

## la Voz



THE WEEKLY VOICE OF DE ANZA COLLEGE SINCE 1967

May 21, 2012 | Volume 45, No. 25 | lavozdeanza.com

### **DASB** elections: The coalitions

Sam Amador Freelancer

an analysis



The Interclub Council and the De Anza Associated Student Body Senate hosted a debate for students vying for a senator position in the DASB's annual elections on May 16 for the 2012-2013 term. This year, 56 students are campaigning for one of the 28 senator positions, with four students competing for the president and executive vice president positions. The debate entailed discussions on student issues, diversity, and the mass exodus of senators for the 2011-2012 term.

Torch coalition claims to come from experience, and said they can be effective from day one rather than fumbling around for the first month or so until they get a rhythm down.

"A lot of us have worked together for a long time and we make a good team," said candidate Andrew Zhou.

Presidential candidate and current DASB chair of finance Pablo Zamorano acknowledged the mistakes of student senators overburdening themselves with

classes and made promises to inform elected senators what they are in for and their list of duties, and to urge senators not take on too many units. He also emphasized the coalition's goal of a well-marketed senate, making it more transparent and connected to the students.

Also on the Torch agenda is a push for an open source textbook program that would reduce the cost of textbooks for

The Real coalition distinguishes itself from the senate of "last year," running with the slogan "A real government for real people." Coalition candidates said know that the shenanigans of last year cannot repeat themselves if their fellow students wish to have an enjoyable and interesting college experience.

Practicality is one of the coalition's focal points. "Real isn't about to make promises it cannot keep" says Cynthia Ovandji. Promises Real did make include

implementing new microwaves in the cafeteria to reduce the build up of lines, and having a speaker come to campus and represent a different minority group or culture each month.

Other ideas include making the De Anza website more user-friendly by including a "class tree" that would diagram prerequisites and other course requirements a student needs before registering for higher division class.

### Read about the independent candidates on page 3

### Declining Foothill enrollment drags down district revenue

### Bryce Druzin Freelancer

trict officials hoped would be delayed until after the 2012-13 year could take effect as early as next January, Chancellor Linda Thor told about 400 faculty, staff and students during a May 17 meeting in Smithwick Theatre.

Previously, the district had hoped to cover budget shortfalls through the 2012-13 year with reserve money called a "stability fund," but a decline in Foothill College's enrollment has led to reduced state apportionment funding.

Vice chancellor of business Kevin McElroy told the audience the district will receive \$4.6 million less than originally projected this school year.

Thor said the district does not

anticipate enrollment rebounding district's future revenue is what

"In that case we need to permanently adjust our staffing downward," she said.

Foothill president Judy Miner cited several reasons for the college's decreased enrollment, including the college previously claiming an incorrect amount of apportionment for their work experience program.

"There were more hours that we were claiming than we now understand that we could," Miner

She also cited repeatability rules limiting student enrollment in physical education and arts classes and tightening of apportionment paid for "to be arranged" hours as factors.

Adding uncertainty to the

and expects a lower level of base happens Nov. 6, when Gov. Jerry Budget cuts and layoffs that dis- funding in the coming years. Brown's tax initiative will appear alongside another initiative sponsored by attorney Molly Munger.

> Thor told the audience that if Brown's initiative receives fewer votes than Munger's, the district will face \$9 million more in cuts.

> The district asked colleges and central services to have preliminary budget plans for "worst case reductions" ready by June 30, Thor said.

> McElroy said overly optimistic state budget revenue projections, including "accounting maneuvers" based on uncertain assumptions, could possibly lead to future midyear cuts.

> > contact Bryce Druzin at lavoz@fhda.edu

### **FHDA** appoints new vice chancellor of technology

### Vivian Nguyen **Production Manager**

When Joseph Moreau found out that he was selected as the Foothill-De Anza Community College District's new vice chancellor of technology, Moreau said it was the happiest day of his

"When Chancellor [Linda] Thor called me a few weeks ago to offer the position. I couldn't have been more excited," said Moreau.

He is set to begin his position as vice chancellor on June 11, following Fred Sherman, who has held the position for the past six

The role of vice chancellor is to provide a vision and leadership to the Education Technology Services department and oversee networks and communication

services, user support, and IT systems, applications, and operations for instruction, student services and administration. according to the FHDA district

Currently Moreau is the chief technology officer at State University of New York, Oswego. He took a large role in developing the Oswego Technology Master Plan leading SUNY Oswego to the "implementing of an electronic document management system." He also oversaw the convergence of voice and data networks and implementation of [new systems]; and migrated an email/collaboration system to cloud-based systems," according to his application profile.

see **CHANCELLOR** pg 3

at www.foothill.edu/theatre or at dispensers

in any student lot. Dispensers accept one-

Additional evening shows are as follows: Fridays and Saturdays at 8 p.m.:

dollar bills and quarters

June 1-2, 8-9

June 3 and 10

Sunday Matinees at 2 p.m.:

### **TUESDAY, MAY 22**

### STUDENT ART SHOW RECEPTION

5:30 to 7:30 p.m. **Euphrat Museum of Art** Reception and award ceremony

#### **DE ANZA SCHOLAR ATHLETE** RECOGNITION

1:30 to 3 p.m. Hinson Campus Center, Conference Rooms A & B

Hear the academic and athletic success stories of De Anza student-athletes and teams. Sponsored by the Athletics Department, Contact Kulwant Singh for more information at singhkulwant@ deanza.edu

