

Student VPs resign

TWO HIGH-RANKING DASB EXECUTIVE OFFICERS STEP DOWN

Robert Balicki
LA VOZ

Two senate vice presidents, one senator and three junior senators resigned from the student senate as of last week, said De Anza Associated Student Body President Anna Callahan and Executive Vice President Bernardo de Seabra.

Former Vice President of Diversity and Events Audrey Lo



LO

transferred to a Loyola Marymount University. Former Vice President of Student Services Alex Wu and former senator Jennifer Howard both resigned due to schedule conflicts, said de Seabra.

Senator Helen Chung succeeded Lo and Zahra Noor succeeded Wu.

Former junior senators Peter A. Rusanoff, Eric Cavazos-Smith and Michael DeCastro did not give reasons for resignation, de Seabra said.

"That's why we have junior senator positions. It's a trial period. If they don't like it, they resign," de Seabra said.

The senate is set to vote on whether to approve remaining junior senator Andy Lau in two days. If approved, he will fill Howard's seat.

Mercury News offers deal to De Anza clubs

Kharman Aidun
LA VOZ

The San Jose Mercury News is making deals with local colleges to sell their paper on campuses.

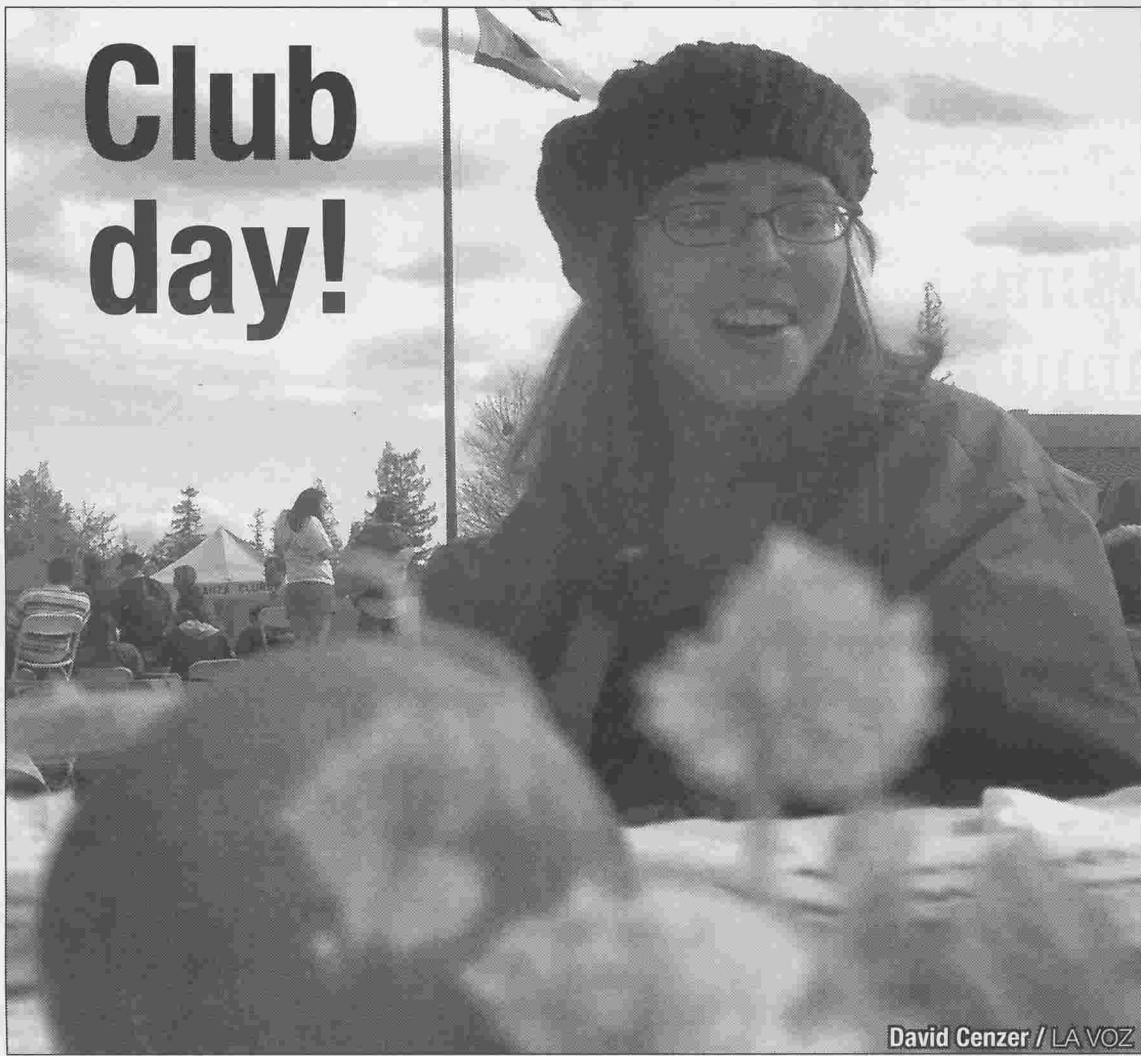
Chun Lee, a representative from the Mercury News approached the Inter Club Council on Monday, Jan. 16 during the officers' meeting and proposed that clubs on campus sell the Mercury News to raise funds.

The Mercury News already has the Readership publication program implemented at De Anza College.

A year ago, they approached La Voz and agreed to deliver 200 newspapers to the college at a discounted price and in addition give an extra 300 copies for free. This

see MERCURY, page 3

Club day!



David Cenzer / LA VOZ

Dina Heruty shares the virtues of veganism at the De Anza Nutrition and Health Club booth. The club was one of the dozens that had booths for the Winter Club Day event on Thursday. SEE PHOTO ESSAY, PAGE 4.

Art exhibit a forum for community involvement

Aaron Wilcher
LA VOZ

Last Tuesday, Nancy Hom and Sonia BasSheva Manjon, both prominent California arts administrators, spoke at De Anza College about their work in public arts in Oakland and San Francisco.

They highlighted community collaboration and advocacy, and discussed public and educational art's role in community involvement. This even foreshadows an ambitious, far-reaching project coming from a task force sponsored by De Anza President Brian Murphy's office.

According to task force co-director Cynthia Kaufman, the Institute for Civic Engagement, which has been in development for months, could arrive as soon as the end of the winter quarter - at least as an ideology.

"Most of our students know there's some serious things wrong with the world," Kaufman said. "That's one of the main things that will happen with [this program]. Helping students navigate the world of social change."

Hom, former director of the Kearny Street Workshop in San Francisco, discussed that organization's projects. These projects brought together federal, state and local agencies and funders with artists and



Aaron Wilcher / LA VOZ

Two pieces from an exhibit at the Euphrat Museum for the "100 Families" project, which links artists and families in Oakland.

citizens to address social and historical issues affecting Asian Americans in Chinatown and Manilatown. Hom told her stories about the Kearny Street Workshop as a vision to art educators and students interested in the task force's plan.

She described two large-scale public art projects: a three-day multimedia festival remembering the police's mid-1970s mass eviction of Filipino tenants from the International Hotel in

San Francisco, and the Chinese Exclusion Act, which took place at Immigration Station on Angel Island for a large part of the twentieth century.

Hom based her administrative work on the needs of the community for more than 30 years, including starting several neighborhood art centers in San Francisco in the 1970s.

"I learned what drew people to an organization, since they were community centers, and

see EUPHRAT, page 2

Teaching and learning at Hidden Villa

CHILDREN LEARN TO LOVE THE PLANET AT THIS HISTORICAL SITE



melissaLEWIS

Children scare me. They always seem so dynamically resilient - still impervious to cynicism but fragile under just the right and unforeseeable circumstances.

