



Inside

Campus Notes

Find out what's happening at De Anza. Read brief descriptions of the upcoming events and services to be held on campus.

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Plan your goals

Columnist offers advice

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ESPN 'GameDay' behind the scenes

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Government files lawsuit against tobacco companies. Has people wondering, what took so long.

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Too few classes angers many

By Monica Krauth
and Ann Sokolovskaya
Staff Writers

Over 1,200 students turned away

The waiting list for English, ESL and Speech classes neared 1,200 this fall, leaving many students angry and frustrated that they couldn't enroll in the classes they wanted.

One of the most populated community college districts in California, Foothill-De Anza, has been influenced by a massive influx of students, which can be seen by the length of the waiting lists.

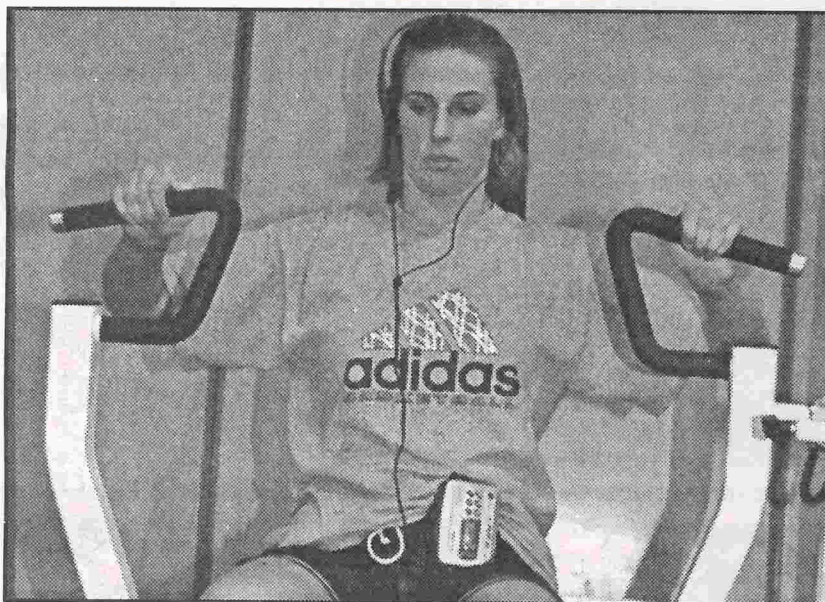
De Anza administrators suggest many reasons for the long waiting lists. They include a growing number of people seeking to enroll in community colleges, the lack of a sufficient number of instructors on campus, a lack of classroom space, and what has been referred to as "time popularity" -- the times during the day that the majority of students wish to take classes. Kathleen Kyne, the Director of Admissions and Records,

said that most students want classes between 8:30 and 12:30 a.m., and 5:30 to 8:30 p.m.

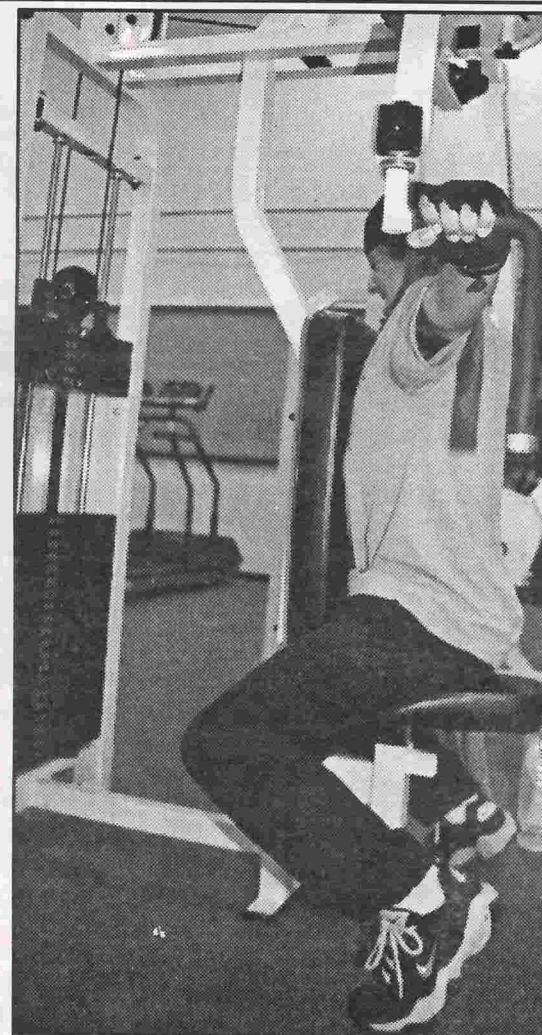
Another reason for the increase in the student population is the continuous advertising that De Anza runs. Mike Brandy, Vice President of Finance and College Services, said, "Every year we distribute media about De Anza, on the radio, in movie theatres, to let people know that they can come [here]." De Anza wants to make new students aware of the college, he said, and the administrators try to anticipate the num-

See CLASSES, page 3

Wellness Center opens to those enrolled in PE15



Above: student Melissa Fanucchi works out on the chest press machine in the new Lifetime Fitness and Wellness Center on Sept.30. **Left:** student Robert Segura uses the butterfly machine. The exercise facility (open to those enrolled in PE 70, which consists of one hour of lecture and three hours of lab per week in the Fitness Center) has treadmills, cycles, stair climbers, and cross trainers. Also in the Center is a 24 station Super Circuit (weights and aerobics together).



Kelly Abell (2) / La Voz

New Services for International Students now available

By Natalie Bitton
Staff Writer

The international student body expanded to over 600 members in the last few years and a new location has been set up to fulfill these students' needs. Building M-1, located next to Parking Lot A, is the center for a host of services for to the international student.

International Student Counselor

This fall, for the first time, international students will be able to meet one-on-one with a counselor to discuss their particular academic, career and personal needs. Alicia Cortez, the newly appointed international student counselor, says that having a personal counselor who caters solely to the needs of international students is a benefit to the De Anza community.

"Not only are international students enriched by the diverse student body at De Anza, but native students are also enriched by the diverse cultures of international students. De Anza is truly a global college environment."

Cortez, who is in her tenth academic year at De Anza, says that international students face a host of unique challenges at De Anza. Students must adapt to a rigorous environment while balancing their

cultural and linguistic adaptation to the United States.

"Many international students feel isolated when they first come to De Anza. They often speak a language other than English," Cortez says. "Their lack of English proficiency intimidates them and prevents them from meeting other people or from asking questions about their

See INTERNATIONAL, page 6

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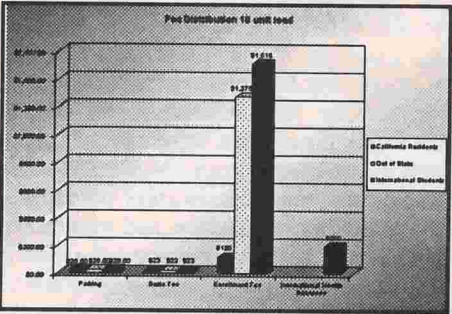
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Backtalk: where is the best place to eat on campus?
Crossword puzzle
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Corrections for Orientation Issue, Sept. 20:

Campus Safety and Security offers escorts to your vehicle only during working hours, which are 7:00 a.m. to Midnight. Parking tickets are currently \$25 per infraction.

Students turned away from English classes

■ CLASSES, from front page

ber of students who will enroll ahead of time.

Brandy said that though the average number of new students enrolled each year was nine to ten thousand, the actual number was hard to control and that the issue of enrollment management was complex.

Kathleen Kyne believes another reason for such long wait lists is because classroom space is scarce on campus. She says that De Anza's reputation continues to soar because of De Anza's high transfer rates, which are the highest transfer rates to four-year schools in California.

In fact, according to Kyne, "enrollment is currently up to 24,373 students -- and all adds haven't come in yet. Some students are doing registration as of September 29."

Many students are taking advantage of the programs that De Anza has to offer such as the Transfer Aid Agreement, although that causes General Education courses to have long waitlists. Because the classes are full, English and Mathematics

students to may take remedial courses instead, or simply to wait to try again next quarter.

“

There aren't enough faculty.

-Kathleen Kyne

”

Students encounter difficulties in trying to get into classes which fulfill basic G.E. requirements including English Writing 1A. Marilyn Patton, an English instructor, expressed concern about the lack of classes which fall under the basic G.E. requirements.

Patton said, "This quarter the waiting list for the English department was about

1200 people ... [with] 500 people wait listed in ESL."

Statistics from Enrique Riveros-Schafer, the dean of Language Arts, show that the waiting list for ESL, as of September 10, was 560 people, before most of registration began. Student Amarildo Salguero, said, "trying to get into ESL was a little hard -- they didn't take everybody."

The waiting list numbers from the same date for Speech was 185 people and for the English Writing 1A class was 320 people.

A major part of the waiting list problems is "the instructional issue" Kyne said. "There aren't enough faculty." The availability of instructors, especially part-time instructors, has been causing many problems with classes at De Anza.

According to Mike Brandy, "Two large computer classes had to be cancelled this quarter because the instructor had called and cancelled two days before the classes were scheduled to begin. The instructor in question had been a part-time instructor hired by De Anza, but even with the large

number of part-time instructors on campus now, the college is unable to find sufficient instructors for all classes.

"Few part-time instructors with full-time positions in industry are "willing to work at a [teaching] job where they were paid less," Brandy said. "The number of students enrolling can never be controlled very easily, and the state only [pays for] a certain percentage of [student] growth per year. Last year, for example, we grew 5%, which was over their limit, and we did not get extra financing for it."

A report released last Monday predicts that the number of people seeking to enroll in one of California's public colleges will grow by a capacity straining 36 percent by 2010. The report, by the California post secondary commission, says the state's public colleges, which now enroll just over 2 million students, can expect to be asked to accommodate more than 2.7 million by the fall of 2010.

There have been no formal statements offering solutions to the long waiting lists that exist at De Anza.

Job outlook positive for students in all majors

By Manali Karmarkar

Staff Writer for the Daily Californian

(U-WIRE) BERKELEY, Calif. — Liberal arts majors do not have to worry about finding a job after they graduate. While there is still no shortage of work for students with a technical background, technology has also opened up new jobs for students who major in traditional disciplines such as the humanities and the sciences.

According to the U.S. Department of Commerce, only a quarter of the technology-trained workers needed are entering the job force. This pattern is supposed to continue for the next eight years or so.

This makes it much more lucrative for students to go into the computer sciences, since students graduating with a focus in this field will be in the highest demand.

According to the U.S. News and World Report, recent college graduates who

major in computer science and electrical engineering have an average starting wage of \$36,964 and \$39,811 respectively, among the highest starting salaries for recent college graduates.

However, although computer science and electrical engineering students are in the highest demand at the moment, this does not mean there is no future for students with non-technical backgrounds.

Starting salaries may be lower, but there are still a plethora of opportunities available.

According to Thomas Devlin, Director of UC Berkeley's Career Center, UC Berkeley students in all disciplines usually find success after graduation.

"Employers realize that Cal is a very selective institution, with very bright students in all disciplines," he says. "Cal students have tremendous career potential, and companies in this area and across the nation are aware of this, which is why many actively seek to hire students from Cal."

