losses remained consistent at about 400 books per year. This figure is in accordance with other community college libraries in California. At Foothill however, regardless of student population, book losses have soared in the last three years.

Since the average cost per volume reached \$10 in 1970, and is now probably up to at least \$11.50, the total list price of the stolen books has exceeded \$11,000. This does not include the cost of ordering and processing, which is several dollars per volume. Yet the total budget allotment for replacement of missing volumes and acquisition of new books is

only \$1500.

Mrs. Dolly Prchal, Head Librarian, states, "Despite this grim financial picture, the monetary loss is only one part of the problem. Much more serious are the implications that these losses have for instruction. Year after year, the library loses such a significant number of books that it leaves a serious gap in our coverage of subjects important for instruction."

"Many of the stolen books are usually out of print by the time their loss is discovered, and therefore, are not available for purchase even if we had enough money to replace all the stolen books. This year the situation is much worse because of the general financial situation. Since we can order replacements for only about 200 of the stolen books, many more titles will be out of print by the time we will be able to replace them."

Among the stolen books were some rare California history titles, long out of print, for which the library has been searching for years and only last spring managed to find. Some of the stolen books represent classics in their specific subject fields, including 46 expensive reference art books, such as Castelfranco's Donatello (\$37.50), Berti's Masaccio (\$27.50), and Gomez-Moreno's The Golden Age of Spanish Sculpture (\$27.50).

The reference and periodical departments have been faced with a similar problem. Many reference works and magazines in bound volumes have had pages torn from them. The national news magazines are hit hardest in this manner.

Richard Sutherland,

periodicals librarian, attributes some of this loss to research projects assigned to large classes. This necessitates constant use of the necessary material and causes some students to steal what they cannot find time to use in the library.

Other magazines disappear entirely. Those that disappear most often are Ramparts, National Geographic, and Vogue. Though losses are leveling off in the periodicals department, many professional and technical magazines have been stolen, and these are irreplaceable.

Discussing library security, Mrs. Prchal states, "A security clerk at the check-out station for eight hours a day, and student assistants in the evenings and on Sundays evidently provide no security at all. The two basic types of protective measures, a turnstile constantly manned by a security clerk or an electronic book detection device — aren't feasible. A turnstile would violate fire regulations and the initial cost of an electronic detection system is \$12,000, the approximate cost of stolen books during the last year. There are no funds for it available."

"The only way to stop these thefts is to reach the students. We don't know why these books were stolen. We would be grateful if anyone who has any of these books would return them, anonymously if necessary, to the library," she concluded.

There are 76 American flags on the Foothill Campus. Three are flown on poles located outside the administration offices, district offices, and the athletic field. One portable flag serves both the theater and campus center.

Funny you should ask!

By NANCY GORMAN

WHO WERE YOU IN YOUR PREVIOUS LIFE?



ANDY SHRADER: Rasputin — because he and I are both dirty old men. It would take too long to start over each time, so in my next life, I'll be another dirty old man.



LORRI KERSHNER: A cat. I communicate with cats. I'm very independent and affectionate. This is only my second life — I have a long way to go. I was a very feminine cat — it carried over.



FRED RIOS: I was a deer, extremely agile, as I am now. I was a stag, a loner deer in the woods. That's why I won't hunt deer now.



STEVE RECORDS: A Normandy viking, because I really dig sailing ships, Viking traditions — everything that goes with sailing.



KATHY STEVES: Either a Greek or an Egyptian, most likely a dancer or a slave. I've danced all my life, and sometimes I feel I'm not the same person when I'm dancing. I feel I've done it a long time before.



MIKE FASCILLA: I know I was a greek. I feel I was Zeus and immortal until Hercules crushed my scepter. With my power gone, I was kicked off Mount Olympus, and here I am now.