So when I attended the volunteer orientation at Hidden Villa, the only feeling surpassing my enthusiasm was apprehension.

community

I chose to work in the Hidden Villa Environmental Education Program, one of many volunteer programs they run year-round. My job is to teach groups of children, usually from second grade through sixth grade, about the environment and their relationship with it.

Teaching children is somewhat familiar to me, but it has always been in a structured classroom with a curriculum and a poster with rules in big letters.

Hidden Villa doesn't have a classroom - it has 1,600 acres of farmland and forest dotted with buildings and gardens.

Its idyllic descriptions online seem unrealistic, and I read the pamphlets and looked at the pictures of smiling children the way I look at all pictures of smiling people in pamphlets.

The drive to Los Altos Hills one gray and rainy morning for orientation seemed to set an ugly precedent for the day. But this feeling dissipated with the steep descent to the valley where Hid-

see VILLA, page 6

your guide to la voz

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This is Vol. 39, Issue 13. Call us at 864-5626 or e-mail us at lavoz@fhda.edu.



Aaron Wilcher / LA VOZ

Yu-Ting Hsian's award-winning painting, "Serious Artist," is part of an art exhibit at the Euphrat Museum dealing with social change issues.

EUPHRAT: using art for community outreach efforts

FROM PAGE ONE

usually they were projects that took in to consideration the history of the neighborhood, identity, culture, lifestyle, families and concerns of social conditions that impacted their lives," she said.

Manjon, director of the Center for Art and Public Life at the California College of Arts in Oakland, outlined programs the center offers.

These programs unite professors, students and community-outreach arts programs, which extend from the classroom to the streets. Her current project, "100 Families," allies the center with community artists and dozens of families in Oakland.

Some of the artwork is on display at De Anza's Euphrat Museum of Art.

Manjon discussed the link between her project and the communities it serves in Oakland.

"What are our issues? Our issues go way beyond 'do we have an art program [in schools]?' We're talking about saving people's lives. You have a drop-out rate in the middle of west Oakland of 50 percent."

Under the task force's plan, it would create an office that would establish and administrate new courses, certificate programs, student fellowships, service learning programs and relations with many off-campus organizations.

According to Kaufman, the president's task force was slated to finalize its mission statement and organizational outline last Thursday.

The Plan for Civic Engagement still has to pass a process of evaluation and approval by the Office of the President, the De Anza Student Body senate, the Faculty senate, the Faculty Association and the task force itself, but according to Kaufman, its goals are "in the air" on campus.

Jan Rindfleisch, the executive director of the Euphrat, helped to organize Tuesday's event, and says that this plan is a central reason for bringing Hom and Manjon to De Anza.

The plan follows similar work did at the Urban Institute at San Francisco State University where Murphy served as director for the Institute's inception in 1992 to his arrival at De Anza in July 2004.

Campus notes and news briefs

ALL EVENTS ARE HELD AT DE ANZA COLLEGE, UNLESS OTHERWISE NOTED

Pass/No Pass Deadline

The last day to request that your grades be awarded Pass/No Pass rather than letter-graded is Friday, Feb. 3. Obtain forms in the Admissions Office in the Student & Community Services Building.

Writing and Reading Center Workshops

This week's student workshops at the Writing and Reading Center are "Variations on the Five Paragraph Essay" on Monday, Jan. 30 at 12:30 p.m., "Confused Words" on Wednesday, Feb. 1 at 3:30 p.m. and "Fiction Writing" on Thursday, Feb. 2 at 12:30 p.m.

The workshops are held in SC3 in the Science Center. All students and faculty are welcome. Drop in, or sign up by calling 408-864-5840.

New Puente Organization

Students from Puente are starting a new Pan-Latina/o Organization called Luna. Students are invited to attend Luna's organizational meeting on Monday, January 30 from 1:30-2:30 p.m. in Conference Room B of the Hinson Campus Center.

Puente is a program to help students succeed in college with services in English instruction, counseling and mentoring.

NASA Internship Program Informational Meetings

One-year paid internships at NASA Ames for 20 hours a week (40 in the summer) are available. They typically include positions for programmers, Web developers and research, administrative, laboratory and accounting assistants.

Informational meetings will be held on Tuesday, Jan. 31 at 12:30 and 4:30 p.m. in Conference Room B in the Campus Center.

Applications are available at the Career Center in the Student & Community Services Building or online at NASA.fhda.edu. For more information, call 650-604-5560.

Student Art Show

Change 2005/2006 is an art exhibition "exploring change in the

arts and academic community" featuring lectures and discussions along with student paintings, drawings, mixed media works, photography, graphic design, sculpture and ceramics.

The show will run until Feb. 23 at the Euphrat Museum of Art. The exhibit is open Tuesday-Thursday, 11 a.m.-4 p.m. For more information, visit www.deanza.edu/euphrat or contact Jan Rindfleisch at 408-864-8836 or 408-864-8596.

Developmental Task Force Retreat

Faculty and staff who would like to meet to create learning success and retention strategies for students may attend the Developmental Task Force retreat on Friday, Feb. 3 from 9 a.m. to 1 p.m. in the California History Center. PGA/PAA credit is available for faculty, and a stipend is provided for adjunct faculty.

For information or to RSVP, contact Diana Fleming at 408-864-8604 or flemingdiana@deanza.edu.

Summer in China Informational Meetings

Students will travel with The Campus Abroad Program to Beijing, Xian, Shanghai and Hangzhou from June 30 until Aug. 4. Financial aid is available.

For more information, attend the meeting on Monday, Feb. 6 from 1:30-2:30 p.m. in the Santa Cruz Room in the Campus Center and on Wednesday, March 8 from 1:30-2:30 p.m. in the Margarita Room in the Campus Center.

Three Students Make All-America Soccer Team

De Anza student Richie Gharapetian has been placed on the NSCAA Community College Soccer Division III All America Team, and Megan Finney and Heather Emswiler are on the Division III Women's All-America Team.

They were recognized at a ceremony in Philadelphia on Jan. 21.

UC Davis Transfer Opportunity Program

TOP Advisor Coleman Billingslea will be available to help students

interested in transferring to UC Davis on Mondays through March 20 at the Transfer Center on the 2nd floor of the Student & Community Services Building on Monday.

Drop-ins are available from 9-9:30 a.m. and appointments are available from 9:30 a.m. to 2 p.m. For more information, e-mail cbillingslea@ucdavis.edu or call 510-893-4126.

Cogswell Polytechnical College Transfer Information

Students interested in transferring to Cogswell Polytechnical College can learn more about major requirements, scholarships, housing and financial aid in the Main Quad on Thursday, Feb. 2 from 1:30-3:30 p.m. In the event of rain, the event will be held in the Student & Community Services Building. For more information, contact Tracy Chung-Tabangura at chungtracy@deanza.edu or 408-864-8841.

UC Santa Cruz Baskin School of Engineering Transfer Program

The UC Santa Cruz Developing Effective Engineering Pathways program is open to De students who want to explore engineering, computer science or high-tech fields, and/or want a guaranteed transfer to the UC Santa Cruz Baskin School of Engineering.

An information table will be available in S43g in the Math/Science Tutorial Center on Tuesdays and Thursdays from 9 a.m. to 3 p.m. through March 23. For more information, contact Ismael Moreno at imoreno@ucsc.edu or 831-460-3038.