Devlin adds that it is not necessarily true that the students at UC Berkeley who specialize in areas of highest market demand (engineering/computer sciences) are the only students who succeed in the future.

"There is still demand for students who have developed critical thinking skills, which a liberal education can provide," he says. "If a student in the liberal arts has clarity on what they want to do, and has previous work-related experience, they will be attractive to any employer."

The computer industry has also made non-technical industries more efficient, thereby benefiting those students without technical backgrounds.

Peter Orzag, professor of economics at UC Berkeley, says that advances in technology have been an advantage to students without a technical background.

Orzag says that not all professions have been transformed through the technology revolution.

"The legal profession is doing well recently, and this is a traditional liberal arts profession," he says. "Technology will not change the legal profession until it (technology) develops sufficiently enough that legal transactions can be done through computer software."

"I feel there is growing demand for econ in the job market," says Will Oey, a senior majoring in economics. "In the 80s and 90s there was a greater demand for business majors. I feel that the market is shifting in favor of econ majors."

Computers may be a part of almost every job, but students do not need to know more than the basics to succeed in non-technical professions.

According to Devlin, although it is necessary for college students to have baseline computer knowledge, it is not imperative that they know programming skills in order to be offered a job. As long as students know programs such as Word and Excel they should be able to get non-technical jobs.

The Bureau of Labor Statistics shows that the highest levels of growth in the market occur in the business service, social services and computer/technology industries. Industries such as manufacturing and agriculture show stagnant or negative growth.

This shift demonstrates that the market is moving away from the industries that were once dominant, such as manufacturing, and has shifted towards emphasizing the service industry, which includes a wide variety of fields from restaurant workers to lawyers.

Most of these fields do require some training or education, a trend that favors college graduates.

Printing Services plans to open copy facility in Campus Center for students and faculty members

By Dean Edwards

Staff Writer

Printing services will open a new copy center in the Hinson Campus Center by the end of this month to meet growing demands of students for printing and photocopy services.

José Menéndez, director of printing services, says the new copy center will take 180 sq. feet in the lobby of the campus center. Students will be able to use both color and regular photocopiers. The facility will also serve as a drop-off point for computer disks for color and monochrome printing projects. While printing services will continue to primarily serve the campus from its main office on the west side of the campus near the Seminar Building, the new operation will expand the options for all members of the campus community.

Menéndez hopes to expand the new facility to include printing services if he can obtain additional funding.

The local Kinko's will discontinue their discount programs this month, but students can still get volume discounts from De Anza's printing services. Copiers also take the new SmartCard student body cards if the cards have money deposited into their accounts. The SmartCards will replace the old discount cards.

The standard on-campus rates of 10 cents per page for monochrome copies and \$1.40 for color copies still applies for low-volume cash copying.

The addition of a printing facility for student projects will save graphics arts and technical communications students' time, since they won't have to travel to off-campus printers to complete class projects.

A convenient drop-off point in the campus center will increase the visibility and convenience of printing services. Special rates for student projects will also enhance the usefulness of the new service.

New federal higher education bill proposes sharp funding cuts in next fiscal year

Student financial aid, many school-run programs could lose significant funding

By Nick Bunkley
Michigan Daily Staff Writer

(U-WIRE) ANN ARBOR, Mich. —

Federal funding of student financial aid could take a \$99 million hit in the next fiscal year under the higher education appropriations bill reported out of a House of Representatives subcommittee said Thursday.

If the bill was implemented as currently written, said a spokesperson for committee member U.S. Rep. Nancy Pelosi (D-Calif.), a 6 percent drop in federal work-study funding would mean 62,000 fewer students could participate in the program during the 2000-01 academic year.

The bill also gives colleges and universities \$140 million less than Congress allocated to higher education this year, making significant cuts to many school-run programs while totally eliminating funding to others.

While cutting \$2.37 billion in funding for Pell Grants from the current year, the bill adds \$150 to the maximum allowable grant amount. The Pell Grant program is the largest federally funded grant program for individual students.

"The committee and the chairman place the Pell Grants at the very highest priority," a subcommittee spokesperson said. "We don't have a lot of money."

"Eight months after the Clinton administration made its fiscal year 2000 budget recommendation in January, the Republican-led 15-member Subcommittee on Labor, Health and Human Services and Education sent the bill to the full appropriations committee, which could take it up next week.

Oct. 1 marks the end of the current fiscal year, when the new budget should theoretically take effect.

Tom Butts, associate vice president for University relations, said Congress will

file a continuing motion extending the time it has to finalize the budget bills. It could be two to three more months before the higher education bill passes both houses and is signed into law, he said.

Butts, who lobbies in Washington, D.C. on behalf of the University, said the process is still in such a preliminary stage that it's unknown exactly how the dollar amounts could affect the University.

"The numbers look pretty much like a freeze," Butts said. "They're substantially lower than the higher education groups have been advocating."

But, he added, universities are expected to fare slightly better by the time a final bill is implemented.

"What chairman (Rep. John) Porter (R-Ill.) was trying to do was get something out of the committee," Butts said. "I don't think anyone thinks this is what the final product will look like."

"Because all 12 other appropriations

subcommittees have already sent their bills to the full committee, significant amounts of money initially designated for education have already been claimed for other departments. To make up for the deficit, the bill pulls more than \$14 million in advance funding from fiscal year 2001 appropriation funding for the Department of Education.

"Everyone knew beforehand that the Republicans would make a budget gimmick," said Pelosi's spokesperson. "The hole was so big that the only way to fill the hole was to borrow from next year or to come up with gimmicks."

"By taking such a large amount from the following year, universities won't be able to plan ahead as easily, he said, explaining that there will be more uncertainty to what level of appropriations will be available in future years.

"They may not be able to act properly on decisions that are crucial," he said.

Schools consider options after parental notification law passed

By Stephanie Oliva
Daily Pennsylvanian Staff Writer

(U-WIRE) PHILADELPHIA —

College students have traditionally gone off to school thinking their days of notes home to parents or calls from the principal's office are over.

But the recent law passed by Congress giving universities the ability to make their own policies regarding parental notification for alcohol violations has schools across the country doing just that, and they are deciding to exercise this new power in a variety of ways.

Penn's proposed policy of notifying parents when students are involved in "repeated or serious" alcohol-related incidents that require disciplinary action falls in the middle of the spectrum of the growing list of policies, which range from no notification at all to automatically notifying parents of the slightest violation.

The amendment to the Family Education Rights and Privacy Act in October 1998 clarified an earlier law by stating explicitly that universities may notify parents. Formerly, the law had been interpreted by many schools as prohibiting them from notifying parents about alcohol-related incidents.

Boston University has not changed its policy at all because it always interpreted federal regulations to say that they could notify parents of any violation, according to BU spokesperson Colin Riley.

"[We have] always called parents and we will continue to do so," Riley said.

A decision is made to notify parents when a student is called into the dean of student's office for a violation of the code of student responsibility, which includes alcohol, according to Riley.

BU feels an "obligation to keep [parents] informed" of the behavior of their student, "particularly when they're all financially responsible or dependent," Riley added.

Other schools have less elaborate notification policies and not all changed their existing ones in response to the new legislation.

Brown University has no automatic notification policy specifically for alcohol incidents, although parental notification can be part of a penalty after a disciplinary hearing, a policy that has not changed, according to spokesperson Mark Nickel.

And at Stanford University, officials will contact parents if they feel the student "is unwilling or unable to care for himself or herself" or where "students are exhibiting extremely poor judgment," according to the school's World Wide Web site.

"We've always tried to embrace parents as part of the student education experience," said Troy Gilbert, Stanford's assistant to the vice provost for student affairs.

Still, though, some schools — such as Cornell University — have no policy at all, although Cornell is currently in the process of considering their range of options, according to Dean of Students John L. Ford.

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Campus Notes

Club Day Scheduled for October 7th

There are over 40 clubs to choose from at De Anza. Visit club representatives in the main quad on Thursday, Oct. 7 to pick up information and enjoy the entertainment and free treats from various clubs.

Free Legal Counseling Service

Ron Goularte provides free legal counseling for faculty, staff and students on Tuesday and Thursdays from 1 to 3 p.m. in the Student Activities Office. Call 864-8757 to make an appointment.

Community Resource Advisor

Do you know of a student that has a special need and you would like to help, but do not have the time or information to assist? Students at De Anza have access to a community resource advisor to assist in finding services for students. Resources may include, but are not limited to housing, transportation, mental health services, shelter for women who are victims of domestic violence, and much more. For further information, contact Paula Israel at OTI, 864-5710.

Transfer Day

On Tuesday, Oct. 12, from 9 a.m. to 1 p.m. in the quad outside the Hinson Campus Center, the Transfer Center will sponsor "Transfer Day." This is a good time to drop-by and talk with representatives from over 45 colleges and universities. If you have any questions please contact the Transfer Center at 864-8234.

Diversity Retreat

DeAnza faculty, staff, administrators, and students are invited to participate in a Fall Diversity Leadership Training Project Retreat. The retreat takes place Oct. 20 at 5 p.m. until Oct. 22 at 5 p.m. at the Ben Lomond Quaker Center in the Santa Cruz Mountains. Participants will learn basic listening skills based on the practice of re-evaluation counseling. Re-evaluation counseling is a peer based, listening process which helps people think more clearly, act more flexibly, and heal from old hurts. For more information contact Carole Lovvorn at (408) 257-7567, e-mail carlovv@aol.com or Nicky Gonzalez Yuen (408) 864-8535, e-mail ngyuen@nercury.fhda.edu.

Applications for the RFP Process

Every year the De Anza Associated Student Body has money left over from unspent budget and RFP allocations from the previous year. This year the allocations are estimated to be around \$300,000. This year the De Anza Associated Student Body will be accepting any and all requests directly from students, faculty and staff. A dean's signature or prior approval from the administration is not required, however, campus affiliations and contact information is. Please submit requests directly to Student Activities no later than October 12 before 4 pm.

Microsoft Software at Discounted Prices

The Foundation for California Community Colleges offers Microsoft software to all full and part time faculty and staff for their personal home use at dramatically discounted prices. Order information can be located at the FCC Website at <http://netser.com/foundationccc/cgi-fnd/singlist.ext>. 28.

Flu Shots

De Anza College Health Services will be giving the flu vaccine in the lobby of the Campus Center (no appointment is necessary) for \$10 on Oct. 4, 5, 7, 13, 18, and 19. If you are allergic to eggs or thimerosal, this vaccine is not for you. If you are pregnant or have Guillain-Barre' Syndrome, please check with your health care provider.

Free Job Search Workshops

OTI and the De Anza Career Center offer free workshops throughout October. "The Winning Resume" meets Oct. 4 and 11 from 1:30 p.m. to 3:30 p.m. in L-92. "Interview Success" meets the Oct. 6 from 1:30p.m. to 3:30 p.m. in L-92. For more information call (408)864-5716.

National Denim Day for Breast Cancer Awareness

On Friday, Oct. 8, wear denim to school and donate \$5 for breast cancer research. Make your contribution at health services. All contributions benefit the Susan G. Komen Breast Cancer Foundation. Any questions, call Mary-Jo Kane at 864-8903.

