# LAVOZ NEWS

@lavozdeanza

La Voz News

THE VOICE OF DE ANZA
SINCE 1967

Feb. 1, 2016

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De Anza rallies, walks off in season opener

lavozdeanza.com

Anthony Montes

Editor-in-cheif

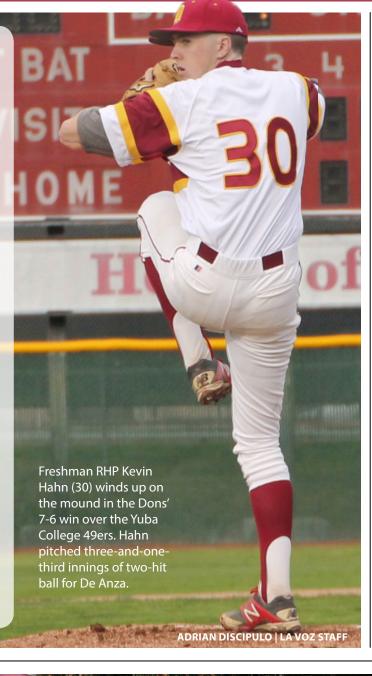
With the bases loaded in the bottom of the ninth inning, first baseman Abe Arias hit a walk-off single, sealing the victory for the Dons in their home opener against Yuba College 7-6 on Thursday, Jan. 28.

"We don't quit," Arias said.
"We have that in all of us that
we don't want to quit. Even
if we're down by 20 runs, it's
not going to matter."

Arias was an impressive 4-5, scoring one run and led the team with three RBIs. He is one of the handful of veterans team relies on to lead the relatively young roster, Raich said.

"He's a leader. Guys look at

>SEE OPENER P. 10



La Voz News

Campus smoking ban would match other CA colleges

> Lenus Chow STAFF WRITER

The FHDA district is surveying students and staff to determine their opinions on the district smoking policy, with the intention of eventually making both campuses completely smokefree.

The 19-question survey, sent via email, asks respondents about their tobacco use and whether they would prefer the campus, including the parking lots, to be "100 percent smoke-free." If significant public support is found for such a change, the new policy will proceed to the FHDA Board of

>SEE **SMOKING BAN** P. 3

# Longtime Dons' football coach hangs up clipboard

Taylor Bicht SPORTS EDITOR

Cecile Hoang



Former De Anza College head coach Dan Atencio, who guided the Dons to three conference championships and received three Coach of the Year awards, announced last November that 2015 would be his final season.

After 46 years of coaching different levels of football,

>SEE **COACH** P. 9



Above: A club member performs an acrobatic flip at Club Day Thursday, Jan. 21 at the De Anza main quad.

Ruben Mendoza STAFF WRITER

Laughter and excitement filled the air as students, staff members and alumni flocked to several stands at the main quad. On Jan. 21, De Anza College's Club Day introduced a wide range of associations for students to join, as well as games and performances.

"Socializing with peers, building relationships and having fun is the most enjoyable on the Club Day" said Ali Haider, 18, economics major.

The K-Pop Dance Club demonstrated their intricate choreographed skills during their unannounced dance routine. The members of Four Elements at De Anza's hip-hop club beatboxed and spit lyrical rhymes to attract the crowd's attention.

"Graffiti, break dancing and beatboxing are all elements of hip-hop," said co-president of Four Elements, Ataie Kombeze, political science major. "People use whatever they have to create this culture."

The De Anza Network Club invited students to play water pond and awarded the winners with candy and miniature animals. The club's purpose is to encourage the relationship building among students.

"We want to connect the study body and alumni," said the chief marketing officer of the club, Daniel Vanish, business major. "Professional events will help students to access that potential." During past events, the club members have organized movie nights, trips to the beach and other outdoor activities for its members.

Bright electrifying colors of the stand and the joyus smiles of representatives attracted students to the Rainbow Club table. Those who signed up for the club and attended the first meeting got the chance to raffle. The winners were awarded with gift cards.

>SEE **CLUB DAY** P. 8

Monday

Feb. 01

#### CHEER AND DANCE TEAM CLINIC

7 - 4 p.m.
PE 15
The Cheer & Dance Team is holding clinics and tryouts for winter quarter. Email the coach for

Tuesday

Feb. 02

# MASSAGE THERAPY CLINIC 9:30 - 11:30 a.m. PE 12L

Experience a massage customized for your needs at PE 12L. 45-minute sessions Tuesdays and Thursdays at 9:30, 10:30 and 11:30 a.m.

Feb. 03

### CHEER AND DANCE TEAM CLINIC

3 - 4 p.m. PE 15 The Cheer & Dance Team is holding clinics and tryouts for winter quarter. Email the coach for

# 

5-7 p.m. Main Gym PE21 Join us for De Anza Women's Basketball against Cabrillo College. For the schedule of all De Anza College women's basketball games, visit www.deanza.edu/ athletics/basketballwomen/ schedule.html

# MEN'S BASKETBALL VS. MONTEREY PENINSULA COLLEGE 7-9 p.m. Main Gym PE21

Cheer on the men's basketball

team as they take on Monterey Peninsula College. For a complete list of men's basketball games, visit http://www.deanza.edu/athletics/basketballm/ schedule.html

Thursday

Feb. 04

# MASSAGE THERAPY CLINIC 9:30 - 11:30 a.m. PE 12L

Experience a massage customized for your needs at PE 12L. 45-minute sessions Tuesdays and Thursdays at 9:30, 10:30 and 11:30 a.m.

Saturday

Feb. 06

#### **DE ANZA FLEA MARKET**

B a.m. - 4 p.m.
Campus Parking Lots A and B
The Flea Market is held on the first
Saturday of every month (rain, shine
or holidays) in Campus Parking
Lots A and B. Go to http://www.
deanza.edu/fleamarket/ for more
information.

Monday

Feb. 08

#### SEMINAR: QUEER AND TRANS SEXUAL AND REPR HEALTH SEMINAR

11 a.m. - 1 p.m. PE 12L

A seminar by Jennifer Hastings and Ben Geilhufé. All are welcome!

#### Tuesday

Feb. 09

# MASSAGE THERAPY CLINIC 9:30 - 11:30 a.m. PE 12L

Experience a massage customized for your needs at PE 12L. 45-minute sessions Tuesdays and Thursdays at 9:30, 10:30 and 11:30 a.m.

#### Wednesday

Feb. 10

# UNTOLD STORIES: TRANS EXPERIENCES IN OUR COMMUNITY

Noon - 2 p.m. Office of Equity Join us at Tent City for this community performance art community performance art piece to amplify stories often left untold due to transphobia and the resulting safety concerns. Anonymously submitted first hand accounts from the trans and gender-nonconforming experience in our community will be read randomly by event participants. randomly by event participants.

Thursday Feb. 11

# MASSAGE THERAPY CLINIC 9:30 - 11:30 a.m.

Experience a massage customized for your needs at PE 12L. 45-minute sessions Tuesdays and Thursdays at 9:30, 10:30 and 11:30 a.m.