**WEDNESDAY, MAY 23** 

### "SUPPORTING ACADEMIC SUCCESS: POSSIBILITIES AND LIMITATIONS"

3 to 4:30 p.m.
Multicultural Center Conference Room. Bob Gabriner and Ian Walton will present at the event as a part of the Research Speaker Series. Contact Diana Alves de Lima for more information at 408-864-8485 or alvesdelimadiana@deanza.edu

FRIDAY, MAY 25

#### DEADLINE FOR RED WHEELBARROW STUDENT **EDITION SUBMISSIONS**

11:59 p.m.

Students may submit up to five poems, one play, two stories, three flash-fictions, one creative non-fiction essay, two pages of comics, and/or five prints/slides of artwork Electronic submissions are preferred; students may send their work in via email to weisnerken@fhda.edu in .doc, docx, or .rtf format. Hard copy submissions are OK.

**SUNDAY, MAY 27** 

### PIANO CONCERT

4 to 6 p.m.

Main Quad

Piano performance sponsored by Creative Arts. Contact Anna Poklewski for more information at poklewskianna@deanza.edu.

TUESDAY, MAY 29

### **READING BANNED BOOKS** 7 to 7 p.m.

Join in a day of reading aloud from books banned in Tucson, Ariz. Readers are wanted for slots. Sponsored by LEAD and Puente. Contact Marc Coronado for more information at coronadomarc@deanza.

### **LEARN ABOUT THERAPY**

11:30 a.m. to 12:30 p.m. Hinson Campus Center, El Clemente

Educational workshop on therapy provided and sponsored by Health Services and Psychological Services. Workshops are not intended to provide diagnosis or treatment. Contact Mary Sullivan for more information at sullivanmary@deanza.edu

**MONDAY, JUNE 4** 

#### "MANUEL CALLAHAN: APPLYING THE LESSONS OF THE ZAPATISTA PRAXIS TO THE VALLEY"

1:30 to 3:30 p.m.

Hinson Campus Center, Conference

Manuel Callahan will speak about the struggle in Chiapas, Mexico. Sponsored by DASB Diversity and Events Committee.

Contact Tom Izu for more information at EDNESDAY, JUNE 6

408-864-8986 or izutom@deanza.edu.

**BLOOD DRIVE** 

8:30 a.m. to 7:45 p.m Conference Room A & B

To make a donation make an appointment online, visit: bloodcenter.stanfrd.edu. Sponsored by Health Services. Contact Mary Sullivan for more information at 408-864-8732 or sullivanmary@deanza.edu.

THURSDAY, JUNE 7

FIRST THURSDAY

### **OPEN MIC SERIES**

5 to 7 p.m. Euphrat Museum, VPAC

The Open Mic Series sponsored by the De Anza Black Student Union Participation in fusion of spoken poetry and hip-hop is open to De Anza students, faculty and staff. Admission is free. Contact deanzabsu@gmail.com

### FRIDAY, JUNE 8

for more information.

#### **AUTO TECH CARACCI CLASSIC GOLF TOURNAMENT**

All day event Sunol Golf & Country Club

Annual Caracci Memorial Scholarship fund raiser golf tournament and dinner. Raffle will raise money for scholarships. Sponsored by Auto Tech Department. Contact Dave Capitolo for more information at 408-864-8312 or capitolodave@fhda.edu

### 33rd ANNUAL STUDENT **FILM & VIDEO SHOW**

7:30 to 9:30 p.m. Visual & Performing Arts Center

Screening of student narrative, documentary, animation and experimental short films produced by Film/TV Department students. Sponsored by DASB, Creative Arts. Contact Zaki Lisha for more information at 408-864-8519 or

THURSDAY, JUNE 14

lishazaki@deanza.edu.

### TRIBUTE TO JASCHA HEIF-

Visual & Performing Arts Center A performance by the De Anza Chamber Orchestra featuring two of Heifetz students. Contact Loren Tayerle for more information at tayerleloren@fhda.

### THE CREATIVE ARTS **SHOWCASE**

3 to 5 p.m. Visual & Performing Arts Center

Do you sing? Act? Dance? Recite poetry/spoken word? Are you an outspoken activist? Start your summer off right by attending this quarterly open mic, hosted by the Creative Arts Department! Anybody can watch, and participation is limited to registered

### **WEDNESDAY, JUNE 27**

students of De Anza. If you would like to perform, please arrive by 2:45 PM. RED WHEELBARROW

### **CELEBRATION** 6:15 p.m., Writing and Reading

Center ATC 309

Over \$300 in prizes awarded during the publication reading/celebration. Awards given to the top three poets, fiction/creative non-fiction writers and artists. Deadline to send work in for consideration is Friday, May 25 at 11:59 p.m. For more information, contact Ken

### AT FOOTHILL

Weisner at 408-864-5797

### TASTE OF LATIN AMERICA

Noon to 1 p.m. Campus Center Plaza

davorentricia@foothill.edu.

