

The Foothill College SENTINEL

SADD launches holiday campaign

By STEVE ELMORE

SADD (Students Against Driving Drunk) launched its campaign for the holiday season this week. SADD brought speakers on Campus to share with students information concerning driving under the influence of alcohol.

SADD, in cooperation with AAA (American Automobile Association) and Ellison Towing, had a car involved in a drunk driving collision towed onto the Campus as a visual aid and to impress students with the seriousness of drunken driving. A sign on top of the car read: "Don't let this be your car this holiday season."

Katie Hauser, who is the appointed head of the SADD council, organized the speakers, including Officer Stan Cross of the Foothill Campus Police. Officer Cross spoke to ASFC at the Student Council meeting on Tuesday.

"If you are found to be driving under the influence," said Officer Cross, "you can serve between four days and six months, and fines can run from \$300 to \$1,000."

In 1984, there were 44,204

people killed in auto accidents and half of those deaths were alcohol related. Sixty percent of the teenagers involved in auto accidents had alcohol in their bloodstream and alcohol-related accidents have risen 28 percent since the 70s.

Approximately 8,000 teenagers are killed each year in auto accidents and 40,000 are crippled. These figures have had a great impact on our society and have led to the formation of groups like SADD and MADD (Mothers Against Drunk Driving).

The current blood alcohol limit is .01 percent. If a driver is found to have a blood alcohol content above that figure, he/she will go to jail.

Local authorities and the California Highway Patrol will be conducting sobriety checkpoints this holiday season in an effort to remove people driving under the influence from the road before they are involved in an accident.

SADD urges students to refrain from drinking and driving and to take advantage of the free ride programs being offered by county transportation and taxi services during the holidays.



SADD organizer Katie Hauser stands in front of the Campus Center by a vehicle totalled in a drunk driving accident. The car was loaned by Ellison Towing for SADD's holiday campaign.

Photo by Guillermo Rangel

Good elected VP

By TOINY GEELEN

Recently three ASFC council members obtained California Student Association of Community Colleges (CalSACC) positions.

Alison Good, current ASFC President, was elected as the interim executive vice president until early January.

Good's new position leaves her responsible for the regional and committee reports, along with numerous other duties. Good said, "At the first meeting I received two pages of additional duties."

Good states that her duties as ASFC president will not be affected. "My discretionary stuff will diminish, I will probably serve on less committees."

Teresa Joyce, ASFC finance director, is the region four public relations and communications director.

Joyce was nominated for the position and accepted. She states, "It involves making a regional newsletter and passing on state correspondence."

She said it causes no overlap

with her work on council, "CalSACC gives me a broader perspective, it shows me how other student governments are run."

Jefferson Curry, ASFC legislative director, was elected region four co-legislative director.

One of Curry's duties is serving on a state-wide board to prepare a paper stating CalSACC positions to the Joint Legislative Committee for the review of the Master Plan of Community Colleges.

Curry said, "The paper gives our recommendation to the five major areas being subjected to review."

CalSACC has invited the Master Plan Committee panel to answer questions for community college students. Good said, "The panel will answer student questions in a casual environment."

The panel accepted CalSACC's invitation and will be in San Francisco on Friday, Dec. 6. A bus will leave from Foothill College to take students to San Francisco. For more information, contact Jean Thacher.

Toys for Tots race begins:

Students gain lead

By TOINY GEELEN

Toys for Tots has collected toys from generous students on Campus. However, many more toys are needed.

Toys are distributed by the Marine Corps to toyless children at Christmas time. ASFC Senator Tim Scott has brought the organization on Campus.

There is a student-faculty challenge to which group will donate the most toys. Currently the students are ahead, largely due to ASFC involvement. The

faculty has contributed zero as of now.

Kimberly Cleveland, community affairs director, has donated two boxes of toys, including games, books and dolls.

Ralf Langenheim, VP administration, and Jefferson Curry, legislative director, have donated a hockey set.

Other contributions include a \$25 gift from AGS and a 25 percent discount from the student store for any gift purchased for Toys for Tots.

Faculty meets on flex-day

By TASH O. BUNGE

"If you were to re-invent the community college system, where would you start? That may seem like an awesome task, but it is not too far from what we were called up to do," stated Jack Hasling, president of the Academic Senate, on the importance of this year's reassessment. This is why Foothill's faculty will all participate in Flex-Day on Dec. 10.

According to Hasling, "The purpose of Flex-days is to allow the faculty to become involved in discussions of those issues [of re-assessment] before the decisions are made rather than after the fact."

There are currently two Flex-days scheduled: Tuesday, Dec. 10 and Monday, March 24, 1986. Each will be a day before finals begin, giving students an extra day to study for exams.

During Flex-Day, faculty will be arranged into diversified groups, from all separate departments of the college. The day will be split into two "Breakout" sessions where faculty members will be placed into one of the two main groups: a policy group or an information group.

Each policy group will contain an information presenter, a facilitator and a recorder. The policy groups will split into four separate groups in the morning and four groups in the afternoon session.

Topics to be discussed in the morning will be:

"Matriculation and Remediation," (the placement of students in proper classes for them). Panelists will be Don Dorsey, Chuck Broussard, Linda Lane and Dick Charles. Facilitator will be Bryan Shaner.

Group two will discuss "The Faculty's Role in College Government." Panelists will be Bob Pierce and Mike McHargue, with Eric Stietzel acting as facilitator.

At lunch each policy group will condense their ideas into a short statement, so that it can be submitted for recommendation to the Academic Senate.

The first information groups will tackle such topics as "Writing Across the Curriculum." Panelists will be Dorothea Nudleman, Peggy Moore and Irv Roth. The second information group will talk about "Grant Writing." Judy Terrell and Jean Thomas will discuss the topic.

Like the policy groups, the information groups will share a working lunch together, where each group will prepare a one page summation of the material they shared.

After the lunch-break, the second group of policy groups will convene. These groups will discuss topics as "Affirmative Action and Gender Equality." Panelists will be Vikki Taketa and Nilo Sarmiento. The facilitator will be Kaye McNaughton.

