

FOOTHILL SENTINEL

Volume 24, Number 8

Los Altos Hills, CA 94022

December 4, 1981

Students join fight against arms race

-see page 14

Poor turnout for student elections

-see page 4

Student, teacher collaborate

-see page 6

Next year's state finals threatened

-see page 7

Bodybuilding club beefs up membership

-see page 8

Soccer team to defend state title

-see page 17



Heading for ski country? See our special ski supplement on pages 9 through 12.

Photo by Carrie Siedenburg

Editorials

Klan not the issue

By now, most people are probably aware that members of Local 245, better known as the Ku Klux Klan, are actively attempting to recruit new members from Bay Area high schools and colleges.

Having learned from the 60s' student protests that an underdog will gain public support, the Klan have taken to putting themselves in the apparently masochistic position of being misunderstood patriots, trying to make the world safe for the white middle class. Their latest recruiting tactic has been to relate horror stories of "reverse discrimination" having infiltrated the job market since the Civil Rights Act of 1964.

By courting violent opposition to their racist dogma, they seek to be seen as victims of the people they would like to suppress. But history shows that the Klan have a longstanding reputation for using violence and intimidation to promote racial intolerance.

What is it that makes the Klan newsworthy? Do we run the risk of being press agents simply by reporting their activities? When their name appears daily in our morning newspapers, do we thereby legitimize them by putting them in the public eye?

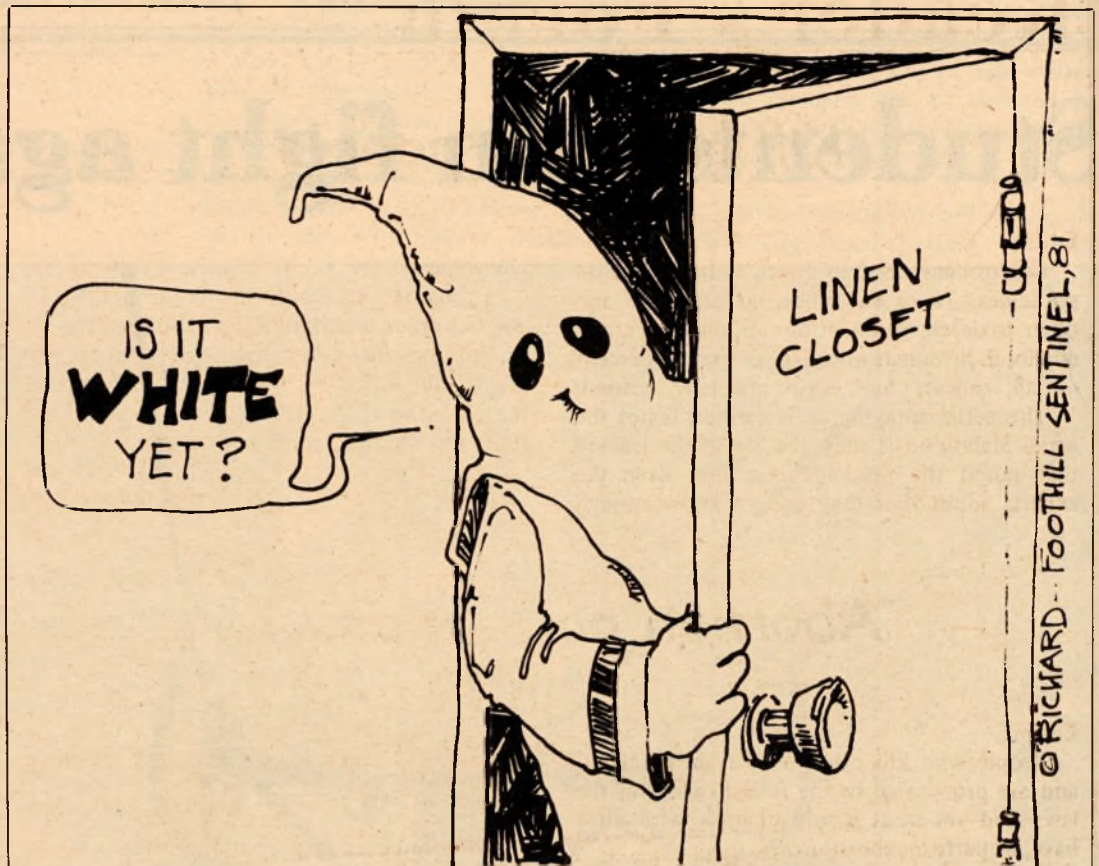
The media in general, and newspapers in particular, have a responsibility to keep the public informed of what is happening in the world. But we have an equal or greater responsibility to present a balanced perspective on news events. In a very real sense, what the editors decide is news becomes news for the general public.

In deciding that the KKK is a major issue, the media have made the fundamental error of focusing on the effect rather than the cause. The Klan are only the most visible manifestation of a much more pervasive illness in America and the world at large.

Freedom of speech was intended to promote an exchange of ideas, and this includes ideas with which we may violently disagree. Responding violently to groups like the Klan is not only to adopt the tactics we find so abhorrent in them but to compromise our own values. To indulge in reactionary rhetoric or bury one's head in the sand likewise accomplish nothing.

We find it easier to despise an obvious target than to acknowledge and confront the racist tendencies within ourselves. The real issue to be addressed is that racial bigotry is here with us, and is not going to be solved or disappear until we admit that it exists and take steps towards solving it.

When the bathroom walls at Foothill are covered with racist graffiti, are the activities of a fringe group like the KKK really our major concern? Racism is not an isolated disease; the Klan mentality lurks in our own closets.



Reader's Forum

The SENTINEL welcomes letters. All letters must be typewritten (double-spaced), be restricted to 300 words or less, and be signed. Your phone number would be appreciated so that our editors can verify points of information.

U.S. exports danger to Third World

Editor:

Chemical firms in America have found a simple way to dispose of products which have been outlawed in the U.S. because of their dangers to human health. They ship them to Latin America, Africa and Asia, where they can be sold without legal restrictions. This practice is known as "dumping," and there are currently no laws to stop it.

Recent investigations by Mother Jones magazine as well as independent documentary filmmakers have shown that drugs and pesticides proven to cause blindness, birth-defects, crippling nerve-damage and worse are sold with-

out prescription and without warnings of dangerous side-effects in many Third-World countries today.

Until other countries set the same standards for product safety and honesty in advertising as the U.S., this unconscionable practice will continue.

Write your Congressman today demanding legislation to regulate the international sale of drugs and pesticides. Let's not make a double standard our official policy.

—Clay Holden
Foothill Student

Save an abused child

Editor:

Every day, approximately six million children in the United States are physically or mentally abused by their parents. The majority of these children never show the visible signs of their abuse.

Abused children want the fact that they are abused to be unknown, either due to embarrassment, fear, or because they do not realize that they are being abused, due to the fact they are made by their parents to feel they deserve these punishments. Many of these abused children die from "a fall down the stairs," or "falling off swings."

Organization for Abused Children is a non-profit organization, providing a 24-hour Help Line, counseling, and a program for the abused child. If you know of, or suspect the abuse of a child, call OFAC. Your identification will remain anonymous if you wish.

An abused child may not be strong enough to help himself, so we ask that you will be. You will be saving a life, in more ways than one. Dial toll free 800-393-OFAC, or write for more information to: OFAC, Box 105, San Francisco, Ca.

—Audrey Longmire
Foothill Student

The SENTINEL is a student newspaper published weekly on Fridays during the academic school year by Foothill College, 12345 El Monte Road, Los Altos Hills, CA 94022.

Staff members are students enrolled in the journalism program at Foothill. The SENTINEL staff is located in M-24; telephone 948-8590, x372.

Editor-in-Chief Bill Anderson
City Editor Phyllis Lee
News Editor Linda Wilcox
Sports Editor Jeff Johnson
Advertising Manager Lynelle Dodge
Photo Editor Bill Harris
Assistant Photo Editor Carrie Siedenburg
Graphics Clay Holden
Staff Assistant Alison Wilson
Adviser Herman Scheiding

Opinions

Reader's Forum

Kill bugs, not people

Editor:

Californians need to educate themselves on pesticides. There are dangerous pesticides and other toxic chemicals in our air, our water, and our food. Scientists now believe that 75 percent of all cancers are environmentally caused.

The aerial spraying of Malathion is not the issue. Malathion is only the tip of the iceberg that raised the pesticide question. Even the experts admit that they do not know enough

about pesticides to confirm them safe to use.

Thousands of Californians are petitioning the Governor and the President for more information on the pesticides being used in this state. Join the "Call for Information" by dialing 415-328-7756. Tell them that you want more information on pesticides.

—Thomas P. Crawford
Foothill Student

Abortion not the answer

Editor:

People who kill other people are criminals, and are prosecuted to the fullest extent of the law. And yet what is said of those who allow have, or perform abortions? Nothing.

A child in the womb is a human life just as you or I. Abortion is murder and to condone abortion is to condone the willfull termination of another's life. Unless we make abortions illegal, we, as a society, are responsible for millions of murders each year. Our tax dollars are being spent each year to make abortions

readily available to people all over the country. This must be stopped.

Abortion is an easy solution for the irresponsible and uncaring people of today. Let's put an end to these blatant killings. Pregnancy can be prevented and so can abortion. If you, too, are against the killings of unborn infants, write your local Pro-Life chapter today.

—Juanita Delgado
Foothill Student

Draft for peace

Editor:

I believe that a peacetime military draft will strengthen our democracy. In this day and age, I feel that a strong military protects our freedom under democracy. I also believe that a peacetime draft will discourage another country from attacking us. Consequently, I would feel proud to serve my country if the draft is reinstated.

I feel that our nation should always be prepared to defend itself. Can we forget the

lessons learned from the Japanese attack on Pearl Harbor that resulted in our entry into WW II? I feel that we should always have a strong defense to promote peace through strength.

I believe that the late John F. Kennedy best described my feelings when he said, "Ask not what your country can do for you, but what you can do for your country."

—Allan Simmons
Foothill Student

Hang 'em high

Editor:

Criminals are getting away with crimes too easily. We put them in prisons and jails only to see them out on the street again, usually committing a crime greater than the first.

For example: a man was paroled last July after spending 11 years in prison for two Los Angeles County burglaries and a Santa Clara County robbery. This same man is now accused of raping four women. The only people who are going to benefit from this case are the lawyers.

Perhaps the best answer to the crime problem is to punish criminals so they won't get a

second chance to hurt somebody else. For instance, rather than spend money to find out if John Hinkley (the man who shot Reagan) is insane, they should have bought a rope and hanged him on the nearest tree.

For smaller crimes such as shoplifting and pickpocketing, a hand would be cut off.

To some people these forms of punishment are cruel, but do you want a criminal for a neighbor?