Dallas Black Dance Theater at Foothill College

The Dallas Black Dance Theater will perform at Foothill's Smithwick Theater as part of Black History Month on Friday, Feb. 10 at 8 p.m. Tickets are available at the Foothill College Box Office for \$35 (general admission) and \$15 (students with I.D.). For more information, call 650-949-7360.

Distinguished Educator Award

Business Professor David Stringer has received the Distinguished Educator Award. Stringer uses a variety of simulation games, group work and hybrid instruction to teach.

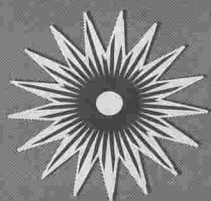
This award, presented eight times a year by the vice president of instruction, is given to educators who display excellence, commitment and enthusiasm in reaching the diverse student population at De Anza. Nominations are available at deanza.edu/instruction/dea_form.html.

Student Receives \$5,000 President's Award

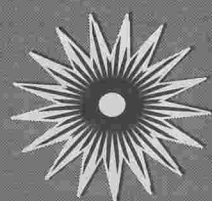
President Brian Murphy awarded Marina Skobel, a De Anza nursing student, a \$5,000 scholarship made possible by the Steve and Lola Kaider Foundation. Skobel is planning to earn her associate degree in Registered Nursing in December.

Want to Quit Smoking?

De Anza Health Services' Quit Smoking Program gives out free nicotine replacement patches, gum and tips. Health Services is located in the Lower Level of the Campus Center. For information, call 408-864-8732 or visit www.deanza.edu/healthservices.



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Sunday Closed

MERCURY: San Jose paper to give dollars for subscriptions

FROM PAGE ONE

quarter, Sandra Marine, education manager for the Mercury News, contacted *La Voz* and said that the Mercury News will no longer be able to provide the extra 300 copies to De Anza.

"The Readership Program and this donation program are two separate things," Lee said. "It just happens that the two programs are being affected at the same time."

Originally, the Mercury News was going to make donations to the local colleges, but decided not to after learning that the Sacramento Bee was offering local colleges money to sell subscriptions. The Mercury News has advocated the project since fall 2005.

The publication will donate \$20 for each ten-week subscrip-

tion a club sells. However, the subscription itself costs \$14.99.

"It is weird that the incentive is worth more than the subscription," ICC adviser La Donna Yumori-Kaku said.

But the Mercury News does make a profit for a 52-week subscription. The subscription costs

"It looks like they are trying to establish a name here, then make a profit."

- Inter Club Council Advisor La Donna Yumori-Kaku, on the San Jose Mercury News

\$99, and the clubs would make \$40, which will make up the difference.

"We usually talk to the deans of each department and the student body," said Lee. "This is the first time we dealt with clubs."

Lee originally contacted several deans at De Anza, she said, and was referred to Dean of Student Activities John Cogna by Dean of Library Services Jim McCarthy. After Lee spoke with Cogna, she was then asked to speak with the ICC, she said.

"When the representative talked to us, she said that San Jose City College was already participating," said Hala Hyatt, ICC chair of programs.

Lee said both San Jose City College and Ohlone College have agreed to participate in the program.

"It looks like they are trying to establish a name here, then make a profit," Yumori-Kaku said.

DASB Senate gives \$15,766 to programs

Robert Balicki
LA VOZ

The De Anza Associated Student Body Senate allocated \$15,766 to programs in three different disciplines Wednesday.

The Wellness Center received \$8,402 for the replacement of several elliptical trainers, which are old and in disrepair.

The Math Performance Success Program received \$1,000 for student retention and to host a motivational speaker at the end of the year.

Both votes were unanimous.

The Senate also voted 19-2 to approve \$6,364 for the Cross Cultural Partner Program, including \$1,565 for refreshments at two CCP events. Senators Yaveth Gomez and David He voted against the motion.

"We're not supposed to use DASB money to fund food," said He.

The senate also approved, on first vote, \$4,000 for the installation of a new putting green and \$7,428 for Math and Science group tutoring.

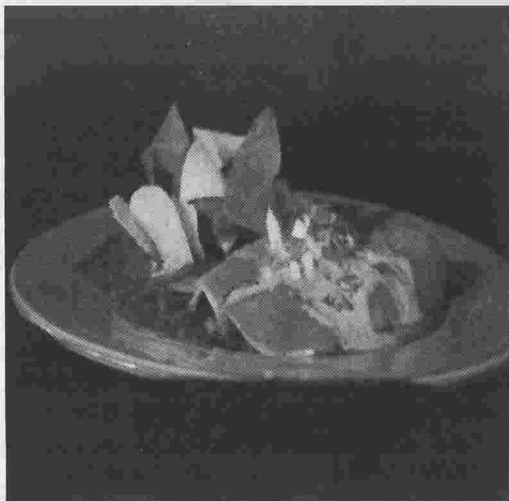
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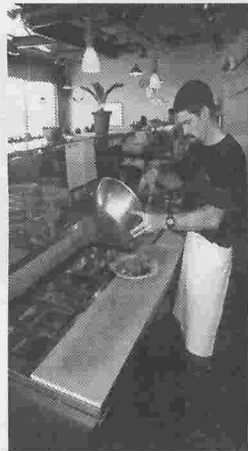
I made a cool discovery recently. Seems the locals were on to Rio Adobe way before me. Rio Adobe is one of those places that automatically gets on your favorites list. I knew even before my food arrived that I was going to return again.

It's ALL about the food! Mexican with a Southwestern accent-- unlike anything I've had before. The food is prepared with fresh ingredients and the flavors have a richness that only comes from slow cooking.

OK, the fresh salsa bar is eight bowls deep, the chips are made fresh, and the beer roster is quite respectable. (It's a bit of a hybrid—you order at a counter, but then your food is brought to your table on ceramic plates.)

The Burrito Mojado was stuffed with citrus marinated char-grilled chicken (or steak), covered with a New-Mex style red sauce, and topped with baked cheese. Good night, now!

What are you waiting for? Get going. Get Rio!



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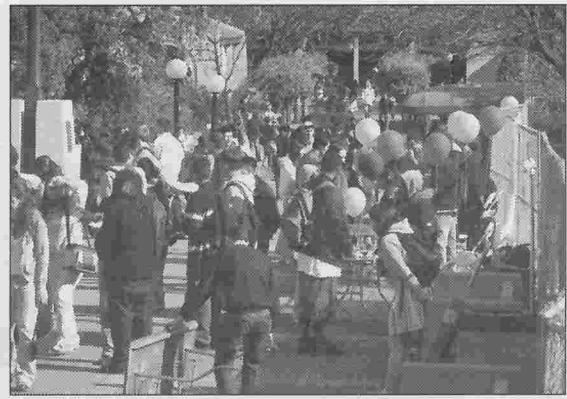
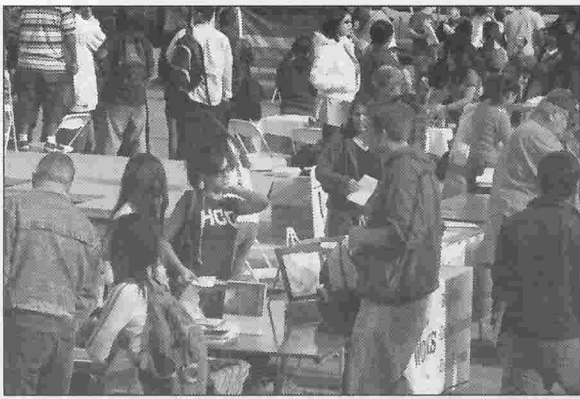
YOU COULD QUALIFY FOR \$CHOLARSHIPS