Financial Aid for Students

Any student who suggests a financial difficulty should be encouraged to seek more information about financial aid in De Anza's Financial Aid Office or on their website www.deanza.fhda.edu/financial_aid/fahome. Funds are available to students with a one-time financial emergency from a Contingency Fund and are distributed from Division Deans and their faculty. The Divisions will be able to recommend a payment of up to \$100 with a faculty signature and the Dean's signature. Any questions or interest in personal donation may be directed to Cindy Castillo at 864-8403 (castilloc@fhda.edu) or Tobin Lyssenko at 864-8500 (lyssenko@fhda.edu).

Euphrat Museum of Art Exhibit "A Good Read"

This exhibit presents books as a broadly defined art form in which a book might be defined simply as having at least one page. The artwork varies from limited edition fine letterpress work to one-of-a-kind books. The exhibit will be open Sep. 28 through Nov. 4. A reception is scheduled for Oct. 19 from 6 - 8 p.m. with an artist presentation.

Compiled by Natasha Dorsey

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■ **INTERNATIONAL**, from front page academic planning." Cortez adds that part of her job is to facilitate the "bicultural adaptation" of the international student.

International Student Office offers workshops

The international student office will be offering workshops that deal with issues concerning housing, coping with language barriers, making friends, finding jobs and career planning. International student coordinator, Mark Fu wants students to feel at home in the new center.

"We are building a private room for students to discuss confidential issues with their counselor. Many myths abound on campus about international students -- where they come from, how wealthy they are, and what their motivations for attending De Anza are, Fu said. These issues affect international students both academically and personally. The international student office should serve

as a support center for these students."

Cortez affirms Fu's statement, "The center is not just about letting students know the immigration regulations or about teaching them the proper transfer requirements. It is a support system."

As the international student program has grown, so has the awareness of the importance of retaining these students at De Anza. Fu says that in today's global economy, companies are recruiting people with expertise from around the world.

"De Anza is taking a vital step in providing the Bay Area with global experience. Over 75 percent of high tech companies in this area want to hire people with international expertise, Fu said. Also, over 50 percent of all the presidents in the world have been educated in the United States. It is to our mutual advantage to provide needed services to international students."

International students pay more International students pay heavy fees

to attend De Anza. It costs \$101 per unit compared to \$8 per unit fee charged a California resident. The application process is tedious and difficult because it involves applying for immigration visas, talking standardized English tests (TOEFL) and providing proof of financial ability to reside in the United States for a period of two to three years. International students are not eligible to work freely in the United States. Rare exceptions may be made for those under severe economic hardship.

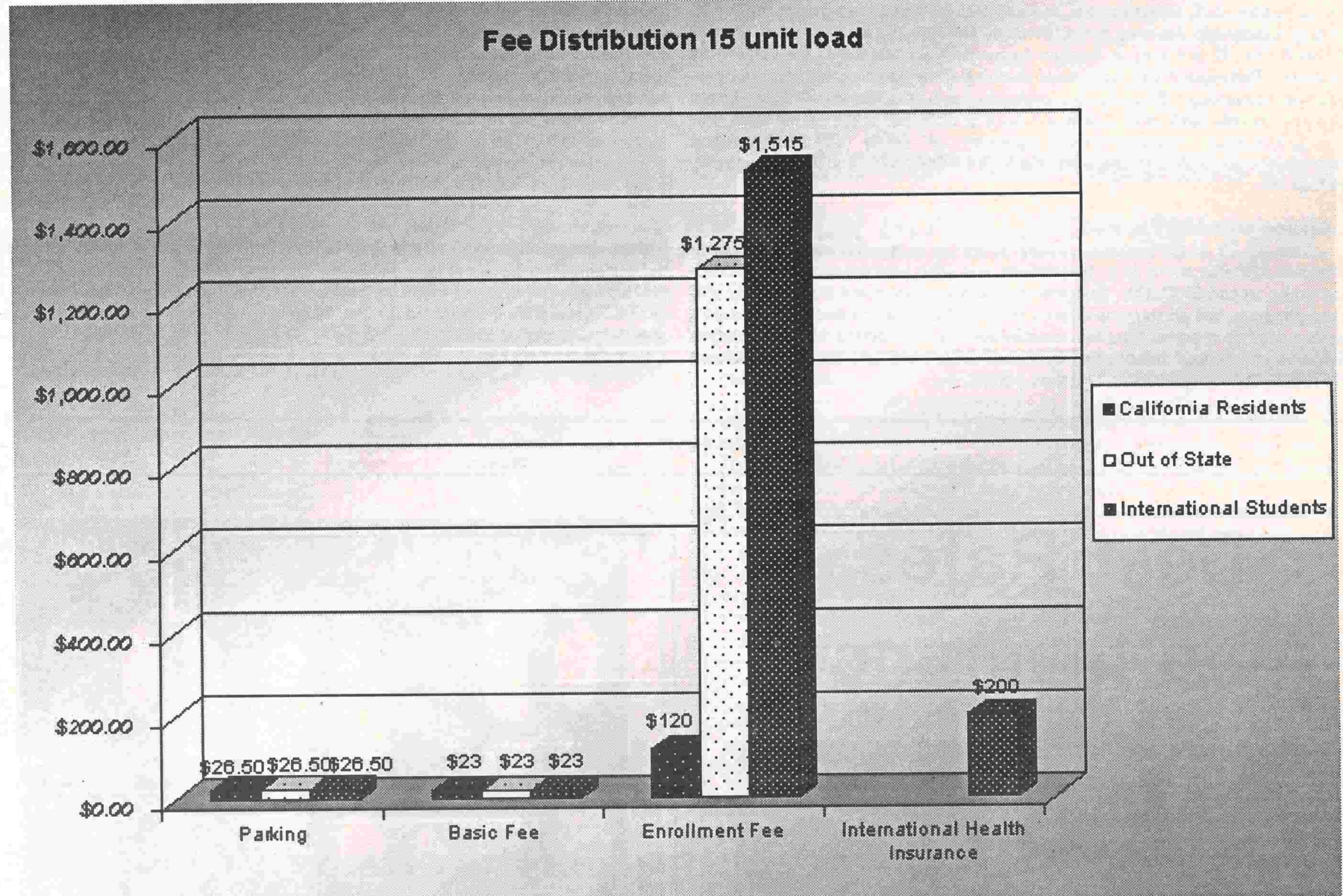
International students fit within De Anza's mission

Fu wants to dispel the myth that international students are a burden to De Anza. "The majority of our international students are Asians who would rather be educated in the United States because of the political and economic unrest in their countries. The American Dream is still a viable perception to them. Some of our students actually get hired by companies

who sponsor them for their green cards. However, most want to return to their countries and implement the tools they acquired during their education at DeAnza."

De Anza College defines its mission as building on its tradition of excellence by challenging students of every background to develop their intellect, character, and abilities; to achieve their educational goals; and to serve their community in a diverse and changing world. The new international student center, with its range of services, encompasses this mission and reinforces De Anza President Martha Kanter's motto of "building bridges for the future."

International students are encouraged to meet with their counselor. Cortez is available on a drop-in basis or by appointment. Her hours are Tuesdays and Thursdays from 8:30 a.m. to 12:30 p.m. and Mondays and Wednesdays from 12:30 p.m. to 5:00 p.m. Cortez can also be reached at 408-864-8826.



Information compiled from the De Anza Schedule of Classes

Jeff Jordahl/La Voz

The cost of not living in California

Students who have lived in California for one year are considered residents and pay \$169.50 for a 15-unit class load plus fees and parking. Students from out-of-state pay \$1324.40, and students from other countries pay \$1764.50.



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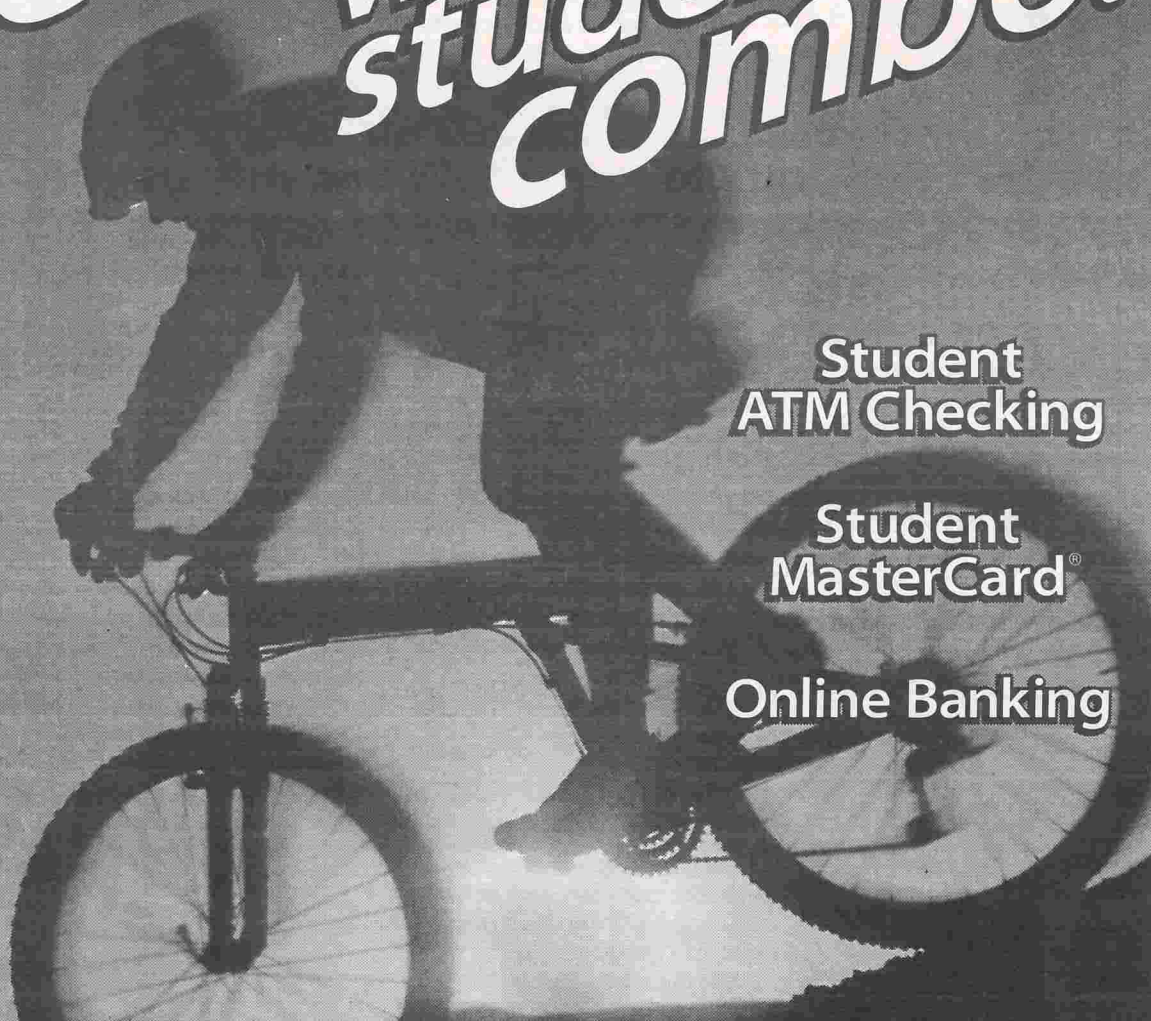
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785 El Camino Real (Sunnyvale)
6150 Bollinger Road (San Jose)

Free T-shirt offer ends 11/1/99. Students must open a checking account and/or credit card to receive the T-shirt - limit one per customer while supplies last.