The second group will discuss "Affects of Technology on the

College Experience." Panelists will be George Beers, Stu Roe and Marilyn McDonald, with Denos Marvin facilitating.

The third group will talk about "Relations With the Business Community." Panelists will be Barbara Hensley, Joyce Gray, with Gordon Holler acting as facilitator.

The final policy group will do an "Evaluation of Faculty and Administration." Panelists will include Diane Day, Mari-beth Hendrickson and Lois McCarty. Dick Maxwell will facilitate.

The afternoon information groups will deal with "Computer Orientation" and "Dealing With Conflict." Roy Kratzer and Garry White will deal with the first topic, with Brian Jones evaluating the latter.

All groups will have to submit an evaluation form for the day, which will be submitted to the Academic Senate and the Dean of Instruction and the President of the College.

Senators elected

By TOINY GEELEN

Four Foothill students were elected to the office of senator on Nov. 26.

The newly elected senators are: Bob Ghaffari, 175 votes; Faye Stacy, 172 votes; Steve Chappell, 162 votes; and Tom Bailey, with 150 votes.

The other candidates who ran for senator were: Mary Kim, 116 votes; Darlene Hunkapiller, 86 votes; and Michelle Mathot, with 127 votes.

ASFC elections director Adrienne Urband said, "I think the elections went much better than they usually do. Very smooth." She continued, "But I still think there should be more people

voting. I'd also like to see more intense campaigning by the candidates."

Students voted 215 to 112 in favor of selling lottery tickets at the bookstore, in response to a question on the voting ballot: "Do you want to have the lottery on campus?"

However, currently Foothill's application to sell lottery tickets is on a waiting list of undetermined length, according to Leslie Fay, the district student trustee.

"The positive response to the poll should increase chances of Foothill being accepted in the next round to sell tickets on Campus," said Fay.

EDITORIAL

ASFC's obligation: Do not endorse

The issue of Beyond War on Campus has raised some questions regarding ASFC and its obligation to the Student Body.

Last month members of the Beyond War movement approached Student Council, seeking endorsement so they could solicit money on Campus. ASFC gave Beyond War their endorsement, but retracted it at the following meeting over concern for the movement's positions and the ramification they could have on our national security.

Beyond War was finally given approval by ASFC, having convinced student government of their good intent. However, there is still concern in the Student Body over whether or not the organization's objectives can be realized without placing our national defense in jeopardy.

The Student Body is now divided into three factions, those for Beyond War, those against it, and those who have no opinion. If ASFC is supposed to be representative of all the students, how can they then endorse a group that is opposed by members of their constituency?

It should be the policy of ASFC to not endorse any organization or person. ASFC has a duty and obligation to represent the interests of all the students, but by endorsing any one person or organization that represents one special interest group, they are failing in their obligation to an opposing special interest group.

—Steve Elmore

Keep Christmas in December

The day before Halloween I could not believe my eyes. At first I thought that I was in the wrong time zone. As I looked again, however, I realized my eyes did not deceive me. It really was a Christmas display in one of the major department stores.

I was confused. All I wanted was some trick or treat candy. Guess I had missed two major holidays because it seemed Christmas was already upon me.

But no, my watch clearly projected the date Oct. 29; the leaves were turning beautiful colors and I knew that I had recently set the clocks back an hour for autumn standard time. It was indeed the last week of October.

My thinking may be cynical, but who said to start selling Christmas before Halloween? I love Christmas, I really do, but not throughout half of the autumn. Now really, think how offended the jack-o-lanterns and turkeys must be. They have not even had the chance to represent their holiday and guess who is

coming down Santa Claus Lane?

I wonder why department stores do not start advertising for Halloween in August. Could it have something to do with finances? You can't really blame them. After all, it is the public who patronize the stores more at Christmas than any other time of the year. Somehow we think that we have to buy our significant others as many presents as we can for this one holiday.

Next year I am going to play it safe and avoid the confusion. I will make it easy for everyone—even the post office. All of my loved ones will receive Christmas post cards with the message:

Happy Holidays!

Because you are such a special person whom I love dearly, I have sent a check for _____ (\$10-\$50) to _____ (the latest hunger fund) in honor of you. Hope you like your gift!

P.S. See you next year buying Halloween masks under the Christmas tree.

—Lynn Hensel

Prevent lottery mania

No doubt one of the most popular fads going these days is the lottery. I have mixed feelings about the lottery; it seems to be basically a more acceptable form of gambling. Certainly it can become addictive in the same way, and cause people to spend more money than they should. There's always that temptation to go a little bit further, after you have spent all the money you should, in hopes of getting a windfall. Then if you happen to win a lot of money, it can inspire you to try for even more.

Jesse Walker, a 67-year-old Sacramento pensioner who lost

almost \$1,500, has remarked that Las Vegas and Reno have better gambling odds.

The California state lottery works fine for people who carefully plan out their budget, and enjoy the fun and challenge of trying to get hold of a winning ticket. I think the best policy to go by when playing the lottery is to plan a method or strategy that works for you. For instance, if you enjoy playing the lottery, keep the amount of money you'll need at home, and take only what you can afford to lose.

—Bob Davis

The Foothill College

SENTINEL

The SENTINEL welcomes letters. All letters must be typewritten (double-spaced), be restricted to 300 words or less, and be signed. Your phone number would be appreciated so that our editors can verify points of information.

The SENTINEL is a student newspaper published weekly on Fridays during the academic school year by Foothill College, 12345 El Monte Road, Los Altos Hills, CA 94022.

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Staff members are students enrolled in the journalism program at Foothill. The SENTINEL staff is located in M-24; telephone 415/960-4372 or 960-4261. Advertising rates are available upon request.

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As Tiny Tim would say: God bless us one and all!