Friday

Feb. 12

# WOMAN'S BASKETBALL VS. HARTNELL COLLEGE 5-7 p.m. Main Gym PE21

Join us for De Anza Women's Basketball against Hartnell College. For the schedule of all De Anza College Women's Basketball games, visit www.deanza.edu/ athletics/basketballwomen/ schedule.html

#### MEN'S BASKETBALL VS. HARTNELL COLLEGE

7-9 p.m.
PE Main Gym
Cheer on the men's basketball
team as they take on West Valley

For a complete list of men's basketball games, visit http://www.deanza.edu/athletics/basketballm/schedule.html

#### CORRECTIONS

Any corrections in a published story? Let us know by email: lavoz@fhda.edu

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which it receives press releases. Contact business manager Kayla Grizzle by phone at (408) 864-5626 or e-mail lavozadvertising@gmail.com for rates. Rate sheets can also be found at lavozdeanza.com

#### HAPPENINGS

# De Anza Announcements

# ASTRONOMY & LASER SHOWS Fujitsu Planetarium Feb 6

4 p.m. - The Little Star that Could 5 p.m. - Legends of the Night Sky:

6:30 p.m. - Black Holes 8 p.m. - Laser Journey 9 p.m. - Pink Floyd: The Wall

Feb. 13 CLOSED

# UNTOLD STORIES: TRANS EXPERIENCES IN OUR

COMMUNITY Feb. 10 12 p.m. - 2 p.m. Main Quad Free Admission

You are invited to attend and promote the Office of Equity's event, in part of Tent City, "Untold Stories: Trans Experiences in our Community."

Community."
Join us at Tent City for "Untold Stories: Trans Experiences in our Community," presented by Office of Equity, on Feb 10 at noon in the Main Quad. This is a community performance art piece to amplify stories often left untold due to transphobia and the resulting safety concerns. Anonymously submitted first hand accounts from the trans and gender-nonconforming experience in our community will be read randomly by event

participants.

Submit your story: Submit stories via email to EquityOffice@fhda. edu, deliver to the Office of Equity

Neal, or submit at the event. We encourage submissions to focus on experiences, as a trans or gender non-conforming individual, at De Anza College but stories are not limited to this campus. Recommended story length 250-1 000 words

Sponsoring groups: Office of Equity, part of Tent City.
Contact Maximus Grisso grissomaximus@fhda.edu.

# ART EXHIBIT: BURNING ICE Feb. 1- March 17 Museym Hours: Monday -

Thursday,
10 a.m. - 3 p.m.
Euphrat Art Museum
Explores impacts and causes of climate change from Richmond and East Palo Alto to the Arctic Circle. Artworks also honor nature and those who advecto on our and those who advocate on our behalf. A range of media from drawings, paintings, prints and photography to ceramics, glass, mixed media, textiles and a site-specific installation.

#### **QUEER AND TRANS SEXUAL AND REPRODUCTIVE HEALTH SEMINAR** Feb. 8

11 a.m. - 1 p.m. Conference Room B

The seminar will be presented by Dr. Jennifer Hastings, a practitioner and organizer at Planned Parenthood Mar Monte, and Ben Geilhufe, an educator

community.

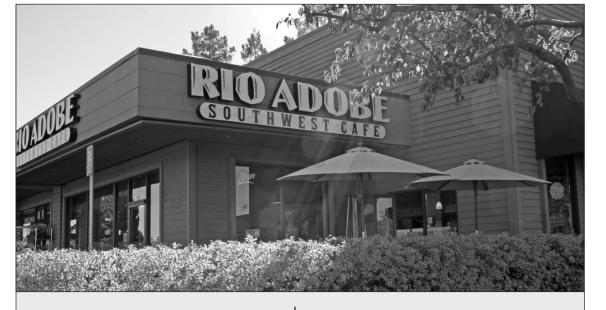
This event will provide a safe space for folks to learn more about issues that range from safe sex, to breast cancer risks for Female Designated at Birth trans folks, to how we can create kind, inclusive health environments for all gender identities and expressions.

#### **BURNING BRIDGES** TOWN HALL: DISTRICT POLICE AND STUDENT COMMUNITY CONVERSATION

Feb 17 Noon - 4 p.m.

Conference rooms A and B Keynote Speaker: Judge LaDoris H. Cordell, graduate of Stanford Law School, Independent Police Auditor for the City of San Jose for five years (2010-2015), and currently heading a commission charged with recommending improvements to Santa Clara County's troubled

jails.
Panel Discussion: FHDA Police
Department Chief Ron Levine and De Anza Students Panel Discussion Raffle Prizes ~ Food ~ Entertainment Activities ~ Community Dialogue ~ For More Information Or To RSVP For Bringing An Entire Class: Dr. Steve Nava, Office of Equity Community
Conversations & Equity Dialogue
Groups Faculty Coordinator navasteve@fhda.edu.



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### **De Anza College Dining Services**

02/01

SOUP Chicken Wild Rice **PIZZA** 

Ham and PInneapple

California Fettucine

02/02

SOUP Italian Wedding Meatball PIZZA

> **PASTA** Southwestern Pasta

02/03

Roasted Chicken and Ranch

SOUP Cream of Mushroom

Menu:

Feb. 01-12

Roasted Lemon Thyme Chicken

02/04

Vegetarian Combo

**PIZZA** 

SOUP

Mexican Tortilla BBQ Chicken

02/05

SOUP

**PIZZA** 

**PASTA** 

New England Clam Chowder PIZZA Chef's Choice

Hinson Center.

SOUP

SOUP

02/08

SOUP Chicken Noodle Soup PIZZA

**PASTA** California Fettucine 02/09

SOUP Tortellini PIZZA

Italian Meat Lovers Combo

02/10 Cream of Mushrooms

**PIZZA** California Bacon **PASTA**  02/11

SOUP Beef Noodle PIZZA Mediterranean PASTA

Broccoli Bow Tie Pasta

Broccoli Bow Tie Pasta

02/12

New England Clam Chowder PIZZA Chef's Choice

Roasted Chicken and Ranch

**PASTA** Southwestern Pasta

Roast Beef

# Electric bicycles added to De Anza's growing free bike rental program

Ruben Mendoza STAFF WRITER

Electric bicycles will help De Anza College students who suffer from asthma and physical disabilities to use the college's

free bike rental program.

The DASB Bicycle Program, created several years ago and unique to De Anza, offers a healthy and environmentallyoption friendly students commuting school.

Electric bikes will be available next quarter after finalizing new

contracts, insurance and lawyer consultations

Eddie Cisneros, the former coordinator program oversaw the start of the program, said its purpose is to promote environmental sustainability.

Bikes help limit carbon dioxide emissions, lower traffic and are made of fewer resources than cars, he said.

Students may ride their rented bicycle wherever they wish, but are responsible if it is lost, stolen or damaged.

"We are setting an example for many other college campuses around the nation to follow,"

drives or carpools to school.

"Students who suffer from severe asthma and physical

> with bikes," Cisneros said.

"The bike

contract and approve eligibility,"

Anza students who are at least 18 years old, have a DASB card, are enrolled in six or more units and have paid all fees or are on a payment plan.

engineering major, who usually

The program is beginning to adapt to the needs of more students and aims to be accessible to all who are interested.

disabilities will be provided

conventional Anahita Biglari,

student employee at the Office of College Life, described the process signing up as a contract.

coordinator will view the

she said. The program is free for De

Health Services coordinator Mary Sullivan at the Jan. 20 DASB Senate meeting. All of the University California multiple and California State University and California community college

FROM **SMOKING BAN** P. 1

The current district smoking

policy, adopted by the FHDA

Board of Trustees in June 2005,

restricts on-campus smoking,

including the use of e-cigarettes,

Anza

areas

smoke,

has

on

Trustees for approval.

designated

smoking areas.

four designated

the fringes of

Some students

can get sick

just by walking

said De Anza

De

College

smoking

located

campus.

near

DASB senator

campuses,

including

San Jose City

implemented

smoke-free

College,

policies.