For Sweepstakes: NO PURCHASE NECESSARY. Limit one entry per person. Entry must be received by 11/1/99. All taxes are the responsibility of the winner. Additional restrictions apply. See complete rules online. Open to U.S. residents 18 years and older. Void in Puerto Rico, AK, FL, HI, NY, and where prohibited by law.

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- \$5.00 a column inch for display ads
- De Anza programs receive a 50% discount on display ads
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Call 864-5626 and ask for Nelson

New educational plans help students identify objectives and set clear goals for the future

Run your plan by a counselor in case transfer or AA requirements have changed



Don Nickel

Counselor's Corner

With the new academic year, the Counseling Center is making some changes in how it can better assist students in accomplishing their educational goals. Probably the most important change involves the development of Student Educational Plans for De Anza students.

Essentially, the Student Educational Plan or Ed Plan is a document in which both the student and the college jointly identify the educational objectives of the student and to formulate a methodology for reaching the objectives. The Ed plan lists from quarter to quarter the classes a student would take to meet the requirements of his or her academic goal whether it would be an AA degree or fulfilling the transfers requirements to a four-year college. Generally the Ed plan includes both major related and general education classes.

Actually, Student Educational Plans have long been an important strategy in which counselors and students outlined the courses a student would follow from quarter to quarter. Those of you who took the Counseling 100: Orientation to College class will remember that learning how to create an Ed plan was the culmination of everything you learned in the class. Students left the class with their yellow copy of the Ed plan while the instructors turned the white copy in to Admission and Records to put into their student files for reference.

Many of you come into our offices requesting that we confirm what classes you have completed towards your academic objective and to outline which classes left you have to take. Without knowing the lingo or procedure, what students are asking a counselor to do is to assist the student in creating an Ed plan that will map this information out.

Some of you might ask why they should be so concerned with having a Ed plan on file. From a student's perspective, the answer to this boils down to the fact that very few of you really want to take any unnecessary classes that do not count towards your educational objective. Sure it's possible for students to correctly map out every single class they will take while at De Anza by reading the college

catalogue and having taken the Counseling 100 class.

But why not let a counselor double check all your good work? We clearly appreciate students who research and take responsibility for understanding and mapping out their classes to take. However, some transfer and AA requirements have subtle changes from year to year, and we're a good source of current information. And even you have a pretty good idea of what courses you need to take, it's always good to run it by a counselor just so you can be reassured.

From a counselor's perspective we want students to have an Ed plan on file so we can give you the information you need in the most efficient manner possible. Developing an Ed plan often means combining academic information from different sources such as general education and major related requirements and intertwining them together on a single sheet of paper. Having an Ed plan on file enables other counselors who work with you use your established Ed plan as a source of reference.

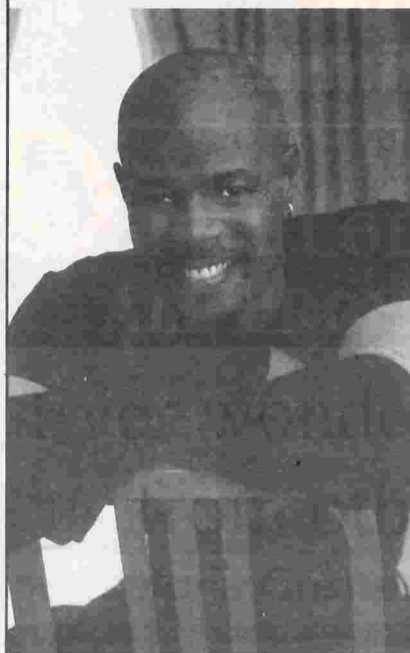
Finally, counselors are committed to your success as students. We fully appreciate the beneficial impact an Ed plan has in imparting to students both the big picture of how long it will take to accomplish their academic goal as well as detailing specific courses from quarter to quarter to get them there.

Just as no two students are alike, so are no two Ed plans alike either. Depending on your educational goals, a counselor will map out your course requirements with the objective being to fulfill the most important classes first such as English and math, choosing classes with the proper prerequisites, tackling classes that are sequential, and choosing classes that are offered during that particular quarter. And if your goal is to transfer, then the counselor will help you devise an Ed plan to ensure you are as strong a candidate for acceptance as possible.

Although completing Ed Plans have a long tradition at De Anza, this year we are recommitting ourselves to ensuring all students have an updated Ed Plan in their hands and on file with us. Students interested in completing a Student Educational Plan should make an appointment to see a counselor in the Counseling Center located in the Administration building.

Don Nickel is a counselor in the Counseling and Advising Center at De Anza College. His column appears weekly in La Voz. Appointments with any counselors can be made in person, or by calling (408) 864-5400.

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Over forty clubs want you

By Grace Bello

Inter Club Council Chairperson
Special to La Voz

Two years ago, I attended what would be the last Club Day of my high school career. I believe it was then that one club prominently featured a live goat as an attention-getter. "Key Club," read the sign around the poor animal's neck; he was a reluctant, albeit well-liked, mascot.

Also in existence was a club in which every member was an officer. Once all the standard posts were filled, the club actually created positions for all the other members. The most provocative of these was "Sergeant at Arms" for one unsuspecting student.

Why am I telling you all this? Because this is college. Thus, De Anza's InterClub Council is, for the most part, free of gimmicks and livestock.

We have more than forty clubs to choose from, whose interests range from politics to religion to community service. A list and brief description of respective clubs is

located in the Student Activities Office on the lower level of the Campus Center.

Meeting times and locations are posted in a glass display case also located downstairs in the Campus Center. And since you're over there anyway, you can come by the ICC Office if you need to contact Billy Nguyen, Sheel Gupta, or me, your ICC officers. We look forward to seeing you at Club Day, 11:00-1:00 p.m. on Thursday, October 7. We will provide club info, free food, entertainment—but no goats or militant executives. I promise

VISIT THESE CLUBS ON CLUB DAY THURSDAY, OCTOBER 7 IN THE MAIN QUAD

Academic Honor/Community Service Asian Pacific American Students for Leadership

This service club encourages the development of leadership skills. Advisors: Rowena Matsunari, 864-8986; Tom Izu, 864-8986

Honors

Are you a bright student who also cares about our community? Join the Honors Club. Advisors: Carolyn Keen, 864-8833; Marilyn Patton, 864-8543

Phi Theta Kappa Honor Society

This is a National Honor Society recognizing and encouraging scholarship, fellowship, leadership and service. Advisor: Charles Klein, 864-8213

Departmental

Auto Technology

This club is for students who would like to further their enjoyment in the Auto Technology program. Advisors: Mike Brandt, 864-8527; Phil Green, 864-8376

Dance Connection

Join this club if you would like to promote and practice all types of performing arts.. Advisor: Warren Lucas, 864-5416

Film and Television Guild

This club promotes the art of the moving image through the study of influential films by notable artists and provides a network for student filmmakers. Advisor: Ed Azlant, 864-8505

Student Nurses Organization

SNO informs, guides and supports nursing students. Advisor: Jean Burke, 864-8897

Political

Students for Justice

Students for Justice is a student organization engaged in social justice on and off campus. Advisors: Rich Wood, 864-8473; Cynthia Kaufman, 864-8887

Special Interest

Amnesty International

Join this club to support the campaign for human rights. Advisor: Rich Wood, 864-8473

Bottomfish Literary Magazine

Bottomfish is a club, class and magazine. Besides sponsoring poetry readings, the club/class publishes two editions of the magazine, a national and student edition. Advisors: Randy Splitter, 864-8600; Cynthia Denman, 864-8942

Entrepreneurial Enterprises

This club's goal is to increase economic

awareness by examining the business environment we live in. Advisor: Rich Wood, 864-8473

Ham Radio

The Ham Radio Club promotes interest in amateur radio operators and trains and prepares emergency and non-emergency communication. Advisor: Karl Von Ahnen, 864-8282. Web site: www.dasb.fhda.edu/clubs/ham/

Hip Hop Congress

This club enhances the cultural environment of our campus and increases awareness and activity in Hip Hop.

Outdoor

If you would like to experience a variety of activities safely, inexpensively and with maximum enjoyment, this club is for you. Advisors: Mary Donahue, 864-8357; Gary Fisher, 864-5633, Club Hotline: 864-8357

Photography Association

This club provides a social group for students interested in the photographic arts. Advisor: Wilfred Q. Castano, 864-8765

Support

Student Ambassadors

Join this club to develop leadership skills and provide services to De Anza in coordination with the Outreach program. Advisor: Gene Murden, 864-8409

Religious

Bible Christian Fellowship

This club gives the students the opportunity to learn what the bible teaches. Advisors: Pat Bresnan, 864-8558; Sandra Spencer, 864-8932

Chi Alpha Christian Fellowship

The members of this club say, "We're not religious, we just love the Lord!" and ask you to come and experience the love and excitement that God has for you. Advisors: Lillian Zamora, 864-8424; Carolyn Wilkins-Greene, 864-5302; Robert McKenna, 864-5700 x5670

De Anza Bible Study

Christian and non-Christian Koreans join together in fellowship though learning the word of God. Advisor: James Ssengabi, 864-8667

Grace Fellowship

This club invites you to study the Bible, have fun and to experience God's grace together in Mandarin and Cantonese. Advisor: Margaret Chui, 864-5700 x 5360

Hillel

Wanna go to a place where everybody

knows your name? Hillel is an organization devoted to providing activities and social events for Jewish college students and anyone interested in Jewish culture and religion. Advisor: Barbara Illowsky, 864-8211

Muslim Student Association

This is a family of sincere brothers and sisters dedicated to enriching De Anza students and faculty by better informing and educating Muslims and non-Muslims of Islam. Advisor: Rich Wood, 864-8473

Students for the Stuth

This group exists to study the truth of the Bible in a revelational way and to experience God's life. Advisor: Margaret Chui, 864-5700 x 5360

Diversity

Brothers and Sisters United

Brothers and Sisters United seeks students who have a desire to unite and explore their eccentric culture, whose roots reach back to the rich and fertile soils of Africa. Advisors: Marion Winters, 864-8739; Thelma Redman, 864-5667

Chinese

This club's destination is to unify all Chinese cultures. Advisor: Clara Lam, 864-8997

De Anza Students of India

When you join this club, you will help unify Indian students to promote Indian Heritage. Advisor: Aameeka Tiwani, 864-8812; Kulwant Singh, 864-8745

De Anza Taiwanese Association

This club promotes educational success and cultural awareness of the De Anza Taiwanese students. Advisor: Nancy Chao, (650) 949-6257

Deutsch

The Deutsch Club promotes understanding and awareness of German speaking countries and gives an opportunity to practice German. Advisor: Heidi Melas, 864-5449

Disabled Students Limited

This group is concerned with campus accessibility, the social and academic activities of challenged students. Advisors: Jim Haynes, 864-8954; Benita Rashall, 864-8959

East Asian

This club exists to unite the East Asian community of De Anza College. Advisor: Lakshmi Vanniasegaram, 864-8583

Gente Del Qunito Sol

This group promotes student's cultural awareness and addresses issues pertaining to conditions of Chicano and American

Indian people. Advisors: Lillian Zamora, 864-8424/8717; Gerry Parker, 864-5548

Hong Kong Connection

This club's goal is to unify students from Hong Kong though activities such as social services and sports events.