This event is a part of Latin Heritage Month Celebration. Admission is stact Tricia more information at 650-949-7282 or

### ON STAGE: The Knight of the Burning Pestle, Mashup of 17th Century Satire

Starts May 25 and runs through June

Lohman Theatre

The Knight of the Burning Pestle, a mashup of 17th century satire written by Francis Beaumont, runs May 25-June 10. Thursday evening performances are May 30 and June 7 at 7:30 p.m. All tickets for Thursday Performances are \$8

Tickets are \$16, general admission; \$12, seniors, students and FHDA personnel; and \$8, students with Owl-Card and Foothill employees (discount available for in-person purchase only). Order tickets online at www.foothill.edu/ theatre or by phone from the Foothill College Box Office at (650) 949-7360

Parking Lot 8 provides stair and no-stair access to the theatre. Patrons must purchase the required campus parking permit for \$3. Purchase permit online

### **DEANZA STUDENT ART** SHOW

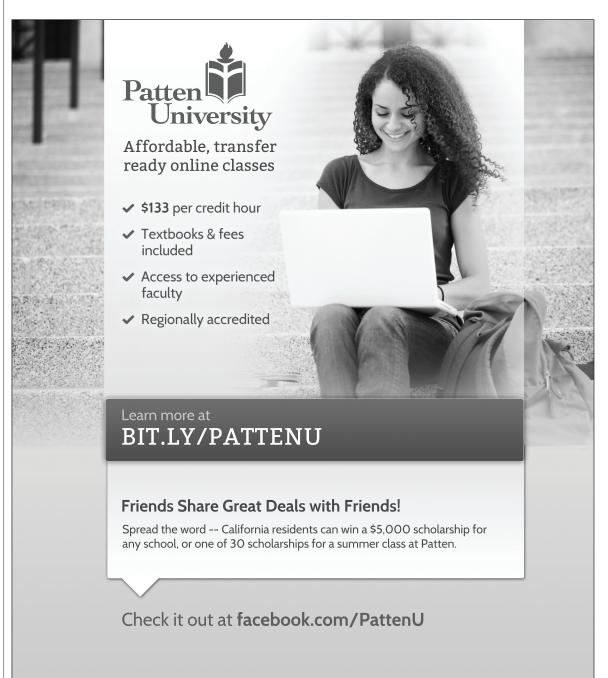
10 a.m. to 3 p.m. through June 14 **Euphrat Museum of Art, VPAC** An ongoing annual student art show featuring work created by students of De

Anza College. June 14 is the last day of the exhibition. Contact Diana Argabrite for more information at 408-864-5464 or

### **HAPPENINGS**

Send event notices to lavozadvertising@ gmail.com by noon Wednesday preceding the publication week. Please type "Happenings" in the subject line. La Voz does not guarantee publication. All events take place on the De Anza College campus and are free, unless stated otherwise.





lavozdeanza.com

### De Anza hosts open house for new students







ANDREW PUCKETT | La Voz Weekly

BIOLOGY - A student and his parent listen to a representative talk about opportunities presented by the De Anza Biology department.

### **DASB** independent candidates share ideas

from **ELECTIONS** pg 1

Sam Amador Freelance Writer

The few independents that showed up to the Meet Your Candidate event on May 15 were in their first year in attendance of De Anza who didn't necessarily know anyone within the political spheres of influence of the coalitions.

They faced the intimidating task of laying out their platforms in front of the coalitions and all of their uniformed supporters clapping every time a speaker on their side made a good point.

Senatorial candidate #47 Jose Avalos Jose believes more alumni should donate to their old community college and that money can be donated from private sector companies like Apple but in more ways than just computers.

He said corporate philanthropy would help the corporations in the long run by putting better educated and equipped workers in the job pool. He also believes that student elections should not be about coalitions and popularity contests, but about an individual building a

relationship with a large group of people.

Heidi Kang running alongside her sister Jane, chose to run independently because she believes politicians should facilitate a crowd rather than talk up on a platform. She is fighting for better funding for arts programs as well as the option for candidates to run directly for the position they want in the DASB, rather than being elected treasurer, for example, in their own group post-election.

contact Sam Amardor at lavoz@fhda.edu

### from CHANCELLOR pg 1

"I've worked with a couple of institutions in my career and I've had the opportunity to work with a lot of different kinds of faculty," said Moreau. "Everybody that I've had the privilege of working with has taught me something very unique with how we can best utilize technology to educate students."

Moreau brings more experience into the position, previously serving as dean of academic information services and dean of learning resources at Mira Costa College and West Hills College, respectively. He also served as the president of California Chief Information Systems Officers

Association for four years.

Moreau said he hopes that his previous experiences in different educational roles will help him excel within the district, going from direct contact with students to helping students succeed in a different capacity. "I bring a lot of interesting lessons from a whole variety of places that would have a lot of value at Foothill-De Anza," Moreau said. "I think over my career, I've learned a couple different ways to guide [students] through the process of questioning [and to] be comfortable outside their comfort

contact Vivian Nguyen at lavoz@fhda.edu



408-873-1600

Dine in or Take out

10525 S. De Anza Blvd. Cupertino

# Undocumented students face health challenges because of stress

Leila Forouhi
Opinions Editor

Undocumented students and their allies discussed ways to cope with unique health issues facing undocumented students at the Dare to Dream Conference held on May 10, as part of AB 540 Awareness Week.