—Robert Dunton
Foothill Student

On the Spot

By THOMAS P. CRAWFORD & KEVIN CLAY

HOW WOULD YOU RESPOND TO KKK RECRUITERS ON CAMPUS?



ANDI ULANDAY (Biology):

I'd probably be scared. I hate violence and they're a violent group. I'd like to ask them why they are continuing the things that they are doing.



TONY PHAN (Engineering):

It wouldn't be that big of a deal as long as they don't cause any trouble. I accept them, like any other group of people. I don't have anything against them and they shouldn't have anything against me.



PAIGE BISHOP (Graphic Communications):

It would be a bad reaction from students. A step backward in time, really.



M.C. "D.J." JOEY JOE (Broadcasting):

I'd try to stay away from them because I'd probably get upset if they asked me questions. I think Foothill College is very integrated and most of the students are mellow about prejudiced views. So I don't think a KKK recruiter would be too successful anyway.

News

Woeful student turnout in election of senators

By LISA PIERCEY

Four new Associated Students of Foothill College (ASFC) senators were elected on November 17 and 18. Senators Kris Diasio, James Bedow, and Wendy Varner were re-elected while Vicki Oakes joins ASFC as a newcomer.

Of the 8,005 students enrolled in daytime classes at Foothill, only 88 students voted. ASFC President Greg Warren blamed the extremely low turnout on the fact that three of the candidates were incumbents. "This was not a hotly contested campaign," he said.

At the meeting of November 19, ASFC members commented that the elections were not well advertised and that no noticeable campaign effort was made on the part of the candidates. Warren stressed that the responsibility to campaign rests with the individual candidates.

In other ASFC discussion, votes tallied for the poll on installing a juke box in the Owl's Nest showed that two-thirds of the students were in favor and one-third were opposed. The decision to install the juke

box has been postponed due to the possibility of "stuffing" of the ballot box. Until a verifiable sampling of student opinion can be obtained, the decision will be tabled.

In another legislative matter, passage of AB 1373 (Hughes) has raised the amount of parental contribution a student can receive from \$750 to \$1,000 while still retaining his or her independent status for financial aid. Allegedly, AB 1373 will assist many community college students who are currently on the borderline for financial aid.

Finally, the Senate has passed bill 246 (Schmitz), a bill that will require the names and addresses of students be provided for officials in charge of recruitment to the National Guard, and each active or reserve component of the Armed Forces. Students who do not wish to have their names and addresses released must notify their perspective colleges.



Betty Ford

Ford demands equality

By MICHELE HAMMACK

Women are a political force that must be respected, said former first lady Betty Ford in her speech at De Anza's Flint Center on Nov. 19.

"A woman's place is in the kitchen, the factory, the House, the Senate, the White House, wherever she feels comfortable," said Ford.

Ford, who is well known for her support of the Equal Rights Amendment, spoke to an enthusiastic audience on behalf of ERA. Her speech was part of the Distinguished Lecture Platform Series sponsored by De Anza.

Ford outlined and responded to some of the misconceptions about ERA. "Making us equal under the constitution does not mean we have to use the same restrooms. We have given equally of ourselves to build this country and it's fair that we be equally protected by our constitution."

Ford and Alan Alda are co-chairmen of the "countdown campaign" which was organized to campaign for the states' ratification of ERA before the deadline set by Congress.

"We have come too far to be stopped now," said Ford.

Pro stars appear this week

Two famous Bay Area sports stars will donate their time for the benefit of the Stanford Children's Hospital on Saturday, Dec. 5, and Sunday, Dec. 6, from 1 p.m. to 3 p.m. at the Old Mill shopping center in Mt. View.

Dwayne Murphy of the Oakland A's and Larry Herndon of the San Francisco Giants will sign autographs for a \$1 donation. Murphy will appear Saturday and Herndon will be present Sunday.

Admission is free and a baseball card show will be opening the event which starts at 9 a.m. and ends at 5 p.m.

Another sports related event, The Northern California Sports Collectors Show, will occur on Jan. 9, from 9 a.m. to 5 p.m. Proceeds will go to benefit the

Gunn High School music program. Admission is \$1, and tables for buying and selling all types of sports memorabilia will be available for \$15.

PBSA schedules film on S. Africa

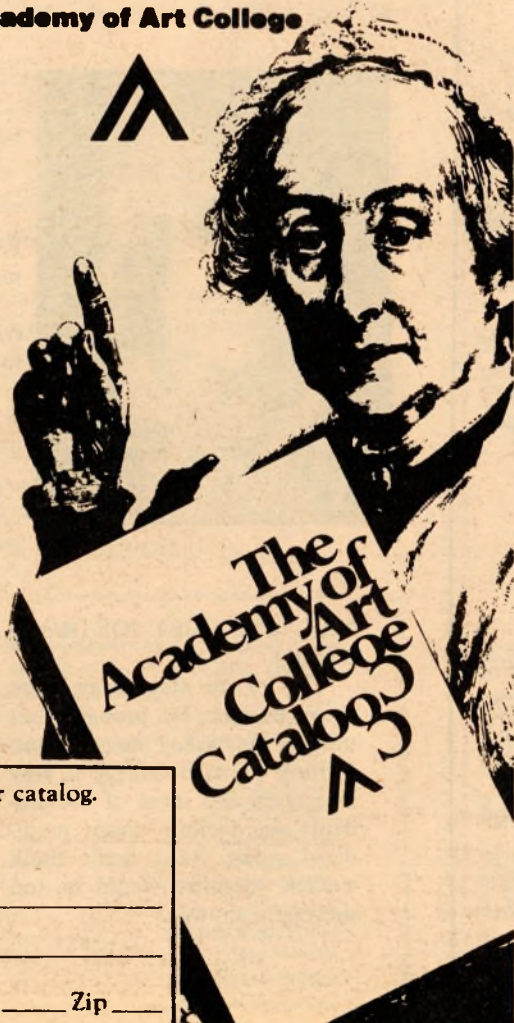
The Black Student Alliance will show the film, "Six Days in Soweto," on Dec. 10 at 1 p.m. in room L-21.

The film deals with South Africa's policy of racial apartheid. Admission is free.

"THE GOOD BOOK"

Now's the perfect time to send for our exciting new catalog. Advertising, Graphic Design, Illustration, Interior Design, Photography, and Fine Art (Drawing, Painting, Sculpture and Printmaking). Academy of Art College, 540 Powell Street, San Francisco Ca 94108. 673-4200.

Academy of Art College



Please send me your catalog.

Name _____

Address _____

City _____ State _____ Zip _____

Day Care continues

Center survives cuts

By MICHAEL J. HARRIS

Foothill's Day Care Center has served the District since 1971 and according to Nancy Clark, Program Administrator, will continue to do so as long as the funds last.

"We seem to be in better shape this year compared to other departments on Campus," Clark commented in regards to the budget. "This year we know what we're getting."

According to Clark, the Center will receive a \$200,000 block money tax override, a \$188,000 grant and a 6 percent increase from the Office of Child Development.

Also, each parent who uses the Center pays an hourly rate based on the income of the parent. Clark said the rate is determined on a sliding scale. The full price is \$1.50 an hour if you make 84 percent of the State Medium Income Level. This level is roughly \$1,757 net a month for a family of four, or \$1,475 net a month for a family of three. According to Clark, the less one makes, the less one pays.

Although the Center is financially stable for the time, Clark is concerned about the Center's future. "The problem is not that they're giving us any less money, the problem is they're not giving us any more. The Office of Child Development expects us to run the same program regardless of cost of living increases."

Clark said that because of this situation certain programs were eliminated. The Foothill-Whisman Center located in Mt. View was cut out along with the Saturday program here at Foothill College. "If more cuts are needed, the night program could be cut," she said.

Other than program cuts, the food program at the Center is facing problems which may add to the cost of child care. "We may have to start charging everybody for meals to cover the rising food costs," Clark explained. "Reagan lowered the monthly income requirement to qualify for free food. The State used to reimburse us, now they don't."

Aside from financial problems, Clark said the Center is a great success. "We're the only College Day Care Center that will take children from six months to 14 years of age in the entire area, maybe in the whole South Bay. We also pick up school children from Montclair Grammer School three times a day."

Other departments, on and off Campus, also use the center: Work Experience, Psychology 14 (Childhood Adolescence Lab) and Stanford University.

"Most important of all," Clark said, "the Center is here to help the students . . . Those who use the Center are an enlightened group, a very multi-cultural, inter-racial mix here to educate themselves."

There are certain requirements for placing a child in the Center, Clark said. First, the parent must be taking three units at Foothill, second, she or he must take three Child Development classes over the course of three quarters. Clark said

that due to the recent "course cuts" that Foothill has experienced, only one course a quarter is offered. Also, the parent must donate two hours of time a week at the Center.

High unit holders and low income families, whether single or married, have top priority in placement during the day when attendance is 100 percent full. The parent may not work during the day between 9 a.m. and 1 p.m. and must be attending school.

Clark also said that there is a work study program, although not connected to an A.A. degree, where the parent gets paid by the District Board. "The Center must maintain the child/adult ratio," added Clark, pointing out that there are eight regular certified teachers and all part-time help have their credentials.

The Center is located in the rear of Parking Lot C. The hours are Monday through Friday from 7:30 a.m. until 9 p.m. and on Friday until 6 p.m.

9 to 5 I sell stocks.
Weekends, I bust loose with my buddies & Cuervo.

BUST LOOSE!
CUERVO & ROCKS

Tequila
Cuervo Especial
Distilled
Tequila (Agave)
Tequila (Agave)
PRODUCT OF MEXICO

A Distillate From The Best
(A Variety of The Maguey)

Features

Teacher, student combine talents

By PHYLLIS LEE

*The rhetoric of love is singular.
Where logic balances desire's need
No strategies order our simple form.
No cosmic blueprint, neither plot nor plan
erupts here under fortune's careful hand.
Coincidence has no complexity.
No gauzy prenatal interplay
coiled up a helix of our flesh and bone.
With wholeness uncontrived as happiness
we flourish simply in a single ground.*

—Nayan McNeill

An artistic feeling has been brought to fruition by Foothill student Debbie Mrantz and Language Arts Chairman Nayan McNeill. The two have collaborated to conceive, produce and orchestrate "Subjects of Love," a collection of three of McNeill's poems set to music by Mrantz.

Mrantz said she got the idea for the project when she enrolled in McNeill's English Special Projects program. "Before that I had set something to music for Bob Bloesser's class, then I became more interested in the idea and I set Caedmon's Hymn to music the next quarter," Mrantz said.

According to McNeill, the poems are an attempt to combine some elements of science with the artistic concept of poetry. "The scientific terms I use in the poems are used metaphorically," McNeill said. "In the poems I'm really talking about relationships. I'm talking about the relationship of emotion to reason . . . showing relationships is really the thing that art does."