Letters to Editor

Olsen's letter opposed

Editor:

Robert Olsen takes "offense" at Faye Stacy for not mindlessly jumping on the anti-war bandwagon. [SENTINEL, Nov. 22, Letter to the Editor, "Student angry at Stacy's actions."] I think the spirit of his nasty little diatribe is offensive. He blathers on about "enlightened thinking, not blind acceptance of the current political dogma" but it sounds like a onesided attitude. When you are not on his side your enlightened thinking is labeled "superstitions."

I think we need to examine very closely any organization that wants our endorsement, no matter what they call themselves. We don't have to be paranoid about Russian intentions, but let's not be simplistic and naive either. I don't know anybody who is for war so let's not reinvent the wheel. The question is, who is behind these anti-war movements? Anyone who reads must know that a definite link has been established between some of these groups and

Moscow. If Olsen has no hang-ups about what he thinks is communist "prejudice," maybe he should go live in a communist state. The first thing they would do, of course, is muzzle Olsen, but he hasn't figured that out. Does he know how many peaceful, loving countries and communities have been run over or literally wiped off the map because the people were so unaware or so gutless they allowed it to happen? Read history.

Thank God there are still a few alert and responsible people in our government and in student government who have the integrity to ask a few hard questions and can take the heat of a self-righteous ostrich like Olsen.

Beyond War may be terrific and have admirable members, but let's on the other hand not act like a bunch of lemmings because we like the name. Probe, ask questions, expect answers. No one should be offended by that if we are rational beings, certainly not Beyond War, certainly not Olsen.

—Gerry Gilroy
Foothill Student

Remodeling does not fit

Editor:

This letter is in response to the recent "modernization" of the admission office's work space. The new design of the offices resembles the structure of a birdhouse. Is this because the school mascot is an owl? I don't think so, but I'm not really sure what the designer's intentions were, because the design makes no appropriations for people over the height of 5'7". But even if a person was shorter the design offers a movable window to block the vision of short people. The higher of the two windows catches me about nose level, meaning I have to slouch at the feeder; I find myself continually bending over and turning my head sideways to establish eye contact with the clerk.

The frustration of seeing someone talk at you and hardly hearing them is salting a wound. I can only surmise that the little windows are a shield from my

morning breath, my burly appearance, or myself as a person. Does the administration have a problem with dealing with students on a one-to-one basis now? The ploy to create an atmosphere similar to the impersonal professionalism of a bank has been successful. The new construction imposes an artificial and impersonal atmosphere and this isn't Foothill's traditional style. When I came to Foothill I was struck by how cordial and polite all the administration staff was. Since the addition of "the wall," I find the previous Foothill charm absent.

The answer to all this madness is to change the structure of the new bureau by simply removing the annoying little windows. Removal of these windows would restore the former personality to the Foothill Campus and make myself and many other silent voices on Campus contented once more.

—William Bittancourt
Foothill Student

Health Tips

Ask Elyse

QUESTION:

If my T.B. skin test is positive, but my chest x-ray is negative, why do I need to take a medication for tuberculosis?

ANSWER:

A positive T.B. skin test means that you have been infected with the tuberculin bacteria, but it does not mean that you necessarily have active tuberculosis. The first infection with tuberculin bacteria in children or young-adults is usually self-limiting and escapes detection. A small number of these persons, especially if not treated, will later develop progressive pulmonary tuberculosis. The risk comes from the original exposure to the tuberculosis bacteria—the same bacteria that causes a positive skin test.

The risk of progressive pulmonary tuberculosis is low among persons with a positive T.B. test and a negative chest x-ray. However, it is not possible to predict those who are at risk. Although very few people die from tuberculosis, it's not a disease you want to get.

Thanksgiving is blessed

By TERRENCE J. TRIVERS

Up until a couple of days before Thanksgiving, things were looking pretty grim. My truck had just been repossessed, my work was suffering, and my girlfriend tried to kill her one month old son. I had no money, no patience, and felt time was definitely running out.

As I understand it, Thanksgiving is supposed to be a time when we show thanks for all the wonderful things God has graced us with, health, good friends, roof over head, etc. At the time I found that concept hard, if not impossible to deal with; to relate to.

It was only in a peaceful, quiet time while reflecting on the top of Mt. Hamilton in the biting cold when I realized that I was still alive. There was a deep rumbling somewhere within myself which seemed to say, "Wake up." I saw visions of light, intense white light, fading into visions of my godson, my truck, and my work situation. Everything was clear. I had no more questions. As I regained some semblance of consciousness, my body realized that it must have been about 30 degrees up there, but I didn't care.

On or about three days before Thanksgiving, my dear grandmother informed me that she would not only get my truck out of hock, but she would pay off the complete balance due on the truck. My girlfriend decided to seek some professional help, and I got a new job, making more money, better hours, more benefits, including profit sharing. All this happened in the span of about two days after Mt. Hamilton.

What can I say? Not only was my faith renewed, it was deepened and strengthened, it had attained a certain concrete foundation that I shall never lose.

THANKS is all I can say, but the feeling is inexpressible.

FEATURES ENTERTAINMENT

Rocky faces challenge in Russia

By JULIE GRIMSTEAD

Sylvester Stallone will again inspire our hearts with courage, self-sacrifice, and endurance in his newest movie "Rocky IV."

The film follows a similar format as previous "Rocky" movies, which, according to Ron Miller of the San Jose Mercury, is "Rocky gets mellow, Rocky gets a shock, Rocky gets in shape, Rocky busts somebody to pieces."

Although the basic storyline is predictable, "Rocky IV" does hold a few surprises, such as the glitter and sensationalism of the first fight scene which is held in Las Vegas at the MGM Grand Hotel.

A dazzling patriotic performance precedes the fight, complete with show girls, flashing lights, and pro-American music. In this production number, which is the most extravagant of all "Rocky" movies, James Brown, cast as "The God-Father of Soul," sings "Living in America," while dancers dressed in red, white, and blue are joined by Apollo Creed wearing his famous Uncle Sam suit.

Apollo jumps around trying to psyche himself up to battle the terrifying Soviet fighting ma-

chine, Ivan Drago, weighing 240 pounds and standing at 6'6". "I cannot be defeated," claims Drago.