Did you know there are dozens of scholarships available to De Anza College students? You could qualify for one of the following:

<p>FHDA BOARD OF TRUSTEES SCHOLARSHIP (\$1,000) Must have completed at least 24 units with a GPA of 3.5 or higher by the end of the winter quarter 2006 and will be returning full time in fall 2006</p>	<p>SAN JOSE MERCURY NEWS WISH BOOK SCHOLARSHIP (\$1,500) Could be yours if you're a single parent enrolled in at least 9 units at De Anza, can show financial need and have at least a 2.0 cumulative GPA.</p>
<p>JOHN LONG MEMORIAL PHOTOGRAPHY SCHOLARSHIP (\$1,000) For any student interested in photography and enrolled in at least 9 units at De Anza. You must have completed 6 units in De Anza photo courses by the time of the award with a 2.5 GPA.</p>	<p>ALICE VIRGINIA DE BAR MEMORIAL SCHOLARSHIP (\$1,000) For art students enrolled in 9 or more units who has evidence of art work in the form of 15 slides, completed 15 or more Fine Arts classes at De Anza with a cumulative GPA of 3.0 higher.</p>
<p>HERITAGE SCHOLARSHIP (\$1,000) Could be yours if your parent attended De Anza between 1967 and 2003. You must be enrolled in at least 6 units and have a 2.3 cumulative GPA or higher.</p>	<p>KLAUS DEHN SCHOLARSHIP (1,000) For a re-entry student enrolled in 6 units or more who has completed 20 units at De Anza with a cumulative GPA of 2.5 or higher.</p>

That's just a sampling of the opportunities waiting for you at De Anza. The deadline to apply for these scholarships is Feb. 11, 2006 at 3 p.m.

VISIT WWW.DEANZA.EDU/FINANCIALAID/SCHOLIST.HTML FOR A COMPLETE LIST OF POSSIBILITIES AND OUR ONLINE SCHOLARSHIP APPLICATIONS.

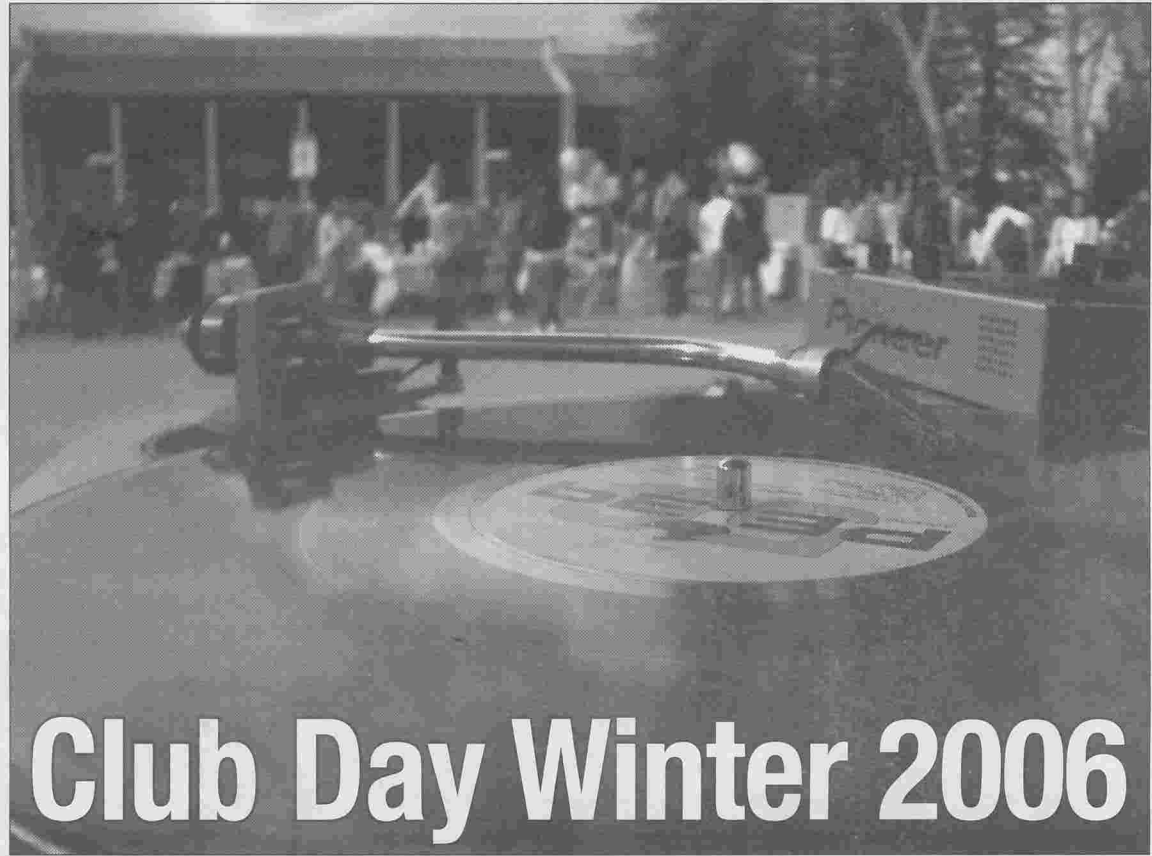


Above: Officers of Outlet, a new club that is geared toward the LGBTQ members of the De Anza student body, host a gay trivia game.

At right, below: Ryan Lanellutter, Chris Horii and a Mech-Warrior model were at Club Day representing the De Anza Game Developers Club.