Advisors: Lily Green, 864-8223; Michael Chang, 864-8878

Indonesian Student Organization

This club aims to help members adapt to new cultures and environments.

Advisor: Leland Van Fossen, 864-8654

International Connection

Do you want to know more about the cultures of people from around the world? Advisor: Jill Kersey, 864-8488

Lesbian Gay Bisexual Association

LGBA is dedicated to providing support for Gay/Lesbian/Bisexual students and education to the campus at large. Advisors: Bruce Henderson, 864-8847; Jean Miller, 864-8488

Movimiento Estudiantil Chicano de Aztlán (M.E.Ch.A.)

This is a national organization open to students who are interested in learning about Raza issues though education, community involvement, cultural and political awareness. Advisors: Alicia Rivera, 864-8847; Robert Scott, 864-8538

Pilipino United Student Organization

P.U.S.O. exists to promote unity and self-endowment between Pilipino and non-Pilipino students.

Advisor: Rowena Matsunari, 864-8286

Vietnamese Student Association

VSA assists Vietnamese students in a new culture while sharing their culture with others. Advisors: K.D. Le, 864-5673; Ron Sydnor, 864-8333

Women's Awareness and Allies

This club's goal is to create awareness among women and men on women's issues. Advisors: Jacquelyn V. Reza, 864-8663; Cynthia Kaufman, 864-8887

Sports

Shotokan Karate

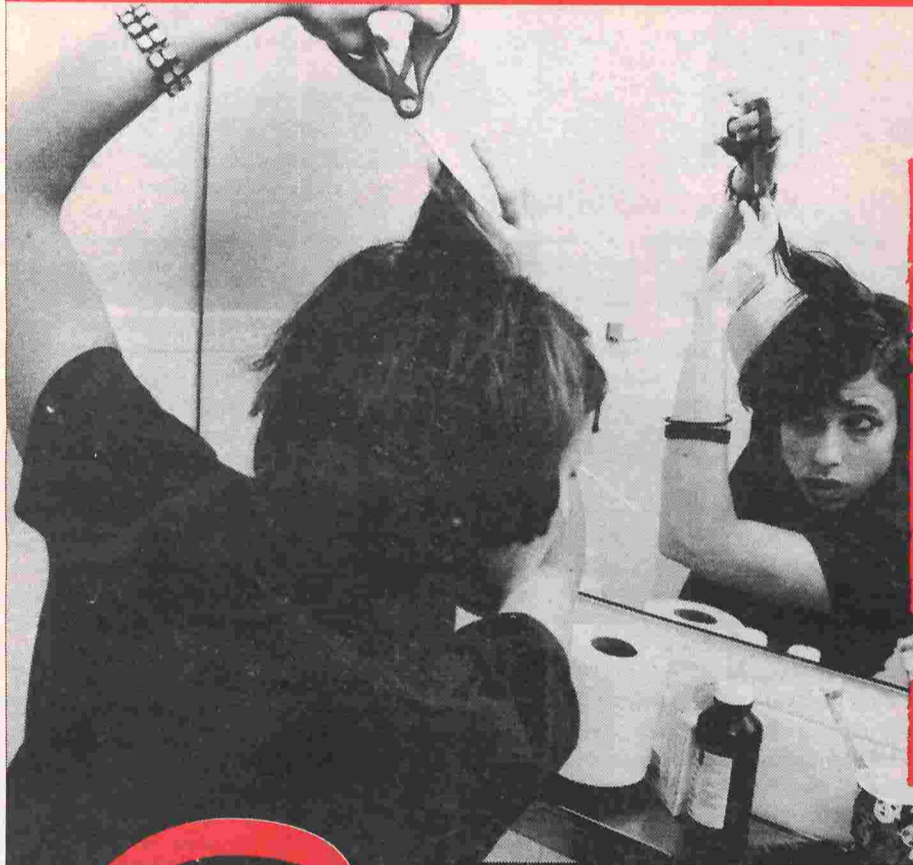
This group practices and promotes the Japanese martial art of Shotokan Karate. Advisors: Irv Ploke, (650) 949-7714, Peter Rabbitt 864-5700 x6700

Tai-Chi

This club's goal is to promote a better understanding and appreciation of Tai-Chi by providing students with an environment that supports and encourages training in Tai-Chi and Chinese Martial Arts.

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Men's soccer posts fifth victory

By Christa Davis
Staff Writer

Before Wednesday's soccer game against San Francisco City College, De Anza head soccer coach Kulwant Singh had confidence that his team could pull out a win.

"We're very young and inexperienced," he said, "but we're a top notch team." Sixteen players and nine starters last year were sophomores. The team has made it to the Final Four the last three years in a row, including last year's top four finish after an impressive 19-4-1 season.

Having split last year's two games against the San Francisco club, the Dons knew that Wednesday's game would be no easy victory. Coach Singh described the San Francisco squad as simply "a good team." On Wednesday, however, San Francisco was dominated by a much younger and less experienced De Anza team. The Don's outshot San Francisco for much of the game, holding them

to only a couple of shots on goal in the entire second half.

The game remained scoreless until five minutes into the second half, when the Don's leading scorer, Patrick Cole, kicked the game winning goal past San Francisco's scrambling goalkeeper to give the Don's a 1-0 lead, and giving Cole four goals and nine points on the season.

The Don's played solid defense throughout the game and had outstanding goaltending from Garret Lenox, who stopped every shot he faced, lowering his already outstanding GAA from 0.57 to 0.44.

The Dons put the game away with a late goal by Sophomore forward Mitch Guerra, who blasted a shot past the San Francisco keeper with about ten minutes left in the game. The Dons won the game 2-0 to have 6-3-1 on the season.

Off to another solid start and eyeing another final four appearance, Singh said "We're getting better every week; we've been a very good soccer program."

Photo: Sophomore Joshua Anderson watches as his teammate, goalkeeper Garret Lenox, makes a leaping catch to block a San Francisco City College attempt to score during De Anza's 2-0 Victory on Sept. 30.

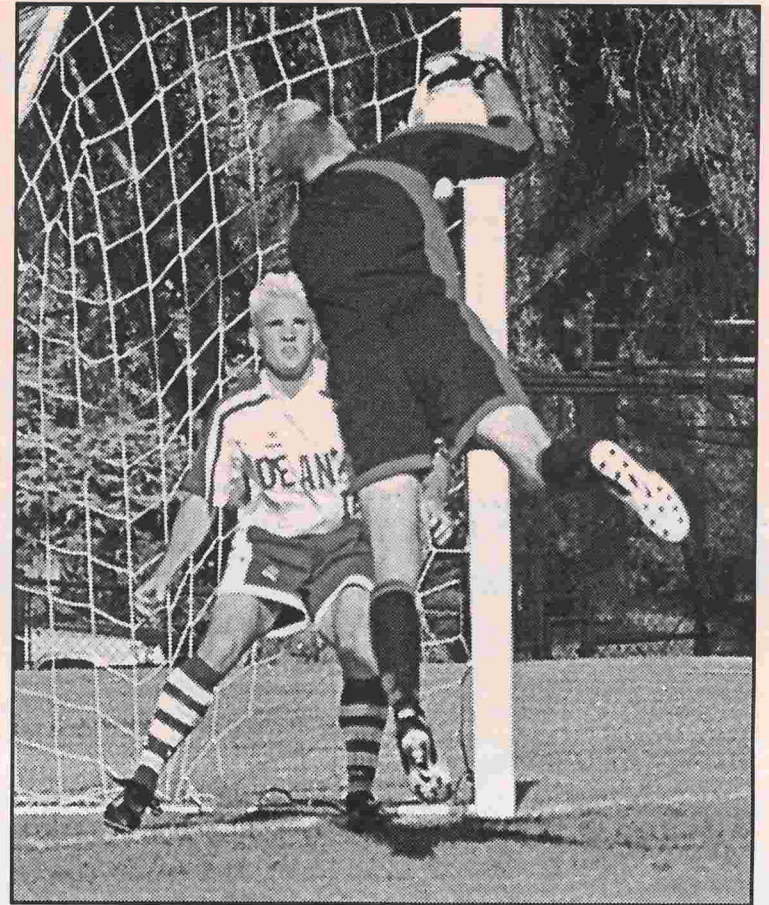


Photo by Kelly Abell / La Voz

Reporter goes behind the scenes of ESPN's 'GameDay'

By Kevin Kaduk
Badger Herald Staff Writer

(U-WIRE) MADISON, Wis. — It's a bit past noon on Friday and "College GameDay" coordinating producer Steve Vecchione is on the phone. Tucked away inside a production truck located on the UW practice field just north of Camp Randall Stadium, Vecchione is busy answering back to the bosses at the ESPN headquarters in Bristol, Conn. With less than 24 hours until the program makes its Madison debut, Vecchione must make sure that the finishing touches are in place. He hangs up the phone and consults with the various employees around him. One is in charge of graphics, another must compile stats, one crew is dispatched to film scenic pictures around campus.

Everything seems to be under control - except for one thing: the talent, or lack thereof.

While Chris Fowler, the show's host, is already safely in Madison, the program's two analysts - Lee Corso and Kirk Herbstreit - have yet to arrive from Virginia, where they had broadcasted the Virginia Tech-Clemson game the night before.

"We'll have a meeting as soon as Lee arrives from Milwaukee," Vecchione said.

The meeting room is set up within UW's General Engineering building, just a stone's throw from the "GameDay" set and production truck. The room contains a couple of computers as well as four satellite feeds that

broadcast the various networks of ESPN. Fowler sits at the large table in the middle of the room, armed with a highlighter and a stack of football notes downloaded from the Internet.

"It's a bit like studying for the bar every week," the 37-year-old Fowler said.

Since 1989, Fowler, a graduate of the University of Colorado, has been ESPN's primary college football and men's college basketball studio host.

He has been with College GameDay since its inception. If Fowler bears the look of a man who has had 12 hours of sleep in the past three days, it's because he has.

"The worst part is the travel," Fowler said. "It's physically challenging."

But all of us should be kicked in the head if we ever complain; there is no reason for us to complain."

Coming to Madison was something Fowler has wanted to do since the show began, as Herbstreit, a former Ohio State quarterback, has repeatedly hyped Madison to his colleagues.

Fowler's favorite place to broadcast from remains Lincoln, Neb.

"[Cornhusker fans] have all the enthusiasm without the venom," Fowler explains. "They're very knowledgeable fans - both about football and their team."

The venom that he refers to is something that rears its ugly head occasionally on different campus locations.