Drago's punches are so powerful that they're measured on a Richter scale.

The fight seems like an extension of Cold War antagonism between the United States and the Soviet Union. However, Rocky must fight Drago as a personal duty, after Drago kills Creed, his best friend. He accepts no money to take on the Soviet, and even lets the Communists ruin his Christmas by agreeing to fight on Russian soil, under Russian rules, on Christmas day.

When Adrian, Rocky's wife, screams that he can't win, he shows his dedication by answering, "Maybe I can't win. Maybe the only thing I can do is take everything he's got and ask for more. But to beat me, he's gonna have to kill me . . . and to do that, he's gonna have to be willing to die himself."

With this statement, and throughout the whole movie, Sylvester Stallone lights a fire in our hearts and creates a burning desire within us to demonstrate more courage, self-sacrifice, and endurance.



His opponent weakened after a long and punishing match, Rocky (Sylvester Stallone, right) prepares to deliver a staggering left to the head of Ivan Drago (Dolph Lundgren, left) the most dangerous opponent the American Heavyweight champion has ever faced in the ring.

Poet published

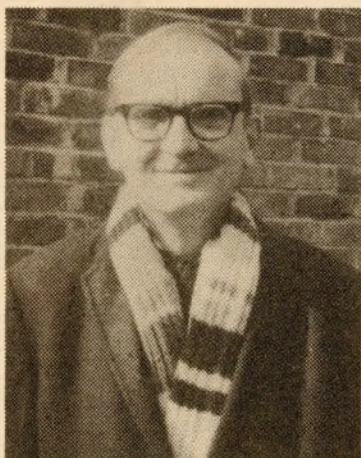
By ANSHU NAGPAL

*I admire
The surface pattern
Of your tears.*

*With care
I arrange their
Changing forms of
Light and shade*

*And afterward
Fix them in the
Bath of my
Unweeping*

—Jerry Sexton



Jerry Sexton

These are the words of 1960 Foothill graduate and returning student, Jerry Sexton, who has in the last 10 years become a published and a prize winning poet.

His poem "Compassion," was published in Encore magazine in 1978, and later in 1980 it was published in French in a francophile magazine, "Poesie-U.S.A." Sexton, a Stanford graduate, writes poetry in both English and French. He has been taking independent study in French at Foothill for the last three years.

"Sometimes I start to write poetry in English and then translate it into French," said Sexton. Sometimes I write directly in French."

Sexton has within the past year had publications in the French poetry magazine "Caracteres in France" and in "Le Journal des Poetes," a Belgian magazine.

Sexton is a member of Waverley Writers, a poetry group in Palo Alto, and he won first prize in a poetry contest held last year by the Browning Society and San Francisco State University. In 1980, he received an award from the Foothill Language Arts Department for outstanding achievement in creative writing. In his spare time Sexton paints and plays the piano.

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Track Them Down December 6th at a Theatre Near You.

FEATURES/ENTERTAINMENT

Student under fire in Nicaragua

By DEBORAH SMITH

Four months ago, Foothill student Peter Lindes was lying in a hospital bed in a Nicaraguan town 50 miles south of the Honduran border. He was not injured. He was donating blood to Nicaraguans injured in a battle against over 2,000 US-backed contras in the area.

As he listened to mortars explode into the ground just five miles away, Lindes began to wonder if his own life was in danger. Five days later, the contras were within a mile of town and Lindes found himself standing in a line of volunteers for armed guard.

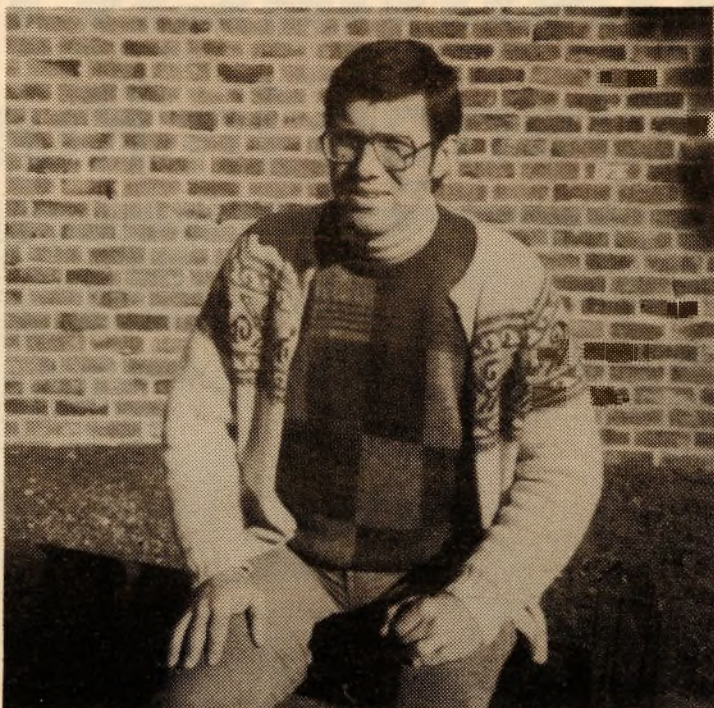
No, Lindes is not the would-be Rambo of Central America. He is a 40-year-old independent consultant in computer software and the father of an 11-year-old boy. He lives in Palo Alto and loves to folk dance. He speaks softly and only carries sticks with protest signs attached.

For the past two years, Lindes has devoted much of his spare time to studying past and present developments in Nicaragua. He has made three trips to Nicaragua since 1983.

A 1966 graduate of the Massachusetts Institute of Technology (M.I.T.), Lindes went back to school in 1983 to study Spanish. He is currently in his seventh quarter of Spanish at Foothill.

Last year, Lindes joined the Emergency Response Network, a national organization whose 80,000 members have pledged to conduct legal demonstrations or non-violent acts of civil disobedience to protest U.S. intervention in Nicaragua.

But Lindes was not in Nicaragua this summer to protest. He and 35 other U.S. students had come to the rural town of Esteli to study in a Spanish school and live with Nicaraguan families for two weeks.