David Cenzer / LA VOZ



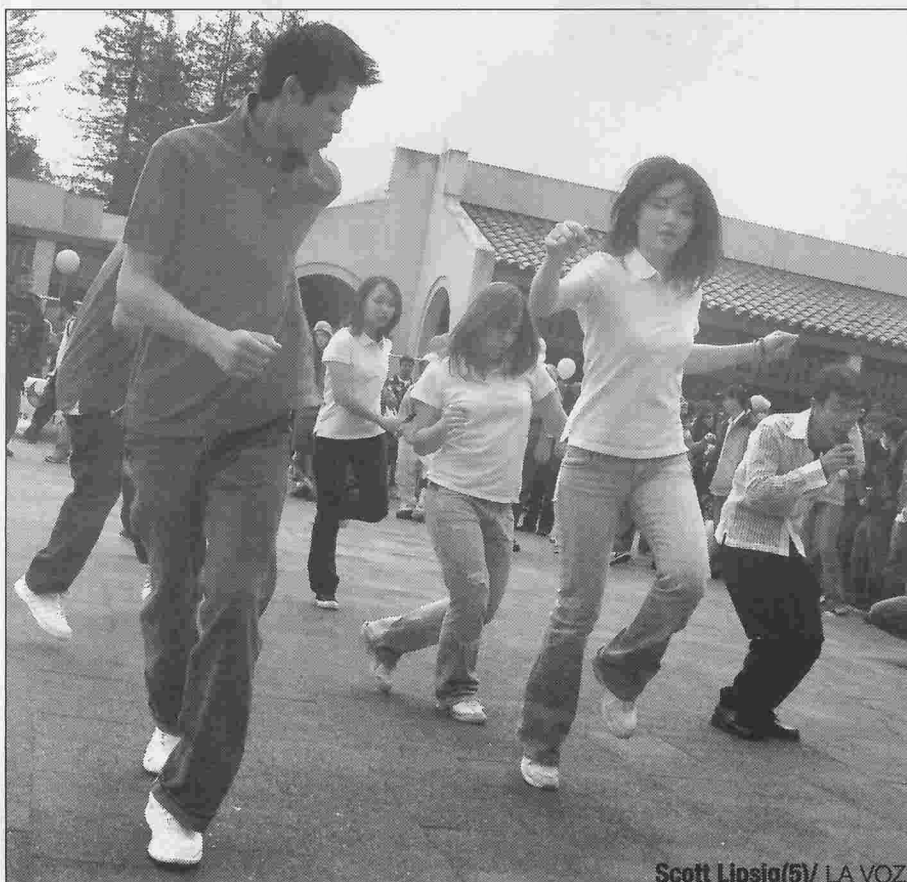
Club Day Winter 2006



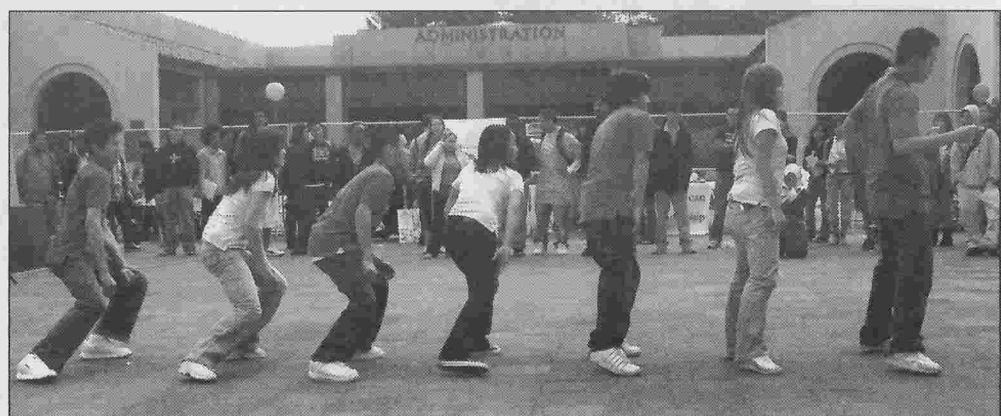
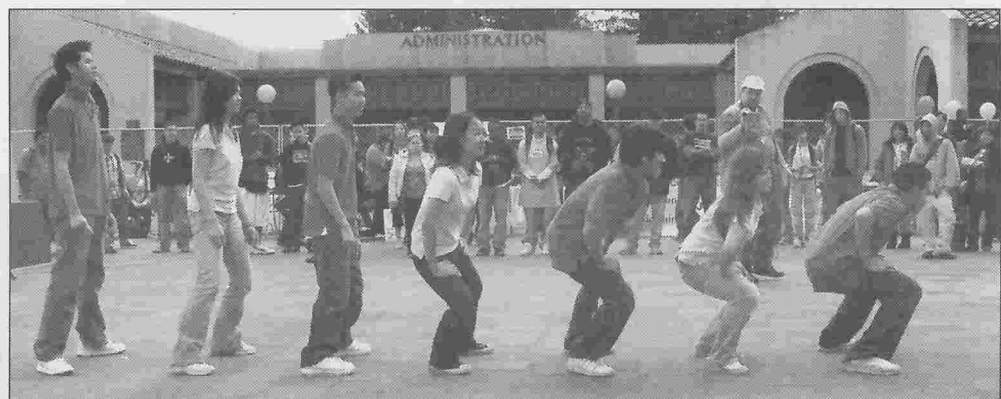
Above: DJ Frederick Salamat of Spinatiks Radio played a variety of Hip-Hop and R&B during Club Day.

At left: Azim Alhark of the Oakland-based group Thug Militia gathers crowds during his performance for the Black Student Union.

Melissa Lewis(5) / LA VOZ



Scott Lipsig(5) / LA VOZ



The Vietnamese Student Association dances to Vietnamese pop music.

A WHOLE NEW UNDERWORLD

Katherine Nguyen
LA VOZ

Kate Beckinsale is hot. Honestly, that's why this reviewer went to see her new movie, "Underworld: Evolution."

Director Len Wiseman starts up "Evolution" just two hours after the first movie, "Underworld," ended.

"Evolution" follows the vampire Selene (Beckinsale) and her vampire-werewolf hybrid lover Michael Corvin (Scott Speedman) as they race against time to expose truths, betrayals and the end of humanity.

The film keeps a bloody and explosive pace as it follows "the final battle" between Deathdealers and Lycans.

The movie unveils the history of the feud between werewolves and vampires as a vendetta between two brothers, each of whom was bitten by their respective animals and changed for all time.

Apparently family love and loyalty can break all genetic and destructive differences. Marcus, the vampire brother (Tony Curran) wakes up from his

petrified slumber and wreaks havoc on the remaining members of his vampire clan. He kills them all in his gruesome and very CGI animated bat-human hybrid state. Marcus then hunts down Selene, seeking answers about the prison where his werewolf brother was "entombed for all time."

Selene and Michael, the hot yet deadly duo, fight their way to truth about Selene's past and Michael's future. Miraculously, they always survive their battles and escape with only minor scrapes and bruises. All of this, of course, sets the mood for some hot action sequences of the non-violent kind.

The story line is predictable with a few surprises of the "can they really kill by using their bare hands to rip off the jaws of rabid werewolves?" variety.

The tone is always dark and moody. Even the sunrise appears to be on the blue side. In other words, it's a perfect mindless action flick.

The film improves on the original by providing more background for the characters

and introducing villains who are even more vile. However, the corny quotes are back, such as when Selene asks Alexander Corvinus (Derek Jacobi), immortal father to the dueling brothers, "What will I become?" and Corvinus answers with a grave, "The future."

Laugh out loud. The special effects are realistic, so you don't doubt that humans really are transforming into four-legged wolves. Director Wiseman also upped the blood and gore, so be warned, it's bloodier than "Kill Bill 2," but not "Kill Bill 1."

This movie will satisfy its strong fan base, but if you're not into the vampire versus werewolf thing, don't bother going. Otherwise, put on your black leather, and let Hollywood entertain you with glamour and gore.

Movie:
Underworld: Evolution
Plot:
Vampires Vs. Werewolves.
Gore Level:
Blood-facular!



Image courtesy of movies.yahoo.com

CAUGHT IN THE WEB

La Voz editors share their favorite time-wasters

www.sambakza.net

Look for the animated cartoon "There she is!!" under the amaloc section. One of the most ridiculously cute, well-made flash files I've ever seen.

— Scott Lipsig, Opinion Editor

users.wolfcrews.com/toys/vikings/

Originally from rathergood.com, this bizarre homage to Led Zeppelin was salvaged by a fan before it could be quietly deleted — just look at it.

— Melissa Lewis, Editor in Chief

www.awfulplasticsurgery.com

Gawk in the total awesomeness of plastic surgery gone wrong. Does Jessica Simpson have duck lips? This Web site is on the case.

— James Newburg, Editor Emeritus

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Margaret A. Cochran, MS, MSW, PhD, LCSW, ACSW
David J. Waggoner, MD, FFAFP, FASLMS

An Open Letter to the Faculty and Staff of De Anza College

Greetings!

It has been brought to my attention that some of you are having difficulty in finding physicians who are taking new patients and are preferred providers for Principal Financial Group CCN PPO Insurance.

I believe that all of you make an immeasurable contribution to the lives of your students and to the community as a whole. I have therefore made a special space in my practice for any of you at De Anza College who need a physician and have Principal Financial Group CCN PPO Insurance.