Thao Le, who is asthmatic, said the proposed changes to the smoking policy would amount

have

percent &

to a "mini-war on drugs," and would ostracize students with an addiction by forcing them to leave campus to smoke.

"It would reduce smoke," Le said, "but it would not reduce smoking."

> Karn Tankha, environmental science major, said removing the designated smoking areas is akin to "moving the bathrooms campus." Concentrating smokers into the smoking areas adequately limits smoke exposure to other students, he said.

Smoking is the leading cause of preventable death, and nearly 42,000 people in the U.S. die each year from secondhand smoke exposure, according the Centers for Disease Control and Prevention.

Students interested quitting smoking can call 408-864-8732 or visit the Health Services Office

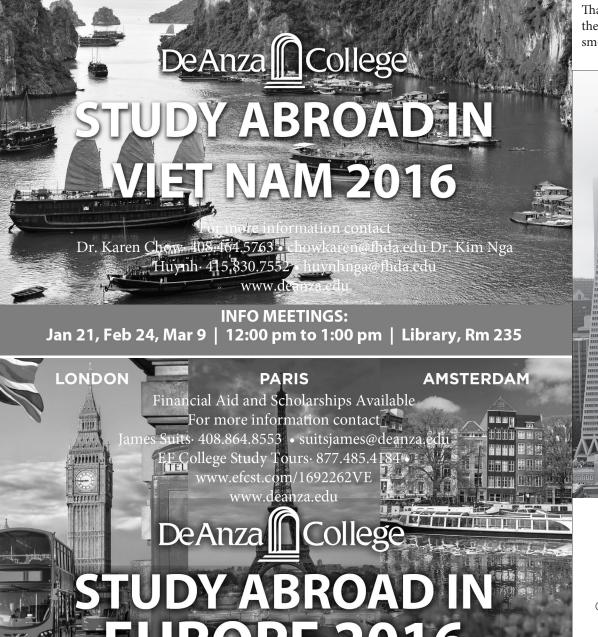
in the Campus Center for free counseling and nicotinereplacement gum and patches.



Cisneros said.

Even though demand for the program has surpassed the number of bikes available, many students are still unaware of the program.

"I never knew the bike program existed," said A.J. Luft,



INFO MEETINGS: Jan 19, 3:00 pm - 4:00 pm | Feb 18, 10:00 am - 11:00 am Mar 7, 10:00 am - 11:00 am | Santa Cruz Rm, Campus Center



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### NEWS ANALYSIS

# Satirical singer mocks candidates at Flint's Celebrity Forum

Sarah Helwig

Mark Russell, who describes himself as a confused independent, Mark Russell's performed Jan. 21 at the Flint Center.

He left no one unscathed as he sang in his style of satirical snark about the state of the nation's politics.

The Flint Center held a packed crowd, with the majority of the attendees in their senior years. Sadly, there were very few college students in attendance. Although technically a political event, the night's humorous agenda was both informative and lighthearted.

Russell's talking points touched on many subjects, from the water crisis in Flint, Michigan, to the refugees fleeing Syria. Most of his material was centered around the current presidential campaign and how Russell doubted the chances of all of the candidates.

It was made clear that Trump was considered a buffoon by both Russell and the British Parliament, and that he had no real chance of winning the election. Russell performed a dark rendition of "Old McDonald Had a Farm" that recounted



**Above:** Mark Russell sings of Sen. Bernie Sanders' rise to prominence for the Democratic nomination

the antics of Trump's campaign. It had the audience nearly in tears from laughter.

When the topic came to Hillary Clinton, Russell stated that she would never win. He drew on history and how the Clinton, Bush, and Cruz family seem to be connected to each other by having run against one another in previous campaigns.

"Some of his archaic reminiscing of deep history that he had on his main platform was good for his niche demographic of baby boomers and the greatest generation, not for cynical libertarians," said Ryan Flournoy, 28, a seismic construction project manager.

Flournoy was one of the few under the age of 30 in attendance that night.

But when the topic came to Bernie Sanders, who is the clear front runner among the youth, the crowd's response was lacking. Perhaps the underrepresented demographic was only unheard of at the event, but this highlighted the divide in the age of voters. The candidate with the most positive response from the crowd was Cruz.

Had Russell not been his comedic self, he could have pitted the audience against one another with all of the counter arguments he put forward. Instead, he gave people a chance to laugh at the silliness of the presidential campaigns and how petty politics can be. He allowed the community members to not just laugh at their neighbors, but also to make fun of themselves. Ending the night by having the audience sing

the chorus to Elvis' "Can't Help Falling In Love," Russell brought the crowd together proving that despite our political differences, what we all need to do is love one another.

# MEET YOUR STUDENT GOVERNMENT

#### WHO WE ARE

REPRESENTING 23,000 DE ANZA STUDENTS, DE ANZA'S ASSOCIATED STUDENT BODY SENATE (OR "D.A.S.B") IS MADE OF 30 STUDENTS WHO SEEK TO ADVOCATE FOR THEIR FELLOW CLASSMATES.

WITH A YEARLY BUDGET OF \$1.3 MILLION, D.A.S.B FUNDS SERVICES AND EVENTS THAT PROMOTE STUDENT SUCCESS AND HAPPINESS. WE WANT EVERY DE ANZA STUDENT TO FEEL SUPPORTED, HAPPY, AND SUCCESSFUL AT DE ANZA COLLEGE.

AFTER ALL, WE ARE JUST STUDENTS HELPING STUDENTS.

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MARTIN LUTHER KING LIBRARY IN
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YOU CAN ALSO FIND US ON FACEBOOK @DASBSENATE, AND AT DEANZA.EDU/DASB

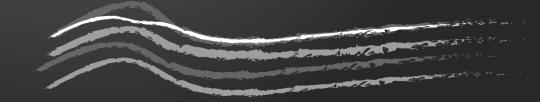
#### DE ANZA ASSOCIATED STUDENT BODY

THANKSGIVING EVENT (HOSTED BY D&E)

MONDAY, NOVEMBER 23RD, 11:30 AM to 1:00PM LOCATED AT THE MAIN QUAD, MLC, AND STELLING GARAGE

#### COME TO A SENATE MEETING

DASB GENERAL MEETING	STUDENT COUNCIL CHAMBERS	W 3:30PM
FINANCE	STUDENT COUNCIL CHAMBERS	M 3:30PM
STUDENT RIGHTS AND SERVICES	SENATE OFFICE	M 3:30PM
DIVERSITY AND EVENTS	DON BAUTISTA ROOM	TH 4PM
ENVIROMENTAL SUSTAINABILITY	SENATE OFFICE	F 10:30AM
MARKETING	STUDENT COUNCIL CHAMBERS	TH 6:00PM
ADMINISTRATION	SENATE OFFICE	F 1:30 PM
EXECUTIVE ADVISORY	SENATE OFFICE	F 11:30AM
TECH	SENATE OFFICE	F 10:30AM
ELECTIONS	SENATE OFFICE	F 11:30AM



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# LETTERS TO THE EDITOR

Letters to the editor can be submitted to lavoz@fhda.edu or at lavozdeanza.com. Letters should be 300 words or less; letters more than 300 words may be edited for length. Letter authors must include a phone number in submissions. Letter content must not be libelous or intended to air personal grievances. La Voz does not guarantee that submissions and letters to the editor will be printed. La Voz reserves the right to edit letters and submissions for clarity in accordance with Associated Press writing style. Letters submitted for the printed edition of La Voz News may be published in the online edi-





### Student petition to ban hate speech moronic

Jay Serrano STAFF WRITER

The extreme fundamentalist Christian group that preaches near the De Anza College cafeteria is disgusting, nauseating and offensive. But the petition attempting to ban this group is misguided, moronic and the least effective way of dealing with these preachers.