Peter Lindes

Upon their arrival, the students were welcomed with hugs from their new "mothers" and "fathers." But within hours, the students learned that 20 dead and seven wounded soldiers had been brought into town that afternoon from a three-day-long battle in the mountains surrounding Esteli. Responding to the call for blood donations, Lindes went to the hospital.

Under Fire

During the next few days, Lindes heard more casualty reports including 10 soldiers from Esteli. With over 2,000 townspeople, he watched the caskets carried to the cemetery and listened to the cries of the relatives as the bodies were lowered into the ground. At night, he tried to sleep despite helicopters thundering overhead and sporadic bursts of mortars in the distance.

The U.S. students met one afternoon to discuss what to do. "A few wanted to consider leav-

ing," Lindes recalls, "but most of us were outraged. People were being killed by an army that is paid and directed by the CIA."

The students decided to stay and help. They signed up to give blood, participated in first aid and child care brigades and helped chop down bushes surrounding the town so the contras would have no place to hide.

On his fourth night in Esteli, Lindes was told the contras were moving closer and that he should sleep with his clothes on in case an evacuation was necessary.

The next day, a hospital in a nearby town was bombed. More dead were brought in and hundreds of families fled the area just north of Esteli. The schools and stores of Esteli closed down as the whole town began mobilizing for a possible invasion. When volunteers were asked to sign up for "night vigilance," Lindes stepped forward.

"I thought it would involve staying up all night and reporting any suspicious activity," Lindes explains. "I'd just lose a few hours of sleep."

But after a friend offered to show him how to use a gun and the commander of the brigade

ordered the volunteers to line up in military formation, Lindes realized he had signed up for an armed unit.

"I can't back out now," thought Lindes as he got in line. "These people are my friends and I want to help. But what about my responsibility to my son and my commitment to non-violence? Will I be able to shoot another man or will he shoot me before I make up my mind?"

Before Lindes could resolve his dilemma, the commander thanked him for showing his solidarity with the Nicaraguan people. But since they were very concerned for the safety of all North Americans in Nicaragua, would Lindes mind stepping out?

"Whew!" Lindes breathed a heavy sigh of relief. But as he watched his Nicaraguan friends, some of them women, march off to their posts, his relief was replaced with respect. "Acts of heroism are a daily part of life in Nicaragua," Lindes says. "They have to defend themselves or die. They don't have the option of going back to the safety of California."

Over the next two days, the Sandinista (Nicaraguan government) forces beat back the contras. As the fighting subsided, the U.S. students were able to concentrate on studying Spanish and getting to know their Nicaraguan families.

Conflicting Stories

Lindes became interested in Nicaragua two years ago when he started talking with friends who had been there. "I was intrigued because the country they described was totally out of line with what was and is portrayed by the media," Lindes says. "I also wanted to see firsthand why we seemed to be getting involved in another war like Vietnam."

Lindes first visited Nicaragua in 1983 on a tour with Our Developing World, a Saratoga-based organization which arranges study tours of Third World countries. He returned in 1984 on a tour arranged by the National Lawyers Guild and this summer with a Massachusetts-based educational organization called Nuevo Instituto de Centro America.

In addition to this trips, Lindes has tried to learn more about Nicaragua through books, periodicals and films. What he has learned has inspired him to write countless letters to congressmen and to participate in demonstrations against U.S. aid to the contras. Over the past two years, Lindes has also shown his slides of Nicaragua to almost 100 student, church and political groups in the Bay Area.

"Many Americans don't even know where Nicaragua is," Lindes says, "much less that American troops invaded and occupied the country from 1911 to 1933, and that our government propped up a brutal dictatorship there from 1934 to 1979. They know very little about the Nicaraguan people yet many are willing to pay for the bullets that are killing civilians there, maybe even to send in young American men to risk their lives."

Lindes describes the Nicaraguan people as "warm, friendly and generally happy people." Three million Nicaraguans live in the largest and least densely populated country in Central America, a country about the size of North Carolina. About 80 percent of the population is Roman Catholic; the rest are mostly Protestant. Over half the population is under the age of 15. The physical appearance and the culture of the majority reflect a mixture of Spanish and Indian heritage. "They love to dance," adds Lindes, "and would rather be writing poetry than fighting."

Lindes points out that under the U.S.-backed Somoza regime, over half the population could not read much less write poetry. The Sandinista government, which took power in 1979, conducted a volunteer-based literacy campaign which reduced the official rate of illiteracy to 12 percent. Over 1,200 new schools have been built since 1979, and 17,000 Popular Education collectives have been created for adult education.

"I'm not saying I agree with everything the new government says or does," Lindes explains,

(Continued on page 6)

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FEATURES/ENTERTAINMENT

Commentary

Safe sex found in ice cream parlor

By MICHAEL FIELD

How to make sex safe is something anybody who is sexually active has to think about. The problem is that there just isn't much clear-cut information around about what safe sex is.

Even the old saw about finding a clean, healthy partner and sticking to this one wonderful person doesn't always work. Consider the retired railroad worker who had slept with no one but his wife for 43 years.

He casually kissed a female relative at a wedding reception last spring. From this contact he acquired genital herpes which he promptly passed on to his better half.

Hearing stories like these, I knew I had to find out more.

After spending a day in unproductive research into the subject, I finally decided to go to my friend and mentor Larry G. (as everyone calls him) to see what he could tell me.

Larry G. is a paperback writer who lives in a trailer park in Mountain View. His books sell poorly, but he seems to know everything and everybody. So I figured if anyone knew, it would be Larry G.

Unfortunately, Larry wasn't sure himself. He said, however, that he knew one person who did know the answer.

He tapped out her number on his touch tone, cupping his hand over the phone as he did so I couldn't watch. (Too bad I don't have perfect pitch!) Soon I was on the line with the world's most famous co-ed. She jumped right into the subject.

"First of all," she said, "there are two kinds of safe. There's safe and then there's safe."

"The second kind of safe means safe, and I mean safe. That's the kind of safe you see your doctor or Planned Parent-

hood about. And I mean the sooner, the better."