At Saratoga Family Health Center, we specialize in individual care, same or next day appointments and "in office" weekend emergency treatment. We do not use physician assistant or nurse practitioners; you will see me personally each and every time you come in.

At Saratoga Family Health Center, we believe in taking care of you, all of you. That means you and your family can come to us for everything from your child's sniffles, to laser surgery, to life counseling.

We are conveniently located just off Highway 85 at Bascom. You can call (408) 358-1955 or check us out on the web at www.sfhc.com for more information and directions. See you soon.

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'FIRST IMPRESSION' OF NEW STROKES ALBUM

Jarrod Pagan
LA VOZ

I know what you're thinking: The Strokes are still around? With the financial and creative letdown of 2003's "Room on Fire," it's a perfectly reasonable question. Their latest effort, "First Impressions of Earth," reflects the work of a band grasping for new ideas. The majority of the album, despite the unfocused sound, works well. But much keeps this album from being the sonic success it could have been.

The CD starts off well with "You Only Live Once," a charming pop run reminiscent of "The Cars." It sets the tone for what they do best — rock out. And "Juicebox," the new single and the heaviest song they've released to date, does just

that. With the bass notes flying, an old surf-rock favorite gets a well-deserved polish, as they waste no time ramping up the energy. A perfect follow-up, "Heart In a Cage" alternates walls of noise with frantic guitar lines and keeps things moving at a great pace.

The next two tracks, uninspired and rambling, make the lack of focus painfully apparent and kill much of the mood that the opening tracks establish.

Fortunately for the listener, "Visions of Division" picks up the pace again. In what is arguably the most dynamic and interesting track on the CD, Nick Valensi and Albert Hammond Jr. shine with guitar wankery worthy of Thin Lizzy. Unfortunately for the listener, The Strokes follow it with "Ask Me Anything," which goes nowhere quickly. With lead

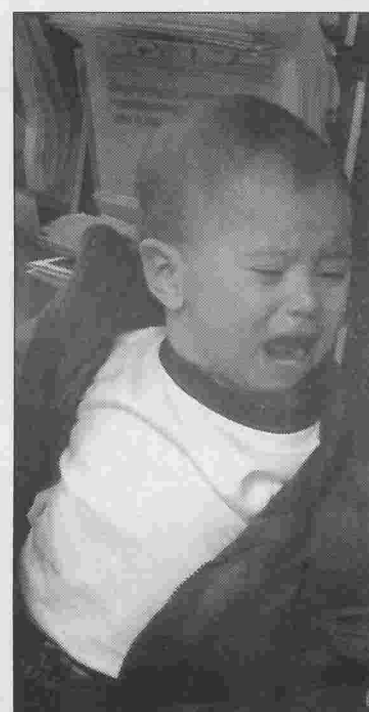
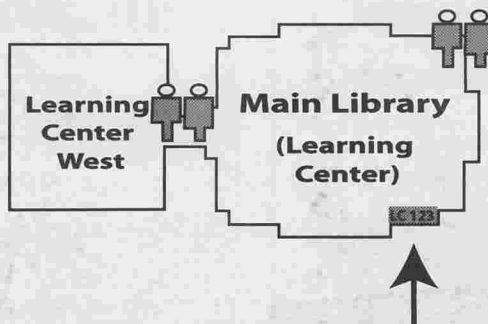
singer Nick Casablancas whining "I've got nothing to say" over and over, the redundancy of its presence becomes painfully apparent.

Major fluctuations in quality, energy, and dynamics permeate the album. Were the weakest 18 of the album's atypical 52 minutes removed, this would easily have been an art-rock opus. However, the mood-killing filler reveals the struggles that the band is enduring in developing their sound.

Make no mistake — short of the band calling it quits, this will in no way hinder the creation of a fourth album. The wealth of their parents alone is enough to ensure a dozen more releases. This is, however, an important developmental step for The Strokes. Whether it's a developmental step worth your \$15 is debatable.

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(South East corner of the Library)



Aw, he didn't get his issue of La Voz this week.

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Above: A small meeting area in the organic garden tended by children, complete with several tiny tree stumps for seating.



At Right: A Hidden Villa guide assists Foothill Elementary students to sift the composted soil they will use to plant pea seeds.



Hidden Villa

Dates: Year-round
Time: Various
Time commitment: At least 2 hours per week
Location: Los Altos Hills
Description: There are various volunteering opportunities; the name of the program featured in the section is Hidden Villa Environmental Education Program. To find out more, inquire through e-mail to hveep@hiddenvilla.org
Web site: www.hiddenvilla.org
Contact: (650) 949-8643
Good to know: The first owners, Josephine and Frank Duveneck, sheltered Japanese-Americans returning from internment camps.

VILLA: Valuable lessons without walls

FROM PAGE ONE

den Villa's tiny green gate hung open.

I parked in an area that looked as if it had hardly been used, only to find out later that children had been coming to Hidden Villa for over 60 years.

The orientation consisted of meeting the regular staff of Hidden Villa and learning what our relationship with the children would be.

It went along nicely, beginning with introductions and fresh fruit, until we were instructed to sing along. Hoping my bulging eyes and sudden pallor wouldn't alarm the staff, I laughed nervously as I stood to participate. Simultaneously open and anti-social, I found myself wishing I had seen "11 a.m. - time to sing children's songs accompanied by dancing with a room full of strangers" printed somewhere in advance.

I remember two things from orientation the most: that the purpose of Hidden

Villa's education program had nothing to do with scientific names and everything to do with instilling a lasting love of the environment in children who wouldn't be able to remember the former and may never have been taught the latter. The second and more important point was permission to use the phrase, "I don't know." My eyes widened for the 24th time that morning when I thought, "Surely there's a book . . . or a fact sheet . . . kids can't hear 'I don't know,' can they?"

We then went on a brief tour of the farm and children's garden. When we walked in, we were told that this garden had been sustained by over 60 years of children's groups. While volunteers also tended to it, children had been coming to plant seeds and pull weeds since before my parents were born.

Then we went hiking. We came to a bridge at one point on the trail and were told to place our hands on the rail, close our eyes, and listen to the water running

beneath us. Our guide asked, "How does this make you feel?" I was suddenly self-conscious, wondering if something appropriately Emerson would surface. "Happy." Apparently not.

"This part of the hike is important, because people don't stop enough to ask children how they really feel," our guide said afterward.

I kept that in mind last week when I helped with Kiki Barrett's second grade class from Foothill Elementary of Saratoga. I spent the day shadowing another guide.

The students were smaller than I remembered, some nearly half my size. And they were a miracle of perpetual motion, apparently squirming even when they were standing still.

We only explored the garden that day, but it was a thorough and wholly new experience nonetheless. There were stations all over it to teach about composting, seeds, planting and various other aspects

of garden maintenance.

At one point, one girl hesitated to insert a thermometer into the compost pile, saying, "It won't hurt the bugs, will it?"

The children were eager to help and quickly forgot about their immaculate school clothes after a bout of inspecting compost for worms and planting beet.

And in a discussion of decomposition, one precocious boy said frankly, "When we die, we turn into dirt, too."

It was stunning to see how insightful and bold a group of second graders can be outside customary territory. The closest any of them clung to familiarity was asking to wash their hands before eating.

As they left for the day, some still clutched their garden vegetables and more than a few had dirty cheeks and knees. But they all looked flushed and happy, devoid of the symptoms of their Playstation generation.

And I realized I hadn't referenced a single biology book all day.