Unique challenges these students face include lack of financial support and access to a supportive community, according to Jose Arreola from the San Francisco nonprofit Educators for Fair Consideration.

Undocumented students face an "enormous emotional burden" stemming from the fear of being caught and deported. In turn, undocumented students and their families experience the conditioned anxiety disorder known as complex traumatic stress disorder.

The disorder is brought about from constantly reliving trauma, where deportation is equated to the death of a loved one, Arreola said For students living with the disorder, life is a day to day struggle. Studies conducted found that the best ways to cope include sleeping a full eight hours, eating nutritious food and exercise.

Additionally, part of the healing process involves revealing your status to others and not hiding it. "Don't tell the world," Arreola said. "But make it a part of your public life."

Anaruth Hernandez, 23, political science and anthropology major, a founding member of the Integral Movement for AB 540 Student Success Club commented that the event is helping her and others to "take a look in our community."

The passing of AB 540 gave undocumented students resident status allowing them to apply for state funds for higher education if they meet the requirements of attending a California high school for at least three years and having a high school diploma.

contact Leila Forouhi at lavoz@fhda.edu

lavozdeanza.con

## Part-time work provides opportunity and flexible shifts for students of De Anza College

### Jimmy Osburn **Contributor**

De Anza College students who are still struggling with cash-flow problems due to conflicting schedules and competitive markets may want to consider talking to Dawna O'Malley about the college's work-study program, a federal program providing eligible students with flexible, on-campus employment while attending college.

According to "Meet Dawna O'Malley," her title is human resources administrator. She processes all student employment paperwork and assists them with payroll and timesheet issues.

### How it works

Nineteen-year-old Cameron DeLaney is a business major enrolled in 16 units, and has worked in the school library

over a year as a part of the work-study program.

"I schedule my classes way ahead of time," says DeLaney. "Then we give the supervisor the class schedule, and she works around it. It works out really well."

While the main focus of the program is to help students with financial need, DeLaney says that for him, the biggest benefit is the work experience because it helps build toward a better job.

Not only has the program helped in that way, but 26-year-old Tuyen Huynh, business major, who works in the ESL department, said the chance to communicate from working has really benefitted him.

### **Off-Campus Employees**

Health Science major, Natalie Unruh, 20, works part-time stocking shelves at Whole Foods on Stevens Creek Boulevard, while enrolled in 18 units at De

"I like working off campus," says Unruh. "I feel like if I worked, and went to school here, it would be overkill. I would probably get burned out."

Sarina Garcia, an 18 year-old Freshman and toy store clerk, said, "I get to see a different part of the community. It's nice... I get the full spectrum of people."

#### Does it work for you?

Your own personality allows for the option of working on-or-off campus, as do your resources, such as rising gas prices, and flexibility of being in one place the majority of the day.

DeLaney and Huynh said they felt the work experience gained will be an asset once they leave De Anza.

Unruh and Garcia, the busy schedules weren't a problem, but the separation

between work and school was important in preventing a college burnout.

But Karen Oeh, an FHDA district employee for 13 years who works in the Skills Center, said, "Due to the budget cuts, you want to utilize the resources that are available on campus. When you're on campus, you are hearing more, seeing flyers. People are coming in out of the blue and inquiring, so you're more tuned into what's going on around campus."

For more information on The Federal Work-Study Program, contact Dawna O'Malley at 408-864-8368, or visit her in the De Anza Financial Aid Office.

contact Jimmy Osburn at lavoz@fhda.edu



### Mariah Bravo **Staff Writer**

Students and faculty packed the Visual and Performing Arts Center to hear writer and Stanford professor Cherrie Moraga read and sign her latest book "A Xicana Codex of Changing Consciousness" on May 8.

An acclaimed playwright, poet, and essayist, Moraga shared her personal views on culture, education, and the recent ethnic studies cuts and banned books laws in Arizona

The event started with an introduction by De Anza's chair for women's studies, and ¡LEAD! community coordinator Marc Coronado, and a reading from "The Welder," one of Moraga's poems. "She writes from the perspective of being a Chicana, being a lesbian, and all together being human," said Coronado.

Moraga opened the reading by stating that she wanted to get some things off her mind, sarcastically thanking Arizona for showing how institutionalized racism looks, and how it demonstrates racism still exists in the U.S.

"Sometimes I change my mind when I get up there, but depending on who shows up, sometimes I get a different vibe of what's needed," Moraga said.

She revealed perspectives of her work as a writer, and said that everything she had ever written was for those who could not write, for the immigrant perspective struggling in the U.S., and from her perspectives on being an activist and a Chicana.

Her first reading was from one of her earlier plays, "Watson-ville." Even though it was written in the 1990s, it still connects with society.

"She emphasizes to be conscious, know what's going on, know your roots, and know were you come from so you can move forward," said Segal Jama, biology major. "It's relevant to what's going on nowadays."

Moraga ended her reading with some passages in her new book, a poem dedicated to her mother, and notes about the importance of education and surroundings, before responding to questions and signing books.