The main reason the preachers are allowed to loudly share their views in the middle of campus is a pesky little sentence called the First Amendment. In part, this sentence stops the government — including the college and district — from restricting both free speech and free assembly, so the preachers would have not one, but two of their constitutional rights violated by this ban.

School and district officials, both student and non-student representatives, are part of the government, so the ban would be government censorship.

Still, more than 500 signatures and a De Anza student started an online petition seeking to remove the preachers. It was then discussed by both the DASB Senate and the FHDA Board of Trustees.

The petition mentions freedom of speech but then dismisses the

idea saying, "... what this man was clearly promoting was hate speech..."

The thing is, when it comes to the First Amendment, there is no exemption allowing the government to restrict or outlaw hate speech. There is no legal definition of hate speech and attempts to ban what people consider hate speech have been repeatedly struck down by the Supreme Court.

While there is an exemption for speech that causes immediate physical violence and harm, telling people they're going to hell when they die or yelling that someone is a bad person doesn't count.

There is no doubt that the preachers are hateful and people, especially those the preachers single out, feel hurt and rightfully so. It's truly shameful that these preachers hold, much less share, these views.

If history is any indication, the group could easily turn around and sue the Foothill— De Anza School District, win a settlement and come back to De Anza richer than before. So a ban would not just fail, but finance the group it was levied against.

This scenario is not just a hypothetical worst case scenario or pessimistic shot in the dark. It is an entirely plausible outcome that has happened before.

When the FHDA tried to restrict anti-abortion activists back in 2005, the activists sued over free speech violations and got paid in a settlement.

Even though the discussed ban would be counter productive, there are still ways to stop, or at least limit, the preachers from coming to campus. You're never going to be able to control what other people say and trying is futile, so focus on controlling what you can, how you respond.

Protesting the preachers is akin to posting on an internet message board; responses are neither

rational nor constructive.

Instead of getting your point across, you make the preachers feel vindicated and

encourage them to return again because they know the students at De Anza are willing to pay attention.

What would be effective is if any time preachers came to De Anza, students ignored them and refused to give the preachers the attention they crave.

Next time the preachers are up on the stage in the main quad, just walk away. If you have to walk through the main quad, keep your eyes straight ahead and don't stop to listen or respond. If you think you'll be compelled to respond or don't want to hear what the preachers are saying, go the long way around and put a building between you and the preachers.

Instead of removing the preachers from campus via ban and risking a lawsuit, a more elegant solution is to simply ignore the preachers until they go



GRAPHIC BY ADRIAN DISCIPULO | LA VOZ STAFF

### Awards outdated, futile

Carlos Velazquez
STAFF WRITER

The oversaturation of white actors getting recognized is a side-effect of a flawed industry. For the past two years, only caucasian actors have been nominated for the four big categories of the Academy, with all 20 acting nominees being white. All-white nominee lists had not occurred since the 1996 Academies.

This year's list of Oscar nominees did not include the successful performances in the movies "Creed" and "Straight Outta Compton, though both were box offices hits that made more than \$100 million. Furthermore, the list excludes prominent actors of color in 2015 films including Idris Elba, Samuel L. Jackson and Will Smith.

In an already biased business, it is albeit difficult to reward distinguished minority actors, as they are limited in numbers. Perhaps the solution is not face-saving to give more awards to colored actors to assuage the diverse consumer base, but perhaps (shocking!), to cast more diverse roles.

Furthermore, every awards season, consumers look forward to see who will be chosen as the best of the best in the film business. For an industry that makes a living by putting people in the spotlight, there are a plethora of subsequent ceremonies and accolades for these films and actors.

From the Oscars to the Golden Globes, too many vague awards exist. The Razzies, an institute dedicated solely mocking the worst films and performances of the year. Isn't it all just a little too much?

It's not like people are going to the theaters to watch flicks that often. The average American sees approximately five movies a year at the theatre, according to a 2014 Harris poll. Those films are usually the same five movies everyone

else is watching. If everyone is just seeing the same films, why would we need to give out countless awards to movies no one has even seen?

Award season is just a selfcongratulatory period where a narcissistic industry gives out prizes to people who already have inflated egos. Some films are even specifically created as Oscar-bait to gain the prestige associated with the award, stripping them of any creative intention.

The template for the majority of award-winning films is quite simple. It's the same formula directors have been milking for decades.

Movies like these almost always stay within a certain mold. For example, biopics telling tales of some event in history, released near the end of the year so it can qualify for a nomination. It must be directed by someone with previous awards. Slap on some mildly violent or sexual scenes to win that R rating and voila, you got yourself an almost surefire way to win that nomination.

# **BLACKOUT DEBATES:**Does DNC favor Hillary?

Matt Shamshoian
STAFF WRITER

The Democratic National Committee has drawn criticism for its sparse and poorly timed scheduling of the Democratic Party debates this election season. But like the debates themselves, these criticisms have largely been ignored by the media.

The controversy stems in part from the suspicious timing of the democratic debates. One was scheduled the Saturday before Christmas, and another was on the Sunday of Martin Luther King weekend and also the day of the NFL playoffs. So far, all debates have been scheduled on weekends.

In addition, the DNC plans for only six debates with rules excluding any candidate who participates in unsanctioned debates. In contrast, seven GOP debates have already aired, with five more debates scheduled.

If, as DNC head Debbie Wasserman Schultz claims, the DNC wants to "maximize the opportunity for voters to see our candidates", then the low number and terrible timing of the debates doesn't make any sense. What makes sense is that the biased committee is trying to promote a longtime friend of the Democratic Party, Hillary Clinton.

Not only is Clinton the preferred candidate for the DNC, but she also has ties to Schultz who co-chaired her unsuccessful run for president in 2008.

Clinton has far more to lose than she does to gain from participating in debates. She benefits the most from a limited debate schedule.

Unlike her competitors — Bernie Sanders and Martin O'Malley — Clinton is well known nationally and has an established reputation. Losing a high profile debate would be a devastating loss for Clinton that bolsters her lesser-known opponents. Clinton can't afford that despite her currently leading the polls.

Clinton also can't afford Sanders' strong performances at debates being highly televised, especially before an important primary in New Hampshire on Feb. 9. By shortening television time for their minimal candidates, Hillary maintains her leading status while her support group minimizes opportunities for her to make mistakes.

Debates are one of the last mediated forums that voters can go to get real, direct information from presidential candidates about their policies. They're absolutely key in the process of a democratic presidential election.

That's what makes the DNC's biased handling of the debate schedule so egregious. Debates can only help candidates elaborate on their positions and help voters learn more about each candidate. They spread information and lead to a more informed populace.

An informed populace ensures a well functioning democracy, because when voters are well informed on candidates' positions, they are more likely to cast a vote for a candidate that will represent their interests.