Mrantz explained that her choice of poems stemmed from her emotional response to them. "When I read through a selection of 15 or 20 poems, I chose

these because they gave me a similar feeling."

The finished project unifies several themes according to Mrantz and McNeill. One of the more important aspects of the project is showing the relationship of student to teacher. McNeill said that when Mrantz came to talk to her about the idea, she, in essence, became the student. "I gave her a folder with my poems and she picked out about five. The theme she wanted to work with was in a couple of the poems and she then gave me a homework assignment to come up with a third," McNeill said.

**'I needed to translate
the form of her poetry
to the form of my music.'**

"I needed to translate the form of her poetry to the form of my music," Mrantz adds. "Wholeness is inherent in art although different media are perceived as having different meanings. In art there is a common meaning expressed in different modes."

Mrantz stressed the importance of the project as an educational tool. "The form that it's based on are the subjects and principles used by the ancient Greeks which are the trivium and the quadrivium. Instead of teaching them out of textbooks which aren't very pretty, I've always thought that it's better to start with something beautiful," Mrantz said. "The most beautiful thing to me is something that I can create. If a teacher takes teaching as art, you can only end up with something beautiful."



Debbie Mrantz and Nayan McNeill

McNeill said that although she has set poetry to music in the past, she does not generally think of her poetry as lyrics. "These poems don't rhyme," McNeill said. "If someone were to ask, could you write lyrics for this song, I couldn't do it."

However, Mrantz counters, "The music I sense in the poem is in the form of meter and rhythm; they form a sound relationship." Mrantz also said she has always been partial to music and literature as forms of artistic expression. "I think they reflect life most accurately and sensitively because they use the sense of sight and sound," Mrantz explained.

McNeill said her favorite form of artistic expression is poetry, but, she said, "aesthetically I believe the most unifying art form is dance because the work of art and the artist are one. How can we tell the dancer from the dance? It is a perfect relationship."

Although Mrantz plays several instruments, she insists she is a composer and not a performer. "I've always done music since I was about seven, but I've always been interested almost equally in music and literature," Mrantz said. "Something I always tell people is that I'm a composer, not a performer. I would much rather compose something and have it brought to perfection by someone more adept than I am."

With regard to instrumentation for "Subjects of Love," McNeill said her first choice might be a "string quartet." She quipped, "It would be nice if there was more than one instrument because there is more than one voice in the poem; maybe the Mormon Tabernacle Choir would be nice."

Mrantz' classical education placed a major emphasis on the 3R's and the arts and humanities. Born in Hawaii, Mrantz was educated at a school she describes as

about three times the size of Foothill with classes from kindergarten through 12th grade. "My parents were interested in academics when I was not," Mrantz said.

**'...obviously I didn't know
the author personally, so it
was easy to be objective.'**

As a result of her structured education, Mrantz believes that art and mathematics are not opposite means of expression. Mrantz said, "If there is one artistic principle it is that form is meaning, that is always the object of my means, to do more than translate one to the other, but to make them one, to unify them."

The project, which is now in its final stage of development, has thus far taken nine months of work and revision. "When I worked with Caedmon's Hymn [circa 600 B.C.], obviously I didn't know the author personally, so it was easy to be objective."

Mrantz said she will continue to benefit from the project once it is completed. "I don't think an artist ever creates anything without drawing on past experiences, everything I do after this is essentially working with Nayan," Mrantz said. However, McNeill added, "I don't think we'll become another Rodgers and Hart team."

The central theme of the poem, "love," is the catalyst which inspires her artistic expression, Mrantz said. "The work is an amalgamation of science, art, religion, balanced by love. One of the things it says to me is there is really no conflict between science, art, literature and religion . . . that they can be equally loved and that they are."

**the group
gathers here**

SAN JOSE ART

87 Valley Fair Center 365 San Antonio Road
San Jose, Calif. 95128 Mt. View, Calif. 94040
249-8700 941-3600

HOURS: VF. M-F 9-9 / Sat 9-5:30 / Sun 12-5; MV. M-Sat 9-5:30

Ginger Rogers: Step by step to success

By LINDA WILCOX

Movie star of the '30s-'50s Ginger Rogers told a capacity audience at Flint Center Friday, Nov. 20, that she would "adore to make another movie." She was the second speaker in the Foothill Special Speakers Series.

Rogers starred in 73 films and several theater productions, and earned an Oscar for the movie "Kitty Foyle." "That was the most exciting time," said Rogers.

She related an anecdote of her first trip to Hollywood on the train with her mother Lela (who has been credited with being the force behind her successful acting career). "Who do you think would be on the train," remembered Rogers, "but Alfred Lunt and Lynn Fontanne, on their way to make their first movie. I had made five films, so I knew *everything* about the film business." She proceeded to warn them about the rough times ahead of them. "They never returned to make a movie again," Rogers added. The big irony? "Alfred Lunt and Lynn Fontanne presented me with my Oscar. That was a tough fight, Mom, but I won," she exclaimed.

'Cigarette me, big boy...'

Her struggle to stardom began in high school when she played leads in plays. Her big break professionally came after she entered a Charleston dancing contest in 1925, when she was 14. She won her first prize — a vaudeville contract. This eventually led to her first musical comedy, "Top Speed" (1929), which in turn led to her first feature film, "Young Man of Manhattan" (1929). This movie spawned the popular expression, "Cigarette me, big boy — now light it."



Ginger Rogers

"Girl Crazy," (1930) was the musical during which Rogers met Fred Astaire, who helped to produce the show. They later became a highly successful dance team in such productions as "Flying

Down to Rio" (1933), "Top Hat" (1935), "Shall We Dance?" (1937) and "Care-free" (1938). "I was just there and it happened," she said. They became good friends.

At the time Rogers first teamed up with Astaire, she was filming by day and performing in shows at night. "Let me give you a rough idea what this was like. I got up very early and drove to the studio. Then, screen makeup would be applied." As films in those days were mostly in black and white, "You looked very much like a lima bean." Then she switched to a more natural stage makeup for her nightly show. "I worked 120 hours and six days a week. It was very challenging, working morning, noon and night," Rogers commented. "It really taught me what work, work, work was all about."

Rogers needed "a more interesting diet of stories" after several years, however, so she talked to the president of RKO (Radio Keith Orpheum), with whom she had signed a contract. "That was difficult, as there was a new president every 10 months . . . Have you ever called a president by the ex-president's name?" Somewhat of a troublemaker in the film industry, she demanded better working conditions, a pay raise and four films a year — all of which she received. She broke through with "Stage Door" (1937), "Vivacious Lady" (1938) and "Kitty Foyle" (1940), for which she won her Oscar. "I keep it in the middle of the mantel," she said.

Rogers, now 70, still retains a head of platinum blonde hair and looks in good shape for her age. She divides her time between Palm Springs in the winter and Oregon in the summer. Rogers still tap dances occasionally (she mentioned that her dancing ability "has all come naturally") and only last week appeared on ABC's "20-20" as a friend of President Ronald Reagan's. She appeared with him in "Storm Warning" (1950).

Rogers ended her talk by responding to several questions from the audience, and commented, "Each rung on the ladder is important in getting there."

JC Statewide athletic championships in jeopardy

By BILL ANDERSON

There may be no statewide athletic championships next year for California community colleges, depending on the decision of the California Community and Junior College Association's sports commission.

At a meeting scheduled for Dec. 9-10, the CCJCA will decide on a recommendation made by one of its committees that all championships be limited to Northern and Southern California for the '81-'82 school year. Meanwhile, the Commission on Athletics will look into alternative sources of funding for the future, such as outside sponsorship.

Foothill President James Fitzgerald, along with De Anza President Robert

DeHart, proposed a resolution for the Golden Gate Conference which would limit their championships to Northern California and allow one day, or at the maximum two days, for playoff competition.

The explosion in travel and lodging costs are killing us...

"The state swimming championships, for example, last for four days," says Fitzgerald. "Not only that, but they

have separate competition for the runners-up." The Fitzgerald-DeHart resolution would also disallow any consolation games, or runner-up competition.

Fitzgerald says that the state championships have become a problem because "the explosion in travel and lodging costs are killing us, and there is too much unnecessary competition."

"When we had plenty of money, it was no problem. But lately, the college presidents have become more and more nervous over the situation," he said.

While the presidents of some California community colleges have already decided, for example, not to let their athletes travel more than 100 miles to compete, Fitzgerald says that this year's

teams at Foothill will not be affected. In fact, the soccer team is leaving for the South this weekend to defend their state championship, at the cost of \$4,100.

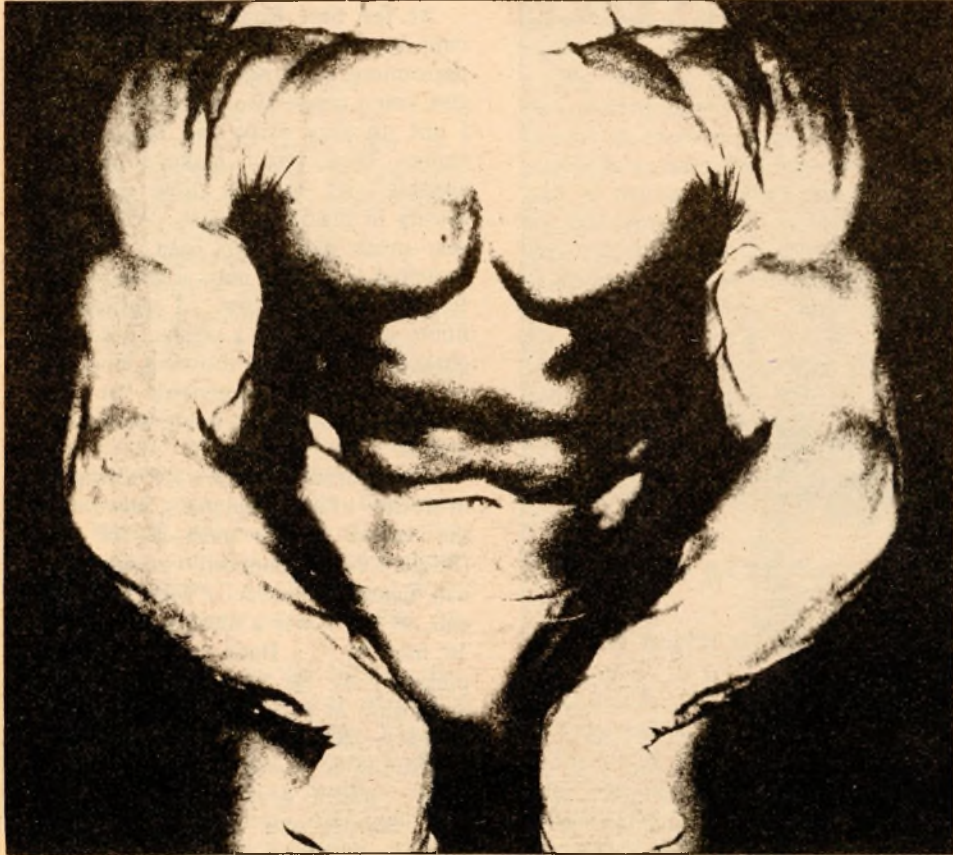
Fitzgerald explained that the college is only paying for \$2,000 of the total. The rest of the money will come either from the Co-curricular fund, or from the profits made by Foothill for hosting the state championship soccer match last year.