"People of color, queer students, and all these marginal communities have a right to education; and they also have a right to be able to shape what that education looks like, including values behind that education," Moraga said. "But beyond that, requiring critical thinking skills to look the world around them and be able to make informed choices about society. I think that is the most important thing."

contact Mariah Bravo at lavoz@fhda.edu



### Engaging Minds Improving Lives



### Bachelor degrees in Business & Psychology

Palo Alto University - Northern California's premiere school of professional psychology

Transfer to PAU and obtain your Bachelor degree in two years!!

Accepting applications for Fall 2012 & Spring 2013

www.paloaltou.edu Tel. (650) 690-5049

### 5 | Features

lavozdeanza.com

### The Equity Office readjusts its policy to include all students

### Hongmi Jeon **Staff Writer**

The Office of Equity, Social Justice and Multicultural Education has been reconstituted, and is still committed to enriching a creative, quality experience and success for De Anza College faculty, students, and staff, said Veronica Neal, the new faculty director.

The new office, in the Administration Building, is a virtual art gallery of colorful and provocative images.

The original Equity Office opened its doors at De Anza College in 1989 with a primary focus on guaranteeing affirmative action and equal opportunity during the hiring process. Since then, its services have been expanded to include faculty and student equity.

The new purpose will move towards a deeper, systemic approach to educational change and social transformation instead of "diversity sensitivity," Neal said.

"The Equity Office is not just

here for faculty, but here for class professionals and students," she said.

The Equity Office is responsible for providing effective leadership and expertise in the development, engagement, coordination, implementation and assessment of programs and services to encourage diversity awareness and understand the differences.

"Equity, social justice and multicultural education can happen, not only in this office, but also everywhere around campus," Neal said.

"I feel so excited about all those potentials and positive energy at De Anza, and want to encourage students who haven't gotten involved in our equity works to check our website out, and to keep growing our community by getting involved."

contact Hongmi Jeon at lavoz@fhda.edu



FRESH START - Veronica Neal revels in the artwork that surrounds her in newly decorated office in The

# ISSUES LANGE TO THE PARTY OF TH

STANDING OVATION - Nathan Byrnes' works "Diptheria" and "Headache," on display at the Student Art Show, present anatomical studies.



KEEP IT REAL - Alexandra Rosa's works "Caroline," a memorial painting to her deceased ex-girlfriend and "OD," based on her coma after an overdose at 14, present a thought-provoking backdrop.



I SPY WITH MY LITTLE EYE - "Indispose" has a secret... look closer. Artist Theresa Because created a full-hodied cast to create the female figure lying on the couch

## On Alert!: latest edition of Champions Online game

### Greg Anderson Staff Writer

Not too long ago, the game "Champions Online" got a new twist, luring in new players, while keeping the regulars interested.

Though the surface looks like a deeper stylistic redesign of the game, the appearance fools you, because most are just additions to existing content, yet new features shine out with plenty of potential. Publisher Perfect World amounts of time, and the "Champions Online" game became free last January, allowing play in a new structure.

One particular feature called On Alert! adds a heavier teamwork element. The function of this new game is an event scheduler, where players queue up to fight against a powerful supervillain and all of the tough minions that come following in tow. You'll be set in a team of up to six heroes and you'll dive into a dangerous

Beyond experience point changes, a statistical feature has also been added: points that go towards training your primary power focus, such as ego or endurance. This is a welcome feature, adding more detail to the leveling experience without bogging the system down in details one can't figure out off-the-bat

Though the story element is still heavily cartoonish, making players feel as though they've





HIDDEN MEANINGS - "Sapo y Noliat" holds a musical secret that can be demonstrated by a museum official if asked politely enough during the gallery's off hours.



**LATTE ART** - Starbucks coffee sleeves are the new canvas when it comes to doodles. Amber Liu didn't consider herself an artist until a faculty member mentioned the incredible detail on them. A tree doodle in the background is also made of entirely of coffee.



PRESSURE MAKES DIAMONDS - Stressed out student Felix Duong created the appropriately titled "No Sleep," as he made the artwork four days before the art show, and slept only a measely four hours during production.



Entertainment made a good move not changing too much of the game's structure, it's a pleasant surprise to find new content for long-time players to tackle. In short, this is not a new version, and there is still a "Champions Online: Free For All."

The series has already seen immense changes within short

classic comic book scenario, like halting a bank robbery.

Completing these tasks comes with plenty of awards, making leveling a whole lot easier—not necessarily good or bad, as long as the experience acquired from the alerts doesn't make that much of a dent on the higher level needs.

been sucked into a 1980's comic, all the features correspond to existing ones nicely, and the game is as easily accessible to beginners.

contact Greg Anderson at lavoz@fhda.edu

lavozdeanza.com

## Softball has strong season, will come back stronger

### Ed Chuck Staff Writer

De Anza's softball team put up a courageous effort against Sierra College during its first playoff appearance in ten years. The best-of-three match took place on the weekend of May 5, with De Anza losing in a 12-0 shutout on Saturday and returning with a 15-9 loss on Sunday.

By playoff regulations, the match-up was to take place at the site of the higher seed. The Sierra Wolverines, ranked third, was awarded the home-field advantage over the 14th seed Dons. De Anza head coach Rachel Pacheco joked that the drive would take longer than the games themselves.