"What about the other kind of safe?" I asked the famous co-ed.

"That," she replied, "means safe from germs."

"The problem," the famous co-ed continued, "is that you can not even need the second kind of safe and still not be safe the first way."

"How so?" I asked.

"Well," she said. "There's making out. You can get germs that way. And then there are other ways."

"Like if you were going out with somebody. And you got a piroshki. And you took a bite. And he took a bite where you bit. And you took a bite where he bit. You see where that can lead."

"I see," I said. "What do you think is safe sex?"

"One of my favorite kinds is ice cream sex," she replied.

"How do you do that?" I inquired.

"There are safe ways and not safe ways to have any kind of sex," she said.

"If you have two people and one ice cream cone, that's not safe."

"One way to have it safe is for each of you to get your own ice cream cone. Then you hook your arms around each other and each partner eats their own cone. That's safe."

"That doesn't sound very exciting," I said.

"It can be," the famous co-ed retorted, "if you do it with the right person."

"Anyway, my favorite kind of ice cream sex is banana boat sex."

"What's banana boat sex?" I asked.

"You go to the ice cream

shop with the person," she said. "And you get a banana boat. You start on one end and he starts on the other. The idea is to see how close you can get to the middle without actually

breaking through."

"Suppose you do?" I asked.

"Then you get his germs and he gets yours," she informed me.

"But if you're good, you know just when to stop before anything

happens."

"And that," concluded the world famous co-ed, "is what I call safe sex."

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FEATURES/ENTERTAINMENT

Lab offers music myriad

By FELICIA WONG

The Foothill College music lab, located in A32, recently acquired a collection of classical, folk, jazz and opera records. This collection of approximately 2,500 records used to be located in the library, but it was not as accessible to students. Jacqueline Cantrell, Fine Arts Tutorial Coordinator, expresses, "Logistically, it made more sense to move the collection here."

The Fine Arts Department is offering an independent lab

course during the winter of '86.

The course number, FA 150 (½ unit), welcomes music majors as well as music lovers. "Anyone who enjoys listening to music should take advantage of the chance to explore our collection," says Cantrell.

The music lab is well-equipped with turntables, headphone sets, and cassette players to accommodate listeners.

New lab hours are: 9 a.m. to 3 p.m. daily, and Monday and Wednesday evenings from 6 to 9 p.m.



Felicia Wong and Jennifer Sevinson stand by Foothill Music Lab's new record library.

Photo by Guillermo Rangel

STUDENT

(Continued from page 4)

"or that it hasn't made mistakes. But I do say it is the first government in Nicaraguan history that is seriously attempting to improve the lives of the majority."

Lindes is also saying that U.S. economic and military policies directed against Nicaragua are hindering further progress in that country. The Reagan administration contends that the Sandinista Revolution was Soviet-inspired and Cuban-backed. Reagan also claims the new government is "Marxist-Leninist," "totalitarian" and a security threat to neighboring Honduras and Costa Rica.

The U.S. government has, therefore, tried to block loans to Nicaragua from international lending agencies, halted the sale of spare parts for U.S.-made plant and equipment in Nicaragua, and last May, imposed a complete economic embargo against the country. Since 1981, the U.S. has "covertly" then overtly sent funds, military hardware and "advisors" to the counterrevolutionaries attempt-

ing to overthrow the Sandinista

On his most recent trip, Lindes noted concrete evidence of the effects of U.S. policies in Nicaragua — damaged bridges, the burnt remains of newly-built schools, homes and medical clinics, factories closed down due to lack of supplies, equipment abandoned due to lack of spare parts.

However, Lindes also noted that Reagan's embargo has lessened Nicaragua's dependency on the U.S. For example, Nicaraguan bananas which were formerly sold in California and Hawaii are now shipped to Belgium. Nicaragua currently trades with over 80 countries of the world, according to Lindes.

Every month, groups of U.S., Canadian and Western European citizens travel to Nicaragua to study in Spanish schools, do volunteer work in the fields, train workers, or simply to see for themselves this controversial country. Most stay comfortably and safely in the hotels of Managua, the capital city.

Life in Esteli

Living in a northern border town, however, can be more difficult as Lindes discovered when he traveled 90 miles north of Managua to Esteli. With a population of 70,000, Esteli is about the size of Palo Alto in population but less than half the size in area.

There are only a few telephones and cars. Everything is in walking distance and communication is mainly by word of mouth. The town is surrounded by mountainous terrain and small farms where most of the population makes its living.

A newly rebuilt church dominates the center of town. The church and most of the buildings in Esteli were destroyed during the last years of the insurrection against Somoza when the dictator had the town heavily bombed three times. Most of Esteli has been rebuilt but a few bombed-out shells of buildings and bullet-pocked walls remain.

Lindes lived here for two weeks with the Montoya family:

Asuncion, the mother and Pedro, the father, their two grown daughters, an 11-year-old son and one 5-year-old granddaughter.

He stayed with the Montoyas in a two-and-a-half bedroom house. Lindes was given the half-bedroom, a small room partitioned by a low curtain. The front room had a tile floor but the rest of the house had dirt floors.

The family meal of rice, beans and tortillas was cooked over a wood fire in the kitchen with the smoke escaping through holes in the wall. There was a sink outside for washing clothes and dishes and next to it, a small room with a toilet. The shower was also outside in a small concrete cubicle in the middle of the backyard.

"The majority of Nicaraguans lack many of the material things Americans take for granted," Lindes says, "but they are rich in community spirit and in dignity. The Montoyas gave me the best of what they had and made me feel like a member of the family."

The Montoya household is typical in a country where three generations often live in the same house. "Despite the close quarters," says Lindes, "there didn't seem to be any conflict between generations. Nicaraguan families are very close and one of the tragedies of this war is its affect on families."

One son in the Montoya family was killed during the insurrection. Another is now in the army. "So many Nicaraguans live with the sorrow of a family member lost and with the daily fear for a loved one defending the country on the border," Lindes says. "Over 7,000 children has been orphaned since 1981 and 200,000 people have been forced to flee their homes because of the war."