OTHER OPPORTUNITIES

Billy DeFrank Lesbian, Gay, Bisexual and Transgender Community Center

Dates: N/A
Time: Varies
Location: 938 The Alameda, San Jose
Description: The jobs vary from helping at special events to serving regularly
Requirements: None
Web site: www.defrank.org/volunteer/

Village Harvest

Date: Feb. 5
Time: 9 a.m. to 12:00 p.m.
Location: Mountain View CSA, 204 Stierlin Rd, Mountain View
Description: Harvesting various produce for the hungry
Web site: www.villageharvest.org
Contact: karen@villageharvest.org

Big Brothers and Big Sisters

Dates: Every Monday or Tuesday
Time: 4 p.m. to 5 p.m.
Location: Rosemary Elementary and Blackford Elementary in the Campbell Union School District
Description: Mentor and spend time with fourth and fifth grade children
Web site: www.bbbs-scc.org

Cupertino Community Services

Dates: Various
Time: Various
Location: Cupertino
Description: Anything from working a food pantry to assisting with the Computer Technology Center
Web site: www.cupertinocommunityservices.org/volunteer.html

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La Voz

Vol. 39 Issue 13
The Voice of De Anza College
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About Us

La Voz is a First Amendment newspaper written and published by De Anza college students. Staff editorials reflect the opinions of the majority of the editorial board and do not necessarily reflect the views of the author or the opinions of the La Voz staff.

Opinions expressed by staff and contributors are the opinions of the individuals and not necessarily the opinion of La Voz.

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Letters to the editor, submissions and press releases are welcome and must be signed and include contact information for verification and follow-up. Letters should be 300 words or less; letters more than 300 words may be edited for length.

Letter content must not be libelous or intended to air personal grievances. La Voz does not guarantee that submissions and letters to the editor will be printed, nor does it guarantee coverage of events for which it receives press releases.

La Voz reserves the right to edit letters and submissions for clarity in accordance with Associated Press writing style.

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Additional Copies

The first copy of each issue of La Voz is free. Additional copies can be purchased through Business Manager Reza Kazempour.

When we think back on our education, the part we remember most vividly is our teachers.

What we learned is simply knowledge we've acquired and applied over the years. Whether very good or very bad, teachers shape who we are as we grow.

At De Anza College, instructors still have an impact on our development

as participants in society. They are mentors, authority figures and, in some classrooms, peers.

Instructors fulfill their roles with varying levels of dedication.

While many are good teachers of the required curriculum, few go beyond the necessary steps and build the people who walk into their rooms every week.

These few instructors recognize changes in our demeanor and help us accordingly.

They deviate from the blanket policy they set in their syllabi and know when we need help beyond a deadline extension or a make-up test.

They see in each of us what we could be rather than what we are and nudge us in that direction. They ask how we are and what we think

without already having our answers in mind.

We encourage those instructors at De Anza who go beyond the contract and the salary to continue what they're doing. And we want those instructors who believe it to be futile to remember that their impact as mentors, authority figures and peers will reverberate longer than any of their facts or statistics.

James vs. James

"POLITICAL" PROFESSORS: FREEDOM OF SPEECH OR LIBERAL BRAINWASHING?



jamesNEWBURG

During the Cultural Revolution in China, teachers were demonized as "capitalist intellectuals." They were murdered, tortured, illegally tried and ostracized by the Communist government and the students they taught.

Their only crime was to teach an alternative to the orthodox beliefs of Mao Zedong.

The Communist Party needed to persecute teachers, musicians, writers, artists and poets to maintain social control. The ruling class realized that freedom of speech would lead to critical thinking, which threatened their political power. If people were free to discuss ideas, they might come up with something that was different from Communist ideology.

Historically, this anti-intellectualism has existed in authoritarian states – Mao's China, Stalin's Russia, and Hitler's Germany. Now it's creeping into our college campuses.

The latest high-profile attack on academic freedom of speech is happening at UCLA. A former student and conservative activist, Andrew Jones, started UCLAprofs.com, a Web site that touts itself as "Exposing UCLA's Radical Professors." The site made its way into the news recently for offering students \$100 if they secretly recorded lectures for UCLAprofs.com.

Jones' main point of contention is that the UCLA professorate is overwhelmingly Democratic and "take a wide variety of radical positions: anti-Israel,

anti-Bush, anti-war." Maybe he should tell the anti-Bush, anti-war American majority that they are radical and ideologically unfit to teach.

Conservative Web sites and organizations such as UCLAprofs.com are part of a larger movement to restrict academic speech on college campuses. This movement has supporters deep in the halls of establishment power: high-ranking federal employees, magazine publishers, members of Congress. They view "liberal intellectuals" much the same way that the Chinese Communists did "capitalist intellectuals." College professors who don't hew the conservative line threaten their hold on political power.

Lynne Cheney, the wife of the Vice President, started the American Council of Trustees and Alumni in 1995. After the Sept. 11, 2001 attacks, ACTA issued a report called "Defending Civilization: How Our Universities Are Failing America and What Can Be Done About It." Innocuous statements from professors are taken as brainwashing and indoctrination. Expressing skepticism about Bush foreign policy is interpreted as blaming America first.

The purpose of this movement is to silence the liberal politics on college campuses. It will have the effect of censoring speech and demeaning the basic concept of the liberal arts education. If there is no freedom of speech, how can we have the freedom to learn?



jamesSCHULTE

Having radio talk show hosts all over the dial: Thousands of dollars.

A news network that is "Fair and Balanced": Billions of dollars.

\$100 per student to break a hole through the liberal ivy covered walls of academia: Priceless.

Andrew Jones, president of the Bruin Alumni Association, has made an offer to students at UCLA.

He is looking for evidence of liberal bias in the University's instructors, and offered \$100 to each student willing to tape their classes and post them onto a web site he has set up. This, of course, set waves of hysteria running through the halls of academia. Calls of McCarthyism have come blowing out of these classrooms.

This is typical of these liberal professors. They always condemn others, but when the rhetoric gets turned back at them, they end up pouting like disgruntled children.

Luckily, this is exactly what we want. These great defenders of the First Amendment now want to keep things hidden behind their ivy-covered walls. It exposes them for the hypocrites they are.

Is what they are saying so dangerous that they don't want anyone to hear them? What about those students that have paid for a privilege, fattening UCLA's cof-

fers? Are they just suckers? Dupes that have no say in what they are being taught? This is the image these teachers have of the students in their classes.

They believe that these students have no mind, of their own, and will not challenge them by admitting any other ideas against their beliefs. Some teachers think students that speaks against them is sacrilegious.

Now Jones has come along and tried to shine light on the bias of some professors. For this, he's been called a bad guy. The last I heard, the classroom is a public place. What's said should be open to all. However, these teachers are running around like they are being eavesdropped on. They're acting like storm troopers are going to bust in and haul them off to internment camps. Why can't we know what these teachers are saying in their classes? How do we know the teachers are doing their job?

That is the crux of the problem. Jones, like a lot of other conservatives, was tired of going to class and listening to instructors ridicule everything we believe in. So we end up having to make the decision whether to defend our beliefs and incur the wrath of the instructor, or sit and bite our tongues. We are forced into a dance of hiding, but still believing. Is that fair?

You can make your voice heard!

If you are a current De Anza College student and you notice an aspect of the campus you love or loathe, if your education is poor or the student services are legendary, write a letter with a maximum of 100 words to La Voz. Express your opinion and/or pose a question for the administration. Include your first and last name, phone number and e-mail address,

and title (be it club president, first-year student, community activist, or other).

Administrators will respond to letters we publish if they warrant a response, such as letters posing a question or asking for recourse. Responses will be published the following week. La Voz will not publish responses to responses.