Fitzgerald insisted that he had to let the soccer team travel south this season. "How long would I last if I didn't?" he asked with a laugh. "I'd be out looking for another job tomorrow."

Next week: The coaches' and athletes' reactions.

Features

Bodybuilding club gaining strength



By STEVE JONES

In an effort to emphasize the positive, healthy aspects of body building, Foothill student John Font has started the Foothill Body Building-Powerlifting Club, which will sponsor a seminar on Friday, Dec. 11, at 7:30 p.m. in Appreciation Hall.

The seminar will feature 1981 Mr. Western America, Neal Spruce, as one of two guest speakers. The other speaker will be Pam Burgett, who finished third in the 1981 Miss Western America competition. The seminar will also include a slide presentation and a question and answer period with the speakers to help people gain further understanding of body building.

"The club hopes to familiarize people with body building, and let people know that it is a healthy, natural activity. One of the ways we can do this is by presenting something like this seminar," Font said in a recent press conference at Foothill.

Tickets for the seminar will be sold at the door at \$2 for students and \$3 for the general public. The club will also soon be sponsoring an on-campus screening of "Pumping Iron," a film starring famed body builder Arnold Schwarzenegger.

Font, president of the club, said that the club started Nov. 5 of this year and already has 35 members, 15 of whom are women.

Font formed the club with the aid of club faculty advisor Norm Manoogian, PE instructor, in an effort to meet specific objectives concerning body building. The first is to provide Foothill students, who are interested, or participate in body building, a place to meet and discuss the

sport. The club also offers beginners and novices the opportunity to learn and begin to participate in the sport with others. Font said the club also hopes to provide additional training hours in the weight room outside of regular school hours.

"The main reason for starting the club was to promote the sport in a positive way, and to give the growing number of body builders at Foothill a place to come together," Font said.

Font said the club, which meets Thursdays at 1 p.m. in the weight room, recommends that beginners take one introductory weight training class to achieve a basic foundation before actively joining the club.

'I want to...help bring it out of the closet.'

Font, 26, a psychology major and non-competitive hobbyist in body building, became interested in the sport when he took a weight lifting class at Foothill in 1978. According to Font, he started the club to bring body building into wider recognition.

"I want to promote the sport, help bring it out of the closet."

Font describes body building as "an art form. It is balancing the physique. In competition, the judges assess muscular size, definition of muscles, and symmetry of the entire body. Symmetry and balance are very important."

Australia, Europe and Japan all practice power lifting as a national event. Font says that the United States has only recently admitted to having a palate for it.

The ingestion of synthetic male hormones to reduce body fat and increase muscle mass has given body building a bad name, says Font. The drugs tend to stress the liver and kidneys, taking large amounts of water from the system, and over-working those organs, sometimes necessitating their removal. However, natural body building is becoming popular these days.

Font says he wants eventually to work counseling pre-teens, and though he is not interested in body building as a profession, he intends to always be physically active.

'...a good way to get in shape.'

Font said he stresses what is called balance body building as opposed to the type of building that promotes unproportional, over-sized muscle building. "I think balance building is a good way to get in shape, it makes the body look even and symmetrical. Both men and women should feel good to work toward this and be proud of their physiques," Font said.

Font said that he is trying to put an end to the stereotype of body building as an activity limited to advertisements in the back pages of "sleazy" magazines that offer instant strength to 98-pound weaklings.

"There have to be more things like this club to promote body building as a healthy activity that anyone can participate in," Font said.

Review

New Sound of Music

By PHYLLIS LEE

Imagine this: it is a very rainy night, you enter the Foothill auditorium, it is dark, you grope for your seat and direct your attention to a sound coming from the stage — but where is the instrument? As each sound follows the other, you become aware that on stage there is a lone figure of a man — with his hands in the air or at his sides or finger popping. The sounds are the voice of Bobby McPherrin.

A small Foothill audience was treated to the sound of Bobby McPherrin on a rainy night following the Jazz Clinic on Nov. 21, and the lasting impression of McPherrin is one of amazement.

Somehow McPherrin has created a new form of music which goes beyond a cappella or scat singing to a level which expands those styles to new limits. His vocal performance displayed an endless range of highs and lows which leave the listener wondering whether there is a full band playing off stage while McPherrin



Who says the sport of body building resides in male territory?

"Women make very graceful body builders," says John Font, president of Foothill's Body Building-Power Lifting club. Of the 35 active members, 15 are women.

"They build muscle tone without getting bulky like men, and maintain their femininity at the same time," Font said at a recent press conference. "Men are responding very well to seeing women participate in what has traditionally been an all-male sport."

lip-synchs to their beat.

McPherrin, 31, is originally from Manhattan and now lives in San Francisco where he conducts jazz clinics and gives private musical instruction. He is an accomplished musician who played clarinet, flute and cello with "top 40" bands before he turned to singing.

In an interview with the SENTINEL after the show, McPherrin said that as a child he listened to classical music, church music and jazz, but, he said, "When I started singing, I had to concentrate on developing my own style so I didn't listen to others because I didn't want to copy anyone."

McPherrin may rest assured that his style is uniquely McPherrin and deserving of a new category of its own. If the response of the Foothill audience is an indication, his success is assured.

McPherrin is about to release his first album on Electra Records, simply called: "A Cappella."

Special Edition

Second Annual Ski Issue



Special Editor - Carrie Siedenburg

© RICHARD 81

1981 Ski Season gets off to a great start

By MICHAEL J. HARRIS

As winter hits California, skiers don parkas, ski hats and goggles, equip their vehicles with snow chains, studded tires, anti-freeze, gather their needed paraphernalia of skis, boots, brandy and head towards the mountains of Northern California. The 1981-82 ski season got off to a good start this year with reports of

three feet of snow at some Sierra resorts.

Along with early snowfall comes the news that many resorts are not increasing their rates much above last year's ski lift prices. Slide Mountain and Tahoe Donner have kept their rates at \$9 and \$10 respectively.

Badger Pass, Boreal, Dodger Ridge, Donner Ski Ranch, Homewood, Mount

Rose, Sierra Ski Ranch, Soda Spring and Tahoe Ski Bowl rates are from \$11 to \$15.

Home of the 1960 Winter Olympic's, Squaw Valley didn't follow suit, however, and raised its lift tickets to \$20, making it the third most expensive ski run in the country, preceded by Aspen, Colo-

rado (\$22) and Stratton Mountain in Vermont (\$23).

Lassen Park, located 49 miles east of Red Bluff, came in first with lift tickets costing only \$7.

For all information concerning road and ski conditions, call the California State Automobile Association at 415-864-6440.

No snow no problem

By PHYLLIS LEE

September might seem a little early to bring out the ski equipment and take off for the slopes, but when the best mountain is in San Carlos and ski conditions are perfect — who am I to argue? In fact, I'm elated that skiing has come to San Carlos all year long and skiers need never worry about something as insignificant as snow.

Before you assume that I've fallen off the hill head first, let me tell you about the Moving Mountain.

Located in San Carlos, Linde's Moving Mountain is a white carpeted indoor ski deck, which gives skiers and non-skiers alike the opportunity to improve their skills without snow.

The mountain moves at approximately 5 mph in an upward direction similar to a conveyor belt. Although the nap of the carpet is a bit easier to read than the slope of a real hill, watching anything move under your skis is an experience that takes a while to get used to.

The trick on the carpet, as on the snow, is to look down the hill, but the beauty of this mountain is that it's not too long and when you look toward the bottom you see yourself in a strategically located, very large mirror. Viola! Now you can see what you look like, and face those expensive mistakes you continue to make season after season in Tahoe.

To help you deal with the realities of your skiing posture and bring you along to where you want to be when you ski off the chair (in the snow), Bob Hutchins and Greg Linde instruct beginners in basics and teach experienced skiers how to reach new plateaus.

The quality of instruction on the deck is incomparable to instruction on the snow because learning on the deck allows the teacher to place your skis when necessary or hold your hand when rhythm is the problem. Beginners start on the deck



Bob Hutchins lends a hand to an anxious student.

Photo by Carrie Siedenburgh

without poles, so the importance of training the legs to respond quickly and accurately comes before upper body considerations. All this one-on-one instruction inevitably builds confidence. Instant feedback on the indoor mountain prevents costly habit-forming mistakes in the snow.

Skill on the deck results from the over-riding required to remain on the carpet and the keen sense of balance necessary to overcome its dizzying effect. Once you've become accustomed to carving turns (in one spot) on the deck, with practice your performance improves immensely on the snow. In other words, what you teach your body on the carpet travels with you to the snow.

When you go for it on the Moving Mountain, be prepared to exert yourself

in the process. One hour on the mountain can exhaust the most experienced skier because the only breaks come when you ask, and there are no lift lines to rest in, here. As a result, ski-muscle building comes with the territory.

Skiing in San Carlos long before the first snow, with first rate instruction and the ability to see your mistakes, is an anxious skier's dream come true, and a beginner's chance to experience skiing in a nurturing environment.

In addition to Linde's Moving Mountain in San Carlos, Any Mountain in Cupertino operates a ski deck. Both provide skis, poles and boots for deck users, included in the price of a lesson. Also, both offer open deck time for skiers who wish to practice on their own.

Kirkwood offers racing

By JULIA SIDERIS

One of the closer South Shore ski resorts is Kirkwood. Located 30 miles south of Lake Tahoe, on Highway 88, Kirkwood is approximately a three and a half hour drive from the Foothill area.

It is comprised of two base lodges, both with restaurants and bars, ski shops and rental facilities, and hosts nine lifts and 50 runs.

Kirkwood offers a ski school with special ski instruction and care for children. Instruction is available for skiers of all abilities. They offer two-hour group lessons, or private instruction. A single group session is \$15, and a one hour private lesson costs \$25.

The children's program, "Kinderski," is for kids 4-12. These are group sessions with private instruction. The cost for a half day is \$12. There is also a day care center for parents with young children, for whole or half day time periods.

Kirkwood also offers a chance for people to begin competition. Titled NASTAR, it is open to recreational skiers of all abilities. Competition is based against your own best time. Awards are bronze, silver, or gold medals. NASTAR is held Wednesday through Sunday at 1 p.m. Registration begins at 1 p.m. in the main lodge. The entry fee is \$3 for one run, and \$2 for re-runs. They also offer a group racing clinic for \$15, which includes the price of one run.