Still, Lindes points out that the Montoyas and other Nicaraguans have made gains since 1979. The children are all in school, for example, and one adult daughter now attends night school.

"And they're all healthy,"

adds Lindes. "Yisel Carolina, the 5-year-old, would have probably died in infancy or would be suffering from malnutrition if not for the Revolution." According to Lindes, even the poorest families now have enough to eat, free health care is available and eight national vaccination campaigns have virtually eliminated malaria, polio, diphtheria, measles and the various infant maladies that used to plague the country.

And despite its proximity to the border, Esteli is now a safer place than it was under Somoza, according to Lindes. "In addition to the aerial bombings, the people of Esteli were terrorized daily by the National Guardsmen who pillaged their homes and raped the women."

Finally, the Montoyas, like many other Nicaraguans, are prepared to defend the gains they have made. According to Lindes, there is no truth to Reagan's claim that the Nicaraguan people would greet invading U.S. troops with hugs and kisses.

"The people are armed and ready to fight block by block to repel such an invasion," Lindes says. "Even the little children would fight with sticks and machetes."

The Real Battle

"Because of my trips to Nicaragua," Lindes says, "I've become more aware of oppressed groups in the U.S. and have changed the way I live my own life."

Since his last trip, Lindes has decided to give up his career in computers and go into teaching. He plans to teach high school kids in Watsonville or some other Spanish-speaking community.

And although he hopes to return to Nicaragua, Lindes has become even more convinced that the real battle is not there but in the U.S.

"We are given misinformation about Nicaragua and asked to pay for a war against its people," says Lindes. "The Nicaraguans want peace but they cannot stop this war. They can only endure it and keep going. Only we, the citizens of the United States, can stop it."

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SPORTS



Rick Iverson helps Owls defeat Chabot 2-0 in Nor Cal Win.

Photo by Guillermo Rangel

Women's basketball

Rebuilding year for Owls with first-year coach

By WILL BAILEY

"It's a rebuilding year for the team," says first-year coach Ron Oburn of the women's basketball team at Foothill. There are only four returning players on the team.

The team is now three and three and hopes to fair better than last year's three and 23 team. Foothill last defeated UC Santa Cruz, 55-44, in a home game three weeks ago. A basketball tournament will be hosted by the Owls December 12 through 14, the next time the team plays at Foothill.

There are some standouts on

the team, including freshman Angela Segar whom stands at six feet three inches and averages 22 points per game. Freshman Carol Ishimaru is a very good defensive player. Menlo-Atherton graduate and first year student at Foothill, Kim Campbell, is among the talent on the team. Six feet one inch Marjie Dewilde-Bey is one of the returning players who adds depth to the team.

"De Anza and San Mateo will be the tough teams to play this year," says coach Oburn. Coaching assistant for the team is Jenn Segar.

Owls take 5th Nor Cal soccer title

By WILL BAILEY

Once again, coach George Avakian has led Foothill's soccer team to another Northern California championship title as the Owls defeated Chabot 2-0 last Saturday in Hayward.

This was the fourth meeting this year between the two teams and marked Foothill's third consecutive shut out of conference rival Chabot. The last time the two teams met was in the Golden Gate Conference championship match with the Owls prevailing 1-0 as the host team on Nov. 16. The Nor Cal game also marked Foothill's 18th shut out and 10th straight win of the year.

On Saturday, Dec. 7, Foothill will shoot for its fifth state title since 1975 when the team faces El Camino in the title match to be held in Torrance. The Owls (21-2) defeated El Camino (19-0-1) by a 1-0 score in last year's state title match held in Los Altos Hills.

The Nor Cal game with Chabot was emotional for both teams as players collided and

slid on the muddy, rain-soaked field. The rivals fought out the match in which a total of eight yellow warning cards were drawn and 33 penalties called. By the end of the game a fight broke out as a reminder of previous incidents when the two teams met before.

Chabot, unable to handle the playing conditions in contrast to the Owls, could not muster any points and fell victim to the Owls' offense. Billie Wiskel scored in the first half with Rick Iverson's assistance. Then Foothill's Christian Tesser sealed the victory by scoring in the second half with an assist from Jadir Enrique.

"We have more skillful players on our team this year," said Femi Olukanni, the Owls' leading scorer. Olukanni added, "We can win the [state] championship. Our team is very good."

Coach Avakian does not look past opponents nor does he fear other teams' possible strategy against the Owls. "We go out

and rely on our strengths. We let the other teams worry," Avakian said.

Avakian accounts for the Team's success due to "total team effort" which allows the offense and defense to function well as a whole. The players cover the field well, are aggressive, and employ sound teamwork while playing off one another's skills.

Usually Femi Olukanni is a top the ladder in scoring for the Owls. However, many Foothill players have scored eventually, if not frequently. Players including Andrew Parker, Russell Sanderson, Tien Tran, Billie Wiskel and Ralf Wilhelms are a few of the players able to score some goals.

Players have come off the bench to score in games, includ-

ing Alvaro Pastor whom arose to score twice in the Owls' 5-1 romp over Canada on Nov. 8 at Foothill. Christian Tresser is a notable scoring threat as well and scored a goal in the Nor Cal match but has been on and off the bench due to the improvement of other team members. "Tresser has done a good job. The team has faith in him," said Avakian.

"Our defense has been strong," said Avakian. However, the Owls will miss goal keeper William Lopez due to a broken collar bone suffered during the Nor Cal semi-final match which Foothill won 3-0 over Skyline in a home game. Steve Goudy is Lopez's replacement. Nonetheless, Avakian added, "Our back four players including Rick [Iverson], Matt [Karney], and

Ralf [Wilhelms] have done a very good job. Andrew Parker has been doing a super job."

After winning the semi-final match vs. Skyline, Foothill players began to sing "When the Owls Come Marching In." Hopefully, the Owls will sing the same tune after the state championship match against El Camino.

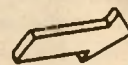
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Willie Lopez escorted off field.