Fowler claims that "alcohol is the X-factor" when dealing with campus crowds, such as the time the show broadcasted from East Lansing, Mich.,

before the intrastate rivalry between the Spartans and Wolverines. During the program, a half-full beer can landed on the set, inches away from where Fowler, Corso and Herbstreit sat. The incident led to a protective net being set up behind the three from then on.

As the on-site production staff waits for the arrival of Herbstreit and Corso, Vecchione recalls the worst mishap in the history of the show. During Northwestern's improbable Rose Bowl run in 1995, the show decided to broadcast from the venue formerly known as Dyche Stadium for a November game against

the Iowa Hawkeyes. They chose to broadcast from an outdoor location, which, in hindsight, was a mistake for the winter environment on the shores of Lake Michigan.

At two in the morning the day of the broadcast, Vecchione was awakened by his technical director. Seventy mph winds and blizzard conditions had swept through the set, effectively ending that day's outside broadcast. However, the "GameDay" crew had different ideas and brought the entire set inside the lobby of Welsh-Ryan Arena. The show went on as planned.

The traveling road show (or as some might say, circus) started in November of 1993, when the decision was made to take the program to South Bend, Ind., for the megamatchup between No. 1 Florida State and No. 2 Notre Dame. It was a much smaller spectacle than it is today, only drawing a few onlookers as they broadcasted from inside the Hall of Legends in Notre Dame's Joyce Center.

It was tough at the beginning because [the universities] didn't know what we were trying to do," Vecchione said. "Now they all want us to appear on their campus."

GameDay appears on a campus mostly every Saturday, staying home in the studio only when restrained by budget concerns.

"It becomes a real challenge to do the show from the studio," Fowler said. When the crowd isn't there to boost your energy level like they usually do, it becomes real tough."

Herbstreit is the first of the two missing staff members to arrive. Talking on a cell phone and attired in windpants and sandals, the blond-haired, blue-eyed 30-year-old walks into the room donning a Stanford hat. Someone questions his motives for wearing the cap.

"It's Stanford," Herbstreit said. "People don't get too upset when you wear a Stanford hat."

Herbstreit immediately gets down to his work, sitting down in a chair and

immersing himself in the details of the Badger wide receivers. He likes Wisconsin for the following day's game and feels that their passing game will be the key to the outcome. A member of "GameDay" since 1996, Herbstreit has made a name for himself in a relatively short time. After only two seasons on the show, he was nominated for a 1997 Sports Emmy Award as television's top studio analyst.

With Corso conspicuously missing, Vecchione and crew decide to go ahead with the meeting. They run down the beginning of the show, when Corso bounds into the room.

"Hey Coach, how ya doin'?" everybody calls out.

Herbstreit warmly greets Corso as the former Indiana coach takes his place on the far side of the table. He quickly brings out a notepad, demands to know what point the meeting is at and starts furiously scribbling.

Observing Corso, it's not hard to see that he was once a college football coach. He takes notes on everything, is vocal with his opinion and always seems to be on the go. In 10 seasons with the Indiana Hoosiers, he compiled a 41-68-2 record. After leaving Bloomington, he made a stop at Northern Illinois for a season, then became general manager of the World League's Orlando Thunder. He joined ESPN in 1987 and became part of the "GameDay" crew in 1989.

Throughout the meeting, Corso weighs in with his trademark phrases, "Bang," "Pow," and "Forget about it." After each drop-in, Herbstreit asks when Corso will say the catchphrase "Not so fast my friend."

Corso tells him to be patient, it'll come later when Herbstreit picks Wisconsin and he counters with Michigan.

Fowler, Herbstreit, Corso and the rest of the crew run down the show, segment by segment, lead-in by lead-in and sentence by sentence. When a point of contention comes up,

See GAME DAY, next page

In depth look at ESPN's 'GameDay' behind the scenes

■ GAME DAY, from previous page

the progression stops and a debate ensues. One such point comes up when Corso must pick one team that will come very close to upsetting a top-10 team over the weekend. Corso thinks that Memphis will come close to beating Tennessee, a team they beat 3-0 in 1996. Fowler and Herbstreit chuckle at the thought. (Corso ended up having the last laugh on Saturday, when the Volunteers relied on a last-minute touchdown pass to stave off the upset, 17-16).

Another debate ensues when the talk turns to Wisconsin tailback Ron Dayne. Corso feels that Anthony Thomas of Michigan is a better back, Herbstreit prefers Jamal Lewis of Tennessee. It is decided that Corso will air his opinion on Saturday morning.

Before completing the rundown of the show, the crew must tape a segment for that night's SportsCenter show at 4:30 p.m. All dressed in casual attire, the trio of talent split up to ready themselves for the two and a half-minute taping.

Back in the meeting room, Fowler and Herbstreit are inquiring where the local hotspots are for that night. Being recognizable television stars, especially on a college campus, the two rarely pay for drinks. They prefer a more laid-back scene, one where Fowler can get a good game of air hockey. Usually the two get mobbed out when out on the night scene.

"People get crazy," Fowler said. "Sometimes, it's like The Beatles are around."

The three are reminded of their cult-like star status as they walk out onto the set. A crowd estimated to be a little under 200 people are assembled to watch that day's taping. The crowd cheers Herbstreit and Fowler while they direct some good-natured boos toward Corso. All three are wearing shirts, ties and sport coats but opt for a relaxed attitude below the waist.

"I knew you guys wore casual attire behind that desk," one fan yells out.

The crowd engages in a series of chants, each more organized than the next. Fowler interacts with the crowd the most. Herbstreit occasionally smiles and watches some of the students antics. Corso keeps his back to the crowd, despite their pleas for him to turn around.

"Lee has an old coach's mentality," Fowler explained. "Straight ahead, he can block out the crowd."

The taping goes off as planned. Fowler thanks the crowd and urges them to come back the next morning.

"That's the difference between them and the South," said Herbstreit back in the meeting room. "The fans here are real organized. It's like 'All right guys, Chant No. 3, ready? go.' Other places everyone yells their own thing."

The meeting resumes again, it is almost 6 o'clock. The remaining differences are resolved and people start to file out.

The reporting time for the next day's show is 7:30 a.m., two and a half hours before show time.

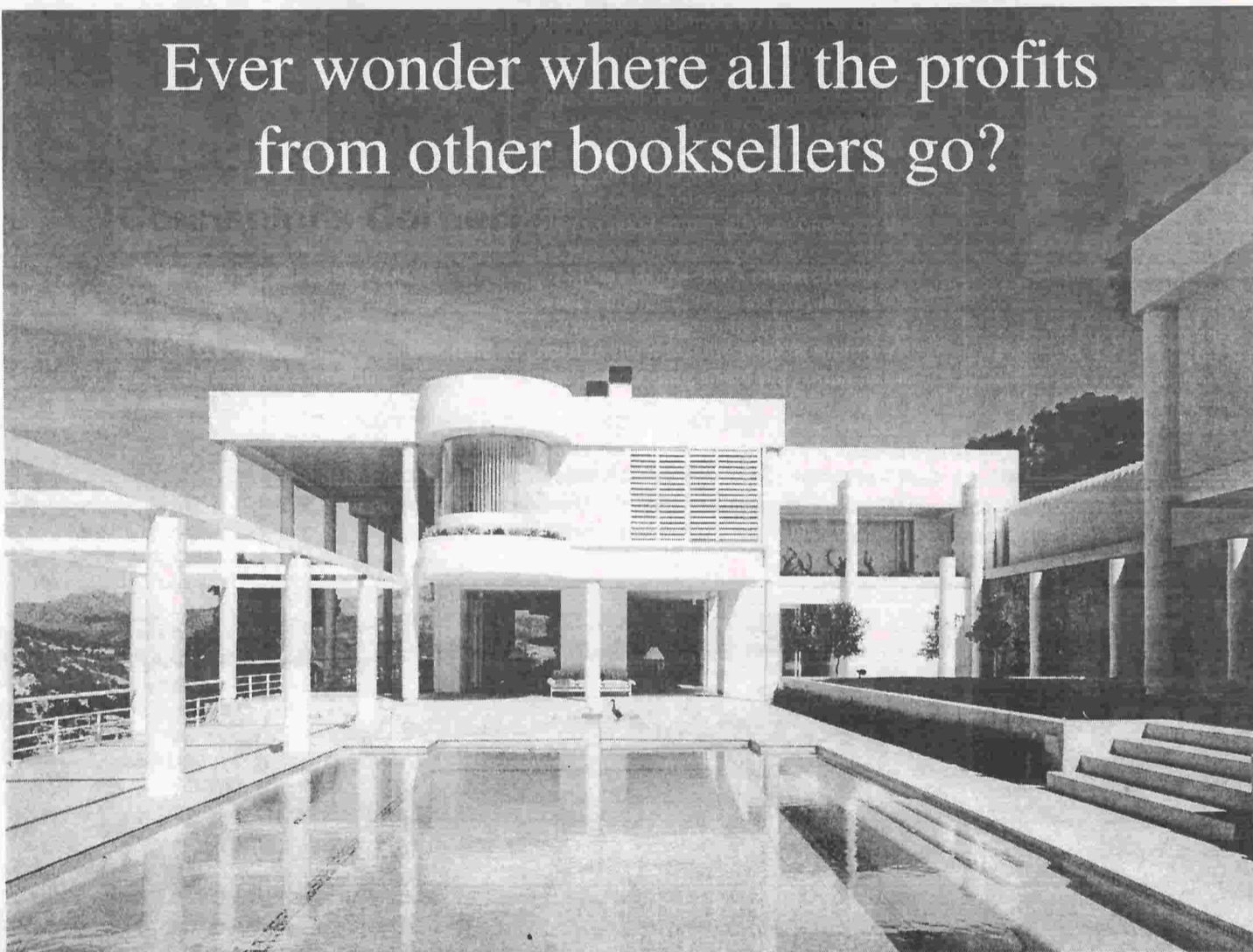
The following day, 3,462 people showed up to form one of the most frenzied crowds in the show's history. Chanting at Corso and telling the world who their favorite running back is, the crowd sees an hour of pure entertainment based on the energy of college football. What they didn't see was the countless hours of preparation and work that went into it.

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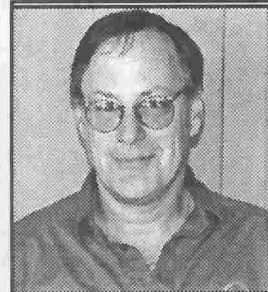
De Anza football steamrolls Contra Costa



Kelly Abell / La Voz

De Anza Dons' line backer Arde Vooshogi, right, tackles Contra Costa College's quarterback, James Horton, during the Don's 33-0 home victory on Oct. 1. Leading the Dons' offense was running back Curt Felix with 12 rushes for 81 yards and 2 touchdowns. For passing, quarterback Corneal Washington had 5 of 18 for 139 yards and 2 touchdowns. Leading the Dons' defense was Tony Elam with 15 tackles and 2 fumble recoveries.

Risk factors for heart disease begin early, prevention reduces risk



Rich Shroeder

Health and Wellness Column

The leading cause of death in the United States is heart disease which accounts for over 750,000 deaths a year. Public health officials call this mortality. The morbidity or number of people who have heart disease but haven't died yet is over 70 million.

Most of the people who die of heart disease are old, so why should you, as college students be concerned?