The DNC doesn't want you to watch these debates. Don't listen to

# De Anza College leads green campus trend

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Solar panels, computerized weather station make education life-based, inspirational

Paul Ledesma STAFF WRITER

Shavlynn Graydon, stands in the lobby in front of a flat panel screen. She's looking at realtime data, charted like someone's heartbeat. But this is not a hospital waiting room.

It's the lobby of the Kirsch Environmental Center tucked the De Anza college campus. period. Graydon, 20, an environmental studies major, observes the monitor displaying the amount of energy generated by the campus' solar panels. What Graydon has learned is that those photovoltaic panels, her future and the future of other environmental studies students, are all part of a trend. The trend that is touching the lives of people around the world and right here, at De Anza.

#### De Anza College's "green" features

Anza college's 1.5-megawatt solar panel system will generate enough electricity to power 246 homes year-round, and it is just one facet of the college's commitment to environmental stewardship.

Most of the campus' irrigation system is now computerized and controlled by an on-campus weather station. The college is replacing most of its landscaping with drought-tolerant California native plants and has six "green" buildings on campus. The term "green" means that the buildings were constructed and are used with regards to, among other things, energy use, water use, material selection and the building's effects on its site area.

De Anza's sustainability efforts have created opportunities for students to gain a practical understanding of what they learn in the classroom. Classes in renewable energy and energy efficiency, wildlife sciences and pollution prevention benefit from the real world technologies and practices implemented on campus.

"With these systems on campus, I can actually see what I'm learning about in class," Graydon said.

Making De Anza an environmentally sustainable place to learn became possible when local voters allocated \$620 million to renovate and modernize the 48-year-old campus by approving Measures E in 1999 and C in 2006.

#### Increasing awareness

The rapid growth in enrollment in environmental studies and sciences classes shows greater environmental awareness. While enrollment for the college as a whole was flat in the most recently reported year, environmental studies enrollment has jumped into the southeast corner of 71.8 percent during the same

"The college can't create environmental classes fast enough," said Bill Roeder, environmental studies the department's energy management and building science instructor.

popularity of environmental science classes could increase because of the job growth in the solar energy sector. The U.S. solar industry is creating jobs at a rate 12 times faster than the rest of the economy, according to the National Solar Jobs Census for 2015, published by the Solar Foundation

"The need to create a workforce for this industry has never been greater," Roeder said.

The global economy continues to move towards a more sustainable world. At De Anza, the green campus transformation is the responsibility of Donna Jones-Dulin, associate vice president of De Anza college.

"I think we have made great strides in our sustainability efforts and we will continue to work to try to reduce our carbon footprint," Jones-Dulin said.

#### The source of inspiration

For students like Graydon, the campus represents a unique educational opportunity as she and her fellow students prepare for their future careers, and for Graydon personally her experience at De Anza was the main factor affecting her career choice.

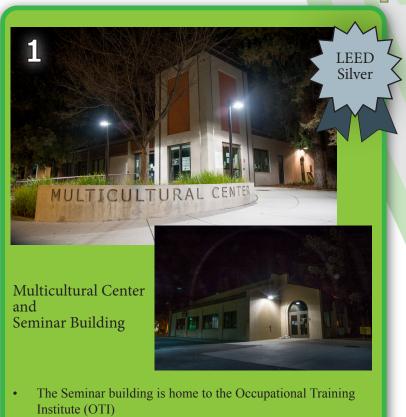
"I wasn't focused on sustainability as a career when I started," she said. "I was just looking for a general education class to take."

She changed her decision after taking environmental studies classes and expects to transfer to a four-year college next fall to complete her degree in environmental policy.

Observing real-time data from solar panels, Graydon has learned about the global sustainability trend. But the green features De

Anza college has do more than just enhance students' education. Graydon's story is the example of the inspiration and personal change the features provoke, and it is a completely different, but not less important, facet of green trend.

De Anza's "green" buildings



- The Multicultural Center is home to the Intercultural/Inte national Programs.
- Both are certified green buildings for energy and water

# Legend



Solarpower



Buildings with "green" features



"Green" buildings, LEED certified

Source: https://www.deanza.edu/sustainability/pdf/sustainability-map.pdf



85

LEED

> Certified

Science Center

- Houses the Biology and Chemistry departments.
- The building includes "smart" classrooms and labs, lecture halls and faculty offices.
- Certified Green Building



LEED

Students and Community Services Building

- The Seminar building is home to the Occupational Training Institute
- The Multicultural Center is home to the Intercultural/Inte national
- Both are certified green buildings for energy and water efficiency.

**ADRIAN DISCIPULO | PHOTOS** 



#### Visual and Performing Arts Center

- Features a 400- seat performance and lecture hall
- Home of the Euphrat Museum of Art
- Efficient energy systems, including high-performance window
- Drought tolerant landscaping



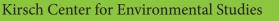


Media and Learning Center

- Rooftop solar panels for both electricity generation & heating
- Advanced energy efficient ventilation system
- Windows and skylights designed to let in maximum daylight
- Orientation and layout for maximum energy efficiency • Water conservation controls including drought tolerant
- Radiant heating in the lobby/atrium floor







- The first community college Green Building nationwide to be certified LEED Platinum
- Home to the Biological, Health and Environmental Studies
- Home to the Cheeseman Environmental Studies Area • Rooftop solar panels for both electricity generation & heating
- Advanced natural ventilation & radiant heating and cooling • Orientation and layout for energy efficiency and passive solar
- Water conservation controls including drought tolerant landscaping

#### FROM **CLUB DAY** P. 1

The Rainbow Club aims to unite LGBT people and allies and "to create an environment where individuals can socialize, build relationships and become a community," said club secretary, Claire Wilhelm-Satian, environmental science major.

The opportunity to meet new

people, learn about clubs and enjoy time off from classes created a buzz around the quad from intrigued students.

Jasmine Cervantos, 20, child development major, said Club Day made her feel welcomed at De Anza. Itzel Delacruz, 19, journalism major, noted the sense of community.

Club Day officially ended at 1 p.m., but the crowd lingered for another half-hour.

"I am in disbelief of the culture within our school," said Jessica Avila, 21, undecided major. "I am glad Club Day exists."

For more information about clubs at De Anza, visit the Inter Club Council and Clubs page at www.deanza.edu/clubs/ or their Facebook book page at www. facebook.com/deanzaicc.

Denbe Lin, linguistics, and John Dwyer, computer science, present Japanese American Assosia-



### Art show highlights climate change, social issues, beauty of nature



Kassandra Amper STAFF WRITER

The air is contaminated with toxic gas, creeks are more chemical than water and the life that once graced its shores has long since fled or been buried under layers of hazardous waste. This dystopian wasteland is what the people of Richmond call home.

For decades, low-income cities like Richmond and East Palo Alto industrial facilities. These cases established artists advocating

"The Natural Paradox," 2015 by Wesley T. Wright, stoneware, glass, turf, LED light

of social injustice, intertwined with environmental issues, will be featured in the "Burning Ice" exhibition held at De Anza College's Euphrat Museum of Art from Feb. 1 to March 17.

The most toxic neighborhoods tend to be home to the "poorest people with the least amount of resources," said Diana Argabrite, curator for the exhibition and director of the Arts & Schools program at De Anza. "What's going to happen if we continue on this path?"

The artwork displayed doesn't just reflect the damage humans have inflicted on the environment so far, Argabrite said. There are many pieces honoring the beauty and fragility of nature as well. The exhibition showcases have lived at the mercy of giant the works of both students and for change. It features all kinds of art from traditional drawings and paintings to mixed-media art and a site-specific installation produced by art students and Argabrite's interns.