Photo by Guillermo Rangel

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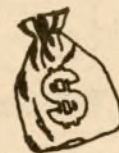
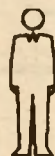
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ON THE SPOT

'What do you want Santa to bring you?'

By ANSHU NAGPAL & GUILLERMO RANGEL



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A new car (no girls), lots of money and like to go to a university.



CYNTHIA SABO
(Psychology):

Xavier and lots of presents.



RICH GILLERN
(Electrical Engineering):

Want my crashed bar back.



JAMIE MERCHANT
(Engineering):

A passing grade from Dr. Hendrickson in philosophy.



MAY TORRIS
(Registered Nurse):

To have a night out with my friends, and party out. A new stereo for my new car.

AIDS week planned

By LYNN HENSEL

The week of Jan. 13-17, 1986 will be AIDS Awareness Week at Foothill. Several speakers and a movie will be a part of this informative presentation. Here are the events that have been planned:

—Monday, Jan. 13: An evening lecture will be given by Grace Lusby, Infectious Contagious Disease Specialist at San Francisco General Hospital and AIDS Clinic. This lecture will be held from 7-9 p.m. in F-1 and will be open to the public.

—Tuesday, Jan. 14: at 12:30 p.m. the KPIX film, "Our Worst Fear," will be shown in F-1. A videotape copy of the film will also be available in the ISC.

—Wednesday, Jan. 15: At 12:30 p.m. a lecture primarily intended for students will be given in A-61 by David Burgess from the AIDS Foundation. The

Gay Lesbian Association of Stanford will provide leaders for rap sessions following the lecture.

—Thursday, Jan. 16: at 12:30 p.m. a lecture primarily intended for faculty and staff will be given in F-1 by Millicent Kellog from the AIDS Foundation.

—Friday, Jan. 17: Gwynn Dyason-Wood from the VD Hotline will speak from 12:30-2 p.m. in A-61.

In addition to the Awareness Week, the draft of an AIDS position paper is being reviewed this week by Dr. Thomas Clements, Foothill College president, and Naomi Kitajima, Foothill health coordinator.

Members resign positions open

By TOINY GEELEN

Due to several resignations in ASFC, positions will be open on student council for winter quarter.

Ralf Langenheim has resigned as Vice President of Administration because he will be attending UC Berkeley next quarter.

Alec Glassford has resigned from his position as senator due to a conflict in scheduling, and Sally Ames has resigned from Social Affairs Director due to personal reasons.

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The Gryphon Quintet will perform in a holiday concert with the Good Ol' Persons Saturday, Dec. 7, at the Foothill College Theater at 8 p.m. Quintet members are, from left, Rich Bamman, Jack Tuttle, Carol McComb, Bob Kolb and Ed Johnson. The concert benefits the Midpeninsula Health Service's Home Care and Hospice program.

COMMUNITY SPOTLIGHT

GENERAL—

Applying for college? The University of California has a new one-application system that lets you apply to as many UC campuses as you want. Call 1-800-UC ADMIT.

The draft hotline offers draft counseling and guest speakers. Information is available at any time and counseling is available by appointment. Contact 415/853-1656.

DEC. 6-29—

The Northern California premiere of David James' musical, "A Winter's Tale" will be at the Alameda Children's Musical Theatre, 900 Santa Clara Ave. For reservations call 415/522-9871.

DEC. 7—

Foothill's women's basketball team will compete against Hartnell College at Salinas at 6 p.m.

DEC. 9—

Foothill's women's basketball team will play against Dominican College at San Rafael at 5:30 p.m.

The De Anza College Chorale and Vintage Singers, and All College Chorus, and the Brass Quintet get together for a Christmas concert at 8 p.m. at the Flint Center. Tickets: \$4 general/\$3 students and seniors. Call 408/996-4832.

DEC. 10—

The Foothill men's basketball team is undefeated in non-conference play with four wins after defeating Ohlone, Cabrillo and Hartnell (twice). The next game will be a home game on Tuesday, Dec. 10 vs. Monterey in a non-conference match-up beginning at 7 p.m.

The Owls will play non-conference games until Jan. 3 when the team opens the Golden Gate Conference season in Cupertino against De Anza.

DEC. 11—

Foothill's own KFJC (89.7 FM) will present a segment of P3 from 1-2 p.m. which will feature Wiggys Sivertsen and Den Yeager of "Baymec," a gay political lobbying group.

The Foothill College Japanese Cultural Center will sponsor a lecture on "An American David and a Japanese Goliath: A Case of a Unique Joint Venture" at 5:30 p.m. in the Campus Center-Toyon Room. Reservations are \$6 for Japanese Cultural Center members and \$8 for non-members. Deadline for reservations is Monday, Dec. 9. For information, call Foothill Language Arts Division at 415/960-4250.

DEC. 14—

The musical trio Banish Misfortune, who play lively Irish reels, troubador songs of the middle ages, and original compositions influenced by contemporary jazz and swing sounds, will appear at the Wesley United Methodist Church. For information call 415/322-9441.

The Flint Center presents: "A Christmas Carol," a musical version of Charles Dickens' famous holiday story performed by a national touring company with a cast of 35. Tickets: \$6/\$8/\$9 at Flint Center Box Office. Call 408/996-4816 or 408/257-9555.

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The Foothill SENTINEL runs free classified ads for students holding a current Owl Card. Ads will run for two weeks initially.

Bring ads to the SENTINEL office (M-24) on Mondays from 1:30 to 2 p.m. Extension requests must be made at this same time.

Ads are 25 words or less; the first name and telephone number must be included; content of ads is subject to SENTINEL approval.

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—FOR SALE: Yamaha Drum Machine RX-15. 1 month old. Call Mary at 415/493-9300, ext. 535 (noon to 5 p.m.).

—THE CYCLING & TRIATHLON CLUB meets on Monday at 2 p.m. in the Foothill Student Council Chambers. All cyclists and triathletes welcome! We have club rides and other exciting activities. Come to a meeting and get the earth-shattering details!

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