KFJC goes on air Monday

Radio station KFJC, 98.7 FM, will begin regular broadcasting Monday, Oct. 4. A new staff has put together for the new year a varied music program of rock, jazz, country and western, classical, and easy listening from 7:30 a.m. to 12 midnight during the week, and 8 a.m. to midnight on weekends. Campus

and community activities will also be presented.

People or organizations wanting to rap on the air, or have a project to present, should contact station manager Ed Ely or programming directors Bill Lethridge or Steve Alt at 948-9870.

COP SHOP

Editor's Note: The following column will appear regularly to answer your questions regarding the roles and actions of police officers in their regular line of duty. The author of this column is a Foothill College student and police sergeant with six years experience in one of the largest

cities in California. Please submit your questions to the Foothill Sentinel Office, Room M24.

Q. Several nights ago, some friends of mine and I were driving over to my house about one a.m., and the next thing I know, I see red lights behind me. We all have fairly long hair and my car is several years old, so I figured that was the reason. The officer said he stopped me because my tail light was out, but why did he get all our identification and radio it in?

A. Being stopped for having a tail light out is a legitimate

reason, however, you probably would have not been stopped for that reason if it were earlier in the evening. After midnight, if an officer observes a car with a few occupants, this constitutes a somewhat unusual situation. The officer wants to take a look at you, see who you are and where you are going. This is part of his training known as "preventive law enforcement." The officer, in keeping track of what he does at night (as all officers are required to do), takes all the identification back to his car and records it on an activity sheet. This serves two purposes: (1) It puts people at a certain place at a certain time. If a store in the area turns up burgled the next morning, you have persons that could either be witnesses or suspects. (2) It lets the department know what that officer was doing that night. The reason the officer radioed in was to check and see if anyone in the car had a warrant out for his arrest for a citation he had not paid. This is not to hassle you; it is the only means of finding someone with a warrant. There just are not enough detectives to go out and arrest for this offense during the day. The beat officer must handle this when he encounters people "in the field." I stopped one of the nicest guys I ever met several nights ago, and it came back he owed over \$500 in back citations!

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V.A. NEWS: Questions and Answers

Here's some answers to questions concerning veterans attending Foothill College supplied by the Veterans Administration Regional Office in San Francisco.

Q. Does the VA provide any educational program for veterans disabled in military service?

A. Yes. There is a rehabilitation program for veterans who suffered serious service-connected disabilities. For information on this program, contact the nearest VA office, or your local service organization representative.

Q. I plan to attend college under the GI Bill, and understand that I must submit a certificate of attendance card. Is this true?

A. Yes, veterans attending college under the GI Bill are required to return a certification card to the VA during the last month of each enrollment period. Students studying under the GI Bill below the college level must submit a certificate of attendance card every month.

Q. Will the increased Social Security benefits cause me to have to pay back money to the VA if I go over the income limitation?

A. No. Your VA pension will be continued through the end of 1971. On receipt of your annual income questionnaire at the end of the year, your pension will be adjusted as appropriate.

Q. I am undecided as to my program of education, and wonder if the VA will provide counseling?

A. Yes. A veteran who is eligible for educational assistance from the VA may apply for counseling by the VA to assist him in selecting a program and educational goal. He may apply for it before beginning training on VA application form 21E-1990, or at a later date by letter. There is no charge for counseling, but the veteran must pay any travel expense to and from the counseling location.

Q. I'm attending school under the GI Bill, and would like to change

my program of studies. Is this allowed?

A. Yes. Each veteran may make one change of program. One additional change may be approved if it is found through VA counseling that the program proposed by the veteran is more suitable to his aptitudes, interests, and abilities.

Q. Shortly after I was separated from service I converted my GI insurance policy, and have kept it in force. May I borrow on this policy?

A. Yes. Your policy describes the loan features. If you wish exact figures, you should contact the VA office to which you send your insurance premiums. They will

explain your policy's loan provisions, tell you the amount available, and provide an application form. The interest charge on policy loans was raised to five percent earlier this year.