We know that cardiovascular disease is progressive, meaning that it starts when you are younger but takes many years before symptoms appear.

We also know that heart disease is a lifestyle disease. There are changes you can make now that will decrease your risk of developing heart disease or dying of a heart attack.

Non modifiable risk factors
There are three risk factors that cannot be changed. Age, genetics, and gender (OK, maybe you can change gender but that's a different subject). Older people have more heart disease because they have lived an unhealthy lifestyle longer.

Males are more likely to develop heart disease at an earlier age than females because of differences in hormones. Pre-menopausal women are protected, but once a woman has gone through menopause, their risk approaches that of males.

Finally, if you have a family history of heart disease, you have an increased risk of developing the disease yourself, so lifestyle changes should be even more important to you.

See HEALTH, page



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Exercise, nutrition keep heart healthy

■ HEALTH, from page 14

Modifiable risk factors

These include tobacco use, high blood pressure, unhealthy cholesterol levels, lack of physical activity, and obesity. Smoking one pack of cigarettes a day doubles your risk of developing heart disease. Two or more packs a day more than triples your chances. This one factor more than any others, with the possible exception of physical activity, can do the most to lower your risk. In fact, you don't even have to be the one doing the smoking. Second hand smoke accounts for 50,000 deaths a year.

If you don't know your blood pressure and cholesterol levels, you could also be at risk and not even know it. Blood pressure over 140/90 increase your risk of heart disease (120/80 is considered good blood pressure). Cholesterol levels over 200 mg/dl increase your risk, but you also need to know how much "good" cholesterol (HDL) and how much "bad" cholesterol (LDL) you have. HDL takes cholesterol out of your bloodstream to the liver where its broken down, while LDL causes a sticky build-up in your arteries the longer it circulates.

In 1998, the American Heart Association added obesity to the list of modifiable risk factors. A person who's body weight is more than 30% above the recommended level is considered at risk since excess weight causes the heart to work harder to pump blood. Don't diet or rely on the scale to tell you if your weight is correct. I'll discuss this in another column.

The magic cure

The two best things you can do to prevent heart disease (other than quitting smoking) are to exercise and eat a low fat diet. If there is a miracle cure, this may be it. A low fat diet will decrease your LDL level and prevent excess calories from becoming body fat. Regular activity helps to increase HDL, burn body fat, maintain good muscle tone, lower blood pressure, improve the condition of the blood vessels and even helps with some of the other contributing factors like diabetes, triglyceride (fat) levels in the blood, and stress. You can get health benefits from 30 minutes of activity a day. This doesn't mean putting on your running shoes or jumping in the pool. You only need to increase the amount of activity you are doing. Park at the far end of the parking lot and walk up to the mall. Don't wait for the parking space close to the door. Walk up stairs instead of using the escalator, garden or walk the dog instead of watching TV. Carry your own groceries to your car. At the very least, get up from your desk (or TV chair) and move around for at least 5 minutes every hour. Your heart will love you for your effort.

.....
 Rich Shroeder's background is in exercise physiology and physical fitness. Send any questions for Rich in care of La Voz, Room L-41, or e-mail: lavoz@fhda.edu

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'American Beauty' offers social commentary



Avi Ehrlich

Critic's Corner

American Beauty is a rocking movie, so go see it. Stop reading this review right now, and avoid the temptation to read other reviews and just go see it with an open mind and no expectations.

I wish I could end this review with that, one thing I hate about movies I am excited about is how I will read a hundred different reviews for the movie, and then when I go to see the movie, I know too much. Movies are written to be entertaining on their own, and going into a movie with too much prior information just isn't as fun.

So, with your best interest in mind, I demand that you stop reading this review right now. Really. I mean it. OK, you are not going to follow my direc-

tions anyway, why does it even matter if I tell you the movie is good or bad? You are just going to ignore everything I tell you.

But if you are reading this now, you obviously don't care about my recommendations, so I will do my best to still convince you to see this excellent movie with minimal spoilation of the experience.

OK, on to the review: "American Beauty" is an excellent social commentary, and by far the best movie I have seen all year. It deals with issues of what is happiness and how Lester Burnham (played by Kevin Spacey) manages to break free from his dull pathetic depressing routine and tries to have fun. He does this even when it goes against everything society has taught him to think about what a good life is (ie: having money, job security, routine, etc...).

At the age of roughly 45, he quits his job (and blackmails his boss for large amounts of money), and sells his expensive sedan (to replace it with an old beat up early 70s' T-bird, the car he always wanted). He also starts smoking pot with Ricky



Kevin Spacey, left, stars with Mena Suvari in Dreamworks' "American Beauty."

Fitts (played by Wes Bentley), the psycho next door neighbor who is obsessed with his daughter. He even starts working out (with the purpose of impressing and having sex with his daughter's best friend).

His wife Carolyn, excellently portrayed by Annette Bening, is a real estate agent obsessed with how she is perceived by outside

people. An excellent scene is when she takes Lester with her to a real-estate meeting and demands that he act like he is happy to "give an impression of success." Carolyn is not able to understand why Lester makes this change in his life, and though she tries having fun at some points, she still is unable to go against her routine, and is

thus unable to fully enjoy her life.

And then the story starts getting weird.

With an excellent script, amazing characters, and incredible cinematography and composition, "American Beauty" is one of the best movies I have ever

See BEAUTY, page

The Bell Curve

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by JOHN BELL



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Mumford's the Word: lying on the therapist's couch

New comedy explores the secret lives of serious people in small town America

By Lynn Edwards
Staff Writer

In the movie "Mumford," writer/director Lawrence Kasdan has, at last, given us a truly tantalizing behind-the-door look at a young successful psychologist. Exciting black and white 1950's style scenes greet the audience and deliver the surprise introduction to the pharmacist in the town.

Enter Dr. Mumford, played by actor Loren Dean, the smart professional psychologist with a therapy practice in Mumford, U.S.A. His friend and landlady, Lily, played by actress Alfreo Woodard, extracts useful information from Mumford, who prefers using common sense regarding his small town patients, rather than the absolution of the no-disclosure policy.

There are problems in the film shooting technique including too many medium or tight shots



Photo courtesy of Touchstone Pictures

Loren Dean, left, stars as Dr. Mumford along with Hope Davis in "Mumford," the new comedy from Touchstone Pictures.

behind the closed door of Mumford's therapy room. Sofie Crisp, played by Hope Davis, too depressed to do much else than sleep or sit, finds a way into the hearts of the audience and gives a

focus on deeper spiritual purposes for therapy sessions. She has no hope for curing her chronic fatigue syndrome until Mumford provides it for her.

Mumford gets into a heavy

involvement in the home of patient Althea Brockett, played by Mary McDonnell. After seeing her rooms filled to the top with purchases from catalogs and stores, and all the available space in her very large house, how can Mumford possibly handle Althea's problems and her upset children? Ted Danson, who plays husband Jeremy Brockett, gives the audience a look at acting genius. Here sits the filthy rich man indulging every possible egotistical whim and the situations of his every success.

Enter Lionel Dillard, the criminal attorney using the "G" in greed to slither his way in and out of scenes, played by Martin Short. Emotionally wounded from being thrown out of Dr. Mumford's therapy session, Dillard finds a piece of hell inside him to churn up suspicions between other practicing therapists, who later demonstrate they have problems. Martin Short was

so convincing, the audience murmured their disgust.

Skip Skipperton, played by Jason Lee, runs Panda Modem, the high tech business and major employer of the town. He befriends Mumford and shows him constant unexpected sides to his life and personality. The scenes between them lead the audience to the tantalizing conclusions that there are dirty little secrets both of them need to air.

The young psychologist comes out of a life shown by brilliant and unexpected scene changes later in the movie. The effects lead to breathless expectation with so much at stake. Here, the dull scenes of Mumford at the start of the movie rapidly tie in.

The strange life that leads Mumford to practice psychology, and his friendships in the town are on the way to an unexpected ending. Academy award nominations are just beyond the therapist's door.

Social commentary wins critic's vote

■ BEAUTY, from page 16

seen. It is comical, thought provoking and inspirational.

I must now interrupt this review. I apologize in advance for buying into this stereotype, but after reading those last few paragraphs, I have to stop and wonder how many De Anza College students actually understand the meaning of "Social Commentary." This is an excellent movie that every human over the age of 14 should be required to see (including and especially 'adults'), but I still feel that I may not be doing an adequate job in convincing you, the person reading this, to go see this great film.

Since this is the De Anza College student paper, I will attempt to persuade 45% of you (approximately the number of males according to our De Anza College census report) to see this movie.

Attention Horny Guys: Those two hot girls who you saw in the commercials both show their breasts.

Attention everyone else: Make sure you still see the movie, it is done artistically and with a purpose other than getting an "R" rating.



Photo courtesy of Dreamworks

Above: Annette Bening co-stars in "American Beauty."



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IN THEATERS OCTOBER 8

"Once and Again" is worth watching once and again and again ...

By Ai-Fen Shieu
Staff Writer

Looking to watch some sexy, soulful, comedic romance but not sure where your channel surfing should stop? Well, your tube should be tuned to the new drama "Once and Again" on ABC Tuesdays at 10 p.m.

The new series shows how newly single parents in this decade can make a fresh start, even with the unexpected curveballs life throws at them. The main characters and parents of the romance, Lily and Rick (Sela Ward and Billy Campbell) act out the struggles and obstacles inherent in starting a new life together.

Creator and executive producers Marshall Herskovitz and Edward Zwick do not allow the characters to indulge in the negativity involved with divorce. The series will focus on family members rather than friends. The discouraging fallout of Lily and Rick's new relationship is interesting to watch as the couple

intrigues the viewer to stay glued to the screen.

The series premiere, which aired

“(it) will most likely prove to be the highlight of your Tuesday nights.”

September 21, showed signs of how their love connection reverberates among the children, the exes, siblings and even busi-

ness partners. A sense of small town gossip is enhanced since their children attend the same school.

Ward's and Campbell's sparking chemistry unquestionably tops this year's most attractively distressed lovers. By the second episode, they have had the opportunity to shed their romance of the pesky kids and ex-spouses and pamper themselves.

Like any great romantic series, the show's not just about divorce or the steamy relationship of those over the hill. Teens and 20-somethings can enjoy how Julia Whelan, who plays Lily's smart but insecure high school daughter, deals with finding acceptance with the opposite sex and herself.

There's also hottie Shane West, playing Rick's son Eli, and his girlfriend deciding whether or not they are ready to sleep with each other. So the show doesn't offend any tastes, Rick interrupts them before anything happens.

Both parents and kids are striving to embrace self-discovery. The confessionals allow the characters to come face-to-

face with themselves and re-evaluate their positions. During these short phases, the viewer is able to understand the psycho-



Photo courtesy of ABC

logical mumbo jumbo of each character.

"Once and Again" is a series with an easy-to-relate-to plot and an impressive cast of characters that will most likely prove to be the highlight of your Tuesday nights.