Going in as the underdogs, De Anza took to the field against an opponent with an intimidating record. The Wolverines have a great pitching staff with a team ERA of 1.93, the second lowest in their

conference. Sierra's excellent offense tops its conference in hits, home runs, and RBIs.

Pacheco said the Dons were overwhelmed by the experience in the first game of the series. Knowing they had just come off of a playoff drought put a lot of pressure on the Dons. Usually known for hitting, the team was unable to put any runs on the board. Pacheco's advice to her team after the hard loss was to be true to themselves; their style of play had brought them this far and they shouldn't let the circumstances dictate how they perform.

The second game would determine whether the series would continue for a third game or if it would be the end of the Dons' season. Pacheco asked her team, "How do you guys want leave here? Do what you gotta do. Leave here how you want to leave here." She wanted each of her players to make it a personal goal to get a hit and help force Sierra to go all



SMASH HIT -Taylor McCloud, named one of the First All-League players on the team, crushes the ball in a home game against Chabot College on April 17.

up and make up for it."

seven innings.

This year, goal-setting has been a driving factor behind the Dons' performance. By setting smaller objectives, they have been able to leverage their momentum and keep their eye on the prize. For example, freshman Hannah Mutz, who had been struggling with hitting during the season, made it her focus to achieve better results

in that area and turned it around at the end

of the season by raising her batting average

This kind of dedication is what has separated the 2011-12 team from previous years, said Pacheco. "Each of them have the drive and if they see that there may be something we're lacking, they try to step

This year's Dons have been helping each other out with the game as well as with classes. "After softball," Pacheco explains, "you really have your academics to go on." The sophomores have been there for the freshmen, whether it's staying after to hit grounders or helping answer questions about schoolwork.

De Anza students interested in joining the softball program next year can visit www.deanza.edu/athletics/softball. There, they can find more information about becoming student-athletes and contact Head Coach Pacheco directly about the program.

Contact Ed Chuck at

lavoz@fhda.edu



ANDREW PUCKETT | La Voz Week

CRUISIN'- Cyclists race through the Santa Cruz Mountains near Redwood Estates on May 14 during the second stage of the AMGEN Tour of California. Slovakian racer Peter Sagan, 22, won the 117.1 mile stage that took cyclists from San Francisco to Santa Cruz with a time of 5 hours and 2 minutes.

### Don't get mad, get Java

### Alicia Rivera **Staff Writer**

Caffeine is an American lifestyle. Starbucks alone ranked 29 for CNN's 2012 Fortune 500 with \$42 million market value as of April. But where does this urgent need for a double shot of espresso or 12 ounces that will give you "wings" stem from? Perhaps it is that inescapable alteration to your mind and body that caffeine has.

Recent studies demonstrate caffeine positively affects the human body. According to the U.S. Institutes in Medicine, 100 to 600 milligrams of caffeine can maintain mental capacity. The increase of focus and reaction time would encourage any person balancing academic studies and relationship happiness with working to pay rent and staying alive all on a five-hour night's sleep—at best--to hop on the caffeine train.

"When consumed in moderation, caffeine has no adverse health effects," Dr. Luis Gruberg, a professor of medicine at Stony Brook University School of Medicine's cardiovascular diseases division, told Newsday. The key is coffee consumption level awareness, so as to avoid sleepless nights and jitters.

A 400,000-participant study from the National Cancer Institute noted that coffee-drinkers live longer than non-coffee drinkers. The study took into account the alcohol intake, diet and lifestyle choices of the participants, and a clear pattern emerged: Each cup of coffee per day nudged up the chances of living longer.

Though caffeine intake may require monitoring in special cases, the overall findings are that caffeine can be a great benefit to any and all. So if Americans continue to flatten their wallets for a ventilatte or seemingly unnecessary Kit-Kat breaks, so be it.

contact Alicia Rivera at lavoz@fhda.edu

### De Anza College Dining Services

Menu: May 21 - May 25 For all of your on-campus dining needs, visit the FOOD COURT in the upper level of the Hinson Campus Center

### MONDAY

- Soup: Chicken Noodle Soup
- Pizza: Vegetarian Combo
- Salad: Chinese Chicken
- Pasta: Beef Stroganoff

### TUESDAY

- Soup: Cream of Mushroom
- Pizza: Margarita
- Romain Lettuce,
  Bay Shrimp, Red
  Peppers, Green Onions
  Croutons, Parmesan
  Caesar/Sriacha
  Dressing, Fresh
  Pineapple, Cucumber
- Pasta: Southwestern Pasta

### **WEDNESDAY**

- Soup: Minestrone
- Pizza: Hawaiian Ham & Pineapple
- Spring Greens, Fresh Apple, Candied Walnuts, Cranberries, Blue Cheese and Oil & Balsamic Dressing
  - WORLD RISOTTO:
    Morrocan Tahine Style
    Lamb Risotto with Raisins,
    Sweet Apricots, Green
    Onion, Toasted Almonds
    and a Lemon Goat
    Cheese Cream

### THURSDAY

- Soup: Tortellini Vegetable
- Pizza: North Beach Pizza
- Salad: Southwestern Chicken
- Broccoli Bow Tie Pasta