Q. Does "paid-up" insurance pay dividends?

A. Yes. However, when a policy is surrendered for reduced paid-up insurance the dividends will be based on the reduced amount. When limited payment policies such as 20-payment-life have all premiums paid up, they continue to receive dividends.

Q. I receive VA compensation for a service-connected disability. Am I also eligible for medication from the VA?

A. Yes, a veteran is eligible for medication from the VA if it is required for a service-connected disability.

Q. How long will a veteran who was retired November 1, 1970 for total disability be covered by his Servicemen's Group Life Insurance?

A. Coverage under SGLI will continue while he is totally disabled, for a period not exceeding one year. Within the year he may convert his SGLI (maximum \$15,000) to an individual policy at standard rates. Also, within a year of notice of his service-connected disability, he can apply for a \$10,000 low cost RH policy from the VA.

Seger named new Dean

By LEIGH ANDERSON

Hal Seger replaced Kenneth Griffin as the Dean of Instruction at Foothill College this year. Griffin took the position of President. Seger's job includes the budget, which covers salaries, equipment, and stock programs at Foothill, and the instructional duties, which cover the curriculum, hiring, firing, and evaluations of teachers.

Seger describes our financial situation as quite grim. If not enough money is received at Foothill next year to continue operation, then the possibilities of firing instructors and increasing class size may result. Students may also have to pay



HAL SEGER

tuition. He is not in favor of any of these possibilities, and hopes that tax reforms and community involvement will aid the college.

Seger came to Foothill in 1962 as a humanities instructor, and in 1967, became the Assistant Dean of Instruction. He returned to Berkeley for his doctorate in 1969 and came back to Foothill this year when offered the job of Dean of Instruction.

SOMETHING NEW HAS BEEN ADDED

While you were gone Kepler's Books was growing as usual.

With paperbacks popping out of overcrowded shelves in Menlo Park, we managed to push out the back wall and to add 1260 more square feet of floor space. And while we were doing that we added not one, but two, off street parking lots!

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3. Chicago III	5.99	6.58	6.18	6.48
4. Paul And	5.99	6.58	6.18	6.48

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Foothill poloists show promise

By PETE SNYDER

In their first two tournaments, the Foothill College water polo team provided some interesting, if not puzzling contrasts.

They started off in fine style by winning the Cabrillo Tournament at Aptos on September 17 and 18. However, in their most recent action last Friday and Saturday at U.C. Santa Barbara in the Gaucho Tournament the team placed fourth.

In the Cabrillo Tournament

Foothill squeaked by Diablo Valley, 8-7. Trailing 5-4 in the fourth quarter the Owls rallied for four quick goals and held on to win.

Foothill's tight zone defense then began to gell. Against West Valley they only allowed one score, that coming on a penalty throw. The final score was 8-1.

Arch-rival San Mateo provided the competition in the final game. The Bulldogs took a quick 2-0 lead only to have Foothill bounce right back and tie the score 2-2 at half. The teams

played evenly in the third quarter with C.S.M. finally edging ahead early in the fourth quarter, 3-2. The Owls bounced right back with two more goals and hung on for a 4-3 victory.

Leading scorers for the team were Grant Thompson, Mike Hoshida, and Peter Snyder. These same three were also selected to be on the all-tournament team.

Santa Barbara was a different story. Coach Nort Thornton attributed much of the difference in the two tournaments to the team's lack of offense. He said, "at Cabrillo we were able to get going offensively, but at Santa Barbara we didn't do too much when we had the ball."

Indeed, in the three games the

team played at Santa Barbara, they took only 37 shots, an average of only 12 shots per game. It makes sense that if you don't shoot often, you don't score often. That's exactly what happened.

Relying principally on their defense the Owls started the tournament by beating a weak Santa Barbara City College team, 6-4. In that game Bryan Adachi and Mike Hoshida shared scoring honors with two goals apiece.