The nine runs cover approximately 2,000 miles of varied skiing terrain. They range from very easy, to runs that would offer even the most advanced skier a challenge. There are two first aid stations located at opposite ends of the resort, at the top of two advanced runs.

Get your act together before you hit the slopes

When you take your skis and boots out of storage this season, don't expect to be able to hop aboard and ski away. Make some preliminary checks before you go. Your ski bases should be flat and waxed, the edges sharp, your bindings operating smoothly, and your boots in ski-ready condition. Use this checklist on pre-season equipment condition before you go.

Boots

- _____ Liners are dry and clean. No mildew, no cracks in the tongue, no foam or flow material leaking from the seams.
- _____ Shell soles are clean and not badly worn; original surfaces at toe and heel are undamaged for good binding interface.

- _____ Buckles are in place and unbroken.
- _____ No cracks or broken rivets in shell; snow dam still seals toe adequately.
- _____ Boots still fit closely and comfortably.

Bindings

- _____ Bindings close smoothly on boots.
- _____ No corrosion evident; toe unit rotates smoothly.
- _____ Antifriction pad clean, un-scored.
- _____ Mounting screws are tight.
- _____ Ski brake or safety strap operable and undamaged.
- _____ Ski shop has checked clearances, lubricated and approved bindings for use.

Skis

- _____ Bottoms flat, not railed or convex.
- _____ Bottom edges sharp, smooth.
- _____ No rust on edges, no evidence of edge pulling out.
- _____ No deep gouges in base or sidewalls.
- _____ Top edges deburred, no evidence of edge pulling out.
- _____ No evidence of warping or delaminating.
- _____ Tip and tail protectors deburred, no evidence of structural damage where they are glued to ski.

Poles

- _____ Poles relatively straight, no cracks or deep gouges in shafts.

- _____ Baskets whole, unbroken.
- _____ Grips seated solidly.
- _____ Straps unbroken.

Goggles

- _____ Lenses clear, unscratched, not cracked.
- _____ Strap unbroken.

Many necessary repairs can be handled at home with duct tape and epoxy. Inner-boot fix-ups, most pole repairs and base finishing of skis are home workshop projects. Repair work on boot shells and buckles, bindings and ski edges should be taken to a competent ski shop.

Ski the Sierras

Choosing a ski resort that suits you, the skier, can sometimes be quite a dilemma. Whatever your preference, now is the time to make plans before this great new ski season is fully underway. In order to make it easier for you, the following guide contains essential information on the most popular ski areas in the Sierra's. This guide contains reservation numbers and addresses so you can receive additional information. The prices of tickets, lessons, and rentals are also included.

Photo by Carrie Siedenburg



Los Gatos Skier, Greg Schmidt, enjoyed Sunday's powder.

ALPINE MEADOWS

Lifts: 10 double chairs, one T-bar, two Pomas. Prices: lift tickets, \$19; lesson, \$20; rental, \$14. Snowmaking: 2 percent (38 acres). Accommodations: 10,000 within a 10-mile radius; reservations 916-583-1045.

This area attracts both families and powder skiers. The atmosphere is tranquil and is known for its spectacular views of Lake Tahoe, with plenty of accommodations in nearby Tahoe City.

Information: Box Am, Tahoe City, Ca. 95730. Phone 916-583-4232.



Photo by Carrie Siedenburg

Heavenly Valley offers spectacular views on the trail to the Nevada slopes.

HEAVENLY VALLEY

Lifts: one aerial tram, two triple chairs, 14 double chairs, two Pomas, five mitey-mites. Prices: lift tickets \$18; lessons \$12; rental \$12. Snowmaking: 5 percent (70 acres). Accommodations: 24,000 within a 10-mile radius; 3,000 slope side reservations, call 702-588-4584.

Heavenly Valley is only a few miles from four glittering casinos which provide exciting night life for all skiers. Heavenly is also considered the largest ski area in the U.S. with 20 miles of lift-served skiing.

Information: Box AT, South Lake Tahoe, Ca. 95705. Phone 916-541-1330.

NORTHSTAR AT TAHOE

Lifts: two triple chairs, six double chairs. Prices: lift tickets, \$18; lesson, \$12; rental, \$13. Snowmaking: 2 percent (25 acres). Accommodations: 800 within a two-mile radius, 160 slopeside, for reservations call 916-562-1113.

This ski area attracts vacationers who like the feeling of a mountain hide-away. Northstar is located at the north end of Lake Tahoe in a natural wood-based village neatly hidden in a dense forest.

Information: Box 129, Truckee, Ca. 95734. Phone 916-562-1010.

SQUAW VALLEY USA

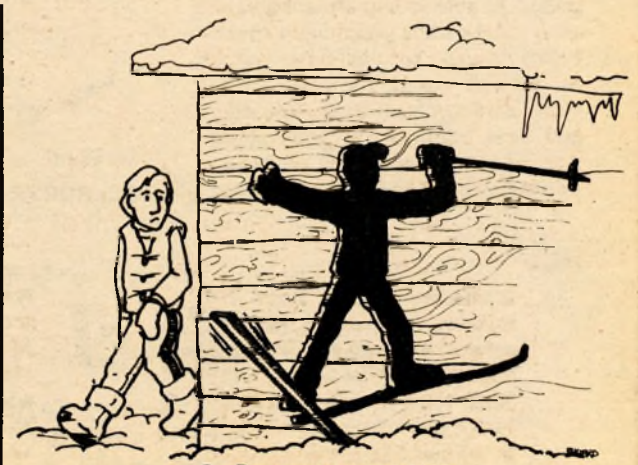
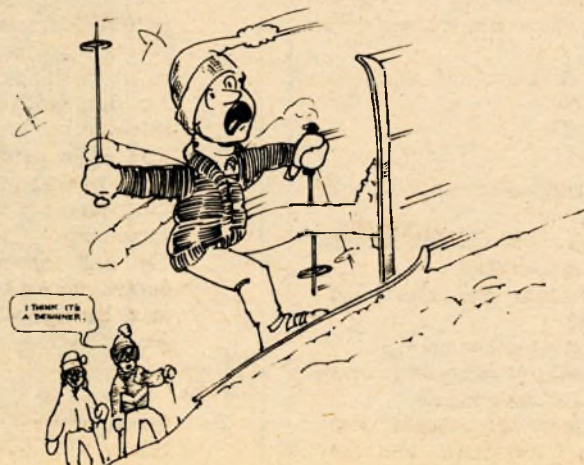
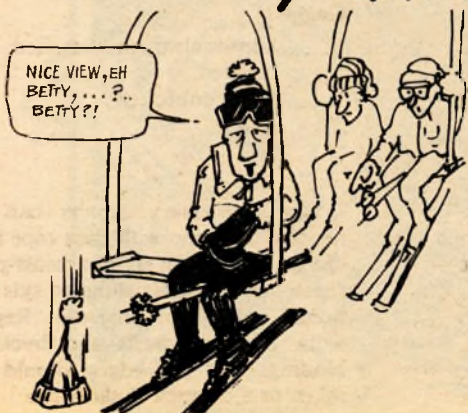
Lifts: one aerial tram, one gondola, two triple chairs, 19 double chairs, three Pomas. Prices: lift ticket \$20; lesson \$13; rental \$12. Snowmaking: none. Accommodations: 6,000 within a 10-mile radius, 1,800 slopeside.

A large Bay Area attraction which features skiers of all abilities in enormous numbers, Squaw Valley is considered one of the best resorts in the U.S. and has slopes to challenge even the most accomplished skier. This spectacular resort also has night skiing available on two of its runs.

Information: Box 2007, Olympic Valley, Ca. 95730. Phone 916-583-6985.

All prices quoted here for these resorts are based on the 1980-81 season. Lift ticket prices are for adults-all day; lessons are 1/2-day-adult; rentals quoted here include boots, skies and poles. Make note that prices are subject to change.

Ski Tips by RICHARD





Unplanned stops needn't be unpleasant.

Learn to enjoy your mistakes

For many skiers, errors in technique result in self-criticism of varying intensity. For example, a skier says to himself: "I'm sitting back . . . Well, lean forward, you dummy. Get on the front of those skis!" While this reaction is typical of many skiers, the desired improvement is not usually forthcoming.

An error is simply a misjudgment which is literally loaded with information

about a particular movement. If the information is accepted calmly as part of the learning process, it can be used to develop better movements.

To improve your learning on skis, replace self-criticism with a quiet acceptance of errors as misjudgments which can ultimately help you to improve your skiing.



**TRY THE
ROCKIES
FOR SNOW!!**

**COPPER MTN., SNOWBIRD,
ALTA, PARK CITY, VAIL,
STEAMBOAT, ASPEN
AND MORE.**

Wide variety of ski packages available,
even club med!

Stop by or call for information.



**360 So. San Antonio Rd
Suite 12 Los Altos
941-4442**

Apres ski

Tahoe offers after skiing fun

By JULIA SIDERIS
& CARRIE SIEDENBURG

A large part of the fun in skiing begins after the skiers have left the slopes, or as the French would say, "apres-ski." The Lake Tahoe ski resorts are ideal for the skier who manages to save a little energy for the evening. Both the North and South Shores offer a complete spectrum of activities ranging from fine dining and night club acts to ice skating and snowmobiling.

If, after a long day on the slopes, you crave a change of pace and a fine meal, you can ride Lake Tahoe's only glass elevator to Harvey's "Top of the Wheel." After a relaxing meal, you can wander through the many South Lake Tahoe casinos and try your hand at the wheels of fortune.

If gambling doesn't appeal to your tastes, the casinos also offer a wide variety of evening entertainment. Peggy Flemming is appearing at Harrahs Tahoe in the South Shore Room until Dec. 26. Caesar's Tahoe will then be featuring Boz Scaggs from Dec. 26 through Jan. 2 in its Cascade Room.


A livelier atmosphere can be found at the Freel Peak Saloon, located on Highway 50 at Meyers' Trading Post. On Fri-

day and Saturday nights they offer live music and dancing. Carlos-Murphy's, also on Highway 50, offers a unique blend of Irish Pub and Mexican restaurant that guarantees fun for someone who enjoys people-watching.

For the down-to-earth skier with energy to spare, Squaw Valley has an Olympic-sized outdoor ice rink. On the South Shore, Tahoe Paradise offers ice skating; snowmobiling can also be enjoyed on its half-mile track.

But if you are one of those skiers who believes in giving your everything to the mountain, don't despair. There is even something available to help you ease those aching muscles. Hot tubs are available to the guests of many of the local hotels, or you may rent one by the hour as close to the slopes as Ski Run Blvd. If what you need is a full day of recuperation, Walley's Hot Springs Resort may be just the place for you. There you can enjoy full day spa privileges soaking in one of their six hot mineral springs, or plunge into the large, cool pool.