As you step through Euphrat's doors, the first thing you see is your face reflected alongside the portraits of two powerful advocates for environmentalism. Artist Brett Cook painted the portraits of a spiritual leader Thích Nhất Hanh and environmental activist Arundhati Roy on a mirrored surface.

"The bells of mindfulness are calling out to us, trying to wake us up, reminding us to look deeply at our impact on the planet," says the famous Nhất Hạnh quote that hangs below the portraits.

"Burning Ice" is organized in conjunction with Silicon Valley Reads, a county-wide organization devoted to engaging public through reading. Each year, the organization features two books that bring awareness to one important issue.

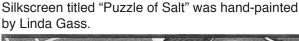
This year's theme is "Chance of Rain: The impact of climate change on our lives." The books chosen are two environmental dystopian novels, "Memory of Water" by Emmi Itäranta and "Sherwood Nation" by Ben Parzybok. Both Itäranta and Parzybok will attend the artist reception in Euphrat on Feb. 17, along with artists participating in "Burning Ice" as well as a live jazz band.

The museum will also host an all-day "Climate Action Art Cards" workshop on March 5, where participants can create cards that raise awareness about climate change. Argabrite said she encourages people to send the cards to friends and family.

"But it would be really effective if you took your cards and sent them to one of our legislators,"

The issue of climate change is bleak, but echoes of hope and a call-to-action resonate throughout the exhibit and the events it goes along with. The art featured in "Burning Ice" is deep and empowering, and when the power is in the rights hands, the change can come and make life flourish again.

Artwork by photographer and visualartist Barbara Boissevain from the 2014 series titled "Oracles of Richmond."







#### FROM COACH P. 1

Atencio decided to fall back on a career that stared at his alma mater, San Francisco State University.

During his playing career, he played linebacker and long snapper while sharing the sidelines with quarterback Bob Toledo who he would later coach with at UC Riverside.

While at school, Atencio decided he wanted to help students and make a difference in their lives. He found a way to incorporate his passion for developing scholars and athletes by teaching history at the same time as coaching.

After finishing his teaching credentials at Skyline High School in Oakland, Atencio joined Toledo at UC Riverside and was part of the coaching staff that won consecutive California Collegiate Athletic Association Championships in 1974-1975.

Following Riverside, stops at California Polytechnic State University and Santa Clara University added to an already well-established resume.

In 1986, Atencio, then an assistant coach, was part of the San Jose City College coaching staff that won the Junior College National Championship. After accomplishment, he made one more career move before finally landing at De Anza College as a linebackers coach.

"He was very polished and had experience at the the community college level," said De Anza Athletic Director Kulwant Singh on the hiring of Atencio.

Atencio was promoted to head coach in October 2006. His teams showed vast improvement in three years, with the 2009 football season being his pinnacle

when he led the Dons to a conference title and winning two coach of the year awards.

accomplishment at De Anza, Atencio was awarded Coach of the Year by the Golden Gate Conference after leading his team to a conference Atencio's coaching style championship in 2010. His

> "The time I have been at De Anza, the people have been great to work with," he said. "The administration, staff, secretaries... the thing about De Anza that I liked, was that they were also winners at their jobs."

> > - Dan Antencio, Former De Anza head coach

proved to be getting the most out of his players.

"We don't lie to our players," Atencio said. "They respect you as a teacher and coach... that has always been rewarding

Adding to his achievements,

final conference championship came in 2012 after a three-year spell of dominance over the conference.

greatest coaching achievement for the former Dons coach was his ability to help his player's progress

in life and reach their goals. Former players are currently playing or coaching in the NFL, which shows the work Atencio has put into creating successful paths for his athletes.

After coaching at De Anza for almost eight years, Atencio struggled to make a decision to retire and leave behind what he loved most.

"The time I have been at De Anza, the people have been great to work with," he said. "The administration, staff, secretaries... the thing about De Anza that I liked, was that they were also winners at their

"They were all positive people, and they wanted the same goals I wanted. They wanted De Anza to be the

# DONS DEMOLISH CABRILLO BY DOUBLE DIGITS

### De Anza women's basketball team wallops Seahawks 70-37



JESSICA HOWELL | LA VOZ STAFF







Clockwise from top left:

Guard Rachel Wong (22) passes the ball to point guard Jennilyn Sipat (1) in their 70-37 walloping of the Cabrillo College Seahawks on Wednesday, Jan. 27.

Point guard Jennilyn Sipat (1) goes for a layup in the Dons' match against Cabrillo. Spiat ended the game with a team-high 14 points.

Forward Angela Obasohan (13) evades Cabrillo defenders and leaps for a layup. The Dons led at halftime by 16 points.

Forward Nora Alataua (23) fights for a rebound with a plethora of Seahawk defenders. Head coach Megan Hankins said she was proud that he team got better as the game progressed.

# MENS BASKETBALL LOSES FOUL-PLAGUED GAME

### Flurry of fouls in second half results in 32 total penalties against Dons

Photos and story by

Sergio Valencia STAFF WRITER

De Anza men's basketball committed 32 fouls enroute to a 90-67 loss to Cabrillo College on Wednesday, Jan. 27.

"I've never heard of a 32-7 foul game," Guard Ifeanyi Ekechukwu said. "They need to look into that."

In the first half, both teams

got off to fast starts and fouls were not yet haunting De Anza.

Cabrillo started the game by hitting three straight threepointers to gain a nine-point lead, but De Anza responded with two-straight three pointers from guard RJ McCune.

"We knew this was an important game," Team captain Cooper Wilson said. "We knew that if we wanted a chance at winning a conference title, we had to come out strong."

The Dons were active on both

sides of the ball, going toe to toe with Cabrillo for much of the first half, sinking their shots as well as getting defensive rebounds on the other end.

Around the three-minute mark, De Anza found themselves down by 12 points and were forced to take a timeout.

After the timeout, the Dons came out with more energy. Guard Jimmy Escudero forced a couple turnovers and hit a big time buzzer-beating three pointer to cut the Seahawks lead

to 43-41 going into the half.

The second half was a different story. Cabrillo came out hot yet again, hitting another three straight three-pointers, and extending their lead to 11.

Two of De Anza's 32 fouls were flagrant fouls, which caused commotion amongst the fans and head coach Jason Damjanovic.

When asked about the officiating of the game, Damjanovic declined to comment.

Players, on the other hand, began to show their frustration against the officiating. At one point, it appeared as if a fight was imminent.

"I tried to be mature about the calls, but by the end I lost my composure," Ekechukwu said about earning his second foul of the game.

De Anza had no answer for the Seahawks shooting, causing some frustration that lead to a flurry of fouls for the Dons.

"We defended some of the possessions really well. Eleven was just out of his mind tonight," Damjanovic said referring to Cabrillo's guard who hit eight of the 15 three pointers made by the Seahawks.

Wilson said the fouls became a distraction and lowered the competition.

"One of the refs couldn't even focus on the game," Wilson said. "The referee was too focused on dealing with players instead of officiating."

The loss knocks the Dons to a 6-13 record and 3-3 in the conference. Look for De Anza to bounce back against Monterey Peninsula Lobos on Wednesday, Feb 3



**Left:** Head coach Jason Damjanovic coaches his players during a timeout in their 90-67 loss to Cabrillo College on Wednesday, Jan. 27.