### FRIDAY

- Pizza: Chef's Choice
- Soup: New England Clam Chowder

**Flatbread Naan:** The Club - The Caesar - The Italian Combined with a small salad

**Burger of the Week**: Santa Fe - Angus Beef, Pepper Jack, Mild Green Chile, Avocado, Lettuce, Tomato and Chipotle Mayo

### LA VOZ WEEKLY

L-Quad Room 41 21250 Stevens Creek Blvd. Cupertino, CA 95014

P: (408) 864-5626

F: (408) 864-5533

E: lavoz@fhda.edu

W: lavozdeanza.com

#### **EDITORIAL BOARD**

Sara Gobets | Editor in Chief
Vivian Nguyen | Production Manager
Ailya Naqvi | Managing Editor
Leila Forouhi | Opinion Editor
Vanessa Contreras | News Editors
Alix Metanat | Sports Editor
Brenda Norrie | Features Editor
Andrew Puckett | Web Editor

#### **BUSINESS STAFF**

Cecilia Deck | Faculty Adviser
deckcecilia@fhda.edu
Walter Alvardo | Lab Technician
alvardowalter@fhda.edu
Michael Mannina | Business Manager
lavozadvertising@gmail.com

#### **ABOUT US**

La Voz Weekly is a First Amendment newspaper written and published by De Anza College Students.

La Voz Weekly is a partially funded by the De Anza Associated Student Body and is printed at San Francisco Newspaper Printing Company. All rights reserved; no part of La Voz Weekly may be reproduced without permission.

Staff editorials reflect the opinions of the majority of the necessarily reflect the news of the author or the opinions of the La Voz staff. Opinions expressed by staff and contributors are the opinions of the individuals and not necessarily the opinion of La Voz Weekly. Editorials are the opinion of the editorial boardonly and do not necessarily represent those of the entire staff. Columns are the opinion of the writer. Letters are the opinions of the reader.

### LETTER TO THE EDITOR

Letters to the editor can be submitted to lavoz@fhda.edu or at: lavozdeanza.com. Letters sould be 300 words or less; letters more than 300 words may be edited for length. Letter authors must include a phone number in submissions. Letter content must not be libelous or intended to air personal grievances. La Voz does not guarentee that submissions and letters to the editors will be printed. La Voz reserves the right to edit letters and submissions for clarify in accordance with Associated Press writing style. Letters submitted for the printed edition of LA Voz Weekly may be published in the online edition.

### **ADVERTISING**

Press releases and submissions can be submitted to lavozdeanza.com

La Voz does not guarantee coverage of events for which it recieves press releases. Contact Business manager Michael Mannina by phone at 408-864-5626 or e-mail to lavozadvertising@gmail.com for rates. Rate sheets can also be found at the website.

### PHOTO REPRINTS

Images published in La Voz Weekly or online at www.lavozdeanza.com are available for purchase. Ten limited use digital images can be obtained for \$20 or 8x10 prints for \$25. Contact Business manager Michael Mannina to place an

### LA VOZ CORRECTIONS

Any corrections in a published story? Please let us know by sending us an e-mail:

lavoz@fhda.edu

5/14

May Day article contributed by Leila Forouhi

### Some parents buzz too loudly over their children's lives and activities



Ami Bruce Staff Writer

I can't count how many times a parent has given me the evil eye because I allow my children to

put sticks in their mouths, play in the mud, jump from "high" places or let my boys wear pink.

The phenomenon of helicopter parenting extends far beyond childhood and adolescence. There are parents actually choose their children's major for collegeworse—continue to dictate their kids' lives after they have graduated.

The parents I see nearly every time I take my children to the park are likely to become compulsively hands-on parents once their children become adults. These are

the parents who do assignments for their children to ensure they get into a good university. They will even go so far as to dictate their children's interests and careers and completely rule over their lives unless their kids stand up against.

Parents should not try to alter the personalities, desires or dreams of their children just because their children do not grow up to fit the conventional image they had in mind for them. While everyone's values are shaped in part by their parents, people's personalities are innate.

Since the age of 18. I have

parent

Most helicopter parents are doing what they do out of love and desire for their child to succeed. Some, unfortunately, are doing it for their own wellbeing—creating a child they can brag about to their friends.

"Parents seem only interested in making it clear how amazing they think their kids are," stated Corey Stern in a recent Huff Post Teen article. thing to be afraid of germs and your children falling when they are young.

But to dictate every aspect of your child's life, doing assignments for them, handling college applications and the like when they are burgeoning on adulthood is not going to make them productive members of society.

If someone becomes a lawyer, doctor or has some other highpaying profession just because their parents chose it for them

their parents chose it for them, then the passion necessary to make their work enjoyable will be missing.

Subsequently, children nowadays are constantly enrolled in a plethora of activities by their busy parents. "The kids get the idea that someone will always be structuring their time for them," writes Terry Castle in The Chronicle Review.

"The helicopter parents who hover over nearly every choice or action of their offspring have given way to 'snowplow parents' who determinedly clear a path for their child and shove aside any obstacle they perceive in the way," Castle said.

In the long run, this behavior does more harm than good.

contact Ami Bruce at lavoz@fhda.edu



GALEN OBACK

made all my own decisions. I sometimes wonder, however, if I am making a mistake with my own children and whether there are benefits to being a helicopter

It is important to be involved with your children, to know what is going on in their lives, and to have open lines of communication. It is one

### Letter to the Editor

Editor –

The recent article about President Murphy and Apple's taxes highlights a continuing problem in this state and the nation. People like President Murphy, who have spent their entire life in either government or academia (or both) understand little about what it takes to actually create wealth, and worse still, have the arrogant belief that they are entitled to the wealth created by someone else for their own "noble purpose."