Whatever your pleasure, a night on the town or a quiet evening with someone special, Lake Tahoe is bound to have something for you.




**RENT
THE BEST!**

K-2 SKIS Boots & Poles Salomon Bindings	\$ 15.95
SKI RACK TOP	Only \$ 7.50
BOOTS Children's 10-4 Adults 5-14	\$4.95 \$5.95
BIB OVERALLS Children's Adults	\$7.00 \$10.00
K-2 SKIS or Dynastar Skis, Poles	\$12.50
SKIS • BOOTS True X-Country	Only \$12.00

Reservations Available

968-4401

2485 Old Middlefield Wy.
MTN. VIEW
btwn. Bangsford & San Antonio
Open Thurs. nights 11-8pm



News



Japanese folk art

Japanese Folk Art on exhibit

"Folk Art of Japan," including decorative animals, figures, kites, and games from six different districts of Japan, is on exhibit in the showcases in Hubert H. Semans Library at Foothill College through Jan. 6.

The artworks were taken from the collection of Robert Harrington Skiles, a resident of Big Sur who lectures at the Museum of Art of the Monterey Peninsula and has traveled extensively in the Far East. According to Skiles, they show

the variety of styles, themes, and materials characteristic of each district. Although many are "toys," originally assembled to encourage the creative process in children, they are often exchanged by adults as mementos and souvenirs at festivals and other celebrations in Japan.

The free exhibit will run through Dec. 18 and Jan. 4-6. Hours are 8 a.m. to 9 p.m., Mondays through Thursdays, and 8 a.m. to 4:30 p.m. Fridays.

ASFC presses toward filling vacant positions

By MARCI OSBORNE

Two pressing goals currently posed before the ASFC are filling several vacant Senate seats and obtaining a new van for Foothill, said Senate member Kris Diasio in a recent interview.

"At present, the 19-member Student Council is actively seeking four or five more members and is also exploring the possibility of purchasing a new van to be used for any school-related purpose," said Diasio, a member of the task force assigned to find new revenue for student government.

The van, if purchased, will be available for almost any school-related purpose — whether a club outing or a class field trip, Diasio explained. Foothill has owned such vans previously, but they have long since worn out, she said.

Anyone holding the \$8 student body card and possessing some kind of leadership abilities is welcome to run for a student council seat, Diasio said.

According to Diasio, 20, who is be-

ginning her third year as a Fashion Merchandising major, Foothill's student government is deeply involved in the welfare of the campus. The student council receives money from the school and also holds its own fund raising events such as bake and flower sales, then uses it to help all areas of the campus that request aid. Said Diasio, "The money is constantly being recycled. We want to help everyone, if we can."

"We encourage people from all disciplines and all walks of life. We don't discriminate on account of age — we've had people from 17 to 40 in the student government. And 'leadership qualities' can be just about anything — belonging to a club or being an assistant manager at work, for example," said Diasio.

Those interested in holding one of the vacant Senate seats are invited to attend student council meetings, held every Thursday from 2 to 5 p.m. in its chambers located opposite the bookstore in C-31.

Students meet to form coalition on issues

By JENNIE TROSSMAN

Students from eight Bay Area campuses are holding a meeting titled "Toward a Regional Progressive Student Coalition," Dec. 6 at Stanford University.

On Nov. 15, 30 representatives from eight campuses — Berkeley, De Anza, Diablo Valley, Foothill, Laney, Santa Barbara, Santa Cruz and Stanford — met and exchanged information, resources, and ideas. They agreed to work together on the Bilateral Nuclear Weapons Freeze campaign and other projects, initiated work on a joint speaker tour on a statewide progressive conference and planned outreach for their upcoming meeting this Dec. 6.

All groups which consider themselves progressive are encouraged to participate. They believe that progressive groups can most effectively accomplish their goals through cooperation.

Through building a network, they seek to further a movement which "supports the equality of all people, fights for social and economic justice, strives for peace,

and presents a positive alternative to the Right," according to Larry Ausabel, with Stanford Against Conscription.

The meeting will be at the Center for Educational Research (CERAS), Room 204, at 11:30 a.m. on the Stanford Campus. For more information phone 415-493-1567.

Some of the issues the group has been focusing on include the draft, Central America, the arms race, budget cuts, the ERA and reproductive rights.

Evening of humorous readings planned

Marcia Frederick's class in Oral Interpretation will present an evening of humorous readings at 8 p.m. Monday, Dec. 7, at the Studio Theater on the Foothill College campus. Admission is free to the public. No-host refreshments will be served during intermission.

A final reminder

FOOTHILL COLLEGE
FINAL EXAMS SCHEDULE

Classes scheduled to meet: DAILY, MWF, MW, WF and 4 DAYS

REGULAR CLASS START TIME	FINAL DAY	DATE	TIME
8 a.m.	Monday	Dec. 14	8-10 a.m.
9 a.m.	Tuesday	Dec. 15	9-11 a.m.
10 a.m.	Wednesday	Dec. 16	10-12 noon
11 a.m.	Monday	Dec. 14	11 a.m.-1 p.m.
12 noon	Tuesday	Dec. 15	12 noon-2 p.m.
1 p.m.	Wednesday	Dec. 16	1-3 p.m.
2 p.m.	Monday	Dec. 14	2-4 p.m.
3 p.m.	Thursday	Dec. 17	3-5 p.m.

Classes scheduled to meet: TUESDAY & THURSDAY ONLY (TTh)

8 a.m.	Wednesday	Dec. 16	7:30-9:30 a.m.
9 a.m.	Thursday	Dec. 17	7:30-9:30 a.m.
10 a.m.	Thursday	Dec. 17	10-12 noon
11 a.m.	Thursday	Dec. 17	12:30-2:30 p.m.
12 noon	Tuesday	Dec. 15	2:30-4:40 p.m.
2 p.m.	Wednesday	Dec. 16	3-5 p.m.

ONE DAY PER WEEK CLASSES AND INDEPENDENT STUDY CLASSES HAVE FINALS AT TIMES ESPECIALLY ANNOUNCED BY THE INSTRUCTOR

EVENING AND OFF-CAMPUS CLASSES

Includes main campus evening classes and all Mountain View Campus (day and evening), Palo Alto Campus (day and evenings) and off-campus (day and evening).

FINAL EXAMS WILL BE HELD DURING NORMAL CLASS HOURS ON THE FIRST CLASS MEETING DAY OF FINALS WEEK: DECEMBER 14 - 17.

IMPORTANT NOTE: FINAL EXAMS WILL BE HELD DURING THE LAST SESSION OF EACH CLASS. PLAN TO TAKE YOUR EXAM AT THE LAST CLASS MEETING.

News

Students join fight against arms race

By JENNIE TROSSMAN

Foothill students Aaron Ayotte and Jane Grossman are going to collect petition signatures for the California Bilateral Nuclear Weapons Freeze Initiative on campus next week. The initiative calls for a halt to the arms race in order to prevent a nuclear holocaust. Petitions will be available for signatures on a table in front of the campus bookstore.

Supporters of the Freeze want the moratorium to be verified by national means, then have negotiations to incorporate the moratorium in a treaty.

The initiative states "The people of the state of California . . . do hereby urge that the government of the United States propose to the government of the Soviet Union that both countries agree to immediately halt the testing, production and development of all nuclear warheads, missiles, and delivery systems . . ."

Supporters of the initiative believe that security is not reduced, but increased, by the growing danger of nuclear war between the United States and the Soviet Union.



Atomic cannon test, Nevada desert, May, 1952.

To accomplish this, "petition parties" are scheduled for next week across the state to kick off the beginning of signature collection, to raise money, and to recruit volunteers for circulating more petitions.

Each petition party has a host and co-host who are supposed to invite eight people. With this strategy they hope parties will be well attended and the work evenly divided. Foothill student Jane Grossman said, "The Freeze is a great opportunity for everyone to become more educated to the serious problem of nuclear weapons buildup. It is not some radical communist plot - it's a pragmatic and important step in preventing a nuclear holocaust."

"I recently returned from Europe," Grossman continued, "and was impressed by the amount of activism by the students. Our apathy and inaction is shameful, and it's high time we got things rolling," she emphasized.

'Our apathy and inaction is shameful...'

According to the December, 1981 issue of the New Republic magazine: "... the United States and the Soviets are engaged in a nuclear arms race with arsenals equal to the explosive power of a million Hiroshima bombs. Each builds two or three new ones daily. There are enough bombs now to kill 100 billion people, although there are only 4.15 billion people on earth . . . Given Reagan's imperative - that the United States only negotiate from a position of strength - the Administration seems less committed to the approaching arms talks than the danger of the arms race dictates."

Foothill student Aaron Ayotte said, "The sheer number of thermonuclear

weapons - some 50,000 megatons already in existence and deployed in various modes is totally mind boggling. To introduce, build or test any more nuclear weapons would be purely redundant. I feel that the California Freeze initiative is a logical first step down the long road to bringing a halt to an increasingly perilous nuclear arms race."

The New York Times reported recently that demonstrations for world peace and disarmament drew crowds of 100,000 Rumanians on Nov. 21, and 300,000 in Amsterdam on Nov. 22. The demonstrations took place before the scheduled arrival in Bonn of Leonid Brezhnev for talks on arms control on Nov. 23.

Reagan supports the "zero option" plan - cancellation of the North Atlantic Treaty Organization's 1979 decision to deploy the modern U.S. Pershing and Tomahawk cruise missiles, if the Soviet Union will break down its modern SS-20's and two other less potent types.

In recent weeks Bonn, Rome and Brussels drew about 200,000 demonstrators each in anticipation of the U.S.-Soviet talks in Geneva on limitation of medium-range missiles.

In a Gallup poll, printed in the Oct. 5, 1981 issue of Newsweek, 50 percent of those surveyed stated that they believe any war between the United States and the Soviet Union would result in an all out nuclear war.

Reagan supports the 'zero option' plan.

Kristine Peterson, organizing the Bilateral Nuclear Freeze Initiative petition drive in San Mateo and Santa Clara Counties, is coordinating the petition gathering and voter registration for the two week "kick off" drive Dec. 2-16.

"It is not at all a partisan issue with a political line. It's exciting to see people from all walks of life supporting this. There is a broad spectrum of people, organizations, and churches getting involved," Peterson said.

Groups supporting the initiative include the Abalone Alliance anti-nuclear power organization, the Sierra Club, the Ecumenical Outreach Council of Palo Alto, the Catholic Archdiocese of San Francisco, the National Council of Churches, the California Gray Panthers, Physicians for Social Responsibility and the Women's Party for Survival.

"We can have a strong, secure defense and stop this perpetual competition in the arms race with the Soviet Union," Peterson said. "We need to stop where we are now. This is a realistic initiative, a true beginning. It is the first step in halting the development of even larger, more destructive weapons by both the United States and the Soviet Union."