#### FROM **OPENER** P. 1

at him as a leadership type guy and a presence," said Raich who starts his second year as the baseball coach at De Anza College. "And watching him transform has been fun to watch"

One newcomer received the start for De Anza's home opener, freshman LHP Lorenzo Gomez got the start for De Anza. In three innings of work, he struggled to find his groove and allowed four runs, walking one home.

After getting ahead early in the first inning, the Dons found themselves in a 4-2 deficit in the third. Raich opted for another freshman in relief, RHP Kevin Hahn.

Hahn pitched three-and-onethird innings of two-hit ball and did not allow a run to score. Even when he had runners on second and third in the top of the sixth inning, he pitched himself out of the jam, flying out the batter and ending the inning.

"I had confidence in my stuff," Hahn said. "I know when I have good command on all of my pitches I can put up good results like I did today."

Raich also praised his freshman pitcher and said he envisions a bridge role for Hahn, between the starters and late relievers.

"He came in and put the fire out," Raich said. "He's mister consistent."

In the bottom of the sixth inning, back-to-back singles from veteran 2B Joey Shimono and Arias led to a bases-loaded opportunity for De Anza, who trailed Yuba 4-2. A wild pitch sent Shimono home and an RBI by sophomore infielder Alex Roque scored Arias, tying the game 4-4.

But the celebrations were short lived. Yuba responded in the top of the seventh inning with a one-out triple to deep center, forcing Raich to pull Hahn and send freshman right-hander Wyatt Austin in relief.

Austin had some bad luck. The defense allowed one run to score on a fielder's choice and then a passed ball on a throw to first put the 49ers ahead 6-4.

In the bottom of the seven inning, the Dons loaded the bases with Arias at the plate. Yuba walked Arias, sending freshman Nolan Dempsey home. A sacrifice-fly ball allowed the runner on third to

score, tying the game 6-6.

Dempsey was one of the freshman stand outs who sparked De Anza's offense, going 2-3 and scoring two runs. The Dons roster fields 22 freshman and seven returners. Reich said he liked what he saw from his freshman players, but wants to see his players perform without the first game jitters.

"You can do everything right and lose a game, and you can do everything wrong and win," Raich said. "I just want them to play with consistency."

Quick work from freshman RHP Justin Contreras in the eighth and ninth innings set the stage for a big opportunity for Arias in the bottom of the ninth with the bases loaded. His single to right field iced the game

"Hitting home runs is not really big when you got guys on base you want to bring them in," Arias said. "That's how you win games. That's how the game of baseball should be played."

	Infleiders:	
3	Abraham Arias 1B/RHP	
4	Joey Shimono	
13	Ty DeSa	
17	Rohith Mahanty	
18	Daniel Kono	
21	Nolan Dempsey	
22	Alex Roque	
28	Sam Reno	
29	David Ressa	
	Outflelders:	
5	Spencer Walling	
6	Devon Canty	
7	Chris Castillo OF/LHP	
8	Joe Giacchetti OF/RHP	
10	Chad Franquez OF/RHP	
31	Margan Saenz	
44	Drew Mount	
	Catchers:	
16	Danny Molinari	
17	Rohith Mahanty	
20	Drew Tressen	
	Pitchers:	
9	Lorenzo Gomez (LHP)	
12	Wyatt Austin (RHP)	
14	Sean Harrington (LHP)	
20	Chris Johnson (RHP)	
24	Justin Contreras (RHP)	
26	Matt Pulos (RHP)	
29	David Ressa (RHP)	
30		
	Kevin Hahn (RHP)	
	Kevin Hahn (RHP)	

Erick Raich

Kris Hesenflow

Darius McClelland

Rick "Papa" Raich



**Left:** An outfileder for the De Anza baseball team leaps to catch a fly ball in the Dons' 7-6 victory over Yuba College Thursday, Jan. 28.

## Super Bowl 50: Something for everyone in Bay Area

Sergio Valencia
STAFF WRITER

Cam Newton and the Panthers face Peyton Manning and the Broncos in Super Bowl 50 at Levi's Stadium, and the Bay Area is bracing itself for a nightmarish week that expects a million people participating in festivities.

In his 18th season, Manning will appear in his fourth Super Bowl. Five-year veteran Newton, only 8 years old when Manning was drafted in 1998, will make his Super Bowl debut.

Super Bowl 50 marks the first time that two former No. 1 overall draft picks will go head to head. This Super Bowl will also have the number one and two picks from the same draft: Cam Newton was the No. 1 in the 2011 NFL Draft, and Broncos' linebacker Von Miller went No. 2.

This contest showcases two different styles of quarterbacking.

Manning will beat you with preparation and pure football IQ. Newton can beat you with his arm, his feet, hit the dab and then flash his teeth

"I expect a lot of dancing from Cam Newton," said Jacob Cobos, undeclared major.

Those who follow football know well that Newton loves to enjoy the game and is not afraid to show you his enthusiasm after a big play.

"When people watch me play, I want them to say, 'Damn, he's having so much fun, he makes the game fun'," Newton told Sports Illustrated.

On the other side, we have the sheriff, who might be playing his last NFL game.

After the Broncos' victory over the Patriots, Manning was caught by NFL Network cameras telling the Patriots head coach, "Hey, listen, this my might be my last rodeo."

Before this season, Manning made a living carving up opponents' defenses, but injury put his 2015 season on hold. With a less than encouraging performance by back-up QB Brock Osweiler, many believed the Broncos didn't have enough to make a Super Bowl run.

After Peyton got hurt, I did not expect the Broncos to make it, said Cesar Fernandez, administration of justice major but defense wins championships.

Defense is the reason both teams have found themselves days from playing in the biggest game of the year.

During the regular season, the Broncos' defense ranked No. 1, while Carolina's ranked No. 6, according to NFL.com

Carolina's defense might be without linebacker Thomas Davis,

who broke his forearm in their win over the Arizona Cardinals.

As for Denver, they might be without starting safeties TJ Ward (ankle) and Derian Stewart, who suffered an MCL sprain in the AFC Championship against the Patriots.

Carolina's offense has put on a show in the postseason, routing the two teams they've played, averaging over 41 points a game in the postseason.

The Super Bowl is not just about the game played on Sunday. It's a whole two weeks of festivities. This year, Santa Clara and the entire Bay Area have the honor of hosting the grand event.

"It's exciting," said Vianca Dinapoli, a kinesiology major at De Anza College. "It could have been anywhere else, but it's here."

Many Bay Area cities are gearing up with their own celebrations during the week of the

Super Bowl.

San Francisco is hosting Super Bowl City, which starts on Jan. 30, an event which feature many games and events for family and friends to enjoy.

San Jose will host its own version of Super Bowl City downtown, which will include many small games, events and ice skating.

With these events being held, locals around the area should be prepared for several streets being closed down.

"I live five minutes away from the stadium," said Daryl Jones, a biomedical engineer major. "So I expect a lot of traffic and roads to be closed the week of the Super Bowl."

So the fight won't only be between the two teams on Super Bowl Sunday, as locals and tourist expect to fight their way through weeks of traffic.

# **SOFTBALL TEAM MAKES MAJOR CHANGES FOR 2016**

### New coach, former Foothill Owls, many freshmen added to roster

Jessica Howell
STAFF WRITER

After a 2015 season that ended with a 4-13 record and a team batting average of .183, the De Anza softball team is looking for a bounce-back year.