On the following day the defense was not enough. Foothill lost to Golden West, 5-3, after taking only nine shots. Later that day, in the game for third place, Foothill lost again to the U.C. Santa Barbara junior varsity, 7-4.

This week the Owls

concentrated mainly on their offense in preparing for the NorCal Tournament. The tournament will be held at the Foothill, De Anza, and West Valley pools today and tomorrow.

The team goes against Air Force at 8 a.m. this Friday morning in Foothill's pool. It is highly unlikely that the Falcons would have seen any zone defenses in the Rocky Mountains. Because of this and the inexperience of their team, the Air Force shouldn't prove to be a difficult opponent for Foothill to beat.

The Owls second game Friday will be against the University of Santa Clara at noon. The team's final game of the day will be against Fullerton College at 4.



Kicker George Kiss (Kish) shows winning form as he splits the uprights with his first of two 33 yard field goals. Kiss came out for the team the Monday before the game, and scored six points in the Owls' 12-10 victory over De Anza. (photo by Wendy Doucette)

Owls devastated by West Valley 37-0; use Kiss's toe to nip De Anza 12-10

Excitement and joy reigned on the sidelines at the Foothill vs. De Anza game, as George Kiss split the uprights with a 33-yard field goal to win the game for the Owls, with one second left, 12-10.

Kiss, a Hungarian immigrant, came out for the team only the Monday before the game. He missed his first field goal try and extra point try before kicking a pair of 33-yard-field goals to win the game.

Kiss was the kicker on the freshman team at the University of California two years ago, and redshirted last year. Ray Wersching beat him out as the top kicker on the varsity this year, so he came to Foothill for his sophomore year.

Bill Klamm led the team very well in the second half, after De Anza had outclassed the Owls in the first half, leading 10-0 at halftime.

Klamm had 15 yards gained in the first half and 91 in the second half. Rich Martinez gained 35 in the second half, including the one-yard touchdown plunge.

Brandy Abbey caught three passes for 29 yards, while Bob O'Conner caught two for 23 yards. Abbey caught one crucial 12-yard pass in the touchdown drive and one in the final field goal drive. O'Conner caught two important passes in the final

drive, and Bob Thompson caught one to set up the first field goal.

After two mediocre punts, Abbey punted very well, averaging for the entire game 31 yards. He got off kicks of 40, 37, and 45 to put De Anza deep into their own territory in the

second quarter.

Tomorrow night at 8 p.m., the Owls face the top-ranked small-college in the state, the College of the Redwoods. Redwoods has beaten both of its opponents this season, and won the small college playoffs last year. A win for Foothill would be a big lift.

Cross country talent working toward title

By MEL EMERICH
Sports Editor

Coming off a season-opening loss in a four-way meet, cross-country coach Hank Ketels noted, "This was just so we could run in some competition, mostly as a workout.

The run, two weeks ago, was against Delta, De Anza, and Marin. Delta scored a 73, De Anza 35, Marin 36, and Foothill scored 86.

Low score is the best, with De Anza winning. A point is given for each place, and Foothill's five runners finished eighth, tenth, 21, 22, and 25.

Chris Kane finished in 22 minutes and 28 seconds; Dave Chamness in 22:51; Kurt Gruen 24:24; Chris Condon 25:01, and Phil Teschner 25:48.

Bob Smith from Los Altos has been injured, but is okay and

beginning to train seriously. Bob should be a big help to the squad, and add some depth.

"Our main reason for the poor score is a lack of depth," noted the coach. "The race gave me confidence that they will do well."

"Gruen, Condon, and Teschner, all from Los Altos High, are out of shape, and need a lot of work," he added.

Also from time to time Larry Davis and Tom Verette will run for the team, along with Guy Gleason. Davis and Verette are track stars, and they are doing it more as a fall workout than for the cross country squad.

Gleason may just be running to get in shape, but he may also get some experience and mileage in the meets.

Last week the Owls went to a meet, but because they were late, they only ran for practice.

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