'not some radical Communist plot'

To place the initiative on the ballot for November, 1982, 350,000 valid signatures of California voters must be collected between December, 1981 and April, 1982.

Film relates horrors of nuclear warfare

By LISA PIERCEY

"Our generation has got to take a stand on this issue, it is our only hope for a future," said one student after seeing "The Last Epidemic," a film on the medical consequences of nuclear war. The film was shown on campus Tuesday afternoon to an audience of 50 students.

"I was shocked," said another student. "I didn't realize how horrible nuclear war really is." Filmed during a national conference held by Physicians for Social Responsibility, the movie featured the testimony of prominent medical experts. According to one specialist, Dr. H. Jack Geiger, if a one megaton bomb were dropped on a large population center such as San Francisco, 94 percent of the population would be annihilated.

In addition to the immediate death of those in a 10-mile radius from the center of the blast, many would die hours to days later from lethal doses of radiation, third degree burns, and contamination from poisoned food and water. Geiger concluded that only man's "instinctive aversion to communal suicide" would save him from a nuclear holocaust.

Other speakers in the film referred to the current administration's casual discussion of limited nuclear warfare as "fantasy" and "madness." The film reported that there are now 50,000 large-scale destructive nuclear weapons in existence worldwide. The nations collectively spend \$60 million per hour to increase that number.

Physicians for Social Responsibility (PSR) is an organization of 7,000 doctors and medical students nationwide dedicated to educating about the effects of nuclear war and urging a halt to the arms race. PSR is a non-profit, non-political, educational organization. It was founded by Dr. Helen Caldicott, a Boston physician and mother of three who began PSR out of a concern for the widespread ignorance on the actual medical implications of a nuclear exchange.

"The Last Epidemic" will be shown again in late January followed by a speech from a member of Physicians for Social Responsibility. Afterwards, students will have the opportunity to participate in a discussion about what one can do to help curb the arms race.

For the first time since 1850...



WHAT MUST BE THE STRANGEST PAIR OF JEANS EVER MADE ARE FINALLY MADE TO FIT WOMEN.

Levi's® original button fly blue jeans - in a denim that shrinks so much, you'll need real faith to buy them. But, oh, what a fit!



Your washing machine "tailors" the 501 to hug every curve.

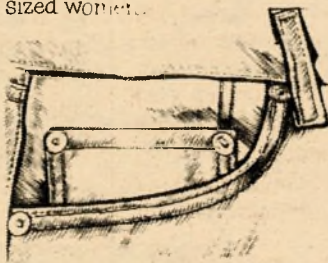
What separates 501's from the jeans you're accustomed to wearing is our exclusive "XXX" all cotton denim. In the store, you'll find that the jeans feel stiff, look dark, and are much bigger than the size indicated.

But trust what we tell you: after just three washings, the length, waist, hips - everything - shrinks permanently to fit like no jeans you've ever worn. A few more washings, and the fabric "breaks in" to become softer, lighter in color, and extraordinarily comfortable.

The jeans that won the west have discovered women.

For over a century, the only way a woman could get authentic 501 Blue Jeans was to buy a pair made for men.

But now, at long last, we've started making those same rugged shrink-to-fit jeans for junior sized women.



Same metal buttons on the fly. Same copper rivets on the front pockets and red Levi's "tab" on the back pocket. Nothing has been changed but the fit. To fit you perfectly.

The older they get the better they look.

In many parts of the world, a washed-down and broken-in pair of 501 jeans are more desirable than a brand new pair. Because despite the after-washing softness, a good old pair of 501's is still as tough as nails. (Remember, it's that old 501's never really die.

They just sort of "fade away.")

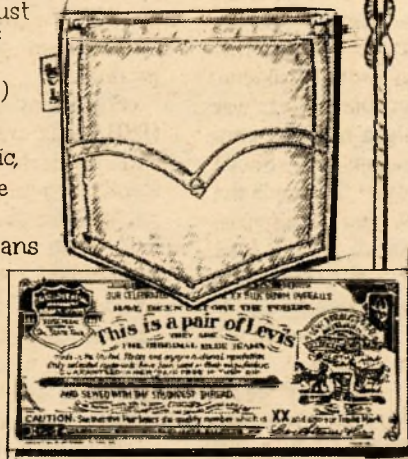
With their button fly and shrink-to-fit fabric, Levi's 501 Blue Jeans probably are a little strange. But try a pair for yourself.

After you've worn the very first blue jeans ever made, you may find everything else running a distant second.

501

Levi's
WOMENSWEAR

Look for 501's in The Junior Department.



News

Sheridan to perform ERA benefit concert

By LESLIE FARMER

Singer and songwriter Terri Sheridan will give a concert of original songs benefiting the Equal Rights Amendment on Saturday, Dec. 5 at 8 p.m. at St. Andrews Methodist Church, 4111 Alma St., Palo

Alto.

The concert will mark the conclusion of the National Organization of Women's Awareness Week.

Peninsula supporters of ERA point out that local efforts to win over doubt-

ful states are crucial, since, although California has ratified the national ERA, it has no state amendment. If the nationwide effort should fail, the state will be left without an equal rights law.

The donation for the concert is \$5 for adults, \$3 for senior citizens and children under 12. Free child care will be provided for children under five.

ERA supporters who cannot attend the concert but wish to show their support can send contributions to: Concert,

Palo Alto NOW, PO Box 135, Palo Alto, Ca. 94302.

Tryouts for 'Equus' scheduled

Tryouts for the Foothill production of "Equus," by Peter Shaffer, will be held Dec. 14 and 15 at 7:30 p.m. in the Foothill College Theatre. The tryouts will be open to Foothill students and the general public. Perusal copies of the play script are available on three-day reserve in Semans Library on Campus.

The final production of "Equus" will be presented in February of 1982. Rehearsals begin Jan. 4. For further information contact director Jay Manley, 948-8590, x272.



MEET THE INVENTOR

Math Instructor Ken Rand

AT Foothill COLLEGE BOOKSTORE

Monday, Dec. 7 — Friday, Dec. 11, 10 a.m. - 2 p.m.

IN THE CHIPS - THE LOCAL INVESTMENT GAMES



Each IN THE CHIPS game relates to a specific city or area. Travel on the main streets and highways. Work for a major company. Read the local newspaper and make transactions with local banks, realtors, and car dealerships. Make your wealth through wise investment decisions.

DOTTO



DOTTO, the new international strategy game with instructions in four languages. Players line up three or more dots of the same color to score points in horizontal, vertical, and/or diagonal directions. Not as simple as it appears to be, DOTTO a unique concept in game strategy.

RUNNERS WORLD MARATHON



Get ready to move fast and take risks - for you're in your favorite marathon running for records. Strategy is up to you as you change your pace to avoid obstacles and injuries throughout the new RUNNERS WORLD MARATHON GAME.

Tega-Rand International

Calendar

- Thursday, Dec. 3
 - De Anza College Symphonic Band Concert, Flint Center, 8 pm. Tickets: \$4 general/\$3 students and seniors.
- Friday, Dec. 4
 - Chorale for Christmas & Community Sing, Flint Center, 8 pm. Tickets: \$4/\$3 students, seniors and children.
- Friday-Saturday, Dec. 4, 5
 - "Short Course" Survey of Electronics, Foothill, Rm. S-25, 7-10 pm Friday and 9 am-4 pm Saturday. Fee: \$40. For information call 948-2587.
- Saturday, Dec. 5
 - Environmental Study Area Tours, De Anza campus. For reservations call 996-4946.
- Sunday, Dec. 6
 - Armchair Traveler: "Hungarian Homecoming," Flint Center, 7:30 pm. Tickets: \$4/\$3 students and seniors.
 - Foothill Evening Chorale, Foothill College, Rm. A-80, 7 pm. \$4 at door.
- Monday, Dec. 7
 - Public Board Meeting, District Administration Bldg., Foothill Campus, 8:15 pm.
- Monday-Thursday, Dec. 7-10
 - Christmas Crafts Fair, De Anza Hinson Campus Center, 10 am to 8 pm.
- Tuesday, Dec. 8
 - Tuesday Flick, "And Now For Something Completely Different," by Monty Python. De Anza Forum Bldg., Rm. 1, 12:30 and 9 pm, Forum 4 at 3 pm. Tickets: \$1.75/\$1 students.
 - Foothill Jazz Ensemble, Foothill College Theatre, 8 pm. Tickets: \$3/\$1.50 students and seniors.
- Wednesday, Dec. 9
 - Shari Lewis Christmas Concert, Flint Center, 7 pm. Tickets: \$20 for family of four/\$6.50 general/\$5.50 students and seniors/\$4.50 children 12 and under. Tickets available at Flint Center Box Office and De Anza's Community Services Office.
 - Foothill Mime Ensemble, Foothill Studio Theatre, A-31, 7:30 pm. Admission \$1.

Sports

Soccer team boots its way to State



Gregg Skeggs lines one up.

By CHRISTINA ROSCH

The Foothill soccer team's hopes for a flawless play-off record were shattered last Saturday as they fell to Canada in the Nor-Cal finals.

The first seed Nor-Cal team survived the sudden-death first and second rounds of the Nor-Cal playoffs, acing out Skyline College 5-0 and Santa Rosa 1-0 respectively.

Women's basketball team fast breaks to 3-1 start

By JEFF JOHNSON

The Owl's women's basketball team, lead by forward Sandy Reed, ran its record to 3-1 with a 57-50 victory over visiting Hartnell, last Monday night.

Reed, who was named as an all-league player last year, scored 24 points against Hartnell, thus running her season average to 19.7 points per game.

The next competition for Foothill will be the four-team, Cabrillo tournament, Nov. 4-5.

Cabrillo is the only team to have beaten the Owl's this year, and they will be the first team that Foothill meets in the tournament. Gametime is 8 p.m., Nov. 4.

"The last time we played Cabrillo, we had 35 turnovers and we just could not score," said coach Ken Morgan.

Morgan also commended the fine play of Terry Hernandez (who is the guard calling the plays), Rose Tom, Connie

Dueling for the Northern California title and state-tournament seedings Saturday on Stanford's Harry Maloney Field, Canada upset Foothill with a 2-1 victory and snatched the Nor-Cal title.

The Nor-Cal finals game against Canada was just a stepping stone on the state finals and as the four-time defending state-champion Foothill team has proven in the past, you don't have to win the Nor-Cal title to win the State title.

Thompson, Jane Senior and Cindy Neill.

Morgan said that his team has the potential to be very good, but it is too early to tell just how good.

The women's team will open its league play in January, 1982.

Foothill was assured advancement to the state tournament, to be held this weekend at Golden West College in Huntington Beach, as one of the top two

'... we'll bring home that trophy.'

Nor-Cal teams after subduing the highly aggressive, fifth seeded Santa Rosa team.