This season's team is full of incoming freshman and only two returning sophomores. Along with the team being made up of mostly freshman, they will have a fresh face behind the bench, new head coach Megan Finney Kravets.

Kravets said the transition has been good and the team has been very welcoming. She said she expects good things from her team this season.

"We look good," Kravets said. "I think we will be a pretty strong team this year, especially with the girls getting along. I think that will

help them."

The team is made up of a lot of new players, but they have meshed well and look like a solid unit, Kravets said.

Freshman 1B Faithe Pearson, who recently transferred from Foothill College, said the team gets along great and have looked solid in practice.

"For only working with them for a week we really clicked," Pearson said. "Everyone is pretty cool with each other."

Foothill College cancelled its 2016 season. As a result, ex-Owl's players transferred to De Anza and joined the Dons this season. Deja Nua, a freshman and utility player, said she looks at the merger as an advantage.

"The team is actually looking pretty good," Nua said. "We've combined with Foothill which is even better because it's good to experience talent with other girls from different colleges."

A couple of Kravets' focal points in practice are techniques in the infield and outfield as well as conditioning. Kravets said she wants the players to build their stamina, so her players can make it through all seven innings and the occasional double header.

As for last season, Kravets said they can take those experiences and learn from them this season, but ultimately leave them in the past.

"Our main goal is to move forward from here and work on new goals and get things going," Kravets said.

Sophomore Carmen Urtecho, shortstop, said that last season was a stepping stone and something to build off of.

"I think what happened last year was like a boost, at least to me and Emily because we were there last season," she said. "So this season it's just boosting us to be better."

Urtecho said she feels confident going into the upcoming season and worked hard on improving her fielding.

Kravets said she hopes her players have fun, but still stay focused on the game.

"I expect girls to come out here with a positive attitude, work as hard as they can and enjoy the time that they are here," Kravets said.

The Dons' first home game is on Tuesday, Feb. 9 at 3 p.m. against the Modesto College Pirates.

No.	Name	Position
2	Analise Martinez	OF/P
3	Adrienne Hernandez	2nd/OF
4	Lissette Luney	OF
5	Molly Mills	P/1st
7	Katie Failner	3rd
10	Faithe Pearson	1st
11	Erminia Salinas	OF
12	Carmen Urtecho	SS/2nd
13	Leila Fletcher	OF
14	Deja Nua	U
18	Emily Rodinsky	1st
20	Sabrina Montez	U
22	Marissa Trejo	C/2nd/OF
28	Kayleigh Sharkey	3rd/OF
42	Karina Jacobs	OF/2nd
<b>Head coach</b> Megan Kravets		

Assistant coach Brianna Rotondo

DUANE SOUBIROUS | LA VOZ STAFF



**Above:** The De Anza softball team takes batting practice in preparation for the 2016 season after a dissapointing 2015 season that ended with a 4-13 record and a team batting average of .183.



**Above:** The De Anza softball team expects improved play with the incoming transfers from Foothill College.

# THIS VALENTINE'S DA'

# Long-distance lovers can cook, wine, dine over Skype

Sarah Helwig STAFF WRITER

With Valentine's Day nearing, those of us in relationships are feeling the pressure to plan romance and meet high expectations made by ever-consuming America, old traditions and even ourselves. For some

couples, the problem can be solved with a last-minute stop at the nearest corner store to buy chocolates and roses.

For those of us whose significant others are miles away, this holiday requires more planning. With shipping fees, differences in time zones, faulty Internet connections and lonely dinners, Valentine's Day can be a marathon of trouble for some couples.

Here are some tips that can help you become your own Cupid.

#### Ship love

If you plan on sending a gift to your special buying items in time to allow for shipping before Valentine's Day essential. Buy a lot of small gifts or candies to fill the box to it's capacity if you have extra room. If you happen to receive your package before your partner does, exercise your patience and wait for theirs to arrive so you can

open them together.







ON THEIR PETS

CONDOM SALES WILL INCREASE BY

WILL BE SPENT ON DIAMONDS, GOLD & SILVER

#### 29% WILL TYPE A ROMANTIC TEXT MESSAGE

64% OF MEN WILL BUY FLOWERS

& 36% OF WOMEN

to protect you from this widespread epidemic of "singles awareness day." Follow these simple guidelines and your single Feb. 14 can turn out to be the best day of the year. This year Valentines Day is on a Sunday. If you're like me, Sundays are devoted to relaxation and pampering. So if you're single

this Valentine's Day and don't have to fulfill social constructs, treat yourself. There's nothing wrong with a little self love. Take yourself out for a nice morning hike or that yoga class you've been meaning

to try. Afterwards grab brunch or hit up a farmers market. Buy some flowers and indulge in fresh fruit. Don't be shy to do it alone.

If you really want to be pampered, schedule yourself a massage. It's the ultimate form of relaxation that will leave you feeling totally at peace.

You might want to stay at home all day to avoid the Valentine's Day hustle and bustle. In that case, keep your pajamas on and get ready to lounge.

Check out Pinterest for breakfast inspiration and surprise your family with breakfast in bed. If Valentine's Day is about spreading love, then what is the better way to partake than treating your family with a nice meal. For is the best way to show others just how much you care about them.

Ultimately, don't let being single get you down because it absolutely shouldn't! There's so much that you can find to do. Don't let the meaning maker in you turn February 14 into a dreaded day. It's just another day. A day full of love, fun and lots of chocolate.

Oh, did I forget to mention chocolate? You're going to need that. Single or not. Don't forget the chocolate.

# Singles: Go ahead and buy yourself chocolates

Each year, Feb. 14 is reserved as a day of love, a gestures myse

MENOE PET OWNER affection and grand gestures. Each year I find myself asking why,

why, why?

Isabel Malcolmson STAFF WRITER

If you're in a relationship, I have a question for you: do you really wait for this one day each year to show your special someone just how much you think they deserve chocolate, roses, and a planned in advance dinner? I mean, really? If you are in love with someone, you shouldn't confine your schedule of affectionate expression. dare you to show love to your partner on a random day August, just

> because. If you're not in what is typically considered a relationship this Valentine's Day, then I have some fantastic news for First of all, you are

loved and you don't need anyone else to prove that to you but yourself. How can you let someone else love you anyways if you don't already love yourself? Second, I will offer some suggestions



#### Find a better connection

The Internet is a life saver for many in long distance relationships, but it can also be the source of all of the problems.

Avoid public places with free Wi-Fi as these often have the worst connection. Pixelated images that results from it don't create a pristine romantic environment for expressing your devotion.

Make a video message instead of a video call; you won't need a perfect Internet connection, and your special someone can watch the message as many times as he or she wants.

Find a good time of day for a call when your bandwidth isn't used up; it can allow you to be more present with your partner during a video chat.

#### Wine, dine and Skype

A dinner date over Skype is possibly the most romantic way to spend Valentine's Day with a partner who is far away.

Together, plan the menu for the evening ahead of time and buy the same bottle of wine and necessary ingredients. With laptops put over the stovetops, prepare the meal, and when it is ready, sit down and watch a movie, enjoying the food, wine and each

Rabb.it is a great app that can be used to snuggle up and video chat while watching a film on the same screen.

A dinner over Skype might be the closest you can get to going out together, but on the bright side, you can even do it in sweatpants.

With modern technology and a little creativity, you can say goodbye to the days when long distance relationships were nearly impossible and doomed. Now, even with thousand of miles between you, you can share the love.