We ask that letters submitted be relevant to De Anza College and be written without use of profanity or other abusive language. La Voz will also need contact information from authors to verify their identities and that they wrote the letter.

Drop your letters in the mailbox on the door of Room L-41 or e-mail your letters to lavoz@fhda.edu. Write "Student Forum" in the subject header.

Corrections

- News briefs: Audrey Lo transferred to Loyola Marymount University, not University of California, Los Angeles.
- The deck of the Martin Luther King, Jr. day article stated that "segregation is returning in some areas of our society" is only a reflection of the research by the Harvard University Civil Rights Project cited in the article.
- In our Jan. 9 issue, we stated that "tuition fees comprise

a significant portion of the college district's revenue." Community colleges do not have tuition. Instead, they have "fees," of which the revenue goes into the state general fund, not to the district.

The majority of the state funding of community college districts receive is based on the amount of their full-time equivalent students.

You can avoid heart disease

SIMPLE LIFESTYLE CHOICES ARE CRITICAL TO MAINTAIN A HAPPY, HEALTHY HEART



mary-joLOMAX

Happy Heart Health Month! You might think that heart disease is something you don't have to worry about until you're much older, but many of the habits you develop now are major risk factors.

for your health

According to an analysis published in the January issue of Archives and Pediatrics and Adolescent Medicine, bad health habits — smoking, drinking alcohol and obesity — seem to rise dramatically once a person moves from their teens to adulthood.

Researchers analyzed data from a group of 14,000 young people who were first interviewed when they were between 12 and 19 years old, and then again seven years later when they were 19-26 years old.

The interview questions were related to diet, activity level, obesity, tobacco use, substance use, violence, mental health, reproductive health and access to health care.

Health status worsened with age in nearly every category and for every ethnic group, and the change was most striking in the categories of diet, obesity, activity level and alcohol consumption. All of these factors are related to heart disease.

Heart disease, also known as cardiovascular disease, is one of the top killers of Americans, accounting for 41 percent of all deaths in the U.S. Deaths from heart disease are nearly three times the rate of lung cancer, the number two cause of death. More people die from heart disease than from all other leading causes combined!

In addition to heart attacks, cardiovascular disease includes a range of diseases such as stroke, hardening of the arteries, and high blood pressure.

Heart disease is often referred to as a "lifestyle" disease because many of the factors that increase your risk are within your control. These external risk factors (as opposed to internal risk factors such as genetics and age) include smoking, being overweight and being inactive.

Mary-Jo Lomax is a health educator at De Anza College. For more information, visit the Health Center in the Hinson Campus Center.

Women's basketball sunk by turnovers

Kayla Hilton and James Newburg
LA VOZ

What does the women's basketball team have in common with an industrial bakery? They both produce dozens of turnovers.

In fact, De Anza turned the ball over 29 times — two baker's dozen and change — in their 64-48 loss to San Mateo.

The turnovers fueled the San Mateo offense. Four players scored in double figures, led by Pachara Armstrong's 21 points.

"They played hard," said head coach Arden Kragalott, "but with so many turnovers, playing hard is not enough and it caused us to lose."

It was a flat offensive effort (36 percent shooting) without center Dacia Taleni, the team's leading scorer. Taleni could be out for the rest of the season with a leg injury.

If there were anyone who could take exception to her coach's comments, it would be Gladia Castro.

The De Anza shooting guard tried to pick up the slack and did everything she could to get her team into the game. Castro scored a game-high 23 points on 8 for 15 shooting, including 3 for 8 from three-point range and 4 for 4 from the free-throw line. She also led the team with eight rebounds, four steals and two blocked shots.

The rest of her teammates scored 25 points on 29 percent shooting.



Chris Marks / LA VOZ

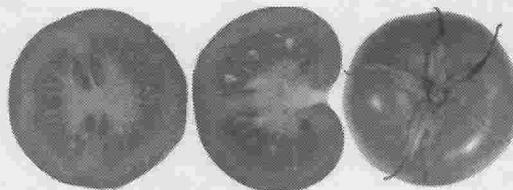
De Anza guard Joan Marciano pushes the ball up the court against the San Mateo defense. De Anza had 29 turnovers in their 64-48 loss.

Melissa Lewis
LA VOZ

In the spirit of healthy vegetarianism, I bring you "super foods," foods so rich in valuable nutrients that doctors recommend that they be a part of your daily diet to "prevent disease and extend our health span, and perhaps our life span, as well," according to "SuperFoods Rx" author Steven Pratt, MD.

This is the second part of a series of three articles designed to be attached to your hydrogenated oil-free refrigerator.

Super foods unite again!



Oats: Soluble fiber from oatmeal, as part of a diet low in both saturated fat and cholesterol, may reduce the risk of heart disease. A study at the University of Alberta, Canada, showed that oat bran may help improve insulin response in people with diabetes.

Tomatoes: Recent epidemiological studies implicate that lycopenes in tomatoes helps to prevent certain types of cancer and cardiovascular disease. Some findings also suggest that they play a role in lung functions and vision in healthy people.

Pumpkin: Loaded with phytonutrients, which keep skin elastic and prevent skin damage from sunlight. Pumpkin seeds also benefit the bones and prostate in men because they are high in zinc.

SOURCES: www.wholehealthmd.com, www.webmd.com, www.whfoods.com, www.swedish.org

What can you do to reduce your risk of cardiovascular disease?

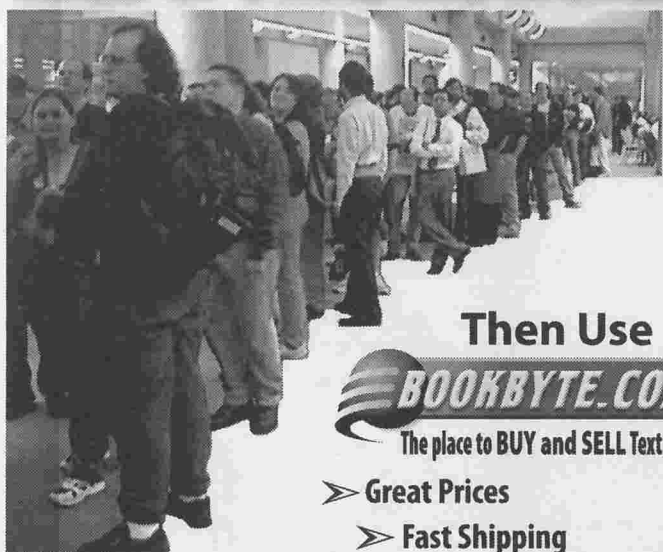
1. DON'T SUPERSIZE IT! In the end, the only ones who win are the restaurants because it's cheaper for them to simply give customers 30 more cents worth of food than to cut their prices by a dollar.

2. DON'T JUST SIT THERE; GET MOVING! Cars, remote controls, drive-thrus and computers may make our lives easier, but they also make us less active. Consciously incorporate physical exertion into your daily activities, especially the ones you enjoy. Exercise improves cardiovascular health, reduces stress, and enhances your overall physique.

3. QUIT SMOKING. Smokers are 70 percent more likely to develop heart disease than non-smokers. When you are interested in quitting smoking, come see me about getting free nicotine replacement patches or gum.

4. LIMIT ALCOHOL CONSUMPTION. Excessive alcohol consumption may increase blood pressure, triglyceride levels and chances of stroke. While some researchers believe a moderate amount of alcohol has a protective effect on the heart by raising the good cholesterol in the blood (HDL), those same positive effects can be attained through a healthy diet and exercise.

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