President Murphy's diatribe and the New York Times article that featured him not only got the facts wrong, but also clearly misunderstands Apple's primary responsibility. Apple has a duty first to its owners (stockholders), to maximize the profit gained within the bounds of the legal and ethical restrictions all companies face. As has been pointed out, Apple did nothing illegal. Nor did they do anything unethical, and the implication they did is ridiculous. De Anza's budget woes

are not Apple's fault, but rather the complete mismanagement of this state by politicians like those President Murphy used to work for, and those he now supports. When our state culture is hostile to business, has high marginal tax rates, and is dominated by unions and environmental concerns that permeate every attempt to create wealth, it is hardly surprising that revenues are not what they could be. Add to that accounting gimmicks and spending at unsustainable rates, and our state is in dire trouble. The fact is that Apple's lower tax burden allows their employees higher wages, allows them to invest in products that will help education, and allows those pension funds and investment funds which buy into Apple stock to make more money, thereby generating additional tax revenues. Steve Jobs did not tell President Murphy how to run De Anza. Given that he has no clue into how corporations create wealth, President Murphy should leave the running of Apple to competent

executives

One last item. The headline in your article mentions "tax evasion." Apple did nothing of the sort. Tax evasion is criminal, tax avoidance is not. As the brilliant jurist Justice Learned Hand wrote (and is so often quoted):

"Anyone may arrange his affairs so that his taxes shall be as low as possible; he is not bound to choose that pattern which best pays the treasury. There is not even a patriotic duty to increase one's taxes. Over and over again the courts have said that there is nothing sinister in so arranging affairs as to keep taxes as low as possible. Everyone does it, rich and poor alike and all do right, for nobody owes any public duty to pay more than the law demands."

Scott Peterson Math Instructor De Anza College

lavozdeanza.coi

			1	2	4			
4			6		8			7
		5				2		
7			2		9			5
	1			6			9	
5			3		7			8
		8				4		
3			5 4		2			9
			4	9	1			

6	7		2	5		8	4
		4			7		
8							5
7	4		3	1		5	2
		8			6		
3	9		6	7		4	8
2							9
		5		 	8		
4	6		9	8		2	1

### Sudoku



### Are you feeling down or stressed out?

### Would you like to participate in paid research studies?

The Etkin Lab at Stanford University Department of Psychiatry is looking for participants to take part in research studies.

Depending on the study, procedures may include:

- Medication-free treatments
- Computer-based treatments
- Brain imaging (fMRI) and stimulation (TMS)

Payment ranges from \$15/hr to \$450 for completing entire study.

Interested? Please contact us for more information. psychiatry@stanford.edu -or- (650) 725-9510

For general information about participant rights, contact 1-866-680-2906.

### **Answers from last week:**

5	8	9	2	7	3	1	4	6
3	7	2	4	6	1	5	9	8
4	6	1	တ	8	5	7	3	2
7	4	3	1	2	6	8	5	9
1	2	5	8	3	9	4	6	7
8	9	6	5	4	7	2	1	3
9	5	7	6	1	8	3	2	4
6	3	4	7	5	2	9	8	1
2	1	8	3	9	4	6	7	5

_									
	5	6	1	2	7	8	3	4	9
	8	3	9	6	1	4	5	7	2
	4	2	7	3	9	5	6	8	1
	3	5	4	9	6	2	8	1	7
	6	7	8	4	3	1	9	2	5
	1	9	2	5	8	7	4	3	6
	2	1	5	8	4	6	7	9	3
	7	8	3	1	5	9	2	6	4
	တ	4	6	7	2	3	1	5	8
_									

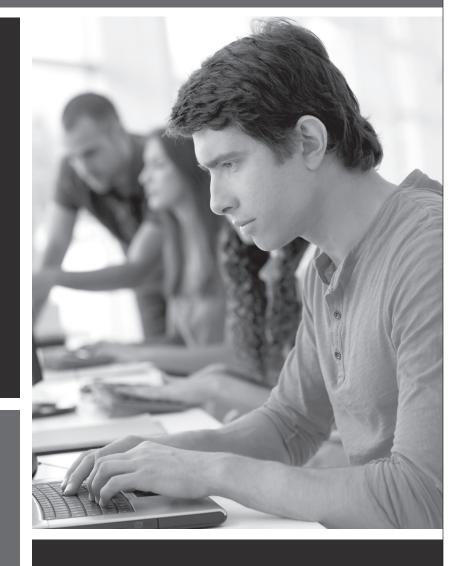
SAN JOSÉ STATE UNIVERSITY

COLLEGE OF INTERNATIONAL AND EXTENDED STUDIES

# SJSU Online Summer.sjsu.edu

Take online courses in Business, Biology, Communications, Economics, Geology and Women's Studies

- More than 75 courses available online
- 24/7 access
- No admission required





Scan code to register now!





Wed. 23.

Thur. 24

Fri. 25

Sat. 24

Sun. 27 51° - 74°