Coach George Avakian is not in the least bit skeptical about the team attaining the state title and claims, "If we play up to our full potential this weekend, we'll bring home that trophy."

Unfortunately, the team did not exhibit its full potential Saturday when matched against Canada, nor did they walk off Maloney Field victors as they did Wednesday with the Santa Rosa defeat to their credit. "I'd be generous if I said the team used even 50 percent of their playing ability against Canada," stated Avakian.

Canada took an early initiative Saturday afternoon, heading the ball in past Foothill goalie Greg Petersen in the first half. Rallying an attack on Canada's early lead, forward Willie Molano challenged Canada's goalie with a series of near-miss attempts and finally forward Bobby Grochau booted in the Owls' first goal with an assist from Molano.

Canada then struck back, scoring the final goal of the game despite Foothill's fruitless attempts to even the score.

Canada's victory proved to be a major upset and obvious disappointment plagued the Foothill team and the fans alike.

When the two teams had squared off in two conference games earlier this season, Foothill suppressed Canada 2-0 on one encounter and tied on the other.

Avakian finds "many reasons, but no excuses" for the loss. "Canada definitely played their best soccer game ever in the history of the college on Saturday," stated the Owls' coach.

Other reasons cited by Avakian included poor water drainage on the Foothill soccer field which allowed the team to practice only once out of the 12 days prior to the game, and his feeling that

the team "just wasn't psychologically up for the game."

The two games responsible for advancing Foothill into the finals were impressive victories.

In the first round, played Nov. 21, Foothill had the home turf advantage against Skyline College, the at large berth team at the Coast Conference. Bobby Grouchau scored both goals of the first half, the first unassisted and the second on an assist by Ronnie Morris.

By the second half, Avakian had pulled out the first 11 regulars and made substitutions, enabling some of the less experienced players to exhibit their talent. The new players began chiseling away at Skyline immediately, scoring three more goals for a final score of 5-0. "It was not a runaway game as the score suggests," stated Avakian. "They were fighters all the way to the end."

'They tried to throw off our mental game.'

Round two of the play-offs proved to be a physical challenge and a real test of composure for Foothill.

Santa Rosa combatted the Owls with an aggressive combination of Kamekazi style soccer and poor sportsmanship.

Members of the Santa Rosa team were sighted kicking, spitting and cussing at Foothill players throughout the game. "They tried to throw off our mental game," stated Avakian. The players maintained composure, though, and resisted retaliation.

According to Avakian, Santa Rosa's "run-gun" style of play was one Foothill does not play but can survive. "It really brought down our style of soccer," assessed Avakian.

The first half passed into the second scoreless, but as soon as the ball was in play again, midfielder Jeff Long forced the ball past Santa Rosa goalie with an assist from Willie Molano and scored the winning goal.

Foothill will face Golden West, winner of the Southern California championship, Friday, Dec. 4 at 7:30 p.m., following the Canada-El Camino match at 5:15.

Winners of the two semi-final games will meet for the final showdown Saturday night at 7:30.

LOS ALTOS

CHEF CHU'S

THE MANDARIN CUISINE
of
CHINA

... is a place for
Chinese food-phreaks

Lunch Dinner Cocktails
Dining room upstairs—Now Open

948-2696

Corner of El Camino &
1067 N. San Antonio Rd

喜
福
居

24 HOUR

XMAS CARDS

50 DESIGNS

REGAL COLOUR LAB

2218 Old Middlefield Road

MT. VIEW

415-961-4082

Sports

Spiker's 'best effort'



Sue Garvin

By JEFF JOHNSON

"They played their very best. It was nice to finish with our best effort," said women's volleyball head coach, Elaine Rotty, but it was not good enough as

home-team Foothill lost to De Anza, 7-15, 14-16 and 13-15, Nov. 19.

The women's team finished fifth in the GGC with a 7-9 record and 24-16 record over-all.

After going 3-5 in the first half of the season, Rotty set her goal for the team as winning one more game in the second half and that was accomplished as the team went 4-4.

"The first half of the season we had to work on individual skills, but in the second half, we were able to concentrate more on team skills," said Rotty.

"They improved more than any other team I have ever coached," added Rotty.

Sue Garvin, setter, captured the most valuable player award. Garvin and teammate Dorothy Holmes were named to the all-league squad.

Rotty was very pleased with this year's results and she has even higher hopes for next year's team because of the high school players that have said they are coming to Foothill.



Ricky Cheadle

Gridders lose last game

By JEFF JOHNSON

The Foothill football team closed out their hapless season with a 19-8 loss to San Mateo last Saturday. The Owls over-all record is 2-8.

Foothill's only score in the game came

on a 16 yard hook-up from Paul McElroy to Mike Murphy. Billy Kauai then ran the ball into the end-zone for the two-point conversion.

Russ Peoples was the leading rusher for Foothill, picking up 21 yards.

For the season, Ricky Cheadle was the leading Owl rusher carrying the ball 90 times for 356 yards, a 3.9 average.

Cheadle, who scored five touchdowns, was the only Foothill ball carrier all season to find the end-zone. He was eighth in the Golden Gate Conference in rushing and in scoring.

Peoples was the next best of the Foothill ground-gainers with 312 yards on 105 carries and Kauai was last with 53 carries for 119 yards.

Wilkins was ranked second in the GGC.

McElroy saw the most time at the controls of the Foothill offense. He had 140 attempts, 43 completions for 597 yards, nine interceptions and four touchdowns.

McElroy was ranked eighth in passing in the league.

Individually, punter Marc Wilkins fared the best in statistics. Wilkins was ranked second in the GGC with a 39.5 average.

Over-all, the best part of the Owl's game was their defense which was ranked fourth in the GGC.

Foothill Football Team's Past Records

Year	Win	Lose	Tie
1981	2	8	—
1980	7	3	—
1979	5	5	—
1978	5	4	1
1977	4	5	1
1976	4	6	—
1975	3	6	1

a career you can be proud of— NURSING

Making a career choice is an important and difficult decision. Nursing can be a challenging and rewarding profession with total career satisfaction. You will have the opportunity to work in a professional environment based on caring, where your personal and intellectual needs can be full-filled.

St. Luke's Hospital, is one of only four hospital based schools in the state which enables you to take advantage of the emphasis put on hospital nursing. We offer a three year program of instruction which leads to a diploma in nursing, and eligibility to enter the nursing profession as a Registered Nurse. Our staff of qualified instructors provide excellent theoretical and clinical preparation.

One of our faculty members would be happy to talk with you about a career in nursing or give you further information about our school. Please call 641-6570.



ST. LUKE'S



Coach sees sport sinking

By STEVE JONES

After 19 years of coaching, Foothill-De Anza head water polo coach Bob Wegman said he has witnessed the visible decline of support and dedication from his players in a recent interview at the De Anza pool.

Wegman said he wasn't being critical of his players, but sighted growing economic problems as one of the reasons for player apathy.

"In the past a player would go to school, play water polo and possibly work part-time. Now many players are going to school, working full-time and playing water polo part-time. Today's players seem to have greater economic demands on them which forces them to have to work more," Wegman said.

'I just want to see each player do his best possible.'

Another reason Wegman noted for the decline in player dedication is the amount of financial cutbacks at the high school level in water polo and other sports.

"Because of the lack of money, high schools are hiring part-time coaches who, because of their status, usually don't last more than one season," Wegman said.

Wegman said this lack of continuity in coaching at the high school level hurts all of the junior college programs, which in turn carries over to hurt four year college teams.

"I think the lack of full-time coaches has hurt the young players in high school. It affects their attitude and feeling of commitment when they play at the college level. This wasn't happening five years ago," Wegman said.

Wegman said that last year's losing season, this year's slow start, and the combining of the Foothill and De Anza teams two years ago, are all a direct result of these problems.

Wegman said he decided he wanted to be a coach when he was in the eighth grade because he so admired his swim coach, George Haines, at the internationally-known Santa Clara Swim Club.

Wegman, who is in his ninth year as head coach at De Anza, said his past teams have won two California state junior college championship titles in 1974 and 1977, and also secured five consecutive Nor-Cal championship titles from 1973-1977.

Although Wegman said he certainly enjoys the winning aspect of coaching, he said he gains the most pleasure out of helping players maximize and develop their skills to the highest level possible.

"I get the same feeling when I develop a mediocre player into a good one as when I help a good player become a standout college performer. I just want to see each player do his best possible," Wegman said.

Wegman, who is also a scuba class instructor, plans to retire from coaching

in six or seven years. At that time he said he would like to travel around the world looking for the best waters to scuba dive in.

"I really enjoy scuba diving, and plan to spend a good deal of time in the best waters I can find," Wegman said.

Looking back on his decision to make a career out of coaching water polo, Wegman said he has no regrets.

"I believe everyone has to take pride in what he does with his life. You have to do one thing well. For me it has always been coaching," Wegman said.

©1981 California Milk Advisory Board

When your mom sends her best and 12 dozen brownies...



Mom.
 God bless her.
 What would you do without her love? Her encouragement?
 Or her black walnut fudge?
 And what would her "care packages" be like
 without a tall, cold glass of milk?
 Milk makes those "delicious deliveries"
 taste even better. So when you open your goodies... open the milk.
 And make sure your roommates don't eat your mail.

there's nothing like something with Milk.

This seal is your assurance of a real dairy food.



THERE'S ONE PLACE TO GET \$15,200 FOR COLLEGE IN JUST TWO YEARS.

Soon you'll have your associate's degree. And if you're thinking of continuing your education, you know just how expensive that will be.

But consider the Army. In the Army, if you participate in the Veterans' Educational Assistance Program (VEAP), you can accumulate \$15,200 for college in just two years.

That's significant for two reasons. Obviously, that's a lot of money. But what you may not have realized is that two years is the shortest military enlistment available.

VEAP is a great way to make it on your own. Since it's not a loan, you won't need a co-signer or collateral. And you'll never have to worry about making payments after graduation.

It's strictly a savings program, and the money is all yours for school.

VEAP is surprisingly simple. If you save between \$25 and \$100 each month while you're in the Army, the government will match your savings two-for-one. And, on top of that, you might even qualify for the exclusive Army education incentive of \$8,000.

And remember, in just two years, you'll be back in school.

Serve your country as you serve yourself. Call 800-421-4422. In California, call 800-252-0011. Alaska and Hawaii, 800-423-2244. Better yet, look in the Yellow Pages under "Recruiting."

MAXIMUM VEAP BENEFITS		
	Per Mo.	2 Yrs.
You Save:	\$100	\$2,400*
Gov't Adds 2-for-1:	\$200	\$4,800
Total:	\$300	\$7,200
Army Adds:		\$8,000
Total Benefits:		\$15,200**

*Maximum individual contribution in the program
**Certain four-year enlistments can get you as much as \$25,100



ARMY, BE ALL YOU CAN BE.