UPCOMING CONCERTS AND SHOWS

October

5 Tuesday: **IQU, Cars Get Crushed** at Justice League, 628 Divisadero, S.F. 21+

5 Tuesday: **Super Furry Animals, Oranger** at Bottom Of The Hill, S.F. 21+ \$12 9pm

7 Thursday: **Better Than Ezer, Sixpence None The Richer, Jeremy Toback** at The Maritime Hall, S.F. \$17.50 7pm

8 Friday: **Ben Harper, Funky Meters** at Greek, UC Berkeley Campus a/a \$26 7:30pm

8 Friday: **Pavement, Calexico** at Maritime Hall, S.F. a/a \$17.50

8 Friday: **Monkey, Red Session, Little Tin Frog** at the Cactus Club, San Jose a/a 8:30pm

9 Saturday: **No Doubt, Unwritten Law** at The Fillmore, S.F. 8pm \$21.50

9 Saturday: **Pavement, Calexico** at Maritime Hall, S.F. a/a \$17.50

9 Saturday: **Stunt Monkey, Wet Side Effect** at the Fishbowl, 305 N. Mathilda, \$3 7pm-11pm

10 Sunday: **Blinker The Star** at Bojangles, Sacramento a/a \$7 7:30pm/8pm

10 Sunday: **No Doubt, Unwritten Law** at The Edge, Palo Alto 7pm \$20



Pavement will be performing at the Maritime Music Hall in S.F. on Oct. 8

12 Tuesday: **Long Beach Dub All Stars** at The Maritime Hall 7pm \$20

12 Tuesday: **Modest Mouse, Love As Laughter** at Great American Music Hall, S.F. \$10.50 (sold out)

13 Wednesday: **Dropkick Murphy's, Anti Flag, Beer Zone, Blood For Blood** at Great American Music Hall, S.F. 5:30 and 9:30 \$10

14 Thursday: **Insolence, Papa Roach, Major League, Empty** at the Edge, Palo Alto a/a free

15 Friday: **Sloan, Phantom Planet** at Slim's, S.F. a/a \$8 8pm/9pm

15 Friday: **The Minders** at Amoeba, 1855 Haight, S.F. a/a free

15 Friday: **IQU (Olympia), Jason Traeger (Olympia), The Lowdown** at

the Pizza JunXion, U.C. Santa Cruz a/a \$3-\$5 8pm

16 Saturday: **Big Deal, with The Lousy Lovers** 5:00pm at Dimple Records on 2433 Arden Way, in Sacramento

21 Thursday: **Public Enemy** at Maritime Hall, S.F. a/a

21 Thursday: **ABC, Orange Peels** at the Edge, Palo Alto a/a \$14/\$15 8pm

21/22 Thurs/Friday: **Backstreet Boys** at San Jose Arena a/a \$38.50/\$29.50 8pm (sold out)

23 Saturday: **Fastbacks, Alien Crime Syndicate, Glitter Mini 9** at the Bottom of the Hill, S.F. a/a \$8 10pm

23 Saturday: **Boy Kicks Gril, Time Outs, Shut Up Donny** at the Fishbowl, 305 N. Mathilda, \$3 7pm-11pm

30/31 Sat/Sunday: **Neil Young, The Who, Pearl Jam, Sheryl Crow, Billy Corgan & James Iha, Green Day, Lucinda Williams, Brian Wilson** at Shoreline, Mountain View a/a \$45/\$35 (Bridge School Benefit)

31 Sunday: **The Cramps, Deadbolt** at Fillmore, S.F. a/a \$22.50 7pm/8pm

November

1 Monday: **Penn & Teller** at Flint Center, Cupertino a/a \$40/\$35/\$25

12 Friday: **Muffs, Groovie Ghoulies** at Slim's, S.F. a/a \$10 8pm/9pm

Compiled by Avi Ehrlich

Government's lawsuit against tobacco companies is simply sour grapes

(U-WIRE) LINCOLN, Neb. — In a precedent-setting action, the U.S. government has filed a mammoth civil lawsuit against the major tobacco companies.

Inspired by similar state's lawsuits, this case represents an attempt to recover billions of federal dollars that have been used to cover the health costs of smokers.

The lawsuit charges that cigarette smoking causes cancer (well, duh) and other diseases that have resulted in \$25 billion annually in health claims paid to veterans, military personnel, federal employees and the elderly through Medicare payments.

Nothing frivolous about those numbers, but one wonders where a government that has failed to regulate an industry responsible for \$25 billion in health costs gets off suing the companies involved.

That cigarettes do irreparable damage to the health of Americans has been known for years, nevertheless tobacco companies (along with, for some reason, beer makers - makes you wonder what's in that stuff) have been exempted from placing contents labels on their products.

Formaldehyde, as an ingredient in the modern cigarette, might have looked a little too shocking on a product meant to be ingested, don't you think?

So cigarette-makers simply didn't mention it.

The industry, with its powerful and wealthy lobby, bought special treatment in smoke-filled rooms - talk about the dangers of smoking! It was fat cigars that sealed the deals, and the tobacco industry has reason to cry,

"Foul! An honest senator stays bought!"

Only after evidence began to appear that the industry had suppressed scientific information, rigged experiments, bought scientists and lied to the public about smoking risks did the tide turn, forcing Congress to abandon its favorite bed partner.

Complaints about advertisements targeting minors, rising medical costs and research demonstrating mild risks to "second-hand smokers" ended in the states' lawsuits with which our papers have been reverberating for the last few years.

If the government can win such a suit, more power to it, we suppose, but would it be too idealistic to prefer a government that did not sell out the health of its citizens and then sue to recoup its losses?



Daily
Nebraskan

Guest Editorial

Students with disabilities seek advancement

Handbook on campus obligations to students is now available

Our college attracts a diverse student population from all over the region seeking to benefit from our curriculum and special programs. Thousands of students with disabilities come to De Anza because of our reputation for service and accessibility.

While the disabled student services program offers counseling, assistance with registration, and test accommodations, many aspects of the academic life at De Anza fall far short of basic needs.

For students with disabilities, our faculty includes both heroes and villains. Far too many instructors remain ambivalent to laws granting equal access to education for Americans with disabilities. Others perform extraordinary feats and strive to educate all students.

In an effort to better inform staff and faculty, Benita Rashall, a counselor and acting coordinator for the Disabled Students Programs and Services, recently completed a handbook on campus obligations to and services for students with disabilities.

Last fall, the special education division asked a civil rights attorney to brief



Dean
Edwards

Dropping Some Knowledge

“ For students with disabilities, our faculty includes both heroes and villains. ”

faculty and staff about criminal and civil responsibilities under the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. This year, the addition of the new guidebook, written and produced by the faculty, should correct many existing difficulties.

For those students with disabilities who encounter problems, even potentially serious violations of civil rights laws, the response of campus officials sometimes produces no results. Institutions fearing lawsuits sometimes close ranks, denying the presence of problems. On the other hand, when students spot potential problems and ask for assistance, the system usually works well.

This year disability rights will receive special attention in *La Voz*. I encourage students to write and speak with me, or other staff members about what works well and what fails. Future columns will examine on-campus and off-campus grievance procedures and deadlines, and identify some of the heroes and villains I refer to in this column.

Sometimes the commitment of our college sends mixed signals. The Assistive Technology Training Center, on McClellan Rd., provides excellent computer support for students with disabilities. However, its off-campus location severely limits its availability. Even with shuttle services from the on-campus DSPS offices, time constraints make it difficult for students to take advantage of its resources. Despite the need for a better location, it will remain off-site for at least another five years, according to the most recent facilities master plan.

One wonders why it takes so long to meet basic needs in a reasonable fashion. Why has faculty resisted civil rights for disabled students? The new handbook will provide them with clear guidelines. Failure to observe them will result in more than a quiet change in personnel. Why have the essential services offered by the computer lab been relegated to a remote site? Why will it take another five years or more to fix this shortcoming?

I look forward to hearing from you, the reader, about the successes and failures of our campus in meeting the educational needs and civil rights of students with disabilities.

La Voz policies

About La Voz

La Voz is a first amendment newspaper written and published by De Anza College students. The newspaper offices are located in room L-41 at De Anza College, 21250 Stevens Creek Blvd., Cupertino, California, 95014. *La Voz* is published weekly except during summer, quarter breaks, and the first two weeks of classes.

Staff editorials reflect the opinions of the majority of the editorial board and do not necessarily reflect the opinions of the *La Voz* staff or of De Anza College. Opinions and columns reflect the views of the author and are not necessarily the opinion of the *La Voz* staff or De Anza College.

Letters to the Editor Policy

La Voz welcomes Letters to the Editor. Letters must be signed and a phone number should be included for verification. Names will be withheld upon request. Letters should not exceed two double-spaced, typed pages (300 words). *La Voz* reserves the right to edit for length and clarity, but will make no attempt to alter meaning. Please e-mail letters to lavoz@fhda.edu or drop off letters in the L-41 office or the *La Voz* mailbox.

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BACKTALK

"Where's the best place to eat on or near campus?"



Dela, student

"My favorites are the Falafel's and Chinese food on campus."



Tiziana, student

"I like the biscuits from the café, but they only have them every two or three days."



Maen Abdel

"I like Taco Bell's burritos (off campus) and the campus french fries."



Lucas Cendejas

"When I'm not poor, I like to go to Jamba Juice, which is not often. The only thing I like to eat from food services are the French fries. What bugs me is when I first started coming here it was a dollar, then a dollar twenty five, and now..."

Compiled By Jopo Valera and Debra Fukumoto
Photos by Marion Valino and Debra Fukumoto

"No Big Deal"

By Ed Canty

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- ACROSS**
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 19 Like ___ of bricks!
 20 Promotions
 21 Stow
 22 Treaded the boards
 23 Cone or tree
 24 Danger
 26 Ready and ___ to go
 29 Mountain lion
 30 Work unit
 33 Clapton & Dickerson
 34 Bush
 35 Jelly container
 36 Twitches
 37 Postal creed word
 38 Soft drink
 39 Approximate suffix
 40 Bridges
 42 Master of India
 43 Electric, for one
 44 Birthday treat
 45 Trousers
 46 Florence's place
 48 Target of 5 Down
 49 The devil
 51 Grain works
 52 The woman
 55 Against
 56 Part of a Big Mac Value Meal
 59 Collapsed
 60 "On Golden Pond" actor
 61 Mine way
 62 Barnyard moms
 63 More shy
 64 Existed
- DOWN**
 1 Mr. Hemingway

- 2 Amazed
 3 Spoils
 4 The Greatest
 5 Gardening job
 6 Sidestep
 7 Identical
 8 ___ Lanka
 9 Watch
 10 Calculators
 11 Robin's big friend
 12 Lotion ingredient
 13 Mail
 18 Dilutes
 22 Semite
 23 Snapshots
 24 Contented sounds
 25 Flightless bird
 26 Adjust the ascot
 27 Roll out
 28 A big ape ?
 29 Call
- 31 Word with clock or ham
 32 Snaps up
 34 Eellike
 38 Uttered
 40 Leaf through
 41 Friend
 42 Book support
 45 Wine area
 47 Follows
 48 "The Importance of Being Earnest" author
 49 Secure
 50 Again
 51 Umpteen
 52 Team
 53 Son
 54 Royal Italian family
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 57 Barnyard babble
 58 Untreated

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Experienced Investigative Reporter/Night Student Stopped by last spring; please contact us again. La Voz (408) 864-5626 or Room L-41.

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